

# Research Activities in Dentistry

Petra Bořilová Linhartová, Jan Křivánek, Marcela Buchtová, Zdeněk Daněk, Alena Bryšová, Břetislav Lipový, Serhiy Forostyak, Jan Gajdziok, Zuzana Vranková, Michaela Cvanová, Tomáš Kratochvíl, Martin Vaculík, Filip Hromčík, David Száraz, Lydie Izakovičová Hollá

# Objectives of the subject

- to broaden students' horizons in the field of scientific advances in dentistry
- to motivate students and strengthen their scientific ambitions
- and to lay the groundwork for their postgraduate studies and scientific careers
  
- orientation in the specialized literature in the field of dentistry
- possibility to participate in scientific and research projects of MED MUNI within this field
- familiarization with the principles of scientific work and publishing activities

# Organization of the subject

- Students will become acquainted with scientific advances in various areas of dentistry, including the research of the etiopathogenesis of specific diseases and their therapies.
- The course will take place as a block (1 week) in the form of seminars and excursions to specialized workplaces.
- The course will end with a colloquia – a debate on a student-selected scientific topic, which he/she will elaborate in writing before the colloquia.

## Recommended literature

- DAY, Robert A. a Barbara GASTEL. How to write and publish a scientific paper. 6th ed. Cambridge: Cambridge University Press, 2008. xv, 302. ISBN 9780521671675.
- The Oxford textbook of clinical research ethics. Edited by Ezekiel J. Emanuel. New York: Oxford University Press, 2008. xx, 827. ISBN 0195168658.
- LACHIN, John M. Biostatistical methods : the assessment of relative risk. 1st ed. New York: John Wiley & Sons, 2000. xvii, 529. ISBN 0471369969

# Organization of the subject

## Day 1

- Introduction (Bořilová Linhartová)
- Basics of methodology in scientific work (Bořilová Linhartová)
- Evidence levels in dentistry (Hromčík)
- Clinical trial methodology (not) only for dentists (Lipový)
- Questionnaires and psychometrics (Kratochvíl, Vaculík)
- Introduction to biostatistics (Cvanová)

# Organization of the subject

## Day 2

- Genetic association studies and oral microbiome (Bořilová Linhartová)
  - tooth decay (behavioral intervention, lactation)
  - aphthous stomatitis
  - diseases of the periodontal tissue
  - external apical root resorption after the orthodontic treatment
  - oral lichen planus, hypodontia and oligodontia, and others
- Molecular etiopathogenesis apical periodontitis and odontogenic cysts (Száráz, Bořilová Linhartová)
- **Excursion to the workplace and practical part I:** DNA isolation (Deissová, Bořilová Linhartová)

# Organization of the subject

## Day 3

- Lipoxins and resolvins in the treatment of periodontitis (Hromčík)
- Use of nanofibres for application of bioactive substances in the prevention of oral diseases (Hromčík, Bořilová Linhartová)
- Obstructive sleep apnea (not only) in children from the perspective of a dentist & orthodontist (Vranková, Bořilová Linhartová)
- Congenital developmental anomalies of the orofacial region (cleft defects) (Bryšová)
  
- **Excursion to the workplace**

# Organization of the subject

## Day 3

- Research and development of modern oral pharmaceutical forms (Gajdziok)
- Mucoadhesive films designed to cover defects of the oral mucosa (Daněk)
- Head and neck cancer – clinical studies, therapy, microbiome (Daněk, Bořilová Linhartová)
- 3D virtual planning and reconstruction of the lower jaw (Daněk)
  
- **Excursion to the workplace**

# Organization of the subject

## Day 4

- Modern methods in studying the development and maintenance of the vitality of the tooth (Křivánek)
  - methods of genetic mapping of in vivo development lines,
  - study and evaluation of transcription at the level of individual cells,
  - methods for finding new stem cells
  - continuously growing teeth – what do they have to do with human teeth,
  - use of modern three-dimensional imaging methods (confocal microscopy, uCT, FIB-SEM) in the study of the development and internal structure of the tooth.
- **Excursion to the workplace**

# Organization of the subject

## Day 4

- Odontogenesis – use of alternative model organisms (Buchtová)
  - Comparative odontogenesis (conventional and alternative model organisms, their advantages and disadvantages)
  - Morphogenesis and regulation of the development of replacement generations of teeth
  - Causes of alterations in the development of replacement generations in some model organisms with an emphasis on cellular and molecular processes
  
- **Excursion to the workplace**

# Organization of the subject

Day 5

- Translational research in life sciences: challenges and possibilities (Forostyak)
  
- **Excursion to the workplace and practical part II:** qPCR (Deissová, Bořilová Linhartová)
- **Colloquium** (Bořilová Linhartová)

# Basics of methodology in scientific work

**Assoc. Prof. RNDr. Petra Bořilová Linhartová, Ph.D., MBA**

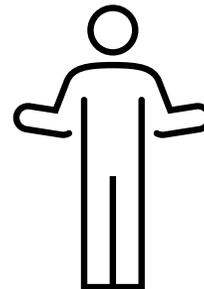
Clinic of Stomatology, Department of Pathophysiology, Institute of Medical Genetics and Genomics, Faculty of Medicine, Masaryk University Brno

Clinic of Maxillofacial Surgery, University Hospital Brno

# Content of the lecture

## Basics of methodology in scientific work

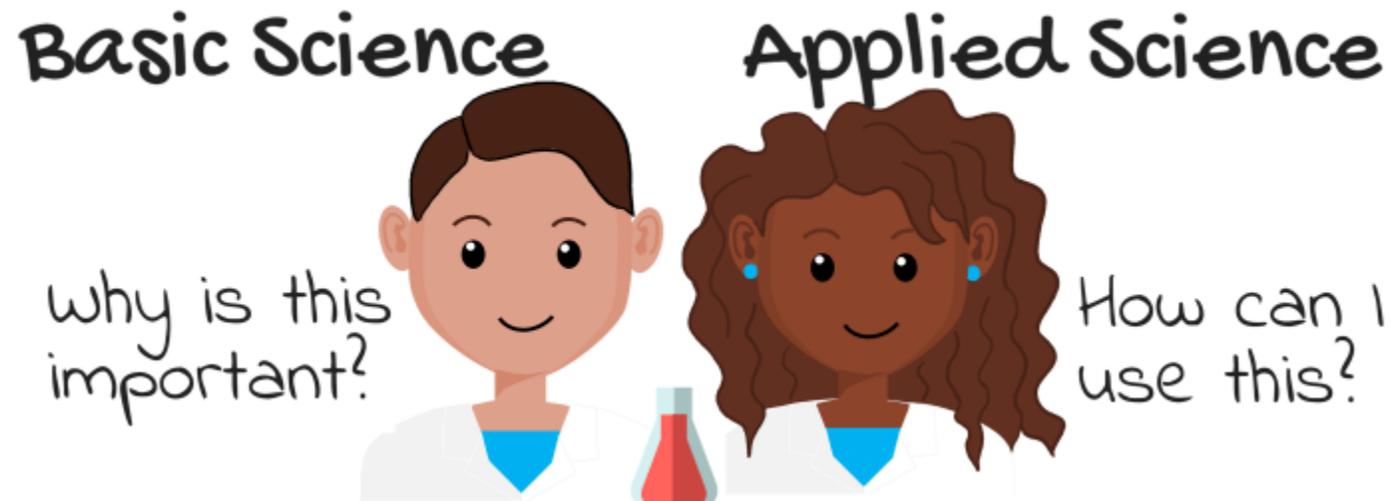
- Motivation
- Introduction
- Work with scientific literature
- Research methodology
- Quality of research
- Planning
- Intellectual property
- Applied results
- Preparation of a scientific publication



# Research methodology

## Research

- Basic research, the aim of which is to enrich knowledge, solve principal problems
- Applied research - the aim is to use the results in practice, solves specific practical problems

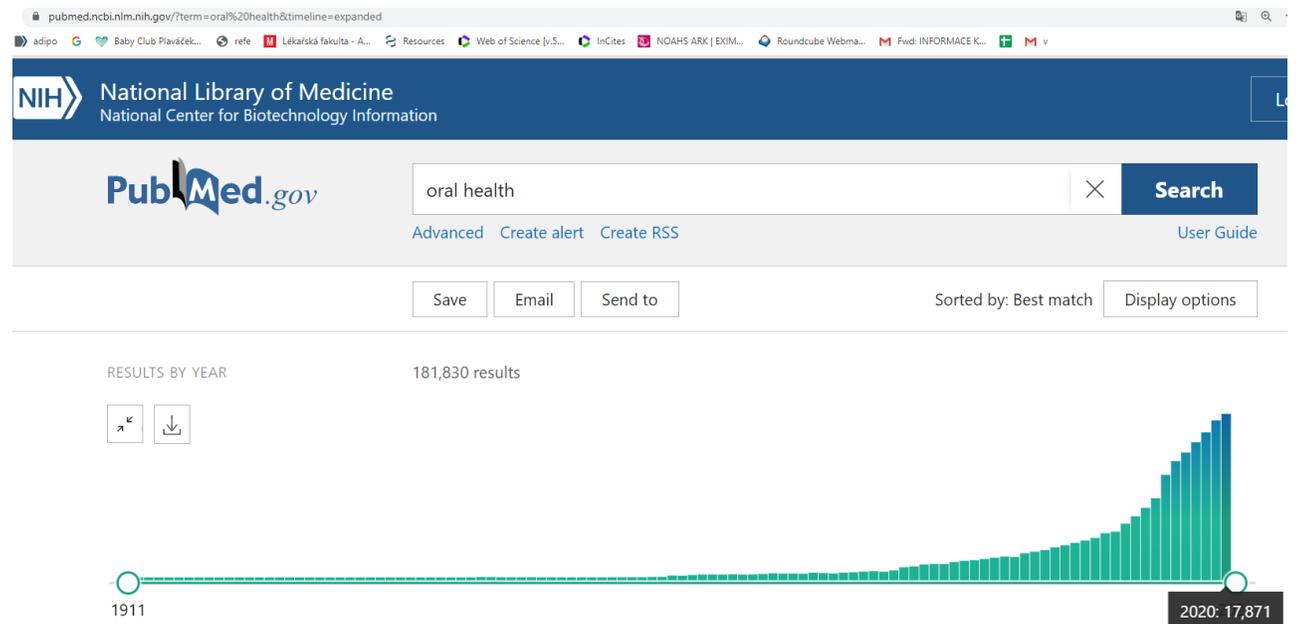


# Research methodology

## Introduction

- To start: What are we going to explore?
- Literature research: What do we already know about the problem?
- Methodology: How will we conduct the research?
- What data will we collect?
- Who will collect the data and where?
- How will we collect data?
- How will we analyze the data?

<https://pubmed.ncbi.nlm.nih.gov/>

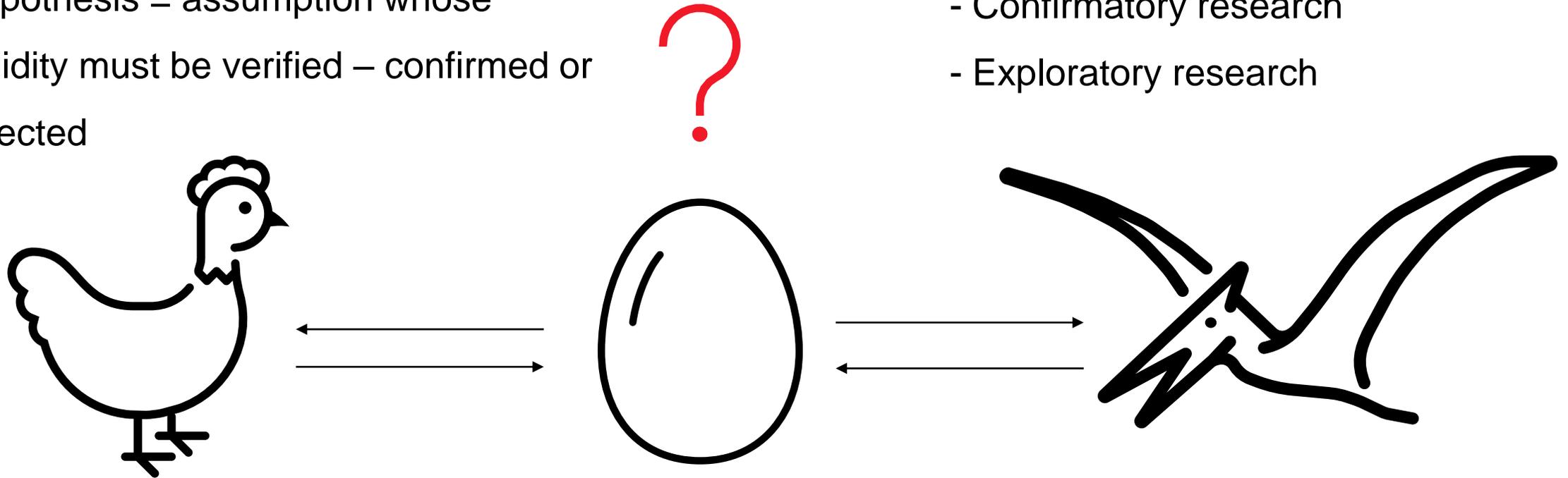


# Research methodology

Research Philosophy: Hypothesis - Data - Alternative Hypothesis

- Hypothesis = assumption whose validity must be verified – confirmed or rejected

- Confirmatory research
- Exploratory research



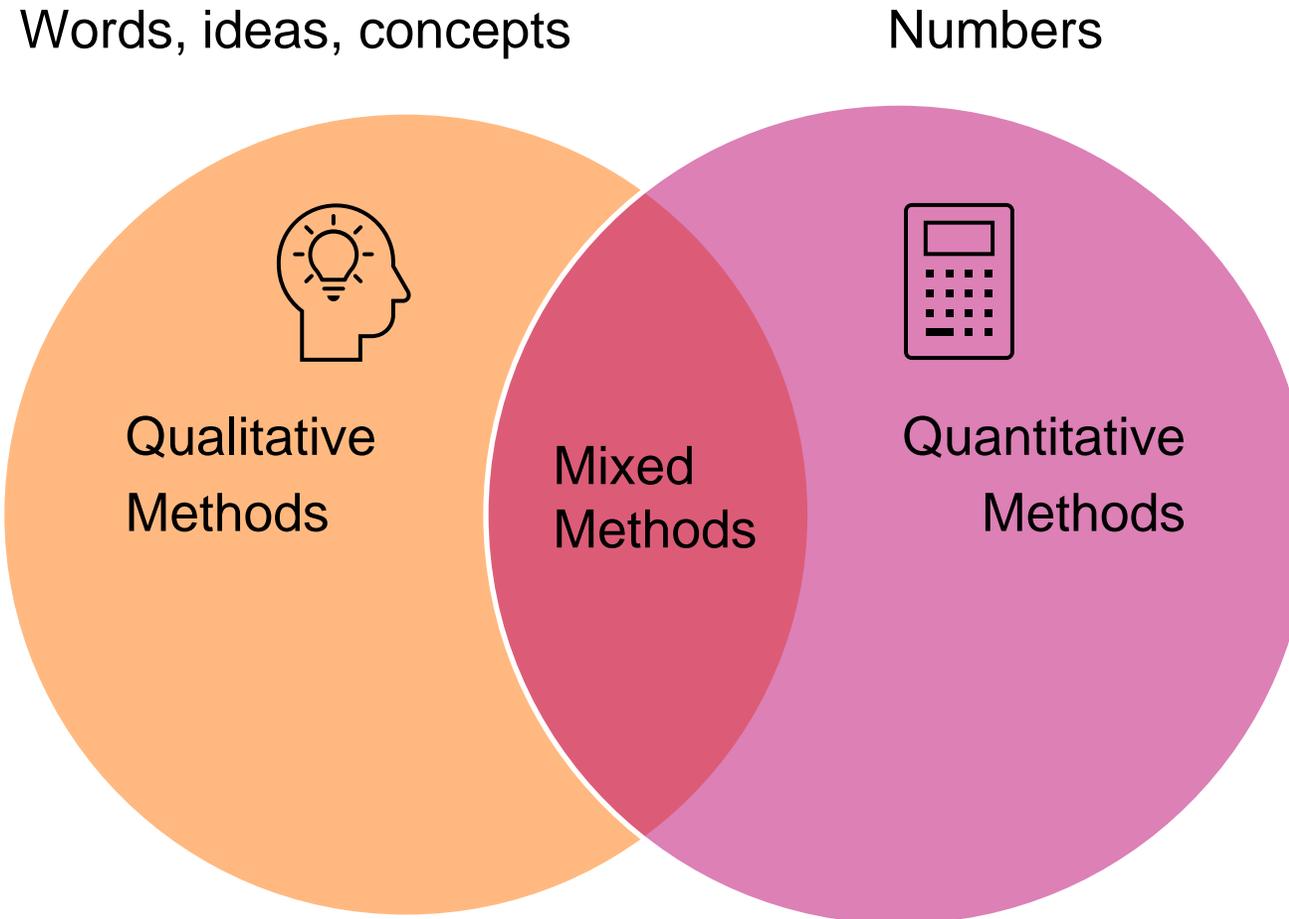
# Research methodology

Research approach: Inductive vs. Deductive

- To start: What are we going to explore?
- Provisional name
- Research questions
- Research objectives
- ... in accordance with the methodology
- **Pilot research**
- **Theoretical research**
- Analysis
- Synthesis
- Deduction
- Induction
- Analogy Comparison
- Generalization...
- **Empirical research**
- Observation
- Measurement
- Experiment
- Questionnaire
- Interview
- Document analysis

# Research methodology

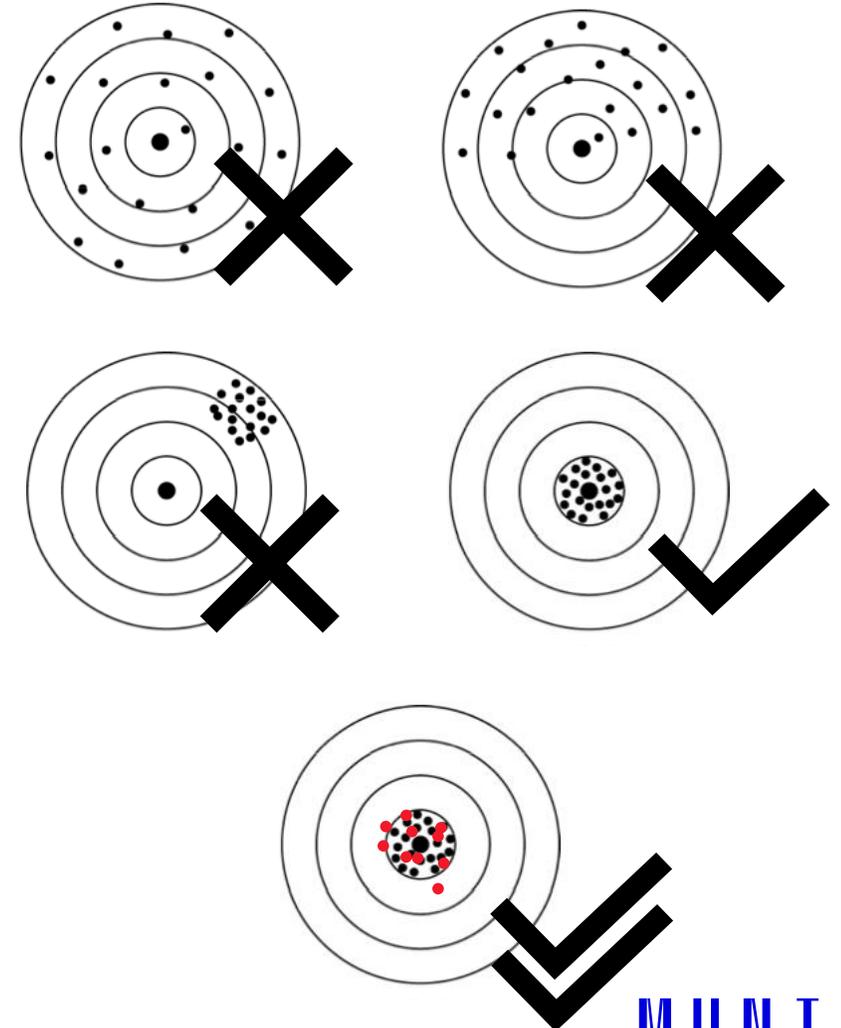
Research strategy: Methods



# Research methodology

## Quality of research

- **Validity** – ability of the research tool to identify or measure precisely what is the intention of the researcher
- **Reliability** – expresses the accuracy and reliability in the application of the research tool
- **Triangulation** – to increase the validity of research in cases where the use of only one method does not guarantee that the results are sufficiently objective and true



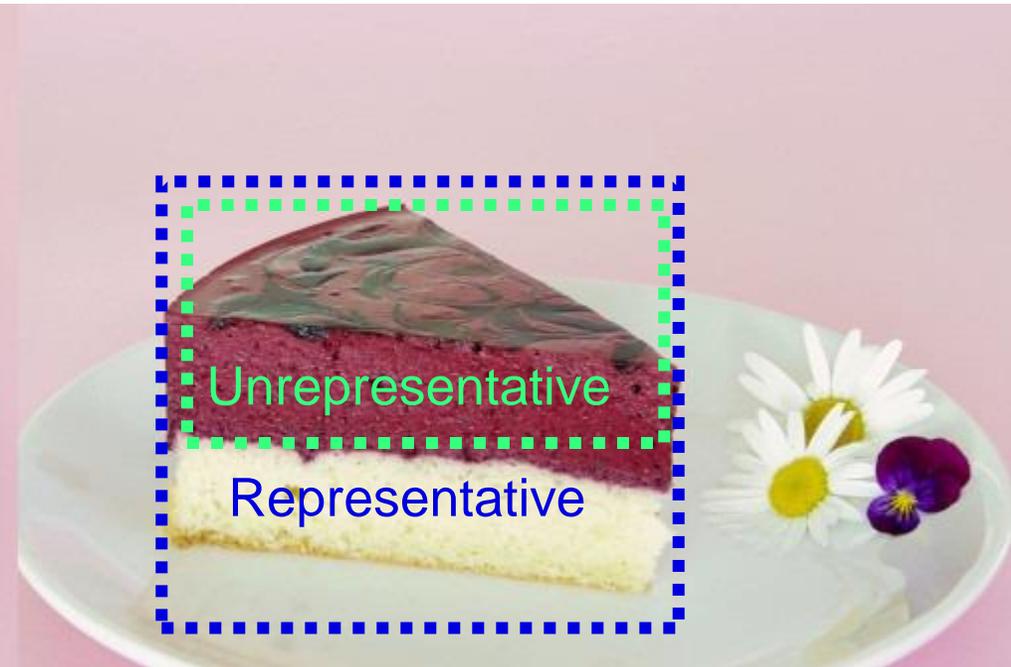
# Research methodology

Research quality: Representativeness (sampling)

Entire population



Population sample



# Research methodology

## Planning

<https://www.projectmanager.com/gantt-chart>

GANTT CHART		2020		2021				2022				2023	
		5-9	10-12	1-3	4-6	7-9	10-12	1-3	4-6	7-9	10-12	1-6	7-12
<b>CLINICAL PART</b> (team ZD)	Clinical examination and collection of samples (blood, teeth, tissue, cystic fluid) from patients with OCs, AP and with ameloblastoma. Histological examination of bioptic tissue samples.	[Blue bars indicating activity from 2020-10-12 to 2022-10-12]											
<b>AIM 1 (I)</b> (team PBL)	Isolation of bacterial DNA from root canal of teeth and from cystic fluid. Analysis of root canals and RC fluids microbiome by metagenome targeting of 16S rRNA gene.	[Pink bars indicating activity from 2020-10-12 to 2022-10-12]											
<b>AIM 1 (II)</b> (team PBL)	Isolation of DNA from blood. Genetic association study using TaqMan qPCR assays – determination of genetic predisposition to OC or ameloblastoma (team PBL). Multivariate analysis of host genetic background and microbiome.	[Pink bars indicating activity from 2021-01-03 to 2022-10-12]											
<b>AIM 1 (III)</b> (team MB)	Analysis of gene expression in bioptic tissue samples.	[Red bars indicating activity from 2020-10-12 to 2022-07-09]											
<b>AIM 2 (I)</b> (team MB)	Establishing of mice models.	[Red bars indicating activity from 2020-10-12 to 2021-01-03]											
<b>AIM 2 (II)</b> (team MB)	Analysis of odontogenic cyst formation and primary cilia in mice models	[Red bars indicating activity from 2021-01-03 to 2021-10-12]											
<b>AIM 2 (III)</b> (team MB)	Gene expression changes of SHH pathway members in cysts.	[Red bars indicating activity from 2021-01-03 to 2021-10-12]											
<b>AIM 2 (IV)</b> (team MB)	Application of AHH inhibitors and activators into mice models, their analysis.	[Red bars indicating activity from 2021-07-09 to 2022-10-12]											
<b>AIM 2 (V)</b> (team MB)	Application nanoparticles into mice models, their analysis.	[Red bars indicating activity from 2021-10-12 to 2022-10-12]											

# Research methodology

## Intellectual property

- A product or form of expression created by one's own intellect that is new and unique (e.g. literary work, computer software, workflow, chemical formula, circulatory cycle, drug, genetically modified organism, industrial process) resulting from intellectual creative work
- intangible property (intangible assets, intangible goods)
- certain types of intellectual property can be formally protected (in various ways depending on the nature of the intellectual property)
- the results of the activity created by the originator (author) in the performance of tasks arising from his employment relationship with MU (another similar relationship with MU), or in the context of study duties

# Research methodology

## Intellectual property

- Industrial technical solutions (e.g. inventions) and their protection (patents, utility models) designs, trademarks...
- Intellectual property protected by special legislation (confidential information, trade secrets, know-how...)
- Author's works and databases of scientific works (publications, scientific works), software...



# Research methodology

## Authorship

- **The author** is someone who has made a substantial **intellectual contribution to the creation of the work.**
- Copyright – the rights of the author to his work, rights related to the copyright laws, and the right of the author to the database acquired by him.
- The order of authors should be a joint decision of all authors, reflect the degree of contribution to the text of the publication and the authors should be able to explain it.
- The first author should be the author who contributed the most to the creation and results of the publication.
- The corresponding author is usually the first or last to report, depending on industry practices.

# Research methodology

Applied results

- Patent
- Utility model
- Design
- Prototype
- Functional sample ...

## – Technology Transfer (TT)

- transfer of research results and development into practice
- the process of transferring various technologies (technical solutions and scientific research knowledge and experience) from the university environment towards practice and vice versa
- forms of TT (a knowledge):
  - provision of rights of use (license)
  - creation of spin-off companies owned by the university
  - sale of rights, contracted research, collaborative research, provision of services and consultations...

# Research methodology

Web of Knowledge

Preparation of a scientific publication

- Topic and field?
- Publication output type?
- **Where to publish?**
- **How to start with paper writing?**
  - Formal
  - Content
  - Visual page
  - **Revision and language correction**
  - **Review procedure**

Web of Science InCites Journal Citation Reports Essential Science Indicators EndNote Publons Kopernio Master Journal List

Web of Science

## Citing Category Data

	Cited Journal	# Citing Journals	All Yrs ▼	2019	2018	2017
1	ALL Journals	91	344,971	3,801	16,820	24,193
2	J ENDODONT	83	8,635	85	377	773
3	CLIN ORAL IMPLAN ...	84	8,519	20	378	636
4	J DENT RES	91	7,884	67	279	414
5	J CLIN PERIODONTOL	89	7,641	67	451	471
6	J PERIODONTOL	88	7,430	59	311	261
7	J PROSTHET DENT	83	6,972	58	352	403
8	AM J ORTHOD DENT...	85	6,900	52	154	246
9	DENT MATER	80	6,700	49	317	406
10	J ORAL MAXIL SURG	84	6,156	67	204	334
11	INT J ORAL MAX IMPL	82	5,513	33	160	333
12	OR SURG OR MED ...	91	5,197	24	119	135
13	J DENT	90	5,091	67	301	341
14	INT ENDOD J	74	3,988	78	327	339
15	INT J ORAL MAX SU...	80	3,606	59	186	283
16	CLIN ORAL INVEST	90	3,419	190	428	448

# Levels of Evidence in Dentistry

**MDDr. Filip Hromčík**

Clinic of Stomatology, St. Anne's University Hospital

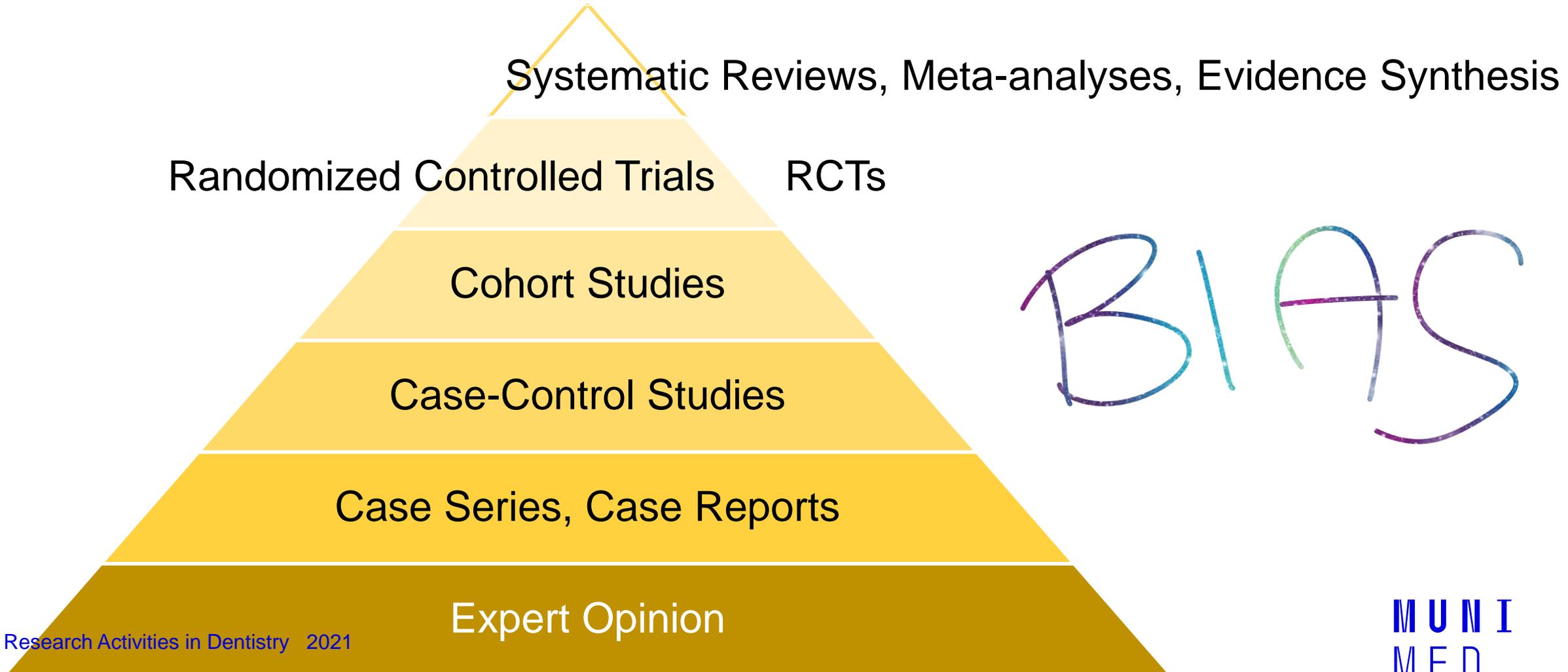
Faculty of Medicine, Masaryk University Brno

# Content of the lecture

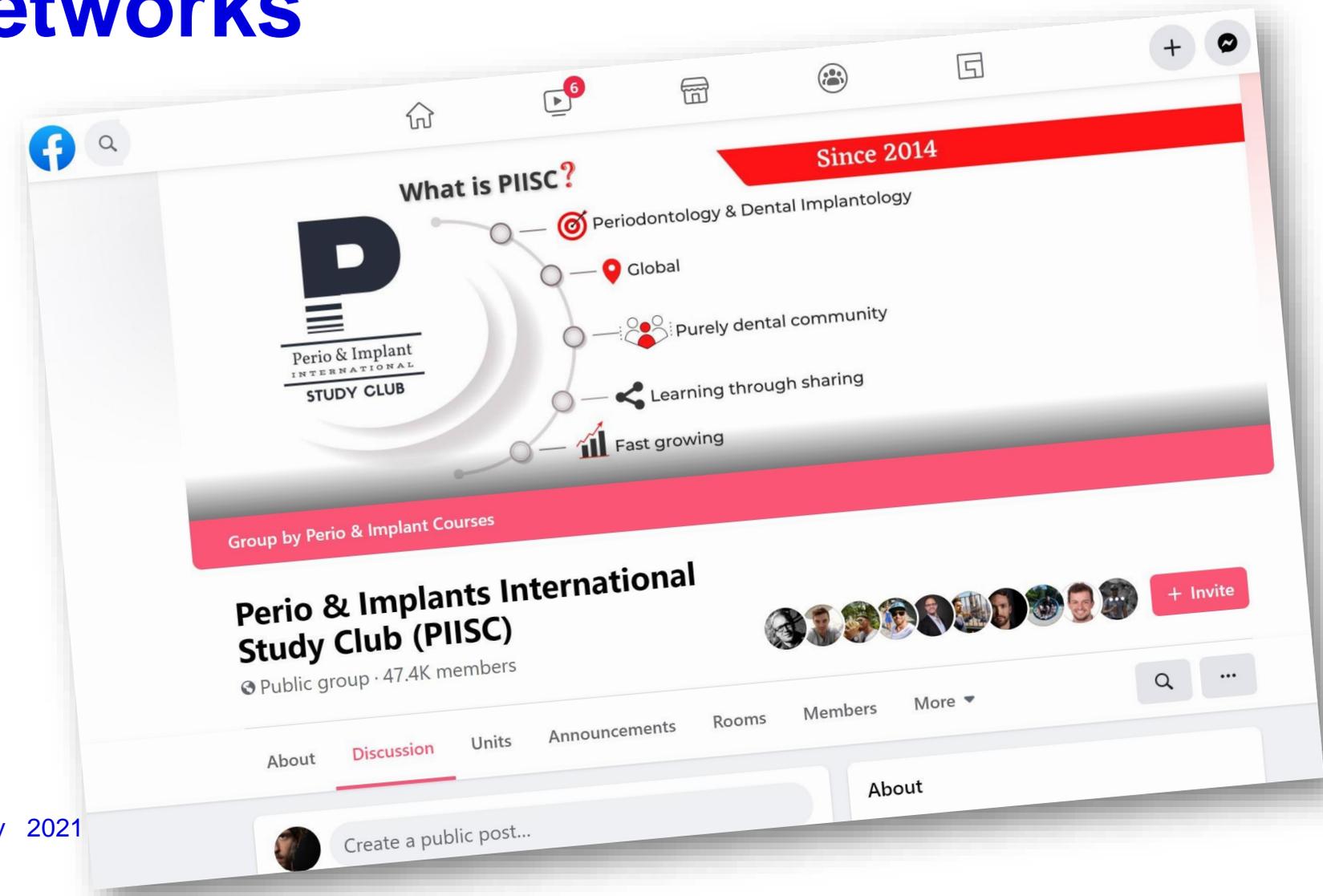
## Levels of evidence in Dentistry

- Levels of evidence
- Examples of information sources
- Resource evaluation
- Orientation in the article
- Where to find answers, where to publish
- Academic research vs. science in private practice
- Own research questions
- Summary

# Levels of evidence



# Sources of information for the dentist: Social networks



# Source: Lectures and courses

Saturday, March 7, 2020

08:30 – 09:45

**Socket grafting** | Moderator: P. Harrison

N. Mardas: Hard tissue grafting

R. Jung: Soft tissue grafting

Discussion

09:45 – 11:30

**Ridge augmentation** | Moderator: N. Donos

R. Allen: Tissue augmentation and aesthetic implant placement

M. Schlee: Concepts for lateral augmentation

I. Urban: Concepts for vertical augmentation

Discussion

11:30 – 12:00

Coffee Break

12:00 – 13:45

**Soft tissue grafting to maintain peri-implant health** | Moderator: M. Sanz

M. Rocuzzo: (before implant placement)

S. Aroca: (during implant placement)

G. Romanos: (after implant placement)

Discussion

13:45 – 15:00

Lunch Break

15:00 – 16:55

**Complication management after reconstructive surgery at natural teeth and dental implants**

Moderators: T. O'Brien, I. Polyzois

K. Murphy: Complication management after reconstructive periodontal surgery

F. Lambert: Complication management after plastic esthetic periodontal surgery

D. Buser: Management of implant complications

M. Hämmerli

# Case report



International Journal  
Oral and Dental

## CASE REPORT

### Modified Laterally Flap Technique for Root Coverage of Unfavorable Gingival Phenotype: A Case Report

Davi da Silva Barbirato<sup>1,2\*</sup>, Natália Rocha Magro<sup>3</sup>, Mariana Fampa Fogacci<sup>2</sup> and I

<sup>1</sup>Periodontist, Stomatologist, Maxillofacial Surgeon, Federal University of Rio de Janeiro (UFRJ), Brazil

<sup>2</sup>Post-Doctoral Researcher, Federal University of Rio de Janeiro (UFRJ), Brazil

<sup>3</sup>Federal University of Rio de Janeiro (UFRJ), Brazil

<sup>4</sup>Assistant Professor, School of Dentistry, Federal University of Rio de Janeiro (UFRJ), Brazil

\*Corresponding author: Davi da Silva Barbirato, Periodontist, External Advisor in Professional Management, CEP 76800-000, Porto Velho, Rondonia, Brazil

#### Abstract

The aim of this study was to propose a new modified lateral positioned flap for root coverage of unfavorable gingival phenotype. The patient reported a dentine hypersensitivity and esthetic complaint in tooth 41 related to the gingival recession: “U”-shaped gingival contour, class II and type IV periodontium of “Miller” and “Maynard & Wilson” classifications, respectively. There was neither accident nor surgical complications. We observed a creeping reattachment between 3 and 6 months postoperative with an increasing in the periodontal attachment during the 18 months of follow-up. Total root coverage and the complete remission of dentin hypersensitivity were achieved.

#### Abstract

The aim of this study was to propose a new modified lateral positioned flap for root coverage of unfavorable gingival phenotype. The patient reported a dentine hypersensitivity and esthetic complaint in tooth 41 related to the gingival recession: “U”-shaped gingival contour, class II and type IV periodontium of “Miller” and “Maynard & Wilson” classifications, respectively. There was neither accident nor surgical complications. We observed a creeping reattachment between 3 and 6 months postoperative with an increasing in the periodontal attachment during the 18 months of follow-up. Total root coverage and the complete remission of dentin hypersensitivity were achieved.

#### Keywords

Gingival recession, Modified lateral positioned flap, Mucogingival flap, Periodontal aesthetics, Root coverage

[Barbirato et al., 2017](#)

# Case series

Dental Medicine, Medical Center –  
University of Freiburg, Faculty of Medicine –  
University of Freiburg, Freiburg, Germany

<sup>2</sup>Center for Medical Biometry and Medical  
Informatics, Institute for Medical Biometry  
and Statistics, Medical Center – University of  
Freiburg, Faculty of Medicine – University of  
Freiburg, Freiburg, Germany

## Correspondence

Benedikt C. Spies, Department of Prosthetic  
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Freiburg, Freiburg, Germany.  
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## Funding information

Ivoclar Vivadent

## Abstract

**Objective:** To evaluate the clinical and patient-reported outcome of all-ceramic zirconia implant supported fixed dental prostheses (FDPs) 5 years after implant installation.

**Materials and methods:** Thirteen patients were treated with two terminally placed one-piece zirconia implants for a three-unit FDP each. The FDPs consisted of a CAD/CAM-fabricated zirconia framework over-pressed with a fluor-apatite veneering ceramic and were adhesively cemented. Survival and success were assessed by applying modified US Public Health Service (USPHS) criteria and preparation of Kaplan–Meier (KM) plots. Alpha and Bravo ratings were accepted for success (among others including small area veneer chippings and occlusal roughness), whereas Charlie ratings allowing for intra-oral correction (e.g., polishing) were accepted for survival. Furthermore, patient-reported outcome measures (PROMs) were analyzed with the help of visual analogue scales (VAS). Wilcoxon matched-pairs signed-rank test (USPHS criteria) and linear mixed models (PROMs) were used to evaluate time effects on response variables.

**Results:** All patients were available  $61.8 \pm 1.1$  months after implant installation ( $53.6 \pm 3.1$  months after final prosthesis insertion). FDP survival was 100%. Significant incidence of veneer chipping ( $p = .0096$ ) and occlusal roughness ( $p = .0019$ ) was observed. Charlie rated extent of both phenomena resulted in a KM success estimate of 38.5% (95% CI: 14.1%–62.8%; seven FDPs with obvious roughness, three of them with extended veneer chipping). Compared with the pre-treatment assessments (30%–81% of satisfaction), all surveys at prosthetic delivery showed significantly improved VAS scores (66%–93%;  $p \leq .038$ ), except for speech ( $p = .341$ ). Concerning function, esthetics and self-esteem, no decrease in satisfaction could be observed until the end of follow-up (90%–96%;  $p \geq .057$ ), whereas perception of sense (92%) and speech (95%) increased over time ( $p \leq .030$ ). Occurrence of technical complications did not correlate with patient satisfaction.

**Conclusions:** Bi-layered FDPs made from zirconia/fluor-apatite highly satisfied patients but showed significant incidence of technical complications.

## KEYWORDS

CAD-CAM, case series, cosmetic

# Cohort study

## A prospective cohort study of endodontic treatments of 1,369 root canals: results after 5 years

Domenico Ricucci, MD, DDS,<sup>a</sup> John Russo, DMD,<sup>b</sup> Michael Rutberg, DMD,<sup>c</sup> Josef A. Burluson, PhD,<sup>d</sup> and Larz S. W. Spångberg, DDS, PhD,<sup>e</sup> Rome, Italy; and Farmington, Connecticut  
UNIVERSITY OF CONNECTICUT

**Objective.** The purpose of this prospective study was: 1) to follow-up a large number of endodontic treatments performed by a single operator, periodically checked over a 5-year period; and 2) to correlate outcome to a number of clinical variables.

**Study design.** This prospective study included all consecutive cases during the selected time period. All cases were followed regularly for a 5-year period. At the 5-year end point of the study, 470 patients with 816 treated teeth and with 1,369 treated root canals were available for evaluation.

**Results.** The overall rate of success among the 816 teeth/1,369 root canals available for evaluation was 88.6%/90.3%. The success rate for 435 teeth/793 root canals undergoing vital pulp therapy was 91.5%/93.1%. Teeth/root canals with necrotic pulp but without detectable periapical bone lesion were successfully treated in 89.5%/92.3%. If the pulp necrosis was complicated by apical periodontitis, the success rate fell to 82.7% for the teeth and 84.1% for the root canals ( $P = .037$ ). Teeth with periapical lesion  $<5$  mm had a success rate of 86.6%, and in cases where the lesion was  $\geq 5$  mm the rate of success was 78.2%.

**Conclusions.** More severe disease conditions negatively affects outcome. An optimal working length was identified. Excess of root canal filling material decreases success. Infected pulp space should be treated with an effective

The quality of the coronal restoration or the placement of intracanal post retentions does not affect treatment outcome. (Oral Surg Oral Med Oral Pathol Oral Radiol Endod 2011;112:825-842)

HUMAN RANDOMIZED CONTROLLED TRIAL

RCT

**Omega-3 PUFA and aspirin as adjuncts to periodontal debridement in patients with periodontitis and type 2 diabetes mellitus** **Randomized clinical trial**

Nidia C. Castro dos Santos<sup>1,2,3</sup> | Naira M. R. B. Andere<sup>1</sup> | Cássia F. Araujo<sup>1</sup> | Marco<sup>1</sup> | Alpdogan Kantarci<sup>2</sup> | Thomas E. Van Dyke<sup>2</sup> | Mauro P. Santamaria

<sup>1</sup>Division of Periodontics, Unesp – São Paulo State University, Institute of Science and Technology, São José dos Campos, São Paulo, Brazil

<sup>2</sup>Center for Clinical and Translational Research, The Forsyth Institute, Cambridge, Massachusetts, United States

<sup>3</sup>Dental Research Division, Guarulhos University, Guarulhos, São Paulo, Brazil

**Correspondence**

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**Abstract**

**Background:** Supplementation with omega-3 polyunsaturated PUFA and low-dose aspirin (ASA) have been proposed as a host men to control chronic inflammatory diseases. The aim of this study the clinical and immunological impact of orally administered  $\omega$ -3 P adjuncts to periodontal debridement for the treatment of periodonti 2 diabetes.

**Methods:** Seventy-five patients (n = 25/group) were randomly a placebo and periodontal debridement (CG),  $\omega$ -3 PUFA + ASA ( 100 mg ASA/d for 2 months) *after* periodontal debridement (test g 3 PUFA + ASA (3 g of fish oil/d + 100 mg ASA/d for 2 months) debridement (TG2). Periodontal parameters and GCF were collec 3 months after periodontal debridement and  $\omega$ -3 PUFA + ASA and CG (t1), after  $\omega$ -3 PUFA + ASA (before periodontal debride and 6 months after periodontal debridement (all groups) (t2). GC cytokine levels by multiplex ELISA.

**Results:** Ten patients (40%) in TG1 and nine patients (36%) i clinical endpoint for treatment (less than or equal to four sites  $\geq$  5 mm), as opposed to four (16%) in CG. There was clinica moderate and deep pockets for TG1. IFN- $\gamma$  and interleukin (IL over time for both test groups. IL-6 levels were lower for TG1. F for TG1.

**Conclusion:** Adjunctive  $\omega$ -3 and ASA after periodontal debride and immunological benefits to the treatment of periodontitis 2 diabetes.

**KEYWORDS**

aspirin, diabetes, immunomodulation, inflammation, omega-3 fatty acids, per

**Abstract**

**Background:** Supplementation with omega-3 polyunsaturated fatty acids ( $\omega$ -3 PUFA) and low-dose aspirin (ASA) have been proposed as a host modulation regi- men to control chronic inflammatory diseases. The aim of this study was to investigate the clinical and immunological impact of orally administered  $\omega$ -3 PUFA and ASA as adjuncts to periodontal debridement for the treatment of periodontitis in patients type 2 diabetes.

**Methods:** Seventy-five patients (n = 25/group) were randomly assigned to receive placebo and periodontal debridement (CG),  $\omega$ -3 PUFA + ASA (3 g of fish oil/d + 100 mg ASA/d for 2 months) *after* periodontal debridement (test group [TG]1), or  $\omega$ -3 PUFA + ASA (3 g of fish oil/d + 100 mg ASA/d for 2 months) *before* periodontal debridement (TG2). Periodontal parameters and GCF were collected at baseline (t0), 3 months after periodontal debridement and  $\omega$ -3 PUFA + ASA or placebo for TG1 and CG (t1), after  $\omega$ -3 PUFA + ASA (before periodontal debridement) for TG2 (t1), and 6 months after periodontal debridement (all groups) (t2). GCF was analyzed for cytokine levels by multiplex ELISA.

**Results:** Ten patients (40%) in TG1 and nine patients (36%) in TG2 achieved the clinical endpoint for treatment (less than or equal to four sites with probing depth  $\geq$  5 mm), as opposed to four (16%) in CG. There was clinical attachment gain in moderate and deep pockets for TG1. IFN- $\gamma$  and interleukin (IL)-8 levels decreased over time for both test groups. IL-6 levels were lower for TG1. HbA1c levels reduced for TG1.

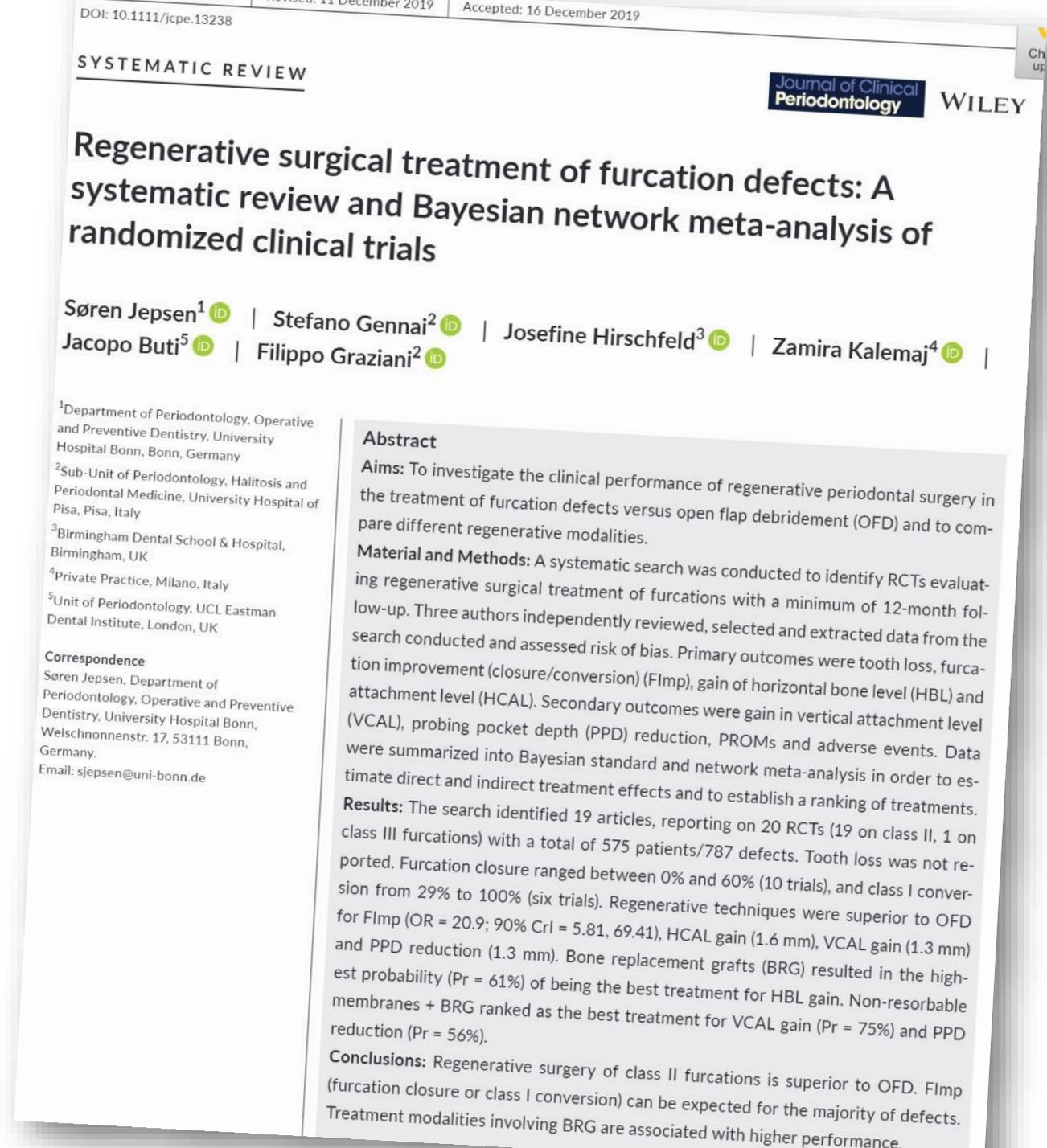
**Conclusion:** Adjunctive  $\omega$ -3 and ASA after periodontal debridement provides clinical and immunological benefits to the treatment of periodontitis in patients with type 2 diabetes.

**KEYWORDS**

aspirin, diabetes, immunomodulation, inflammation, omega-3 fatty acids, periodontitis

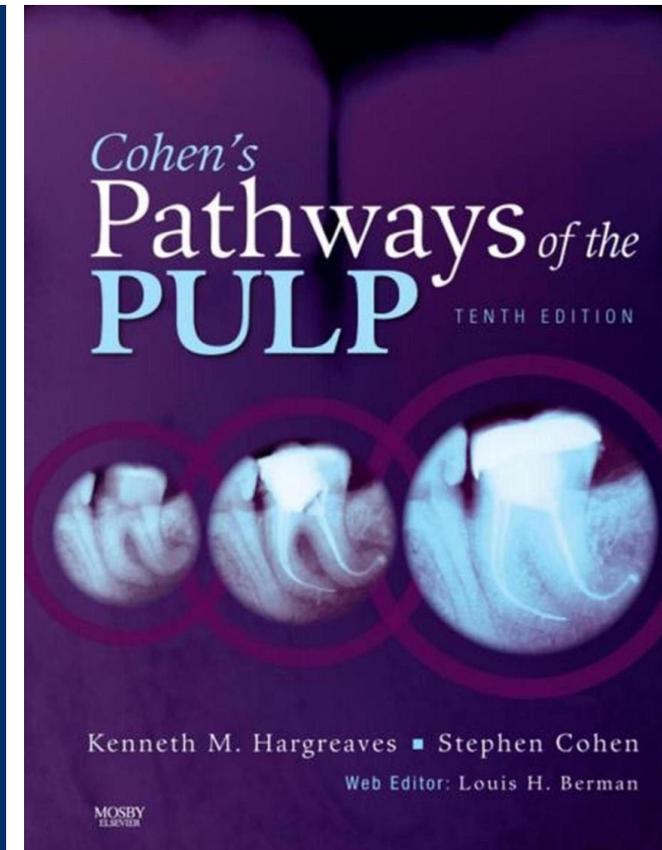
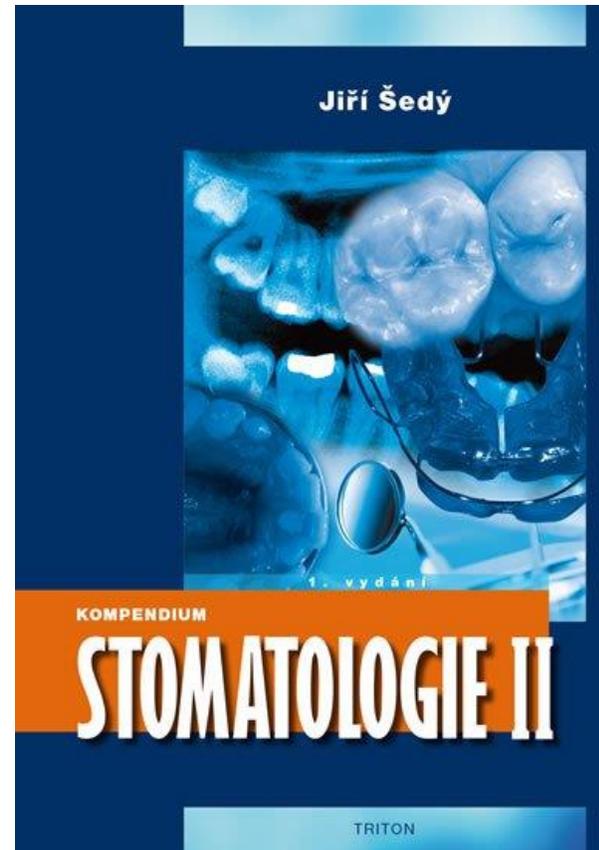
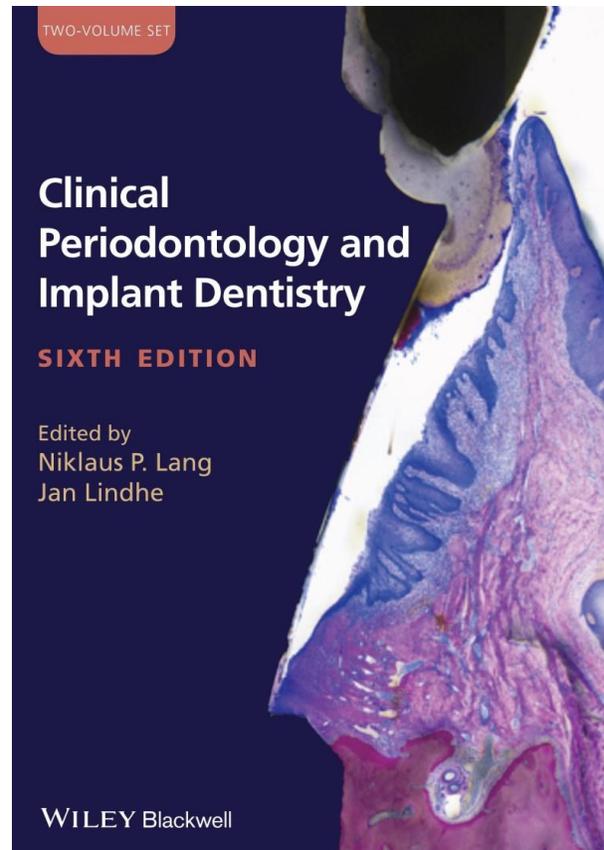
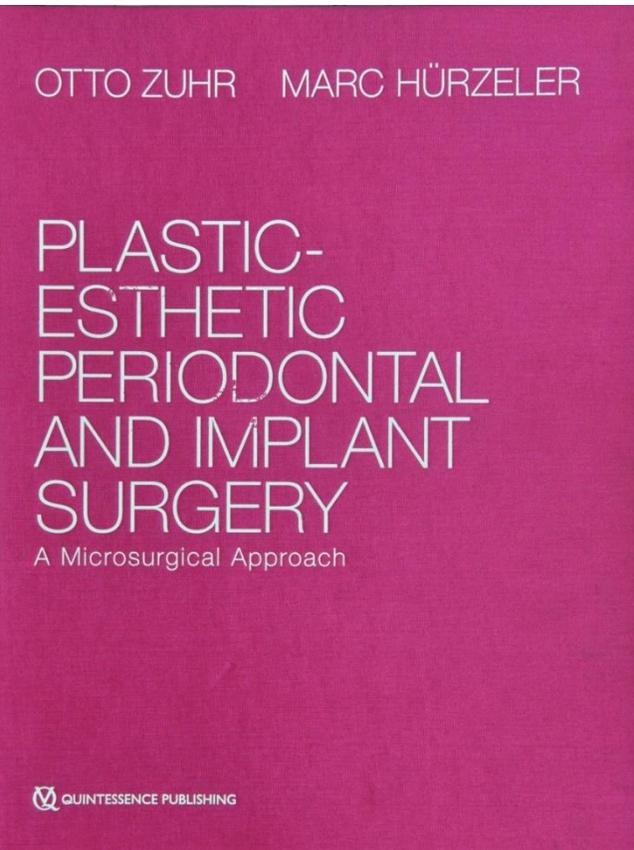
# Meta-analysis, systematic review

[Jepsen et al. 2020](#)



# Textbooks

A mixture of evidence of different levels



# PLASTIC- ESTHETIC PERIODONTAL AND IMPLANT SURGERY

A Microsurgical Approach

QUINTESSENCE PUBLISHING

Individuals with the thin gingival biotype have a high risk of developing gingival recession on buccal tooth surfaces and in the papillary region after prosthetic, orthodontic, and surgical interventions. Conversely, individuals with the thick gingival biotype are less susceptible to gingival recession but have an increased risk of inflammation and pocket formation following treatment.<sup>76,78-80</sup>

The classification of thick and thin gingival biotypes is subjective and operator dependent because the borderline between what constitutes the different biotypes can be unclear (Fig 1-31). Based on clinical experience, there seems to be a direct correlation between tooth morphology and gingival biotype. Therefore, it would seem that tooth morphology could be useful as an objective parameter of gingival biotype, as was proposed by *Olsson et al.*<sup>76,77</sup> However, there is no scientific evidence confirm-

[Zuhr et Hürzeler 2012, s. 30](#)

# Clinical Periodontology and Implant Dentistry

SIXTH EDITION

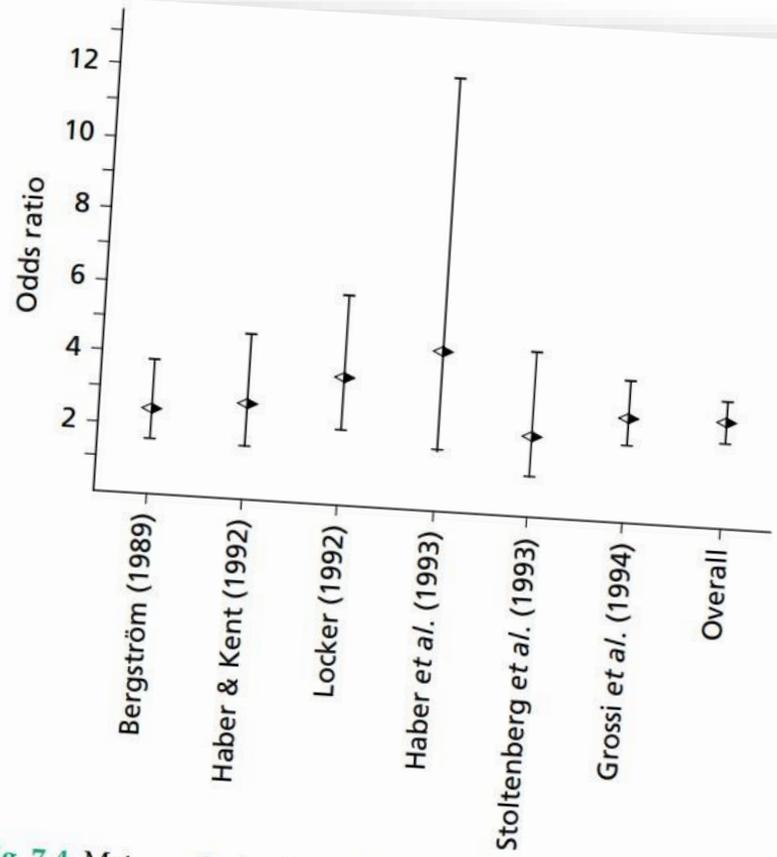
Edited by  
Niklaus P. Lang  
Jan Lindhe

WILEY Blackwell



smoking is much greater than that due to other systemic predispositions, such as diabetes mellitus. Data derived from the NHANES III study (Tomar & Asma 2000) suggested that as many as 42% of periodontitis cases in the US can be attributed to current smoking and another 11% to former smoking. Similarly, a study from Brazil (Susin *et al.* 2004b) reported that the attributable fraction of clinical attachment loss due to cigarette smoking was 37.7% and 15.6% among heavy and moderate smokers, respectively. In longitudinal studies, smoking has been found to confer a statistically significant increased risk for periodontitis progression after adjustment for other co-variables (Beck *et al.* 1995, 1997; Machtei *et al.* 1999; Norderyd *et al.* 1999; Chen *et al.* 2001; Ogawa *et al.* 2002; Paulander *et al.* 2004b).

Figure 7-4 shows an early *meta-analysis* of data from studies reporting on the association between smoking and periodontal conditions. In essence, meta-analysis is a statistical method which combines results from different studies of similar design, in order to achieve increased *power* to detect epidemiologic associations that may be difficult to identify in smaller, individual studies (Oakes 1993; Chalmers 1993; Proskin & Volpe 1994). This analysis, initially published as part of the 1996 World Workshop in Periodontics (Papapanou 1996), incorporated data from six studies, including a total of 2361 subjects with known smoking habits and periodontal status (Bergström & Eliasson 1989; Haber & Kent 1992; Locker 1992; Haber *et al.* 1993; Stoltenberg *et al.* 1993; Grossi *et al.* 1994). It can be observed that smoking was an overall increased, statistically and clinically, significant risk for severe disease (estimated overall OR of 2.32, 95% CI 1.5-3.5).



**Fig. 7-4** Meta-analysis of smoking as a risk factor for periodontal disease. The studies included are: Bergström (1989), Haber & Kent (1992), Locker (1992), Haber *et al.* (1993), Stoltenberg *et al.* (1993), and Grossi *et al.* (1994). Bars indicate the 95% confidence limits for the depicted odds ratios. (Source: Papapanou 1996. Reproduced from American Academy of Periodontology.)

1994; Kaldahl *et al.* 1996; Grossi *et al.* 1997; Kinane & Radvar 1997; Tonetti *et al.* 1998; Trombelli *et al.* 2003, Stavropoulos *et al.* 2004; Paulander *et al.* 2004a; Rieder *et al.* 2004; Sculean *et al.* 2005; Wan *et al.*, 2009). Notably, these studies have confirmed the negative effect of smoking on the outcome of...

[Lang et Lindhe, 2015](#)

# Exercise: orientation in an article - RCT

Borges, I., Faveri, M., Figueiredo, L. C., Duarte, P. M., Retamal, V. B., Montenegro, S. C. L., & Feres, M. (2017). Different antibiotic protocols in the treatment of severe chronic periodontitis: A 1-year randomized trial. *Journal of Clinical Periodontology*, 44(8), 822–832. <https://doi-org.ezproxy.muni.cz/10.1111/jcpe.12721>

1. What was the aim of the study ?
2. How was the control group defined?
3. How many subjects were enrolled?
4. For how long were they followed?
5. What was clinically evaluated, the primary observed parameter?
6. What does the study show?
7. The value of evidence and bias?

The basic pillar of evidence-based medicine and the biggest difference between literature and opinions in lectures or on social networks?

**peer review**

Systematic Reviews,  
Meta-analyses,  
Evidence Synthesis

Randomized  
Controlled Trials (RCTs)

Cohort Studies

Case-Control Studies

Case Series, Case Reports

Expert Opinion

# Where to look for answers?

Am I looking for inspiration and motivation? Lectures, social networks (be critical!)

I wonder how someone else solved this problem? Case report, case series

Do I need to understand something? Textbook, narrative review, expert opinion

Is there consensus in this area? Systematic review, meta-analysis

Has anyone compared these methods of treatment? RCT

# At what level to contribute?

Am I a respected expert and would I like to share my views and experiences?

Expert opinion (lecture, workshop), social networks

Would I like to verify a new procedure?

RCT

Do I want to evaluate the influence of various factors over a longer period of time? Cohort study

I like reading and writing, I am systematic, I have a lot of time and I would like to summarize the knowledge in some area?

Systematic review, meta-analysis

# At what level to contribute?

Did I solve an exceptional case and documented it exemplarily?

Case report

Do I want to show that the success of my procedure was no accident?

Case series

Am I a student and would like to discuss a topic, evaluate the current view of this issue and draw practical conclusions?

Narrative review, evidence synthesis

# Own research question

## Exercise

- formulate a research question
- prepare design and a possible output



# Academic research vs. science in private practice

- scientific question (academic, practical?)
- grants, funding
- systematic evaluation, data collection
- cooperation and equipment
- publication
- a scientist or a clinician?

# Research in private practice

- the right motivation and goal
- determination and perseverance
- source of support, grants???
- connection with a university, library, laboratory
- get to know legislation and ethics
- tools, databases, support
- meaning of the obtained data

[Více V Hare et al., 2018](#)

# Research at the University

- cooperation, courses, support, patronage
- resources (library), equipment, funding (grants)
- sharing, continuity
- mentors
- doctoral studies (PhD.), academic career

# Key points

- Increase the share of information obtained from peer-reviewed sources with little bias, evaluate others very critically
- Verify information, perceive its different value
- Benefit from EBM and contribute to EBM
- Develop your thoughts at any level
- Have fun with science and be a part of it

# Abbreviations used

- EBM – evidence-based medicine
- RCT – randomized controlled trial, randomized clinical trial



# Clinical trial methodology (not only) for dentists

**Assoc Prof. MUDr. Břetislav Lipový, Ph.D., MBA**

Department of Burns and Plastic Surgery, University Hospital Brno,  
Faculty of Medicine, Masaryk University Brno

# Introduction of the researcher and his team

Assoc. Prof. MUDr. Břetislav Lipový, Ph.D., MBA

## – Clinical trials experience

2007 – Indication of Veloderm® in partial thickness burns - consultant

2008-2009 – Xe-derma® in partial thickness burns (co-investigator)

2010 – Mepilex Ag® in adult and pediatric burns (co-investigator)

2013 – Principal investigator Birken clinical trial (Oleogel-S10)

2014 – Principal investigator Nexobrid™ in adult patients

2014 – Principal investigator Nexobrid™ in pediatric patients

2019 – Principal investigator The RE-ENERGIZE Study: A RandomizEd trial of ENtERal  
Glutamine to minimIZE thermal injury (study terminated)

2019 – Principal investigator Reducing microbial burden in acute wounds using non-thermal  
plasma.

# Content of the lecture

Clinical trial methodology (not) for dentists only

- Brief history of clinical trials
- Basic principles of a clinical trial
- Human subjects in a clinical trial
- Types of clinical trial
- Ethics Committee and informed consent
- Clinical trial in specific groups (children)
- GCP certificate (training)

**"Biomedical progress is based on research, which necessarily includes studies on human subjects"**

**„The patient must be treated as the student's teacher, not as a training tool.“**

# Brief history of the clinical trial

- (Book of DANIEL) one of the books of the Old Testament
- Then Daniel said to the guard whom the master of the eunuchs had put in charge of Hananiah, Mishael, Azariah and himself, *„Submit to us this test for ten days. Give us only vegetables to eat and water to drink; then compare our looks with those of the young men who have lived on the food assigned by the king, and be guided in your treatment of us by what you see“*. (150BC)

**Nonrandomized Concurrent Control Study**

**vs.**

**Randomized Control Trial**

# Brief history of the clinical trial

## – Randomization

- This concept was used for the first time in a clinical trial by R.A. Fisher (farmers) – the distribution of their parcels with crops

[Fisher RA., 1926](#)

- Probably the first randomization in biomedical research was used by Amberson and McMahon, who observed the therapeutic effect of sanocrysin in the therapy of the pulmonary form of TB

[Amberson B. et al., 1931](#)

# Brief history of the clinical trial

## – Blinding

### – Again, studies related to TB therapy

- Evaluation by two radiologists and an X-ray clinic without knowing if patients are in the control or treated group

Medical Research Council. Streptomycin  
treatment of pulmonary tuberculosis. *Br. Med  
J.* 1948;2:769-782

# Three important documents relevant to research ethics

- Nuremberg Code (1947)
- Declaration of Helsinki (1964) – Revision WMA 1975, 1983, 1989, 1996, 2000, 2002, 2004, 2008
- The Belmont Report 1979 (regulates research in the US)

# The Nuremberg Code

Nuremberg process (20. 11. 1945 – 1. 10. 1946)

- A total of ten points contain the following
  - Voluntary consent of the patient
  - Results cannot be obtained by other methods
  - The experiment was successfully conducted on animals
  - Avoid all unnecessary physical and mental suffering
  - If there is a reasonable suspicion that it may lead to death or disability, the experiment must be terminated.
  - The degree of risk must never outweigh the potential benefit to the patient.
  - Execution only after ensuring the access of sufficient equipment protecting from an even remote possibility of damage, disability or death
  - Scientifically qualified people
  - During the experiment, the human subject can quit anytime
  - The scientist must be prepared to end the experiment if he finds that the continuation may lead to damage of the subject

# Declaration of Helsinki 1964

- Total of 32 sections
- Definition of incompetent human subjects
  - Persons under 18 years of age
  - Entities whose decision-making capacity is compromised as a result of physical and/or mental conditions
- **Does the Helsinki Declaration correspond to the current concept of science?**
- Distinguishing between therapeutic and non-therapeutic research
- Contentiousness in control groups (placebo)
  - Responsibility for the health of the subject lies solely with him (not the researcher)

# The Tuskegee syphilis study

„we learned more about racism than syphilis"



*Participants in the Tuskegee Syphilis Study.  
(Credit: National Archives)*

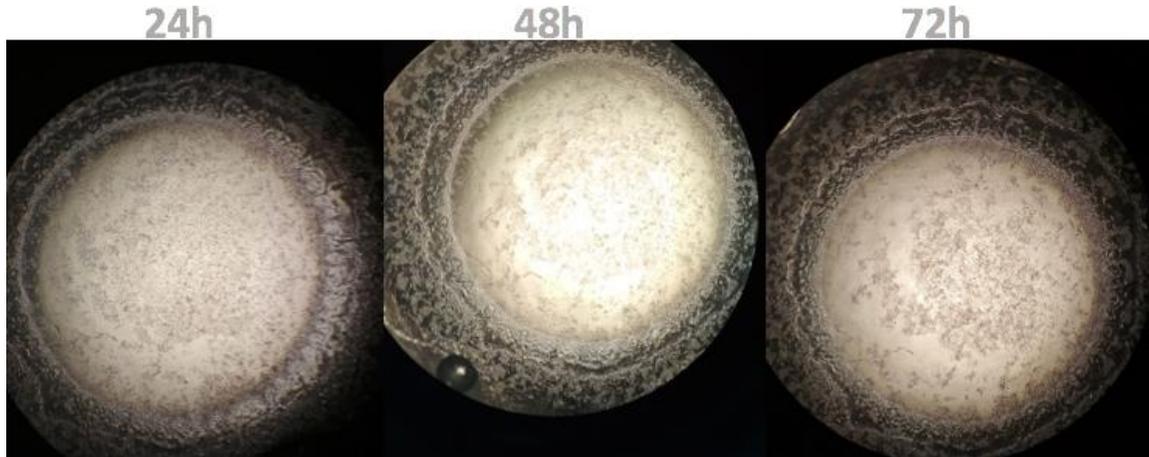


*Herman Shaw speaks as President Bill Clinton looks on during ceremonies at the White House on May 16, 1997, during which Clinton apologized to the survivors and families of the victims of the Tuskegee Syphilis Study.  
(Credit: PAUL J. RICHARDS/AFP/Getty Images)*

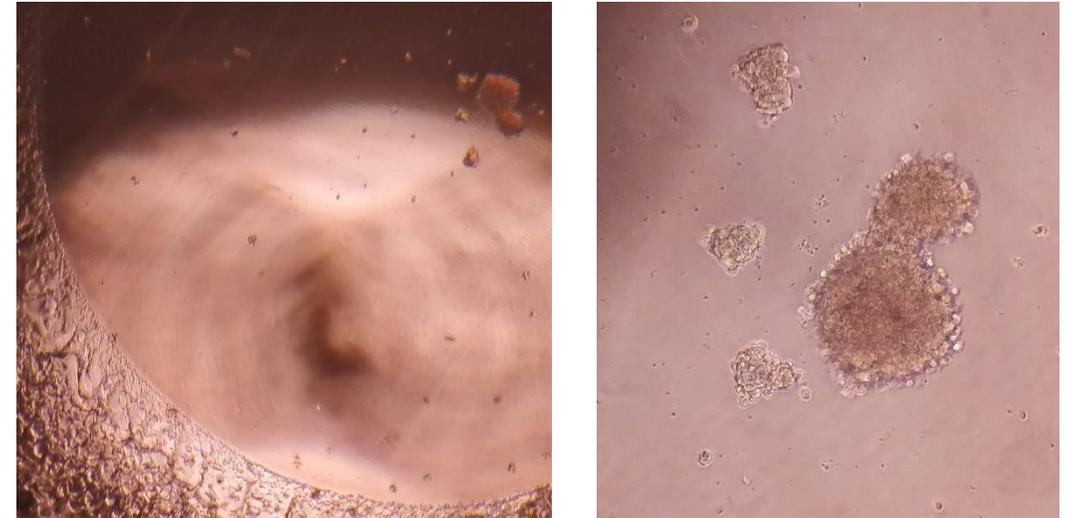
# Pre-clinical trial procedure

- Preclinical testing (the procedure is regulated in Regulation No. 86/2008 Coll. – procedures for non-clinical testing of drug safety when conducting laboratory tests according to the principles of good laboratory practice)
- The aim is to verify safety at this stage – toxicity, teratogenicity, mutagenicity, carcinogenicity, etc.
- In vitro and in vivo tested

# *In vitro* testing



Photograph of a B-lymphocyte during time period



First *in vitro* testing on mouse fibroblasts.  
The cells clump together to form a stronger structure.

# *In vivo* testing

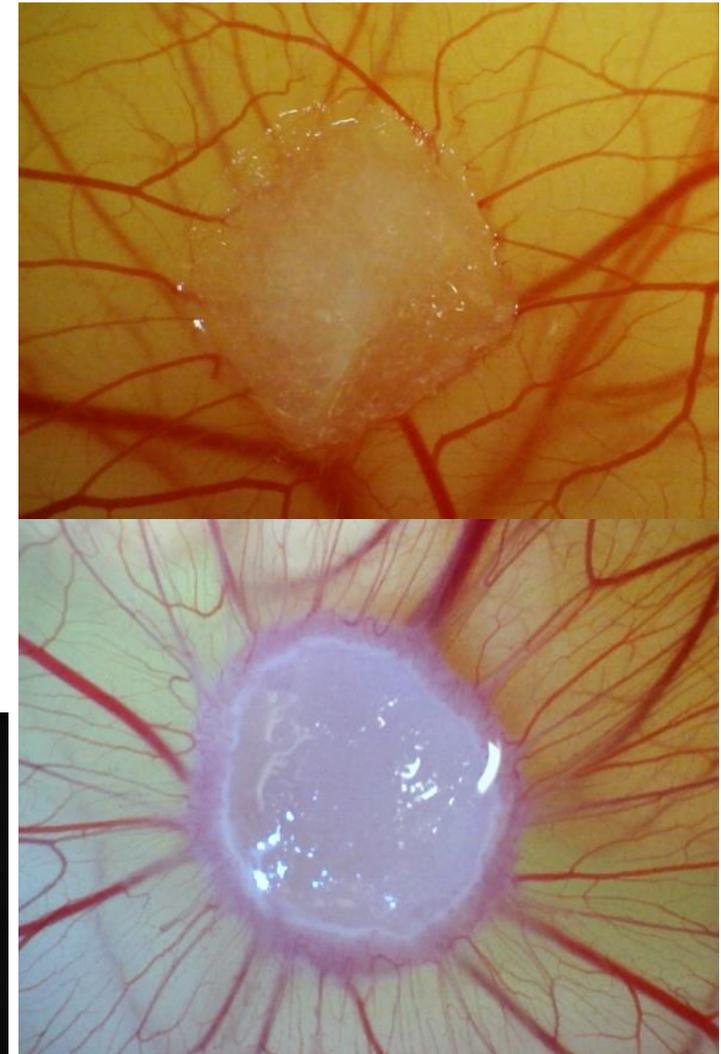
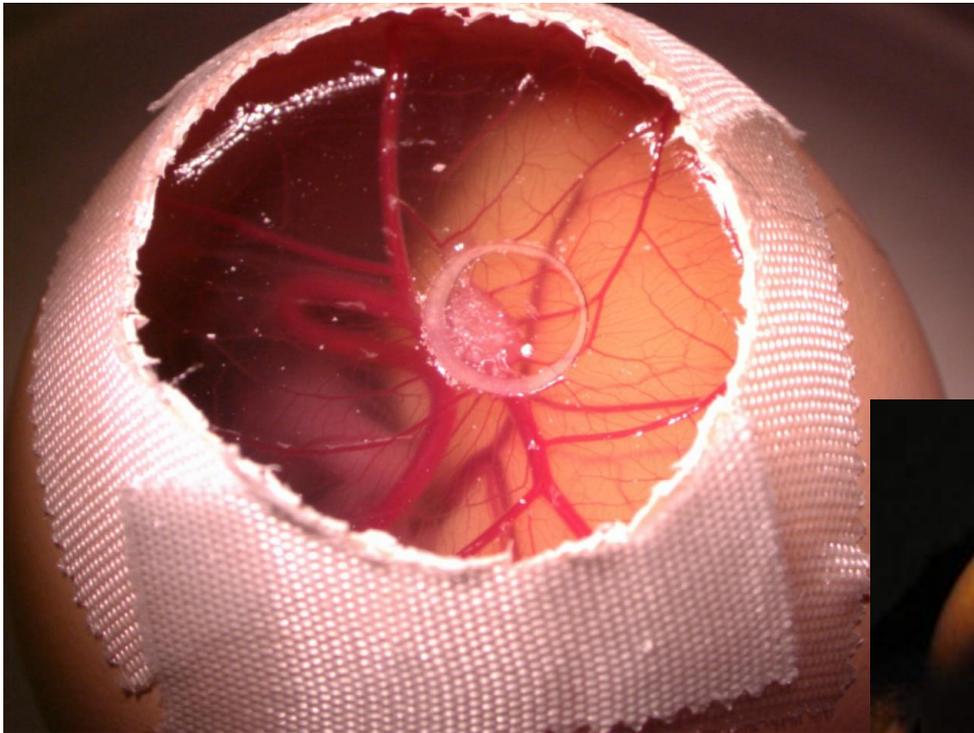


# *In vivo* testing



# Ex ovo testing

CAM model  
(chick chorioallantoic membrane model)

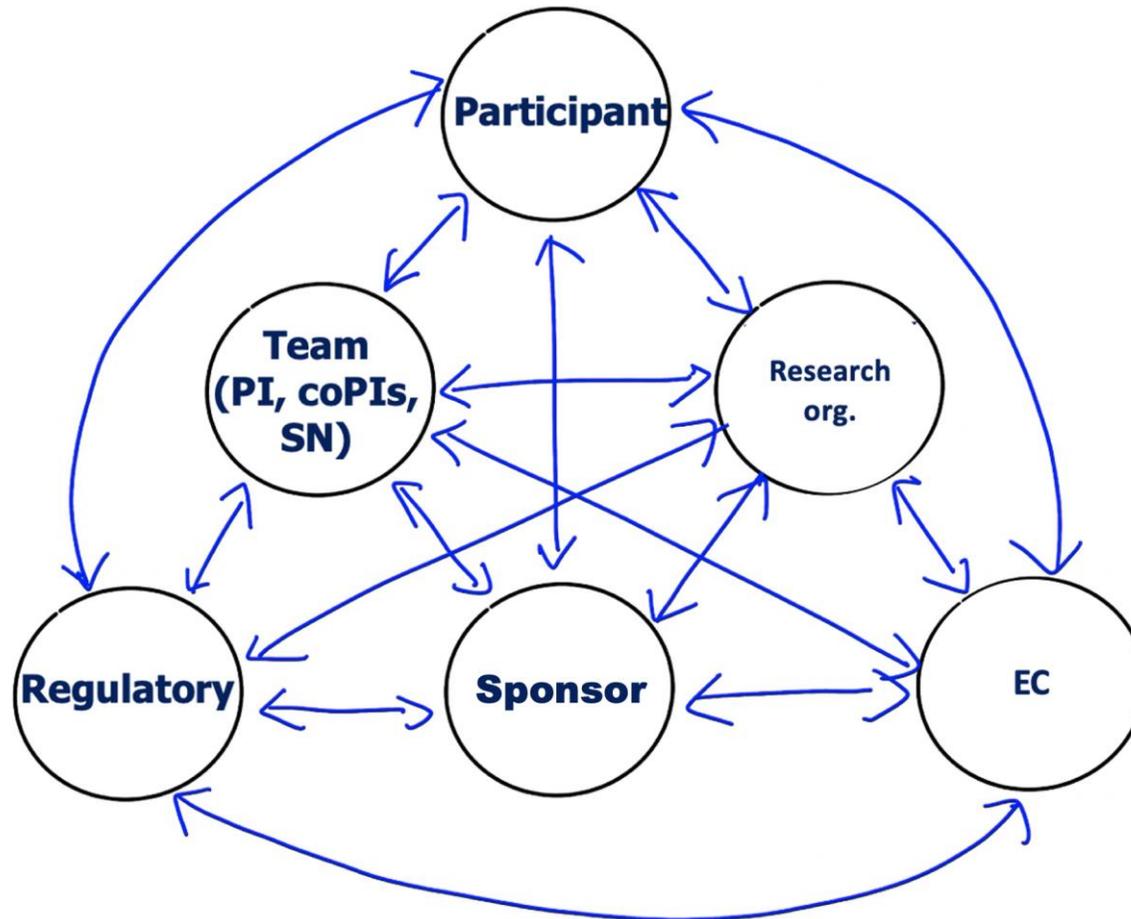


**Of every 10,000 substances in the preclinical testing phase, around 5 will reach the clinical trial phase**

# Definition of a clinical trial

- A clinical trial of medicinal products for human use is any systematic testing carried out on human subjects in order to detect or verify clinical, pharmacological or other effects, or to identify adverse reactions or to study the pharmacokinetics of a single drug or to compare it with several medicines in order to verify their safety or efficacy (Medicines Act No. 378/2007 Coll.)
- **systematic testing of the drug on patients or healthy volunteers, the main task of which is to:**
  - demonstrate and verify the medical effects of the drug,
  - demonstrate the safety and tolerability of the drug
  - find out what its side effects are,
  - determine the pharmacokinetic parameters and behavior of the drug in the human body.

# Individual parties to the clinical trial



# Basic principles of a clinical trial

- **The course of the clinical trial is globally standardized**, subject to strict rules of Good Clinical Practice, Helsinki Declaration, EU and Czech legislation for conducting clinical trials
- Ethical and correct conduct of studies according to the approved study protocol is supervised by an innovative pharmaceutical company (contract owner, sponsor) and control authorities, i.e. SIDC (State Institute for Drug Control) and EMA (FDA) or other regulatory authorities, and independent ethics committees.

# Basic principles of a clinical trial

27.5.2014

CS

Úřední věstník Evropské unie

L 158/1

I

*(Legislativní akty)*

## NAŘÍZENÍ

**NAŘÍZENÍ EVROPSKÉHO PARLAMENTU A RADY (EU) č. 536/2014**

**ze dne 16. dubna 2014**

**o klinických hodnoceních humánních léčivých přípravků a o zrušení směrnice 2001/20/ES**

*(Text s významem pro EHP)*

Clinical trial (CT)

Low-intervention clinical trial

Non-interventional studies

# Good clinical practice (GCP)

- Decree No. 226/2008 Coll. (Decree on good clinical practice and closer conditions of clinical trial of medicinal products)
- GCP – a set of internationally recognised ethical and scientific quality requirements that must be complied with in the design, implementation, documentation and evaluation of CT.
- GCP training

# Good Clinical Practice (GCP)

## Base points

- CT to be implemented in accordance with legal and ethical principles (DH)
- Before starting a CT, the risks and disadvantages with the expected benefit to the patient and society should be considered. The study can only be carried out if it justifies the expected benefit of the potential risk
- The most important aspect is always the law, safety and health of the subject(s)
- All information on the investigational medicinal product should be sufficient to carry out the CT
- CT must be scientifically reliable with the protocol described in detail
- CT must always be carried out in accordance with the approved protocol
- A qualified physician is always responsible for the care provided during the CT

# Good Clinical Practice (GCP)

## Base points

- Each person conducting a clinical trial should be qualified by its education and relevant experience
- Participation in a clinical trial must be obtained voluntarily for each subject
- All information related to a CT must be recorded in a way ensuring that it is easily and accurately reproduced, reported and verified
- Confidentiality of records in accordance with the law
- The manufacture, handling, transfer and storage of the studied medicinal product must be in accordance with the GMP
- Quality backstop procedures are to be put in place in relation to all aspects of CT

[Strnadová V., 2010](#)

# Overview of approved clinical trials

- An overview of clinical trials is publicly available in Czech republic in the database on the [www.olecich.cz](http://www.olecich.cz).
- The review includes all clinical trials approved since 31 December 2007. Information on clinical trials from 2004 to 2007 is gradually supplemented retroactively.
- [www.olecich.cz](http://www.olecich.cz).
- <https://www.clinicaltrials.gov>

# State Institute for Drug Control (SIDC)

The Act on Pharmaceuticals:

initiation of a clinical trial

without the positive opinion of the ethics committee

without permission / notification of SIDC

is an offense for which

**a fine of up to CZK 5,000,000**

can be imposed

# Intervention from the point of view of a clinical trial:

## Any method of intervention:

- **till the use of the drug/medicinal product**  
(predetermined method of administration, dose, dose adjustment... All according to the protocol)
- **till investigative procedures**  
(new investigative procedures outside normal practice, examination only for CT... All according to the protocol)
- **treatment procedures**  
(rounds beyond normal practice... everything defined in advance by the protocol).

Completion of a questionnaire by a patient/healthy volunteer is not considered an intervention.

# State Institute for Drug Control Authority

Medicine	Intervention	Human subject	
YES	YES	YES	it is a CT Medicine regulated by the SIDC MUST BE SENT for assessment at the SIDC - even if registered LPs are administered in accordance with normal practice (Phase IV)
YES	NO	YES	it may be a study regulated by the SIDC MUST ALWAYS BE SENT/ SUBMITTED FOR ASSESSMENT TO THE SIDC even if registered LPs are administered in accordance with normal practice - pharmacoeconomic studies, post-marketing safety studies

# Ethics Committee

- It is an institution consisting of at least 5 members
- Sufficient education, qualifications and experience
- It assesses the submitted clinical trial from the perspective of the Section 3(1) of the Good Clinical Practice Decree
  - Scientific
  - Medical
  - Ethical

# Ethics Committee

- *„at least 1 EC member must be a person without medical education and without professional scientific qualifications and at least 1 member must be a person who is not in an employment relationship, a similar employment relationship or in a dependent position with a health service provider'*

—

§ 53 para. 2 of the Medicines Act

# Ethics Committee

- task: to protect the rights, safety and health of all subjects with particular attention to clinical trials that may be carried out on vulnerable subjects
- multicentric studies:  
requests for opinions in the case of multicentre clinical trials are submitted to the Ethics Committees for Multicentre Trials (11 in total)
- local studies

# Informed consent

According to the SIDC...

- **Informed consent** to participate in a clinical trial means a voluntary and demonstrable expression of the will of the person (or, where appropriate, his legal representative or guardian) to become the subject of the trial to submit to the clinical test, confirmed by the signature of the subject (or, where appropriate, his legal representative or guardian).
- Informed consent must be given in a written form before the start of the clinical trial.
- The subject shall be duly instructed by the investigator on the conditions under which the clinical trial will be conducted, the risks arising from the submission of the clinical test and any withdrawal from the clinical trial.

# Informed consent

- **The instruction needs to be given in writing, it has to be comprehensible and in a language understood by the subject. It shall be a part of the informed consent and it has to include:**
- information on the clinical trial, including the definition of its objective,
- the expected duration of the clinical trial and the estimated duration of the subject's participation in the clinical trial,
- identification and description of the medical device to be tested,
- a list of health procedures to be performed on the subject,
- information on the potential benefit of the clinical trial to the subject,
- information on the foreseeable risks and potential difficulties associated with subjecting to a clinical trial,
- Information on other treatment or diagnosis options,
- information on the processing of the subject's personal data, including information on the security of their confidentiality
- rights and obligations of the subject.

# Informed consent

- given by the person eligible to give it, who can be the legal representative of the minor or guardian of the person with limited incompetence (see also the definition of incompetent human entities from the Helsinki Declaration, already mentioned in the previous slides)
- if that person is unable to write, oral consent given in the presence of at least one witness shall be permitted; a written record must be made of such oral consent

**Good Clinical Practice (GCP) and International Conference on Harmonization (ICH) are the basis for writing Informed Consent**

# Informed consent

- the text of the informed consent shall be:
  - understandable (not to use technical terms when not necessary for explanation)
  - in a language that the subject understands well
- it is necessary to adapt to the group of patients to which the document is addressed – i.e. more briefly / simply in specific groups of patients (psychiatric patients, dementia, seniors, painful conditions, post-traumatic and postoperative conditions, heart attack, stroke,...)

# Informed consent - formal requirements

- document range and font size (maximum 8 pages, using a standard font size (e.g. Times New Roman 12, Arial 11, etc.)
- phrasing, language (proper use of the Czech language)

## **Introduction to the document:**

- salutation

- offer to participate in the study

("We would like to invite you to participate ... / We offer you participation ...")

# Informed consent - content requirements

- **warning that the clinical trial is a research activity**
- **objectives of the clinical trial**
- **treatments**

# Informed consent - content requirements

- warning of the likelihood of accidental inclusion in different treatment groups where a randomised clinical trial is involved, i.e.:
  - enumeration of individual treatment branches and their size (number of patients / ratio)
  - definition of placebo, randomisation, blinding (including justification)
- procedures during the clinical trial, including all invasive procedures:
  - it is not necessary to write in detail the description of individual visits - just put in a clear table and describe only the essential examination

# Informed consent - content requirements

- responsibility of the subject
- visits to the centre, use of the drug, adherence to the established regimen, contraception, reporting of adverse reactions / personal injury, etc.
- highlighting those elements of the clinical trial that are of the nature of research
- distinguishing between routine care and what is 'extra' in the study

# Informed consent - content requirements

- foreseeable risks or inconveniences to the subject, including any risk to the foetus or breastfed child:
  - adverse reactions (clearly, comprehensibly, briefly, or in a table, not to mention the results of animal research, not to write down the details of previous studies)
  - information on contraception (always indicate that the only reliable method is a combination of one highly reliable and one complementary method)
- expected benefits - the subject should be aware even if no clinical benefit is expected for him or her
- alternative treatments that may be used for the treatment of the subject, their benefits and risks

# Informed consent - content requirements

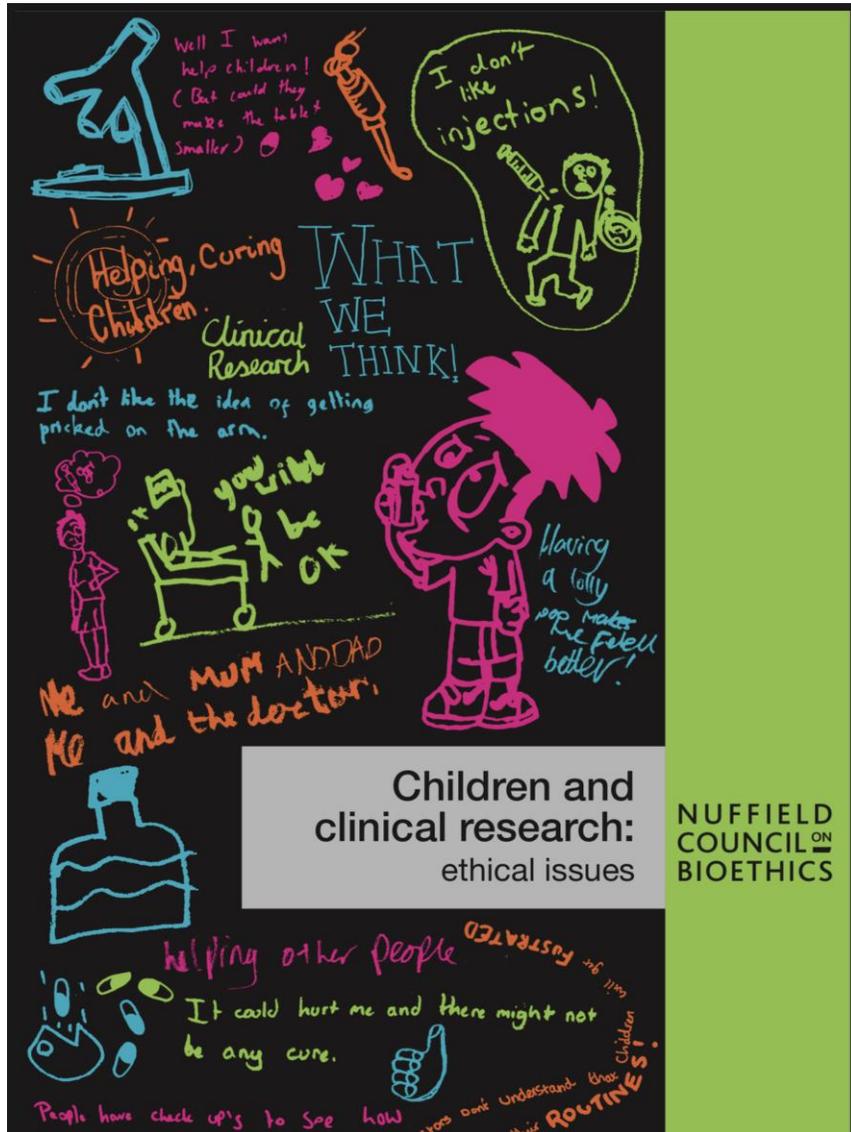
- the treatment and conditions of compensation to be granted to the subject in the event of personal injury resulting from his participation in the clinical trial:
  - information about study insurance according to applicable legislation
  - in the event of personal injury resulting from the participation in the CT, adequate medical care will be provided and paid for
  - in case of injury, the patient reports to the examiner - not directly to the insurance company
- the expected amount of the subject's remuneration for participation in the clinical trial; remuneration must not be provided to vulnerable entities (e.g. minors, persons with limited autonomy)
  - where appropriate, explicitly state that no reward will be providedthe entity's estimated expenses in connection with its participation in the clinical trial
  - compensation of expenses: compensation must be adequate (travel, substantive, loss of time) - can be in the form of vouchers

# Informed consent - content requirements

- information that the subject's participation in the clinical trial is voluntary and that the subject may refuse to participate or withdraw from participation in the clinical trial at any time, without penalty or loss of benefits to which it is otherwise entitled
- if possible in time, it is recommended to indicate that the patient can take the information home and discuss his/her participation in the study with his/her family
- consent that monitors, auditors, the relevant ethics committee and the SIDC will have a granted direct access to the original clinical documentation in order to verify the course of the clinical trial and/or data without breaching the confidentiality of information on subjects
- confidential records and their storage

# Informed consent - content requirements

- foreseeable circumstances and reasons for which the subject's participation in the clinical trial may be terminated
  - (termination by the SH, the investigator and the sponsor, reflects the exclusion criteria defined in the study protocol)
- expected duration of subject participation in the clinical trial
- approximate number of subjects participating in the clinical trial



**Children and clinical research:**  
ethical issues

**NUFFIELD COUNCIL ON BIOETHICS**

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**No consent – no research**  
**No consent – only therapy**

# Informed consent - minors

necessary consent of both parents

*(was repealed only in the Health Services Act)*

Medicines Act:

„...informed consent of the parents or any other legal guardian“

# Informed consent - minors

If the patient reaches 18 years of age during study participation, he/she must re-sign an informed consent for his/her further participation in the study – in the version for adults

By reaching the legal age, consent to the participation of a minor in the CT given by his or her parent or representative ceases to apply.

# Informed consent - minors (information)

- Age groups as instructed by the SIDC:
- 12-14 years - max. 4 pages, simple formulations
- 15-17 years – the scope of information can be identical as in the informed consent for adults  
range of information for adults; information about contraception shall be included

**It does not replace the consent by legal representatives, which is decisive for the child's participation in the CT, but the child's opinion must be taken into account.**

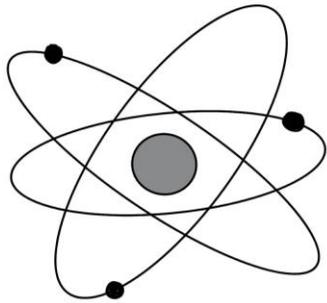
# Informed consent - additional research

- For supplementary research in which not all subjects are involved, a separate informed consent must be established, which:
  - does not repeat the information from the primary informed consent (only reference to it)
  - voluntary participation - does not affect participation in the main study

# Development of a new drug - conditions for the initiation of a CT

- EUDRA CT "number" generated by the European Medicines Agency (EMA)
- SIDC authorisation (based on supplied documents including proof of insurance)
- EC consent (local or multicentre)
- Informed consent and instruction of the patient

# Individual phases of the clinical trial



Preclinical testing





- First administered medicinal product to a human proband
- Very careful / dosing (dose given vs. target dose)
- Healthy volunteers (students)
- Elimination of the risk group (comorbidities, children, pregnant women, etc.)
- Mostly one-time testing - monitored pharmacokinetics of the drug. Usually only at one workplace (monocentric)
- A small number of probands
- **Exceptionally, the drug may also be given to sick patients at this stage (administering it to healthy patients would be inappropriate)**



- The medicine has proven itself in phase 1 CT (safety)
- Depending on the nature of the drug, it is tested on a population of several tens to hundreds of patients at this stage
- Mostly multicentre (usually one country)
- Typically, it is an administration to patients (meeting the indications of the drug)
- In some types of studies, this phase may be divided into IIA and IIB
- **IIA - Safety**
- **IIB - Efficiency**

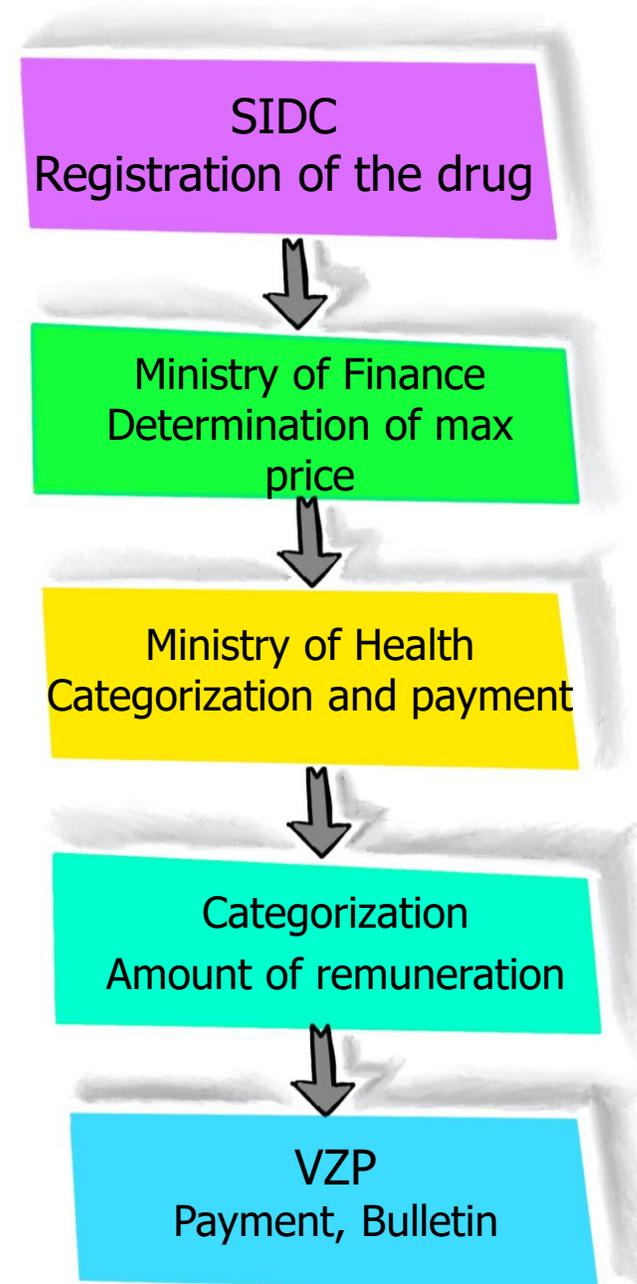


- The pre-marketing phase of the drug
- Hundreds of subjects
- Always multicentre, optimally multinational (Europe vs. USA)
- Demonstration of sufficient population safety and efficacy (superiority) compared to comparator (placebo, SOC)
- **RCT (Randomized Control Trial)**

**Randomization/check/blinding**

**Successful completion – eligibility for registration**

# Registration and sales process





- Post-marketing phase (post-registration phase)
  - Obligation to collect information about a newly registered drug for a minimum of 5 years
  - The drug is indicated for the therapy of several thousand patients – the potential for rare side effects
  - Mandatory reporting of these side effects to SIDC

# Placebo vs. Standard-of-care (SOC) “best available therapy”

- In general, placebo is considered an inert substance or procedure, and the placebo effect (or response) is something that follows placebo administration.
- The paradox of this statement is that if something 'inert' by definition cannot produce the effect
- This can be further confused with terminology such as "active", "true" and "perceived" placebo.
- There is no single placebo effect
- Psychological aspect
- Neurobiological aspect

**The role of placebo in RCTs is currently highly discussed!!!**

# Placebo effect – psychological aspect

- There are many mechanisms that psychologically provoke a placebo effect
  - Expectations
  - Motivation
  - Somatic focus
  - Reward
  - Reducing anxiety
  - Learning and memory

# Placebo effect – neurobiological aspect

- Research on the neurobiology of placebo sensitivity has focused on placebo analgesia
- Potential roles of opioid and non-opioid mechanisms
- The effects of placebo may be partially or completely reversed by opioid antagonists (placebo analgesic effect).
- According to some studies, cholecystikinin (CCK) may play a role - the analgesic placebo effect is potentiated by CCK antagonists.

# GCP training and certificate

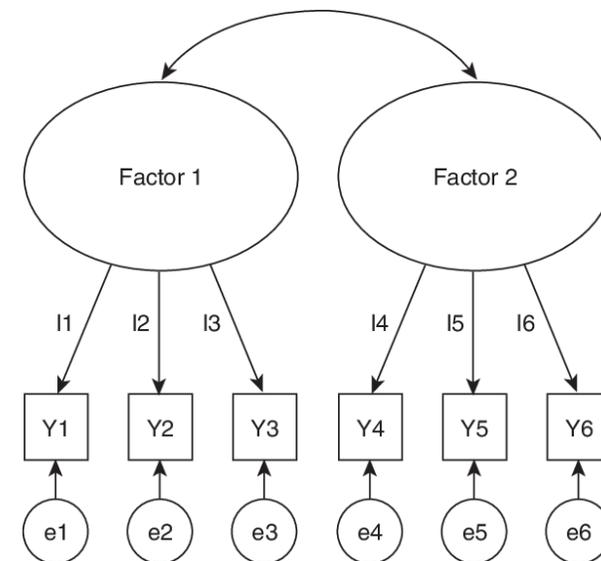
The screenshot shows the Global Health Training Centre website. At the top, there is a navigation bar with the logo 'THE GLOBAL HEALTH NETWORK' and a search bar. Below the navigation bar, the main content area features a large heading 'Welcome to the Global Health Training Centre'. Underneath, there are three columns of content, each with an image and a title: 'Online training' (with an image of people at a computer), 'Webinars' (with an image of a laptop displaying a video conference), and 'Professional development' (with an image of a woman writing). Each column has a brief description of the service. At the bottom of the page, there is a URL: <https://globalhealthtrainingcentre.tghn.org/elearning/>

The certificate is issued by THE GLOBAL HEALTH NETWORK, with the tagline 'Enabling research by sharing knowledge'. It certifies that **BRETISLAV LIPOVY** has completed the e-learning course **ICH GOOD CLINICAL PRACTICE E6 (R2)** with a score of **100%** on **28/08/2019**. The certificate notes that the course has been formally recognised by the following organisations and institutions:

THE GLOBAL HEALTH NETWORK  
Enabling research by sharing knowledge

*This ICH E6 GCP Investigator Site Training meets the Minimum Criteria for ICH GCP Investigator Site Personnel Training identified by TransCelerate BioPharma as necessary to enable mutual recognition of GCP training among trial sponsors.*

Global Health Training Centre  
globalhealthtrainingcentre.org/elearning  
Certificate Number 0741233a-bb3f-40e1-bee2-c86d64a6c3e5 Version number 0



# Questionnaires and psychometrics

**Mgr. Tomáš Kratochvíl**

doc. PhDr. Martin Vaculík, Ph.D.

Department of Psychology

Faculty of Social Studies, Masaryk University Brno

# Content of the lecture

## Questionnaire surveys and psychometrics

- Motivation. What is a questionnaire and what is it useful for?
- Where and how to get a questionnaire?
- How do we create questionnaires?
- How to adapt a foreign questionnaire?
- How to verify the original and translated questionnaire?



# Introduction of the researcher

Mgr. Tomáš Kratochvíl – work psychologist and data analyst at the Department of Psychology

– A team of work psychologists led by doc. PhDr. Martin Vaculík, Ph.D.

– KPSY FSS MU is a workplace providing

- **scientific research activity**
- **solutions for scientific projects**
- related services, especially **psychological experimental, correlational and qualitative research, development and adaptation of psychodiagnostic methods**, organization of studies and data analysis, psychological advice in the period of pandemic and refutation of work-psychology myths

– KPSY FSS MU provides full-time teaching and management of final thesis within the fields of study of single-major and major/minor psychology.

MUNI Katedra  
FSS psychologie



# How is it useful for a dentist?

Screening for a problem that is costly to diagnose

- neurological disease (ACE-R), oral cancer...

Finding out the medically important characteristics of a person or their attitude

- „Health Literacy in Dentistry“

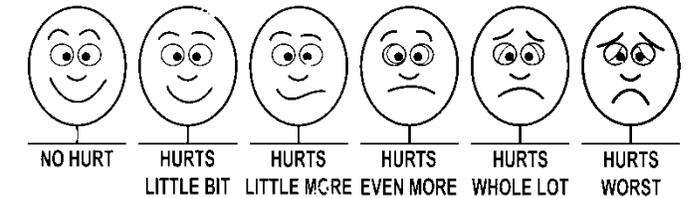
Behavior, feelings or attitudes of research participants

- e.g. we want to verify compliance with various hygiene habits

People's feedback on treatment/staff attitude/...

- satisfaction of the "customer" with the service

## PAIN MEASUREMENT SCALE



# What is a professional questionnaire?

## Standardized stimulus material

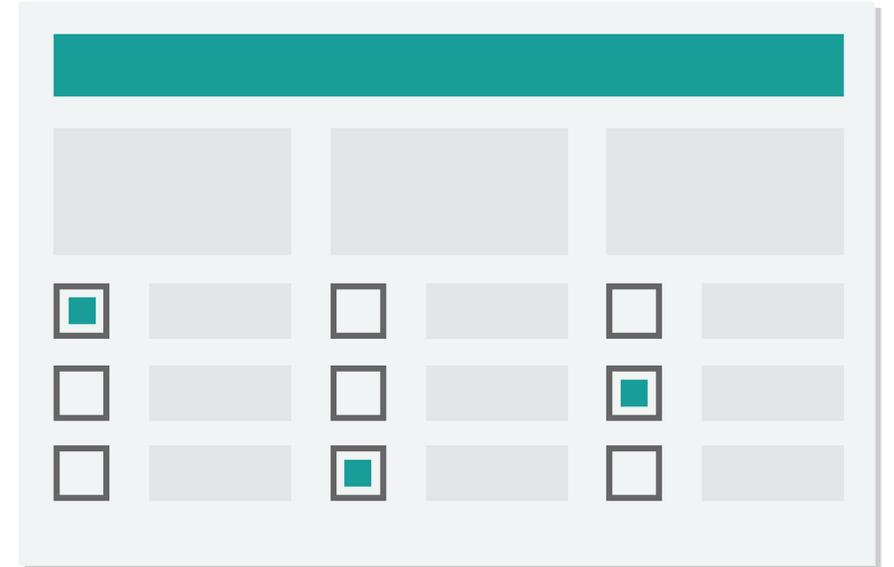
- has a predetermined purpose
- questions are based on a theoretically based definition
- its functionality and comprehensibility is verified

## Standardized method of administration

- instructions are understandable and always the same
- the administrator is trained

## Standardised method of evaluation

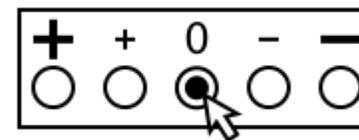
- there are evaluation guidelines in the manual
- conversion from gross scores to  $\Sigma$ , M, z-score...



# What types of answers exist in a questionnaire

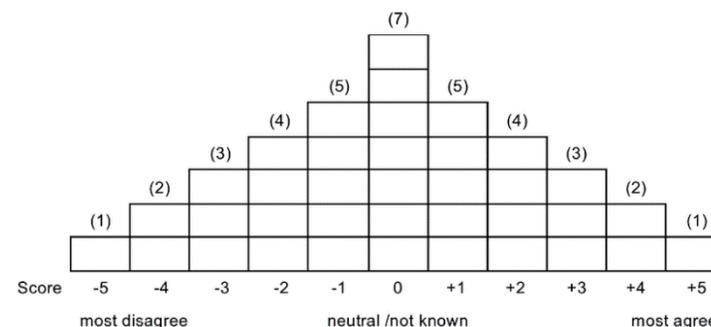
## Likert

- usually 5- or 7-point (agree-disagree, always-never...)
- should be symmetrical (as many negative/low points as positive/high points)
- the middle value (such as „neither agree nor disagree“) does not necessarily have to be included
- one of the most widely used solutions in social sciences



## Q-sorting

- sorting statements by their valence
- it is also used for the rater agreement/reliability



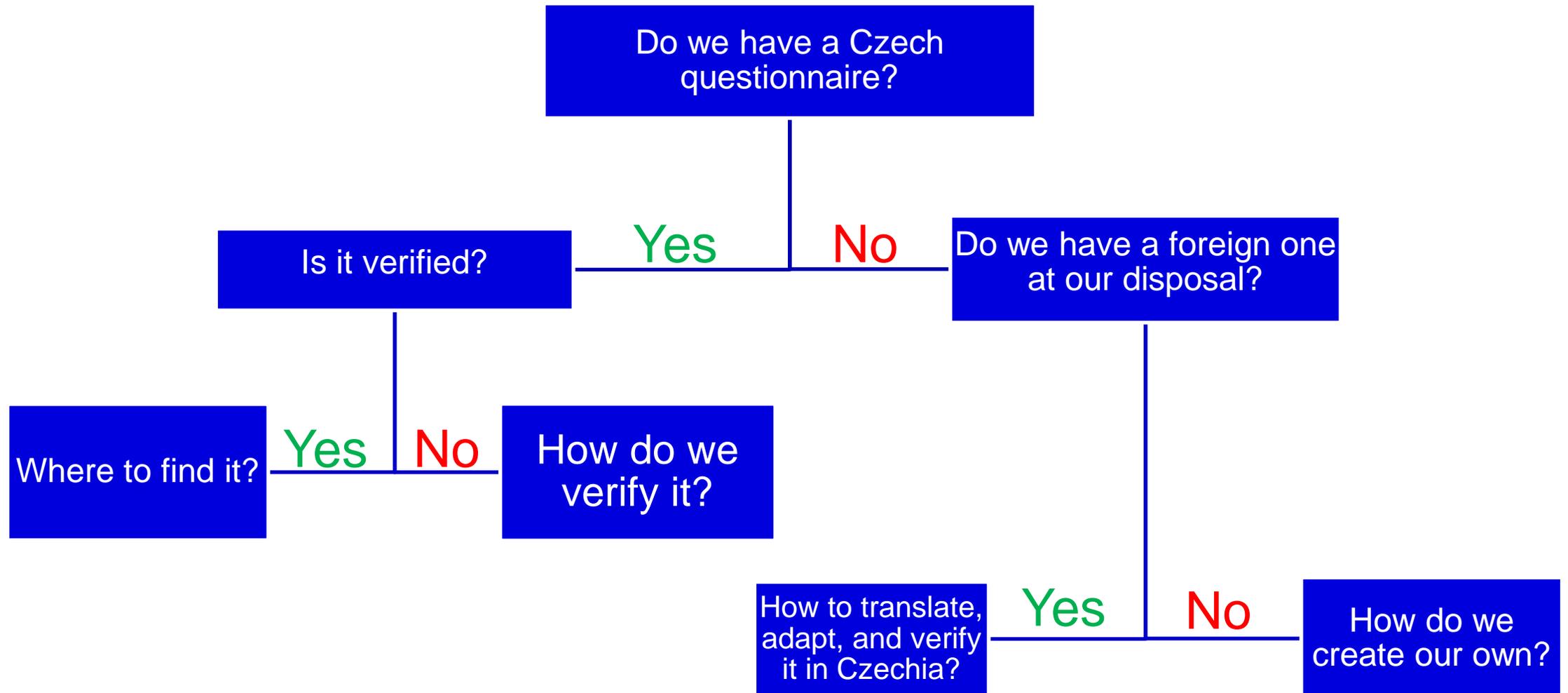
## Dichotomic, demographic, verbal and more

- used for economicality, control of intervening phenomena, getting details
- we must consider their use based on our aims

# Dis/advantages of a questionnaire

...or why it may be more useful than to talk with the client/subjects.

Interview		Questionnaire
Lower	standardizability	Higher
Higher	potential validity	Lower
Higher	influence of the interviewer	Lower
Higher	response rate	Lower
Higher	price (\$ and time)	Lower
Lower	anonymity	Higher
Higher	the ability to control understanding and answering the questions	Lower



# How to obtain a questionnaire method?

If it is a psychodiagnostic test (intelligence test, attention test, depression inventory...)

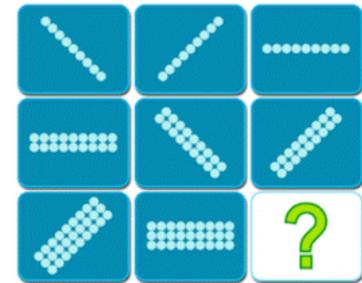
- in the catalogues of publishers of psychological tests ([Testcentrum](#), [Psychodiagnostika](#))
- in the [Kabinet diagnostických metod](#) KPSY FSS MU
- for research purposes, sometimes in earlier studies

If we need just information about a test

- yearbooks (in psychology [Buros](#)), books
- magazines focused on method reviews (e.g., [Testforum.cz](#))

If it is a specific questionnaire (attitudes, interests, experience, evaluation...)

- previous research
- Bc./Mgr./Ph.D. theses of students of the given field



Which figure logically belongs on the spot of the question mark?

I feel my manager is active:

Strongly disagree	Disagree	Neutral	Agree	Strongly agree
<input type="radio"/>				

---

I feel my manager is cheerful:

Strongly disagree	Disagree	Neutral	Agree	Strongly agree
<input type="radio"/>				

# How to work with an obtained method

## Instructions for administration

- in psychodiagnostics it is usually in the **method manual**
- if it exists, it specifies the use procedure and areas of use
- e.g., what to say before the administration, whether to administer orally/written

## Evaluation and standards

- sometimes we just add/average scores, other times we code intricately
- methods tend to have standards for different populations (e.g., men vs. women)

## Interpretation

- **recommendations** may be based on manuals and/or articles
- it needs to be written in regard to other information and its sources



# How to create questionnaire items

## Items with forced answers

- we do not usually use
  - it invalidates the data (one may answer randomly and we cannot know about it)
  - when a person leaves many blank answers, we easily recognize them as those to be removed from the data
  - If there is no "I don't know" option and the participant does not know the answer = they cannot answer properly
- can be meaningful in case of controlling variables

## Simple wording

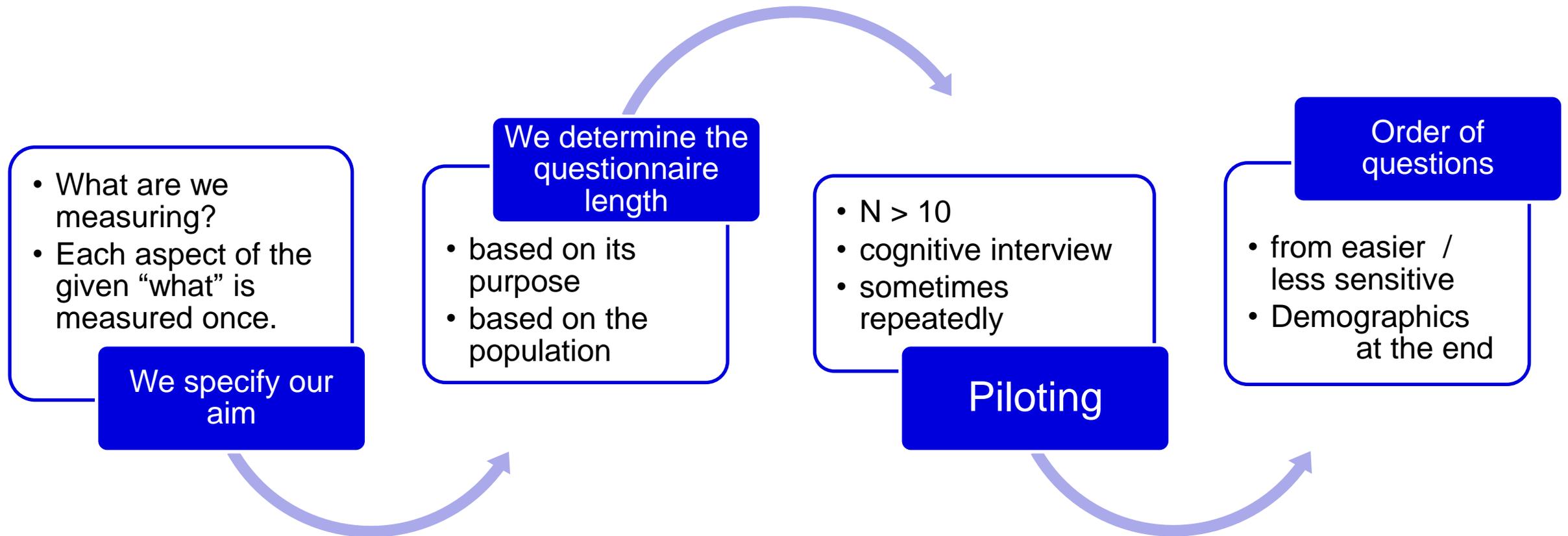
- ideally simple sentences, we avoid coordinate conjunctions
  - “If my gums were bleeding, I'd know what it means **and how to react**. When brushing my teeth, my gums or my teeth hurt.”
  - “If there was blood coming out of my gums, I'd know what it means.”; “When brushing my teeth, I have the feeling of a burning mouth.”

## “Saturation” of the construct

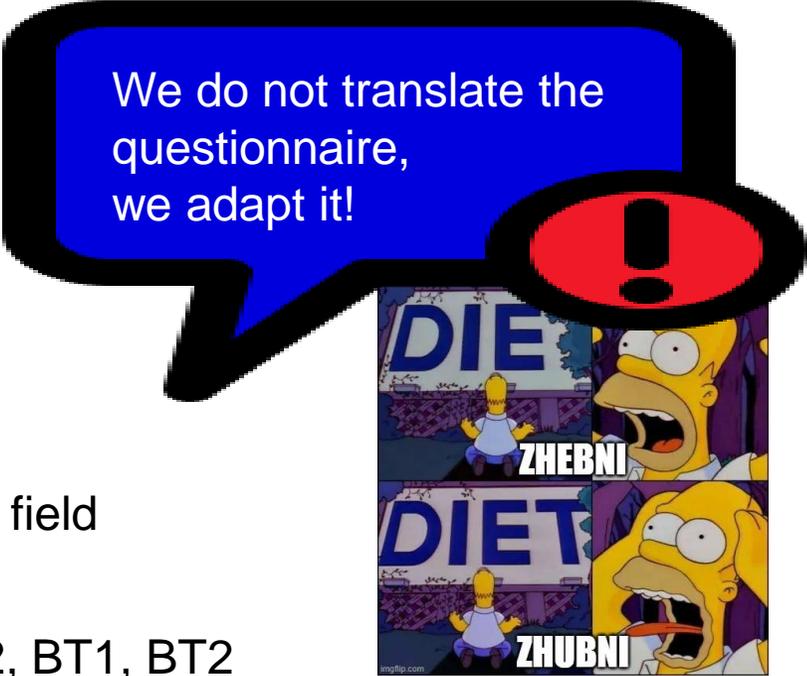
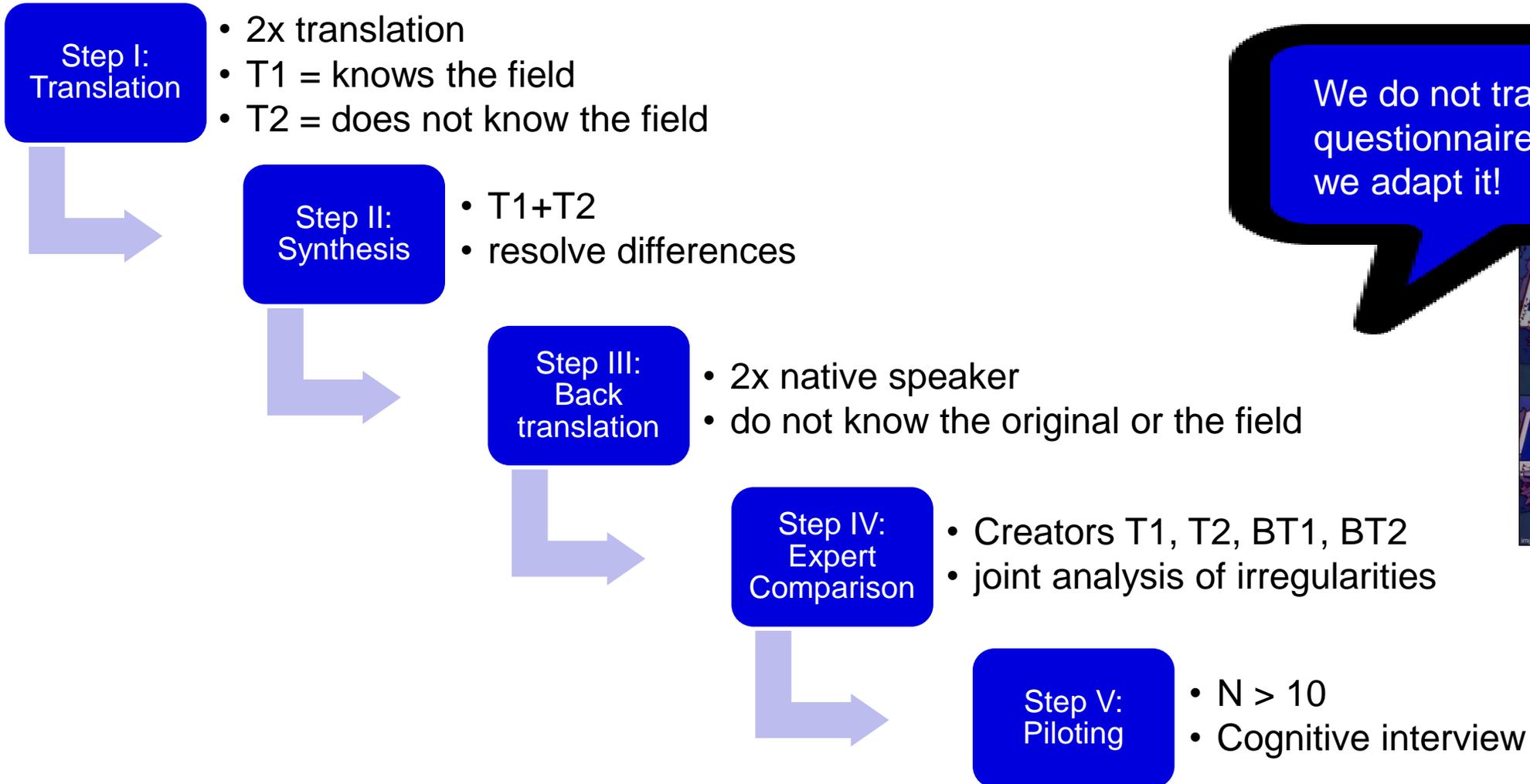
- questionnaire cannot contain all possible items
  - we select key items
  - we cover as many parts of the construct as possible



# How to "compose" items in a questionnaire



# How to adapt a foreign questionnaire to Czech language?



# What affects a questionnaire and what to do about it?

## social desirability

- reassurance of anonymity
- multiple sources of information
- multiple measurement

## Order effect

- perform piloting
- general → specific items

## straight-line (1, 1, 1...)

- Rotate the range  
(yes ... no) →  
(no ... yes)
- inverted items  
("I'm taller than most."  
"I often tiptoe.")
- 

## Tendencies in responding

- neutral items
- selecting a scale

## memory errors

- define the time period
- give enough time to respond

# How to verify a questionnaire - validity

## Construct validity

- do we measure what we think we measure?
- what are its dimensions?
- it is verified by factor analysis, a relation with a close construct
- **Height questionnaire:** strongly related to weight, weakly to self-esteem

## Content validity

- the item “fits” into the questionnaire based on theory and expert opinion
- **Height questionnaire:** “I’m taller than most people.” X “I have long legs.”

## Criterion-related validity

- concurrent or predictive relation to the criterion
- **Height questionnaire:** success in basketball, height measured by the meter



# How to verify the questionnaire - reliability

- how exactly do we measure? with what error?

## Internal consistency

- the accuracy with which all items find out the same thing
- it is verified by Cronbach's  $\alpha$ , McDonald's  $\omega$

## Reliability in time (test-retest)

- with what error do we measure in time T1 and time T2
- it is verified by correlation of repeated measurements

## Split-half reliability

- what is the error in measurement between two halves of one test
- a corrected correlation of two well-chosen halves



# How and in what to analyze it

What analysis do we usually use to verify a questionnaire?

- exploratory and confirmatory factor analysis (CTT)
- Rasch Model (IRT)
- network models

What program to use to calculate the FA

- the basics can be done in SPSS (poorly)
- exploratory: CEFA, Matlab
- confirmation: R Studio (lavaan), AMOS

What program to use to calculate reliability?

- Cronbach's  $\alpha$  = SPSS
- McDonald's  $\omega$  = R Studio (psych)

The image displays three software interfaces related to factor analysis:

- SPSS Statistics Data Editor:** Shows the 'Analyze' menu with 'Dimension Reduction' selected, and a sub-menu showing 'Factor...', 'Correspondence Analysis...', and 'Optimal Scaling...'.
- CEFA Tool 3.04:** A dedicated software for Comprehensive Exploratory Factor Analysis. It features a main menu with options like '1. Set File Options', '2. Set Factor Analysis Options', '3. Set Rotation Options', and '4. Set Standard Errors Options'. It also has an 'Actions' section with '5. Write CEFA Script File (\*.c...)', '6. Run CEFA', 'Open Existing File', and 'Write Data File Header (\*.in...)'. A sub-menu is open showing 'Reliability Analysis...', 'Multidimensional Unfolding (PREFSCAL)...', 'Multidimensional Scaling (EROSCAL)...', and 'Multidimensional Scaling (ALSCAL)...'.
- R Studio:** Shows an R script for a 1-factor model. The script includes: 

```
1 # 1-factor model
2
3 #Getting the file
4
5 library(readxl)
6 library(dplyr)
7 RSE <- read.csv("C:/Users/AMD/Downloads/cormat2.csv")
8 RSE <- select(RSE, 2:11)
9 view(RSE)
10
11 RSE <- as.matrix(RSE)
12
13 #Creating model
14
15 model1F <- '
16 RSEF =~ NA*Q1 + Q2 + Q3 + Q4 + Q5 + Q6 + Q7 + Q8 + Q9 + Q10
17
18 ### With no factors to correlate
19
20 RSEF =~ 1*RSEF
21
22
23 #Model Fitting
24 fit1F <- cfa(model = model1F, sample.cov = RSE, sample.nobs = 1000, estimator = "WLSMV")
25
26 #Output together
27 lavInspect(fit1F)
28
29 #Output of each
30 lavInspect(fit1F)$lambda
31 lavInspect(fit1F)$psi
32
```

# What is the logic behind factor analysis?

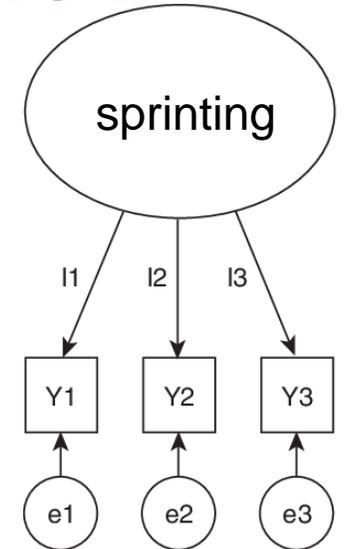
## Manifest and latent variable

Y1. How fast will they run 50 m?

Y2. How fast will they run 100 m?

Y3. How fast will they run 400 m?

ability to sprint quickly



## Dental example: Health Literacy in Dentistry

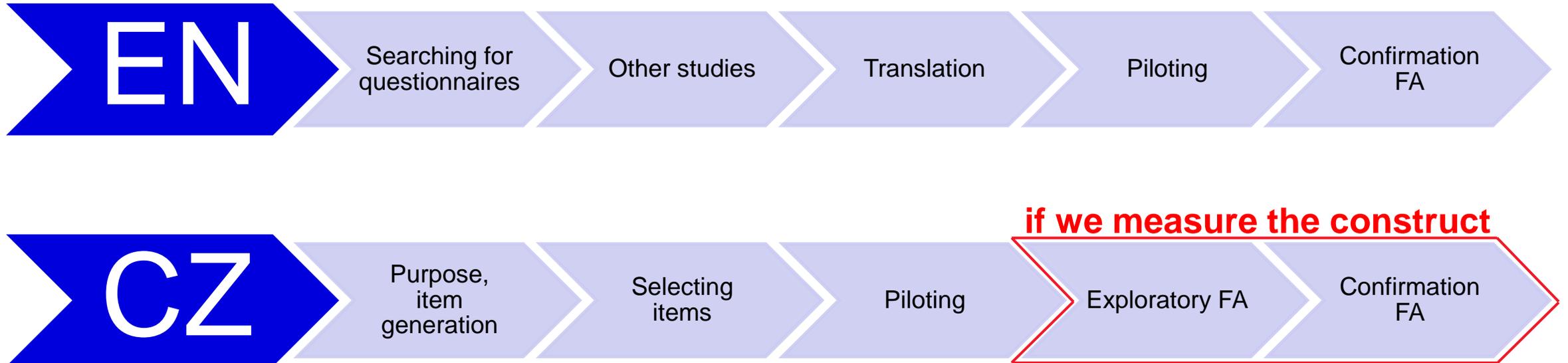
Q1. Are you able to pay to see a dentist?

Q2. Are you able to afford transport to dental clinics?

Q3. Are you able to pay to manage your dental health?

financial hindrances

# Summary of the whole process



# Practical example at the end

## Brno Height Questionnaire (shortened version)

- developed as a demonstration of psychometrics
- is evaluated on the basis of the mentioned CTT
- items are summed up to a score

## Link

- <http://fssvm6.fss.muni.cz/vyska/>

## Authors

- **validation study:** Karel Rečka (2018)
- **shortened version:** Martin Tancoš (2019)
- **web application:** Hynek Cígler (2019)



# Sources

## Research studies

- Jones, K., Parker, E., Mills, H., Brennan, D., & Jamieson, L.M. (2014). Development and psychometric validation of a Health Literacy in Dentistry scale (HeLD). *Community Dental Health, 31*, 37–43. doi: 10.1922/CDH\_3269Jones07
- Rečka, K. (2018). *Dotazník výšky a váhy*. Brno, Masarykova univerzita: nepublikovaná DP.

## Monographs

- Goodwin, C. J. (2008). *Research in Psychology: Methods and Design* (5. ed.). NJ: Willey & Sons Inc.
- Urbánek, T., Denglerová, D., & Širůček, J. *Psychometrika: Měření v psychologii*. Praha: Portál, 2011.

# Introduction to biostatistics

RNDr. Michaela Cvanová

Danka Haruštiaková

Eva Korit'áková

Institute of Biostatistics and Analyses,  
Faculty of Medicine, Masaryk University Brno

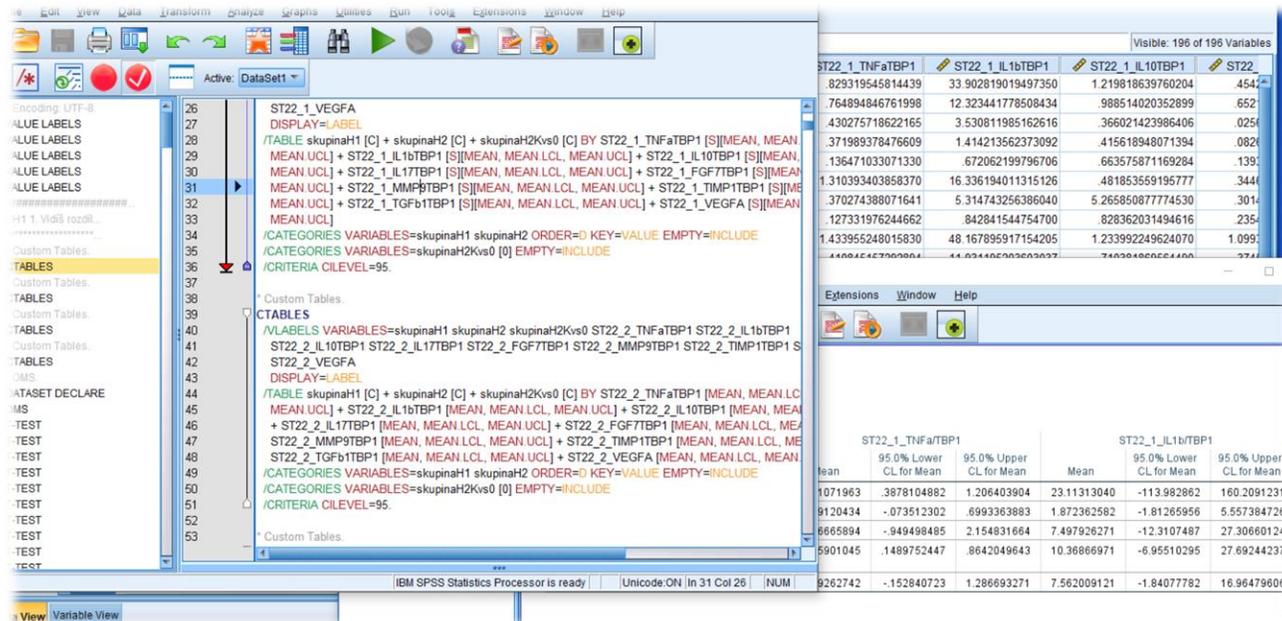


TABLE 1. Influence of the Paroxetine Treatment Depending on the G2677T/A Genotype

	G2677T/A genotypes			$p^5$	G2677T/A alleles		
	GG (n = 12)	GT (n = 17)	TT (n = 7)		G (n = 41)	T (n = 31)	$p^5$
Desire disorders <sup>1</sup>	0	4 (23.5%)	1 (14.3%)	<i>ns</i>	4 (9.8%)	6 (19.4%)	<i>ns</i>
Drug-naïve patients	1 (8.3%)	7 (41.2%)	1 (14.3%)	<i>ns</i>	9 (22.0%)	9 (29.0%)	<i>ns</i>
Change in the desire after the treatment <sup>2</sup>				<i>ns</i>			<i>ns</i>
Disappearance of the disorder	0 (0.0%)	1 (5.9%)	0 (0.0%)		1 (2.4%)	1 (3.2%)	
New occurrence of the disorder	1 (8.3%)	4 (23.5%)	0 (0.0%)		6 (14.6%)	4 (12.9%)	
Change in the $p^4$	<i>ns</i>	<i>ns</i>	<i>ns</i>		<i>ns</i>	<i>ns</i>	
Orgasm disorders <sup>1</sup>	1 (8.3%)	2 (11.8%)	3 (42.9%)	<i>ns</i>	4 (9.8%)	8 (25.8%)	<i>ns</i>
Drug-naïve patients	4 (33.3%)	4 (23.5%)	2 (28.6%)	<i>ns</i>	12 (29.3%)	8 (25.8%)	<i>ns</i>
Change in the orgasm after the treatment <sup>2</sup>				<i>ns</i>			<i>ns</i>
Disappearance of the disorder	0 (0.0%)	0 (0.0%)	1 (14.3%)		0 (0.0%)	2 (6.5%)	
New occurrence of the disorder	3 (25.0%)	2 (11.8%)	0 (0.0%)		8 (19.5%)	2 (6.5%)	
Change in the $p^4$	<i>ns</i>	<i>ns</i>	<i>ns</i>		0.008	<i>ns</i>	
Lubrication disorders <sup>1</sup>	2 (16.7%)	1 (5.9%)	4 (57.1%)	0.018	5 (12.2%)	9 (29.0%)	NS
Drug-naïve patients	7 (58.3%)	3 (17.6%)	4 (57.1%)	0.045	17 (41.5%)	11 (35.5%)	NS
Change in the lubrication after the treatment <sup>2</sup>				0.021			0.050
Disappearance of the disorder	0 (0.0%)	0 (0.0%)	2 (28.6%)		0 (0.0%)	4 (12.9%)	
New occurrence of the disorder	5 (41.7%)	2 (11.8%)	2 (28.6%)		12 (29.3%)	6 (19.4%)	
Change in the $p^4$	<i>ns</i>	<i>ns</i>	<i>ns</i>		<0.001	<i>ns</i>	

<sup>1</sup>Individuals with the given sexual dysfunction are displayed as relative and absolute frequencies. The numbers of individuals with a disorder are always recorded before (drug-naïve) and after paroxetine treatment.

<sup>2</sup>Presence/absence of a disorder assesses the number of patients in whom a change in presence/absence of the monitored disorder was observed.

<sup>3</sup>Statistic significance was assessed using the Fisher's exact test or the exact Monte Carlo test.

<sup>4</sup>Changes in a disorder after paroxetine treatment were assessed using the McNemar's test for pairwise monitoring.

## Statistical joke

“Statistician is a person, who lays with his head in an oven and his feet in a deep freeze, stating, ‘On the average, I feel comfortable’.”

C. Bruce Grossman, approx 1958



# Introduction of the researcher and his team

Michaela Cvanová, RNDr. – analyst at the Institute of Biostatistics and Analyzes, FM MUNI

- **Data analysis team led by Jiří Jarkovský, PhD.**
- IBA FM MU is
  - research institute
  - **oriented to the solution of scientific projects** and
  - providing related services, especially in the field of **biological and clinical data analysis**, organization and management of clinical trials and syntheses, software development and ICT applications.
- Educational activities of the IBA FM MU include teaching at Faculty of Medicine and Faculty of Science and supervision of theses; the institute is also a guarantor of two study programs: Public Health, and **Computational Biology and Biomedicine.**

**MUNI**  
**MED** Institut  
biostatistiky  
a analýz



# Content of the lecture

## Introduction to the Biostatistics

- Motivation. Biostatistics and its importance
- What is data and what does it look like
- What variables do we have
- How we can describe and visualize the variables
- We can test hypotheses statistically

# Motivation. Biostatistics and its importance



# What will you take away from the lecture



Ability to better understand the published result



Knowledge: What is the mean, median, confidence interval, standard deviation and more, and the differences between them



Ability to read tables and graphs



You will improve critical thinking in the field of statistics



The courage to analyze your own data

# What is Biostatistics?

- Biostatistics is **the application of statistical methods** in solving biological and clinical problems.
- The aim is to **obtain useful information from the observed data.**
- It is focused on a **specific problem**, not on theoretical aspects. However, this does not mean that statistical methods can be used headlessly.

The screenshot displays the IBM SPSS Statistics Processor interface. The main window is the Syntax Editor, showing a series of commands for data analysis. The commands include:

```
26 ST22_1_VEGFA
27 DISPLAY=LABEL
28
29 /TABLE skupinaH1 [C] + skupinaH2 [C] + skupinaH2Kvs0 [C] BY ST22_1_TNFaTBP1 [S][MEAN, MEAN
30 MEAN UCL] + ST22_1_IL1bTBP1 [S][MEAN, MEAN LCL, MEAN UCL] + ST22_1_IL10TBP1 [S][MEAN,
31 MEAN UCL] + ST22_1_IL17TBP1 [S][MEAN, MEAN LCL, MEAN UCL] + ST22_1_FGF7TBP1 [S][MEAN,
32 MEAN UCL] + ST22_1_MMP9TBP1 [S][MEAN, MEAN LCL, MEAN UCL] + ST22_1_TIMP1TBP1 [S][ME
33 MEAN UCL] + ST22_1_TGFb1TBP1 [S][MEAN, MEAN LCL, MEAN UCL] + ST22_1_VEGFA [S][MEAN
34 MEAN UCL]
35
36 /CATEGORIES VARIABLES=skupinaH1 skupinaH2 ORDER=0 KEY=VALUE EMPTY=INCLUDE
37 /CATEGORIES VARIABLES=skupinaH2Kvs0 [0] EMPTY=INCLUDE
38 /CRITERIA CILEVEL=95.
39
40 * Custom Tables.
41
42 CTABLES
43
44 * Custom Tables.
45
46 CTABLES
47
48 * Custom Tables.
49
50 CTABLES
51
52 * OMS.
53
54 DATASET DECLARE
55 OMS
56 T-TEST
57
58 T-TEST
59
60 T-TEST
61
62 T-TEST
63
64 T-TEST
65
66 T-TEST
67
68 T-TEST
69
70 T-TEST
```

The Data Viewer on the right shows a table with 196 variables. The visible variables are ST22\_1\_TNFaTBP1, ST22\_1\_IL1bTBP1, ST22\_1\_IL10TBP1, and ST22\_1\_IL17TBP1. The table contains numerical data for each variable across multiple rows. Below the table, there is a summary table for the ST22\_1\_TNFaTBP1 variable, showing the mean, 95% lower confidence limit (CL), and 95% upper confidence limit (CL) for the mean.

Mean	95.0% Lower CL for Mean	95.0% Upper CL for Mean	Mean	95.0% Lower CL for Mean	95.0% Upper CL for Mean
1071963	-.3878104882	1.206403904	23.11313040	-113.982862	160.2091231
9120434	-.073512302	6.993363883	1.872362582	-1.81265956	5.557384726
6665894	-.949498485	2.154831664	7.497926271	-12.3107487	27.30660124
5901045	1.489752447	8.642049643	10.36866971	-6.95510295	27.69244237
8262742	-1.52840723	1.286693271	7.562009121	-1.84077782	16.96479606

# Motivation – an example from practice

The Journal of **EVIDENCE-BASED** DENTAL PRACTICE

## FEATURE ARTICLE

# EVIDENCE OF DIETARY CALCIUM AND VITAMIN D INADEQUACIES IN A POPULATION OF DENTAL PATIENTS



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J Evid Base Dent Pract 2016: [213-219]

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j.jebdp.2016.07.005](http://dx.doi.org/10.1016/j.jebdp.2016.07.005)

Table 1. Dietary calcium and vitamin D intake by sex as percent of daily recommended intake.

Variable	Male (n = 305)		Female (n = 366)	
	Mean ± SD	Median (IQR)	Mean ± SD	Median (IQR)
Age <sup>a</sup>	49.2 ± 19.25	52.0 (25-66)	48.1 ± 19.68	49.0 (27-65)
Body mass index (kg/m <sup>2</sup> ) <sup>a</sup>	25.1 ± 4.67	24.0 (22-27)	26.0 ± 4.38	26.0 (22-28)
Calcium: all patients <sup>b</sup>	76.3 ± 33.12	72.0 (53-104)	85.8 ± 40.94	70.0 (57-95)
Calcium: < 50 years of age <sup>c</sup>	83.1 ± 35.29 <sup>d</sup>	78.0 (58-103)	99.5 ± 46.07 <sup>d</sup>	91.0 (70-122)
Calcium: > 50 years of age <sup>a</sup>	70.9 ± 30.91	64.0 (50-87)	71.8 ± 28.87	67.0 (51-92)
Vitamin D: all patients <sup>a</sup>	52.2 ± 43.38	38.0 (22-70)	65.4 ± 61.81	43.0 (23-86)
Vitamin: D < 50 years of age <sup>b</sup>	68.0 ± 50.77 <sup>d</sup>	57.0 (29-95)	89.7 ± 71.91 <sup>d</sup>	67.5 (34-123)
Vitamin: D > 50 years of age <sup>a</sup>	37.9 ± 29.31	33.0 (18-49)	40.1 ± 34.43	31.0 (16-52)

IQR, interquartile range; n, number of patients; SD, standard deviation. Calcium adequate intakes (AIs) for women and men: age 18-50 years, 1000 mg/day; age > 50 years, 1200 mg/day. Vitamin D adequate intake (AI) for women and men: age 18-50 years, 200 IU/day; age > 50 years, 400 IU/day.

<sup>a</sup>Difference between female and male not significant.

<sup>b</sup>Difference between female and male,  $P < .05$ .

<sup>c</sup>Difference between female and male,  $P < .01$ .

<sup>d</sup>Difference between same gender age groups,  $P < .01$ .

Figure 2. Frequency distribution of dietary vitamin D intake for all patients for the period 2003-2013 as percentage of assumed Adequate Intake (AI; n = 670).

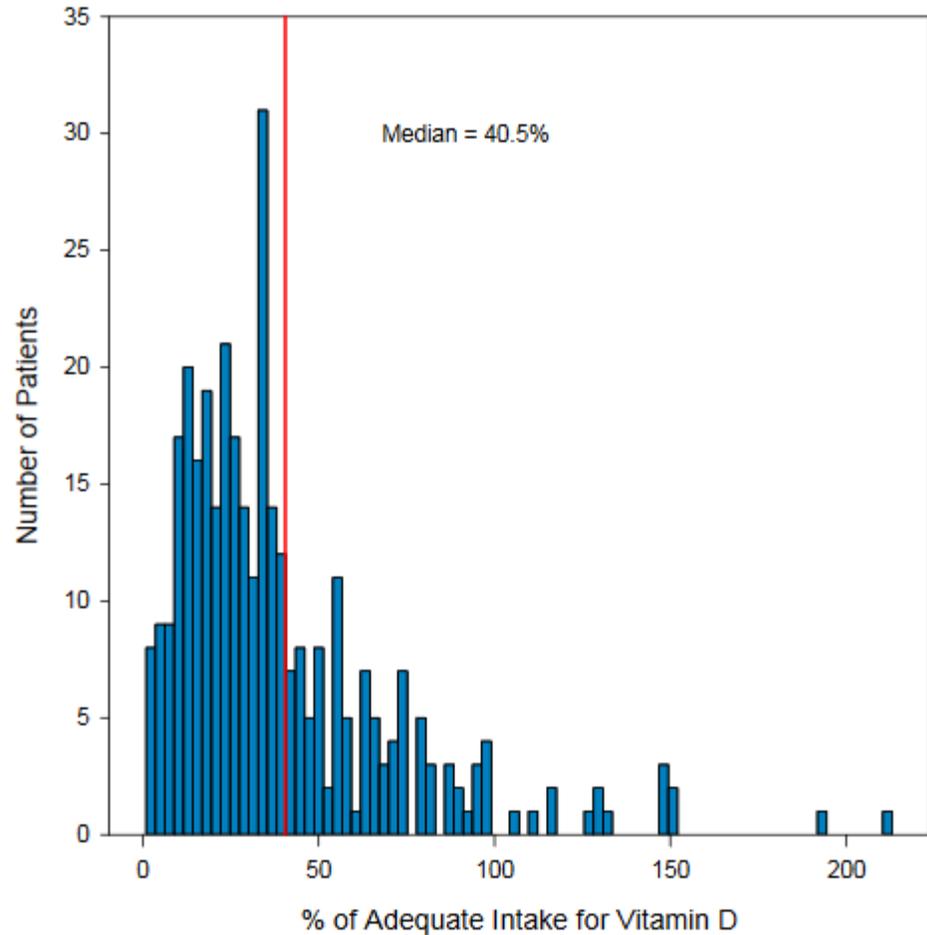
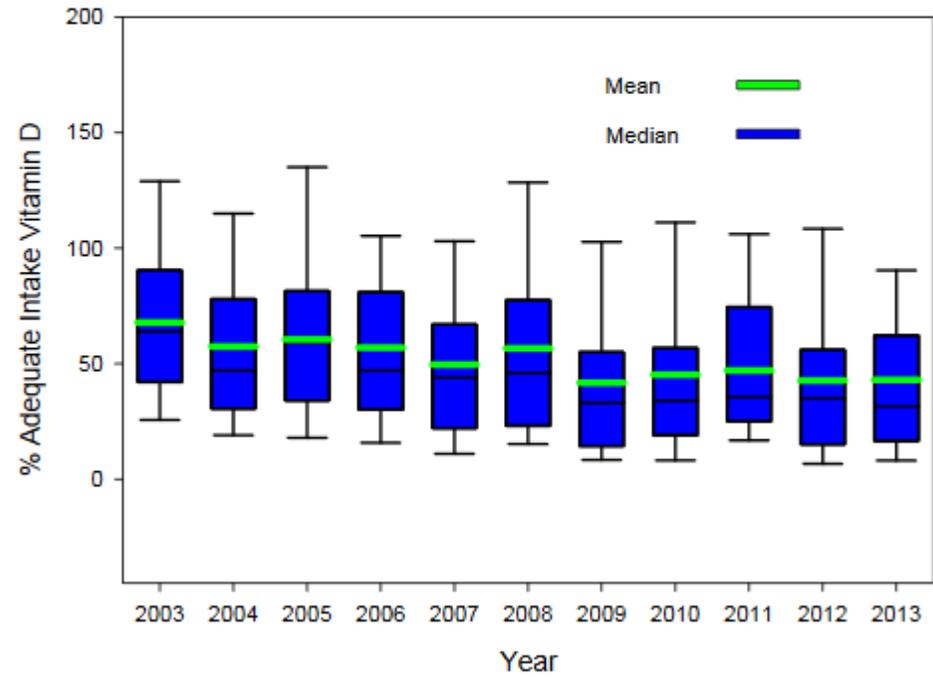


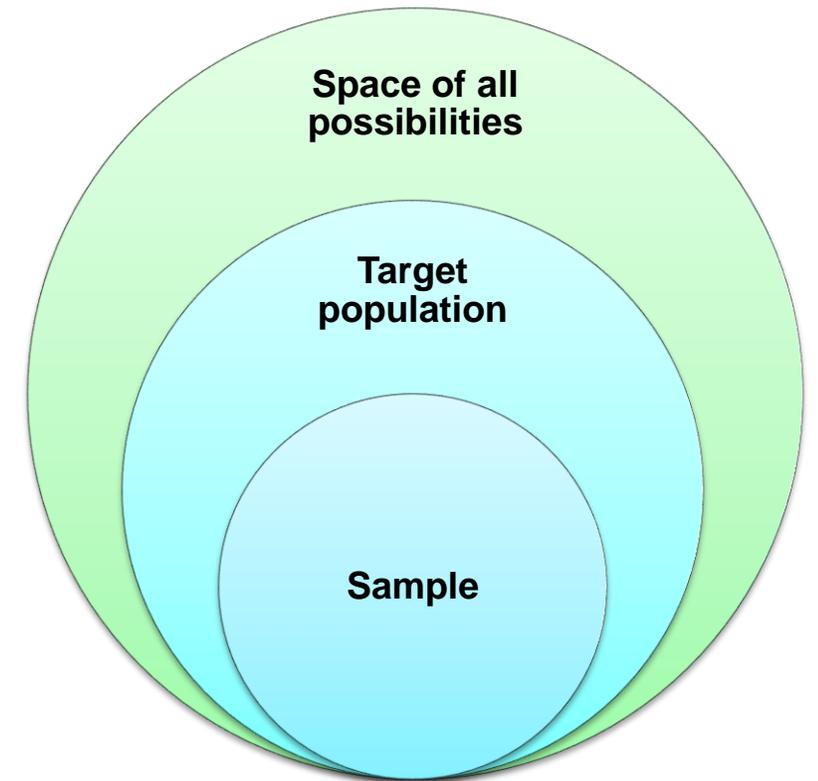
Figure 4. Box plot of means and median dietary vitamin D intake for all patients by year. Estimates of intake are percentage of existent Adequate Intake (AI) for the period 2003-2013 (n = 670).



# **What is data and what does it look like**

# Data

- **Target population** – a group of subjects about whom we want to find some information (e.g. all patients with a given diagnosis in the Czech Republic).
- Target population = basic set
- **Experimental sample** – a subgroup (selection) from the target population that “is available to us” (observed set).
  - It must match the characteristics of the target population.
  - We want to generalize the results to the entire target population.
- **Data** – numerical or verbal record of information about the observed group of people, medical facilities, etc.



# Sample data file

VARIABLE (character)

Basic data unit  
(objects, subjects)

	A	B	C	D	E	F	G	H
1	ID	datum odběru a vyšetření	věk v době odběrů a vyšetření	pohlaví_muž =0, žena=1	národnost česká=0, slovenská=1	váha v kg	výška v cm	BMI
2	ZL_01	06.04.2017	21	0	0	63	184	18,6
3	ZL_02	06.04.2017	21	1	1	57	167	20,43
4	ZL_03	06.04.2017	23	1	0	62	163	23,34
5	ZL_04	06.04.2017	22	1	1	64	174	21,14
6	ZL_05	06.04.2017	21	0	0	80.4	177	25,66
7	ZL_06	06.04.2017	21	0	0	90	178	28,41
8	ZL_07	06.04.2017	21	1	0	57	173	19,04
9	ZL_08	06.04.2017	22	1	0	65	169	22,75
10	ZL_09	06.04.2017	22	1	1	75	179	23,4
11	ZL_11	18.12.2017	22	1	0	59	170	20,42
12	ZL_12	18.12.2017	22	1	0	57	164	21,19
13	ZL_14	19.04.2017	21	1	0	62	174	20,48
14	ZL_15	19.04.2017	21	1	0	51	162	19,81
15	ZL_16	19.04.2017	20	1	0	54	165	19,83
16	ZL_17	08.11.2017	21	0	0	76	173	25,39
17	ZL_18	19.04.2017	21	1	1	62	173	20,71
18	ZL_21	19.04.2018	21	1	0	48	156	19,72

# Data storage policies

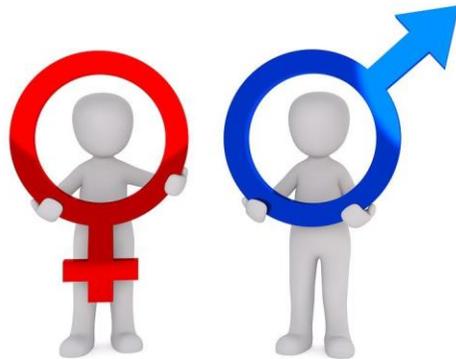
- Correct and clear data storage is the basis of their later analysis.
- It is advisable to **think about how the data will be stored before starting the data collection.**
- For computer data processing, it is necessary to store data in tabular form:
  - Each **column contains only one type of data**, identified by a column header (column headers must be unique).
  - Each **row contains a minimum unit of data** (e.g. patient, one patient visit, etc.).
  - It is not permissible to combine numeric and text values in one column.
  - Comments are stored in separate columns.
  - For text data, it is necessary to check for typing errors.
  - Dates are a specific type of data and they must be stored in a correct formate

# **What variables do we have**

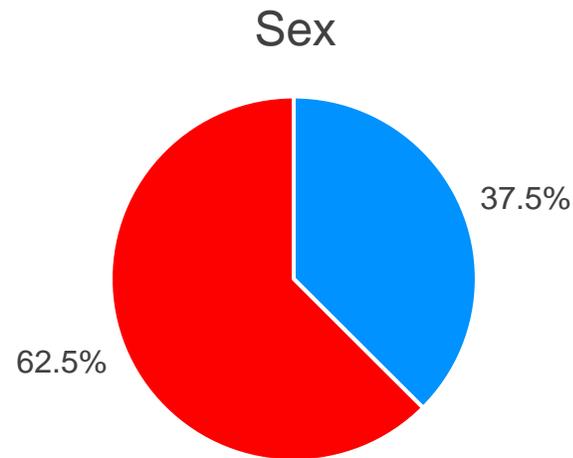
# Variables described by **two values**

- Only two categories
- They are usually coded using digits 1 (presence of the character / yes) and 0 (absence of the character / no)

– *Example:*



– Equals?



■ male (n=39) ■ female (n=65)

Pie chart

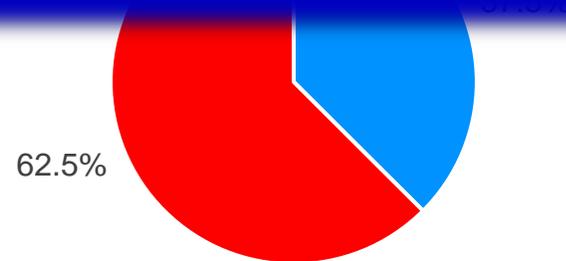
	n (%)
<b>Sex</b>	
male	39 (37.5)
female	65 (62.5)
total	104 (100.0)

# Variables described by **two values**

- Only two categories
- They are usually coded using digits 1 (presence of the character / yes) and 0 (absence)

– *Example* **Binary variables (categorical)**

– Equals?



■ male (n=39) ■ female (n=65)

Pie chart

	n (%)
sex	
male	39 (37.5)
female	65 (62.5)
total	104 (100.0)

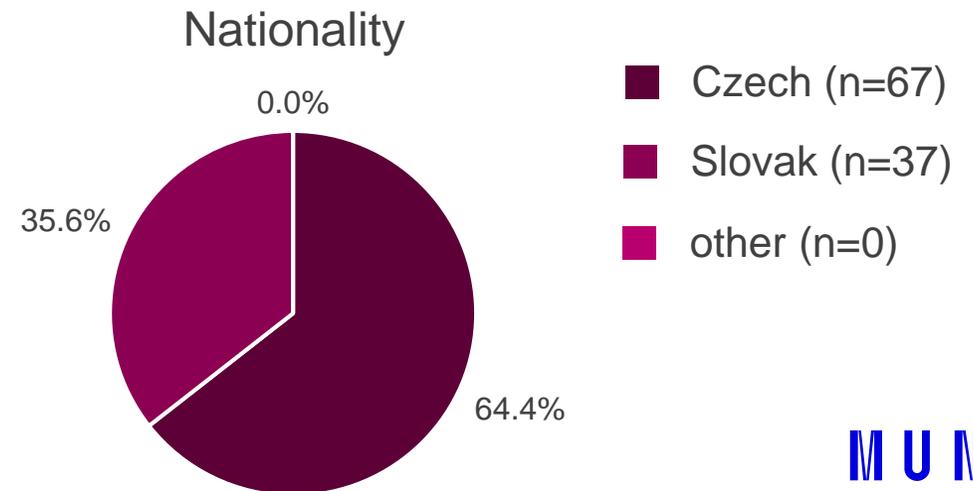
# Variables described by multiple values that cannot be sorted

- Multiple categories that cannot be sorted (there is no natural order of individual values)
- Usually text values
- *Example:*



- Equals?

	n (%)
<b>Nationality</b>	
Czech	67 (64.4)
Slovak	37 (35.6)
other	0 (0.0)
total	104 (100.0)



Pie chart

# Variables described by more values that cannot be sorted

– Multiple categories that cannot be sorted (there is no natural order of individual values)

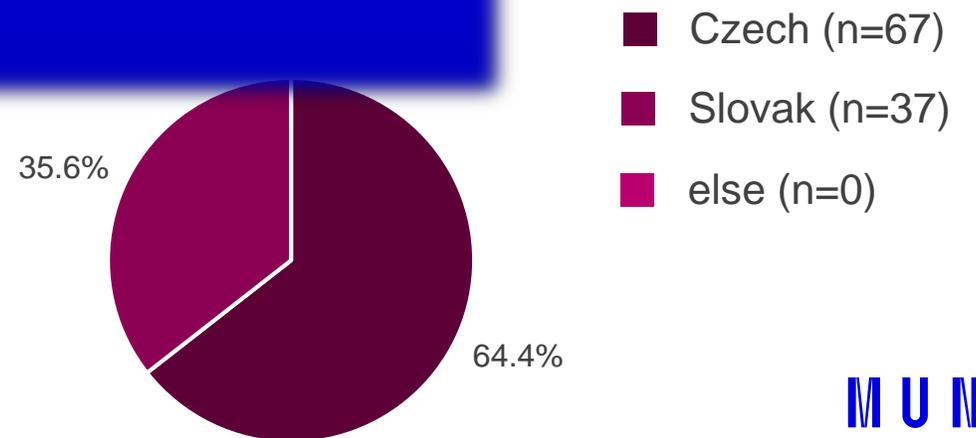
– Usually

– *Example*

## Nominal variables (categorical)

	n (%)
<b>Nationality</b>	
	67 (64.4)
	37 (35.6)
	0 (0.0)
	104 (100.0)

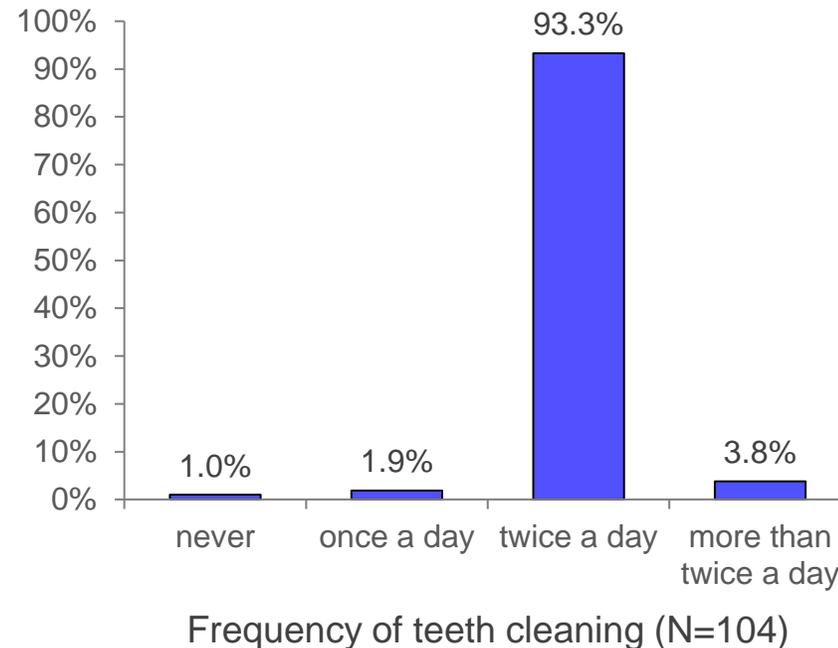
– Equals?



Pie chart

# Variables described by **more values that can be sorted**

- Several categories that can be sorted each other out
- *Example: frequency of teeth cleaning*
- Equals? Bigger x smaller?



	n (%)
<b>Frequency of teeth cleaning</b>	
never	1 (1.0)
once a day	2 (1.9)
twice a day	97 (93.3)
more than twice a day	4 (3.8)
<b>total</b>	<b>104 (100.0)</b>

Bar chart

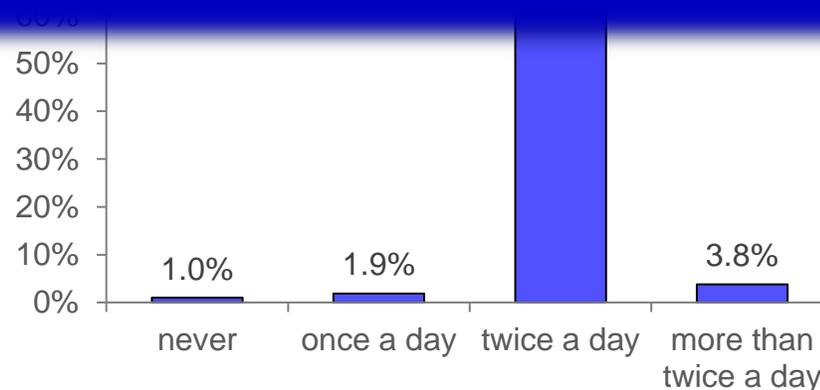
# Variables described by **more values that can be sorted**

– Several categories that can be sorted each other out

– *Example: frequency of teeth cleaning*

– Equals?

## Ordinal variables (categorical)



Bar chart

Frequency of teeth cleaning	n (%)
never	1 (1.0)
once a day	2 (1.9)
twice a day	97 (93.3)
more than twice a day	4 (3.8)
Total	104 (100.0)

# Variables described by arbitrary values (within a certain range)

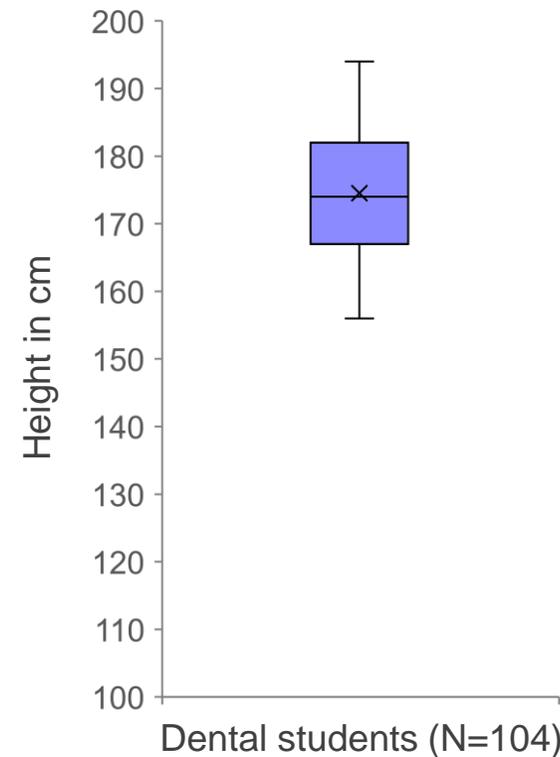
- Measurements, the result of which takes arbitrary values in a certain range (interval)

– *Example:*

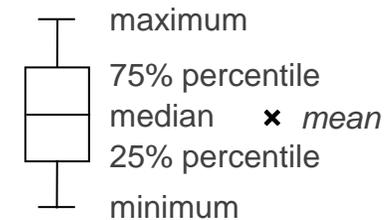


- Equals? Bigger x smaller? By how much? How many times?

Box Plot



	Height in cm
median	174
5%-95% percentile	162-191
mean	174.5
SD	9.4



# Variables described by arbitrary values (within a certain range)

- Measurements, the result of which takes on arbitrary values in a certain range (interval)

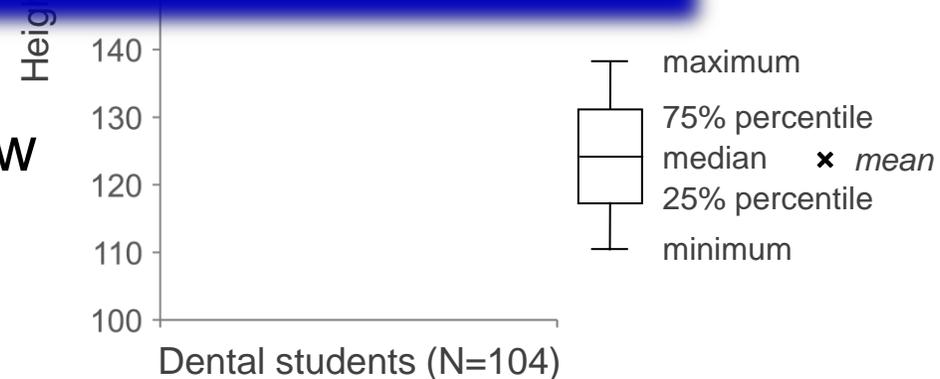
– *Example*

**Continuous variables**

- Equals? Bigger x smaller? About how much? How many times?

Box Plot

	Height in cm
Median	174
25%-95% percentile	162-191
Mean	174.5
SD	9.4



# Variables described by **only countably many values**

– Limited number of values

– *Example:*

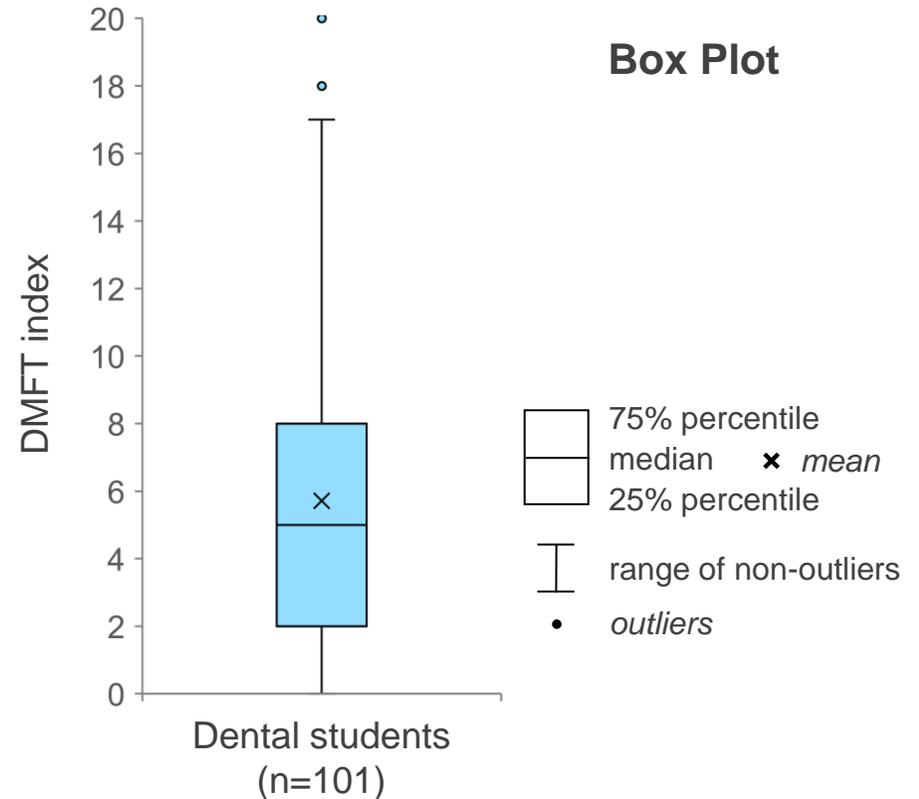


– Equals? Bigger x smaller?

About how much? How

many times?

DMFT	frequency
0	8
1	11
2	11
3	10
4	5
5	11
6	11
7	6
8	5
9	2
10	5
11	4
12	2
13	1
14	4
15	1
16	1
17	1
18	1
19	0
20	1
missing	3
total	104



	DMFT index
median	5
5%-95% percentile	0-14
mean	5.7
SD	4.6

# Variables described by **only a limited (countable) number of values**

– Limited number of values

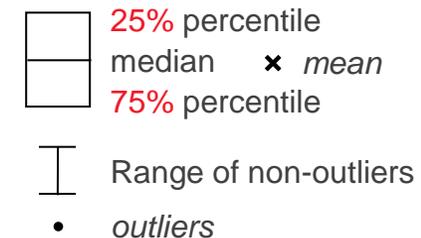
– *Example:*



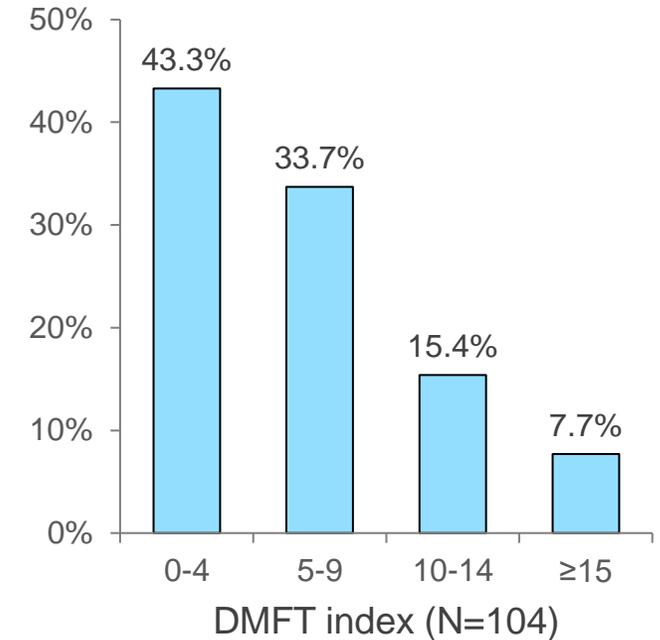
– Equals? Bigger x smaller?

By how much? How many times?

DMFT	frequency
0	8
1	11
2	11
3	10
4	5
5	11
6	11
7	6
8	5
9	2
10	5
11	4
12	2
13	1
14	4
15	1
16	1
17	1
18	1
19	0
20	1
missing	3
total	104



Bar chart



# Variables described by **only countably many values**

– Limited number of values

– Example:

DMFT	frequency
0	8
1	11
2	11
3	10
4	5



Box Plot

75% percentile  
 median x mean  
 25% percentile  
 range of non-outliers  
• outliers

## Discrete variables

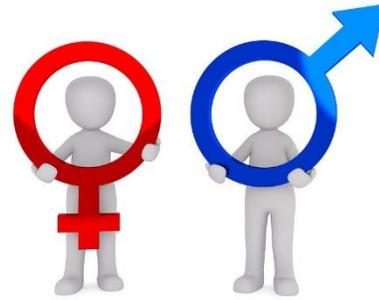
– Equals? Bigger x smaller?

About how much? How

many times?

14	4
15	1
16	1
17	1
18	1
19	0
20	1
missing	3
total	104

	DMFT index
median	5
5%-95% percentile	0-14
mean	5.7
SD	4.6



**Nominal variables**

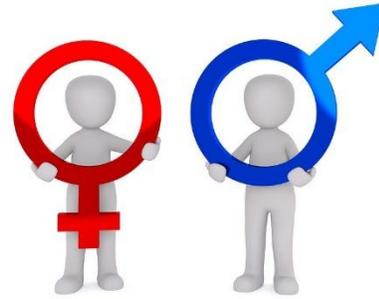
**Binary variables**

**Ordinal variables**



**Continuous variables**

**Discrete variables**



**Nominal variables**

**Binary variables**

**Ordinal variables**



Can be treated as  
**categorical variables**

**Discrete variables**

Can be treated as  
**continuous  
variables**



**Ordinal variables**

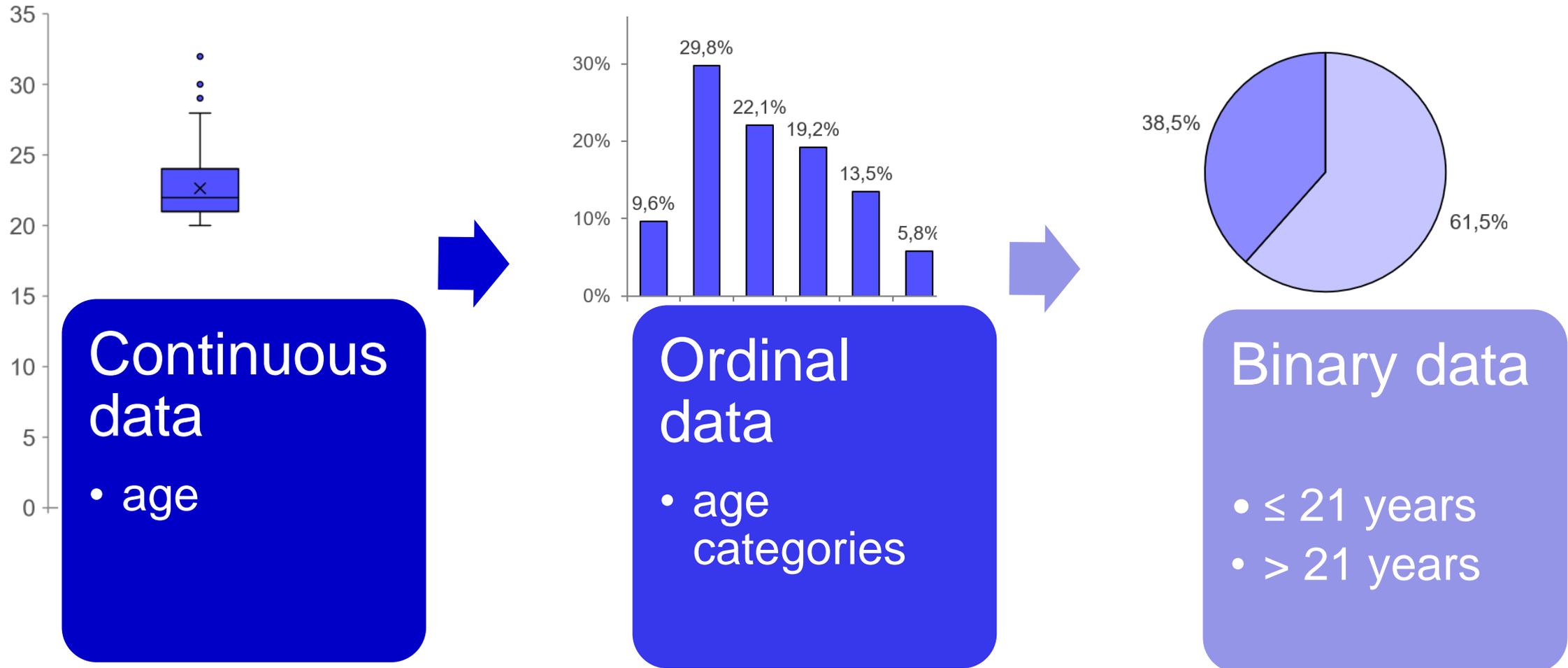


**Continuous variables**



**Discrete variables**

# Possibility of data conversion



# **How we can describe and visualize the variables**



# Objectives of descriptive data summarization

Make it clearer

Summarize

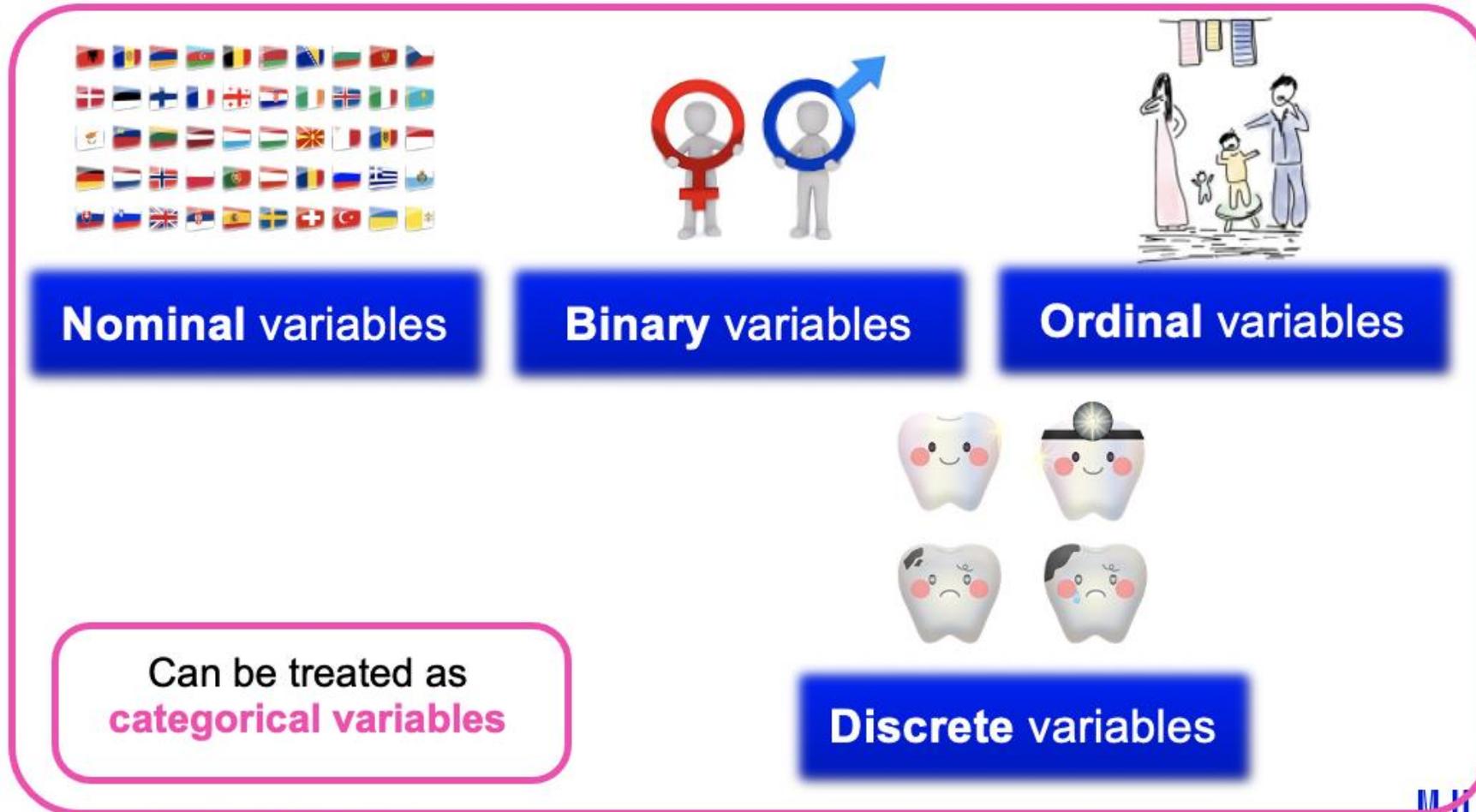
Background  
for determining  
hypotheses

Detect outliers  
and incorrect  
values

Detect missing  
values

- **summary of categorical data** → the aim is to describe the absolute and relative frequencies of individual categories
- **summary of continuous data** → the aim is to describe the center of gravity (measures of location) and the range (measures of variability) of the observed values

# Descriptive summary of **categorical data**



# Descriptive summary of categorical data

## Primary data

How often you brush your teeth

2  
0  
2  
2  
2  
2  
2  
2  
2  
2  
1  
2  
3  
.  
.  
.  
.  
.

N=104

### Coding:

0 = never  
1 = once a day  
2 = twice a day  
3 = more than twice a day

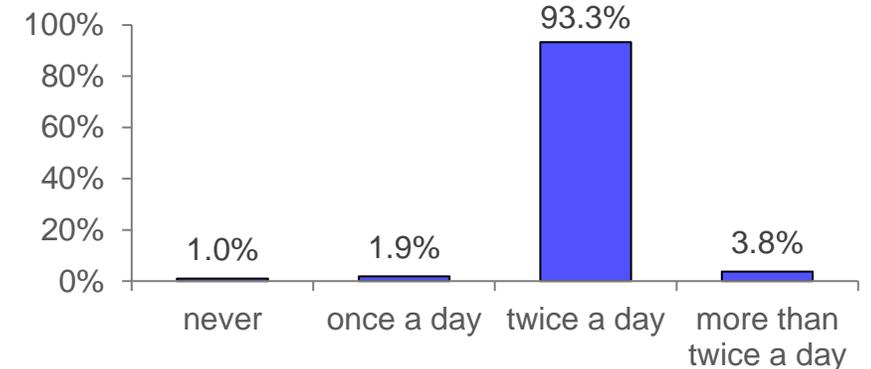
## Frequency table

Frequency of teeth cleaning	n (%)
never	1 (1.0)
once a day	2 (1.9)
twice a day	97 (93.3)
more than twice a day	4 (3.8)
total	104 (100.0)

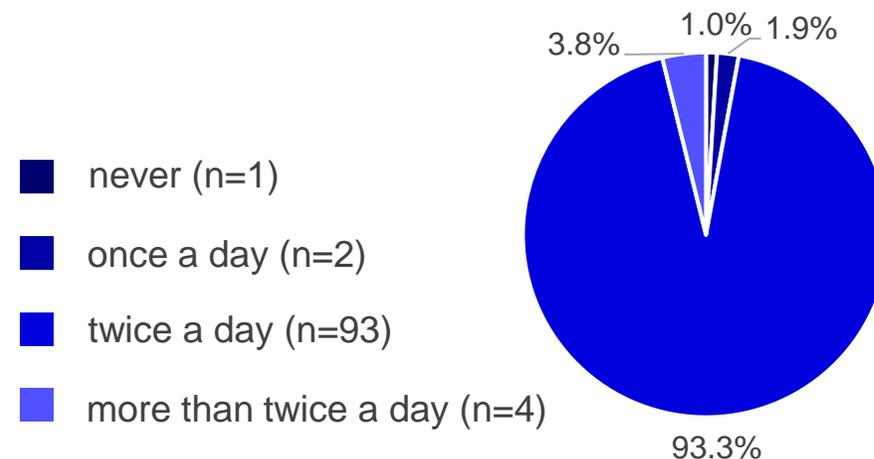
n – the absolute frequency of the category

% – the relative frequency; calculation as  $n/N \cdot 100$

## Visualization



Frequency of teeth cleaning (N=104)



# Descriptive summary of continuous data

Can be treated as  
**continuous variables**



**Ordinal variables**



**Continuous variables**



**Discrete variables**

# Descriptive summary of continuous data

## Primary data

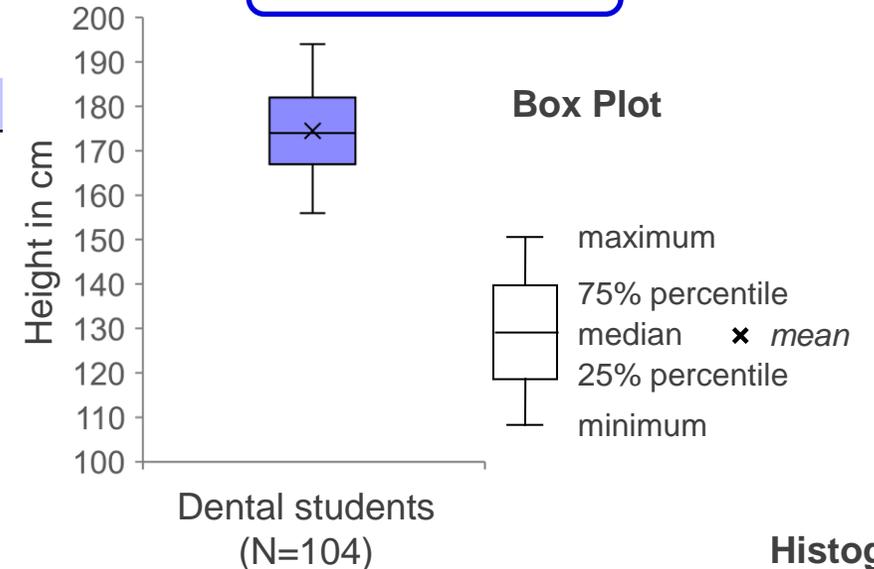
Height

184  
167  
163  
174  
177  
178  
173  
169  
179  
185  
.  
.  
.  
.  
.  
N=104

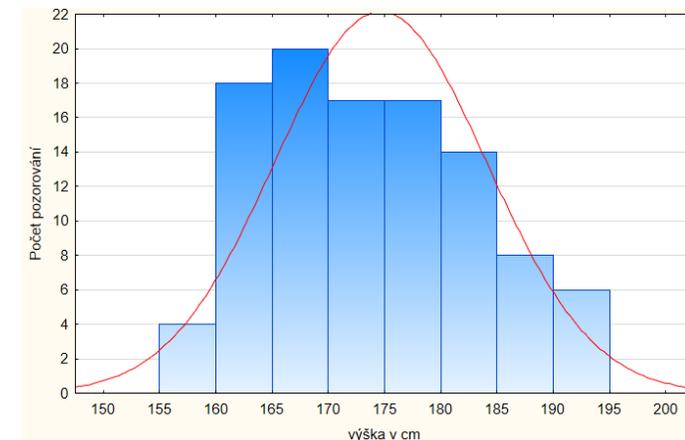
## Table of descriptive statistics

	Height in cm
N	104
Mean	174.5
95% confidence interval	172.7-176.3
Median	174
Standard Deviation; SD	9.4
Minimum	156
Maximum	194
Lower Quartile	167
Upper Quartile	182
5%-95% percentile	162-191

## Visualization



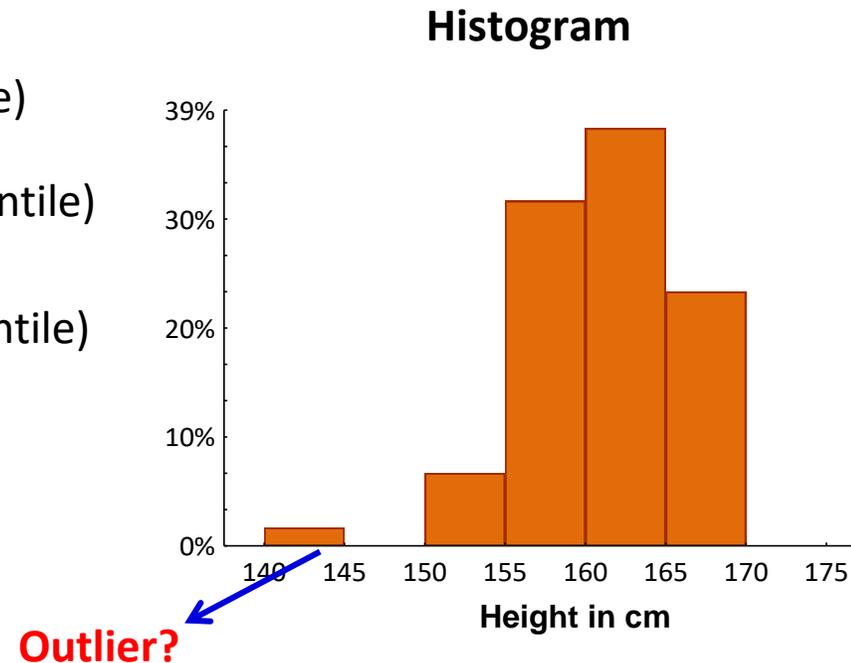
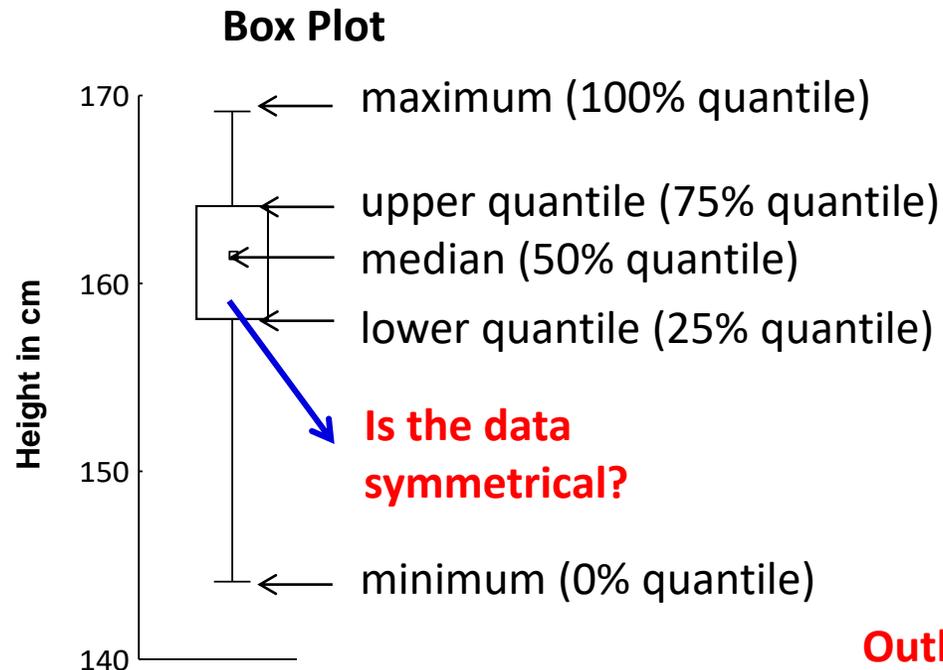
## Histogram



# Visualization of continuous data

– Visualization of quantitative data: most often using a box plot or histogram

*Example: Description of patient height (cm)*



# Continuous data – measures of location I

- **Minimum and maximum** – the smallest and largest observed value give us an image of the range of values.
- **Mean ( $\bar{x}$ )** – characterizes the value around which other observed values fluctuate. It is the “center of gravity” of the data.

**Visualization:**

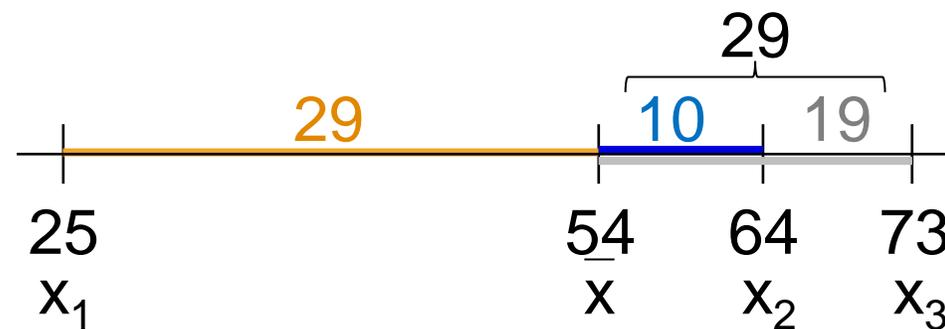
$$\bar{x} = (25+64+73) / 3 = 54$$

**Example:**  $N = 8$

Data = 6 1 7 4 3 2 7 8

Sum of the data =  $6+1+7+4+3+2+7+8 = 38$

Mean =  $38 / N = 38 / 8 = 4.75$



$$\bar{x} = \frac{1}{N} \sum_{i=1}^N x_i$$

# Continuous data – measures of location II

- **Median** – the middle observed value
  - divides the observed values into two halves. Half the values are smaller, half the values are bigger than the median.

- **Example 1:**

$$N = 9$$

N is odd  $\rightarrow (N + 1) / 2$  position. Here, 5<sup>th</sup> position after sorting

Data = 3.0 4.2 1.1 2.5 2.2 3.8 5.6 2.7 1.7

Sorted data = 1.1 1.7 2.2 2.5 2.7 3.0 3.8 4.2 5.6

$$\text{Median} = 2.7$$

- **Example 2:**

$$N = 8$$

N is even  $\rightarrow$  we calculate the value “between” 4<sup>th</sup> ( $N/2$ ) a 5<sup>th</sup> ( $N/2+1$ ) value after sorting

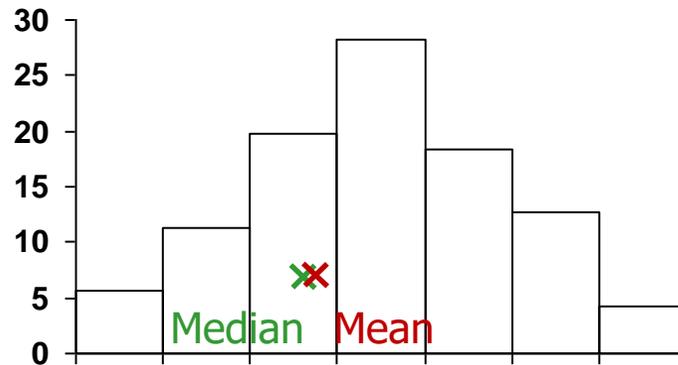
Data = 6 1 7 4 3 2 7 8

Sorted data = 1 2 3 4 6 7 7 8

$$\text{Median} = (4 + 6) / 2 = 5$$

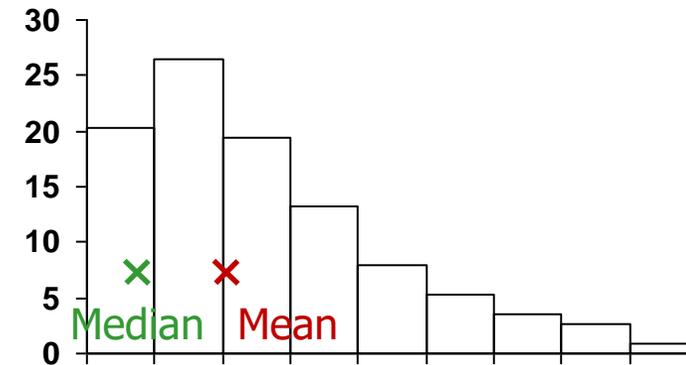
# Mean vs. median

## Symmetric data



- the median and mean are almost identical
- median and mean are good estimates of the frequency center of the data

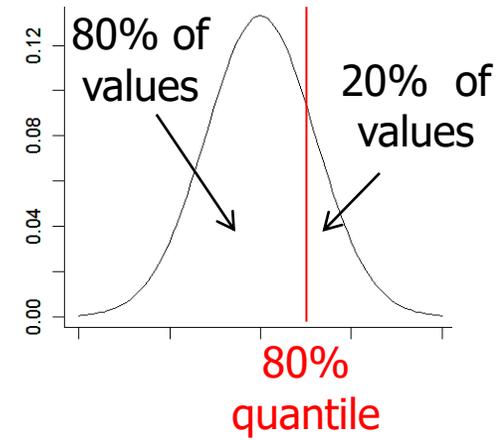
## Asymmetric data



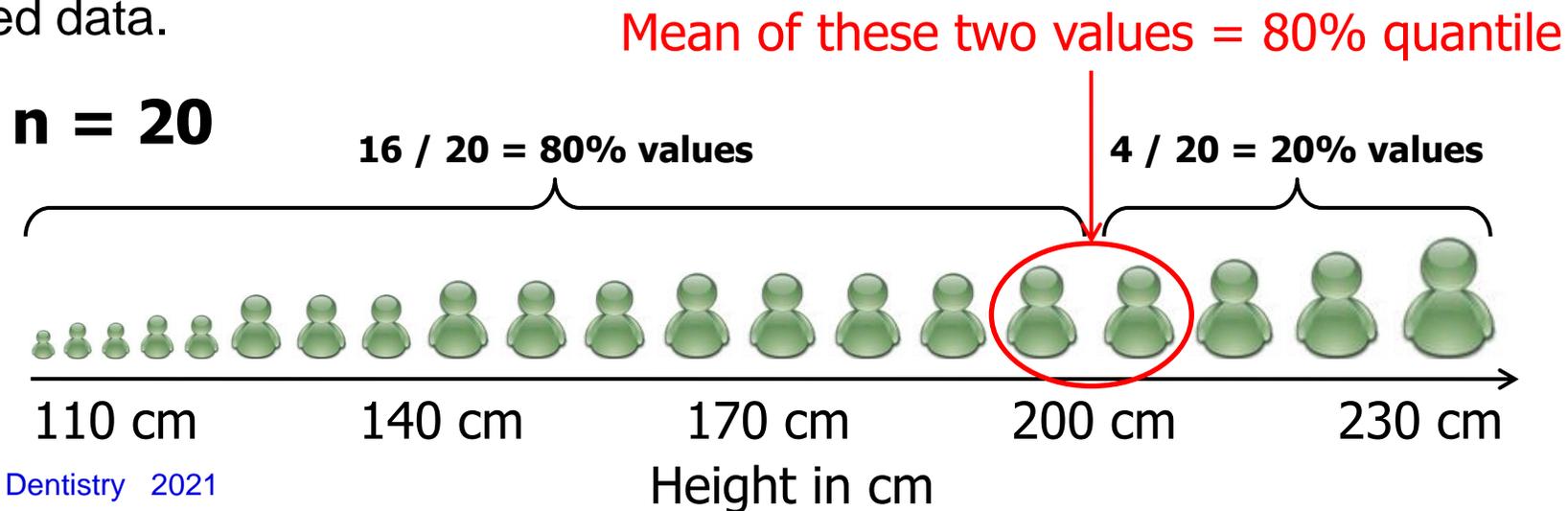
- the median and mean differ
- mean IS NOT a good estimate of the frequency center of the data
- mean is suitable in a situation where we want to characterize consumption (drugs, money, etc.)

# Quantile

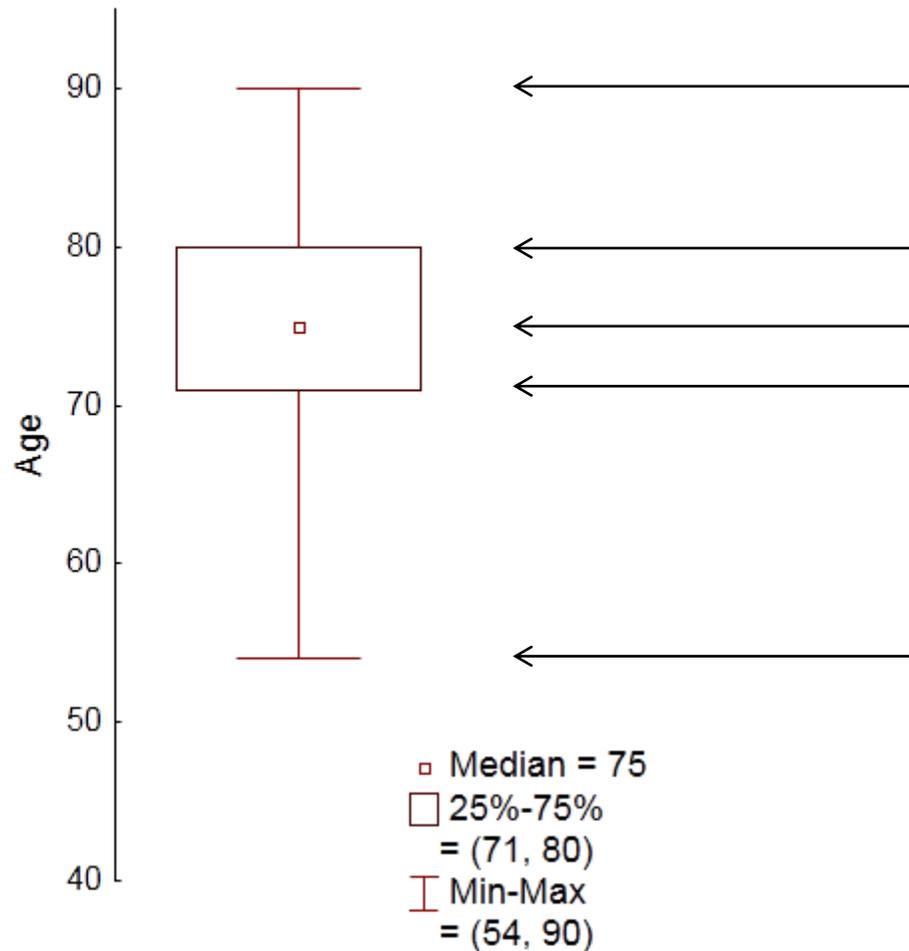
- The quantile can be defined as a number on the real axis that divides the observed data into two parts:  
the  $p\%$  quantile divides the data into  $p\%$  values and  $(100-p)\%$  values.



- We have a set of 20 people in whom we measure height. We want to find the 80% quantile of the set of observed data.



# Important quantiles



Maximum = 100% quantile

Age

90

Upper quartile = 75% quantile

80

**Median = 50% quantile**

**75**

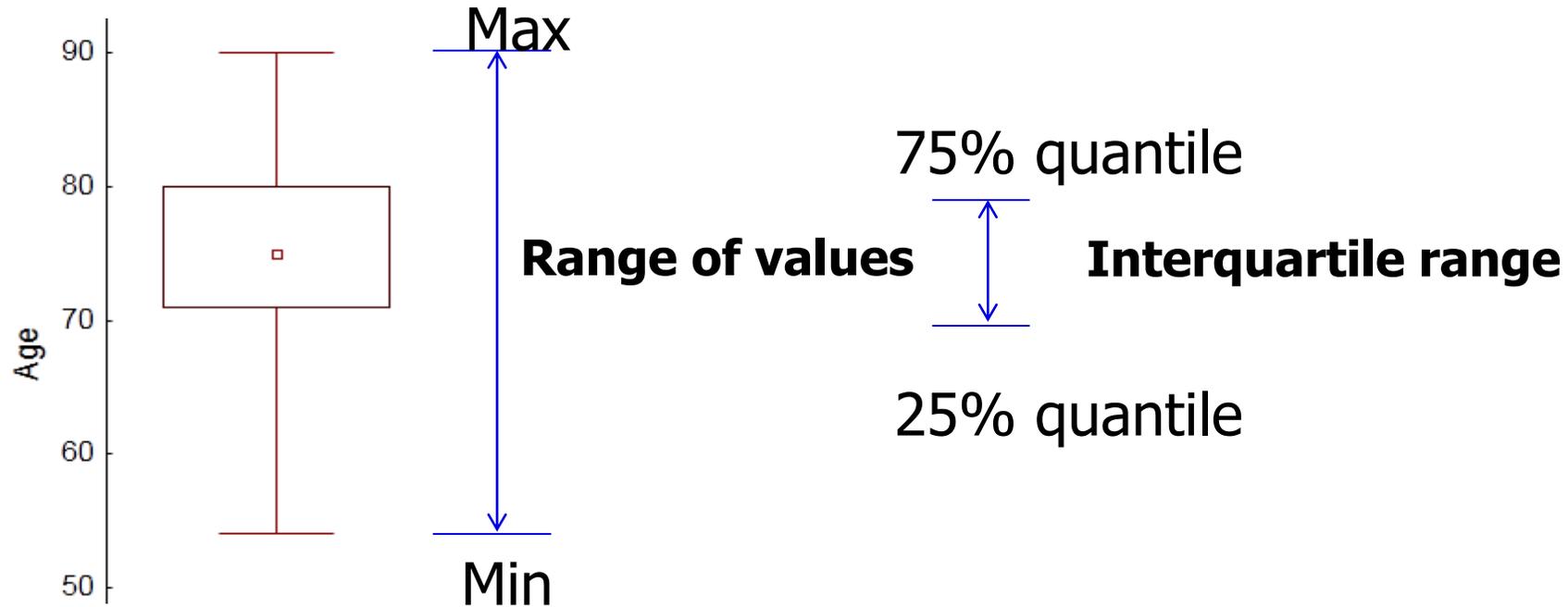
Lower quartile = 25% quantile

71

Minimum = 0% quantile

54

# Continuous data – measures of variability I



- **Range of values** = maximum – minimum. It is the simplest characteristics of the variability of the observed data. It can be easily influenced by atypical values (outliers).
- **The quantile range** is defined by the p% quantile and the (100-p)% quantile and is less affected by outliers. A special case is **the interquartile range** (25%-75% quantile), which covers 50% of the observed data.

# Continuous data – measures of variability II

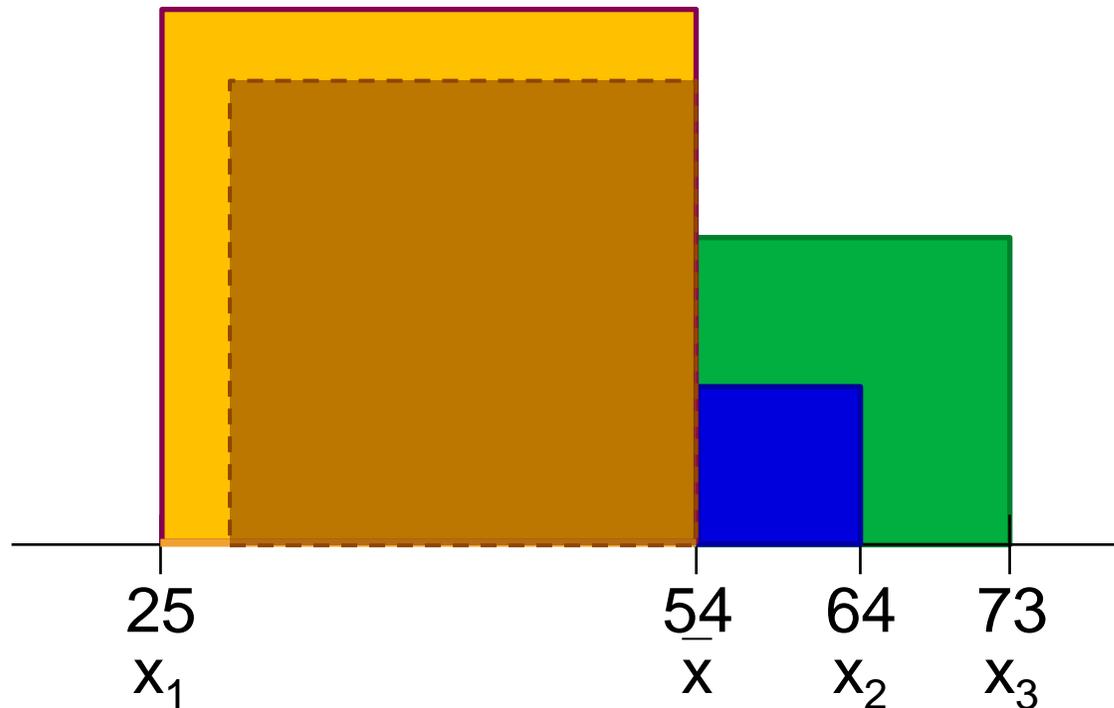
- **Variance** - the average square of the deviation from the mean. Very influenced by outliers.

$$s^2 = \frac{1}{n-1} \sum_{i=1}^n (x_i - \bar{x})^2$$

- **Standard deviation, SD** - square root of variance. The advantage of the standard deviation is that it has the same units as the observed data.

# Calculation of variance and standard deviation - example

- Example of squares of deviations from the mean for  $n = 3$ .
- The variance can be greatly affected by outliers.



Variance:

$$s^2 = \frac{1}{n-1} \sum_{i=1}^n (x_i - \bar{x})^2$$

Standard deviation:

$$s = \sqrt{\frac{1}{n-1} \sum_{i=1}^n (x_i - \bar{x})^2}$$

$$s = \sqrt{\frac{(25 - 54)^2 + (64 - 54)^2 + (73 - 54)^2}{2}} = \sqrt{651} = 25.5$$

# Normal distribution

- The most classical model distribution, from which several statistical analyzes are derived, is the so-called **normal distribution**, also known as the **Gaussian curve**.
- Describes the probability distribution of a continuous variable, e.g. height in a population
- Is completely described by two parameters:

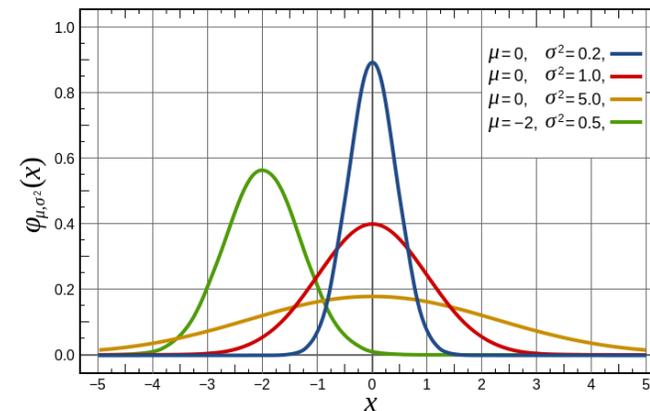
$\mu$  – mean value

$\sigma^2$  – variance

Designation:  **$N(\mu, \sigma^2)$**

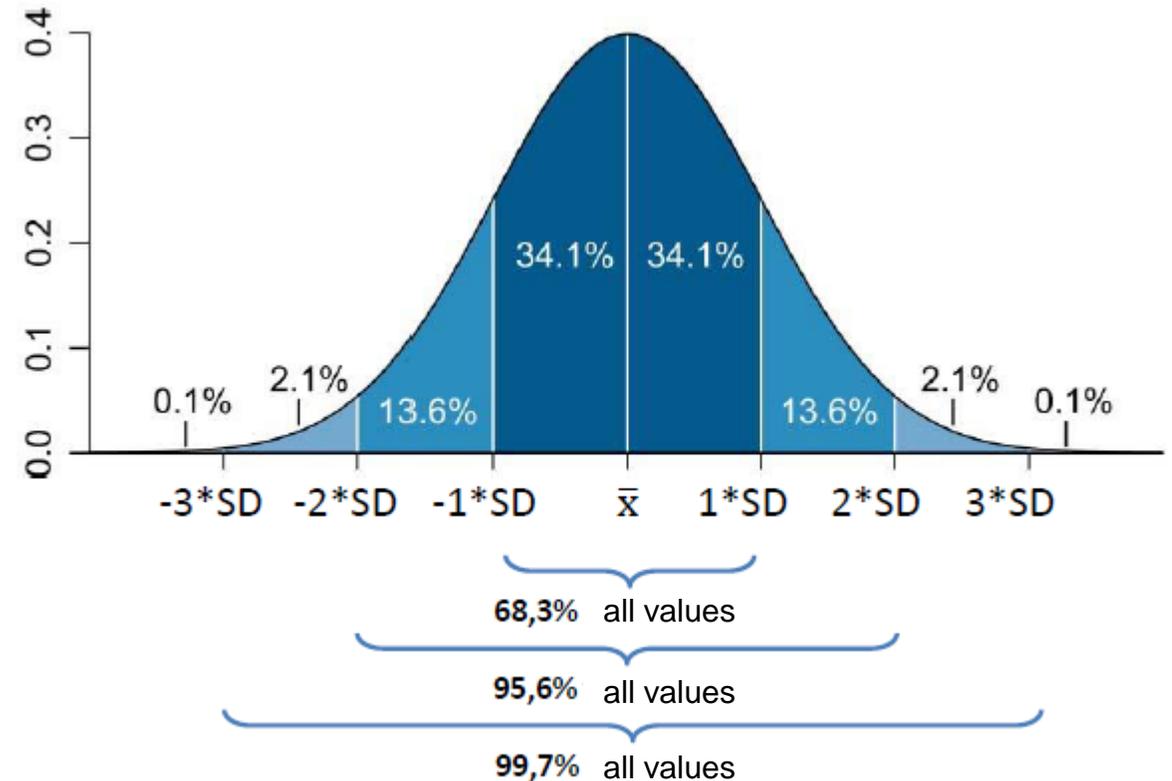


**NORMALITY is a key assumption for several statistical methods**



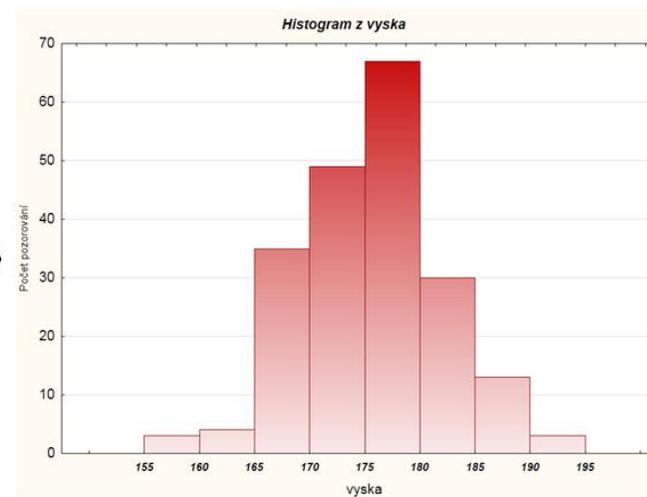
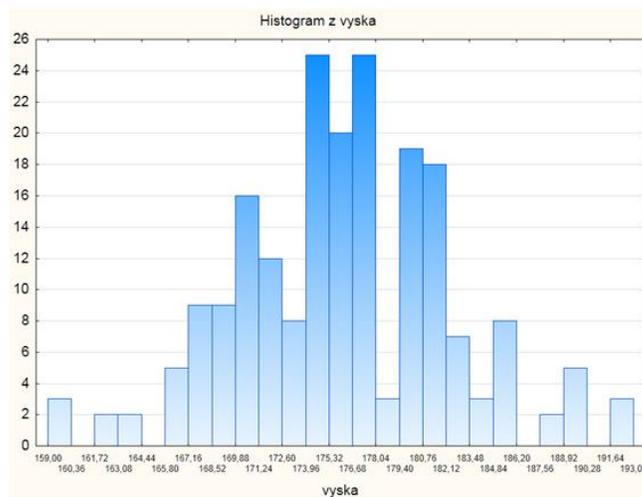
# Rule $\pm 3$ SD (sigma)

- 99.7% of all values should occur within the mean  $\pm 3$  SD
- Application:
  - orientation verification of normality
  - identification of outliers



# Visual verification of normality

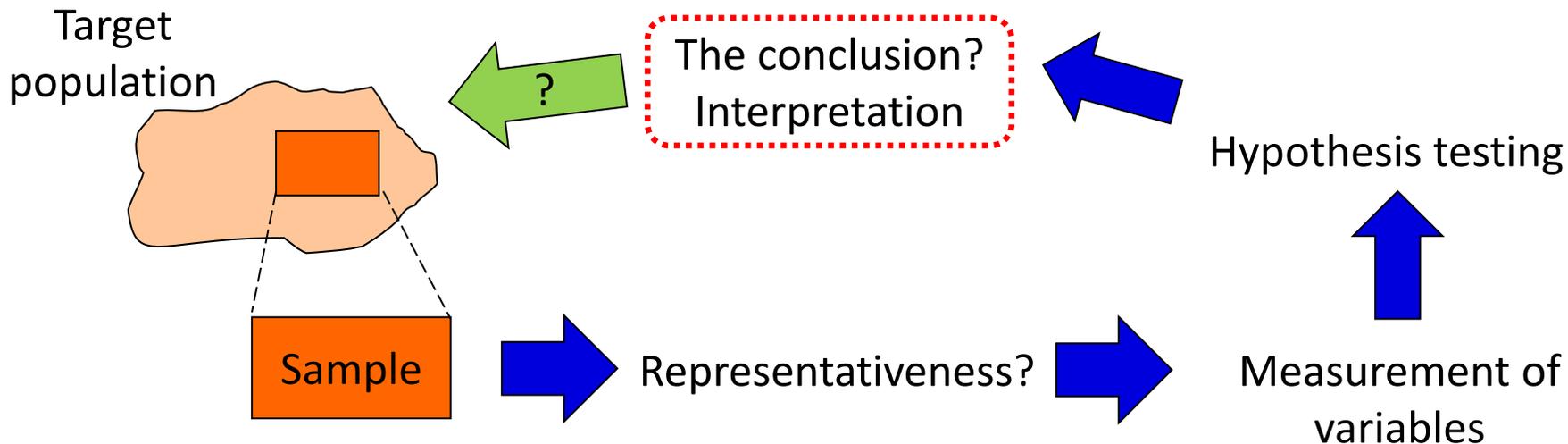
- A **histogram** can be used to evaluate the shape of the distribution (disadvantage: it is necessary to determine the "appropriate" number of columns)



**We can test hypotheses statistically**

# Principle of hypothesis testing

- Hypothesis formulation
- Selection of the target population and a representative sample from it
- Measurement of monitored variables
- Use the appropriate test  conclusion of the test
- Interpretation of the results

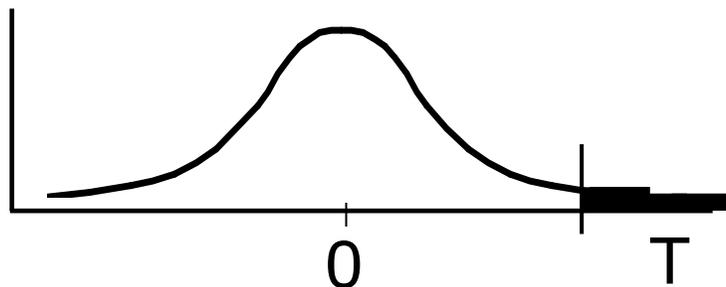


# Statistical testing – basic concepts

- Null hypothesis  $H_0$   $H_0$ : the observed effect is zero
- Alternative hypothesis  $H_A$   $H_A$ : the observed effect varies between groups
- Test statistics

$$\text{Test statistics} = \frac{\text{Observed value} - \text{Expected value}}{\text{Data variability}} * \sqrt{\text{Sample size}}$$

- Critical field of test statistics



Statistical testing answers the question of **whether the observed difference is random or not**.  
The statistical model - test statistics - is used to answer the question.

# Hypothesis creation

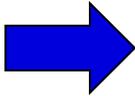
## Possible errors in hypothesis testing

- Despite the sufficient sample size and quality design of the experiment, we can make mistakes when deciding to (not to) reject the null hypothesis.

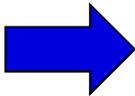
		Conclusion from statistical analysis	
		not to reject $H_0$	reject $H_0$
The true state of nature	$H_0$ is TRUE	Correct $1 - \alpha$	$\alpha$ Type I error reject a true null hypothesis – false positive
	$H_0$ is FALSE	$\beta$ Type II error not to reject a false null hypothesis – false negative	$1 - \beta$ Correct

# Meaning of errors in hypothesis testing

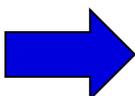
- **Probability of type I error**

$\alpha$   Probability of a false rejection of the null hypothesis, **significance level**

- **Probability of type II error**

$\beta$   Probability of not recognizing a false null hypothesis

- **Power of a test**

$1-\beta$   Probabilistic ability to recognize the invalidity of the null hypothesis

# Ways of hypothesis testing

- Testing  $H_0$  against  $H_A$  at the  $\alpha$  significance level can be performed in three different ways:
  1. **Rejection region** or critical region  $H_0$ ,
  2. **Confidence interval**,
  3. **P-value** (expresses the probability under the validity of  $H_0$ , with which we would obtain the same or more extreme value of the test statistic).

# Testing methods: P-value

- We evaluate the significance of the hypothesis according to the obtained ***p*-value**, which expresses the probability with which the numerical realizations of the sample set support  $H_0$ , if it is true.
- We compare the *p*-value with the significance level  $\alpha$  (we set it to 0.05, i.e. we allow a 5% error of the test, that is, we reject  $H_0$ , although it is true).
- The *p*-value is obtained by testing hypotheses in statistical software.

If  $p \leq \alpha$ , then we **reject  $H_0$**  at the significance level  $\alpha$  and **accept  $H_A$** .

If  $p > \alpha$ , then we **do not reject  $H_0$**  at the significance level  $\alpha$ .

# Notes on hypothesis testing

- **Failure to reject the null hypothesis does not automatically mean its acceptance!** This may be a situation where we do not have enough information to reject the null hypothesis.
- **The achieved level of significance of the test** (whether 5%, 1% or 10%) **must not be blindly taken as the limit for the (non)existence of the tested effect.**
- **A small  $p$ -value does not necessarily mean a large effect.** The value of the test statistic and the  $p$ -value can be affected by the large sample size and the small variability of the observed data.
- **Testing results must be viewed critically** - this is a conclusion based "only" on one sample.
- **Statistical significance** indicates that the observed difference is not random but does not necessarily mean that it is significant even in reality. **Practical (clinical) significance is also important.**



# Used shortcuts

- SD, standard deviation
- DMFT, Decayed, Missing and Filled Permanent Teeth

# Genetic association studies and oral microbiome

**Assoc. Prof. RNDr. Petra Bořilová Linhartová, Ph.D., MBA**

Clinic of Stomatology, Department of Pathophysiology, Institute of Medical Genetics and Genomics, Faculty of Medicine, Masaryk University Brno

Clinic of Maxillofacial Surgery, University Hospital Brno

# Content of the lecture

## Genetic association studies and oral microbiome

- Genetic association studies
- Oral microbiome
  
- Diseases:
  - tooth decay (behavioral intervention) (Bořilová Linhartová)
  - aphthosis stomatitis (clinical experimental study) (Bořilová Linhartová)
  - periodontopathy (Bořilová Linhartová)
  - apical periodontitis and odontogenic cysts (Szaraz, Daněk, Bořilová Linhartová)
  - external apical root resorption after orthodontic treatment (Bořilová Linhartová)

# Presentation of the research team

Medical Molecular Genetics and Pharmacogenetics – Petra Bořilová Linhartová RG

- RG deals with basic and applied research of diseases of the orofacial area, respiratory and gastrointestinal tract, as well as the immune system, so we solve several research topics that can be collectively defined as research in the field of medical molecular genetics and pharmacogenetics.
- We mainly focus on the analysis of candidate genes and their products related to the predisposition of an individual to a complex disease using molecular biological methods (qPCR, NGS, MS). We focus on immunogenetics
- At the same time, we also study the human microbiome, the relationship between the host and its microbiota in health and disease.
- We are also working on pharmacogenetic studies.

# Projects

Medical Molecular Genetics and Pharmacogenetics – Petra Bořilová Linhartová RG

- **Advanced biotechnological and behavioral approaches in dental caries research and prevention strategies (17-30439A)**
- **Molecular etiopathogenesis of apical periodontitis and odontogenic cystic lesions (NU20-08-00205)**
- **Host microbiome in relation to Barrett's esophagus and esophageal adenocarcinoma development (NU20-03-00126)**
- **Use of nanofibres for application of bioactive substances using dental floss (FW02020042)**

# Presentation of the research team

Medical Molecular Genetics and Pharmacogenetics – Petra Bořilová Linhartová RG



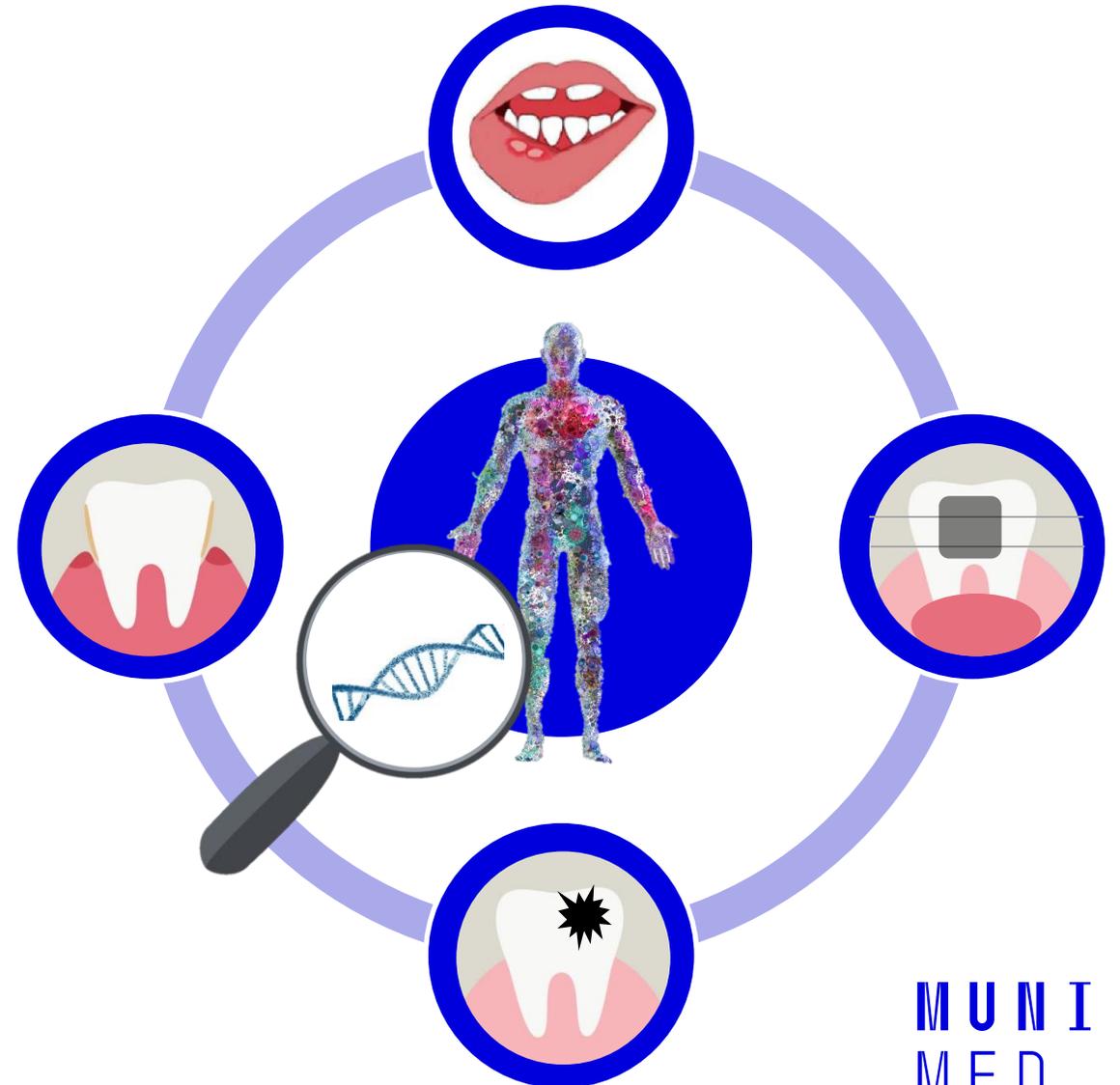
# Genetics of complex oral diseases

## Oral diseases

- Recurrent aphthous stomatitis
- External apical root resorption
- Dental caries
- Gingivitis and periodontitis
- Etiopathogenesis: immune factors



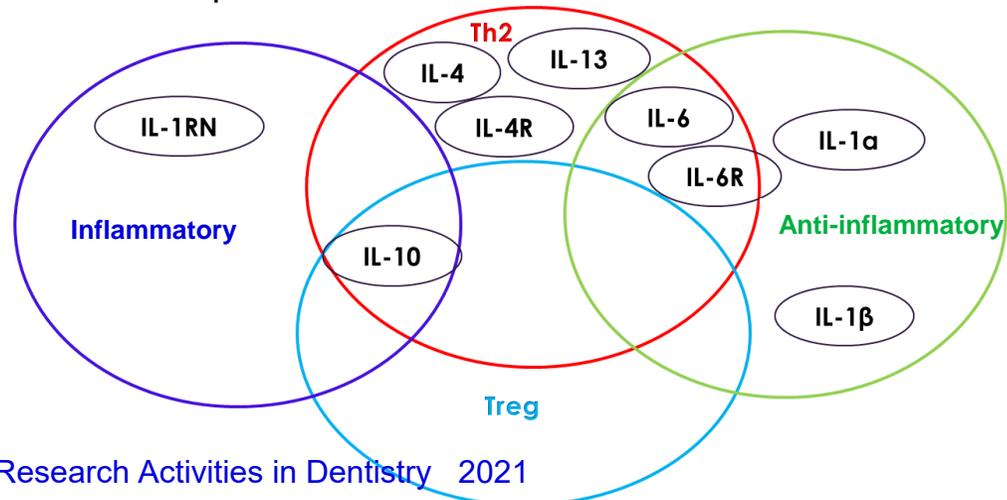
Interleukins  
NOD-like receptor  
Purinergic receptor  
Vitamin D receptor  
ACE



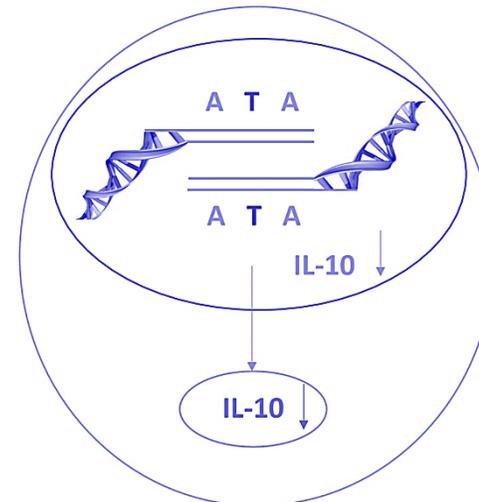
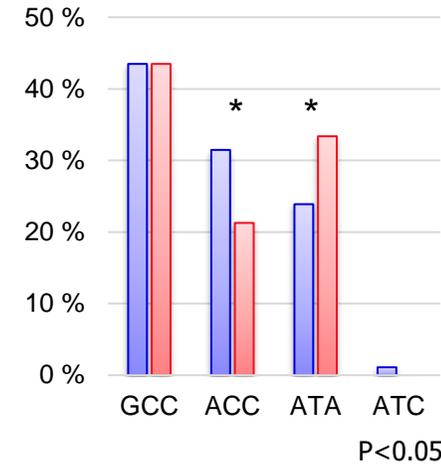
# Recurrent aphthous stomatitis

## Studies I and II.

- ACC haplotype and CC genotype was protective for RAS (Iran) [Najafi et al., 2014](#)
- ↓ transcriptional activity of IL-10 in carriers of ATA haplotype and ↓ IL-10 production in carriers of ATA/ATA haplogenotype
- ↓ c IL-10 in the tissue of the aphthous lesion as well as in the serum of patients with RAS [Oleksyk et al., 2009](#)



IL-10 178 HC 74 RAS



Accepted: 16 May 2017  
DOI: 10.1111/jop.12594

ORIGINAL ARTICLE

WILEY Journal of Oral Pathology & Medicine

Association study of *interleukin-1* family, *interleukin-6*, and its receptor gene polymorphisms in patients with recurrent aphthous stomatitis

Lydie Izakovicova Holla<sup>1,2</sup> | Simona Valova<sup>1,2</sup> | **Petra Borilova Linhartova<sup>1</sup>** | Jirina Bartova<sup>3</sup> | Jitka Petanova<sup>4</sup> | Pavel Kuklinek<sup>2</sup> | Antonin Fassmann<sup>1</sup>

IF 2,237

Q1, DENTISTRY, ORAL SURGERY & MEDICINE  
Q2 PATHOLOGY

*European Journal of Oral Sciences*

*Eur J Oral Sci* 2018; 1–8  
DOI: 10.1111/eos.12577  
Printed in Singapore. All rights reserved

Recurrent aphthous stomatitis and gene variability in selected interleukins: a case–control study

**Borilova Linhartova P.**, Janos J, Slezakova S, Bartova J, Petanova J, Kuklinek P, Fassmann A, Dusek L, Izakovicova Holla L. Recurrent aphthous stomatitis and gene variability in selected interleukins: a case–control study. *Eur J Oral Sci* 2018; 00: 1–8. © 2018 Eur J Oral Sci

IF 1,81

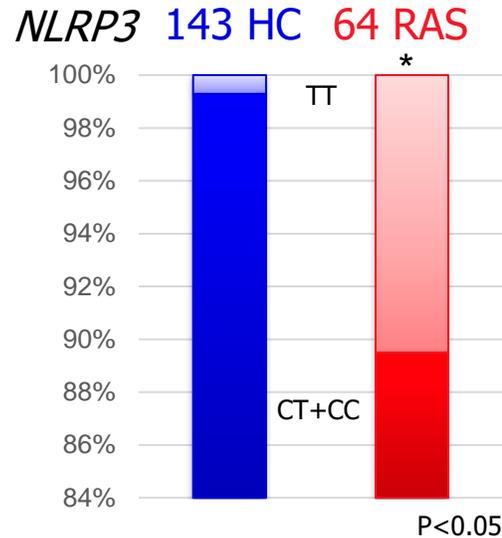
Q2 DENTISTRY, ORAL SURGERY & MEDICINE

# Recurrent aphthous stomatitis

## Study III.

- SNP *NLRP3* rs3806265 associated with RAS (Iran)
- SNP *NLRP3* rs3806265 and rs4612666 MAF (26% vs. 14% and 16% vs. 33%) [Bidoki et al., 2016](#)
- not *NLRP3* inflammasome activity BUT ↓ *NLRP3* expression in carriers of TT genotype rs4612666 may affect CD4+ Th1/Th2 balance

[Albanidou-Farmaki et al., 2007](#)



Accepted: 5 February 2018

DOI: 10.1111/jop.12694

ORIGINAL ARTICLE

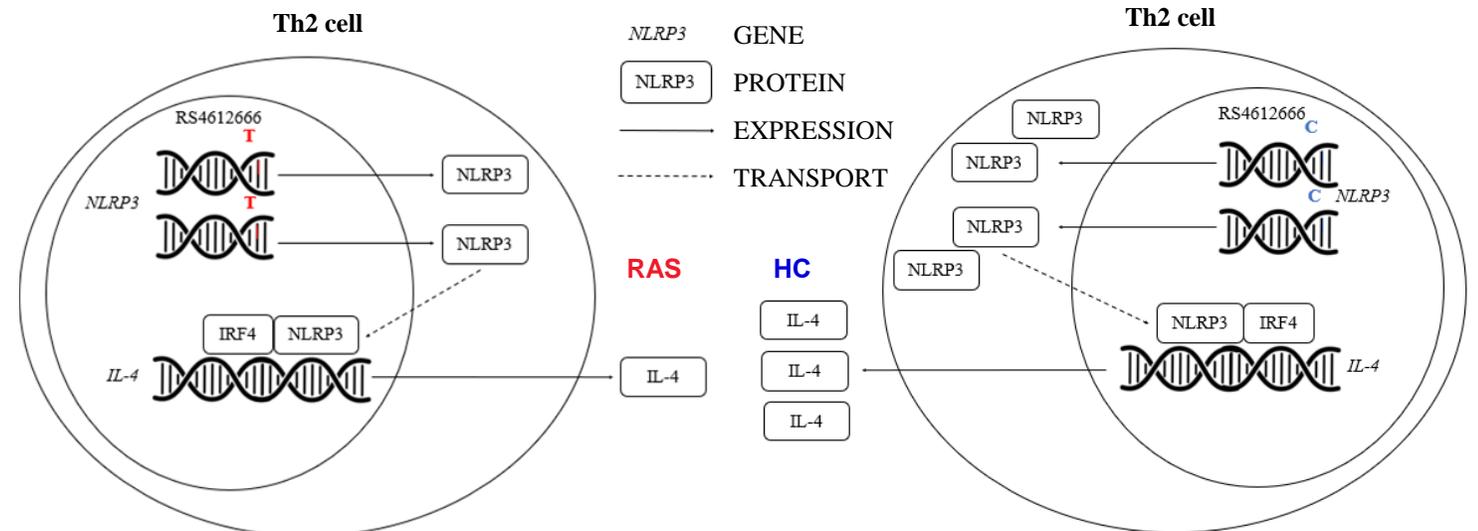
WILEY Journal of Oral Pathology & Medicine

Association of the NOD-like receptor 3 (*NLRP3*) gene variability with recurrent aphthous stomatitis in the Czech population

Simona Slezakova<sup>1,2</sup> | [Petra Borilova Linhartova<sup>1,2</sup>](#) | Lucie Masopustova<sup>3</sup> | Jirina Bartova<sup>4</sup> | Jitka Petanova<sup>5</sup> | Pavel Kuklinek<sup>6</sup> | Antonin Fassmann<sup>1</sup> | Ladislav Dusek<sup>7</sup> | Lydie Izakovicova Holla<sup>1,2</sup>

IF 2,03

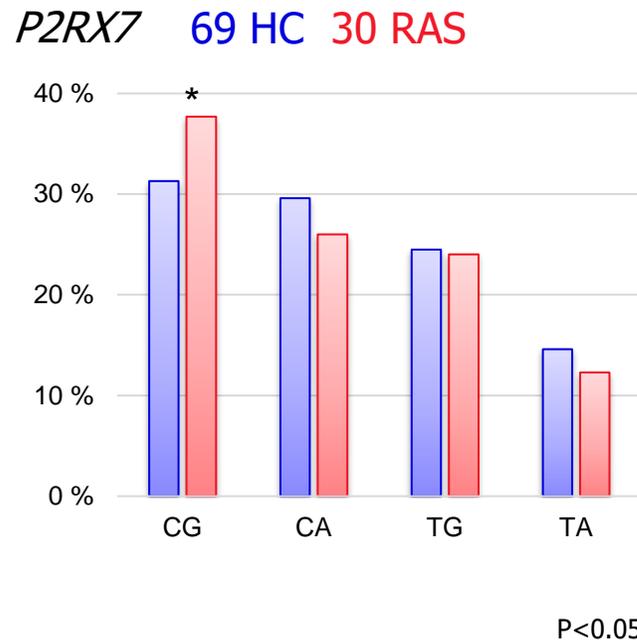
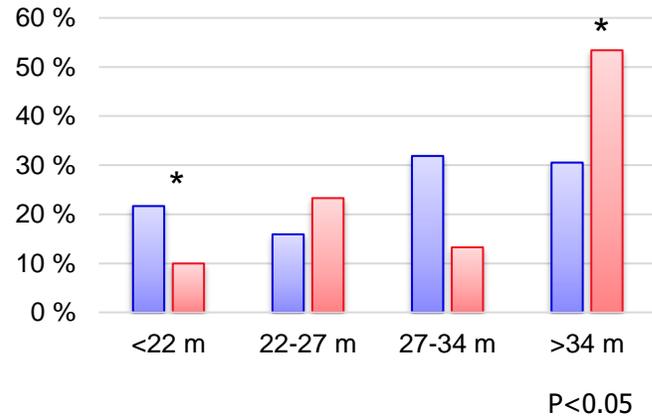
Q2 DENTISTRY, ORAL SURGERY & MEDICINE  
Q3 PATHOLOGY



# External apical root resorption

## Study I.

- the duration of orthodontic therapy is positively correlated with the presence of EARR
- SNP *P2RX7* rs208294 (USA) and *P2RX7* rs1718119 (Portugal) associated with EARR
  - [Sharab et al., 2015](#)
  - [Pereira et al., 2014](#)
- ↑ secretion of proinflammatory IL-1β in carriers of the G allele *P2RX7* rs1718119 (gain of function)
  - [Stokes et al., 2010](#)



## ORAL DISEASES

Leading in Oral, Maxillofacial, Head & Neck Medicine



Oral Diseases (2016) doi:10.1111/odi.12564  
 © 2016 John Wiley & Sons A/S. Published by John Wiley & Sons Ltd  
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 www.wiley.com

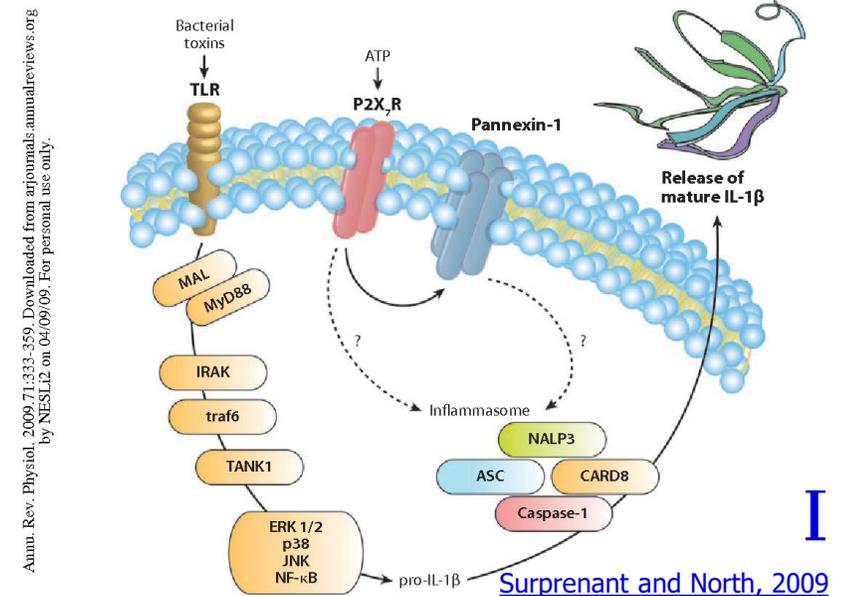
## ORIGINAL ARTICLE

### Genetic determinants and postorthodontic external apical root resorption in Czech children

P Borilova Linhartova<sup>1,2</sup>, P Cernochova<sup>1</sup>, J Kastovsky<sup>3,\*</sup>, Z Vrankova<sup>3,\*</sup>, M Sirotkova<sup>3,\*</sup>, L Izakovicova Holla<sup>1,2</sup>

IF 2,31

Q1 DENTISTRY, ORAL SURGERY & MEDICINE



Annu. Rev. Physiol. 2009.71:333-359. Downloaded from arjournals.annualreviews.org by NESLIT on 04/09/09. For personal use only.

# Dental caries and gingivitis

## Study I.

- SNP *ACE* I/D associated with dental caries (Poland, 5-13 years), DD genotype was protective

[Olszowski et al., 2015](#)

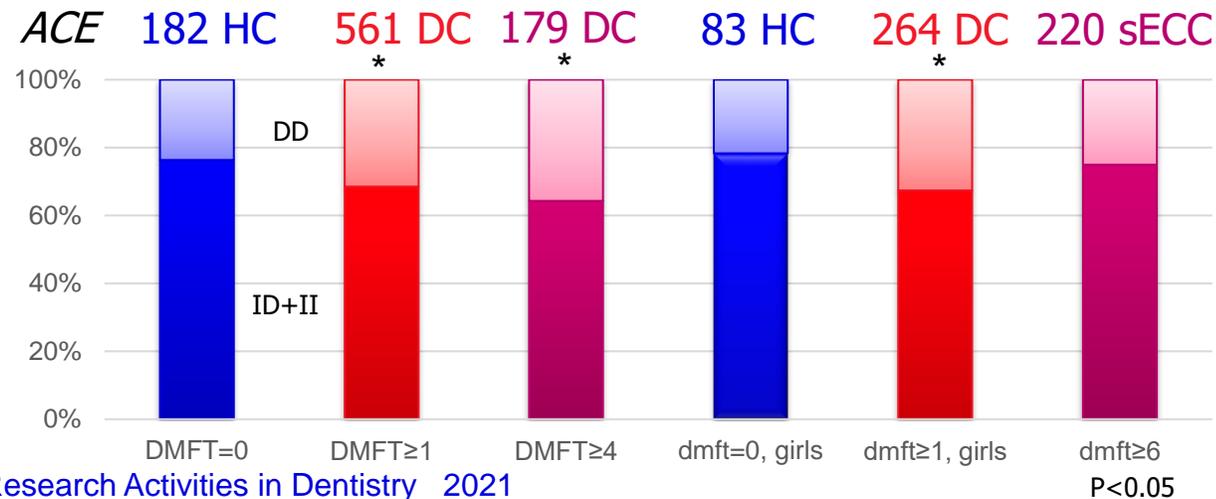
- ↑ c ACE in serum of carriers of DD genotype

[Rigat et al., 1990](#)

- *ACE* I/D influence on the release of proinflammatory mediators by immune cells, DD genotype risk for CP

[Holla et al., 2001](#)

[Kang et al., 2015](#)



## Caries Research

### Original Paper

Caries Res 2016;50:89-96  
DOI: 10.1159/000443534

Received: September 18, 2015  
Accepted: December 21, 2015  
Published online: February 27, 2016

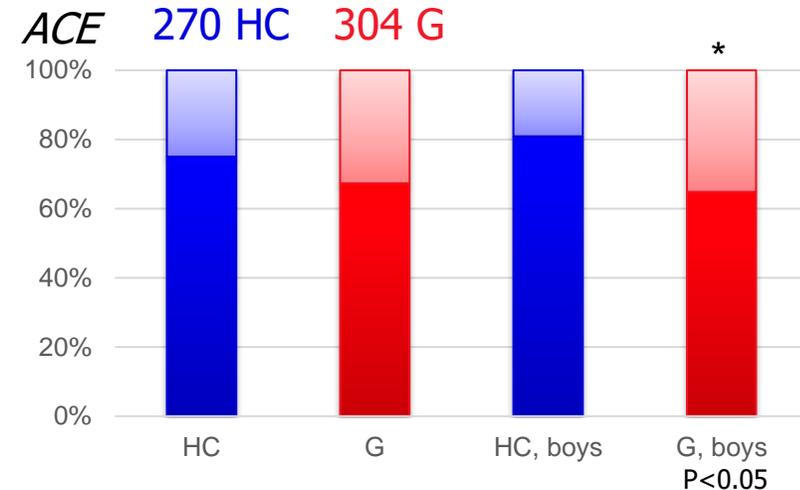
## *ACE* Insertion/Deletion Polymorphism Associated with Caries in Permanent but Not Primary Dentition in Czech Children

Petra Borilova Linhartova<sup>a,b</sup> Jakub Kastovsky<sup>a,b</sup> Michaela Bartosova<sup>a,d</sup>  
Kristina Musilova<sup>a</sup> Lenka Zackova<sup>c</sup> Martina Kukletova<sup>a</sup> Lubomir Kukla<sup>d</sup>  
Lydie Izakovicova Holla<sup>a,b</sup>

IF 1,811

Q2 DENTISTRY, ORAL SURGERY & MEDICINE

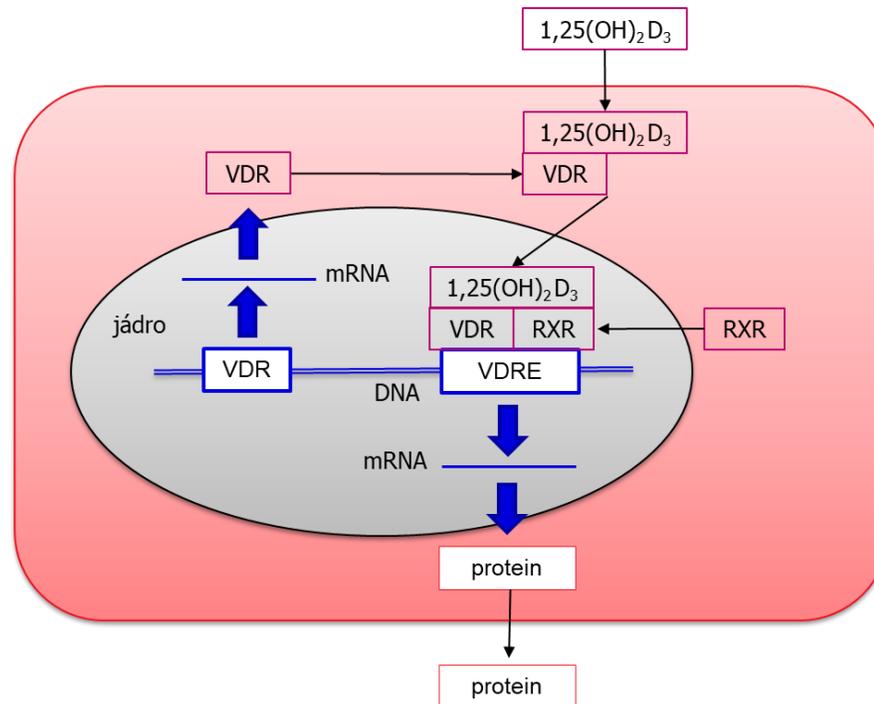
[Wang et al., 2010](#)



# Dental caries and gingivitis

## Study II.

- SNP *VDR TaqI* was associated with dental caries (Turkey, China) and with CP (in meta-analysis)
  - [Hu et al., 2015](#)
  - [Cogulu et al., 2016](#)
- ↑ transcriptional activity, stability of mRNA and  $1,25(\text{OH})_2\text{D}_3$  in serum in carriers of C allele
  - [Deng et al. J Clin Periodontol. 2011.](#)
  - [Martelli et al., 2014](#)
- VDRE
  - Upregulation: immunomodulation, apoptosis, differentiation, autophagy
  - Downregulation: inflammation, proliferation, angiogenesis



Caries Research

Short Communication

Caries Res 2017;51:7-11  
DOI: 10.1159/000452635

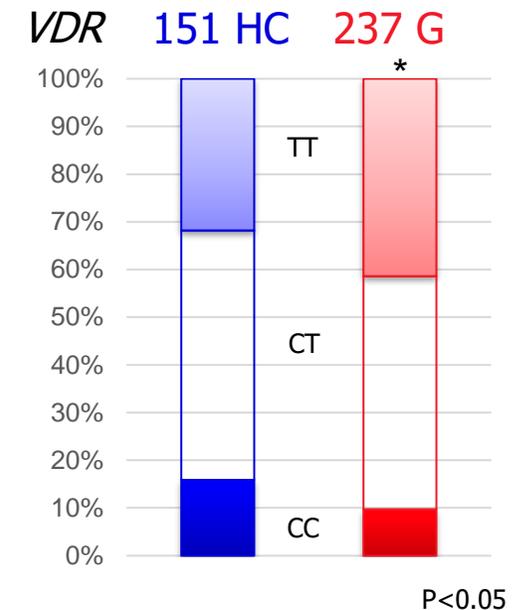
Received: September 1, 2016  
Accepted after revision: October 17, 2016  
Published online: November 26, 2016

## Vitamin D Receptor *TaqI* Gene Polymorphism and Dental Caries in Czech Children

Lydie Izakovicova Holla<sup>a,b</sup> Petra Borilova Linhartova<sup>a,b</sup> Jakub Kastovsky<sup>a,b</sup>  
Michaela Bartosova<sup>a,c</sup> Kristina Musilova<sup>a</sup> Lubomir Kukla<sup>c</sup> Martina Kukletova<sup>a</sup>

IF 2,188

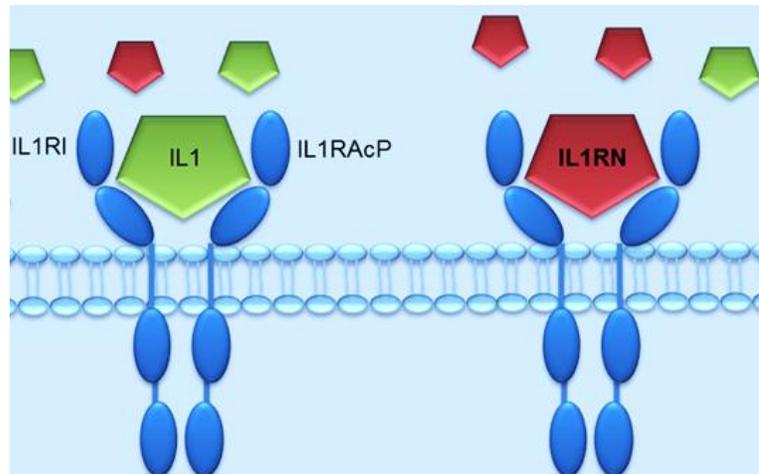
Q2 DENTISTRY, ORAL SURGERY & MEDICINE



# Periodontitis

## Study I.

- Meta-analysis for SNP, not haplotypes
- ↑ c IL-1α and IL-1β in the gingival tissue in patients with CP
- ↑ c IL-1β in gingival tissues in rats with DM  
[Jiang et al., 2013](#)
- 10x ↑ c IL-1RN in the serum of the carriers of S allele  
[Danis et al., 1995](#)



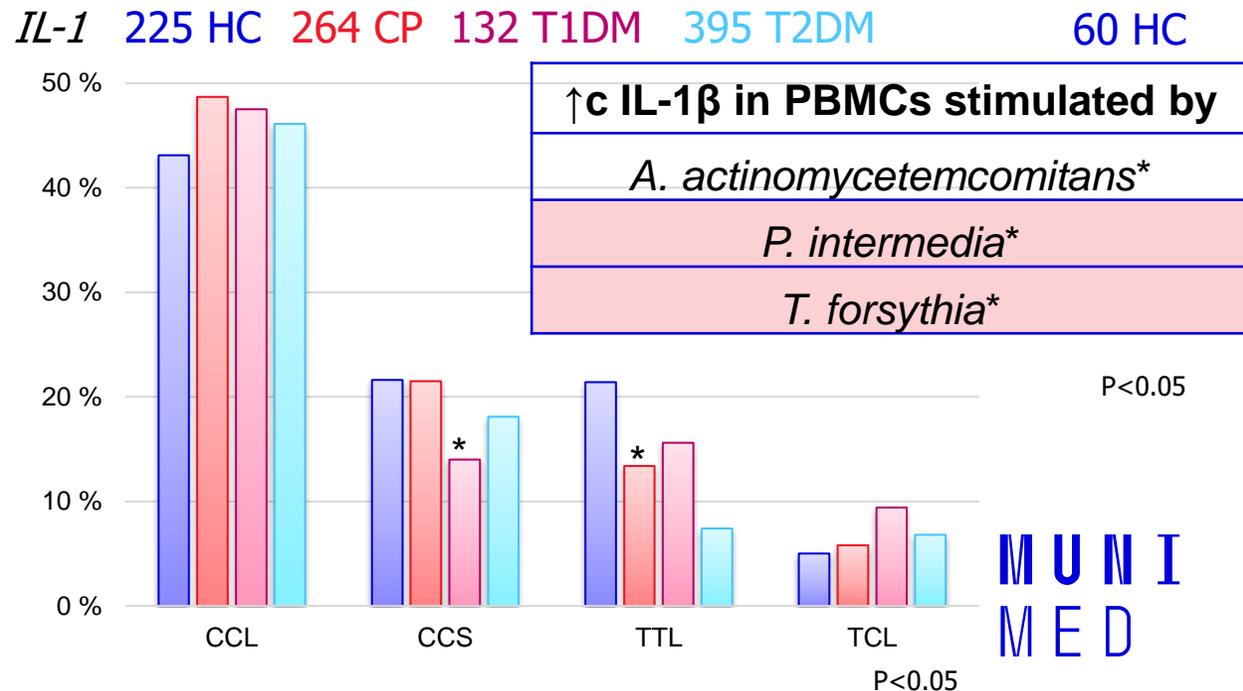
[Gómez-Flores-Ramos et al., 2014](#)

- SNP *IL-1B* and *IL-1RA* do not affect c IL-1β in serum

## Research Article

### Interleukin-1 Gene Variability and Plasma Levels in Czech Patients with Chronic Periodontitis and Diabetes Mellitus

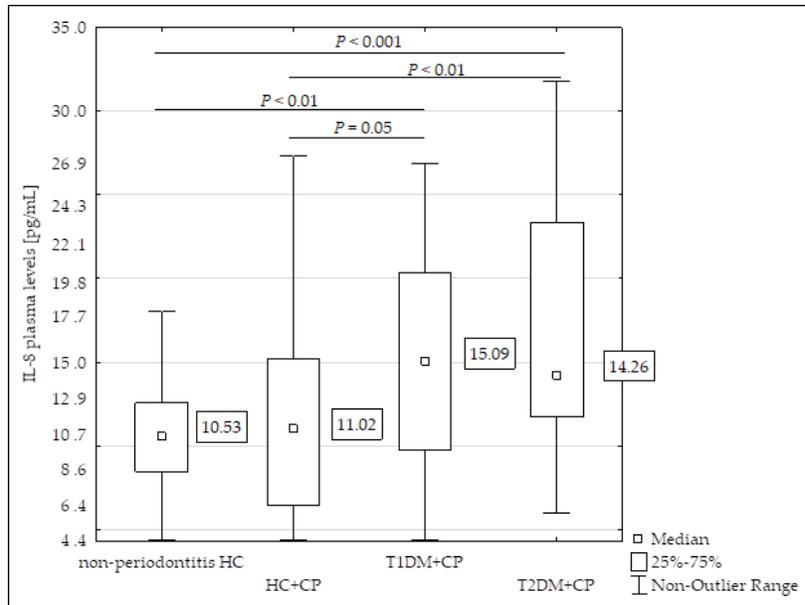
Petra Borilova Linhartova<sup>1,2</sup>, Hana Poskerova<sup>1</sup>, Marie Tomandlova,<sup>3</sup>  
Jirina Bartova<sup>4</sup>, Katerina Kankova<sup>2</sup>, Antonin Fassmann,<sup>1</sup>  
and Lydie Izakovicova Holla<sup>1,2</sup>



# Periodontitis

## Studies II and III.

- SNP *IL-8* was not associated with CP (CZ)
  - [Borilova Linhartova et al., 2013](#)
  - [Viana et al., 2010](#)
- haplotypes *CXCR2* were associated with CP (Brasil)



- SNP *IL-8* and *CXCR2* do not affect c *IL-8* in plasma P>0.05

Article

## Differences in Interleukin-8 Plasma Levels between Diabetic Patients and Healthy Individuals Independently on Their Periodontal Status

Petra Borilova Linhartova<sup>1,2,\*</sup>, Denisa Kavrikova<sup>1,\*</sup>, Marie Tomandlova<sup>3</sup>, Hana Poskerova<sup>1</sup>, Vaclav Rehka<sup>4</sup>, Ladislav Dušek<sup>5</sup> and Lydie Izakovicova Holla<sup>1,2,\*</sup>

IF 3,687

Q2 BIOCHEMISTRY & MOLECULAR BIOLOGY

Q2 CHEMISTRY, MULTIDISCIPLINARY

SNPs *CXCR2* +785/+1208

*A. actinomycetemcomitans*\*

*P. micra*\*

P<0.05

Hindawi  
Mediators of Inflammation  
Volume 2019, Article ID 2061868, 8 pages  
<https://doi.org/10.1155/2019/2061868>



Research Article

## Chemokine Receptor 2 (*CXCR2*) Gene Variants and Their Association with Periodontal Bacteria in Patients with Chronic Periodontitis

Denisa Kavrikova,<sup>1</sup> Petra Borilova Linhartova<sup>1,2,\*</sup>, Svetlana Lucanova,<sup>1</sup> Hana Poskerova<sup>1</sup>, Antonin Fassmann,<sup>1</sup> and Lydie Izakovicova Holla<sup>1,2</sup>

IF 3,549

Q2 CELL BIOLOGY

Q2 IMMUNOLOGY

# Periodontitis

## Study IV.

- SNP *IL-17A* -197A/G (rs2275913) associated with CP (Brazil, Iran)

[Corrêa et al., 2012.](#)  
[Saraiva et al., 2013](#)

[Zacarias et al., 2015](#)  
[Kadkhodazadeh et al., 2013](#)

- ↑ c IL-17 after *in vitro* stimulation of T cells from carriers of A allele, upregulation of IL-17A in patients with CP [Espinoza et al., 2011](#)
- ↑ monocyte IL-17 production in patients with T1DM

[Mitani et al., 2015](#)

<i>IL-17A</i> -197	CP	c IL-17 PBMCs stimulated by <i>P. gingivalis</i> [pg/ml]	c IL-17 unstimulated PBMCs [pg/ml]
AA+AG	19	1.51 (0.50-4.56)*	0.98 (0.25-8.53)*
GG	11	0.10 (0.00-1.51)	0.27 (0.00-0.54)

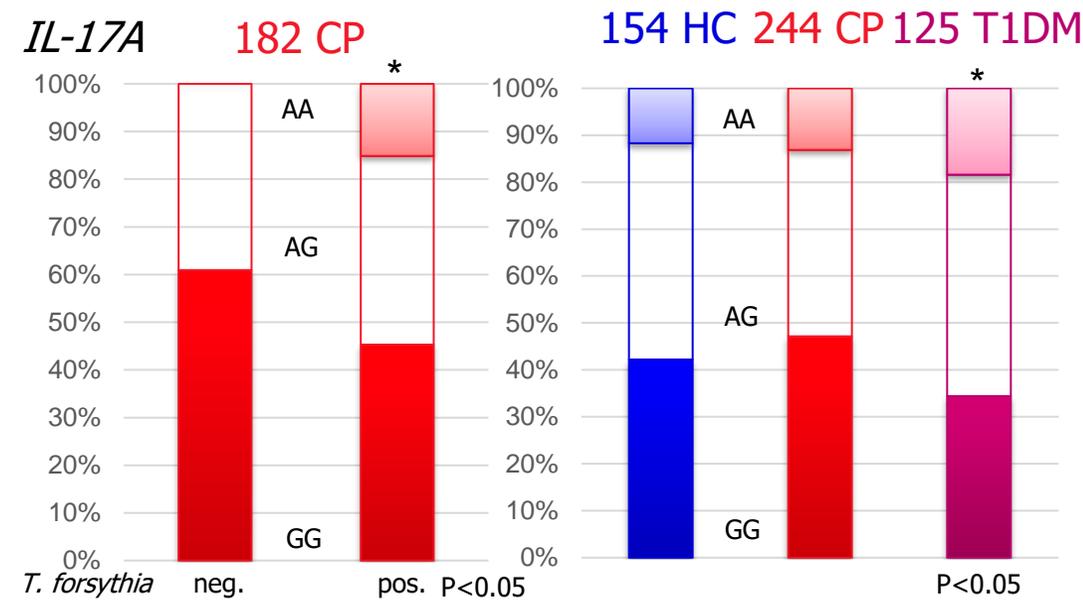
P<0,05

## Research Article

### *Interleukin-17A* Gene Variability in Patients with Type 1 Diabetes Mellitus and Chronic Periodontitis: Its Correlation with IL-17 Levels and the Occurrence of Periodontopathic Bacteria

Petra Borilova Linhartova,<sup>1,2</sup> Jakub Kastovsky,<sup>1,2</sup> Svetlana Lucanova,<sup>1</sup> Jirina Bartova,<sup>3</sup> Hana Poskerova,<sup>1</sup> Jan Vokurka,<sup>1</sup> Antonin Fassmann,<sup>1</sup> Katerina Kankova,<sup>2</sup> and Lydie Izakovicova Holla<sup>1,2</sup>

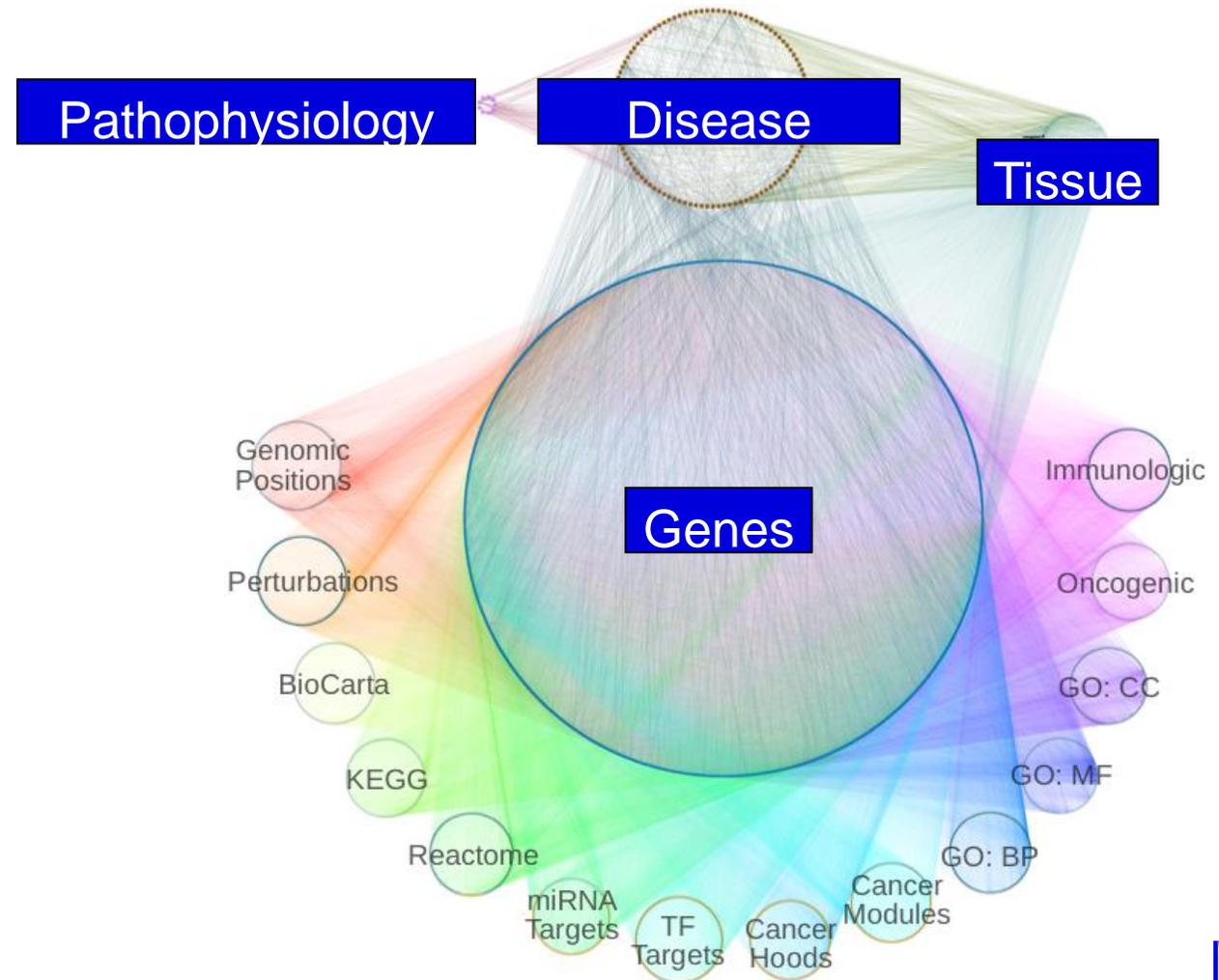
IF 3,232  
 Q2 CELL BIOLOGY  
 Q2 IMMUNOLOGY



# Complex diseases

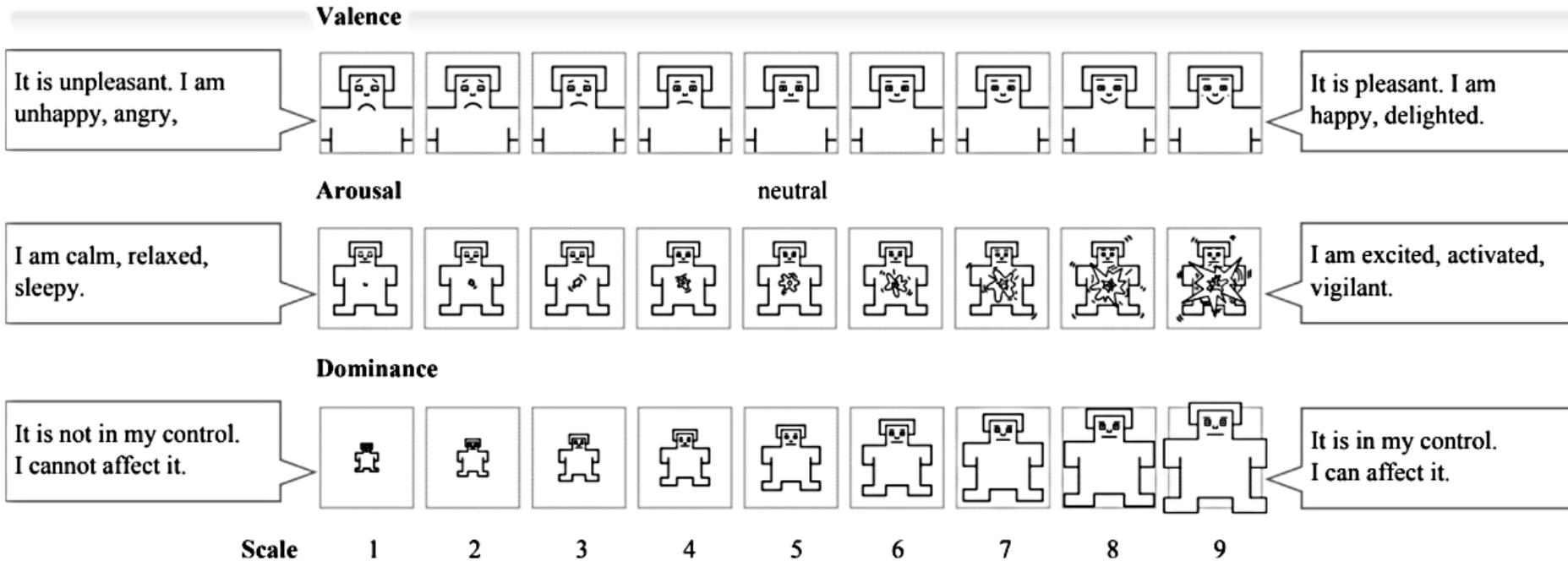
## Genetic Association Study

- Whole genome studies (GWAS)
- Study of candidate genes
- positional x functional
- studies of controls and cases
  
- Intergene interactions, gene and environmental interactions
- Algorithms
- Interdisciplinary cooperation



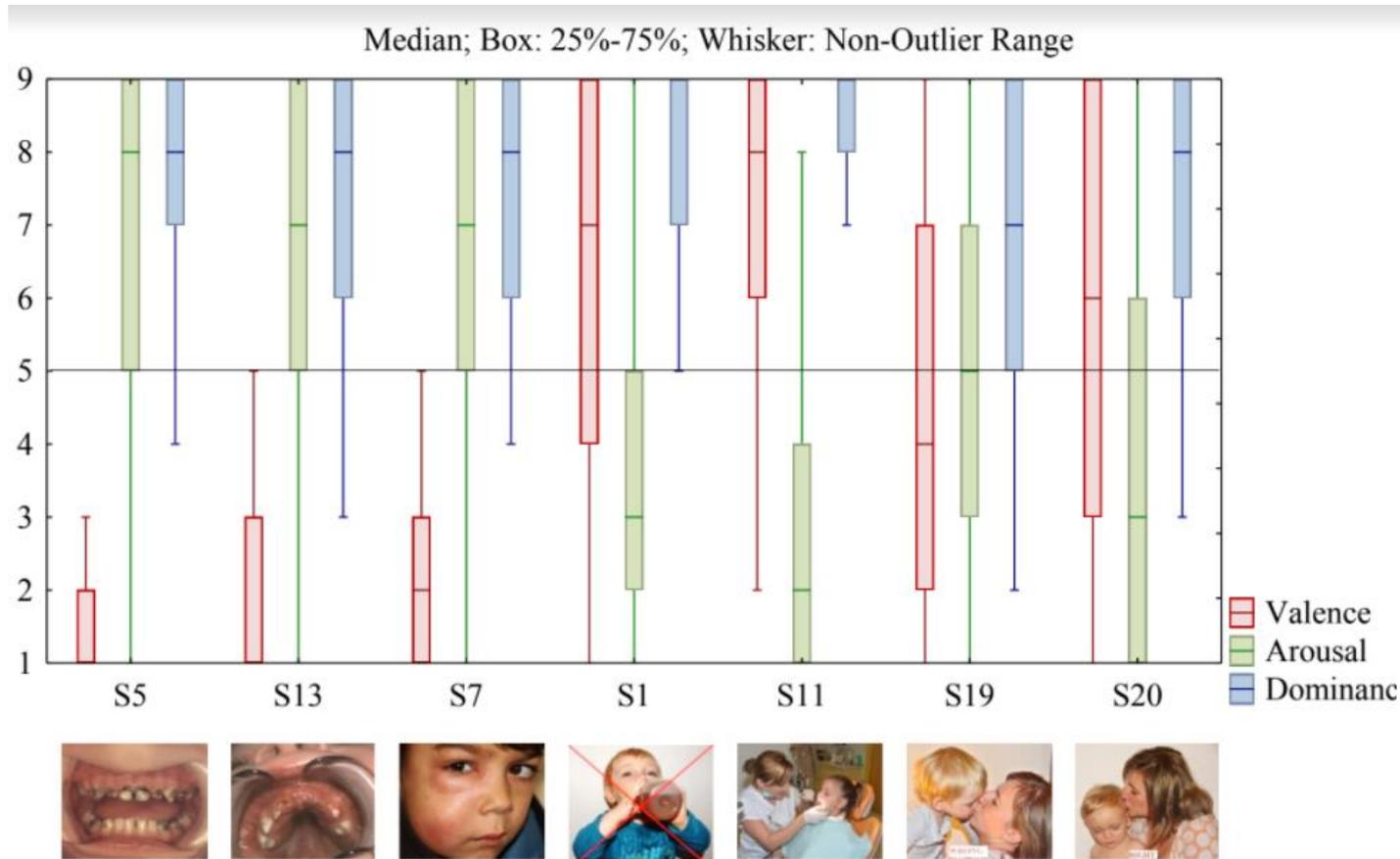
# Dental caries in temporary dentition– ECC

## Behavioral interventions



# ECC

## Behavioral interventions



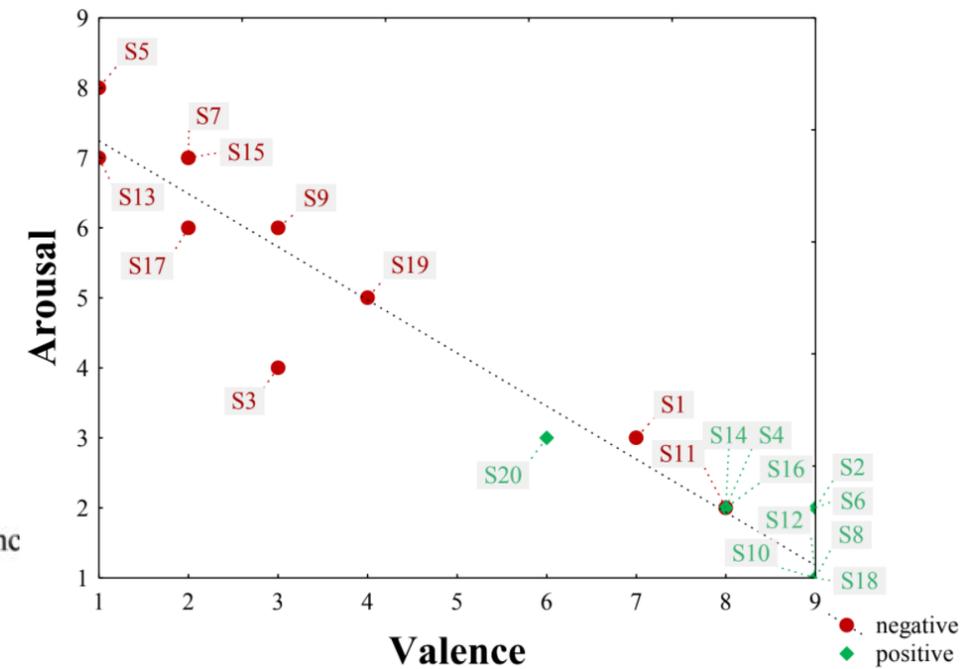
RESEARCH ARTICLE

Open Access



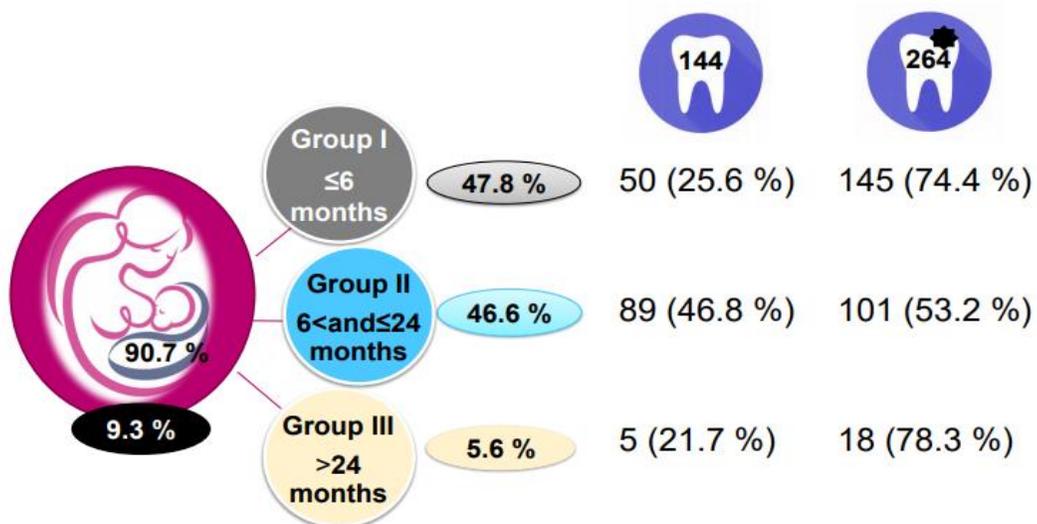
## Emotional stimuli candidates for behavioural intervention in the prevention of early childhood caries: a pilot study

Michaela Bartosova<sup>1</sup>, Miroslav Svetlak<sup>2</sup>, Martina Kukletova<sup>1</sup>, Petra Borilova Linhartova<sup>1,3</sup>, Ladislav Dusek<sup>4</sup> and Lydie Izakovicova Holla<sup>1,3,5\*</sup>



# ECC

## Breastfeeding



Frequency of sECC occurrence in relation to the duration of breastfeeding.

**\*vs. group I (P<0.001), \*\*vs. group III (P<0.01)**

## Retrospektivní klinická studie Retrospective Clinical Study

### Vztah mezi kojením a výskytem závažného kazu raného dětství

ČESKÁ STOMATOLOGIE  
ročník 118,  
2018, 3,  
s. 59-67

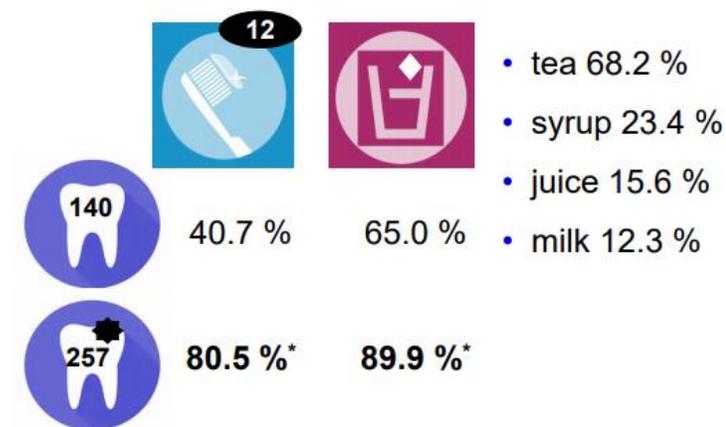
(Původní práce – retrospektivní klinická studie)

### Relationship between Breastfeeding and Severe Early Childhood Caries

(Original Article – Retrospective Clinical Study)

Bořilová Linhartová P.<sup>1,2</sup>, Kukietová M.<sup>1</sup>, Izakovičová Hollá L.<sup>1,2</sup>

<sup>1</sup>Stomatologická klinika LF MU a FN u sv. Anny, Brno  
<sup>2</sup>Ústav patologické fyziologie LF MU, Brno



Association of oral hygiene or sweetened soft drinks intake with the frequency of sECC occurrence. **\*P<0.0001**

# Human microbiota and microbiome

## Introduction

### – Microbiota

- It makes up for 1-3% of a person's body weight
- Complex ecosystem that is location- and conditions specific
- 10 times more bacteria than cells in the human body

A microbiome is a set of genes for all microorganisms that inhabit human tissues and fluids

- Unique imprint
- Project
- 100 times more genes in the microbiome than in the human genome (27,000 genes)



Characterization of the microbiomes of healthy human subjects at five major body sites, using 16S and metagenomic shotgun sequencing.

Enter HMP1



Characterization of microbiome and human host from three cohorts of microbiome-associated conditions, using multiple 'omics technologies.

Enter iHMP



MUNI  
MED

# Human

Philosophical view

- Brain
  - Personality and thinking
- Immune system
  - Adaptive IS
- Genome
  - Phenotypes



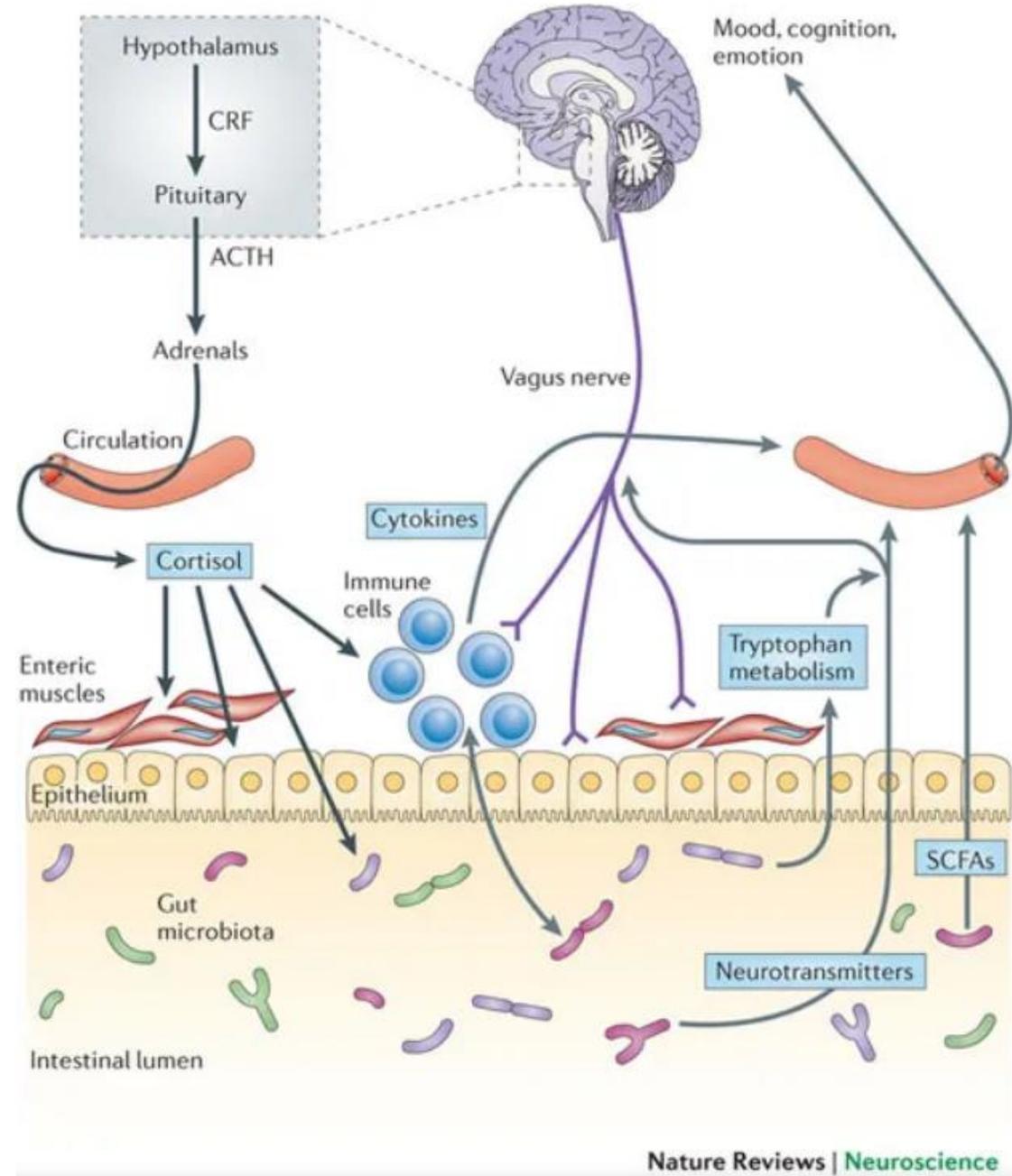
# Human microbiota

- Eukaryotes
  - Fungi
  - Protozoa
- Bacteria
- Archaea
- Viruses
- Conjunctiva
- Oral cavity
- Airways
- Mammary glands
- GIT
- Skin
- Urogenital tract

# Human microbiota

## Brain

- Brain-gut axis
- Stress, Depression, Autism, PD, AD
- Regulation with pre- and probiotics
- SCFAs regulate GPR41-mediated activity of sympathetic NS-E release
- Tryptophan has a direct effect on sleep
- Neurotransmitters
- Cytokines



# Human microbiota

## Immune system

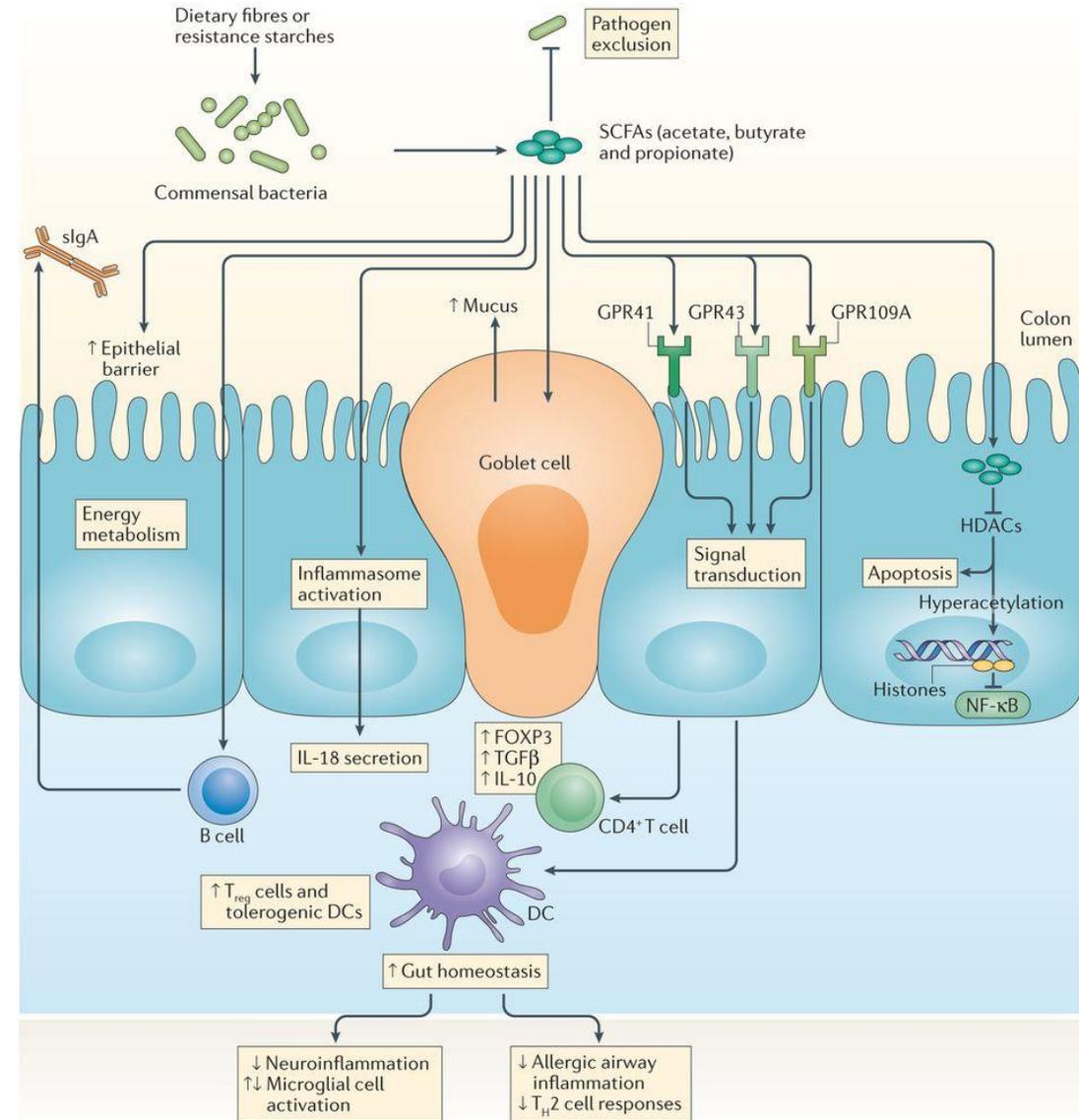
### – SCFA

- Stimulating the production of intestinal mucus
- Differentiation of B cells to plasma cells producing Ig
- Associated with anti-inflammatory phenotype (inhibition of histone deacetylases)
- *Bacteroides fragilis* PSA
- Induction of CD4<sup>+</sup> T lymphocyte profile – induction of Treg and suppression of Th17 and Th1

### – Niacin, tryptophan, taurine (inflammasome)

211 Research Activities in Dentistry 2021

[Rooks M. G. et Garrett W. S., 2016](#)



[Belkaid Y. et Hand T. W., 2014](#)

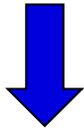
Nature Reviews | Immunology

MUNI  
MED

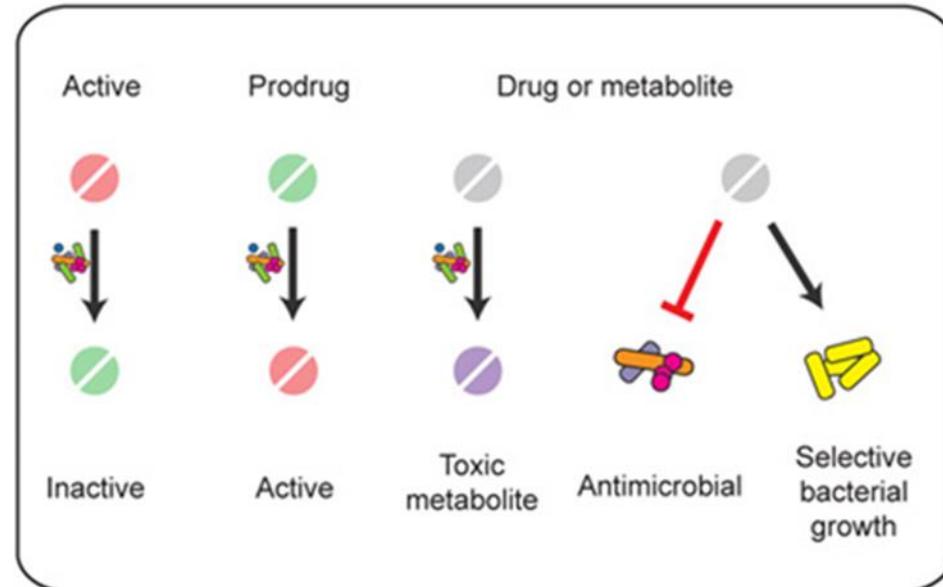
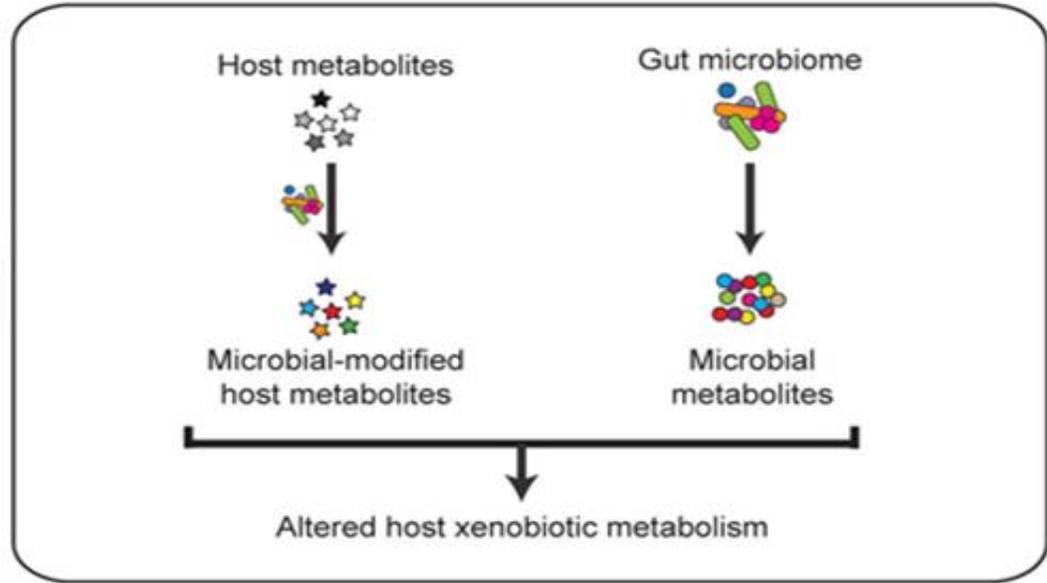
# Human microbiome

„Second genome“

- Epigenetic modifications
- Metabolization of xenobiotics (indirectly/directly)



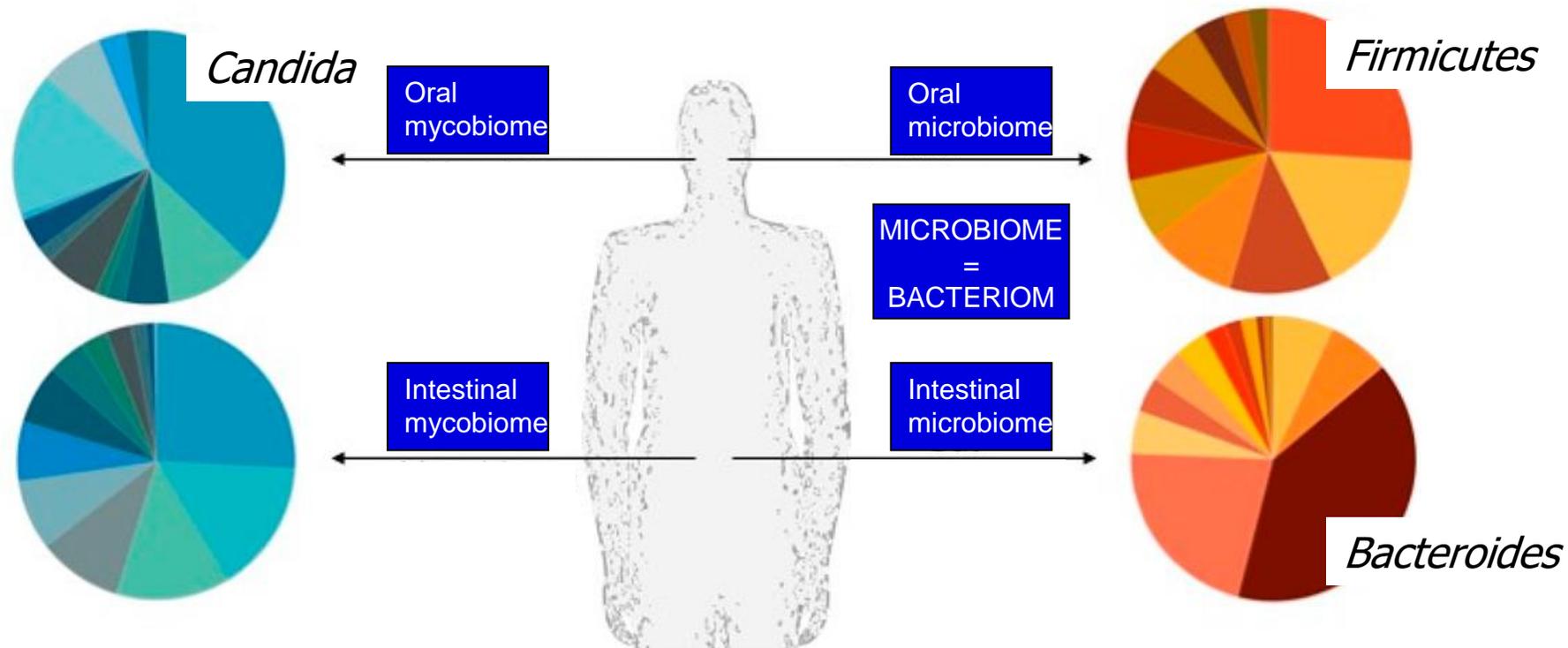
- **Personalized therapy**
- *Eggerthella lenta* – normally, only a specific strain with *cgr1* and *cgr2* genes inactivates digoxin (their operon inhibited by Arg)



# Comparison of microbiomes

Oral vs. intestinal

- Similarity at the genus level but differ in species diversity and relative abundance



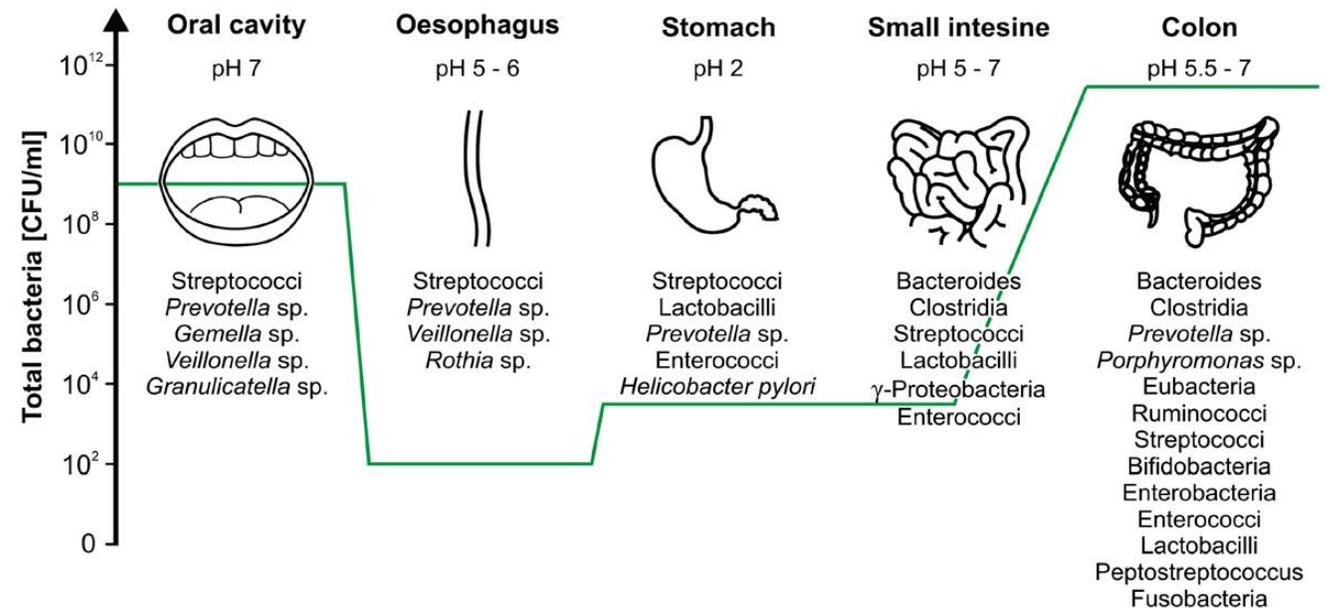
**Generic  
Diversity**



# Comparison of microbiomes

## Oral microbiome – diagnostics

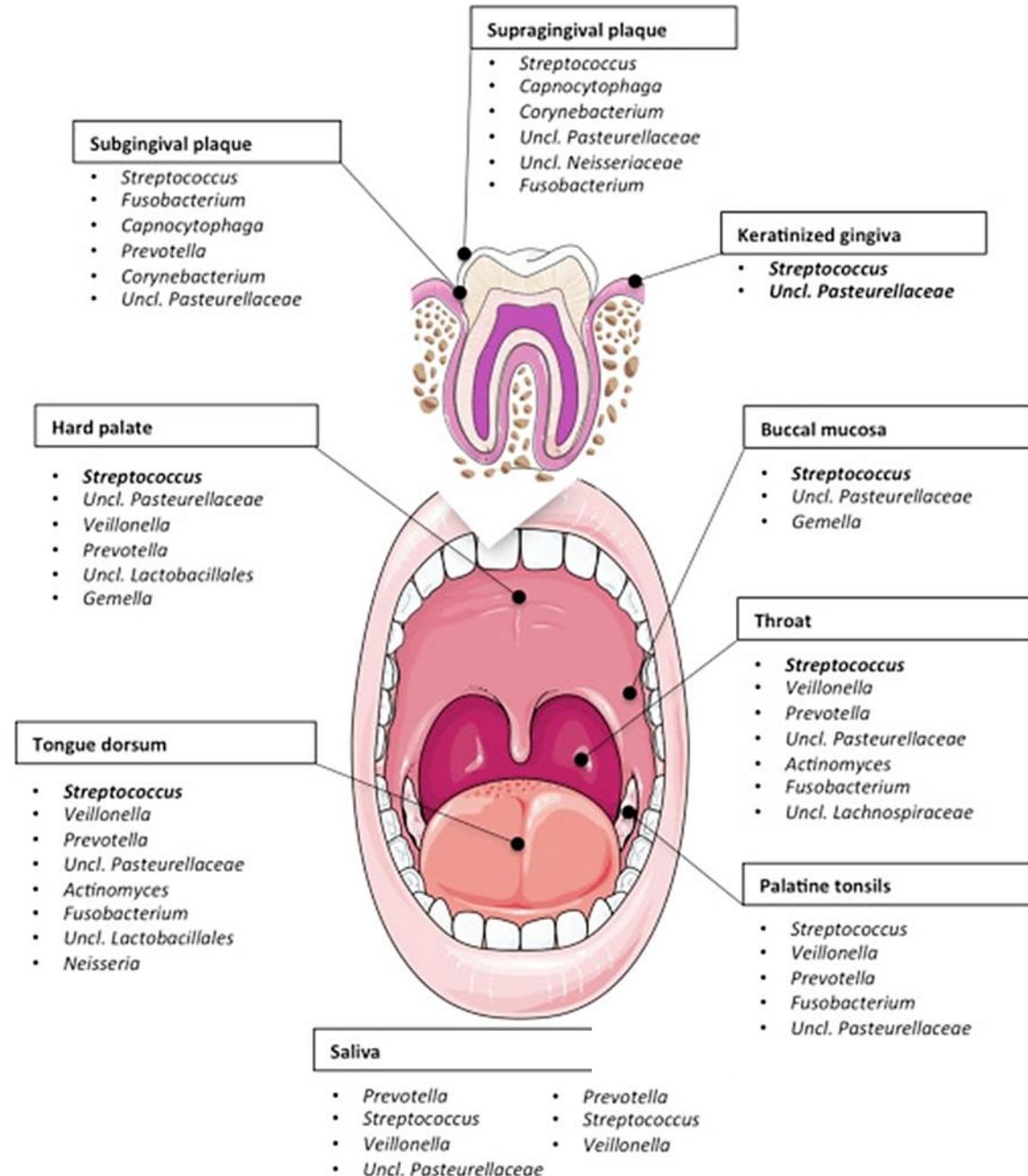
- Oral microbiome in patients with Barrett's esophagus
- Increased relative incidence of *Firmicutes* and reduced incidence of *Proteobacteria*
- Possibility to identify patients with BE on the basis of the oral microbiome with 96.9% sensitivity and 88.2% specificity
- *Lautropia*, *Streptococcus*, *Enterobacteriaceae*



# Oral microbiome

## Ecosystems

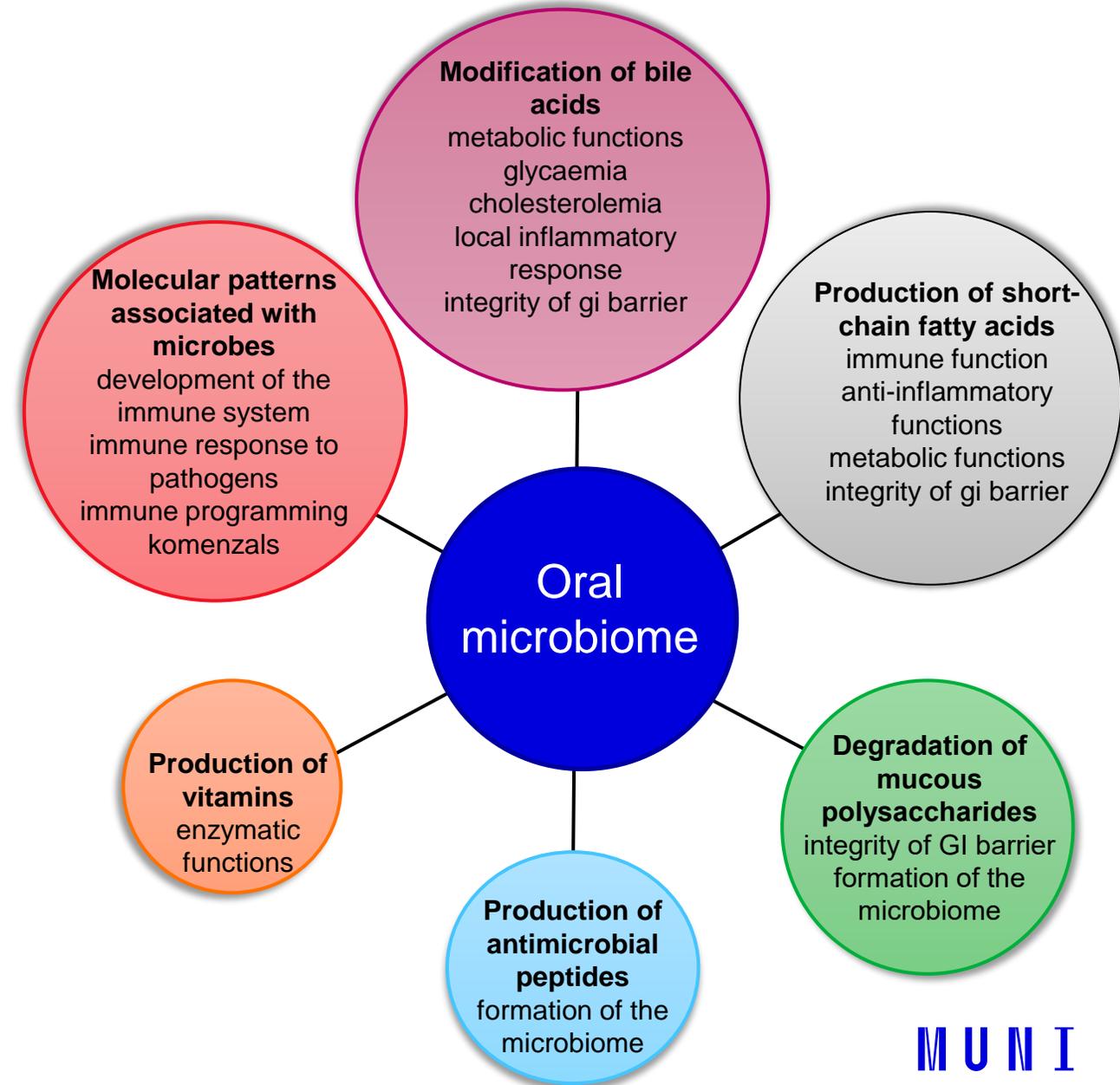
- 700 to 1000 bacterial species (HOMD, [www.homd.org](http://www.homd.org))
- c O<sub>2</sub>, pH, endogenous nutrients
- Soft and hard tissue surfaces
- Creation of biofilms (graduating)
- Mucosal shealation
- Fluid
- Saliva, gingival fluid



# Oral microbiota

## Function

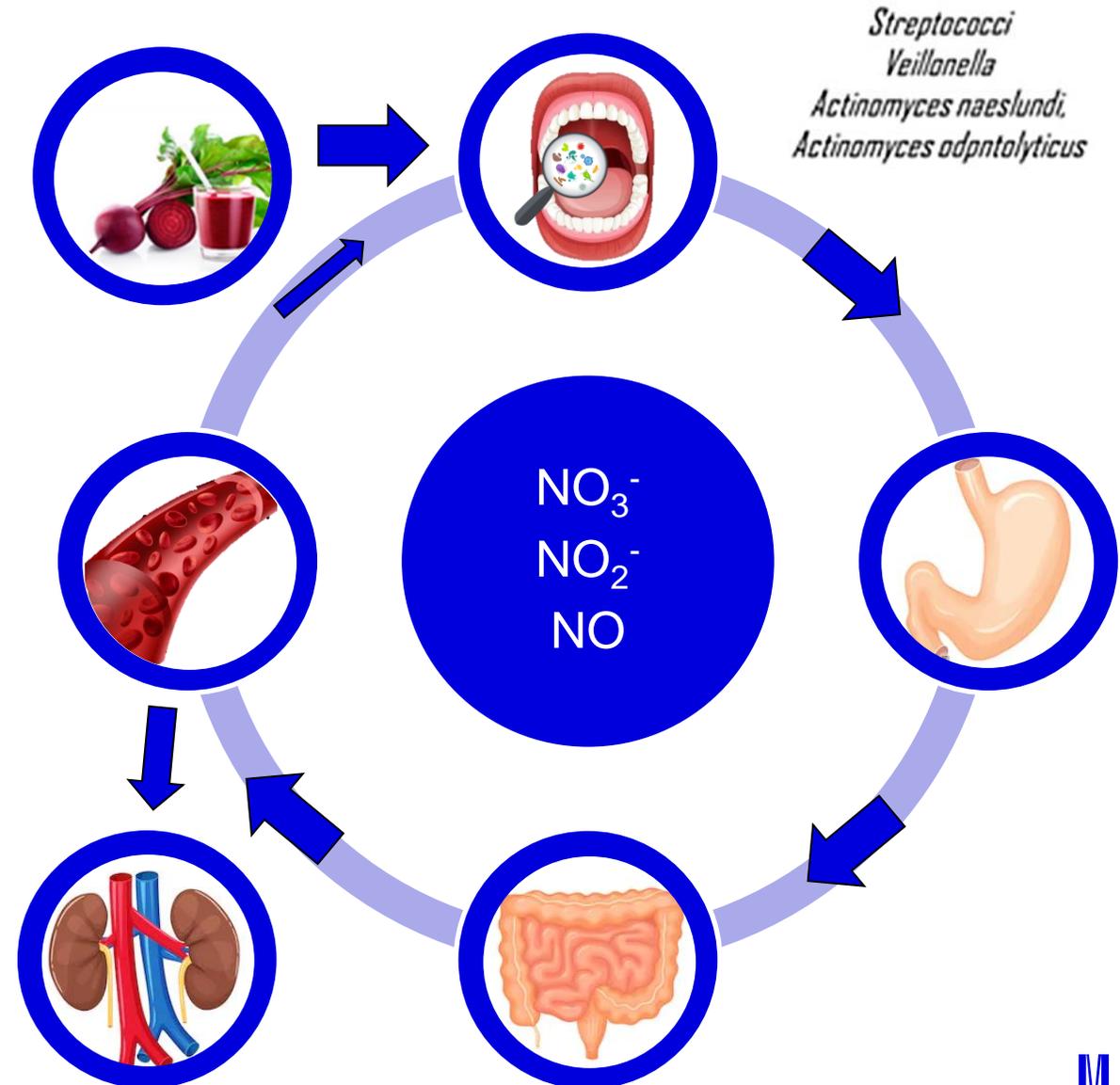
- Effect on the host immune system
  - Development and maturation of IS cells (SCFA, molecular patterns associated with bacteria)
  - Downregulation of proinflammatory and upregulation of interferon response
  - Barriers - creation, integrity, support (mucus)
  - Competition with potential pathogens
- Contribution to food metabolism and xenobiotics
  - Fermentation, modification of bile acids
  - Enterosalivation circuit (NO)
  - Vitamin production



# Oral microbiota

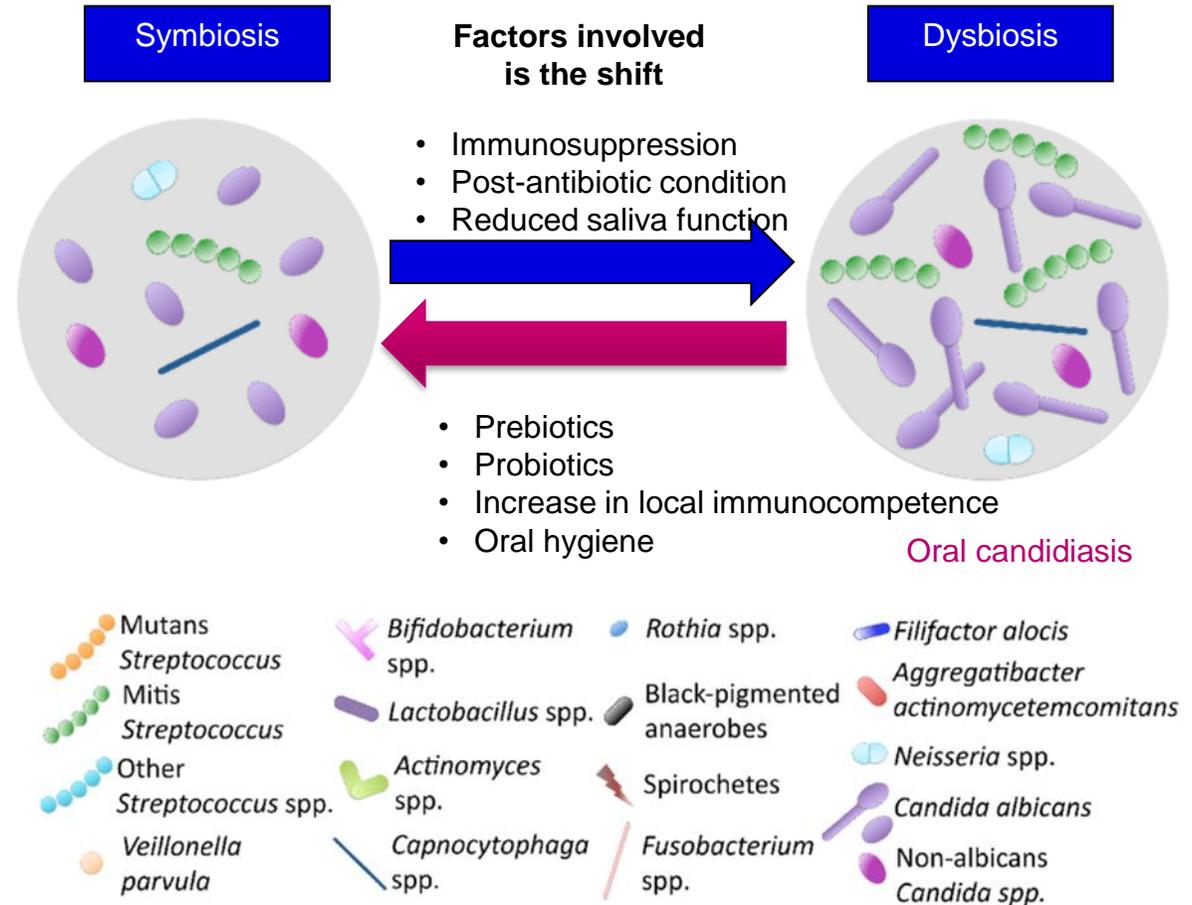
Function - enterosalivation circuit

- ¼ nitrates are recycled in the salivary glands (sialin – active transport)
- NO Importance
  - Vasodilatation of blood vessels (antihypertensius)
  - Stimulation of gastric mucus secretion
  - Antimicrobial properties



# Symbiosis and dysbiosis

- Microbiota in general is not harmful to humans
- Homeostasis disruption – competition
- The change in the composition of the microbiome correlates with many diseases
- **Controlled handling of the microbiota has therapeutic potential**

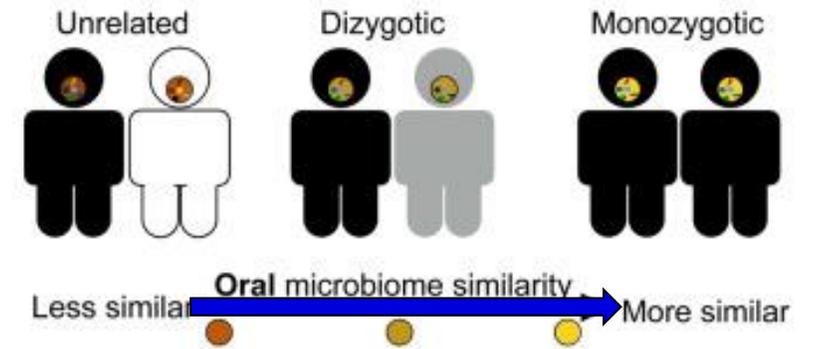


# Factors affecting the oral microbiota

## Host

- **Sex**
- **Immune system**
- **Health**
- **Host Age**
- Teeth eruption
  - Transmission
  - Microevolution of microbiota

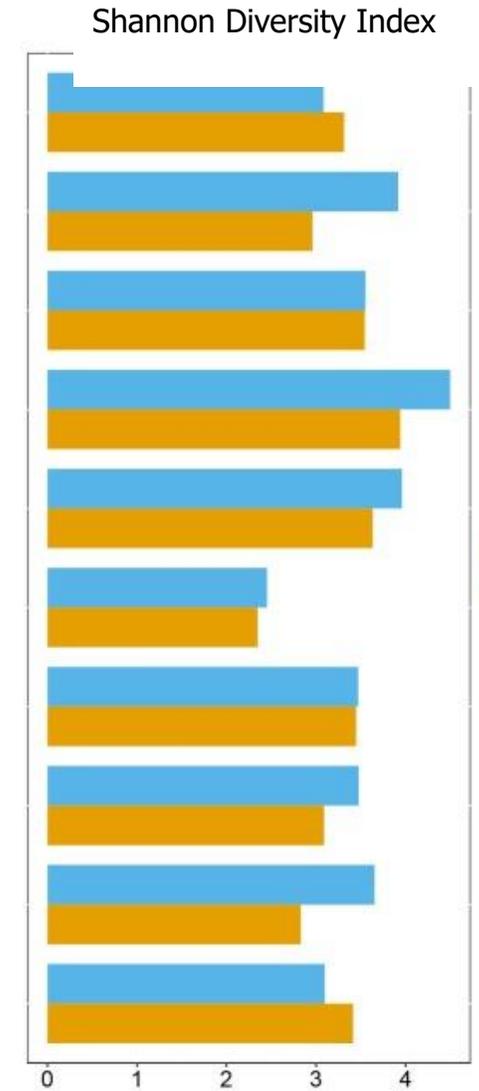
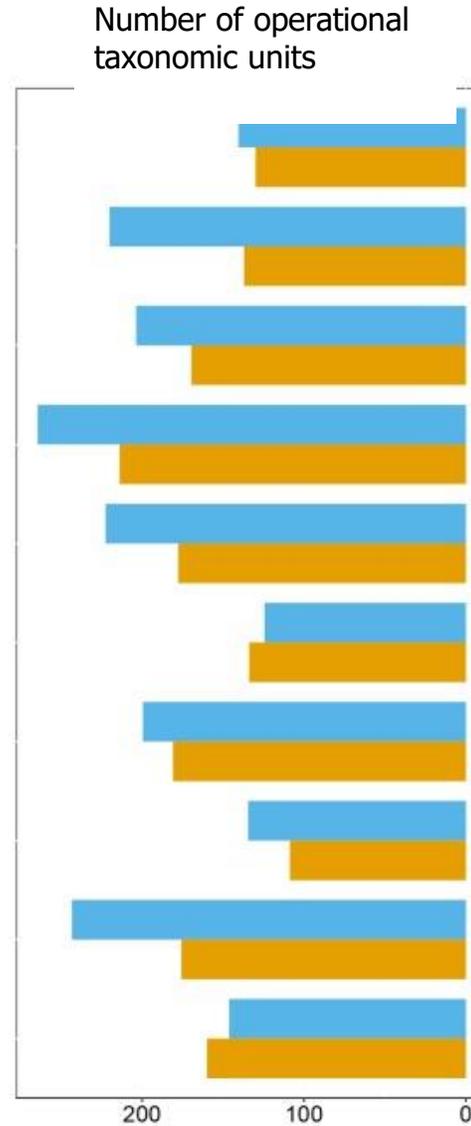
- **Genome**
  - twins MZ vs. DZ
  - interpopulation variability
- **Use of xenobiotics**
  - Pharmaceuticals
  - Alcohol
  - Smoking
  - **Oral hygiene**
  - **Diet**
  - Fermentable carbohydrates



# Oral microbiome

## Mouthwash

- Saliva
- Mouthwash with 12% alcohol

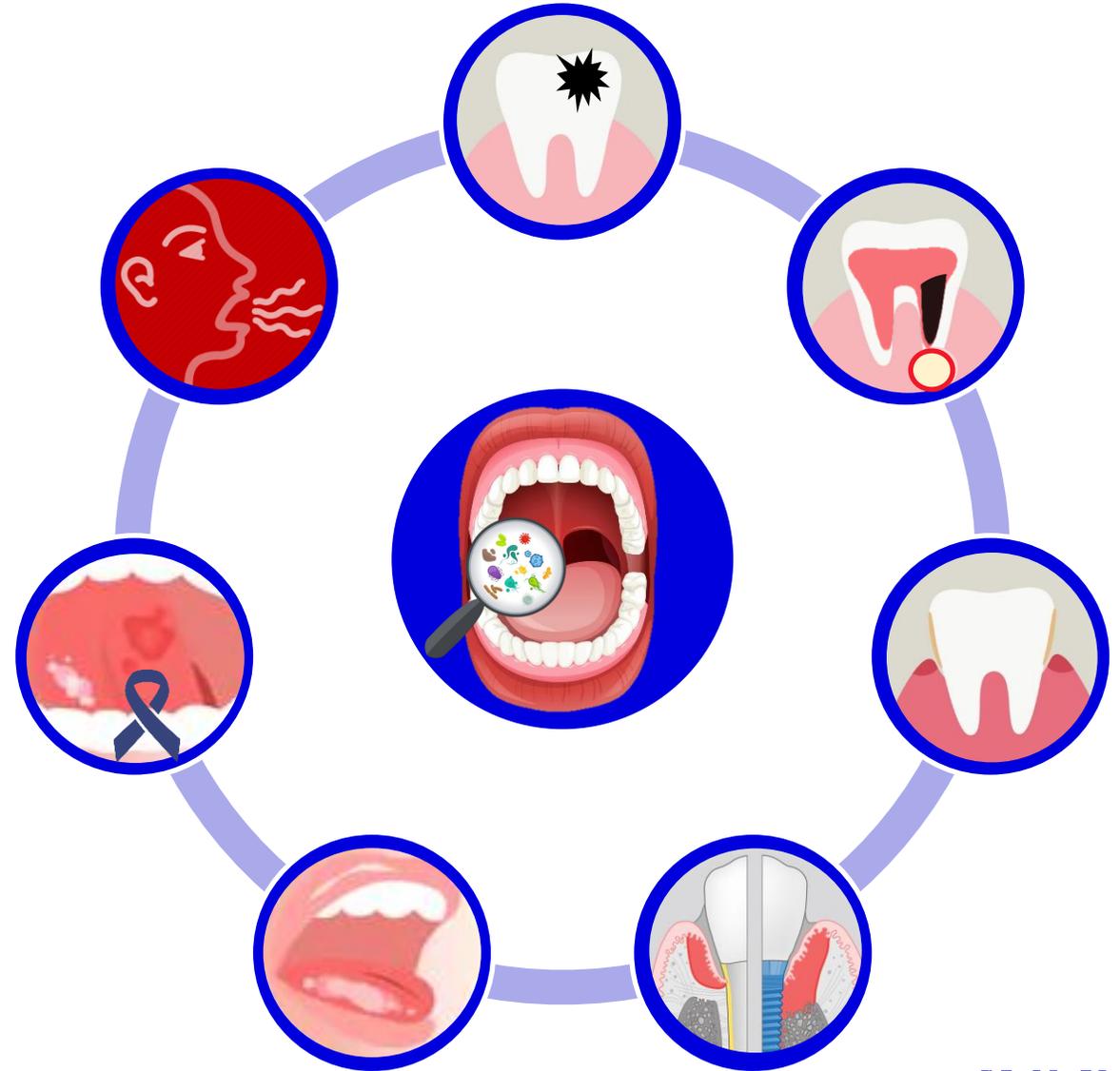


■ Mouthwash  
■ Saliva

# Oral dysbiosis

## Oral diseases

- Dental caries
- Apical periodontitis, radical cyst
- Periodontitis
- Perimplantitis
- Diseases of the oral mucosa
  - Oral lichen planus, leukoplakia, SLE
- Cancer of the orofacial region
- Halitosis



# Oral dysbiosis

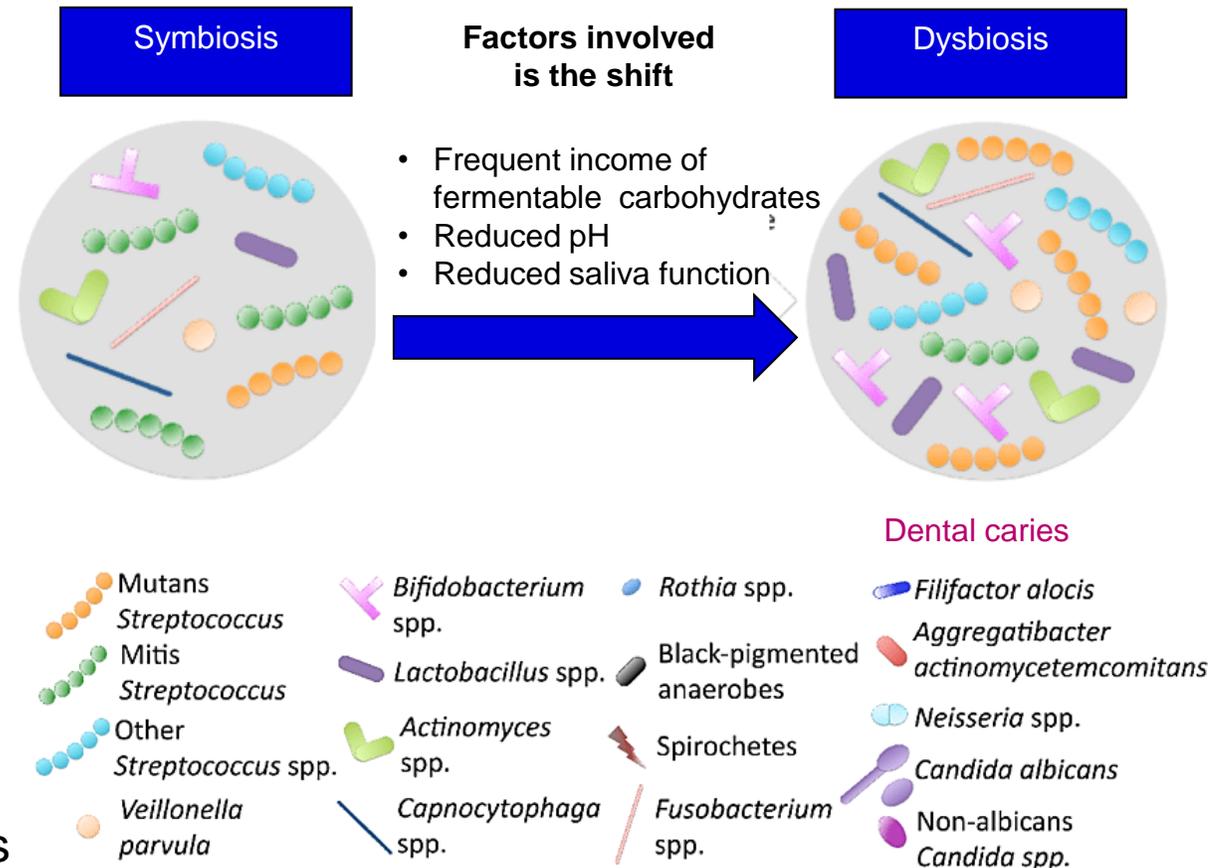
## Dental caries

### – Acidogenic/aciduric bacteria

- *Streptococcus mutans*
- *Lactobacillus* sp.
- *Bifidobacterium* sp.
- Other *Streptococcus* sp.

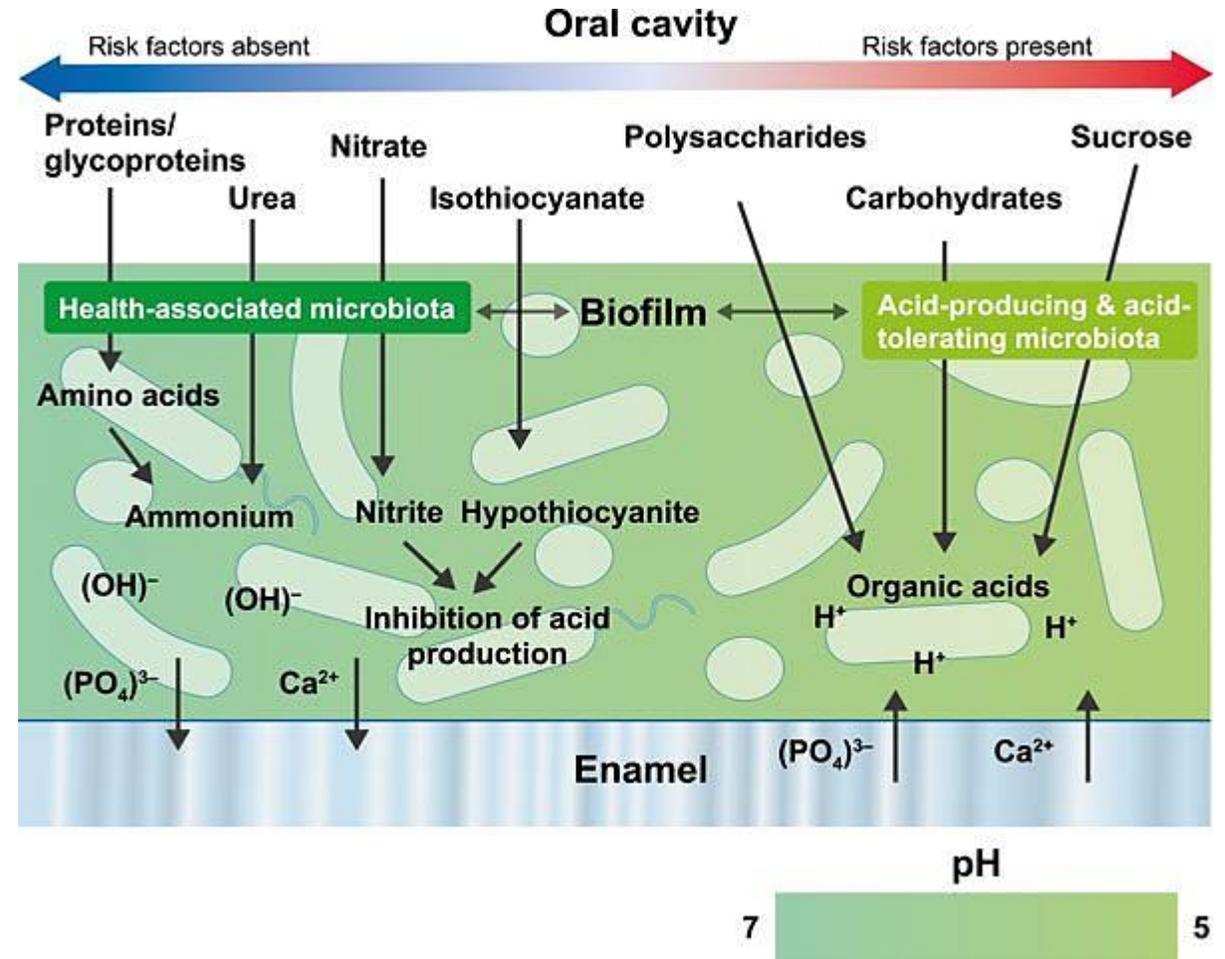
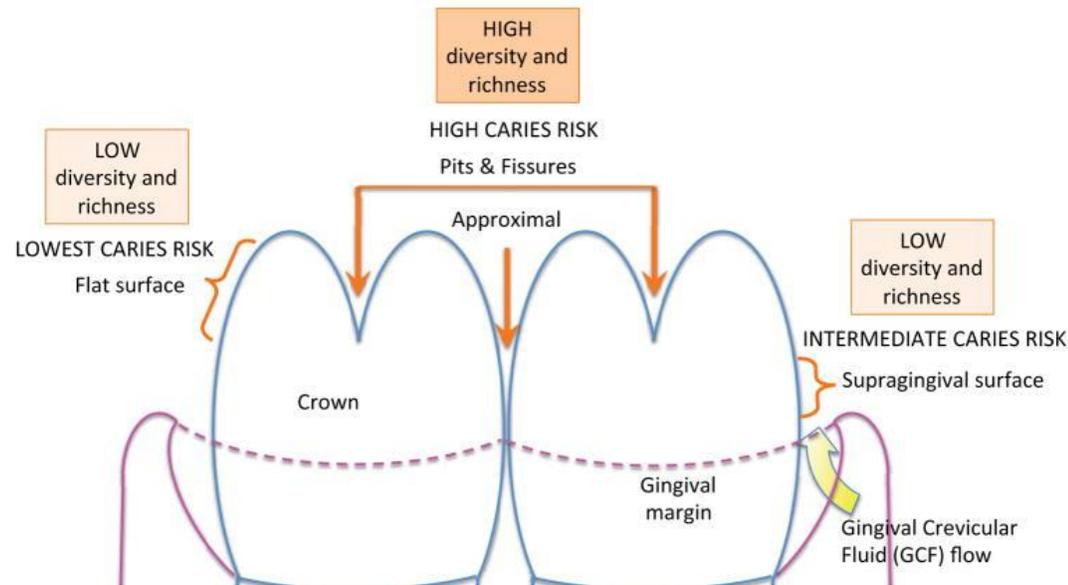
### – Key features

- Acid production
- Acid pH tolerance
- Production of exopolymers
- Production of intracellular polysaccharides



# Oral dysbiosis

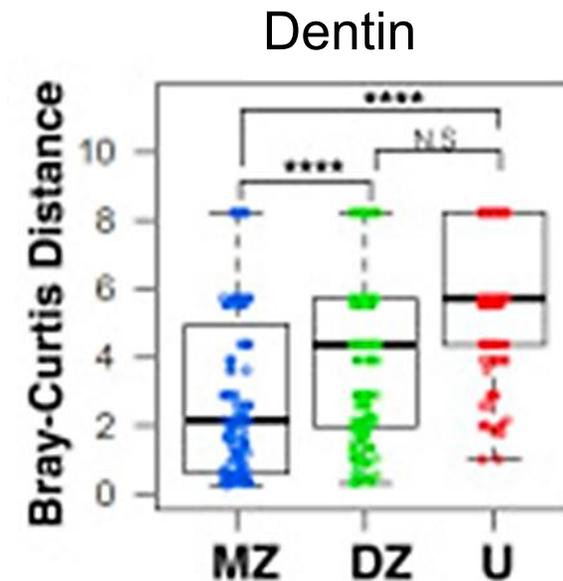
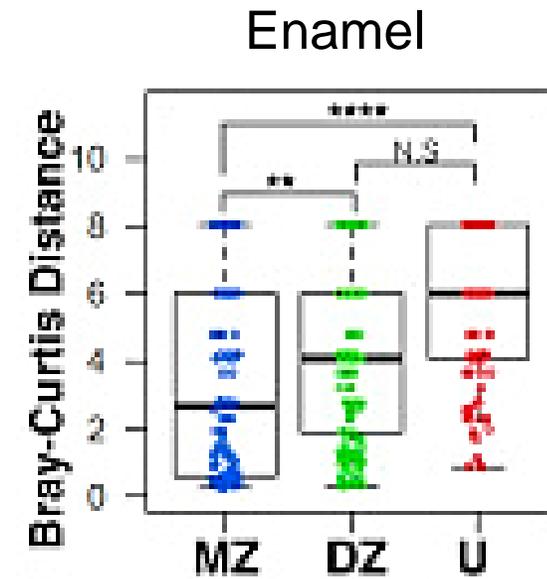
## Dental caries



# Oral dysbiosis

## Dental caries

- sECC
  - *Streptococcus (mutans)*,  
*Porphyromonas* and *Actinomyces*
- Synergistic action of microbiots with acidogenic properties
- Host-microbiota interactions



# Oral dysbiosis

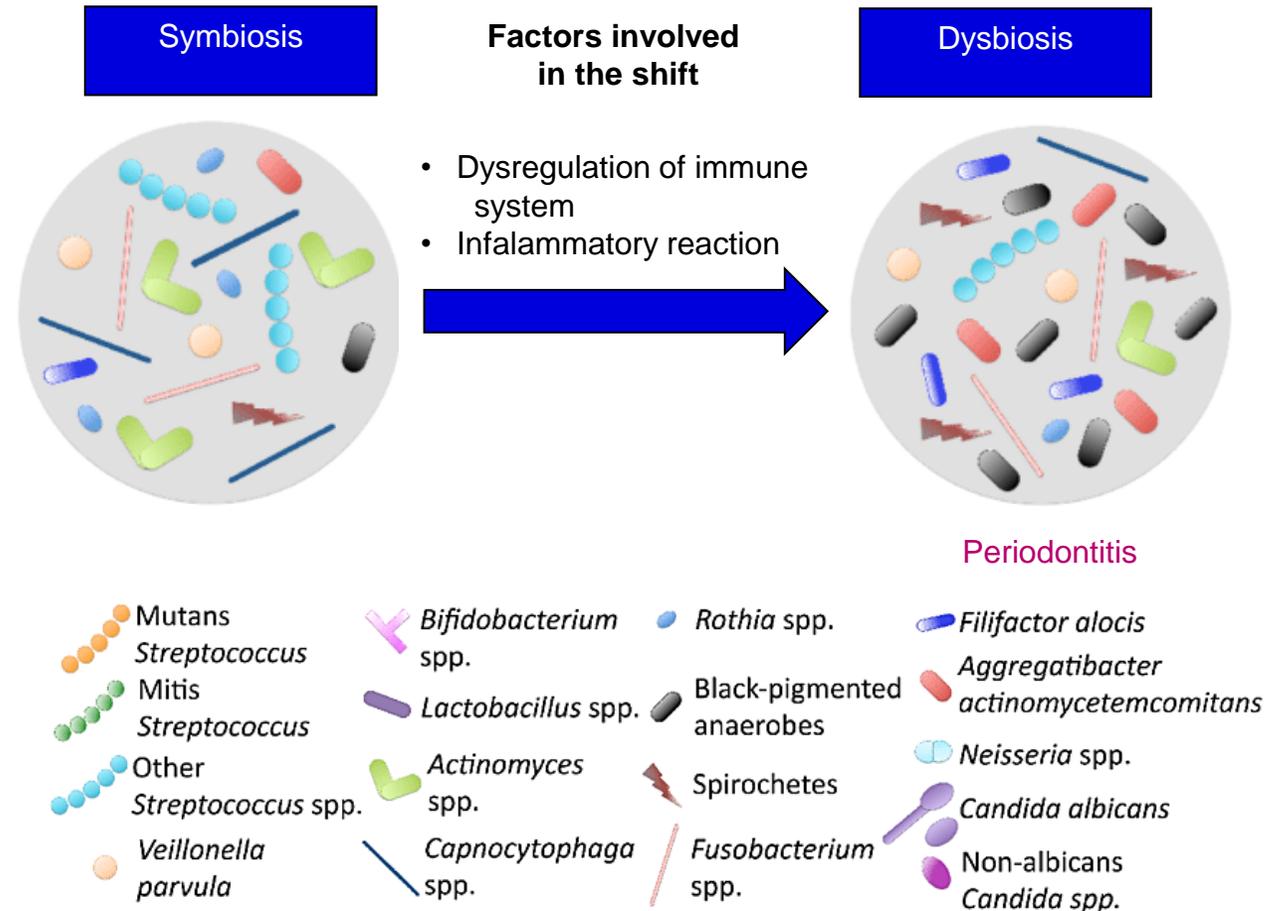
## Periodontitis

– Anaerobic and proteolytic bacteria

- *P. gingivalis*
- *T. forsythia*
- *T. denticola*
- and others

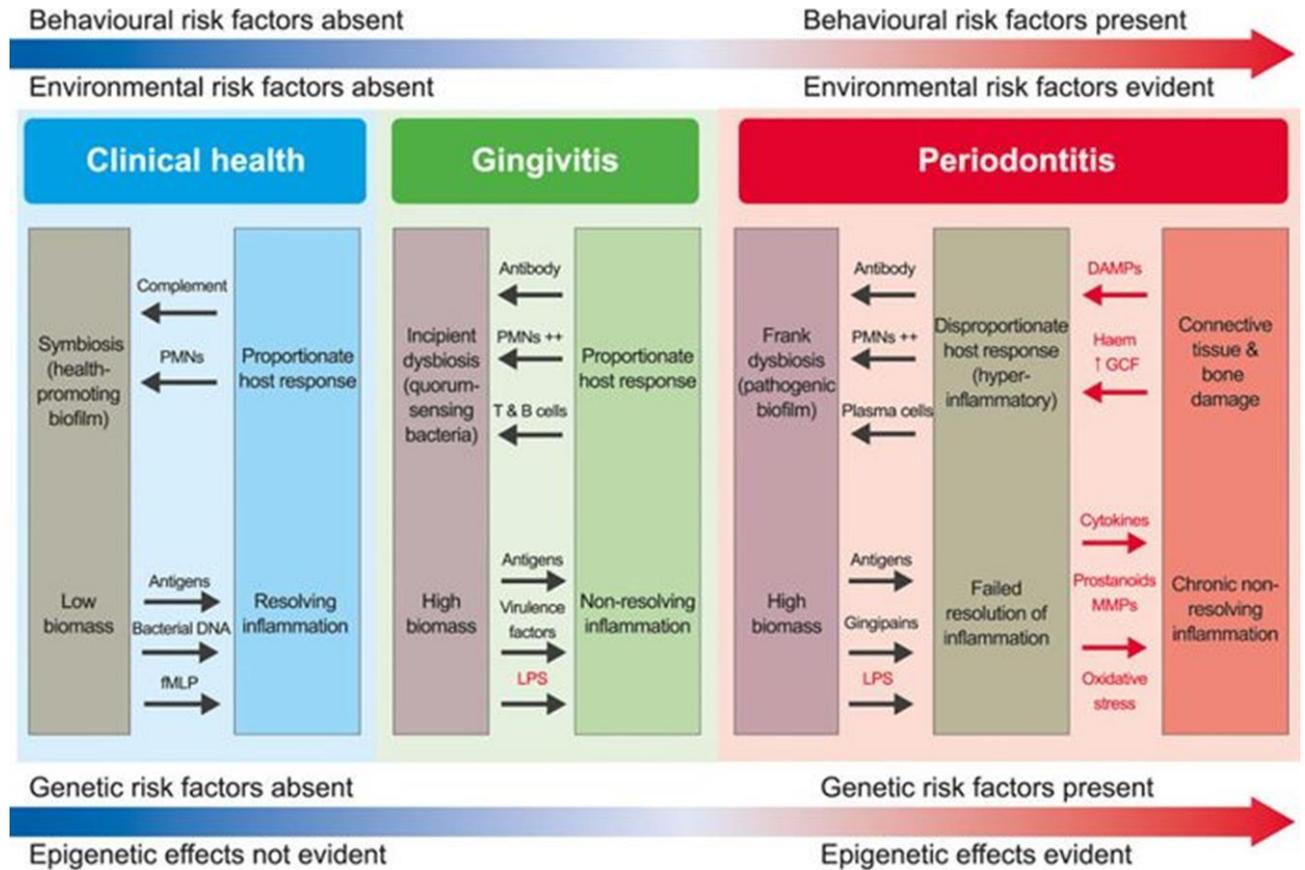
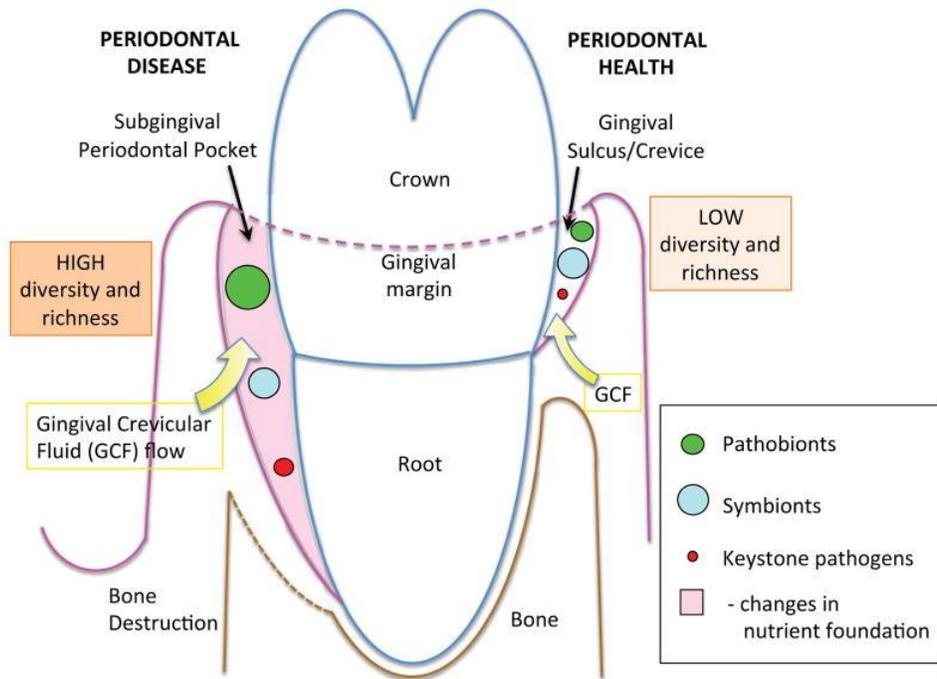
– Key features

- Protease production
- LPS production
- Cytotoxins
- Induction of proinflammatory response (cytokines)



# Oral dysbiosis

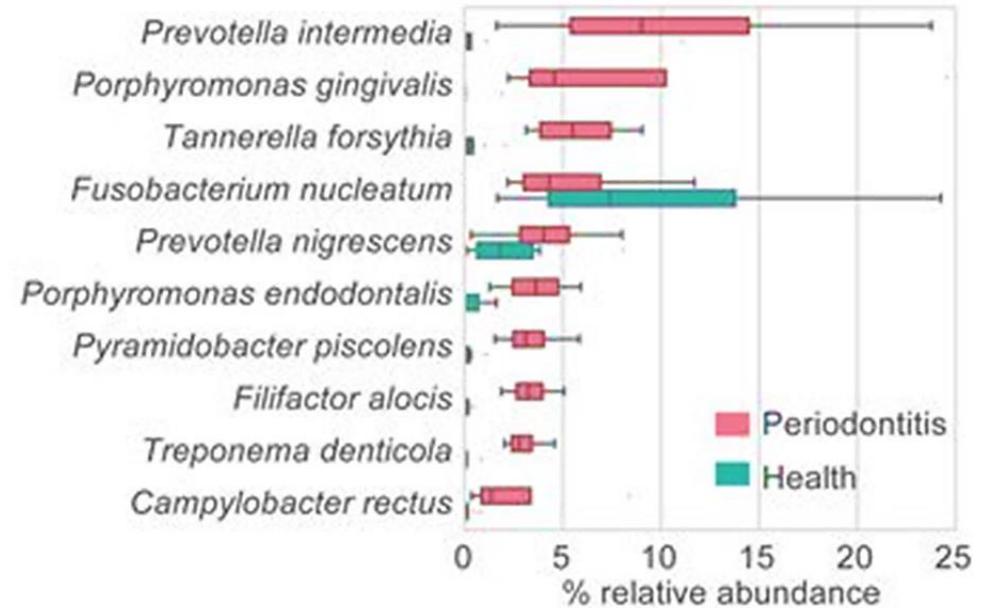
## Periodontitis



# Oral dysbiosis

## Periodontitis

- Metagenome and metatranscriptome (differential expression analysis)
- 9 virulence factors expressed 500 times more in dysbiosis



Adhesion and colonization

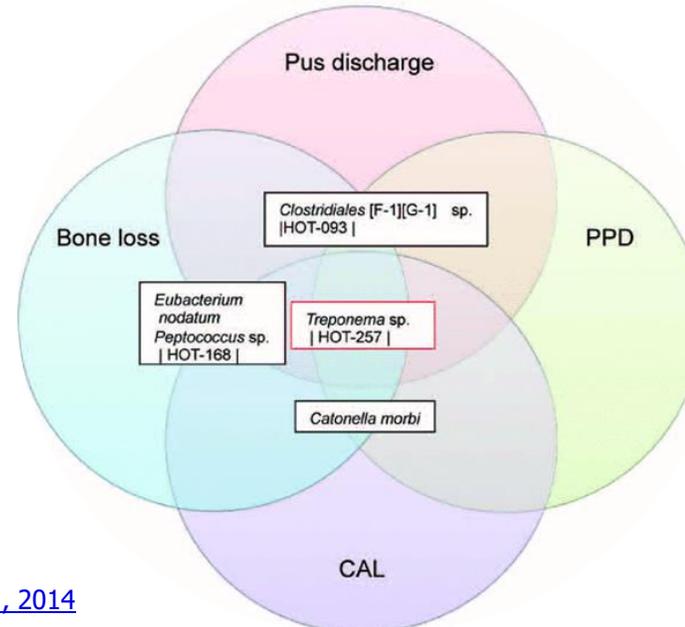
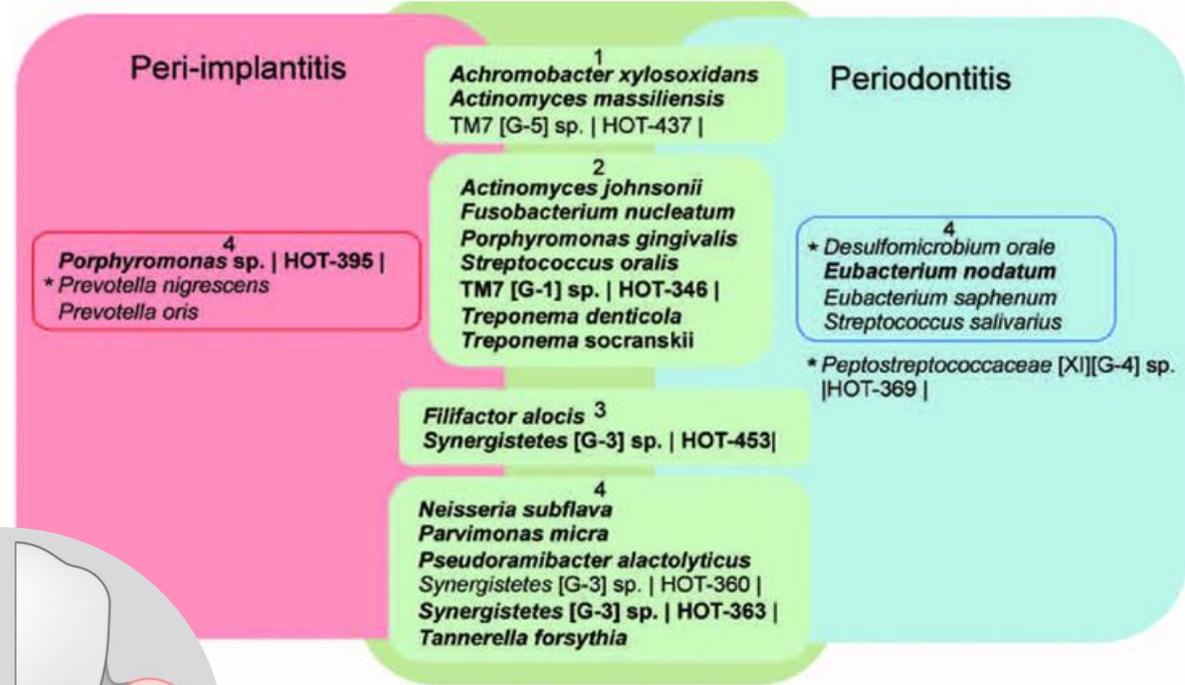
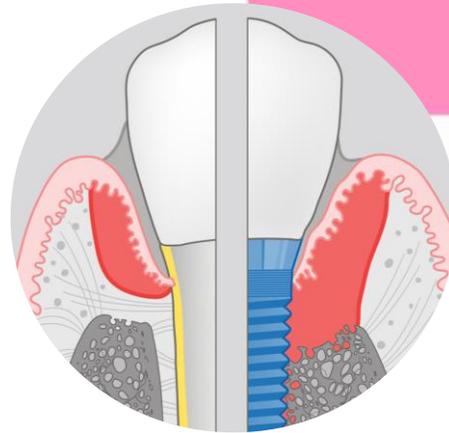
Surface protease that hydrolyzes pro-inflammatory cytokines

Virulence factors	Organism
<u>fimA type 1b</u>	<i>Po. gingivalis</i>
<u>fimA type 1</u>	<i>Po. gingivalis</i>
Immunoreactive 47 kD antigen	<i>Po. gingivalis</i>
Hemagglutinin A (hagA)	<i>Po. gingivalis</i>
Arginine deiminase (arcA)	<i>Po. gingivalis</i>
Serine protease <u>dentilisin</u>	<i>Tr. denticola</i>
Flagellar motor switch protein (FlhG)	<i>Tr. denticola</i>
fimA type 3	<i>Po. gingivalis</i>
Arginine deiminase (arcA)	<i>My. arginini</i>

# Oral dysbiosis

## Perimplantitis

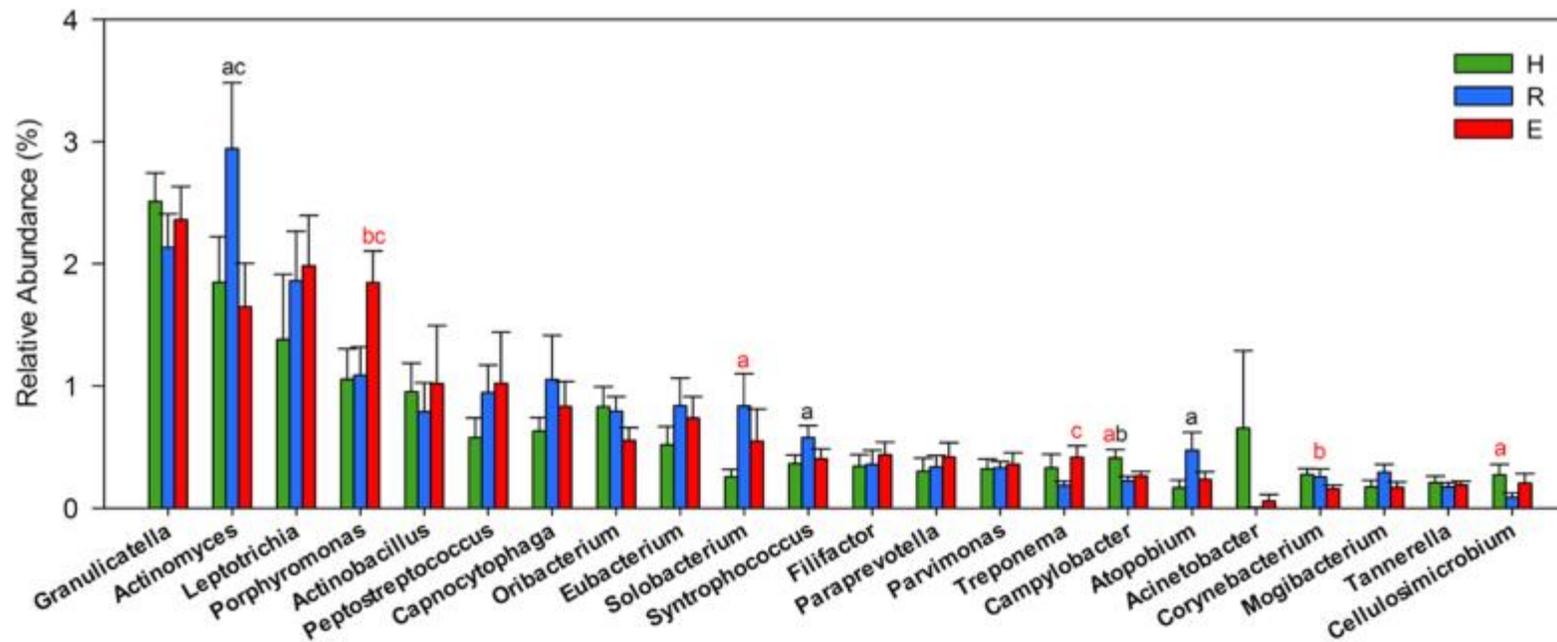
- *Prevotella nigrescens* significantly increased in periimplantitis than in periodontitis
- *Treponema* sp. associated with 4 clinical parameters



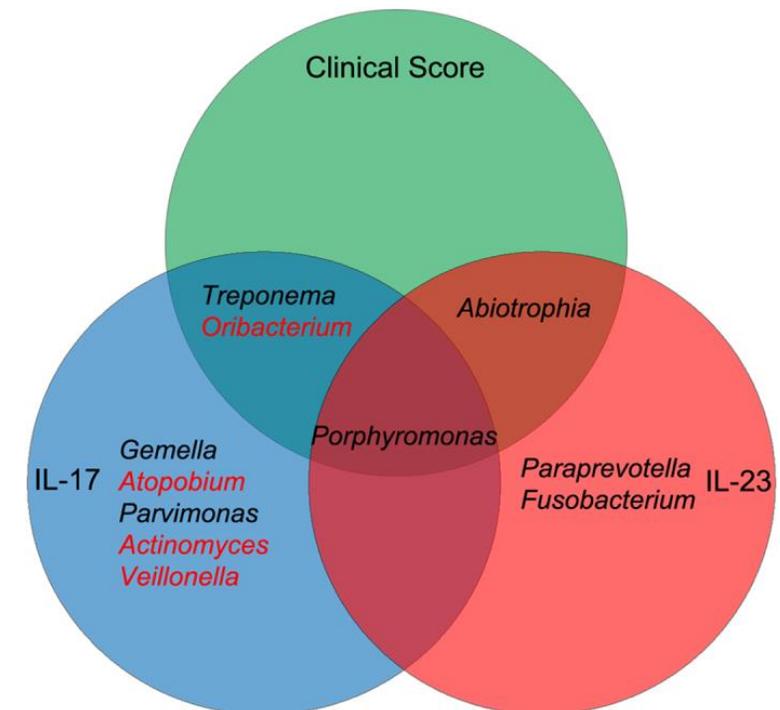
# Oral dysbiosis

Diseases of the oral mucosa

– Oral lichen planus – erosive, reticular



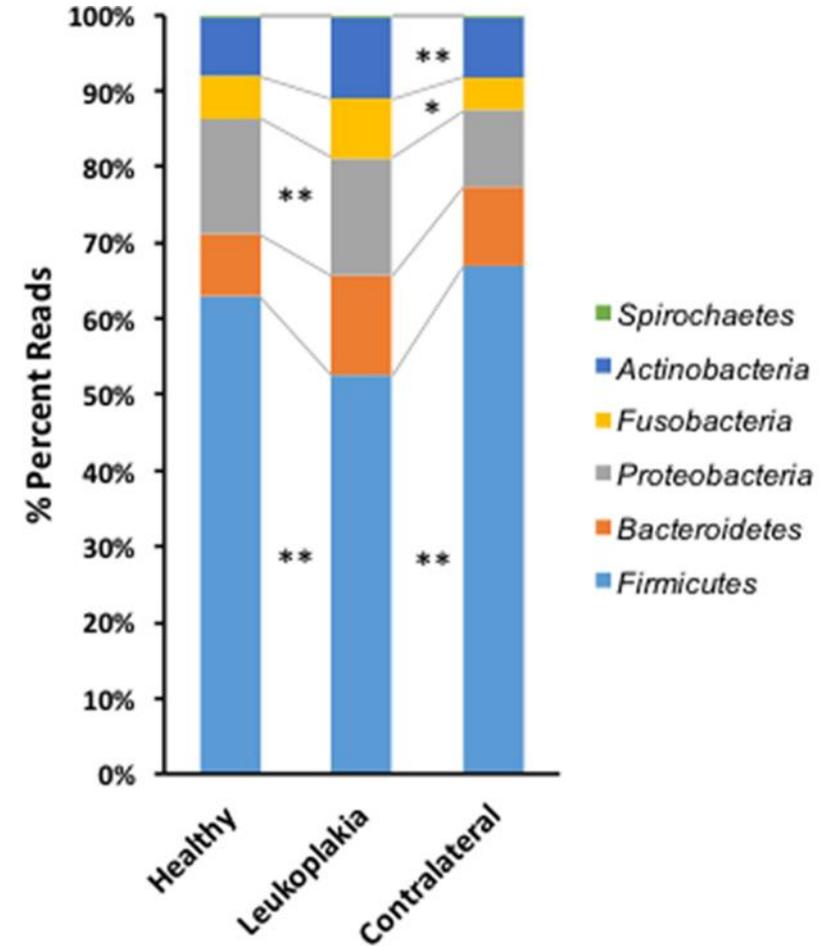
Negative correlation  
Positive correlation  
with clinical data



# Oral dysbiosis

## Diseases of the oral mucosa

- Oral leukoplakia
- Increased amount of *Fusobacteria* and reduced amount of *Firmicutes*
- In dysplasia, *Leptotrichia spp.* and *Campylobacter concisus*... similar profile to colorectal cancer
- Associations with specific changes in host gene expression (e.g. increased expression of pro-inflammatory IL-8)
- Systemic lupus erythematosus (SLE)
  - Increased amount of *Fretibacterium*, *Prevotella nigrescens* a *Selenomonas*



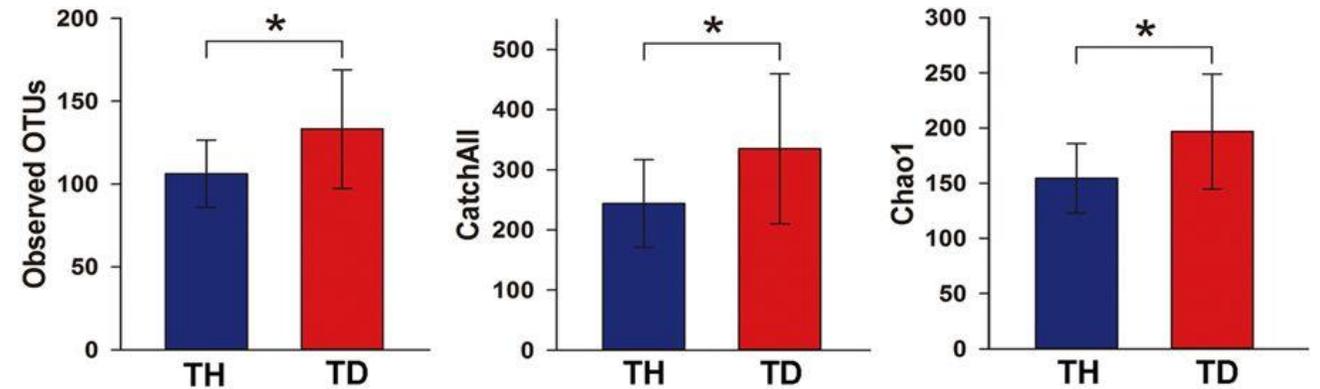
# Oral dysbiosis

## Halitosis

- Greater frequency of *Leptotrichia wadei* and *Peptostreptococcus stomatis* in children with halitosis
  - On the tongue, the differences in  $\alpha$  diversity in saliva do not
- Up/down-regulation of genes in the pathway associated with H<sub>2</sub>S metabolism
- Higher microbial production
  - Less consumption of H<sub>2</sub>S in children with halitosis

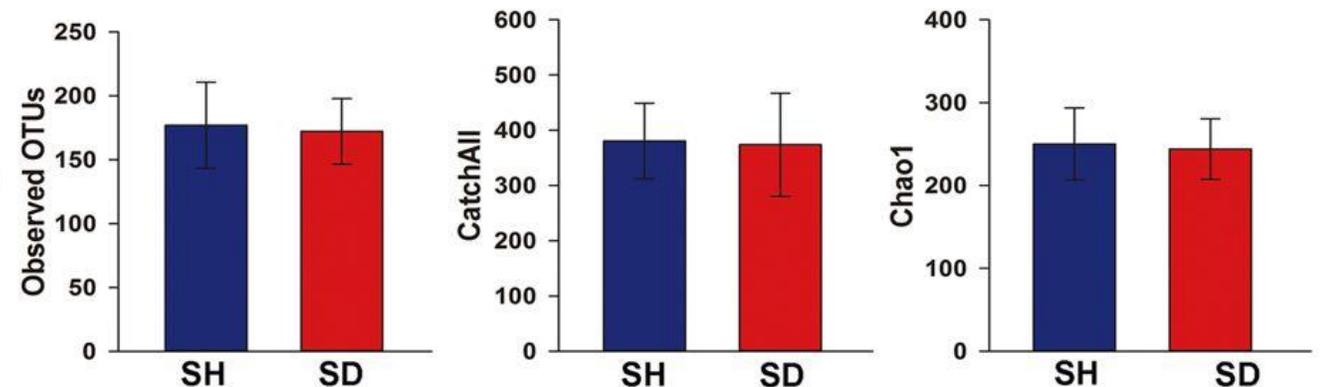
**A**

Dorsum of the tongue



**B**

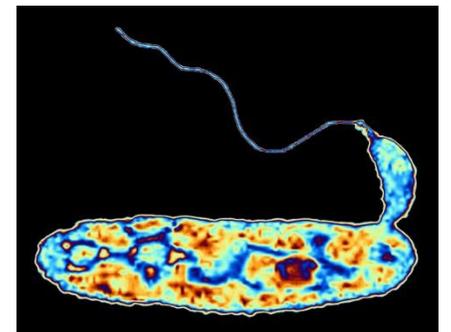
Saliva



# Oral microbiota

## Prevention and treatment of oral dysbiosis

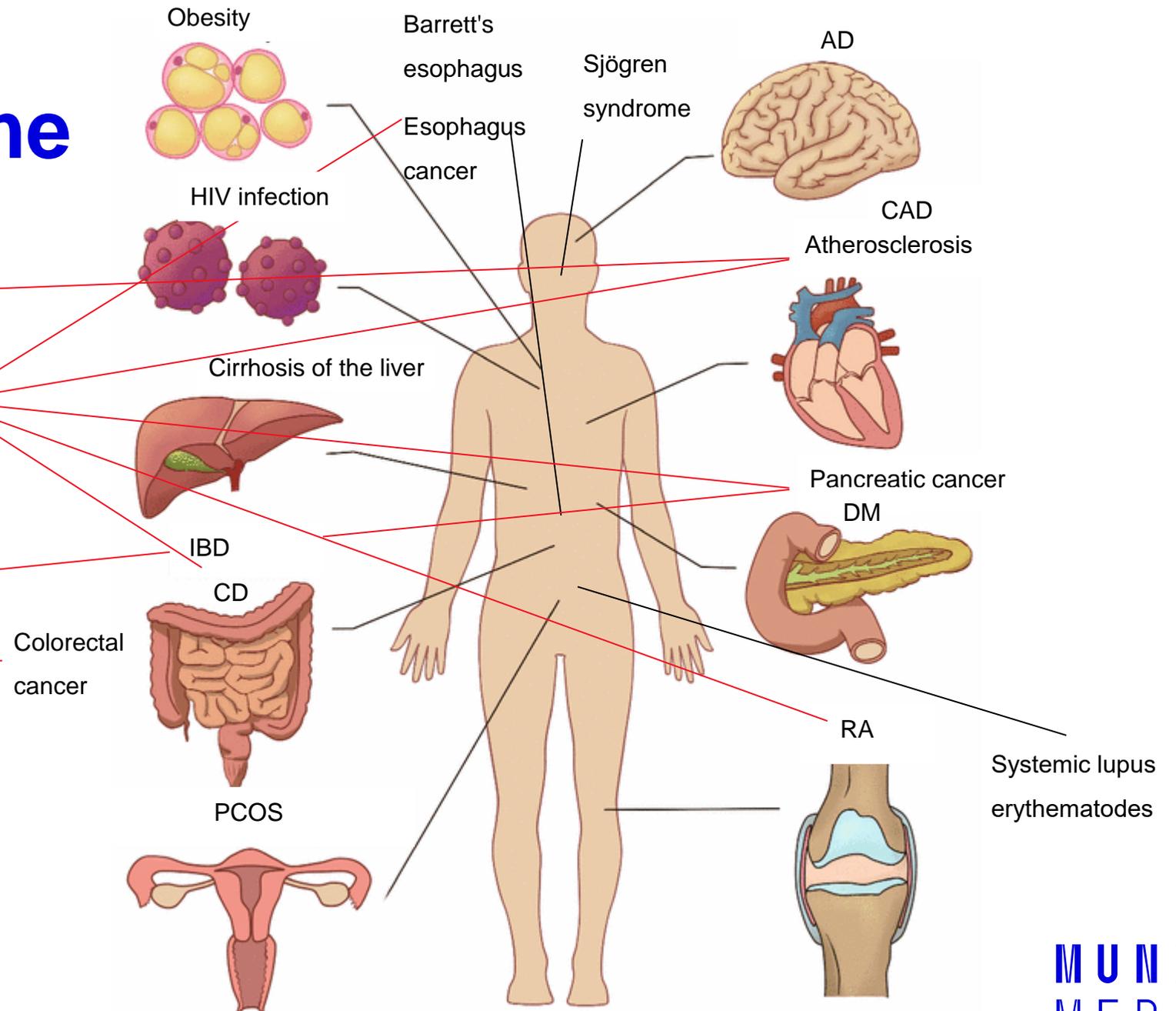
- Proper oral hygiene and dental care
- Diet, smoking, alcohol
- Prebiotics and probiotics
- Vaccination
  - 2<sup>nd</sup> generation fusion protein from *S. mutans* (rPAc) and *E. coli* (flagelin KF) proteins – intranasal vaccine in animal model
- Antibiotics, antimycotics
- Predators BALOs
- *Bdellovibrio*, *Bacteriovorax* a *Peredibacter* = *Bdellovibrio*-and similar organisms for killing of anaerobic G- bacteria



# Oral microbiome

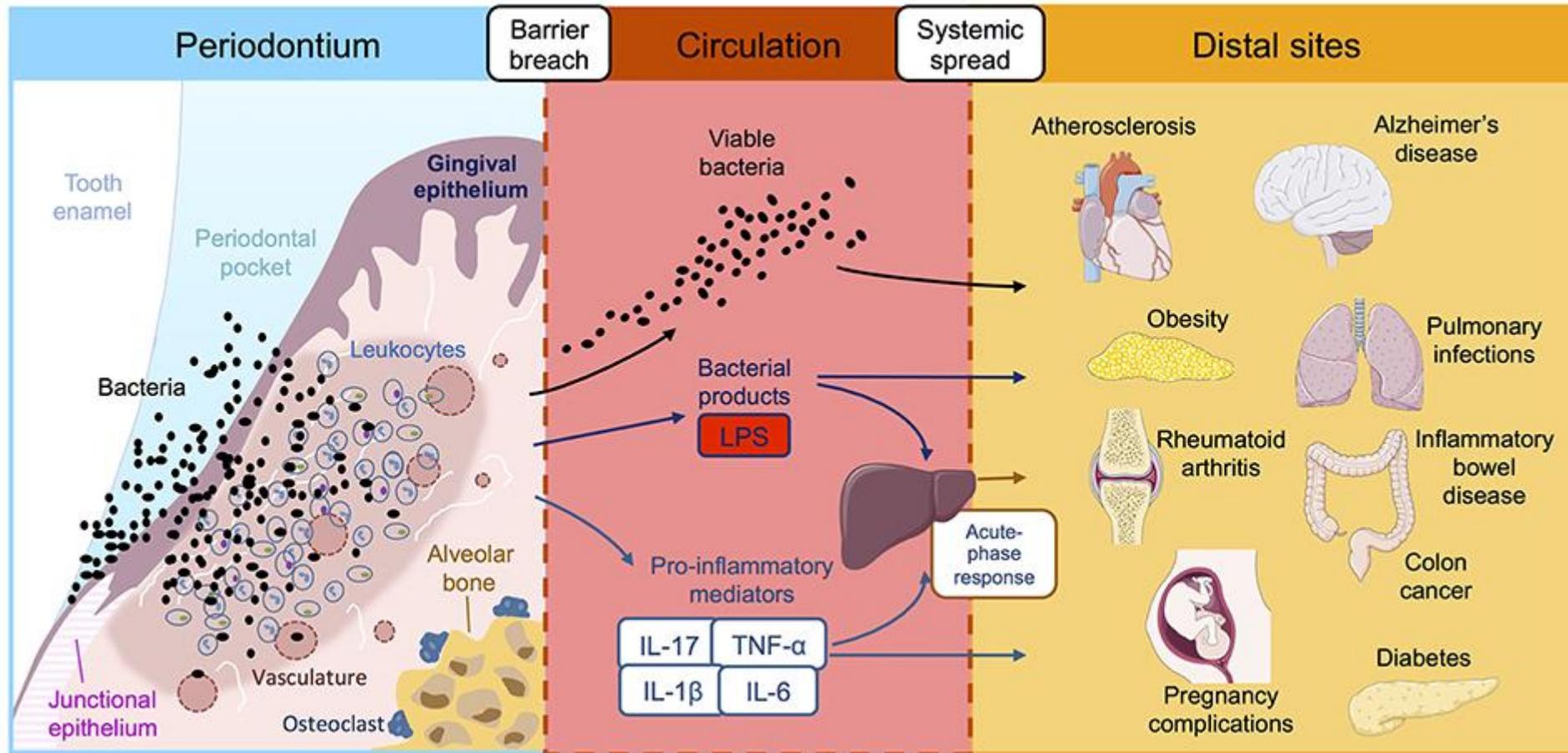
## Systemic diseases

- *Streptococcus mutans*
- *Porphyromonas gingivalis*
- *Aggregatibacter actinomycetemcomitans*
- *Fusobacterium nucleatum*



# Oral microbiome

„Leaky mouth“?



# Human microbiome

## Questions

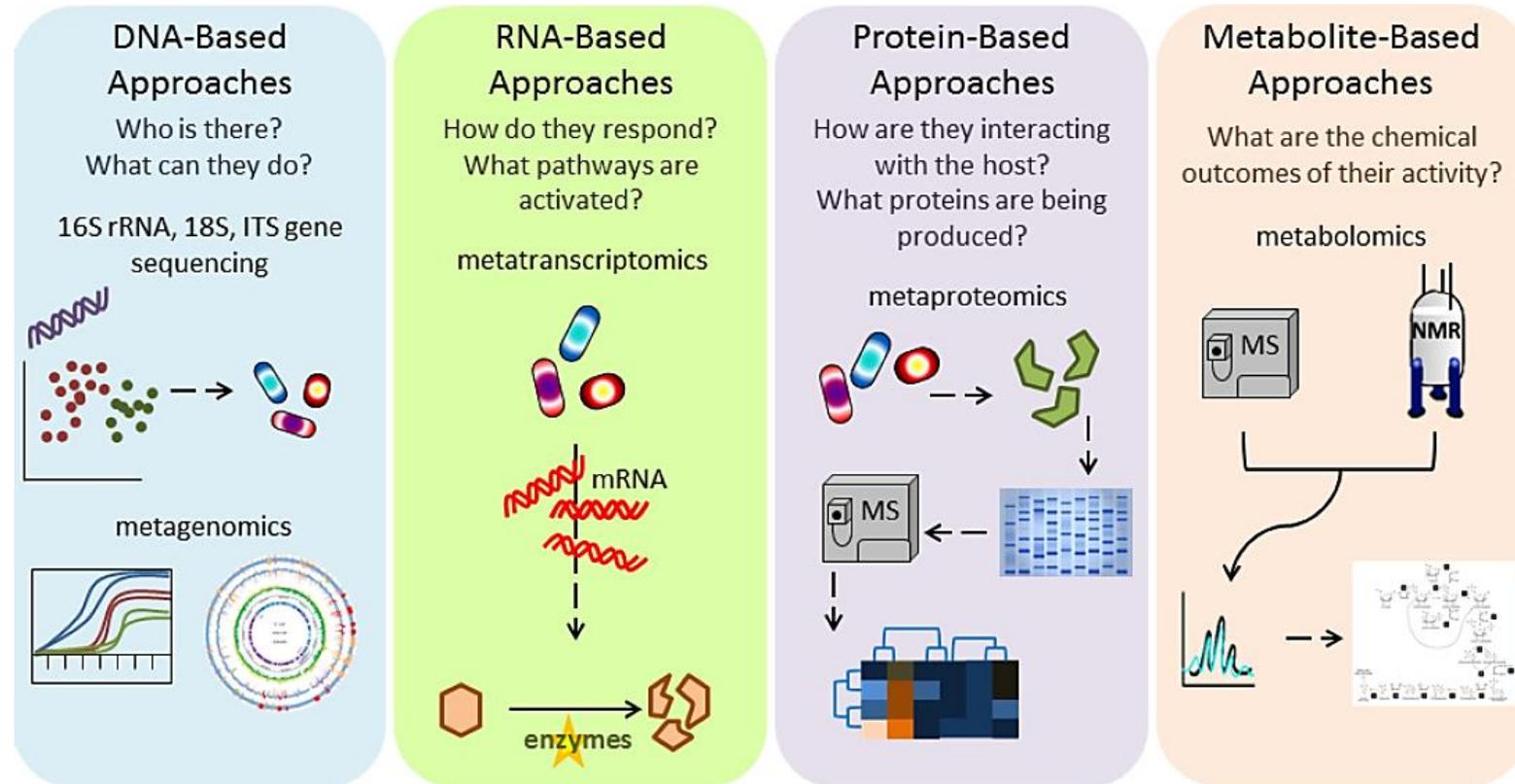
- How do microbial communities form and how do they regenerate?
- What mechanisms regulate microbial composition?
- Which MOs are involved in health and disease?
- To what extent does the microbial community differ between unrelated healthy individuals?
- Is there a basic microbiome in humans in a given locality?
- How does microbial composition change over time, between environments or body locations?
- How can the microbial composition be manipulated with respect to treatment?



# Oral microbiome

## Vision

- Interaction between the host and oral microbiome – a combination of approaches



# **Molecular etiopathogenesis apical periodontitis and odontogenic cysts**

**MDDr. MUDr. David Száraz**

**Assoc. Prof. RNDr. Petra Bořilová Linhartová, Ph.D., MBA**

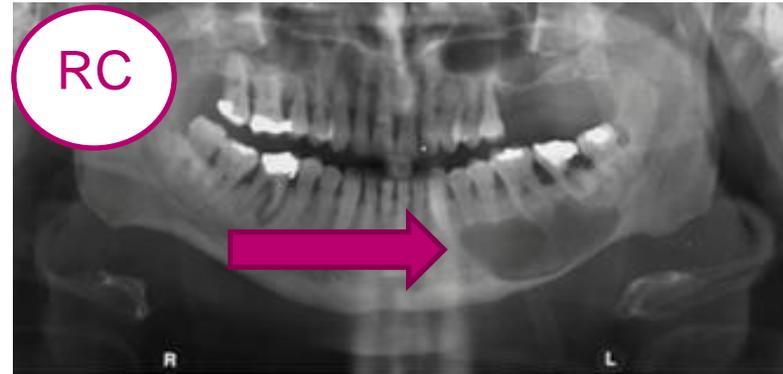
Clinic of Stomatology, Department of Pathophysiology, Institute of Medical Genetics  
and Genomics, Faculty of Medicine, Masaryk University Brno

Clinic of Maxillofacial Surgery, University Hospital Brno

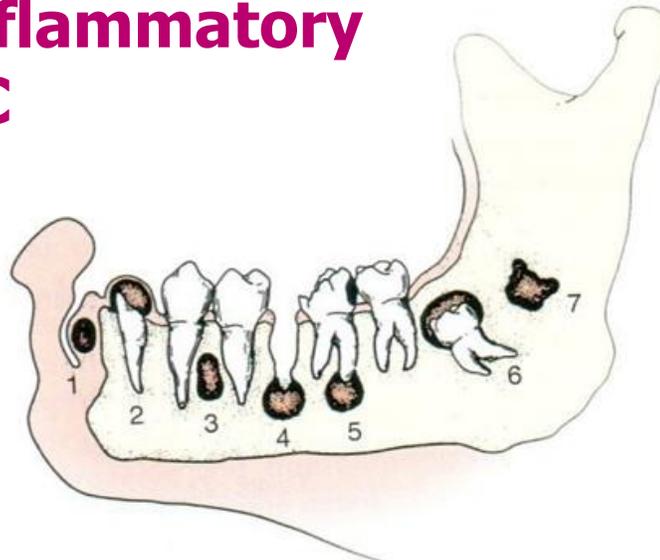
# Molecular etiopathogenesis AP and OC

## Odontogenic cysts

- 1) gingival
- 2) eruption
- 3) periodontal
- 4) residual
- 5) radical
- 6) dentigerous
- 7) odontogenic keratocyst



## Inflammatory OC

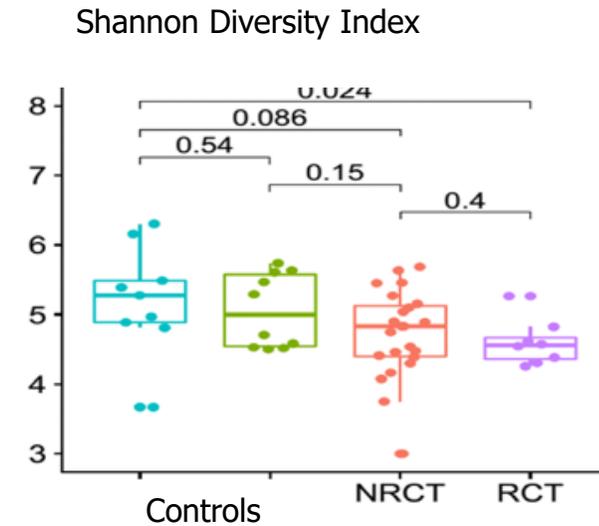
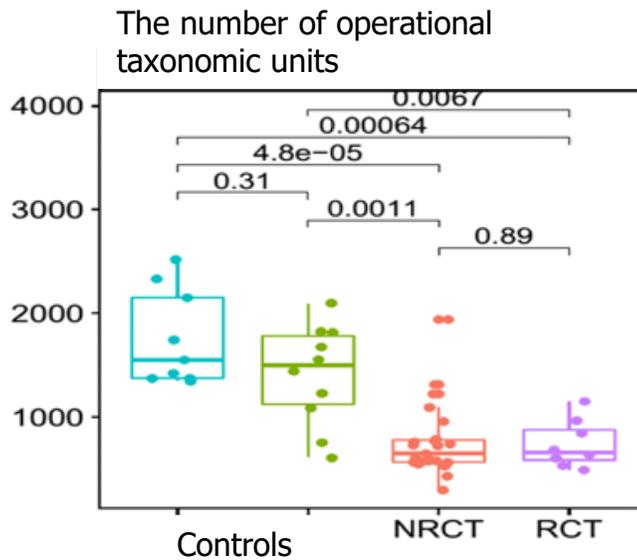
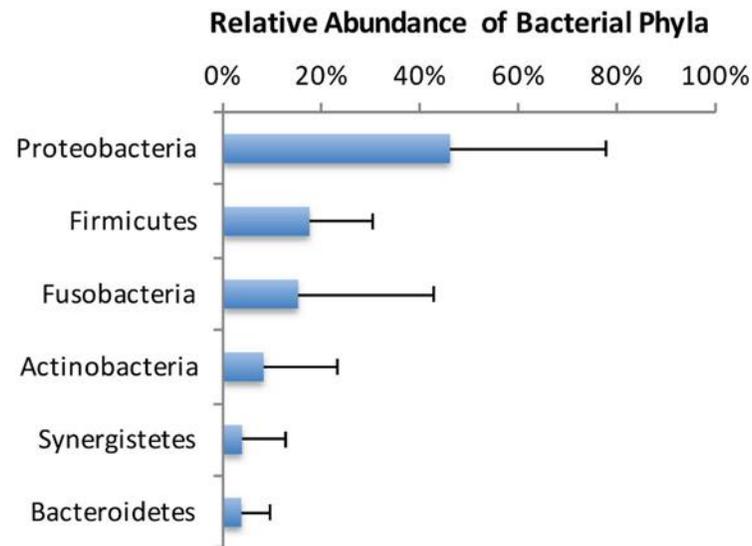
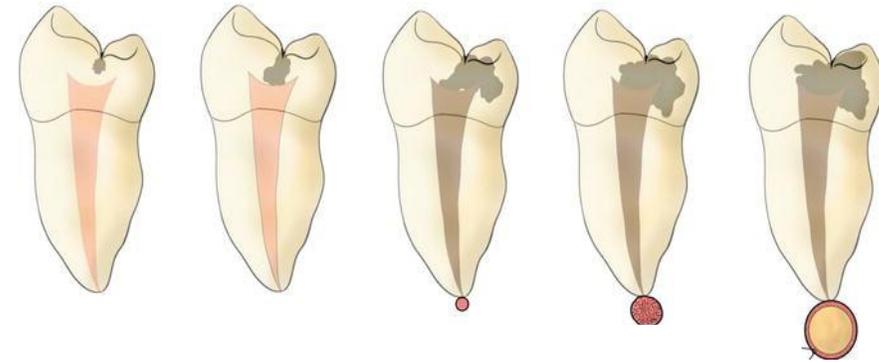


## Development OC

# Introduction

## Apical periodontitis and radical cyst

- Reduced wealth and diversity of the AP community compared to controls





# Candidate genes

## AP and RC



MMP-1  
MMP-2  
MMP-3  
MMP-8  
RANK  
RANKL



IL-1  
IL-6  
IL-8  
TLR-4  
Fc receptor  
TBX21  
HSPA1L  
HSPA6  
VDR



IL-6  
IL-17A  
IL-22  
SSP1  
NOS  
MMP-9  
TLR-2  
CB2  
MYD88

## Developmental OCs

PTCH1  
PKD1  
GLI1  
MMP-2

## Ameloblastoma

MMP-9

# Cooperation

## Animal research

Animal model  
SHH signalling (gene expression, activation and inhibition of the path)  
Nanoparticle therapy



## Human research

Gene expression in tissue and cystic fluid



## Human research

Microbiome analysis  
Genetic association studies

## Clinical part

Selection of patient  
Examination of patients  
Sampling  
Examination of tissue for pathology

# Project

## Annotation

- **determination of risk factors for development of RC, DC and OKC**
- **finding new markers** for the prediction of their origin and for differential diagnosis using modern biomedical technologies
- **design of a panel of markers for predicting the formation of OCs and their differential diagnostics**

# Project

Objective – study of etiopathogenesis AP and OC: 1) Human research

- (i) monitoring of the root canal microbiome and fluid in the RC to determine risky microbial profiles and possible association with RC formation in patients with AP
- (ii) to search for a genetic predisposition to the formation of RC or OKC in patients with AP, including a multivariate analysis of relationships with the microbial profile (the design of a case-case study)
- (iii) determination and comparison of express profiles of genes involved in immunoregulation, odontogenesis and cancerogenesis in OC, or selection of markers for aggressive forms of

OCs

# Project

## Design 1) Human Research

### – **Criteria for inclusion in the study:**

- Czech / Slovak nationality, age over 18, signing an informed consent

### – **Exclusion criteria:**

- AP / RC arm: systemic diseases (diabetes mellitus, cardiovascular diseases, autoimmune diseases, immunodeficiency, cancer), pregnancy and lactation in women
- Microbiome subproject: ATB use less than 2 months before study entry
- Developmental OCs arm and ameloblastoma + retained tooth: cancer, pregnancy and lactation in women
- Except: patients with polycystic diseases and Gorlin-Goltz syndrome

# Project

## Design 1) Humane Research

- (i) **microbiome (bacteriome and mycobiome)** – metagenomic analysis, qPCR dental plaque vs. buccal plaque vs. root canal: 50 patients with AP without RC vs. 50 patients with AP with RC root canal vs. cystic fluid: 50 patients with AP with RC
- (ii) **genetic association study** (case-case study) – qPCR, SNaPshot, sequencing 100 patients with AP without RC vs. 100 patients with AP with RC 50 patients with FC vs. 10 patients with OKC vs. 10 patients with ameloblastoma,
- (iii) **determination and comparison of expression profiles** – RNAScope 50 patients with RC / 50 patients with DC / 10 patients with OKC / 10 patients with ameloblastoma, vs. in patients with AP without RC in sac tissue / in tissue around the retained tooth in patients without OC

# Project

# Pilot data

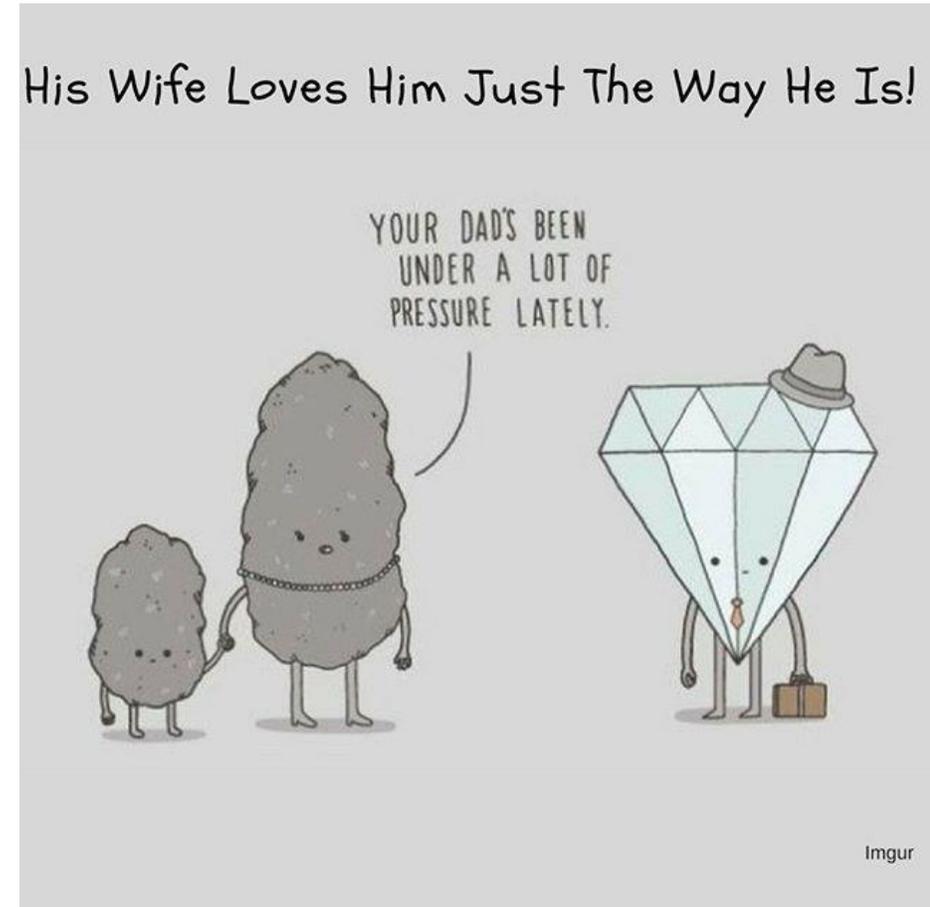
Objective – study of etiopathogenesis AP and OC: 2) Animal research

- (i) development of an animal (mouse) model for the study of OC,
- (ii) analysis of the causes of OC with emphasis on disorders of primary ciliary function,
- (iii) detection of changes in signaling involved in the pathogenesis of OC with emphasis on the Sonic hedgehog (SHH) pathway,
- (iv) testing the effect of targeted changes in SHH signaling on OC formation in our model animals,
- (v) application of nanodiamonds to animal models and determination of their influence on the initiation and progression of OC in order to find new potential treatment options for this disease.

# Project

## Summary

- **The novelty of the project lies in the**
- complexity and monitoring of interactions between the host microbiome and the genetic predisposition
- In the determination of the effect of nanodiamonds on the formation and development of OCs in the animal model – new therapeutic possibilities



**Lipoxins and resolvins in the treatment of periodontitis**  
**Use of nanofibers for application of bioactive substances**  
**using dental floss**

**MDDr. Filip Hromčík**

Assoc Prof. RNDr. Petra Bořilová Linhartová, Ph.D., MBA

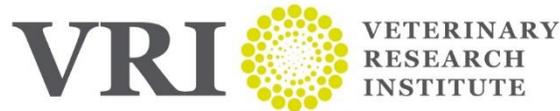
# Introduction of the researcher

Dental Clinic FNUSA, Veterinary Research Institute, externalists

FAKULTNÍ  
NEMOCNICE  
U SV. ANNY  
V BRNĚ



Lydie Izakovičová Hollá  
Filip Hromčík  
Jak Vokurka



Martin Faldyna  
Eduard Göpfert  
Monika Vicenová

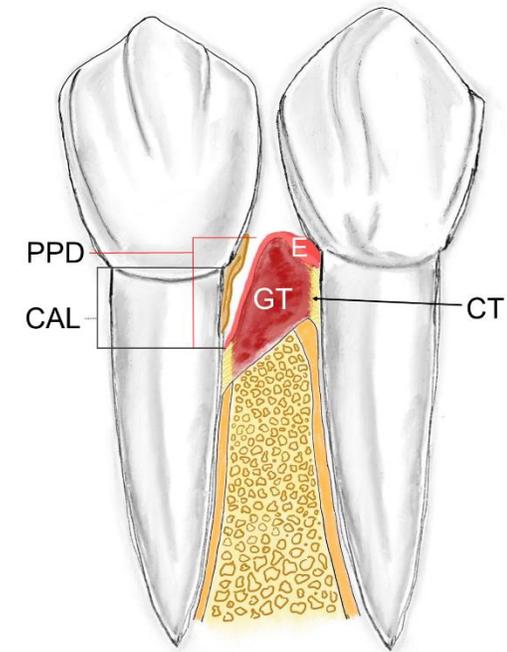


I. ústav patologie FN USA  
Klinika dětské onkologie FN Brno

Markéta Hermanová  
Michal Kýr

# Lipoxins and resolvins in the treatment of periodontitis

Granulation tissue (GT) is not bad  
insufficient "resolution phase"  
lack of lipoxins and resolvins



Graphics: [Hromčík 2020](#)

# Lipoxins and resolvins in the treatment of periodontitis

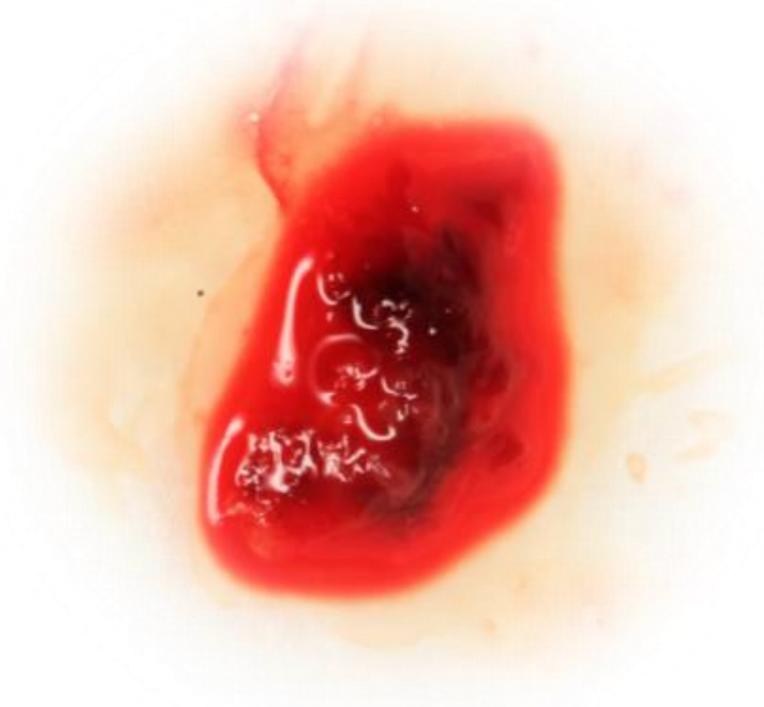
ASA + omega-3 fatty acids + GT



+

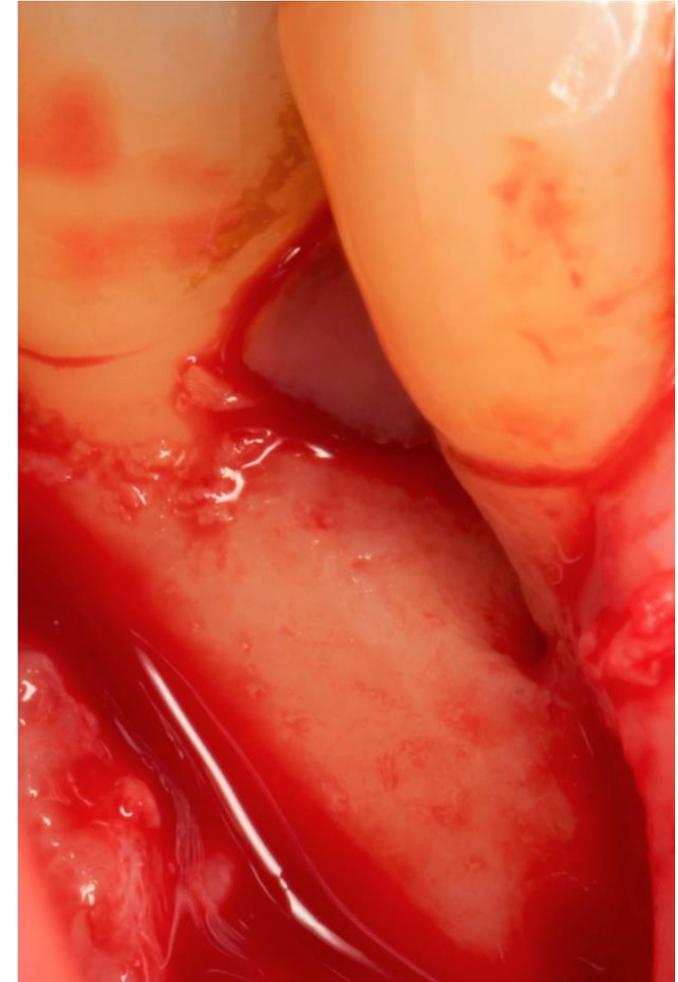


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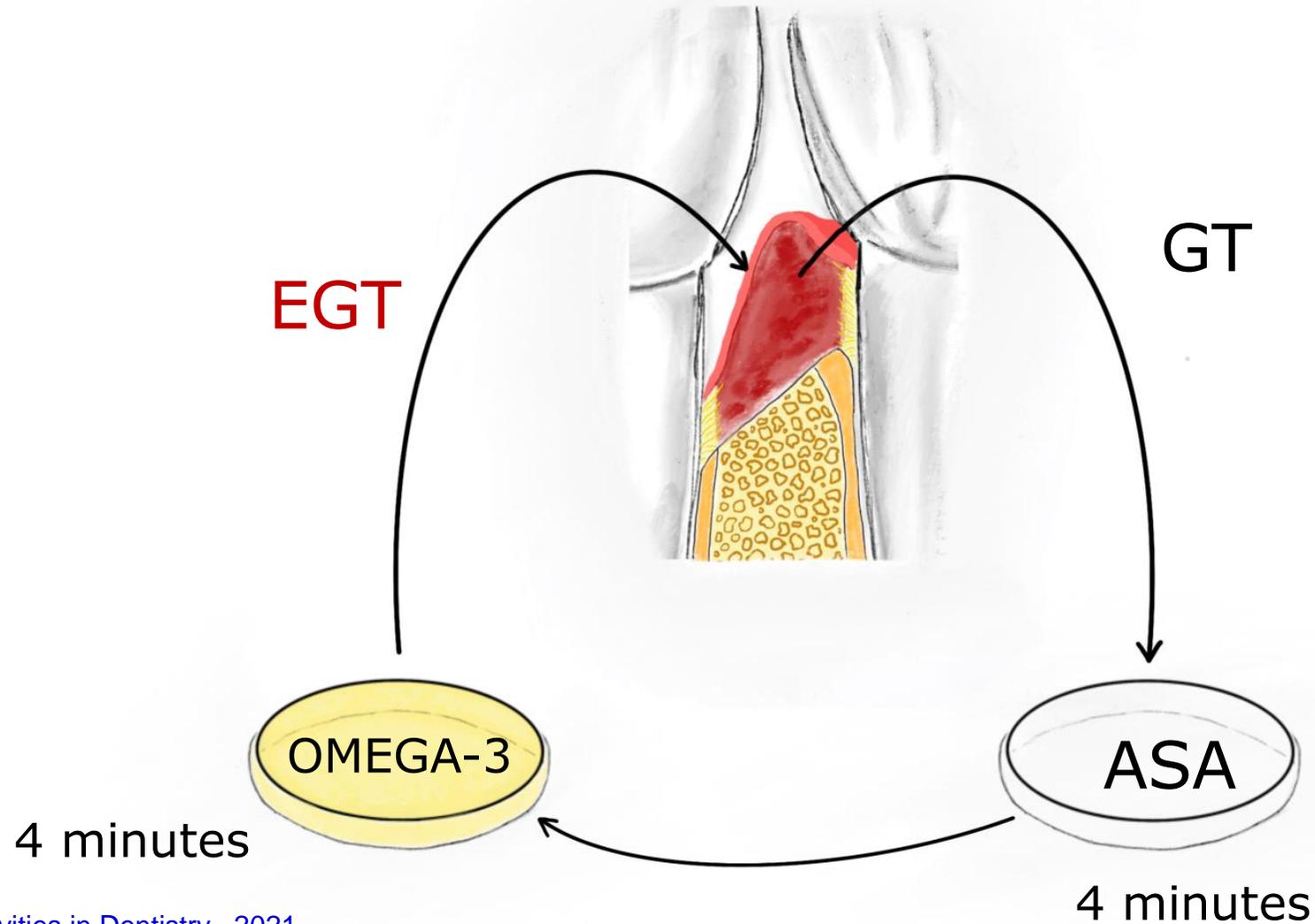


induction of endogenous lipoxin and resolvin synthesis

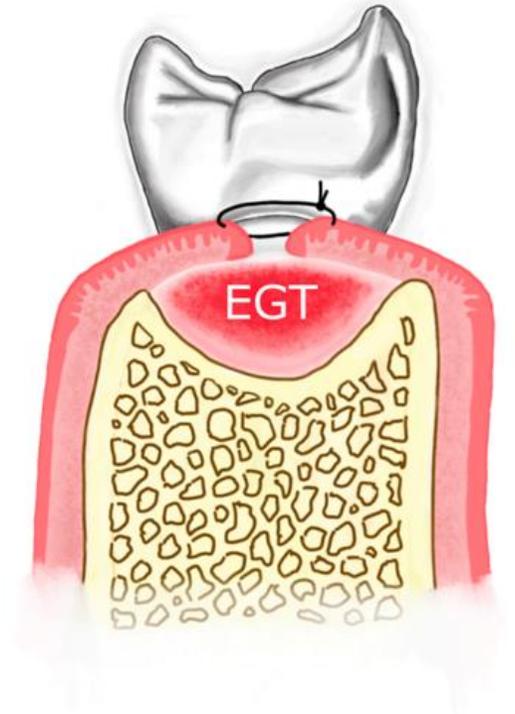
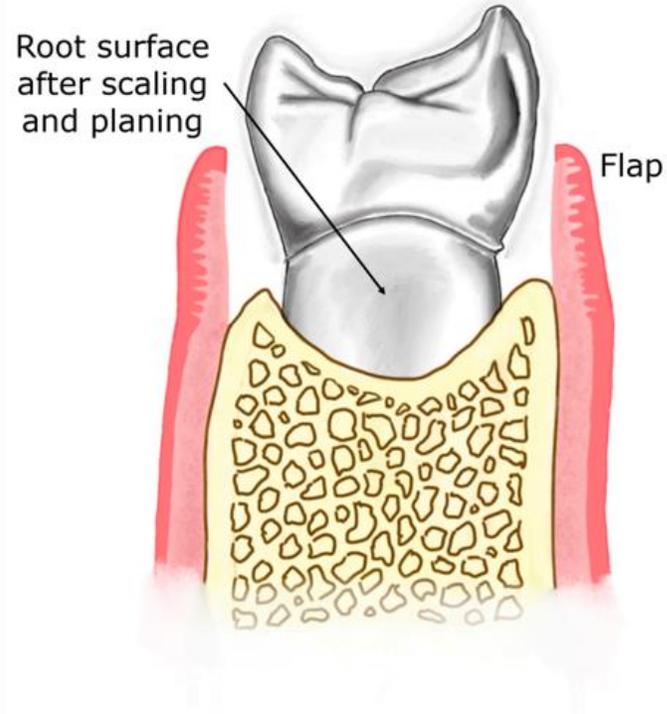
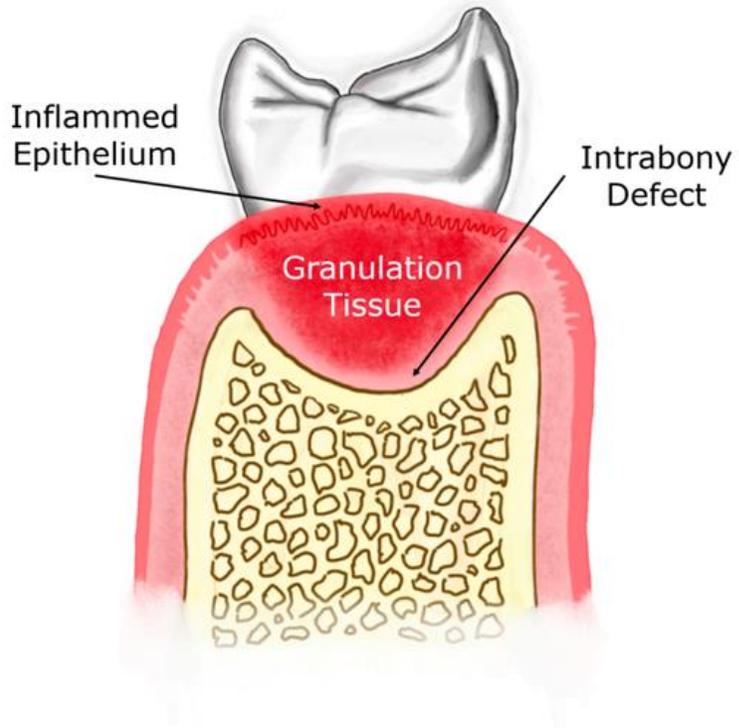
# Treatment of intrabony periodontal defects



# Enhanced granulation tissue = EGT



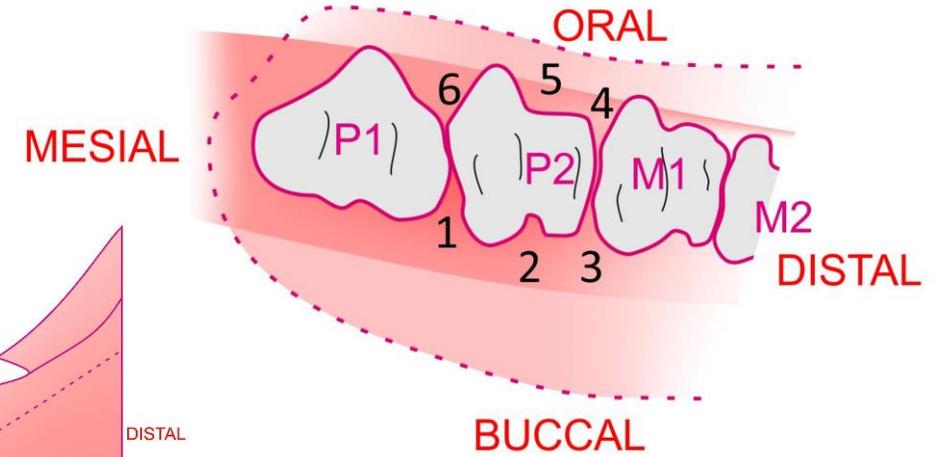
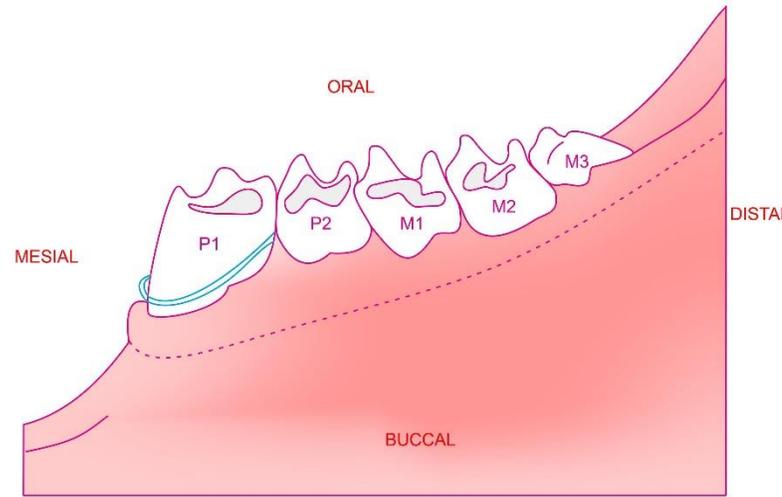
# EGT



Graphics: [Hromčík 2020](#)

# Experimental phase

- 48 rabbits
- ligature-induced periodontitis



Graphics: [Hromčík 2019](#)

Biomed Pap Med Fac Univ Palacky Olomouc Czech Repub. 2019; 163:XX.

## Granulation tissue enriched by aspirin and omega-3 fatty acids in healing experimental periodontal lesion

Filip Hromcik<sup>a,b</sup>, Jan Vokurka<sup>a,b,†</sup>, Eduard Gopfert<sup>c</sup>, Martin Faldyna<sup>c</sup>, Marketa Hermanova<sup>b,d,#</sup>, Michal Kyr<sup>b,e,#</sup>,  
Monika Vicenova<sup>c,#</sup>, Lydie Izakovicova Holla<sup>a,b</sup>

# Clinical phase

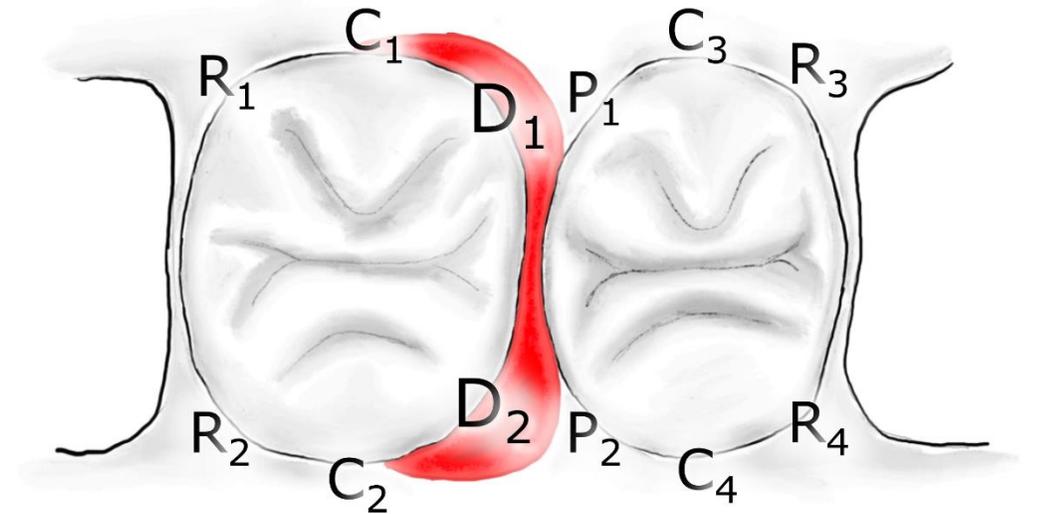
- 19 patients, 38 treated defects
- primary observed parameters: probing pocket depth (PPD), clinical attachment level (CAL)
- result: 1 mm greater CAL gain in the EGT group ( $p < 0.05$ )
- published

## RESEARCH ARTICLE

European Journal of  
Lipid Science and Technology  
www.ejst.com

**Granulation Tissue Enhanced with Aspirin and Omega-3 PUFAs as a Local Adjunct to the Surgical Treatment of Periodontitis**

Filip Hromčík, Jan Vokurka, Michal Kyr, and Lydie Izakovicova Holla\*



Graphics: [Hromčík 2020](#), X-ray: Hromčík 2019

# Use of nanofibers for application of bioactive substances using dental floss

Wikinomist, s. r. o., Faculty of Medicine at Masaryk University, Technical University of Liberec, University of Defence



František Janda

Pavel Nešetřil

Magdaléna Chupíková



Petra Bořilová Linhartová  
Zdeněk Daněk  
Filip Hromčík  
Jan Křivánek

Jiří Kučera  
Filip Růžička  
Lydie Izakovičová Hollá



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[www.tul.cz](http://www.tul.cz)

Eva Kuželová-Košťáková  
David Lukáš  
Petr Mikeš

Věra Jenčová  
Jan Valtera



Zdeněk Pokorný

Zdeněk Joska

David Dobrocký

# TAČR TREND

## Objectives

- technology and material for the production of nanofiber yarn
- antimicrobial properties of bioactive substances and probiotics
- enrichment of nanomaterial with bioactive substances, simulation of in vivo conditions
- clinical testing
- prototype and its production
- changes in enamel and dentin after flossing



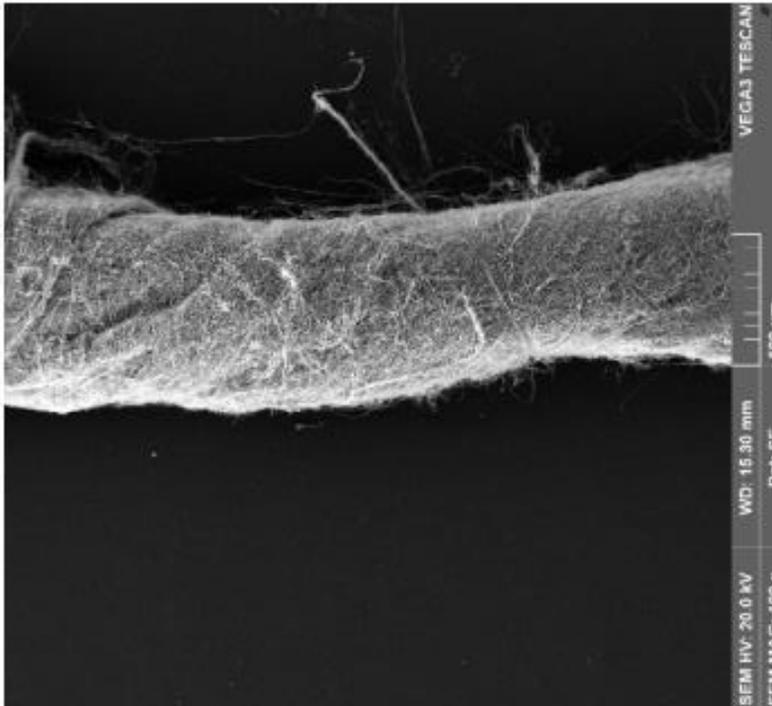
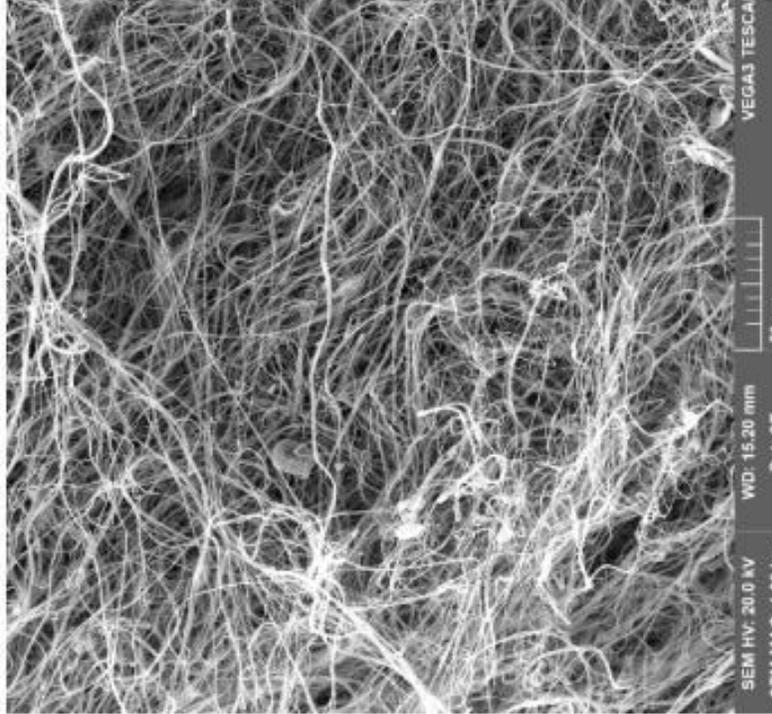
# Use of nanofibers for application of bioactive substances using dental floss

- project for 4 years
- candidate substances – the body's own bioactive molecules:
  - secretion immunoglobulin A, lactoferin, osteopontin
  - Probiotics:
    - *Lactobacillus reuteri*
    - *Streptococcus salivarius*
    - *S. dentisani...*



# Outputs

- Prototype?
- Patent?
- market application, sales



snímek: Technická univerzita Liberec

# Abbreviations used

- FNUSA St. Anne's University Hospital
- FN Brno University Hospital Brno
- GT Granulation tissue
- ASA Acetylsalicylic Acid
- EGT Enhanced Granulation Tissue
- PPD Pocket Probing Depth
- CAL Clinical Attachment Level
- TAČR Technology Agency of the Czech Republic

# **(Pediatric) Obstructive sleep apnea from dentist's & orthodontist's point of view**

**MDDr. Zuzana Vranková**

doc. RNDr. Petra Bořilová Linhartová, Ph.D., MBA

Clinic of Stomatology, St. Anne's University Hospital

Faculty of Medicine, Masaryk University Brno

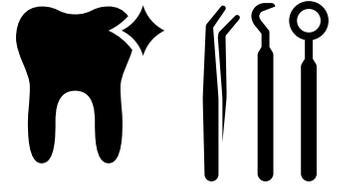
# Introduction of the Doctoral candidate

MDDr. Zuzana Vranková

- from 2/2019 - Pre-certification preparations in the field of Orthodontics, St. Anne's University Hospital, Brno
- from 9/2019 - Doctoral studies, MED MUNI Research focus: Congenital predispositions to orthodontic anomalies, their complications and treatment

???

What do **OSA** and **SCIENCE** have in common ?



... much more than it may seem at first glance...



... and therefore the first glance should not always be sufficient for you...

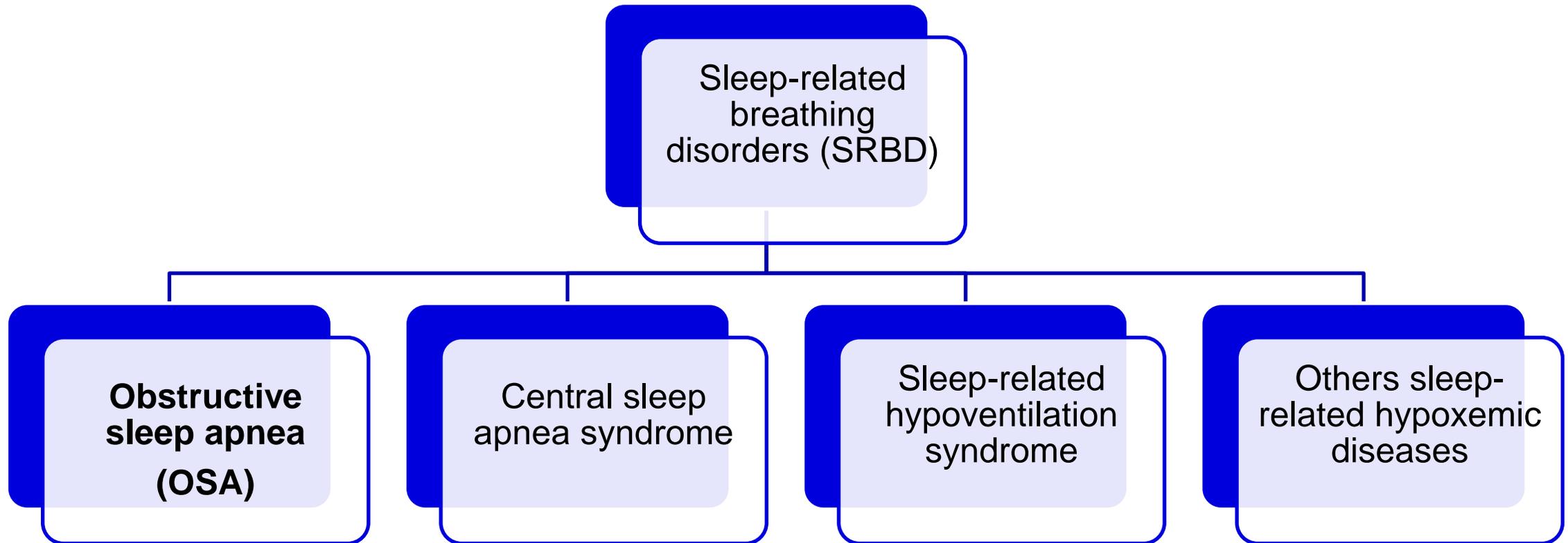


# Obstructive sleep apnea in dentist's office

## Content of the lecture

1. What is obstructive sleep apnea (OSA) and why is it important to know about it
2. Mechanism of OSA and risk factors
3. OSA in adults and children
4. Symptoms of OSA
5. Diagnosis and screening
6. Interdisciplinary cooperation and involvement of dentists
7. OSA from the perspective of an orthodontist

# What is obstructive sleep apnea?



# OSA can be life-threatening!



# OSA

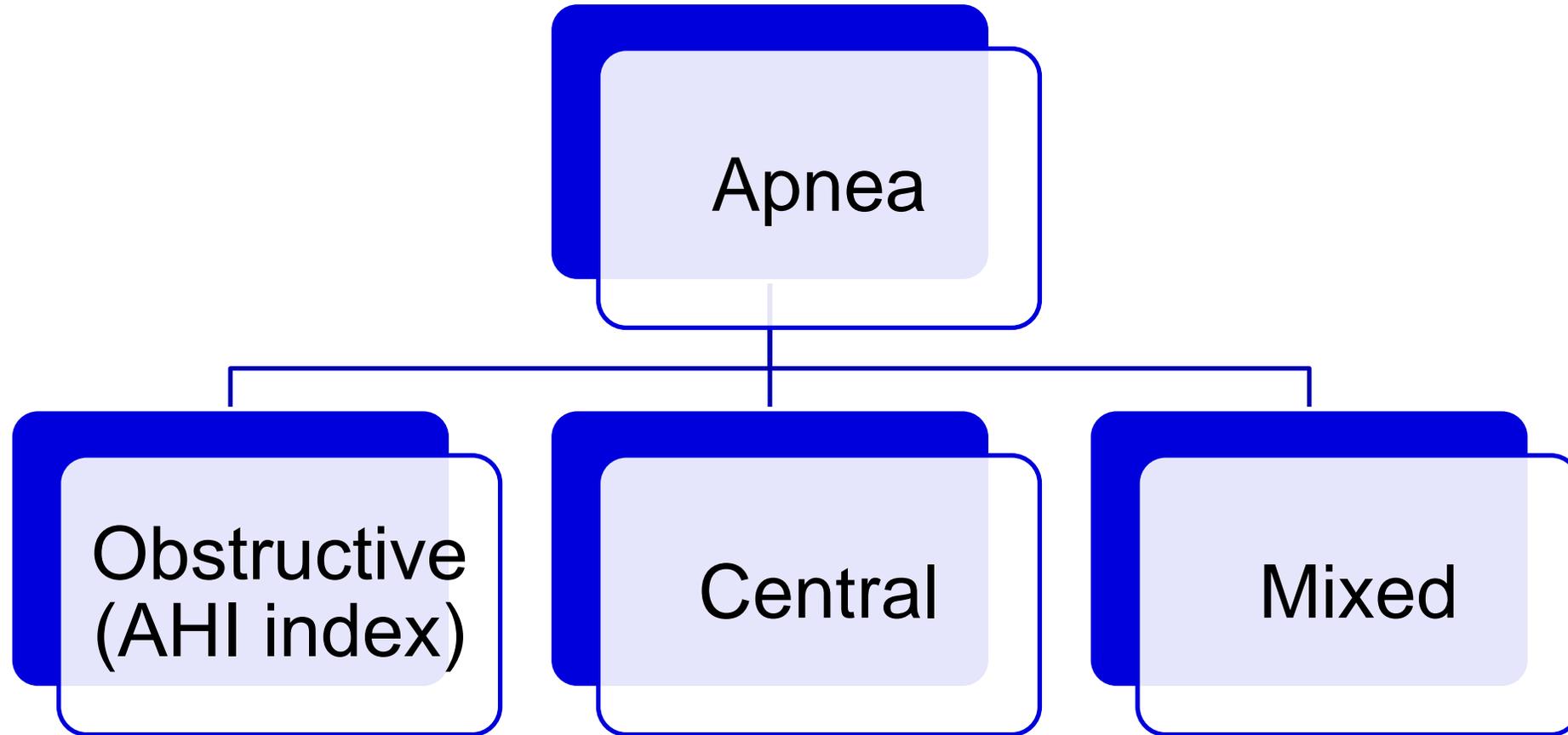
– What is apnea?

Absence of air flow for at least 10 seconds or 2 breath cycles

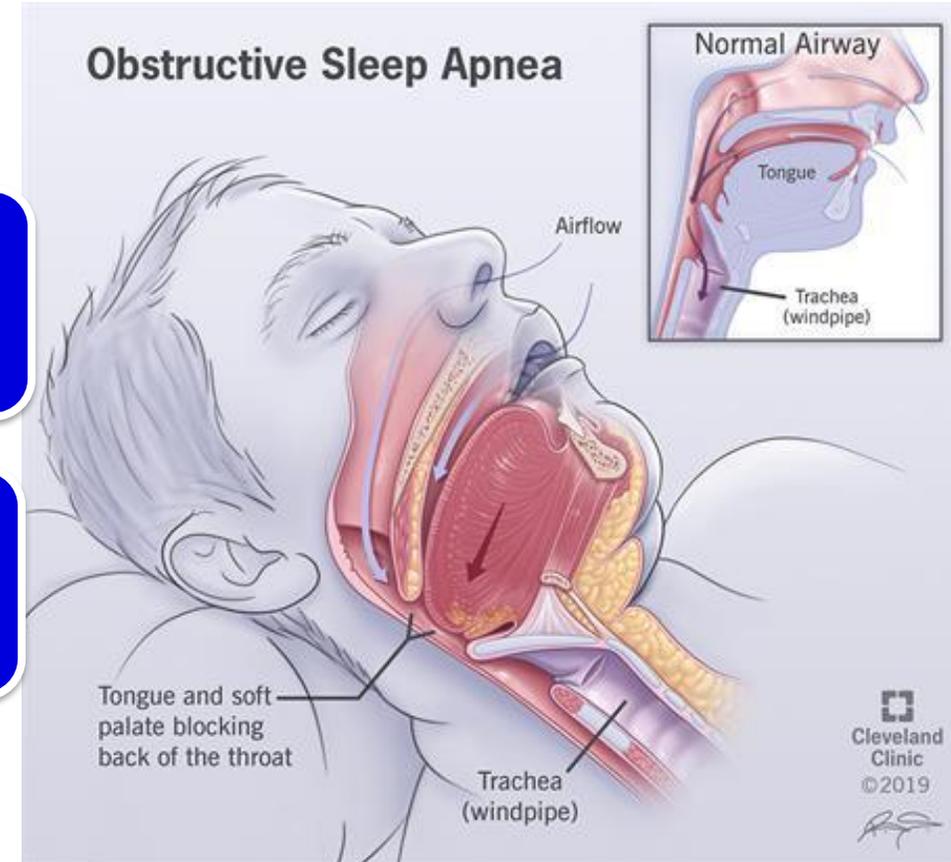
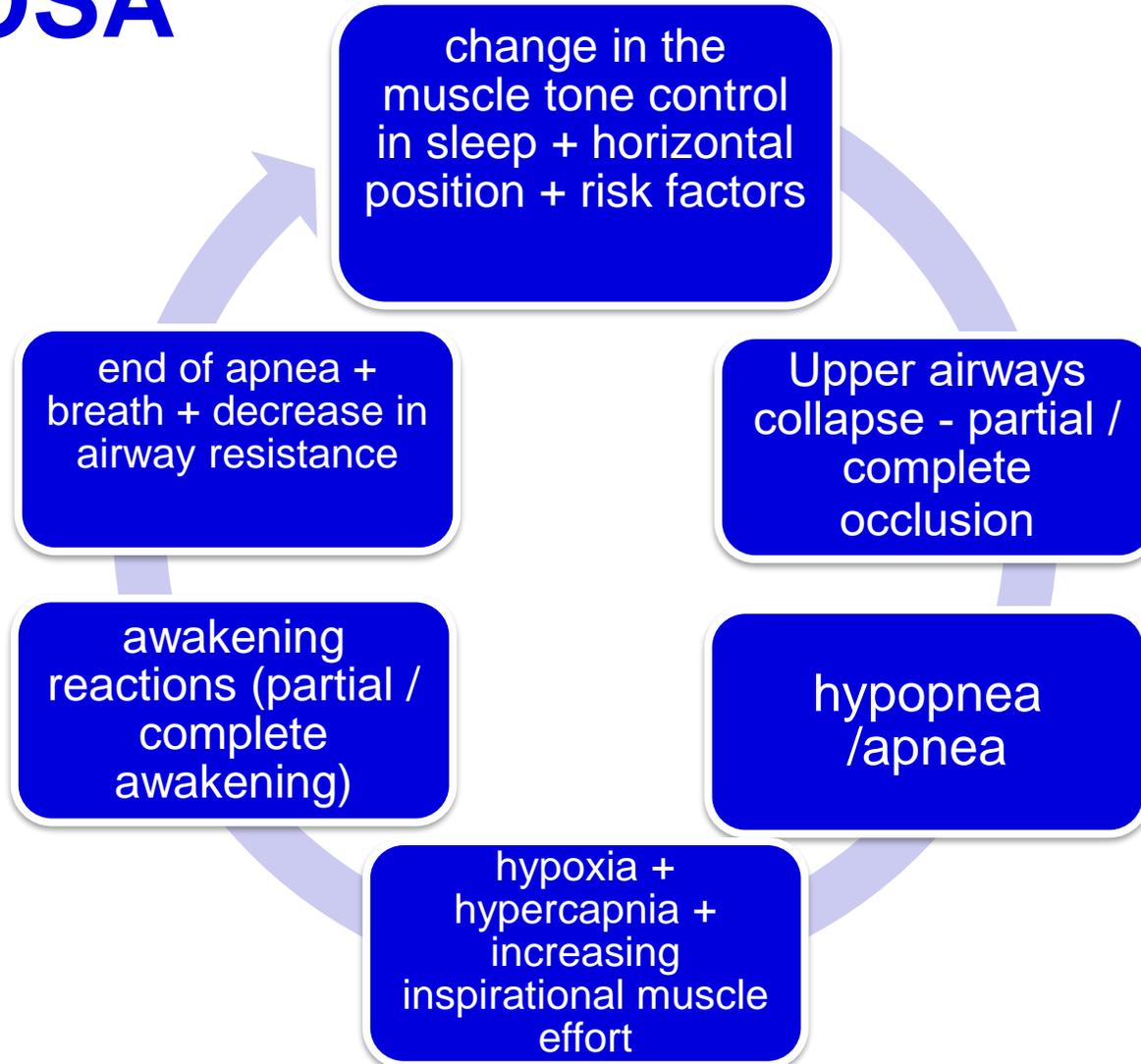
– What is hypopnea?

Reduction of air flow - at the level of the nose, mouth and especially pharynx. It is often defined as a decrease in airflow of at least 30% or associated with a reduction in hemoglobin saturation of at least 3%.

# OSA



# OSA



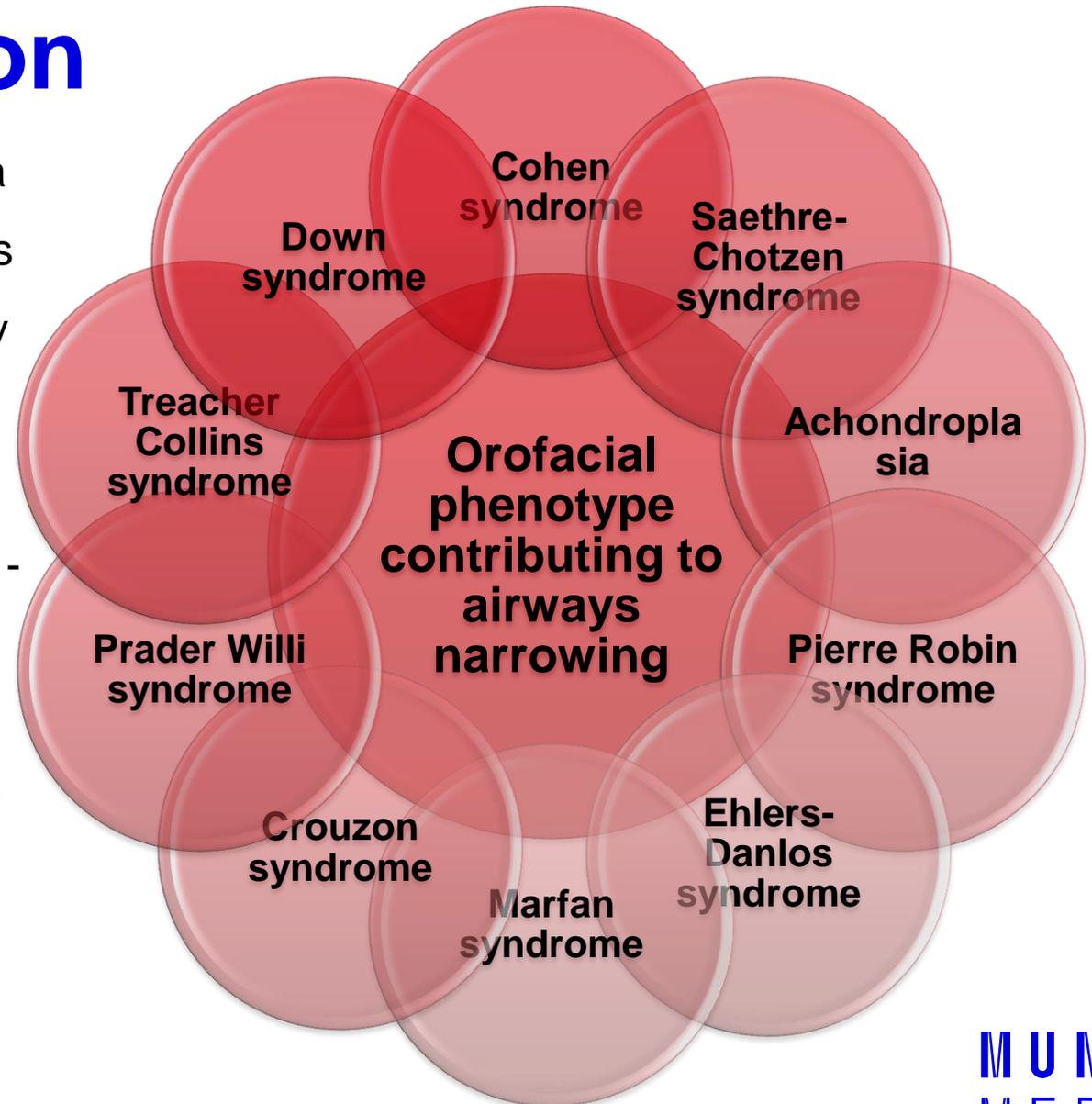
<https://my.clevelandclinic.org/health/diseases/8718-sleep-apnea>

# Risk factors involved in OSA etiopathogenesis

- Overweight / obesity / fat distribution
- Neuromuscular factors – abnormally reduced muscle tone during sleep
- Adenoid hypertrophy
- Craniofacial malformations contributing to the narrowing of upper airways
- Genetic predisposition

# Genetic predisposition

- The genetic background of an individual plays a role, to some extent, in all the mentioned factors
- The importance of genetics is also confirmed by the familial occurrence of OSA (observed since 1978)
- Heredity is also manifested in craniofacial traits - most notably in the size, position and growth of the jaws
- The significant prevalence of OSA in syndromic patients suggests the possibility of linking the genetic basis of both diseases



# OSA diagnostics

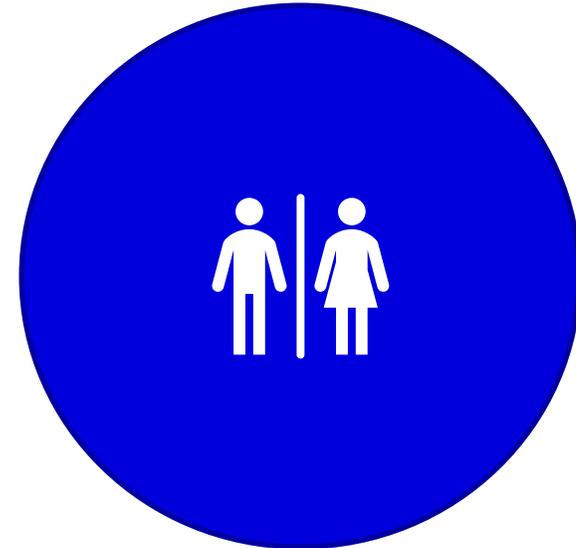
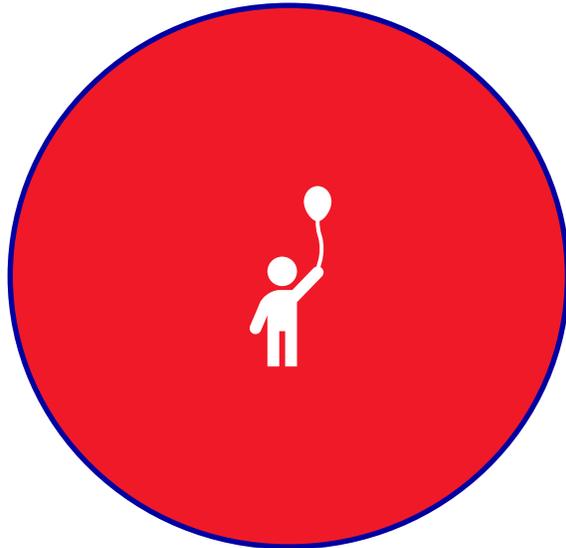
- Sleep questionnaires (Epworth sleepiness scale, Berlin questionnaire, STOP-BANG questionnaire...)
- Polysomnography and polygraphy (sleep laboratory)
- Home monitoring sleep devices
- Night pulse oximetry
- Audio and video recordings
- ENT examination
- Orthodontic examination

# Children's Sleep OSA Questionnaire

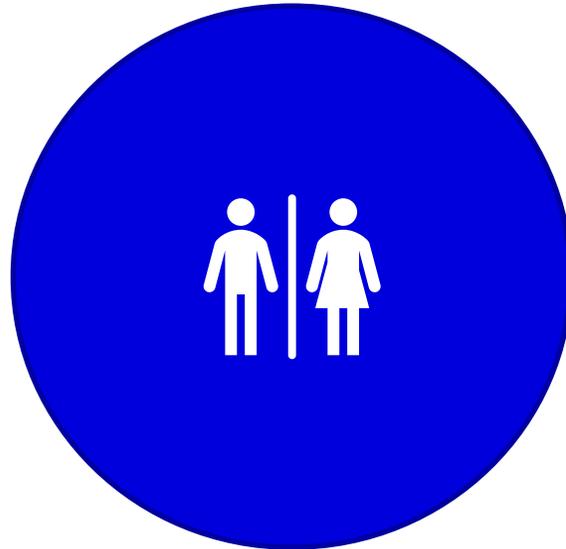
**There are several ways to primarily detect a sleep disorder** – a popular way is represented by **questionnaires**, such as:

- The Sleep-Related Breathing Scale of the Pediatric Sleep Questionnaire, an 18-item Obstructive Sleep apnea QoL ...
- In the Czech Republic, the most commonly used one is the Epworth Sleepiness Scale, which exists abroad also in a modified version for children.
- In the Czech Republic, there is no questionnaire applicable for OSA screening in the pediatric population.
- In cooperation with the pediatric ENT and neurologists and on the basis of the fusion of existing foreign language questionnaires, we have created and are currently working on the validation of the Pediatric OSA questionnaire.

# Obstructive sleep apnea



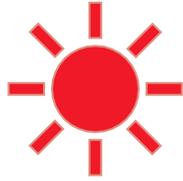
# OSA in adult patients



# OSA definition

- **AHI** (apnea hypopnea index) – number of apnea and hypopnea per hour of time
  - In adults:
  - **AHI = 0–5** standard
  - AHI = 5–15** lighter form of OSA
  - AHI = 15–30** moderate OSA
  - **AHI > 30** severe OSA
- } **pathology**

# Symptoms of OSA in adult patients

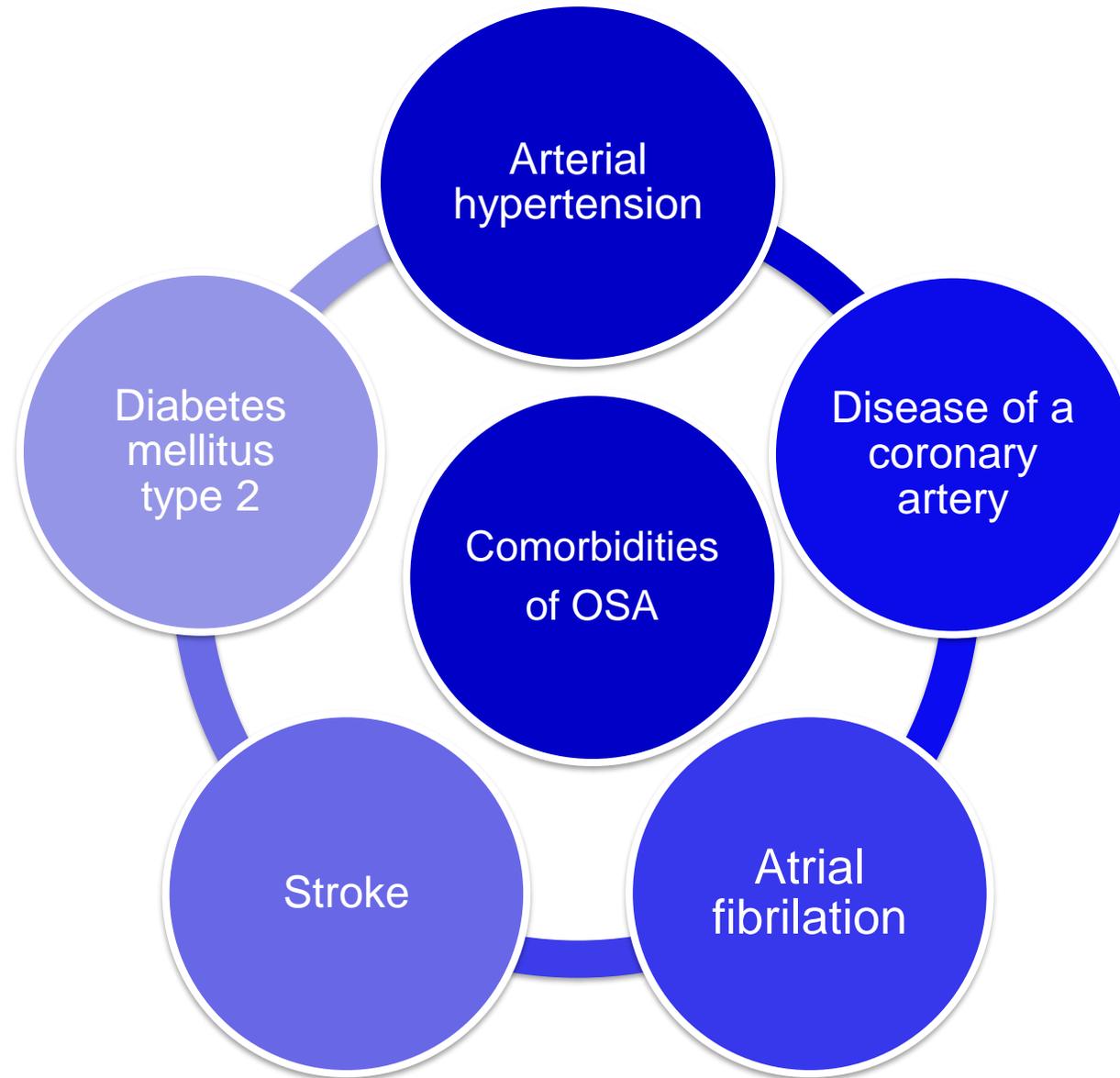


- Drowsiness – especially in monotonous activities
- Microsleep
- Headaches
- Sexual dysfunction

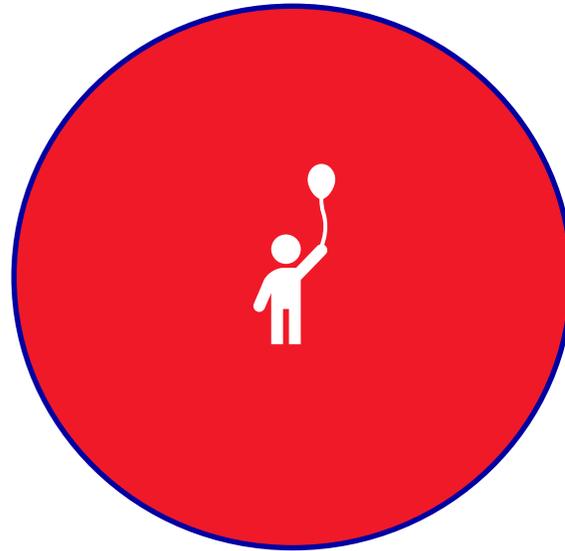


- Snoring
- Gasping for breath
- The sounds of choking
- Unrefreshing sleep
- Aggravated after alcohol, muscle relaxants, sedatives

# OSA



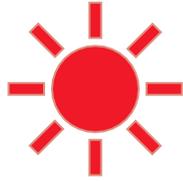
# OSA in pediatric patients



# OSA definition

- In 1976, prof. Guilleminault diagnosed obstructive sleep apnea in 8 children –  
**specific manifestations and risks factors**
- Interruption of breathing in sleep for 2 respiratory cycles, accompanied by a decrease in saturation and/or a wake-up reaction
- **AHI = 1- 4** – lighter form of OSA
- **AHI = 5 -10** – moderate OSA
- **AHI > 10** – severe OSA
- **already AHI = 1 is considered pathological**

# Symptoms of OSA in children



- dry mouth, dry lips
- difficult to wake up
- the child wakes up unrefreshed, tired
- early headaches
- daily inattention and hyperactivity



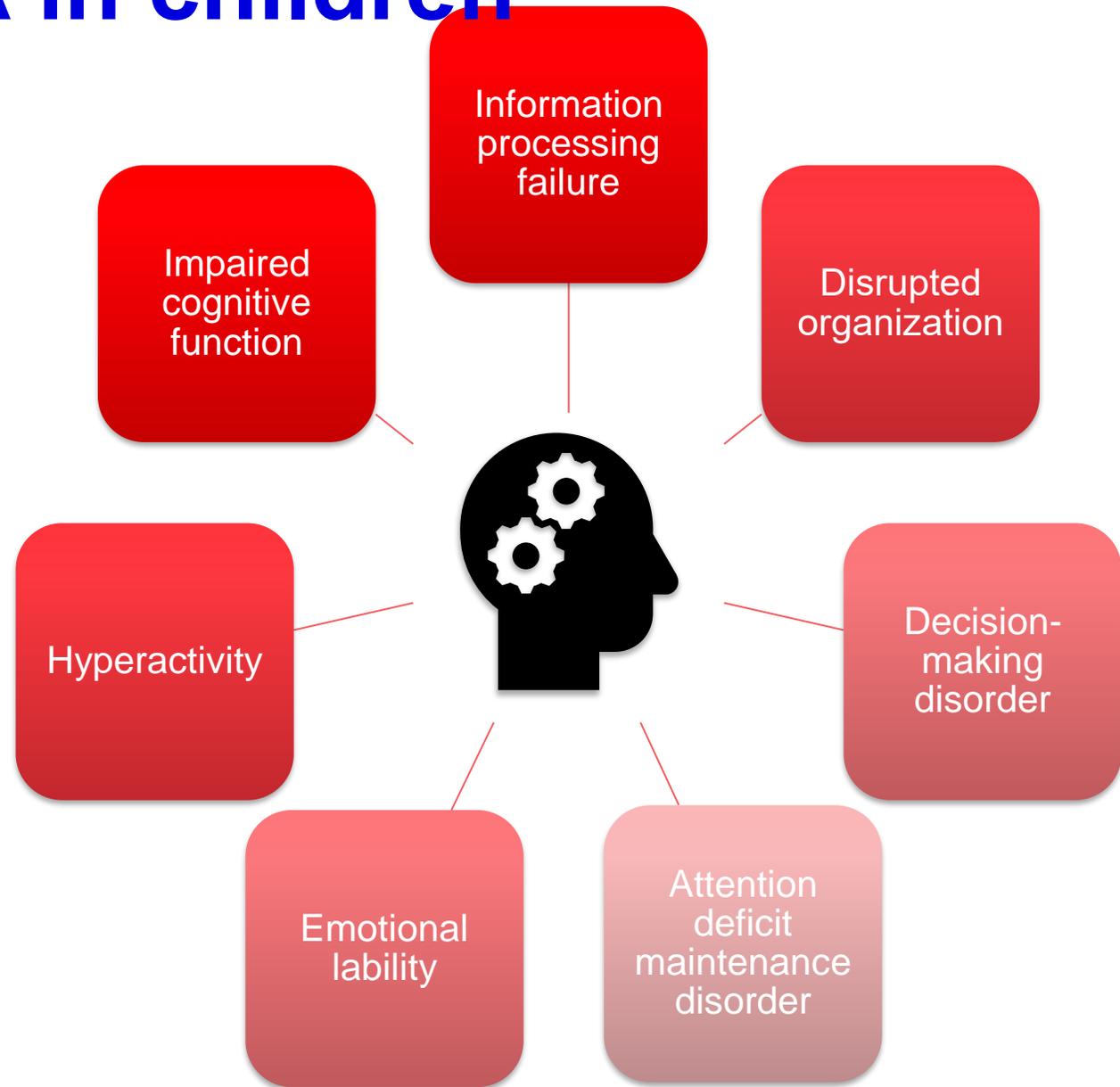
- snoring
- apneic pauses
- abnormal sleep positions
- excessive sweating
- restless sleep
- night wetting
- NREM parasomnia

# Symptoms of OSA in children

Fragmentation of sleep & hypoxia affect:

- **Prefrontal cortex**
- **Cognitive executive functions**
- **Information processing**

[Beebe et al., 2002](#)



# ... other possible consequences of OSA in children

- **Growth slowdown** and thriving problems
- Systemic inflammation - an increase in pro-inflammatory cytokines (**OSA is a form of inflammation processes**)
- Dysfunction of the autonomic system - activation of the **sympathetic nervous system**
- **Increase in blood pressure** compared to normal
- Remodeling of heart chambers
- **Endothelial dysfunction**, increased vascular resistance
- **Metabolic syndrome** - increase in insulin levels

# Prevalence of pediatric OSA

- Significant discrepancy in previously published studies: **0.1 - 13% (most commonly around 2-4%)**
- Agreement on **significant underdiagnosability**
- Children suffering from **obesity or craniofacial malformations** – a significantly higher risk of **OSA development - up to 68%**

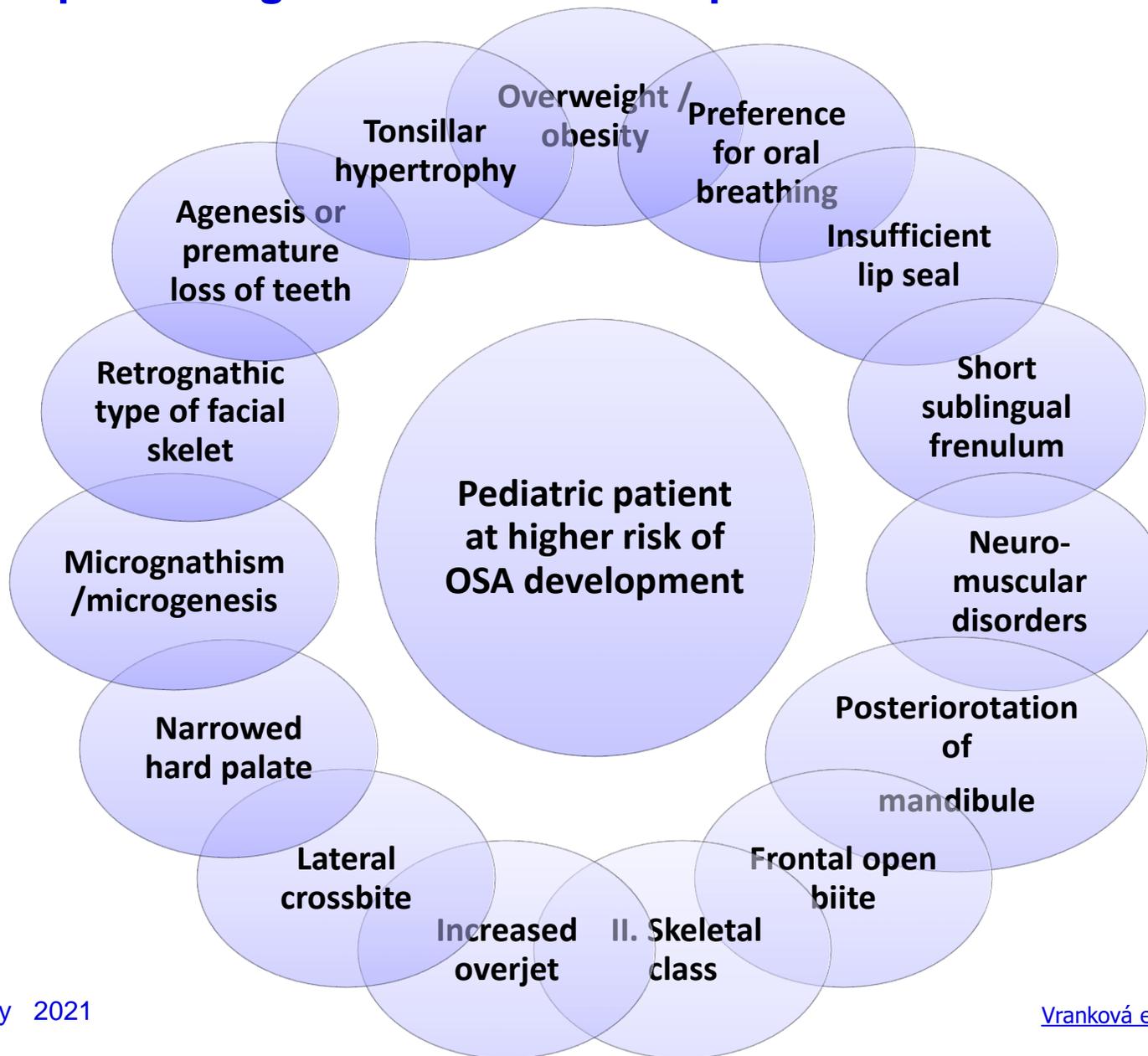
[Caron et al., 2015](#)

[Verhulst et al., 2008](#)

# What not to forget in the initial examination

- Risk factors for OSA in children that can&should be diagnosed by dentists include:
  - **short sublingual frenulum, mouth breathing, agenesis or premature tooth loss, risk-bearing craniofacial malformations.**
- As **orthodontists are specialists in the orofacial area**, treating the anomalies of the facial skeleton in growing pediatric patients, they can significantly contribute to both **early diagnosis** and **non-invasive treatment** of patients with pediatric OSA.

# Craniofacial features representing risk for OSA development in children



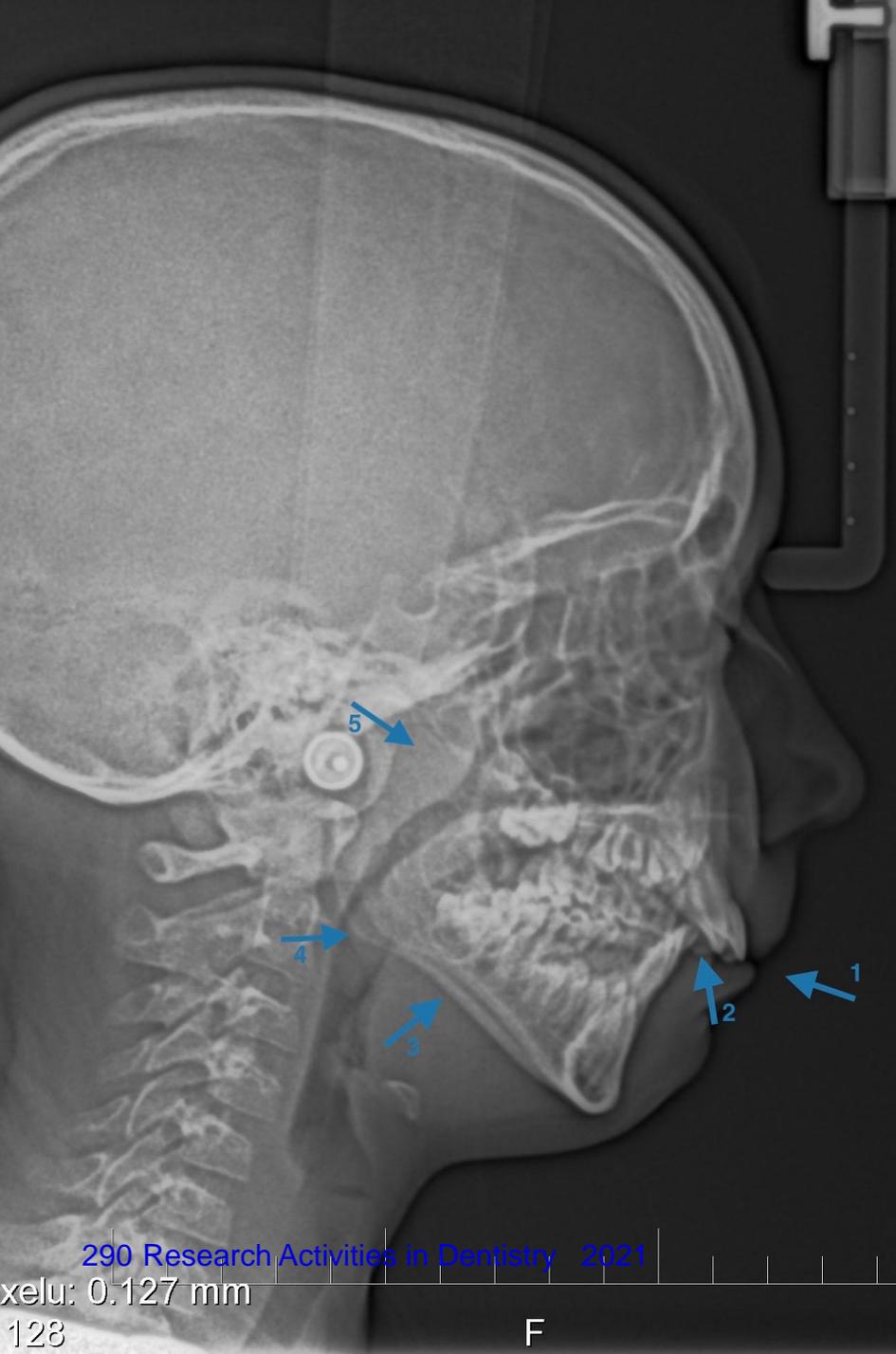
# Imaging methods used in dental office

- **X-ray** – as a part of the initial orthodontic examination, a **cephalometric image**, showing the patient's skull in side projection, is a standard; the image is limited by **2D dimension**, but with a **complex description** of the image, it is possible to observe the **influence of skeletal orthodontic anomaly and jaw position on the upper airways**
- **CBCT** – (CBCT, cone beam computer tomography) – possibility of **3D display**, segmentation and analysis of individual upper airway sections – more precise & detailed information

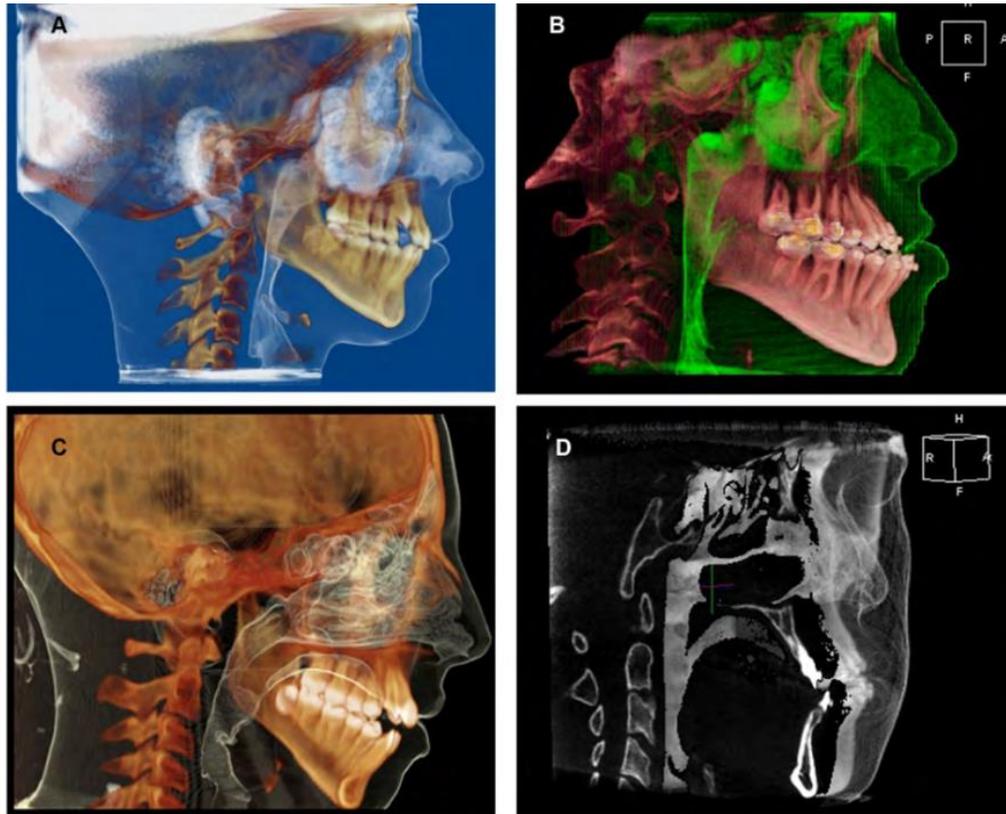
# Cephalometric image

Lateral cephalogram – arrows indicate risk factors:

- insufficient lip seal (1)
- increased overjet (2)
- posterior rotation of the mandible (3)
- tonsilla lingualis (4)
- hypertrophy of the adenoid (5)

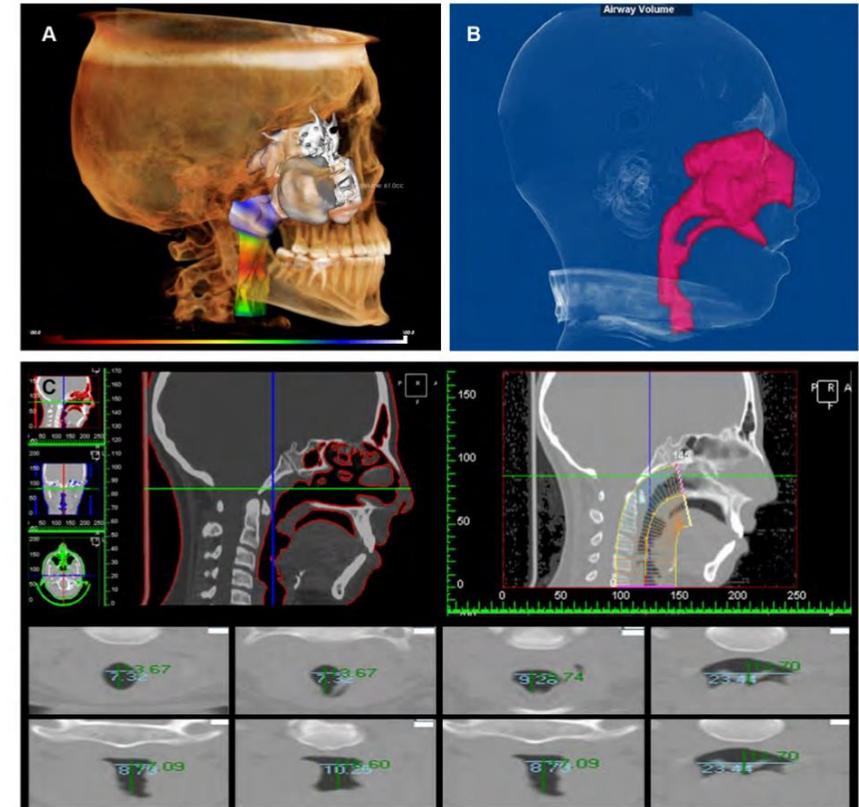


# CBCT – image and analysis of upper airways



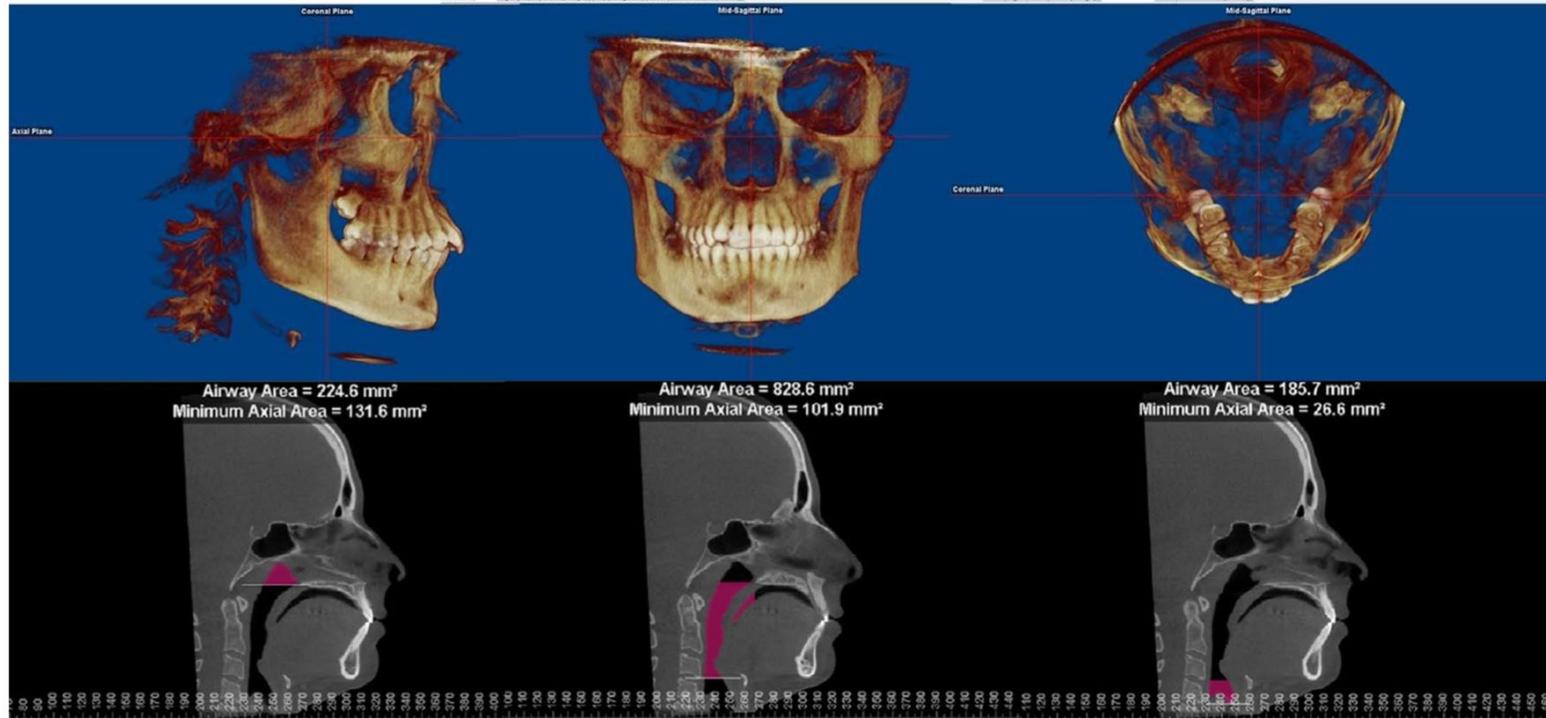
In 3D analysis of the airways, we obtain information about airways length, their total and segmental volumes as well as MCSA

[Ghoneima et al., 2012](#)



Volume — showing CBCT images used for airway analysis — several different softwares (Dolphin, 3dMD, InVivoDental..) are used to analyze and measure DC volumes.

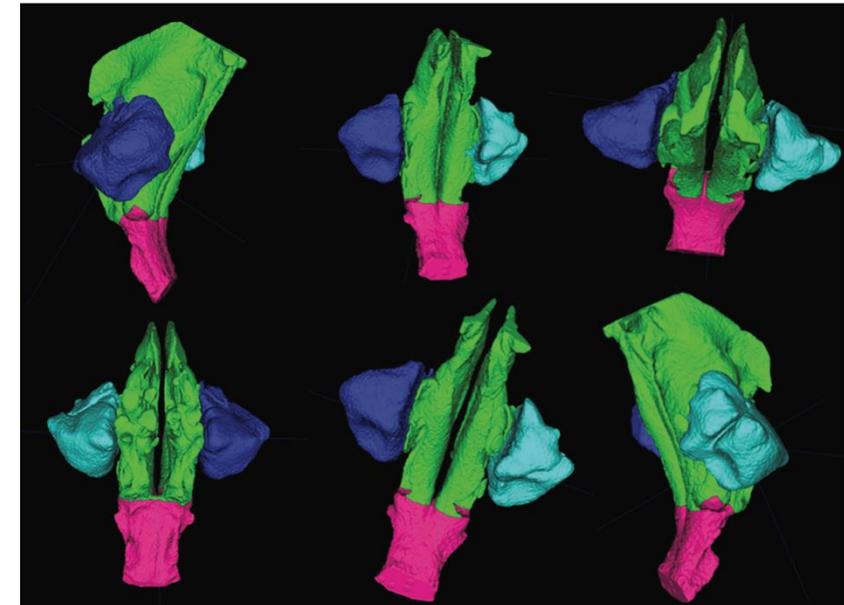
# CBCT – image and analysis of upper airways



**FIGURE 1** Skull orientation in the sagittal, frontal and transverse views, and airway subregions: nasopharynx, oropharynx and hypopharynx. Images rendered using Dolphin (dolphinimaging.com)

[Masoud et al., 2020](#)

The reconstruction of analyzed sections of upper airways

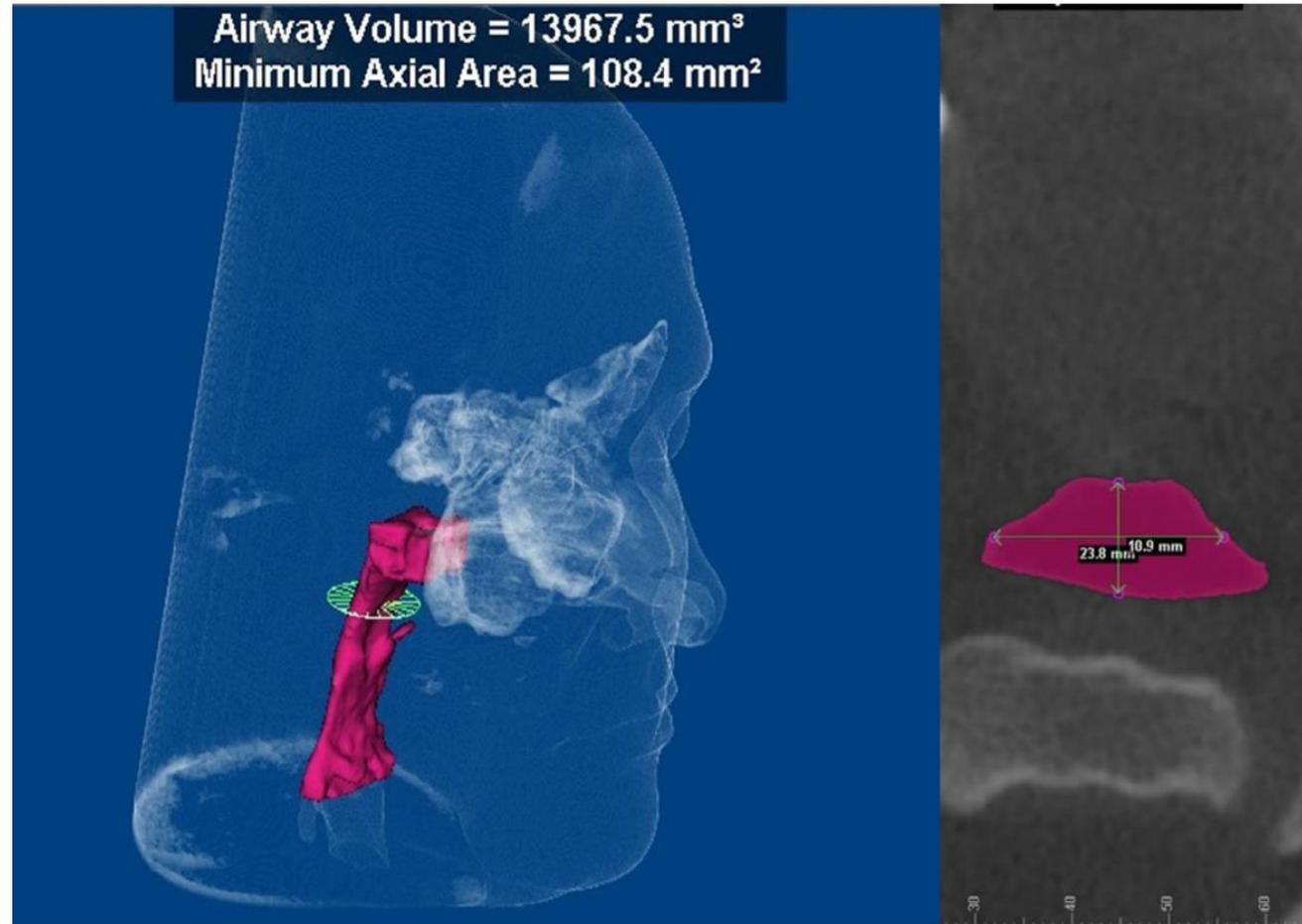


**Figure 2.** Multiple view of studied reconstructed volumes segmented into the different portions analyzed in this study: Nasal cavity, maxillary sinuses, and rhynopharynx.

[Lanteri et al., 2020](#)

# CBCT – image and analysis of upper airways

HDC Volume Analysis -  
Determining the "MCSA"  
(minimum cross-sectional area)  
– the area within the upper  
airways with the narrowest  
diameter and therefore a place  
of high risk for collapse and  
occlusion of airways



[Masoud et al., 2020](#)

# CBCT

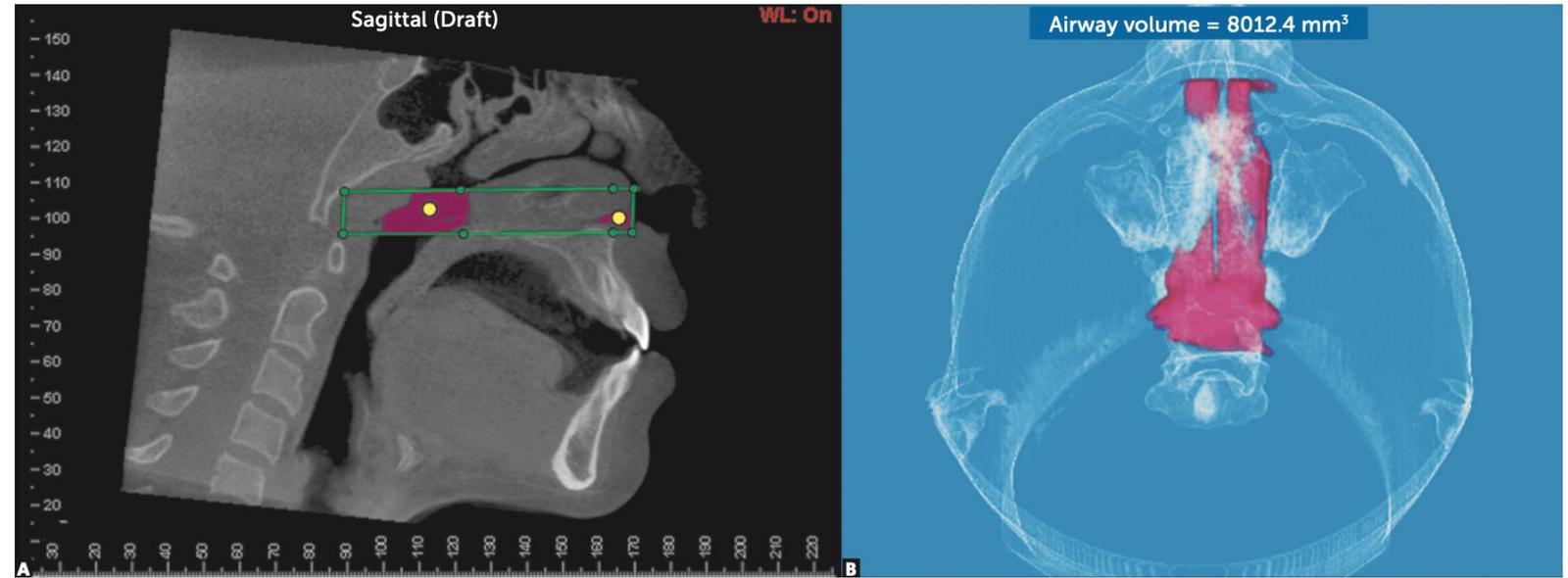


Figure 2 - Measurement of VNN: A) limits of the nasopharynx and nasal cavities (green), and B) airway volume calculation (pink).

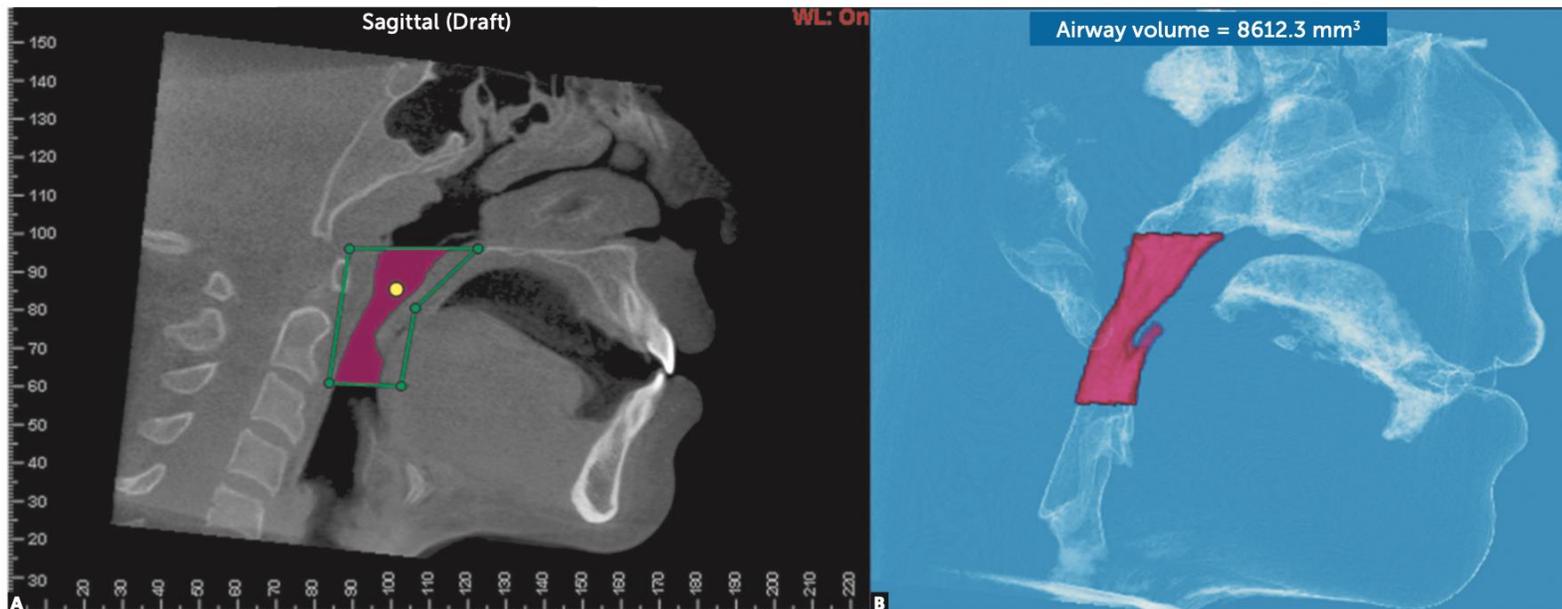


Figure 3 - Measurement of VO: A) Limits of the oropharynx (green), and B) Airway volume calculation (pink).

[Izuka et al., 2015](#)

# Development of the orofacial system

- The key activities for the proper development of the orofacial system in children are:  
**nasal breathing, mastication, swallowing, sucking (synchronization)**
- The muscles involved in these activities stimulate the postnatally active **intermaxillary suture** as well as the **formation of the alveolar processus**
- Failure or malfunction in these activities disrupt the physiological development of the craniofacial system and lead to the risk of skeletal abnormalities, often contributing to easier collapse of the upper airways
- The development of the facial area is most significant between the **birth and the 6th year**, followed by a **pubertal growth spurt**

# Development of the orofacial system

## Short sublingual frenulum

- if, in the indicated case, the short frenulum is not released in time, it almost always disturbs the development of **key functions** (sucking, swallowing, chewing or speech),
- there is **also insufficient stimulation of the palate suture**
- **Agensis and premature tooth loss**
- many authors in their studies focus on the influence of agensis or premature loss of teeth on the development of craniofacial structures and the possible emergence of OSA
- there is a **consensus that the loss of teeth or their failure affects the anatomy of the alveolar processus**, regardless of the cause of the loss
- abnormal orofacial anatomy is described in these children - in a form posing a risk for collapse of upper airways in sleep

[Huang et al., 2017](#)  
[Ben-Bassat et al., 2009](#)

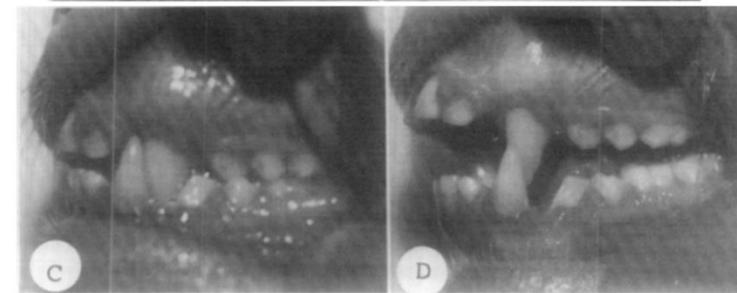
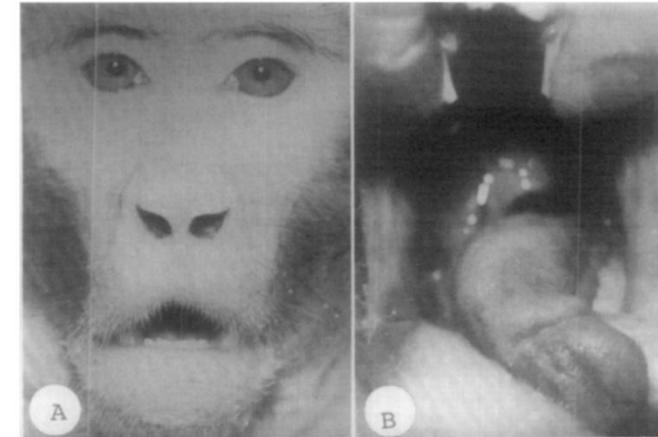
# Oral breathing

- In 1981 and 1984 - Study on monkeys - **a demonstration of the consequences of oral respiration on the facial skeleton**
- Artificially **induced nasal obstruction - compensatory changes** with the aim of adaptation to oral respiration
- In growing monkeys, craniofacial anomalies improved again after removal of nasal obstruction

[Harvold et al., 1981](#)  
[Vargervik et al., 1984](#)

# Adaptive changes

- delayed maxillary growth
- narrowing of the maxilla and mandible
- open mouth
- mandible advancement – depending on the type of compensation, either II. or III. Angle class occurred in animals
- often a tendency to double-bite
- tongue – adaptive changes in animals differed, but they led to ensuring the patency of the oropharynx
- tongue extrusion



**Fig. 2.** Three years of oral respiration caused a notch in the upper lip and an open mouth posture (A), as well as a long and slender tongue with midline groove, an open pharyngeal port, and a dental malocclusion (B). The forward positioning and the rhythmic movements of the mandible produced a dual bite (C and D).

[Harvold et al., 1981](#)



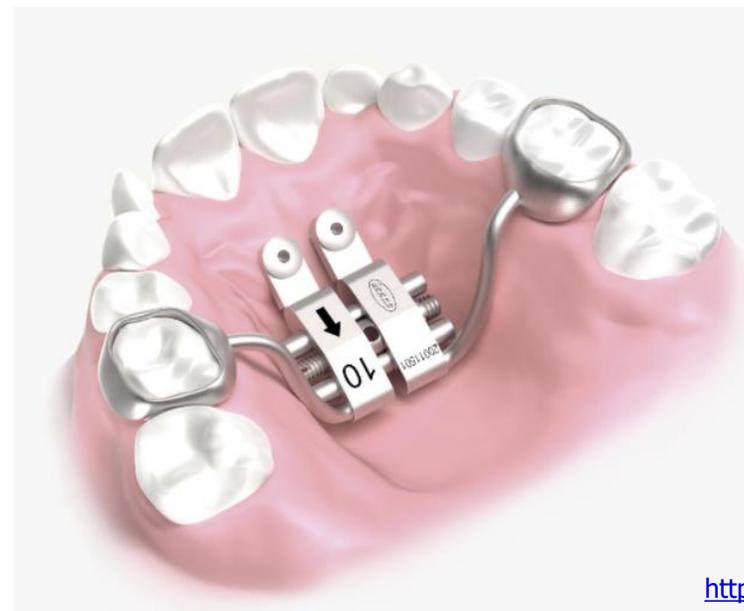
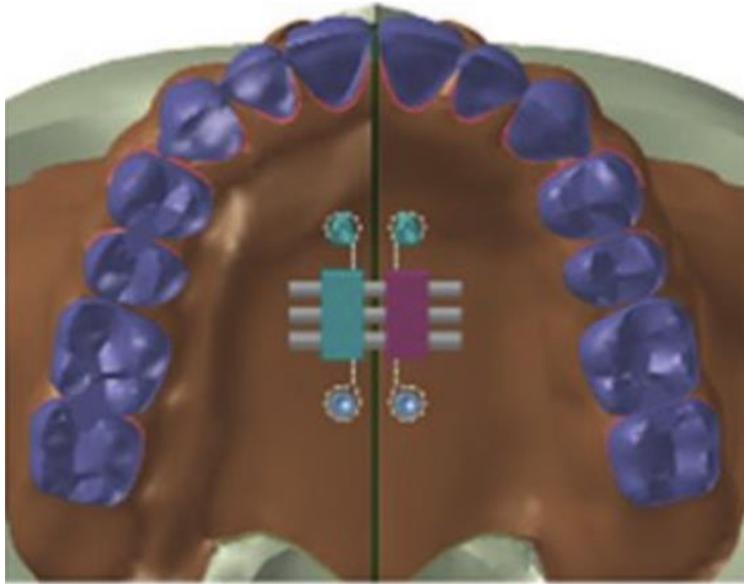
**Fig. 4.** The animal lowered the mandible and protruded the tongue. Eighteen months of mouth breathing produced a notch in the upper lip (A) and a severe open-bite (B).

# Orthodontic therapy in pediatric OSA patients

- **Maxillary expansion** - the most commonly used orthodontic approach in the treatment of OSA in children
- **Mandibular advancement** - affecting the mandibular position
- **Myofunctional therapy** - active and passive treatment

# Orthodontic expansion of upper jaw

- According to **anchoring**, we divide orthodontic expansion appliances into: "**bone – borne**" – bone anchored (MARPE – miniimplant assisted rapid palatal expansion), "**tooth-borne**" – dentally anchored, and "**hybrid**" (bone and dentally anchored)
- **Types of expansion** – depending on the expansion protocol and force:
- **rapid maxillary expansion (RME)** – faster expansion/greater power in less time
- **slow maxillary expansion (SME)** – weaker forces and longer time
- **surgically assisted rapid maxillary expansion (SARME)**



[Lee et al., 2012](#)

<https://www.leone.it/english/orthodontics/>



<https://www.accutechortho.com/orthodontic-laboratory-products/expansion/rpe>

# RME

- **RME** – first introduced in 1860 by **Dr. Angell** and was especially popularized by **Dr. Haas**

During expansion, the maxillary suture ruptures - **triangular extension** - the maximum is in the anterior part and the expansion decreases in the dorsal direction - ratio 2: 1 (higher resistance of the skull bones)

- Other sutures around the maxilla also partially expand - (zygomatic-maxillary, frontomaxillary, zygomaticotemporal, pterygopalatal ..)

# RME

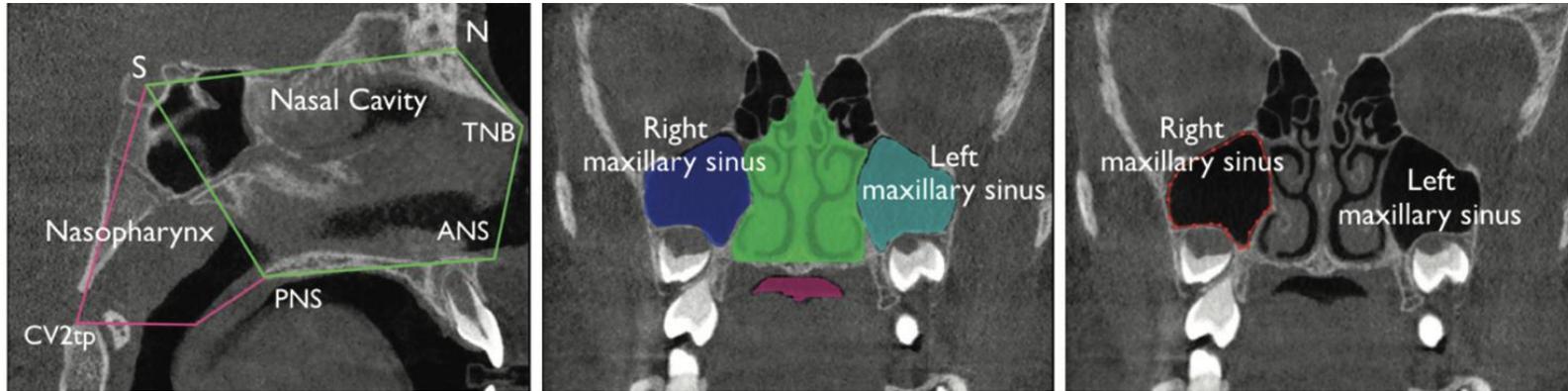
- many studies have shown the effect of maxillary expansion on:
- **significant increase in the volume of the nasal cavity, nasopharynx, rhinopharynx and paranasal cavities**
- **reduction of nasal resistance**
- improvement of **ventilation and patency of airways** (examination using imaging techniques, rhinomanometry or PSG)
- **Decrease in AHI and improvement of OSA symptoms in children**

[Haas, 1961](#)

[Abdalla et al., 2019](#)

[Caprioglio et al., 2014](#)

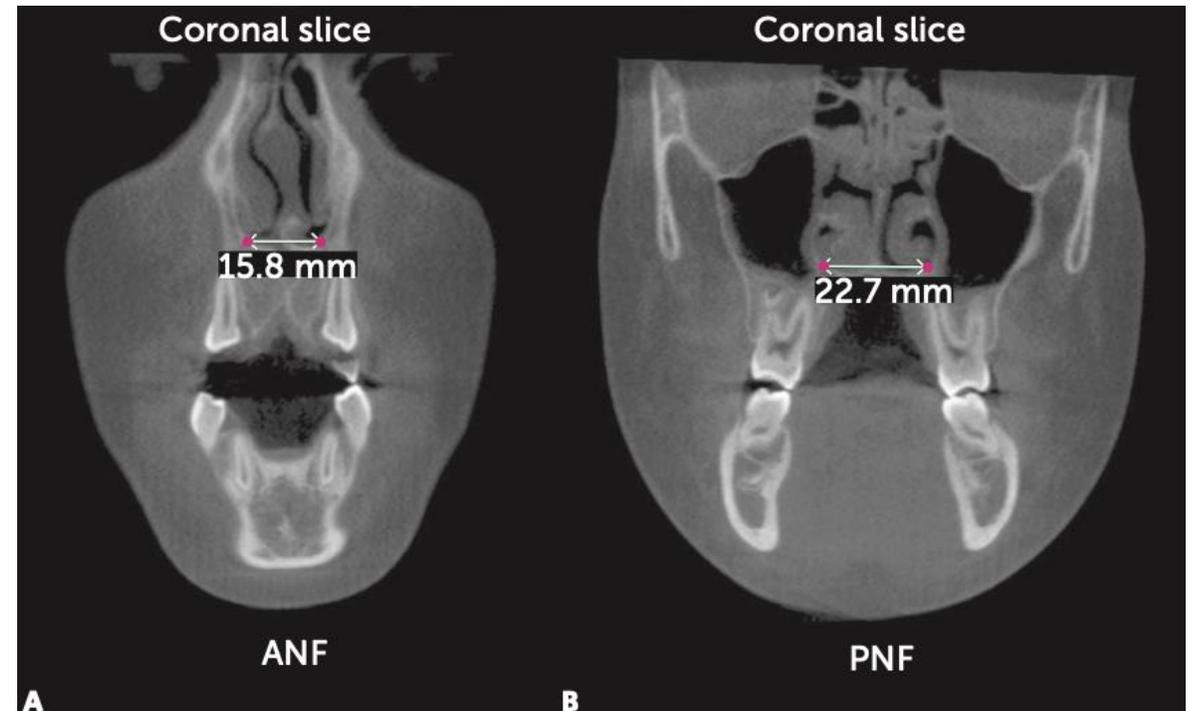
[Maspero et al., 2020](#)



[Lanteri et al., 2020](#)

Sagittal and coronal sections CBCT – showing segments of nasal cavity and maxillary sinuses with the possibility of measuring individual volumes

Measurement of the width of the nasal base in the front (ANF) (canine area) and back (PNF) (area of the first permanent molars)



[Izuka et al., 2015](#)

# Myofunctional therapy (MFT)

- **Since 1918** - the correct position of the tongue, achieved by MFT, is **described as the main factor leading to the stimulation of maxillary and mandibular growth and nasal breathing**
- MFT is a collection of **isotonic and isometric** exercises affecting the lips, tongue, oropharyngeal structures such as the soft palate or lateral wall of the pharynx
- The task is to ensure the correct posture of the head, the position of the tongue on the palate in relation to the upper teeth, swallowing, mastication, speech and articulation
- **Active and daily provided MFT** in combination with further treatment can lead to **complete remission of OSA in up to 60% of children**
- **The absence of MFT may be associated with recurrence of SRBD**

# Mandibular advancement

- Several studies focused on the analysis of changes in the upper airways after the use of orthodontic appliances used for the advancement of mandible have shown that:
- after the **Twin Block therapy**, the sagittal dimension of the **oro- and hypopharynx increased** in children by correcting the position of **the mandible; the length, thickness and inclination of the soft palate were also improved.**
- there was an **improvement in the symptoms of OSA**, as well as the profile of patients and the results of their sleep questionnaires and PSG
- cephalometric analyzes showed a **significant increase in airway space, a change in the position of the mandible relative to the cranial base** and convexity of the face, **which indicate an increase in mandibular growth and soft palate length, a reduction in maxillo-mandibular discrepancy in the sagittal and vertical planes**

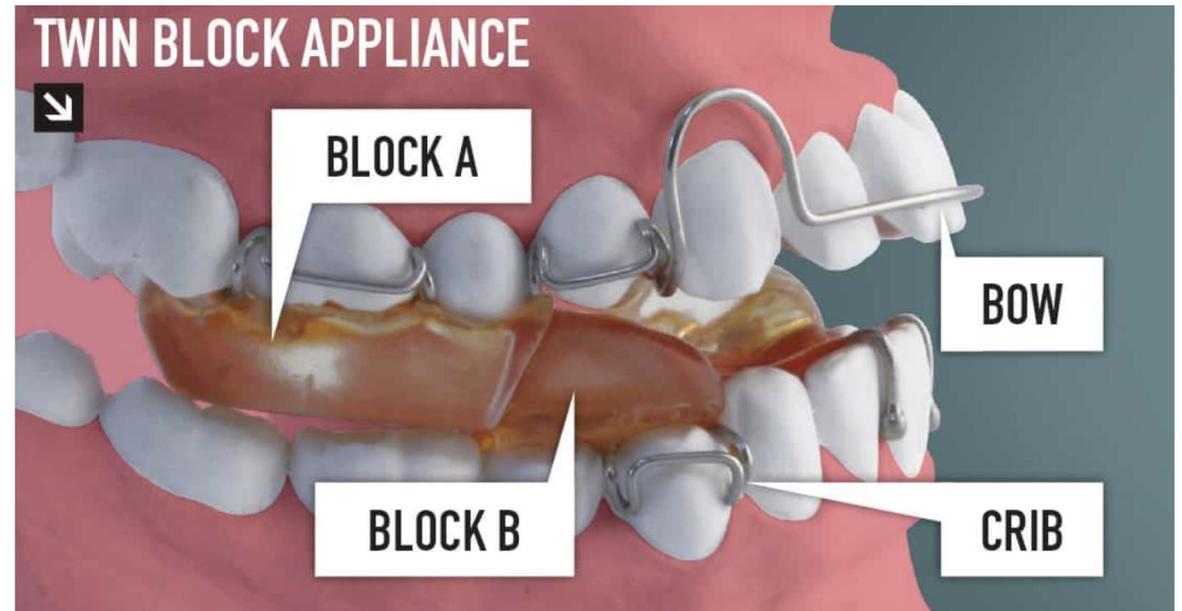
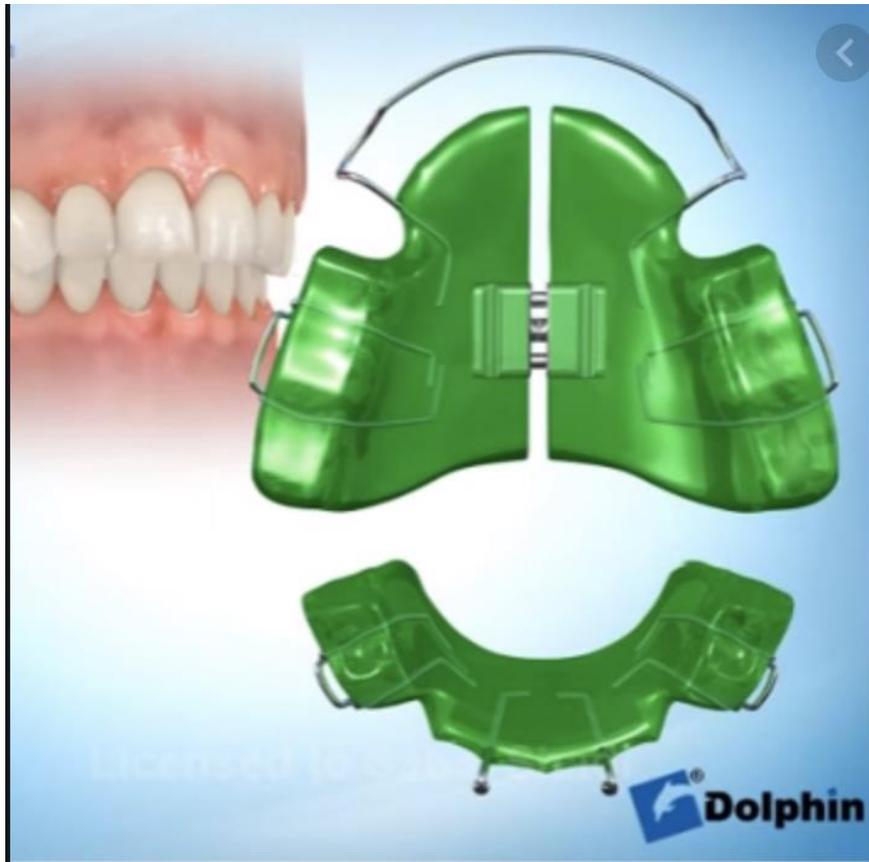
[Zhang et al., 2013](#)

[Ghodke et al., 2014](#)

[Galeotti et al., 2016](#)

# TWIN BLOCK

[https://www.youtube.com/watch?v=UI\\_-wfutrQw](https://www.youtube.com/watch?v=UI_-wfutrQw)

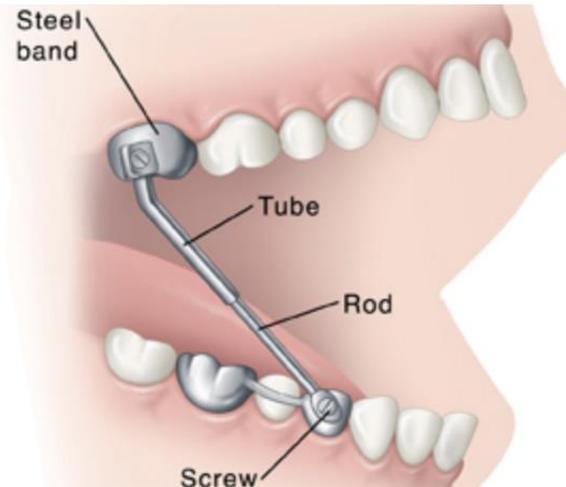


<https://www.orthodonticsuites.co.uk/blogs/news/twin-blocks-or-functional-appliances>

# Herbst appliance

- <https://www.youtube.com/watch?v=yB8ps1Z1EgU>
- after therapy, the following has been shown:
- increase in the volume of airways in parts of the oropharynx and larynx, reduced frequency of awakening
- in children with II. skeletal class and OSA - improved respiration
- reduction of OSA symptoms in patients after treatment

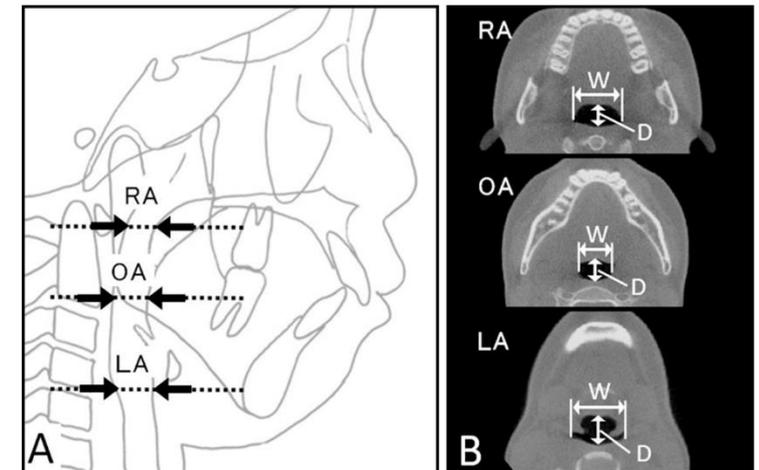
[Schütz et al., 2014](#)  
[Iwasaki et al., 2014](#)



<https://www.fairview.org/patient-education/40051>



**Fig 6.** Example of a subject treated with the Herbst appliance: **A**, before treatment, the retropositioned mandible was associated with a reduced pharyngeal airway; **B**, after treatment, a more anterior placement of the mandible significantly (yellow arrow) enlarged the pharyngeal airway (blue arrow).



**Fig 5.** Measurement of the pharyngeal airway cross-sections. **A**, RA, Retropalatal airway; OA, oropharyngeal airway; LA, laryngopharyngeal airway. **B**, Cross-sectional areas of the pharyngeal airway. *D*, Depth; *W*, width.

[Iwasaki et al., 2014](#)

# Case reports

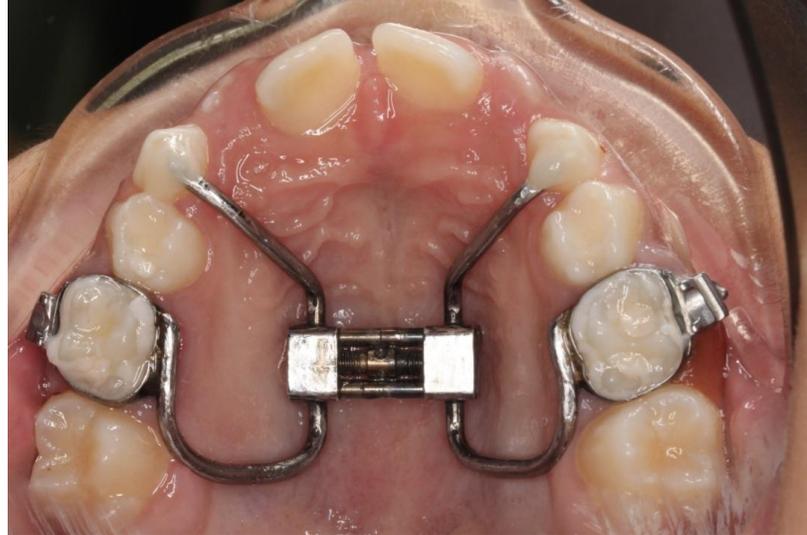
# Sofia, 7 years old



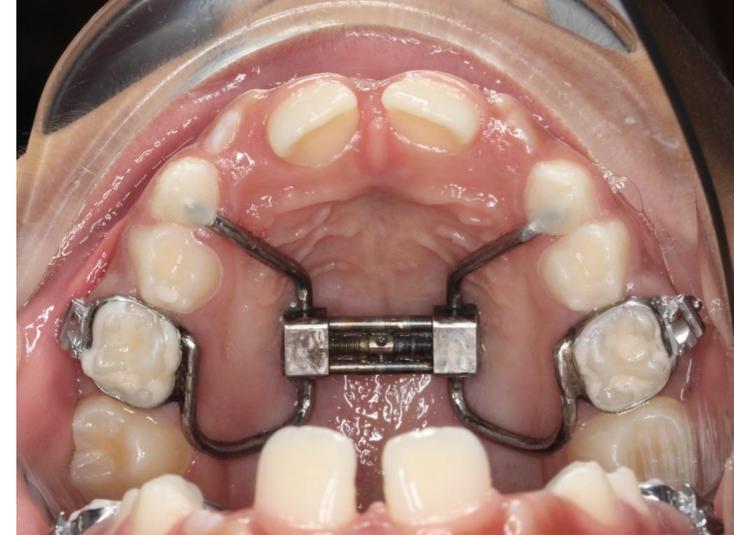




5/8/19



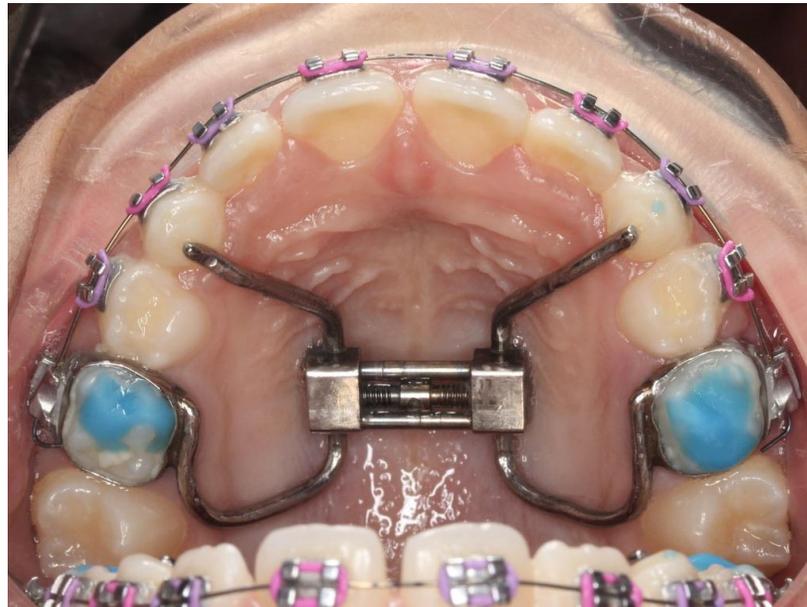
26/8/19



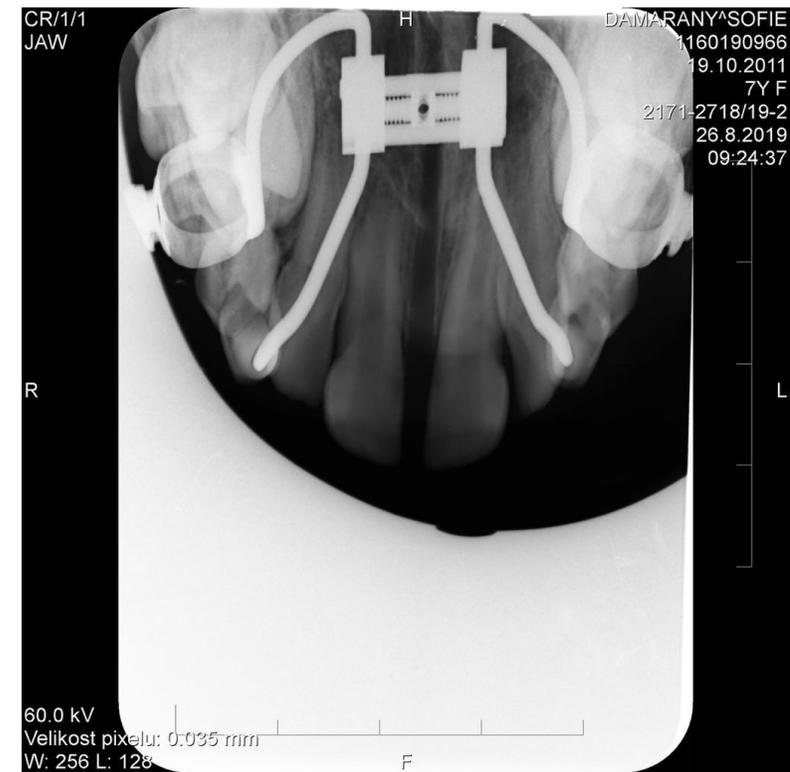
2/9/19

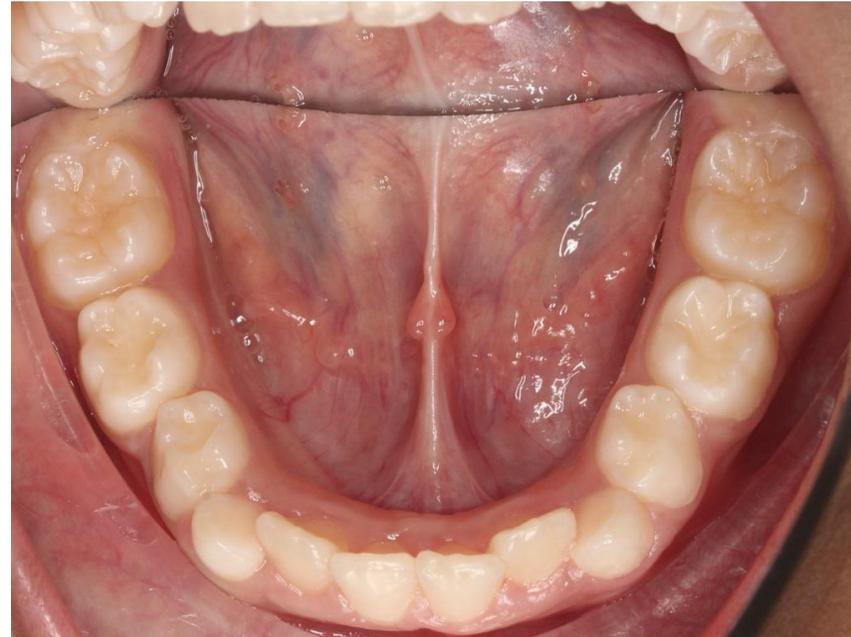


8/1/20



7/7/20



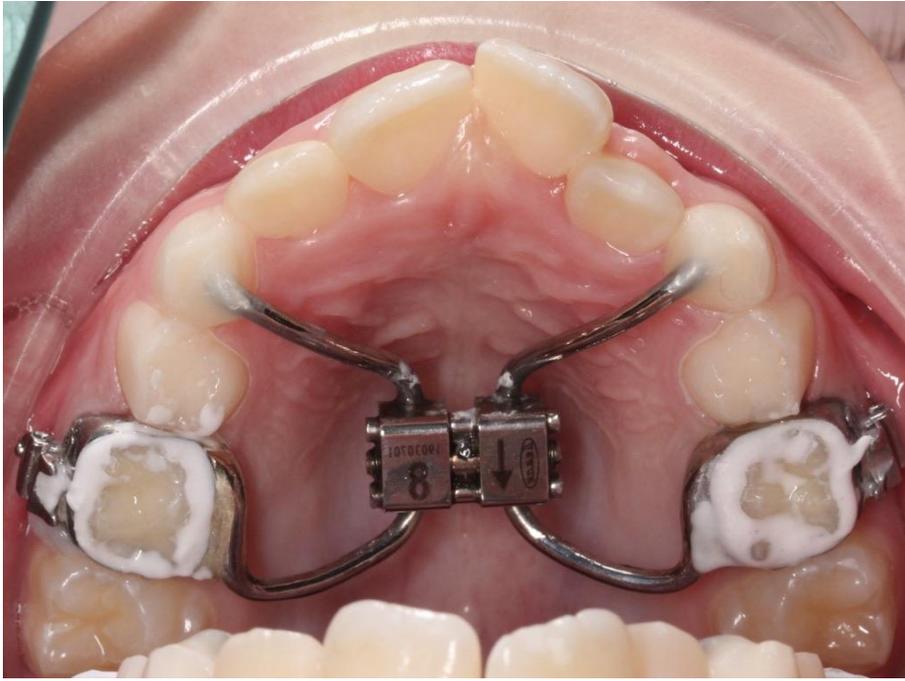


# Adam, 8 years old

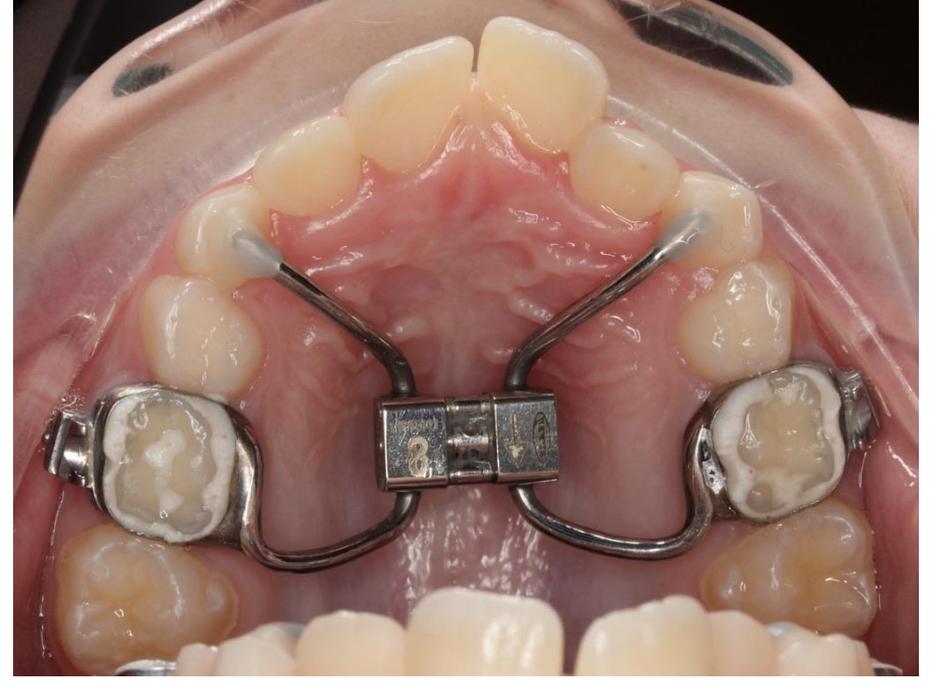




9/10/19



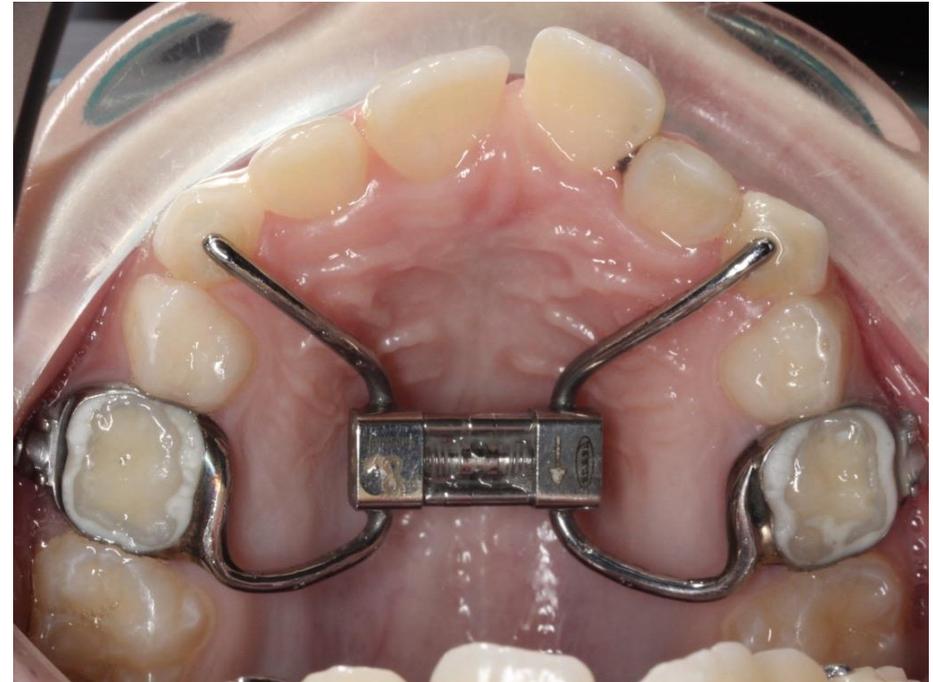
18/10/19



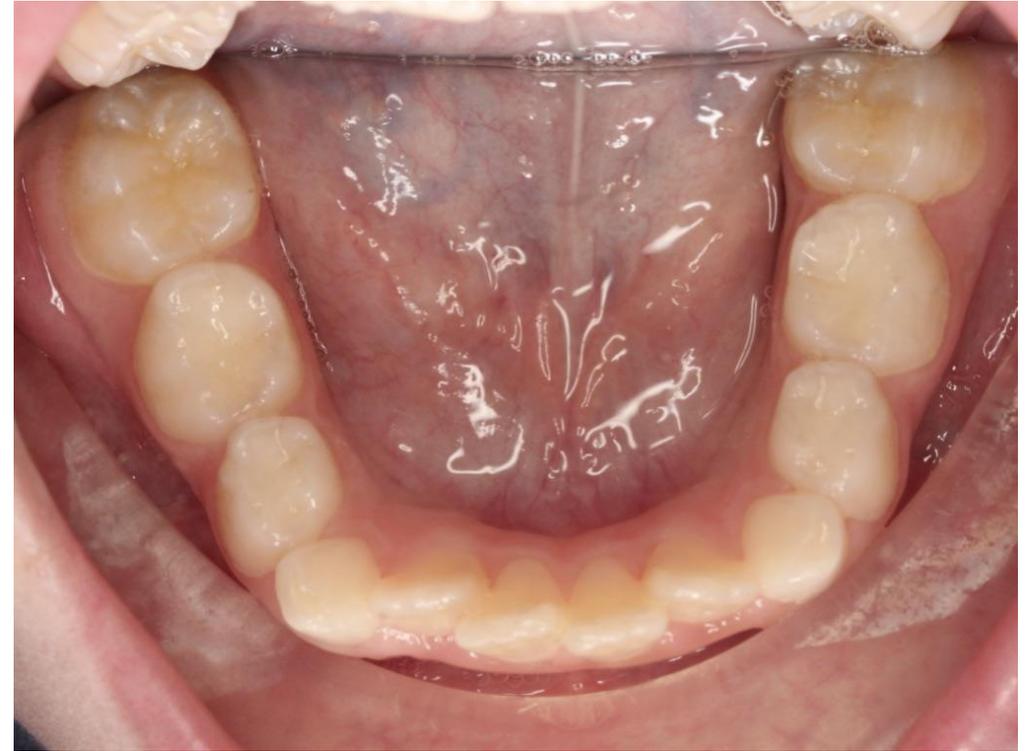
24/10/19



6/11/19



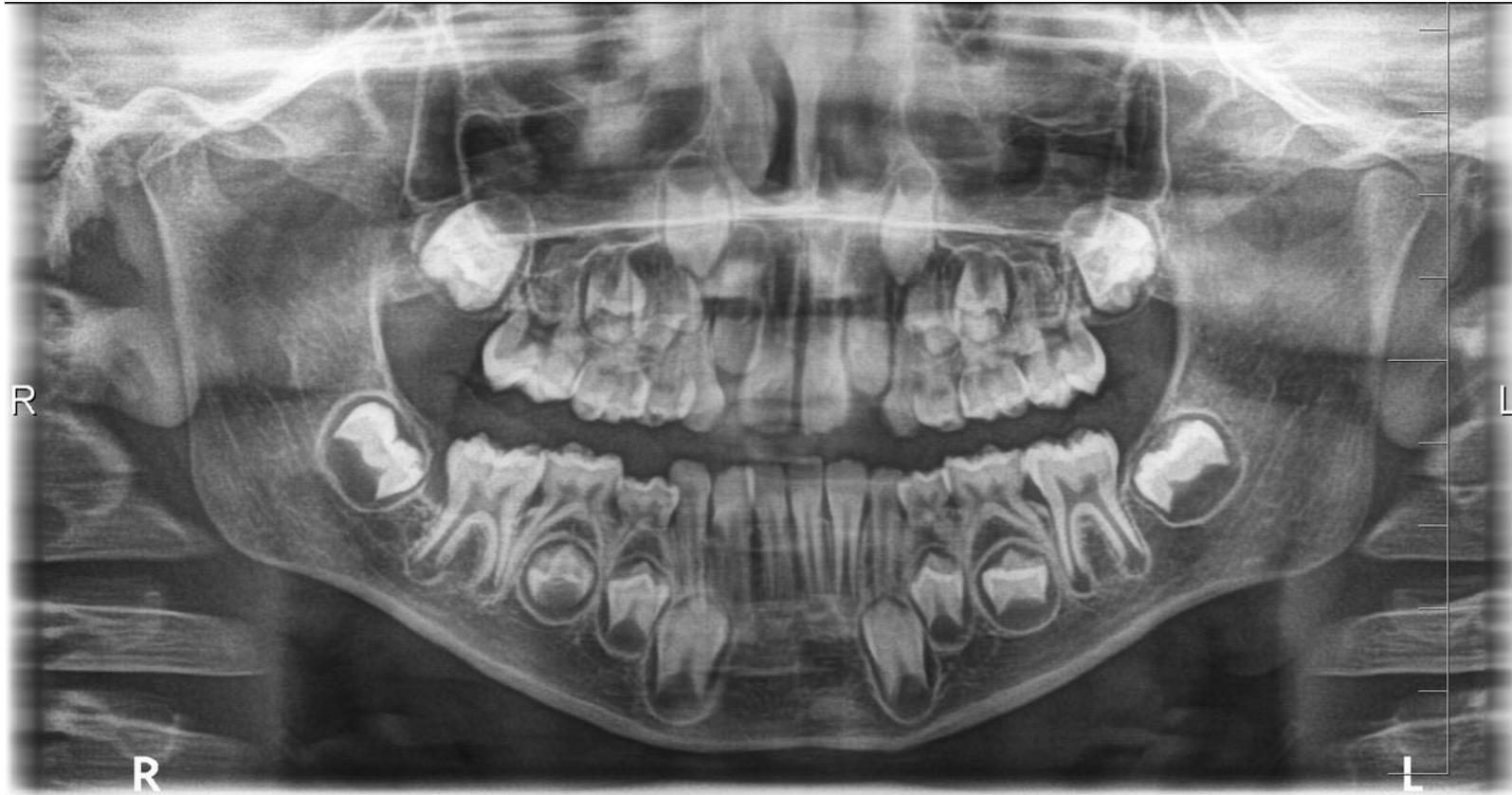
# 2nd phase of the therapy - TWIN BLOCK







# Jan, 8 years old







28/5/20



11/6/20



18/6/20



2/7/20



# Take home message

1. Dentists are **specialists in the orofacial area** and by precise examination they can significantly contribute to the **detection and diagnosis of OSA** in (not only) pediatric patients
2. Efforts should be made for the **earliest possible detection** (increasing the range of therapeutic options) and subsequent **appropriate choice of a causal therapy**
3. **Orthodontic treatment** can be a valuable treatment **for children with OSA who have craniofacial anomalies**

# Abbreviations used

OSA – obstructive sleep apnea

SRBD - sleep-related breathing disorders

AHI index – apnea-hypopnea index

CBCT - Cone Beam computer tomography

PSG – polysomnography

MFT - myofunctional therapy

RME - rapid maxillary expansion

SME - slow maxillary expansion

# **Congenital developmental anomalies of the orofacial region (cleft defects)**

**MUDr. Alena Bryšová, Ph.D.**

Clinic of Stomatology, St. Anne's University Hospital  
Faculty of Medicine, Masaryk University Brno

# Content of the lecture

- Research projects of our team
- Cleft lip and palate - theory
- Cleft lip and palate - research part
- Why become a researcher

# Introduction of the researcher

MUDr. Alena Bryšová, Ph.D.

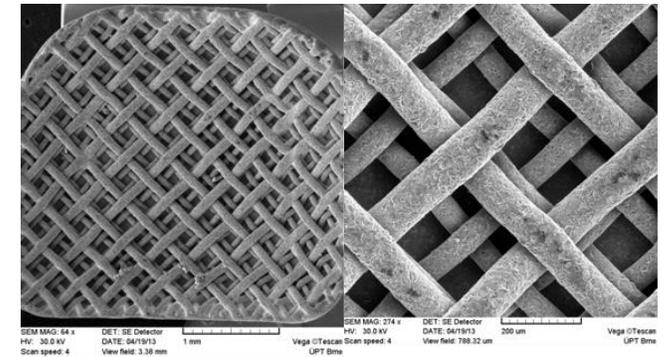
- Orthodontist at the Dental Clinic of the St. Anne's University Hospital, Brno
- Teacher of undergraduate and postgraduate students in orthodontics – MED MUNI, Brno
- Private orthodontic clinic

# Research of orthodontic brackets and adhesive materials

Team : MUDr. Alena Bryšová, Ph.D. – FNUSA and MED MUNI Brno, Prof. RNDr. Bohumil Vlach, CSc. – FCE Brno University of Technology, Ing. Filip Mika, Ph.D. – ISI CAS

## Research objectives:

- Comparison of the strength of the binding of adhesive materials for bonding orthodontic brackets
- Morphology of the bases of orthodontic brackets
- Comparison of cracks in enamel after removal of brackets



# Research into the treatment of crowding with fixed lingual appliances

Team : MUDr. Alena Bryšová, Ph.D. ,MDDr. Dušan Kuric, MDDr. Mariana Raszková – FNUSA a MED MUNI Brno

## Research objectives:

- Comparison of the final inclination of lower incisors in patients with crowding treated with the lingual appliances and conventional fixed appliances
- Comparison of the change of the intercanine distance in patients with crowding treated with the lingual appliances



## Current research

# Evaluation of upper jaw growth in cleft patients after neonatal lip surgery

Team : MDDr. Margarita Rousi, MUDr. Alena Bryšová Ph.D., prof. MUDr. Lydie Izakovičová Hollá, Ph.D. - Clinic of Stomatology, St. Anne's University Hospital, Faculty of Medicine, Masaryk University Brno  
MUDr. Jitka Vokurková, Ph.D., MUDr. Olga Košková, Ph.D. – Department of Plastic Surgery, Children's Hospital FN Brno

### – Research objectives:

- Evaluation of the five-year-old's index of patients with a unilateral cleft lip and palate after lip surgery neonatally at 5 years
- Evaluation of the Goslon yardstick index of patients with unilateral cleft lip and palate after lip surgery neonatally at 9-10 years

# Lip and palate clefts

- One of the most common congenital developmental defects of the orofacial system
- localised in the visible area of the face
- this anomaly affects the patients morphologically, functionally and socially
- can be with or without association with a syndrome



# Prevalence of clefts

- 1 cleft per 500 - 800 live births (in the Czech Republic 1.87: 1000)
  - significantly higher incidence of clefts in aborted fetuses (1 cleft per 50 aborted fetuses)
- Differences in the incidences according to :
  - sex boys : girls 3 : 1
  - affected side left : right 2 : 1
  - ethnicity Asian population 1: 500
    - African-American population 1 : 2000
  - seasonal incidence

# Etiology

- The cleft defect is caused by the non-fusion of the facial parts during embryogenesis
- **75% unclear etiology**
  - it was experimentally demonstrated that cleft can be triggered both by several subliminal impulses acting together and by a single strong factor
- **Genetic influences - 10%**
  - defect of one or more genes, the defect has a demonstrably genetic dependence

[Burdi A.R., 2006](#)

# Classification of clefts - Burian classification 1954

## A. TYPICAL CLEFTS:

Group I: (cleft always present)

1. Cleft lip      -unilateral  
                      - bilateral
2. Cleft lip and jaw - unilateral  
                              - bilateral
3. Cleft lip, jaw and palate ( total cleft)  
                              - unilateral  
                              - bilateral

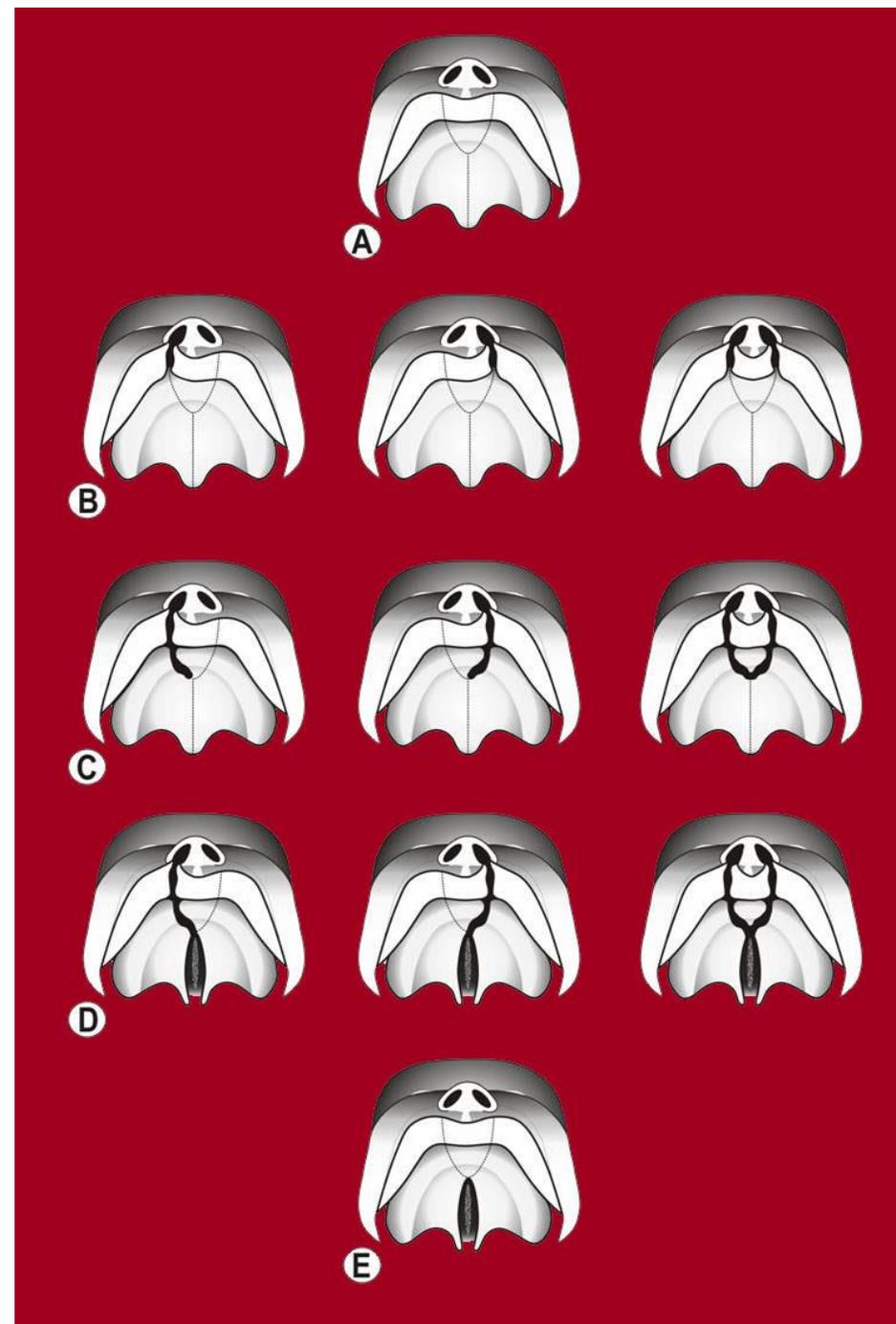
Group II:

1. isolated cleft palate
2. submucous cleft palate
3. insufficient palate

## B. ATYPICAL CLEFTS:

- I. transverse clefts
- II. upper middle clefts
- III. lower middle clefts
- IV. oblique clefts

# Classification of clefts



# Facial clefts are associated with :

- Aesthetically adverse impact on the appearance of the child
- Swallowing problems
- Problems with food intake
- Negative influence on speech development
- Frequent inflammations of the middle ear
- Inflammations of the upper respiratory tract
- **Dentition:**
  - Numerous anomalies in dentition (hypodontia, hyperodontia)
  - **Compared to the general population, 8 times more common:**
  - Morphological anomalies of dentition
  - Upper jaw underdevelopment - crossbite, anterior crossbite, midline shift
  - retention of incisors, canines



# Multidisciplinary care for a cleft patient

- Cleft centres - Prague, Brno
- Care for cleft patients is multidisciplinary, long-term and systematic

AGE	OPERATION TYPE
<b>0-3 months</b>	Primary reconstruction of the lip
<b>7-12 months</b>	Primary reconstruction of the palate
<b>3-8 years</b>	Secondary reconstruction of the lip, palate and nose
<b>8-12 years</b>	Implantation of the secondary bone graft into the alveol
<b>From 17 years</b>	Orthognathic surgery, secondary reconstruction of the lip and nose

AGE	ORTHODONTIC THERAPY
<b>newborn</b>	OBTURATORS (for simplified breastfeeding), MOLDING (preparation for the lip operation, to bring the cleft segments closer)
<b>3-6 years</b>	OBTURATORS (for word practice), REMOVABLE APPLIANCES
<b>6-9 years</b>	REMOVABLE and FIXED APPLIANCES, PROTRACION MASK (for the therapy of narrow maxilla and frontal crossbite)
<b>9-13 years</b>	FIXED APPLIANCES – definitive solution of the shape of dental arches, teeth position and bite
<b>14 and older</b>	FIXED APPLIANCES – long-term stabilization

# Five-year old's index by Atack (Atack et al., 1997)

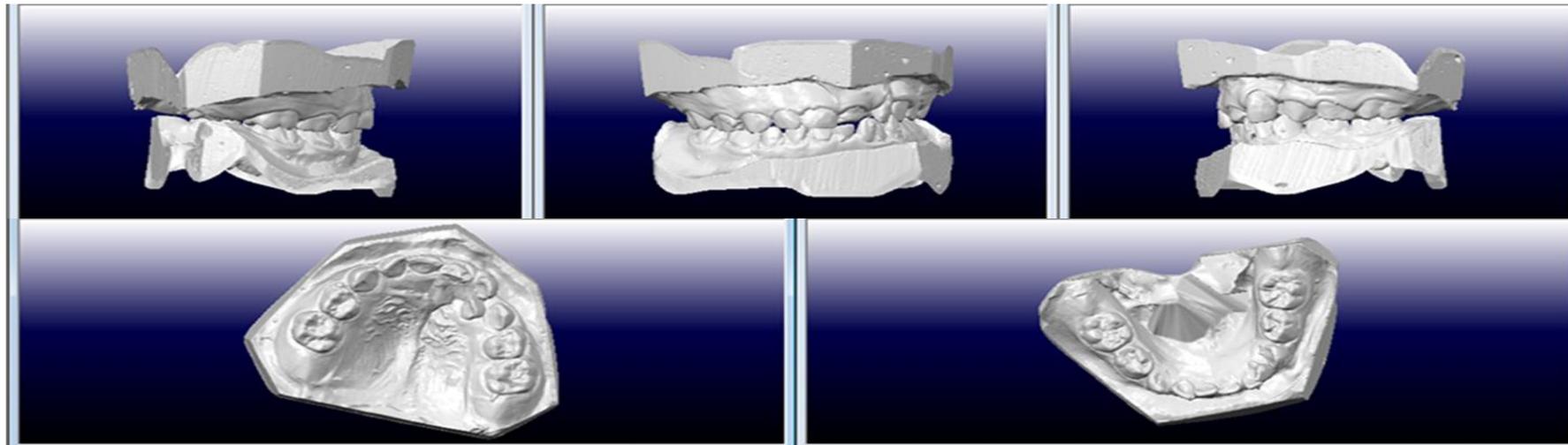
[Atack et al., 1997](#)

- 1997 Atack
- Evaluation of dental arch relationships at the age of five
- It is divided into 5 groups - 1 is the best and 5 is the worst
- The main criterion for classification into the five groups is according to the sagittal, transverse and vertical relationship of dental arches
- Evaluation can be performed on plaster diagnostic models, 3D digital models or on photographs of five-year-old children with unilateral cleft lip and palate
- Prognosis of further development of the relationship of arches and future orthodontic or orthodontic-surgical treatment

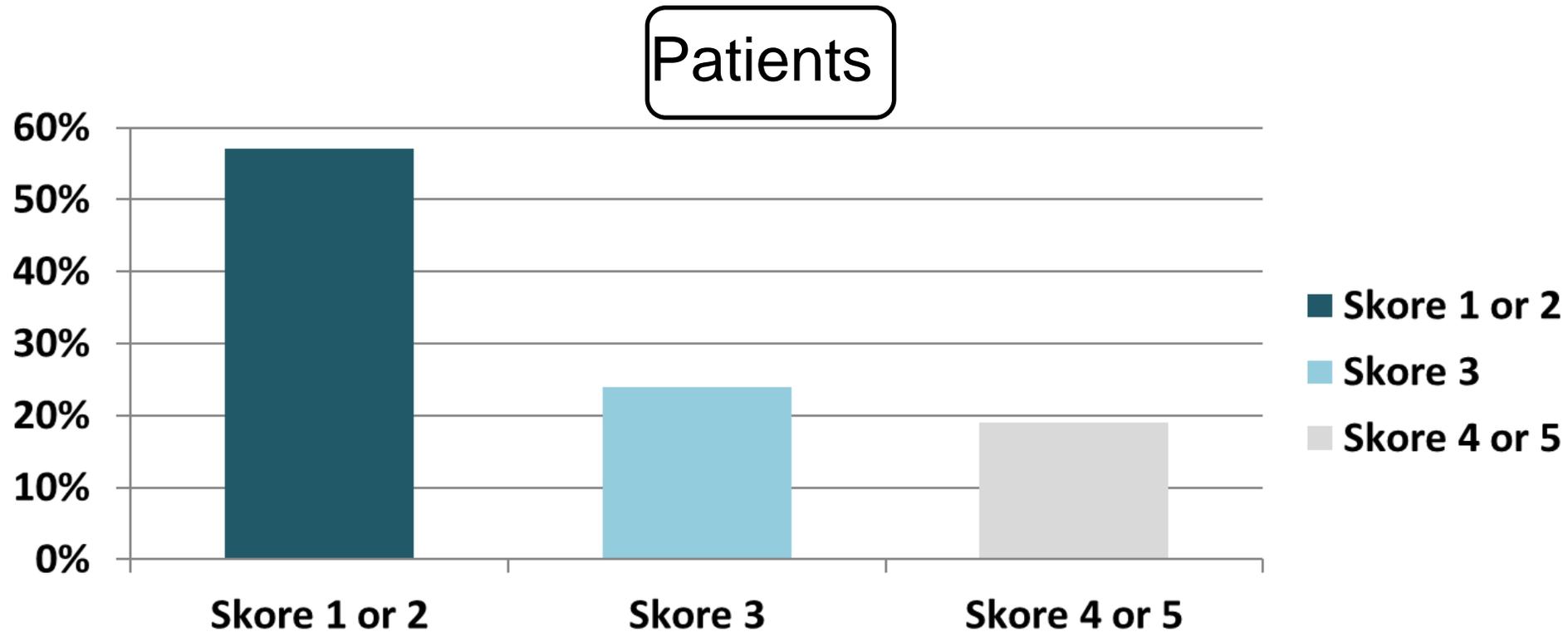
Group	General Features of the Five-Year Old's Index	Long-term results
1	Physiological overjet No crossbite/openbite Physiological growth of the upper jaw and palate	Excellent 
2	Physiological overjet Unilateral crossbite, tendency to crossbite +/- tendency to open bite in the area of cleft	Good 
3	Bite edge to edge or retroclined incisors Unilateral crossbite +/- tendency to open bite in the area of cleft	Satisfactory 
4	Inverted bite with retroclines or proclines of incisors Unilateral crossbite, tendency to bilateral crossbite +/- tendency to open bite in the area of cleft	Unsatisfactory 
5	Inverted bite with proclined incisors Bilateral crossbite Underdevelopment of the upper jaw and palate	Unsatisfactory 

# Methodology of measuring in our research

- Study models of 46 patients born between 2009 and 2013
- Unilateral cleft lip and palate
- All patients were operated by the same surgeon, with the same protocol - neonatal lip surgery and closure of the soft and hard palate between the 7th and 12th month



# Results



Average score : 2.42

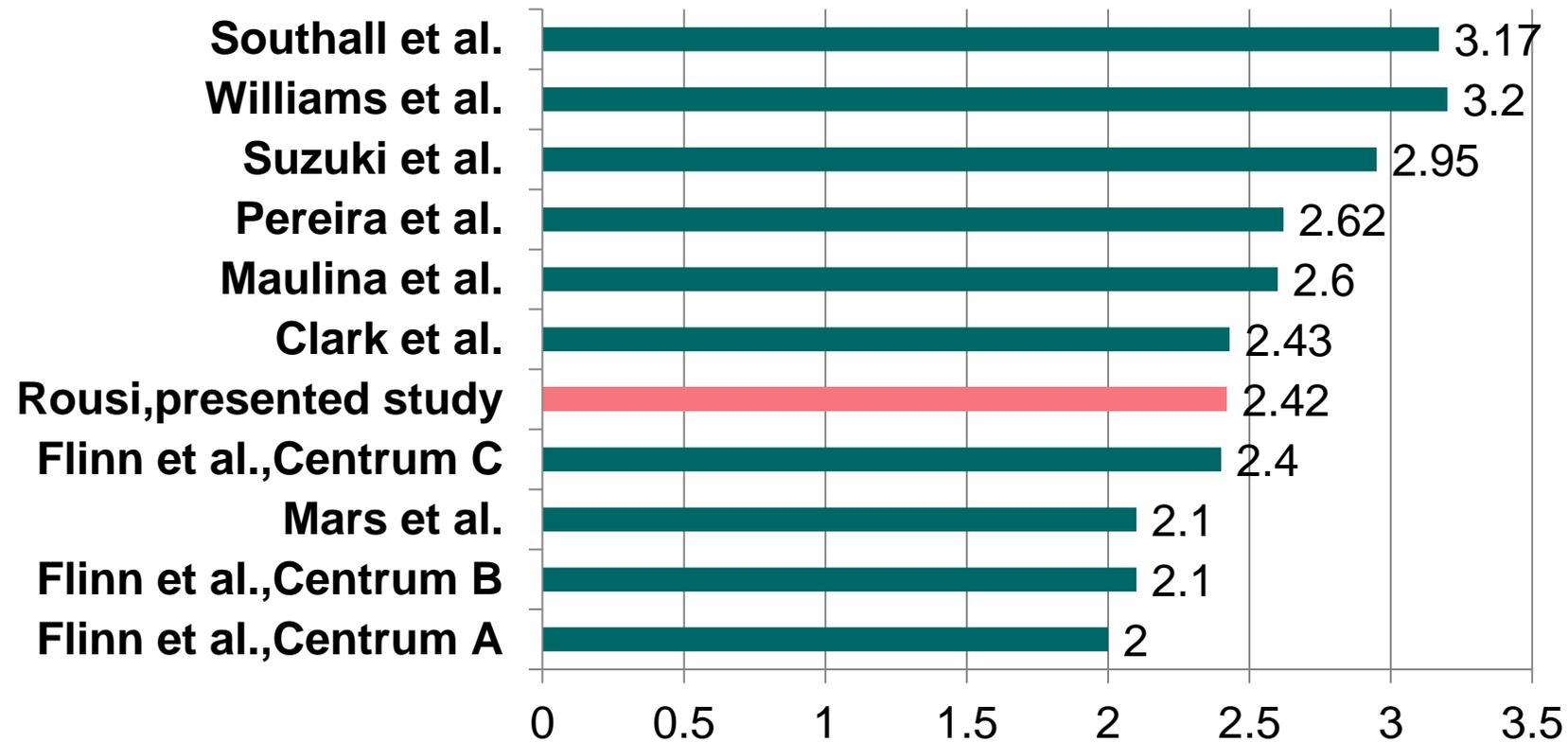
SD: 1.04

Median value: 2.0

# Comparison of results with similar studies

These comparisons are possible thanks to the implementation of Eurocleft and Eurocran

[Shaw et al., 2001](#), [European Collaboration on Craniofacial Anomalies \(EUROCRAN\), 2003](#)



# Conclusion of the research

Surgery of patients with cleft lip and palate always affects the growth of the upper jaw; however, the timing (neonatally or in the 3rd month of life) does not affect the size of the growth of the upper jaw

The results of our study showed that the correction of the cleft lip neonatally and closure of the soft and hard palate from 7 to 12 months lead to a satisfactory result of the upper jaw growth and intermaxillary relations and are comparable to the results of centers with different surgical protocols.

[Schweckendiek et Doz., 1978](#)

# Research activities – why become a researcher

- opportunities to acquire new and expand already acquired knowledge
- the path to your further professional growth
- opportunities to establish interdisciplinary cooperation with top Czech and foreign workplaces
- opportunity to participate in major Czech and foreign projects
- application of research into practice, completion of international internships, conferences...

# **Research and development of modern oral dosage forms**

**Assoc. Prof. PharmDr. Jan Gajdziok, Ph.D.**

Department of Pharmaceutical Technology,  
Faculty of Pharmacy, Masaryk University Brno

# Introduction of the researcher and his team

Assoc. Prof. Dr. Jan Gajdziok, Ph.D. + Dr. Jan Elbl + Ph.D. Students

**Department of Pharmaceutical Technology, Faculty of Pharmacy, MUNI**



Development, formulation and evaluation of application/medical/dosage forms and microforms focused on drugs with limited solubility and bioavailability; innovative dosage forms; DDS for individualized therapy, etc.

Innovation and optimization of technological processes - the last step in drug development

Use of innovative excipients

*Printing technologies for individualized therapy*

*Microparticle systems for pulmonary application*

*In situ forming gel systems*

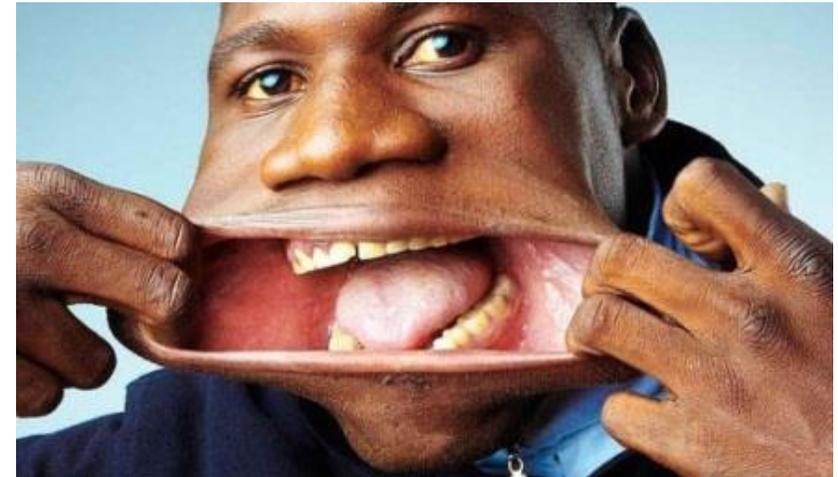


*TEAM - HYPOTHESIS - INTERDISCIPLINARITY - PREPARATION - ROUTES - ERRORS (rabbits, rosuvastatin, clinical research, motivation)*

# Research and development of modern oral dosage forms

## Content of the lecture

- Oral cavity as the application site for the drug
- Used oral dosage/application forms
- Innovative drug delivery systems and their research and development
- Oral films
- Printing technologies in the formulation of dosage forms



# Research and development of modern oral dosage forms

Oral cavity as the application site for the drug

OC (buccal and sublingual mucosa) - a convenient area for the application of a number of drugs with local/systemic effects

## **Advantages of oral application:**

- sufficient area, accessibility
- rich blood supply
- good permeability of non-keratinized areas
- bypass the first-pass effect
- high patient acceptance
- easy and quick removal of the drug if necessary
- rapid regeneration of the mucosa
- presence of saliva - sufficient amount of aqueous medium to dissolve API
- low enzymatic activity and non-aggressive environment
- possibility to use mucoadhesion



# Research and development of modern oral dosage forms

Oral cavity as the application site for the drug

## Disadvantages and limitations:

- small absorption area compared to the intestine (100-200 cm<sup>2</sup>)
- strong barrier properties of keratinized areas of the oral mucosa
- a mucus layer capable of binding the drug
- continuous saliva secretion leading to dilution and flushing of API into the lower parts of the GIT
- aggressive effects of drinking, eating, chewing and talking
- potential pathological condition of the OC



# Research and development of modern oral dosage forms

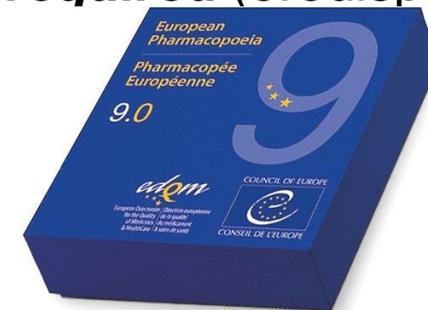
Used oral dosage/application forms

## Oral preparations (Oromucosalia)

- solid, semi-solid or liquid preparations containing one or more APIs, intended to be administered into the oral cavity and/or the oral part of the pharynx to achieve local or systemic effects

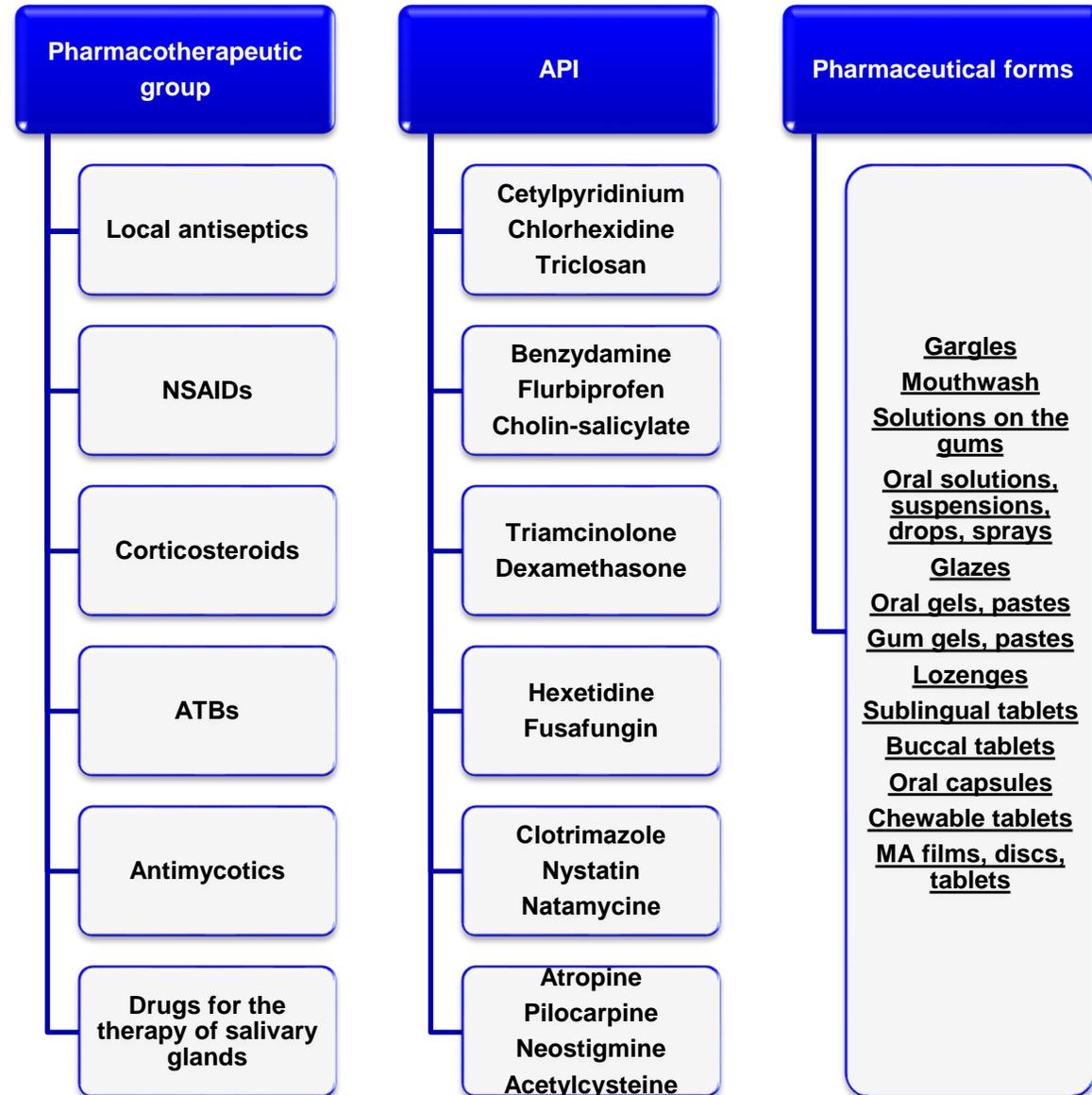
According to the pharmacopoeia, oral preparations can be divided into two basic categories:

- pharmaceutical forms **with mucoadhesive** properties
- formulations for which **mucoadhesive properties are not required** (orodispersible)



# Research and development of modern oral dosage forms

Used oral dosage/application forms



# Research and development of modern oral dosage forms

Innovative drug delivery systems - research and development

## Buccal films

- longer stay on the oral mucosa – mucoadhesion
- cover – pain reducing, increasing the effectiveness of topical treatment

## Films dispersible in the mouth

- disseminated lesions of the upper respiratory tract and swallowing tract
- rapid dissolving/disintegration



Manufacturer	Trade name	API	Indication
Novartis	Theraflu	dextrometorfan/ difenhydramine	cold
	Gas-X	simethicone	flatulence
Pfizer	Listerine	volatile oils	oral hygiene
	Sudafed	fenylefrine HCl	runny nose
InnoZen	Chloraseptic	benzocaine/ menthol	sore throat
	Suppress	menthol	cough
Glaxo	NiQuitin	nicotine	smoking cessation
Sandoz	Sildenafil Sandoz	sildenafil	erectile dysfunction
Orajel	Ultra Canker Film	benzocaine/ menthol	sore throat
MonoSol Rx	Zuplenz	ondansetrone	nausea, vomiting
	Suboxone	buprenorfine/ naloxone	opioid addiction
Tesa Labtec	Zolmitriptan Rapidfilm	zolmitriptane	migraine
Hexal AG	Risperidon HEXAL	risperidone	schizophrenia
Meda	Breakyl buccalfilm	fentanyl	breakthrough pain

# Research and development of modern oral dosage forms

## Oral films – properties and composition

- comfortable, discreet DF
- more beneficial properties than buccal and ODT
- instability in humid environments
- limited size and weight



### Film-forming polymers

- ensure mechanical resistance of the film and appropriate application behavior
- determine the type of OF (BMF: derivatives of cellulose, chitosan, carbomers; ODF: pullulan, starch derivatives)

### Plasticizers

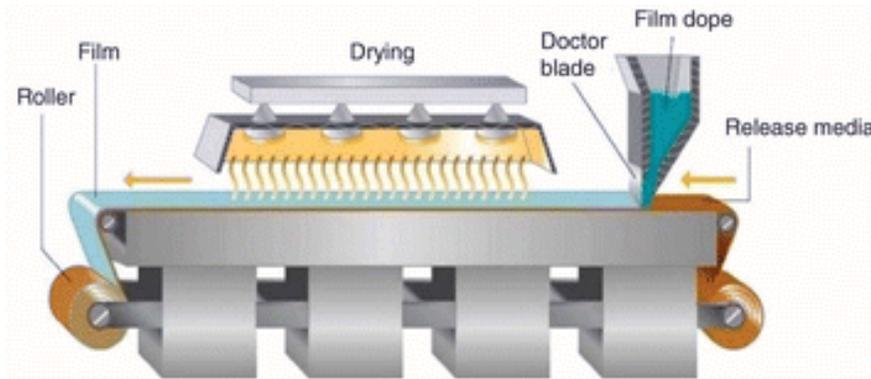
- reduce the glass transition temperature of the polymers, thereby increasing the flexibility and reducing the fragility of films (e.g. glycerol, propylene glycol, sorbitol)

### Other

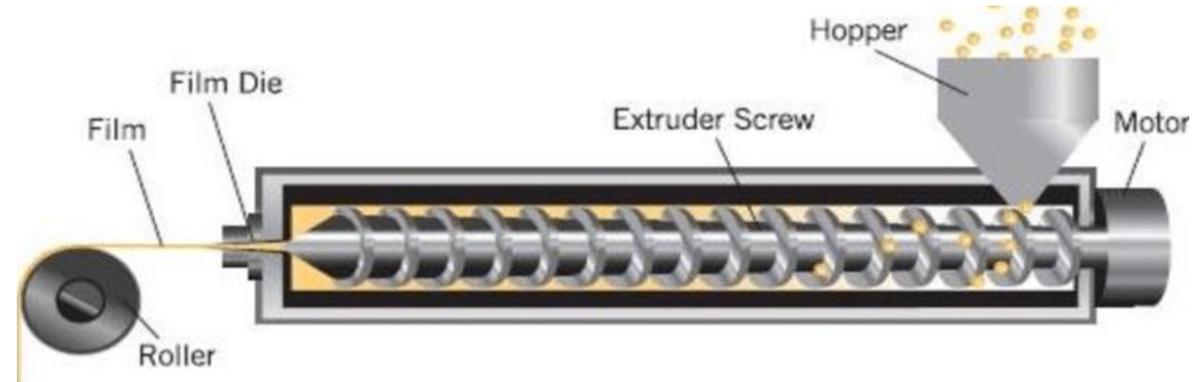
- solvents, fillers, dyes, taste-masking agents, absorption enhancers, salivation stimulators, etc.

# Research and development of modern oral dosage forms

Oral films - methods of preparation and production



**solvent casting**



**hot-melt extrusion**



**printing methods**

- electrospinning
- spraying
- impregnation

# Research and development of modern oral dosage forms

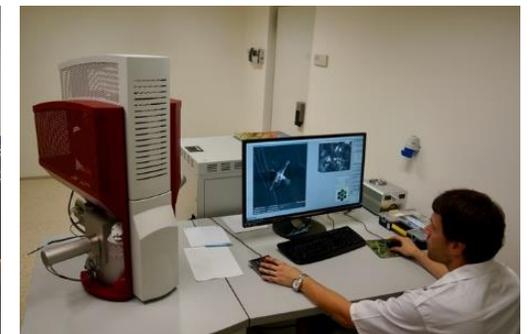
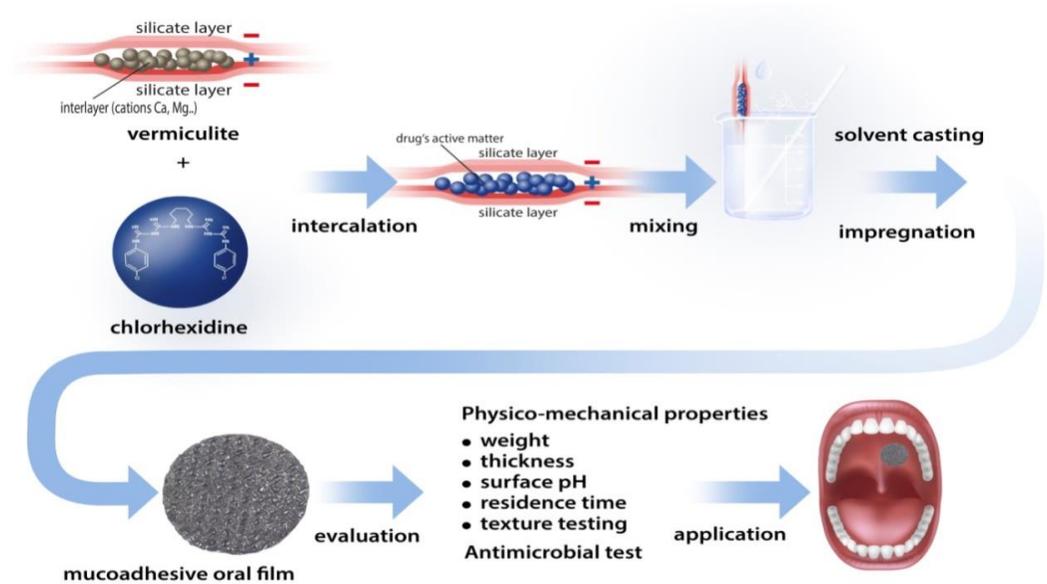
## Oral films – solvent casting method

### MAF

- mucoadhesive layer – NaCMC, POE, hyaluronan, chitosan x backing layer (EC, bone wax)
- nystatine, CPX, chlorhexidin, nanocomposites - modification of release (direction, time)

### ODF

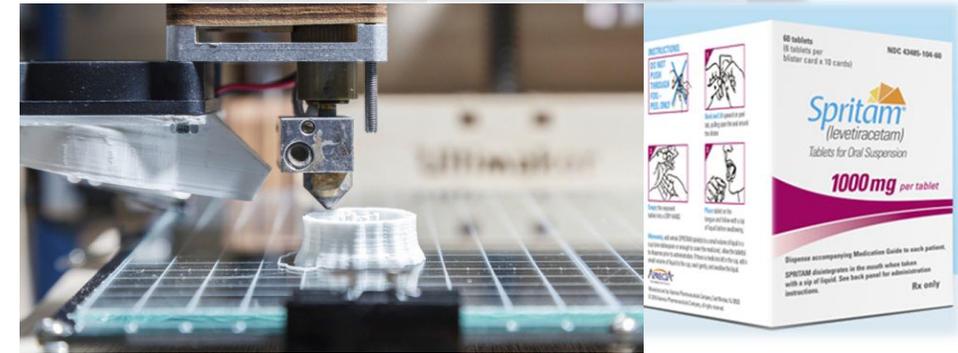
- film-forming maltodextrin, plasticizers, disintegrants
- BZD, bisulepine, moxastine



# Research and development of modern oral dosage forms

## Printing technologies in the formulation of dosage forms

- 2D (inkjet) and 3D (mSSE)
- relative simplicity of the process
- practical application perspective - GAMU 2020 - UI and legal framework solution
- **individualization** of the dose, combination of drugs, precise deposition, design flexibility (size, shape, form)
- new DDS features – smart, taste masking, patient compliance and adherence



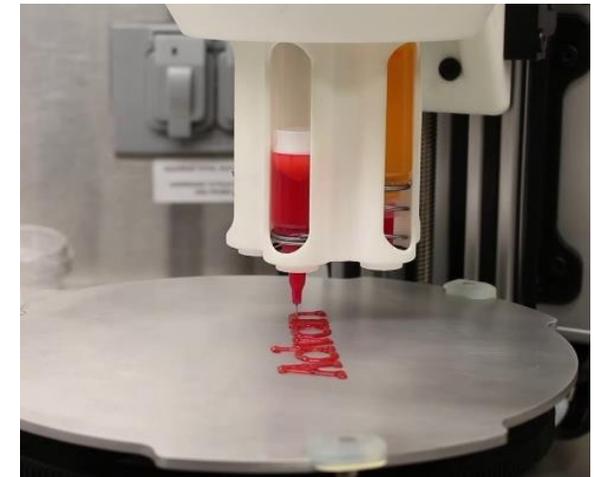
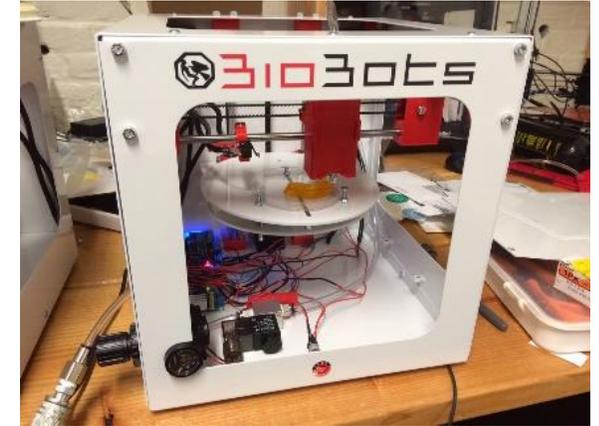
ZipDose® technologie - patent Aprecia



# Research and development of modern oral dosage forms

## Oral films - printing technology

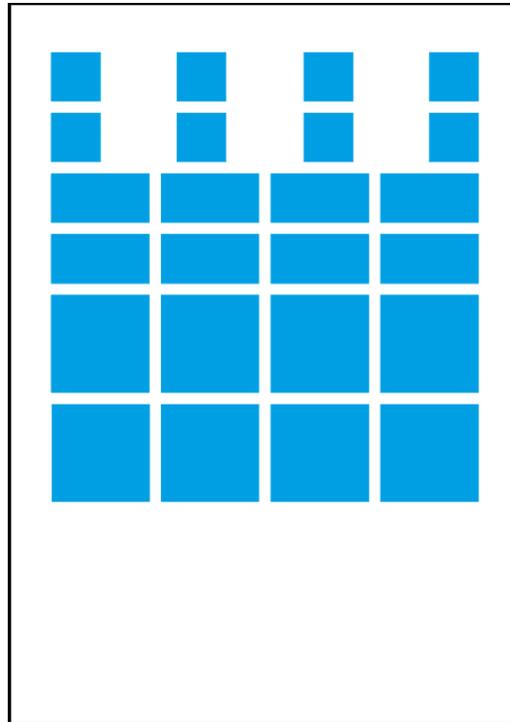
- Fast and low-cost modification for production in small batches
- Possibility to define the dose, release kinetics, shape, size, color, etc.
- DF with properties unattainable by common production (compartmentalization, complex shapes)
- Pre/clinical phase of new drug research
- DF tailored to the patient - dose, form, stability (preparation at the time of need)
- On-site preparation / production - developing countries (outbreak)



# Research and development of modern oral dosage forms

## Oral Films - 2D printing

- Suitable for low-dose, sensitive APIs
- Deposition accuracy in multi-layer printing



# Research and development of modern oral dosage forms

## Oral Films - 3D bioprinting

- Application of principles and techniques of 3D printing for biomaterials formulated to both dosage forms and biomedical objects (implants, tissues, organs, etc.) replacing their natural equivalents
- Printing of bioinks (bioinks = mixtures of cells and intercellular mass)

3 phases:

Pre-processing (tissue mapping and the 3D model creation)

Processing (printing objects from bioink using a 3D printer)

Post-processing (graduating printed objects in a bioreactor)



# Research and development of modern oral dosage forms

## Oral Films - 3D bioprinting

### – Laser-based bioprinting

- uses laser energy to deposit bioinks in a three-dimensional arrangement
- laser - energy - heat - liquid evaporation - ejection of bioink into a given position

### – Droplet-based bioprinting

- application of bioink to the substrate in the form of drop

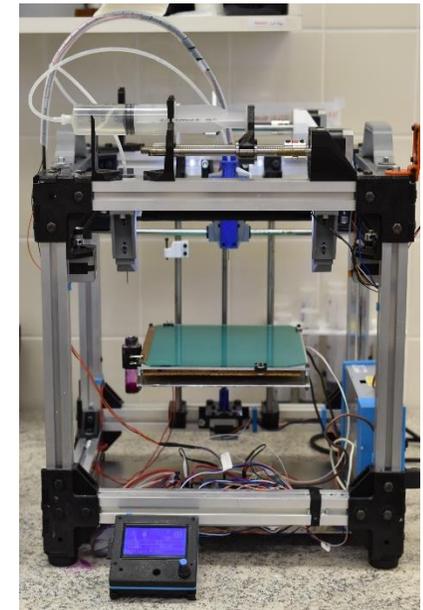
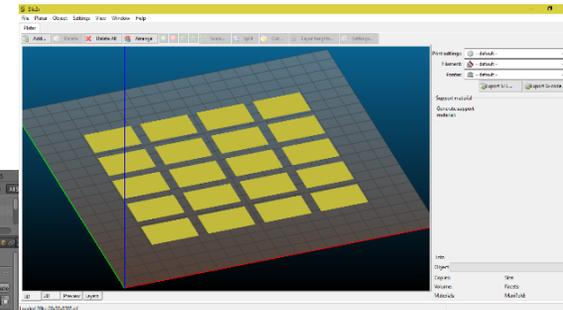
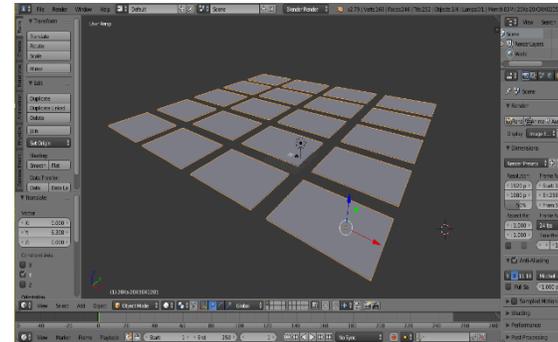
### – Microextrusion-based bioprinting

- **extrusion of bioink from the reservoir through the nozzle by air pressure or mechanical force on the substrate**

# Research and development of modern oral dosage forms

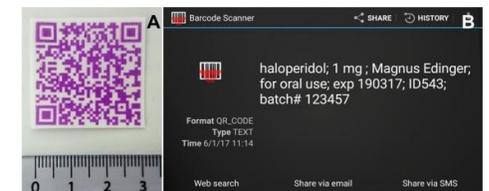
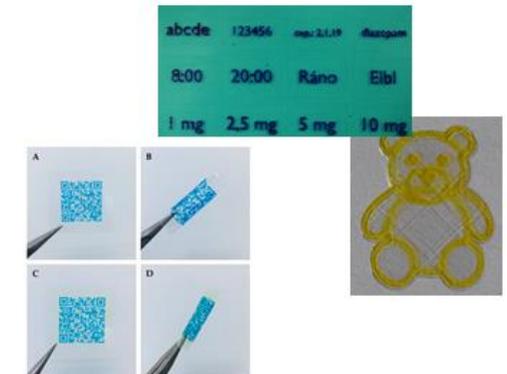
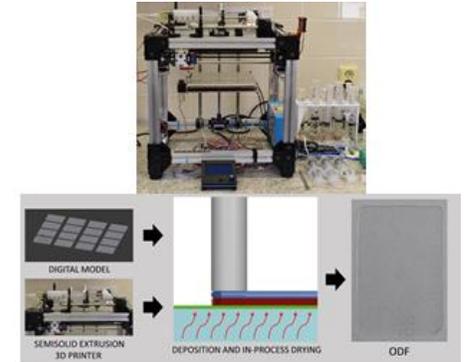
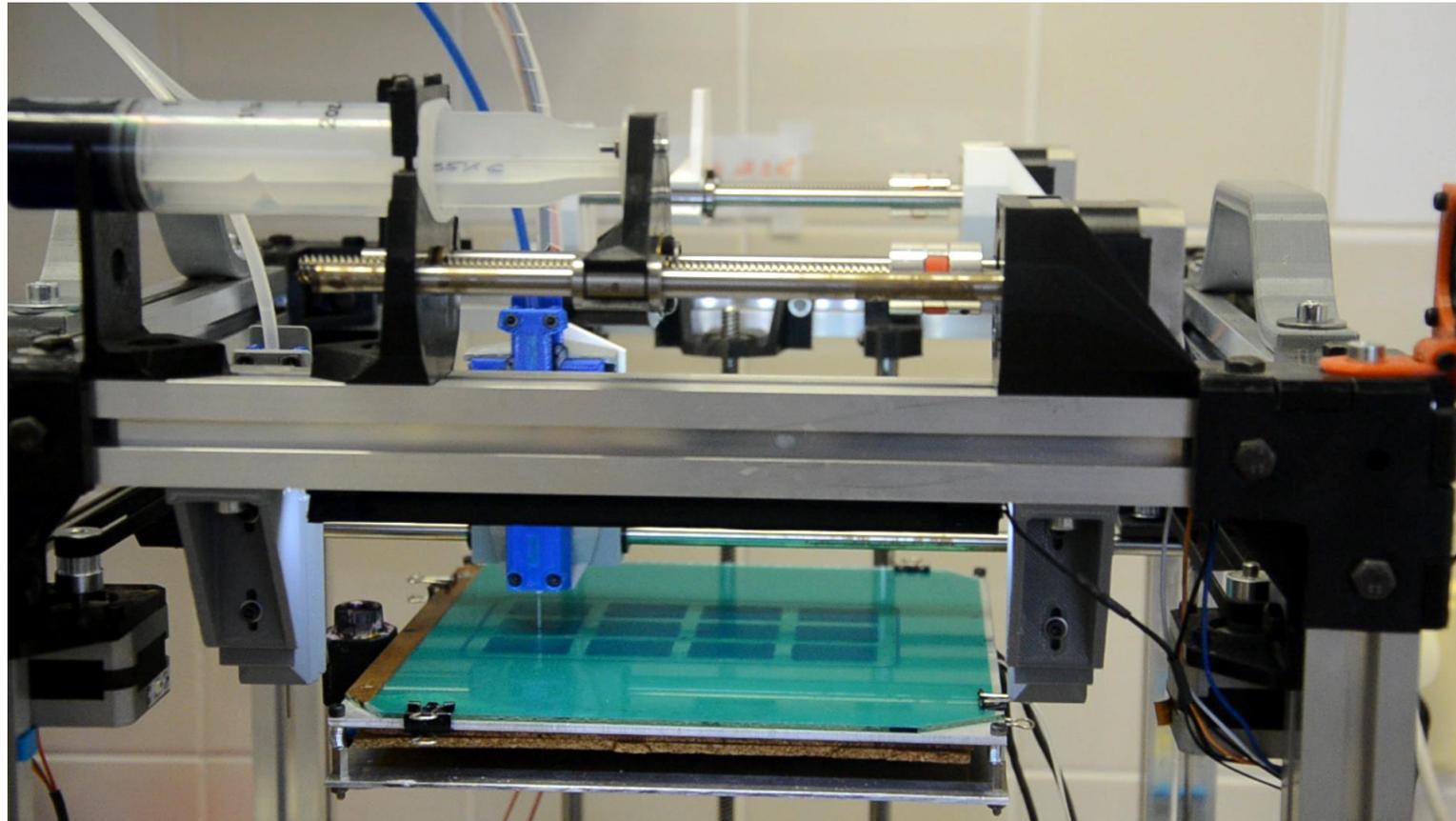
## Oral Films - 3D bioprinting

- Preparation of ODF by 3D printing through combining film-forming polymers and plasticizers in order to prepare the optimal matrix for API incorporation
- Use of 3D printer and optimization of its settings for ODF printing with various compositions
- Evaluation of physical and mechanical properties of prepared ODF
- type: HyperCube Evolution (according to Scott3D, USA)
- 3D printing principle: microextrusion piston printing
- firmware: Marlin (Open Source)
- control principle: transmission belt system
- 3D motion orientation: extruder = X (left / right) and Y (forward / reverse)
- printing plate = Z axis (up / down)



# Research and development of modern oral dosage forms

Oral Films - 3D bioprinting



# Research and development of modern oral dosage forms

## Oral films - publications

GAJDOŠOVÁ, M., VETCHÝ, D., MUSELÍK, J., GAJDZIOK, J., JUŘICA, J., VETCHÁ, M., HAUPTMAN, K., JEKL, V.: Bilayer mucoadhesive buccal films with prolonged release of ciclopirox olamine for the treatment of oral candidiasis: In vitro development, ex vivo permeation testing, pharmacokinetic and efficacy study in rabbits, *International Journal of Pharmaceutics*, in press.

ELBL, J., GAJDZIOK, J., KOLARCZYK, J.: 3D printing of multilayered orodispersible films with in-process drying, *International Journal of Pharmaceutics*, 2020, 575, 118883.

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DANĚK, Z., GAJDZIOK, J., DOLEŽEL, P., LANDOVÁ, H., VETCHÝ, D., ŠTEMBÍREK, J.: Buccal films as a dressing for the treatment of aphthous lesions. *Journal of Oral Pathology and Medicine*, 2017, 46 (4), 301-306.

LUKÁŠOVÁ, I., MUSELÍK, J., VETCHÝ, D., GAJDZIOK, J., GAJDOŠOVÁ, M., JUŘICA, J., KNOTEK, Z., HAUPTMAN, K., JEKL, V.: Pharmacokinetics of ciclopirox olamine after buccal administration in rabbits. *Current Drug Delivery*, 2017, 14 (1), 99-108.

WALICOVÁ, V., GAJDZIOK, J., PAVLOKOVÁ, S., VETCHÝ, D.: Design and evaluation of mucoadhesive oral films containing sodium hyaluronate using multivariate data analysis. *Pharmaceutical Development and Technology*, 2017, 22 (2), 229-236.

WALICOVÁ, V., GAJDZIOK, J., VETCHÝ, D.: Orodispergovatelne filmy, technologie jejich výroby a specifické pomocné látky pro přípravu. *Chemické listy*, 2016, 110 (6), 424-429.

JEKL, V., HAUPTMAN, K., MINARIKOVA, A., KOHUTOVA, S., KNOTEK, Z., GAJDZIOK, J., MUSELIK, J., SEDLAK, L., VETCHÝ, D.: Pharmacokinetic study of benzylpenicillin potassium after intramuscular administration in rabbits. *Veterinary Record*, 2016; 179 (1), 18-U59.

GAJDOŠOVÁ, M., VETCHÝ, D., DOLEŽEL, P., GAJDZIOK, J., LANDOVÁ, H., MUSELÍK, J., ZEMAN, J., KNOTEK, Z., HAUPTMAN, K., JEKL, V.: Evaluation of mucoadhesive buccal films containing nystatin. *Journal of Applied Biomedicine*, 2016, 14, 247-256.

GAJDZIOK, J., HOLEŠOVÁ, S., ŠTEMBÍREK, J., PAZDZIORA, E., LANDOVÁ, H., DOLEŽEL, P., VETCHÝ, D.: Carmellose mucoadhesive oral films containing vermiculite/chlorhexidine nanocomposites as innovative biomaterials for treatment of oral infections. *BioMed Research International*, 2015, art. nr. 580146.

# Research and development of modern oral dosage forms

## Oral films - projects

Projekt programu výzkumu a vývoje Ministerstva zdravotnictví "Moderní léková forma pro terapii orálních kandidóz", identifikační kód NT14477, zahájení 2013-05-01, ukončení 2015-12-31

Projekt programu výzkumu a vývoje Ministerstva zdravotnictví " Mukoadhezivní filmy určené ke krytí slizničních defektů dutiny ústní ", identifikační kód NT11396, zahájení 2011-01-01, ukončení 2013-12-31

Projekt programu ALFA "Modifikované materiály pro léčbu chronických a akutních ran a prevenci chirurgických infekcí ve zdravotnictví" č. TA 01010244, zahájení 2011-01-01, ukončení 2013-12-31

Projekt programu "Trvalá prosperita" "Nové farmaceutické produkty na bázi polysacharidů", evidenční číslo 2A-1TP1/073, zahájení 2006-01-01, ukončení 2011-12-31 (člen řešitelského týmu) RICHTER, J.: Nové farmaceutické produkty na bázi polysacharidů. MPO 2A-1TP1/073.

LANDOVÁ, H., GAJDZIOK, J., VETCHÝ, D., ČUJANOVÁ, M., KOVÁŘOVÁ, M., HAVLOVÁ, E., JAKEŠOVÁ, B., JUŘENOVÁ, L.: Formulace a hodnocení mukoadhezivních flexibilních filmů připravených metodou impregnace. IGA VFU Brno No. 4/2011/FaF.

VETCHÝ, D., LANDOVÁ, H., GAJDZIOK, J., WALICOVÁ, V., KOVÁŘ, M., KULTANOVÁ, L., SZETEIOVÁ, S.: Bukální filmy pro lokální terapii kandidových infekcí. IGA VFU Brno No. 78/2012/FaF.

VALTUSOVÁ, M., VETCHÝ, D., GAJDZIOK, J., DOLEŽEL, P., LANDOVÁ, H.: Moderní léková forma pro lokální antimykotickou terapii. IGA VFU Brno No. 96/2013/FaF.

WALICOVÁ, V., GAJDZIOK, J., KULHÁNKOVÁ, A., VETCHÝ, D., VALTUSOVÁ, M., FABÍKOVÁ, M.: Příprava a hodnocení matricových orálních filmů jako potenciálních nosičů léčiv. IGA VFU Brno No. 308/2015/FaF.

HOŘAVOVÁ, H., BLAHÁČKOVÁ, D., GAJDZIOK, J.: Bioprinting - návod a instruktážní video pro předměty "Lékové formy vyšších generací" a "Cvičení diplomantů". IVA VFU Brno No. 2019FaF/3130/77.

# Abbreviations used

- OC – oral cavity
- API – active pharmaceutical ingredient
- NSAIDs – non-steroidal anti-inflammatory drugs
- ATB – antibiotics
- MA – mucoadhesion/mucoadhesive
- DF – dosage form
- ODT – orodispersible tablet
- OF – oral film
- BMF – buccal mucoadhesive film
- ODF – orodispersible film
- MAF – mucoadhesive film
- NaCMC – carmellose natrium
- POE – polyoxyethylene
- CPX – cyklopiroxolamine
- EC - ethylcelulose
- BZD – benzydamine
- mSSE – micro-semisolid extrusion
- DDS – drug delivery system

# **Muco-adhesive films designed to cover defects of the oral mucosa**

Grant project supported by IGA MH CZ 2011-2013 s No. NT11396

**MUDr. et MUDr. Zdeněk Daněk, Ph.D.**

Clinic of Maxillofacial Surgery, University Hospital Brno

# Muco-adhesive films designed to cover defects of the oral mucosa

Research objective

Stomatitis aphantosa – aphantosis minor



+



?

=



# Muco-adhesive films designed to cover defects of the oral mucosa

Team members



## Institute of Drug Technology

doc. PharmDr. Jan Gajdziok, Ph.D.

doc. PharmDr. Mgr. David Vetchý, Ph.D.

Preparation and development of mucoadhesive drug forms



## Department of Oral, Jaw and Facial Surgery, Brno University Hospital

MUDr. et MUDr. Zdeněk Daněk, Ph.D.

Clinical testing



## Department of Oral, Jaw and Facial Surgery of the Ostrava Hospital

MUDr. et MUDr. Jan Štembírek, Ph.D.

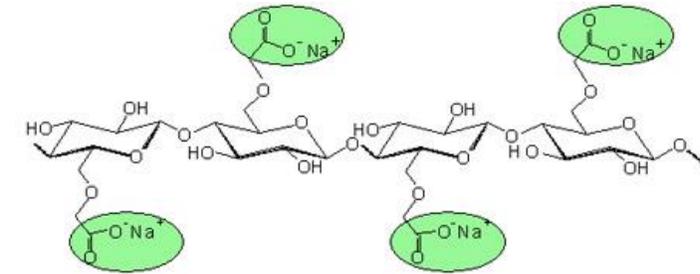
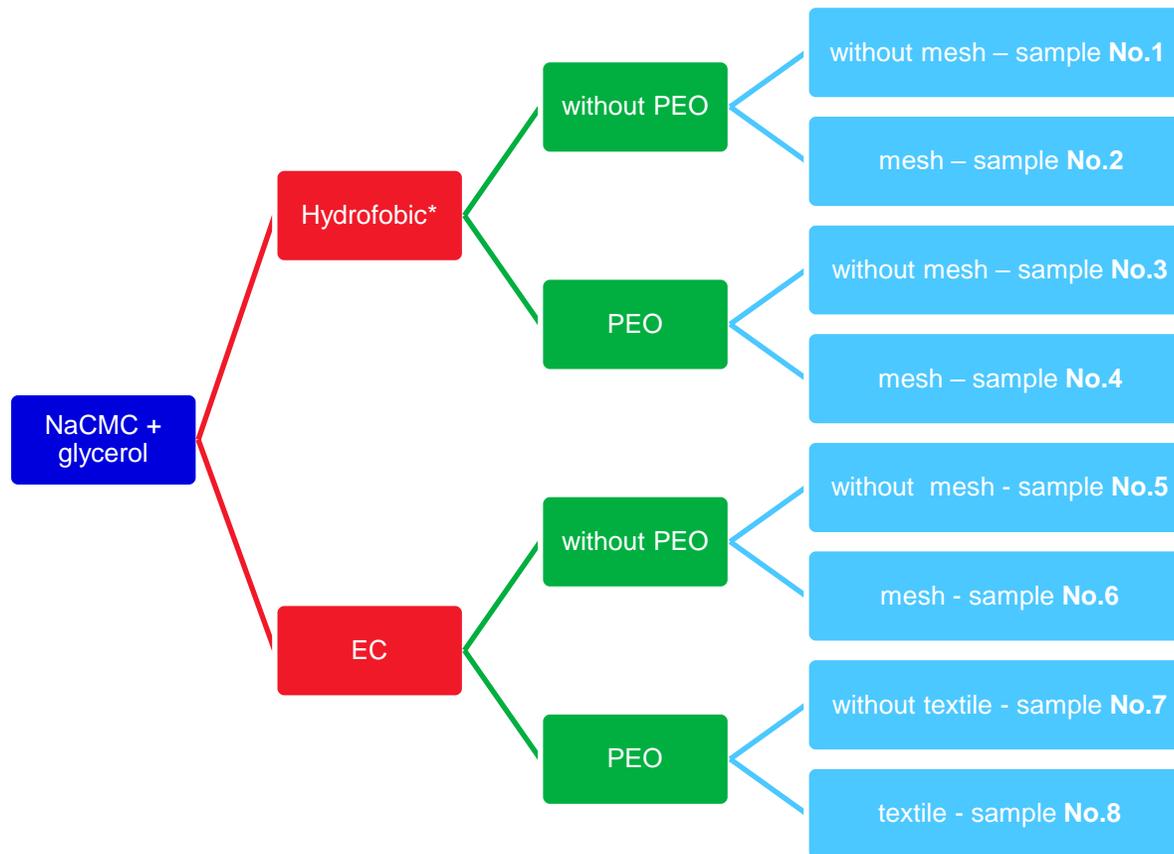
Clinical testing

# Muco-adhesive films

- Cover layer and mucoadhesive layer - mucoadhesive polymers
- ability to form adhesive interactions with biological surfaces (mucus layer)
- a suitable polymer must meet criteria of non-toxicity, non-irritancy, biodegradability
- resistant in the environment of physiological pH in the oral cavity
- viscoelastic properties
- rapid adhesion to the mucosa
- stability



# Preparation of muco-adhesive films



**sodium salt  
carboxymethylcellulose  
(Na-CMC)**

EC – ethyl cellulose

PEO – polyethylene oxide

NaCMC - sodium salt carboxymethylcellulose

\* mixture of white beeswax and white Vaseline

# Pilot study

- Clinical test on 22 volunteers (11 women, 11 men)
- Approved by the EC FNO (No. 152/2011)
- Evaluated using an evaluation questionnaire, informed consent
- 3 films from each sample

## – Monitored parameters:

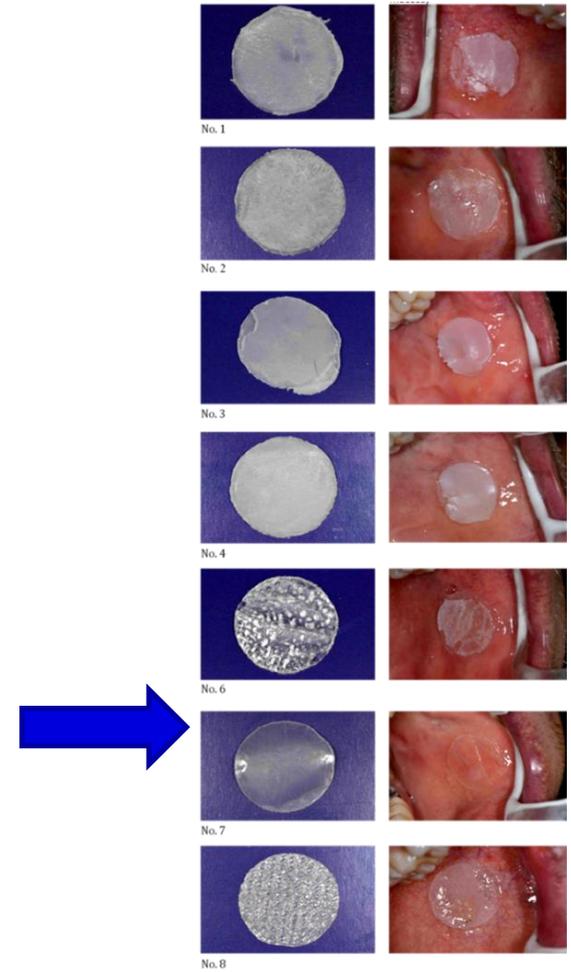
- Film duration
- Cause of film release
- How to release the film
- Subjective feelings during application
- The appearance of the film

Vzorek 1		1	2	3
Doba setrvání filmu na sliznici (min)		110	40	85
Pocit překázení v ústech (ano/ne)		ne	ne	ne
Pocit tlaku (ano/ne)		ne	ne	ne
Pocit zvýšeného slinění (ano/ne)		ne	ne	ne
Chuť/pachův (ano-jaká/ne)		ne	ne	ne
Příčina uvolnění filmu	Spontánně	x	x	
	Mluvením			
	Při pití			x
Mechanismus uvolnění filmu	Odloupnutí celé krycí vrstvy			
	Postupné olupování krycí vrstvy	x		x
	Odlepení celého filmu		x	
Bolest (ano/ne)		ne	ne	ne
Otok (ano/ne)		ne	ne	ne
Svědění (ano/ne)		ne	ne	ne
Palení (ano/ne)		ne	ne	ne
Celková reakce (nevolnost, zvracení)		žádná	žádná	žádná
Problémy při aplikaci (jaké)		žádné	žádné	žádné
Hodnocení vzhledu filmu (1-nejlepší až 5-nejhorší)		2	1	1
Hodnocení vzhledu filmu (slovné – deformace filmu, změna barvy, polámani)		Mírně olámané okraje		
Jiné postřehy				Způsobeno teplým nápojem

# Pilot study

**Clinical test:**  
**22 volunteers**  
**(11 women, 11 men)**  
***selected film No.7***  
– NaCMC + PEO + EC

Sample	Average [min]	SD [min]	min [min]	max [min]
1	74.18	5.13	68.27	77.55
2	65.29	2.61	62.27	66.86
3	87.26	6.06	81.64	93.68
4	71.05	3.15	68.05	74.32
5	-	-	-	-
6	53.24	5.38	47.41	58.00
7	98.12	1.75	96.18	99.59
8	81.00	8.47	73.86	90.36



[Vetchý et al., 2014](#)

# Clinical study - therapy of the aphthosis

- Selected patients with **aphthosis minor**
- Multifactorial cause, affected population estimate 5-60%
- The exact mechanism of development is not yet fully known
- Circumscribed epithelial necrosis to ulcers with circular erythema
- Occurrence on non-keratinizing mucosa
- Defects up to 1cm
- There is no causal treatment



# Clinical study - therapy of aphthosis

- Approved by the EC FNO (No. 25/2013)
- Evaluated using an evaluation questionnaire, informed consent
- 36 patients control group
- 18 - treated with Mundisal gel experimental group
- 18 - treated with mucoadhesive film + Mundisal gel

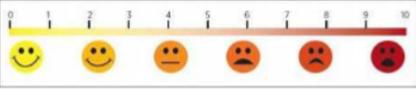
Hodnoticí dotazník – skupina pacientů léčena pomocí krycího filmu

1) Vyplňuje pacient

Počet dní výskytu afty před zahájením terapie: .....

Hodnocení bolesti na stupnici od 1 -10 (viz. obr)	I. den			II. den			III. den			IV. den			V. den		
	R*	P	V	R	P	V	R	P	V	R	P	V	R	P	V

\* R – ráno, P – v poledne, V – večer



Doba setrvání filmu na sliznici (min)	I. den			II. den			III. den			IV. den			V. den		
	R*	P	V	R	P	V	R	P	V	R	P	V	R	P	V

Problémy při aplikaci**	I. den	II. den	III. den	IV. den	V. den
Příčina uvolnění***					
Jiné postřehy****					

\*\* 0 - žádné, 1 - nepřilnutí filmu ke sliznici, 2 - srolování filmu, 3 - nemožnost rozlišit krycí a lepicí vrstvu, 5 - obtížná dostupnost léze

\*\*\* 0 - žádná, 1 - spontánní, 2 - mluvením, 3 - při pití, 4 - při jídle

\*\*\*\* 0 - žádné, 1 - pachuť, 2 - diskomfort, 3 - překážení v ústech, 4 - zvýšené slinění, 5 - olupování filmu

2) Vyplňuje lékař

Měření léze (prováděno lékařem)	I.den	III.den	V.den
Velikost nekrózy + halo (mm)			
Velikost nekrózy (mm)			
Pořizení fotodokumentace A-N			

- **Subjective:**
- Pain assessment – VAS
- Cure criterion VAS  $\leq 2$
- **Objective:**
- duration of the drug vs. film
- measuring the size of the lesion

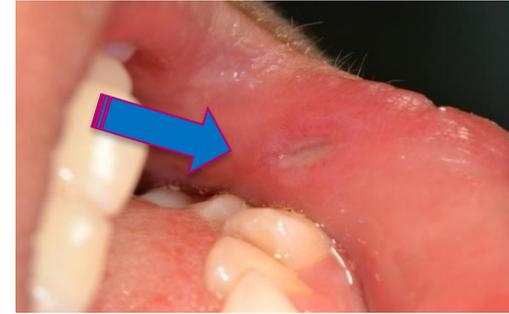
# Clinical study - therapy of aphthosis



Day 1



Day 3



Day 5

Control group



Day 1



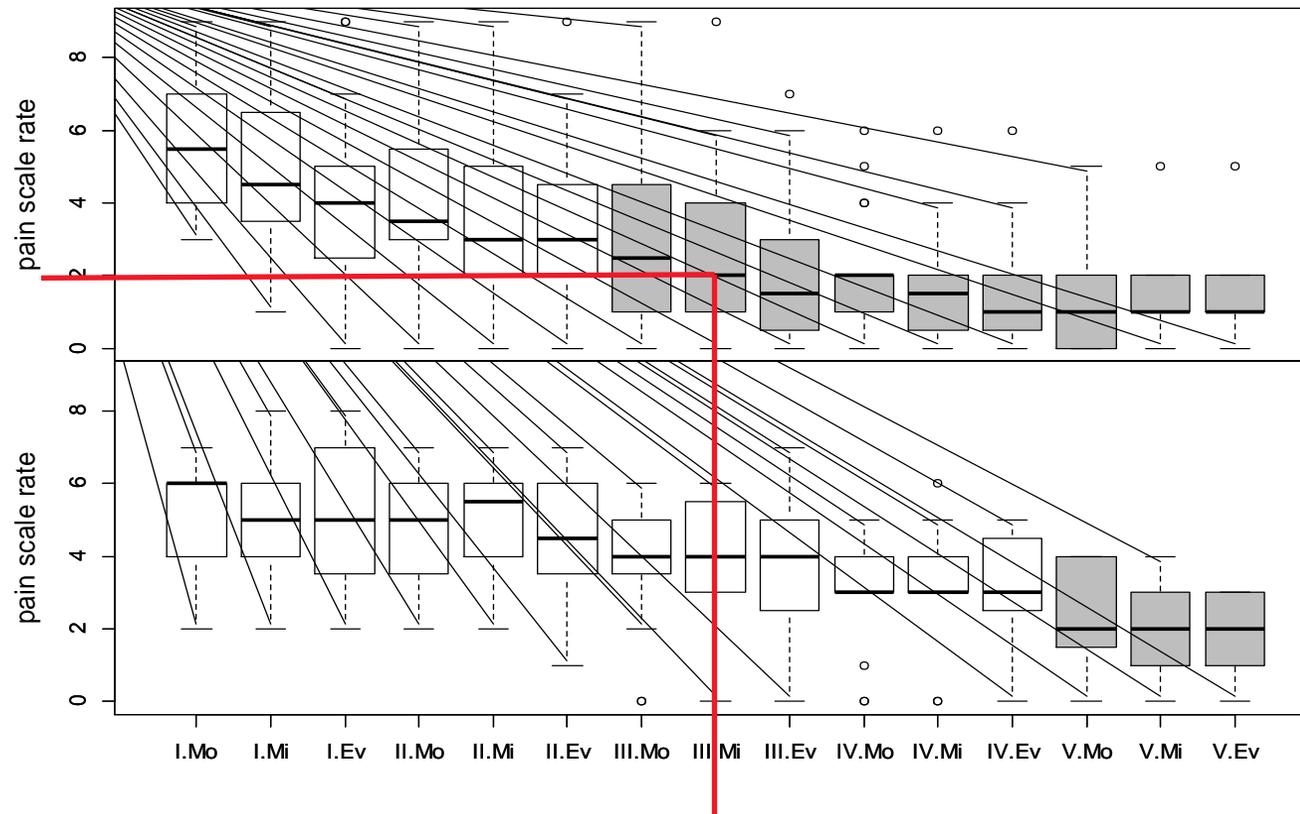
Day 3



Day 5

Experimental group  
with muco-adhesive film

# Clinical study - therapy of aphthosis



Box charts recording PAIN at individual time points

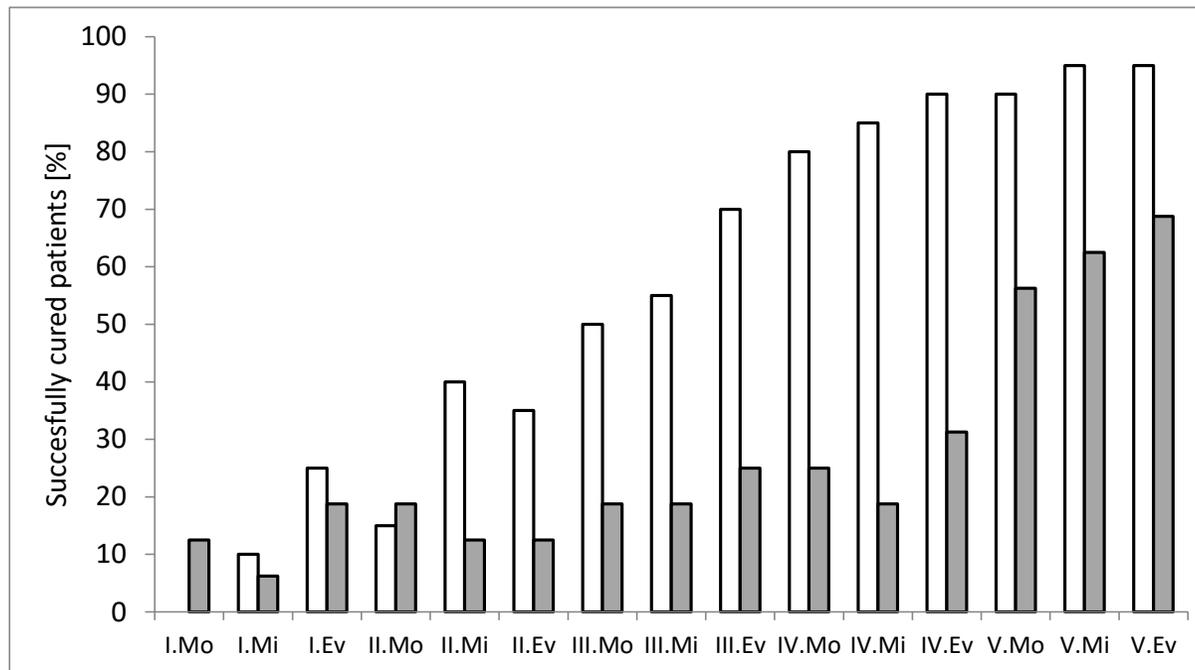
experimental group (top)

control group (bottom)

(Tukey-Kramer test with Nemenyi modification,  $p < 0.05$ )

(Mo - morning, Mi - noon, Eve - evening)

# Clinical study - therapy of aphthosis



Relative number (%) of successfully cured patients at individual time points

experimental group (white columns)

control group (grey columns)

(Mo - morning, Mi - noon, Ev - evening)

# Clinical study - therapy of aphthosis

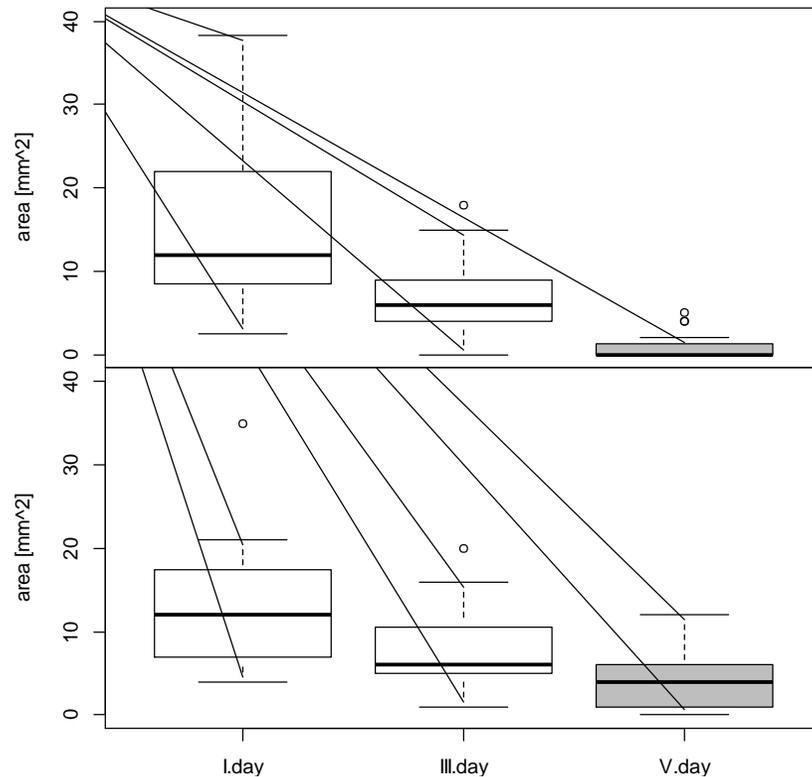
## Size of lesions

in experimental (top)  
and control (bottom) group

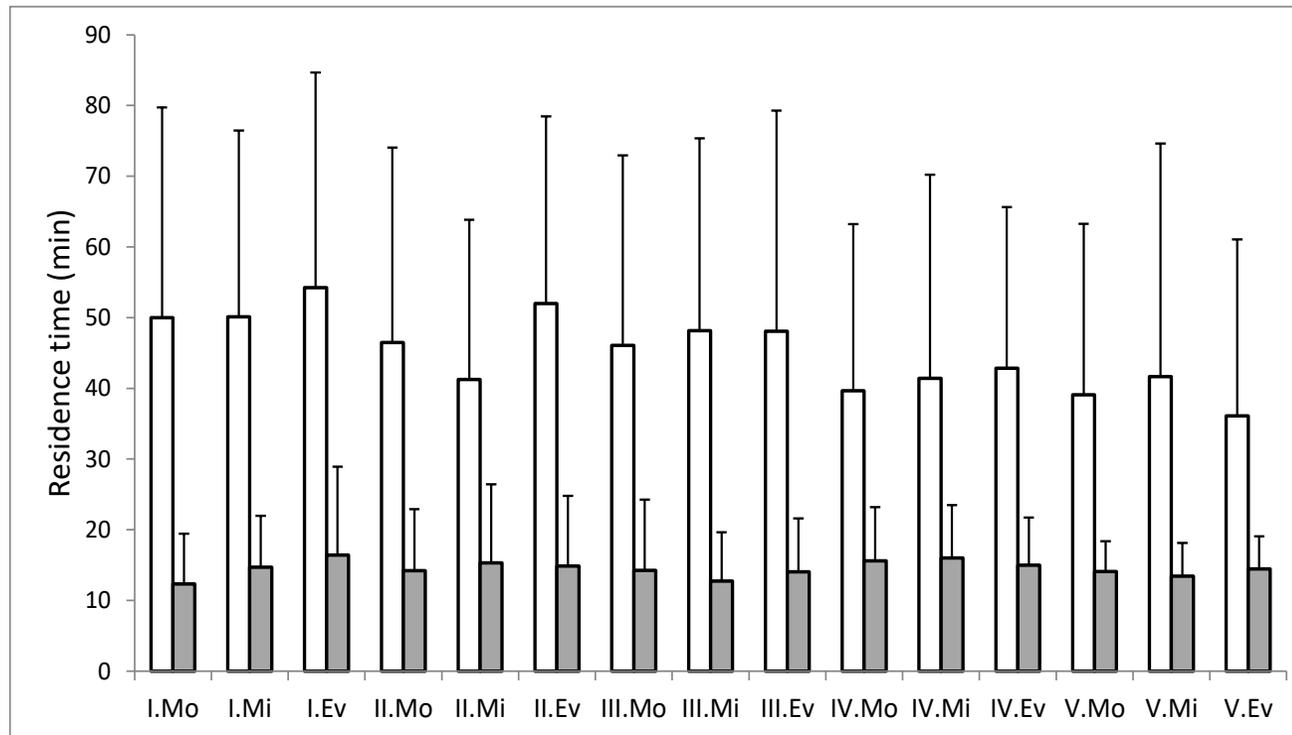
1st, 3rd and 5th day of therapy.

Boxes highlighted in grey show the time  
points statistically significantly different from  
the first record

(Tukey-Kramer test with Nemenyi  
modification,  $p < 0.05$ )



# Clinical study - therapy of aphthosis



## Duration

of the film on the mucous membrane (white columns) is 3.17 times longer than the duration of the gel remaining on the mucous membrane in the control group (grey columns).

(t-test,  $p < 0.001$ )

(Mo - morning, Mi - noon, Ev - evening)

Daněk Z, Gajdziok J, Doležel P, Landová H, Vetchý D, Štembírek J. Buccal Films as a Dressing for the Treatment of Recurrent Aphthous Stomatitis. J Oral Pathol 2017, Apr;46(4):301- 306

# Clinical study - therapy of aphthosis

## Results

### Reduction of pain

Experimental group - Day 3

Control group – Day 5

Experimental group - **3.17 times longer drug contact** with lesions than control group

**Lesion overlap**



**Prolonging the period of contact of the drug**



**Faster healing**

# Muco-adhesive films designed to cover defects of the oral mucosa

Vision

**Incorporation of nanocomposite carrier substances into a mucoadhesive film (patent)**

**Improving the properties of muco-adhesive films, extending the duration of film adhesion on the mucous membrane**

**Clinical trials**

Future



**transfer into practice**

# Oral microbiome in patients with head and neck cancer

Supported by Faculty of medicine MU Juniorský výzkumník – ROZV/28/LF4/20

**MUDr. et MUDr. Zdeněk Daněk, Ph.D.**

Clinic of Maxillofacial Surgery, University Hospital Brno

doc. RNDr. Petra Bořilová Linhartová, Ph.D., MBA

Dental Clinic, Department of Pathological Physiology, Institute of Medical Genetics and Genomics, Faculty of Medicine, Masaryk University Brno

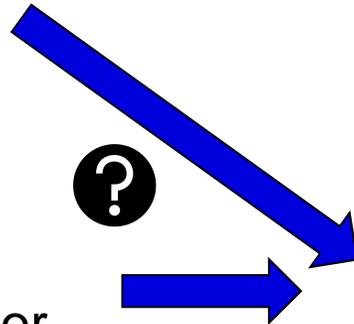
# Oral microbiome in patients with head and neck cancer



# Oral microbiome in patients with head and neck cancer

## Factors influencing the oral microbiome - alcohol

- Association with the total composition of the oral microbiome and the number of specific taxa
- Increased number of *Neisseria* (metabolization of ethanol to acetaldehyde!!!)
- Exhaustion of comensals, space for potential pathogens



Excessive use of alcohol

• 2 and more drinks/day 

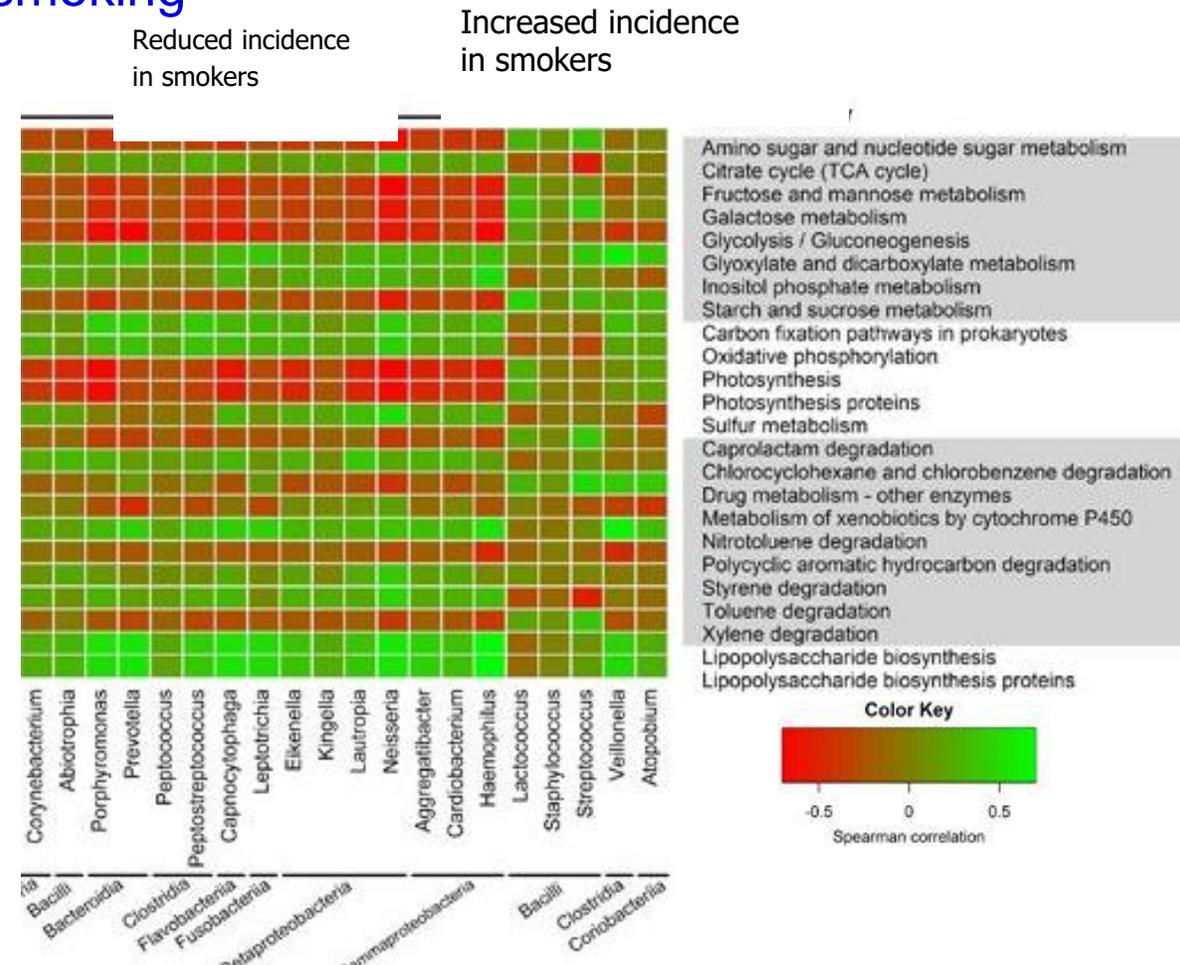
• 3 and more drinks/day 

Head and neck cancer  
GIT Cancer  
Periodontitis

# Oral microbiome in patients with head and neck cancer

## Factors affecting the oral microbiome - smoking

- Differences between smokers and non-smokers
- There was no difference between ex-smokers and non-smokers
- The changes are not permanent
- It can support the anaerobic oral environment and bacterial community with an altered ability of xenobiotic degradation

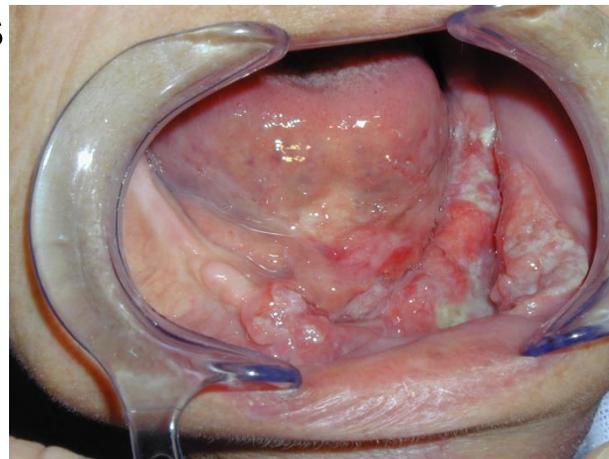


Wu J. et al., 2016

# Oral microbiome in patients with head and neck cancer

Squamous cell carcinoma of the oral cavity (OSCC)

- most commonly occurring malignancy in the orofacial region
- incidence of 4.2/100,000 inhabitants
- mortality of 2.2/100,000 inhabitants
- National Oncology Register of the Czech Republic



Squamous cell carcinoma of the edge of the tongue



Squamous cell carcinoma of the scum of the oral cavity

# Oral microbiome in patients with head and neck cancer

Squamous cell carcinoma of the oral cavity (OSCC)

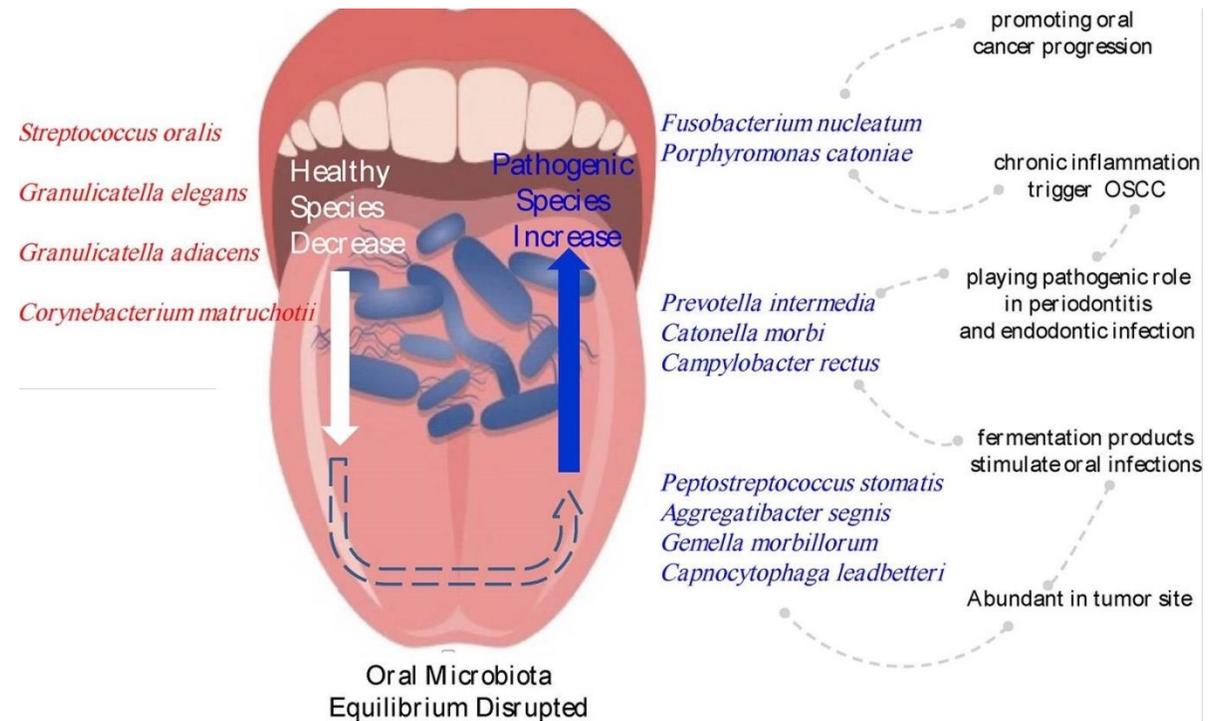
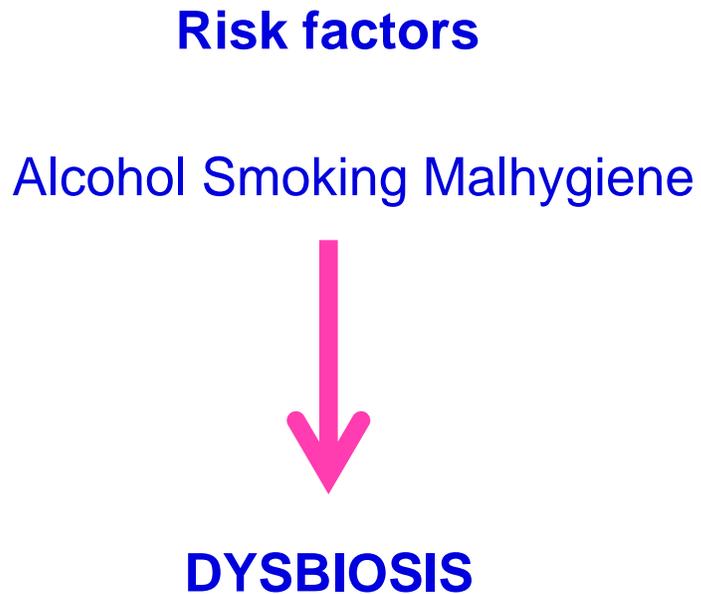
- Frequent detection in the advanced stadium
- Poor prognosis
- Search for biomarkers for early diagnosis
- Prognostic biomarkers



Advanced stadium of squamous cell carcinoma of the lower jaw alveolus

# Oral microbiome in patients with head and neck cancer

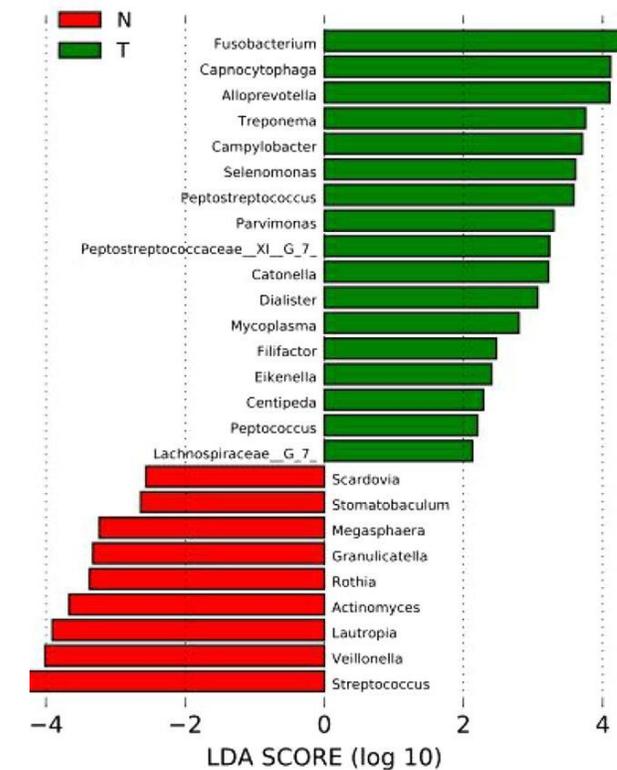
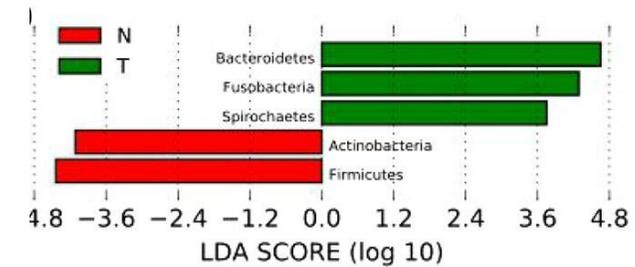
Relationship between oral microbiota and squamous cell carcinoma of the oral cavity



# Oral microbiome in patients with head and neck cancer

Squamous cell carcinoma of the oral cavity  
Oral dysbiosis

- Higher bacterial diversity in tumour samples than in the normal oral mucosa
- Several operational taxonomic units associated with *Fusobacterium* – good diagnostic potential for OSCC

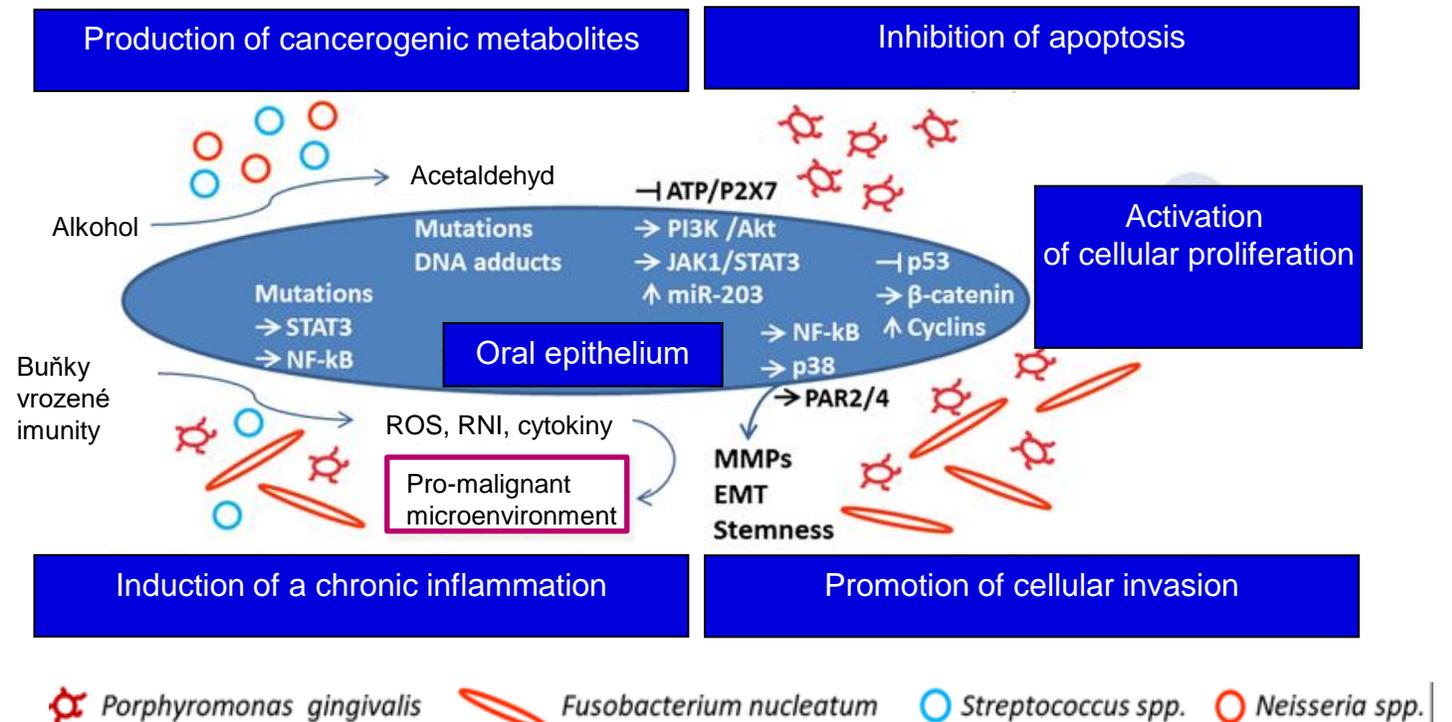


Zhao et al., 2017

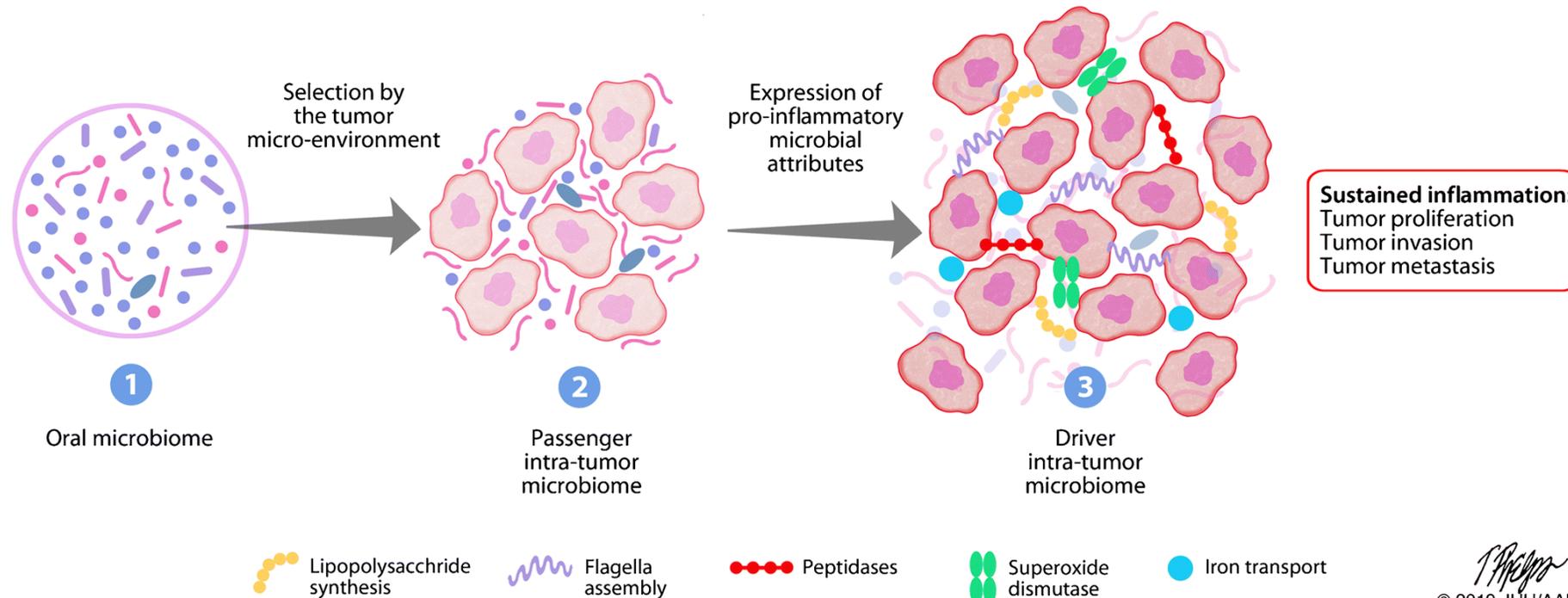
# Oral microbiome in patients with head and neck cancer

Squamous cell carcinoma of the oral cavity  
Oral dysbiosis

- *P. gingivalis* a *F. nucleatum* associated with the OSCC, but the etiology is unclear
- impaired function of the originally "passive" microbiome in the microenvironment of the tumor
- does it contribute to the progression of the tumor by maintaining chronic inflammation?



# Oral microbiome in patients with head and neck cancer



*T. Al-Hebshi*  
© 2019 JHU/AAM

# Oral microbiome in patients with head and neck cancer

## Study objectives

- Determination of risk factors (oral microbiome) for the tumor development and growth
- Analysis of interactions between microbiota and host in the context of oral squamous cell carcinoma
- Demonstration or exclusion of the presence of bacterial DNA in metastatic lymph nodes

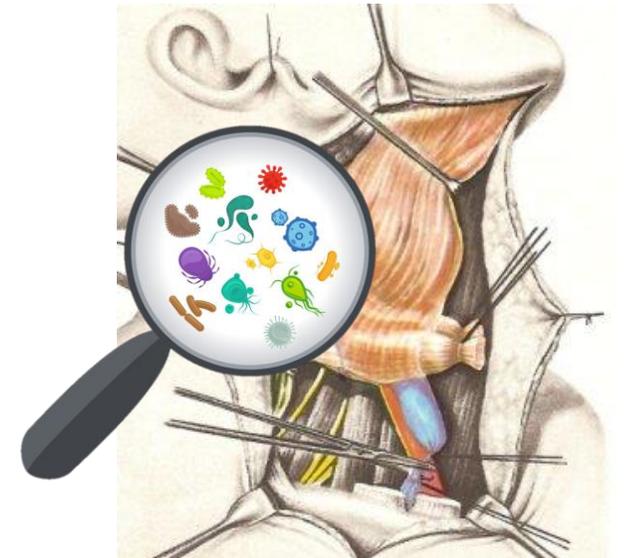
Comparison of oral microbiota in patients with oral squamous cell carcinoma depending on the condition of their dentition



# Oral microbiome in patients with head and neck cancer

Originality of the research project

- Oral microbiome as a predictive marker
- Species diversity of intratumorous microbiota
- Presence of microbiota in the metastatic tissue



# **3D Virtual Planning and Reconstruction of the Lower Jaw**

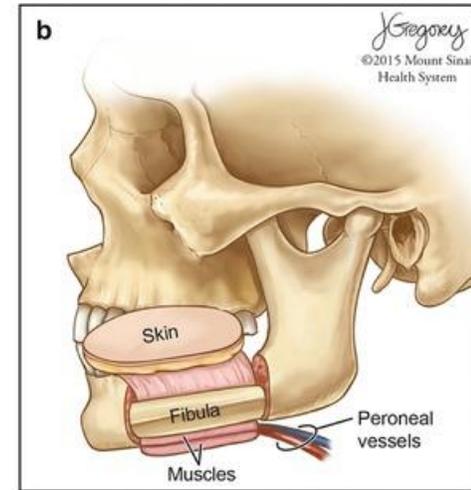
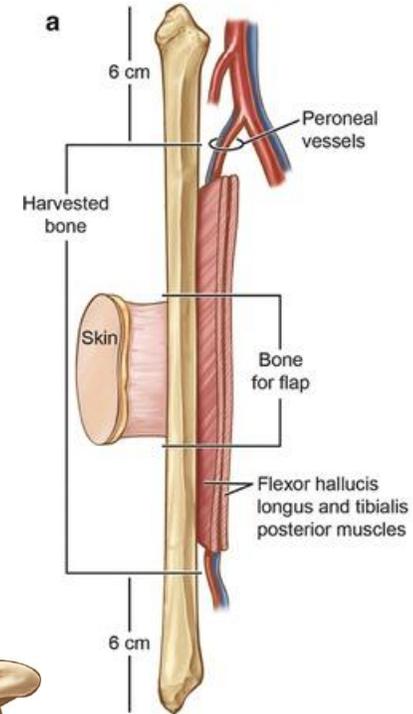
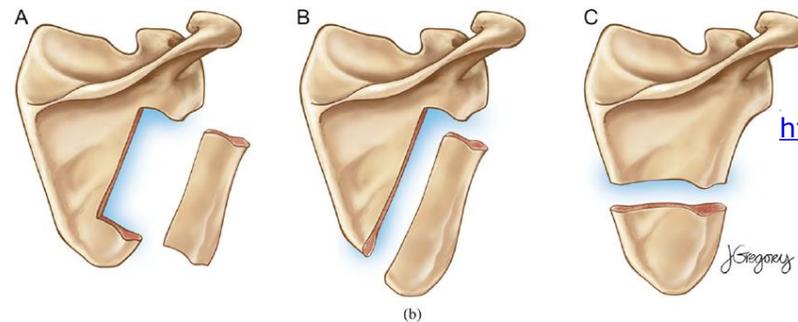
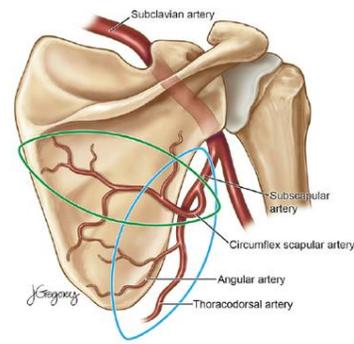
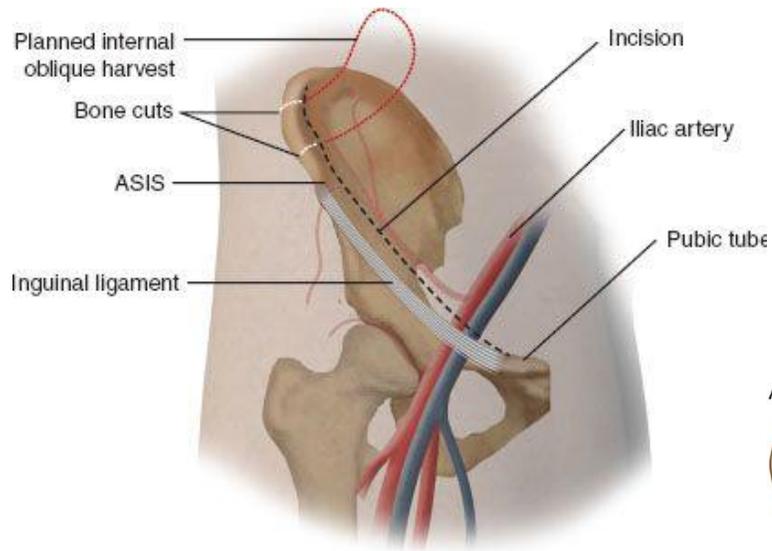
Project of cooperation with the commercial sphere

**MUDr. et MUDr. Zdeněk Daněk, Ph.D.**

Clinic of Maxillofacial Surgery, University Hospital Brno

# 3D virtual planning and reconstruction of the lower jaw

Reconstruction of the lower jaw with a free flap



[https://link.springer.com/chapter/10.1007/978-3-319-43854-2\\_3](https://link.springer.com/chapter/10.1007/978-3-319-43854-2_3)

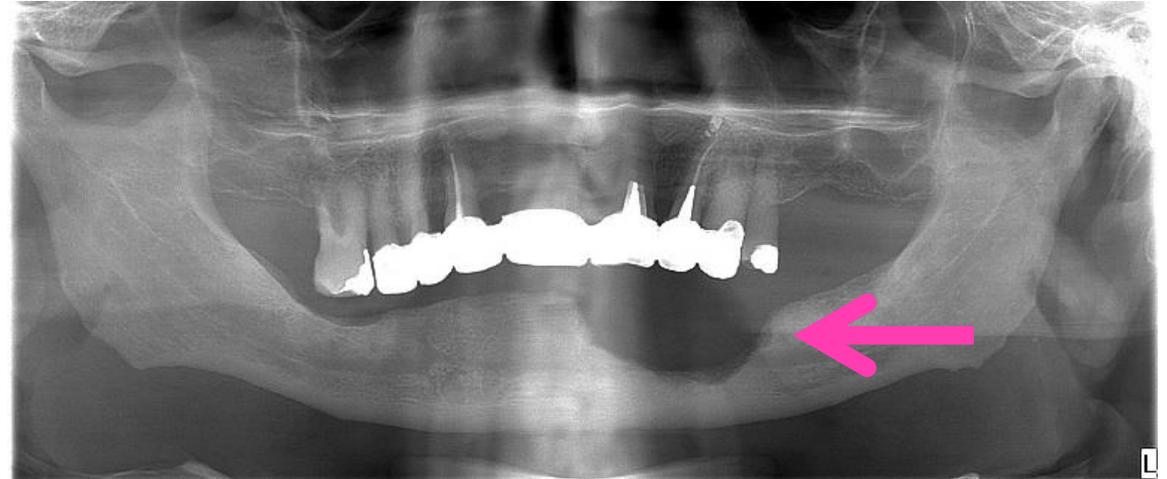
# 3D virtual planning and reconstruction of the lower jaw

Reconstruction of the mandible with vascularized fibula flap - case report

- Squamous cell carcinoma of alveolus mandibule I.sin – G1, T4aN0M0
- Jaw resection with continuity break

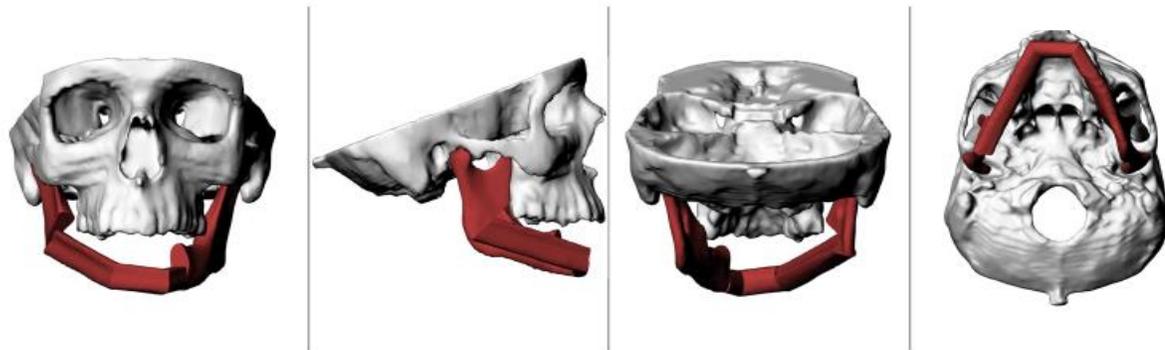
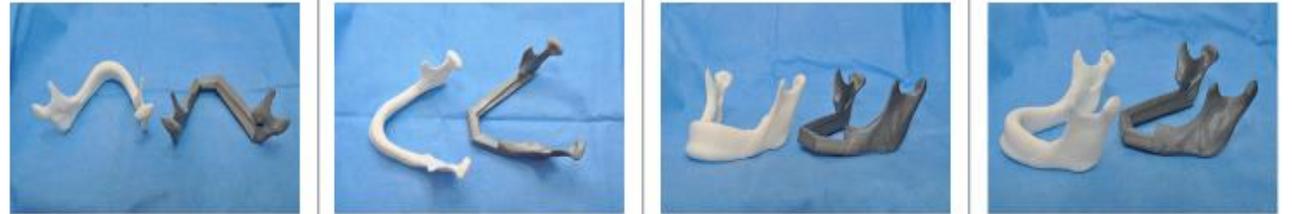


- The need for reconstruction to restore functionality
- (without reconstruction of the patient's disability permanent tracheostomy and gastrostomy)



# 3D virtual planning and reconstruction of the lower jaw

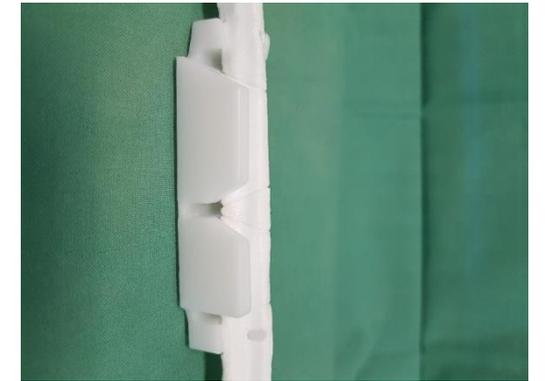
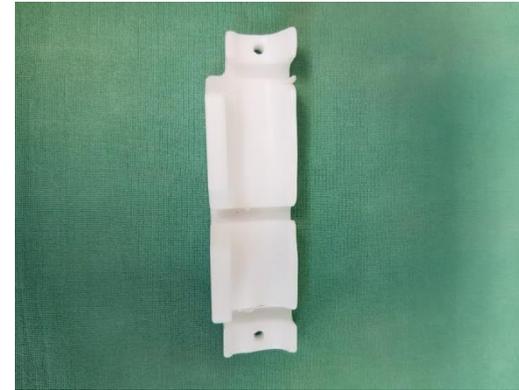
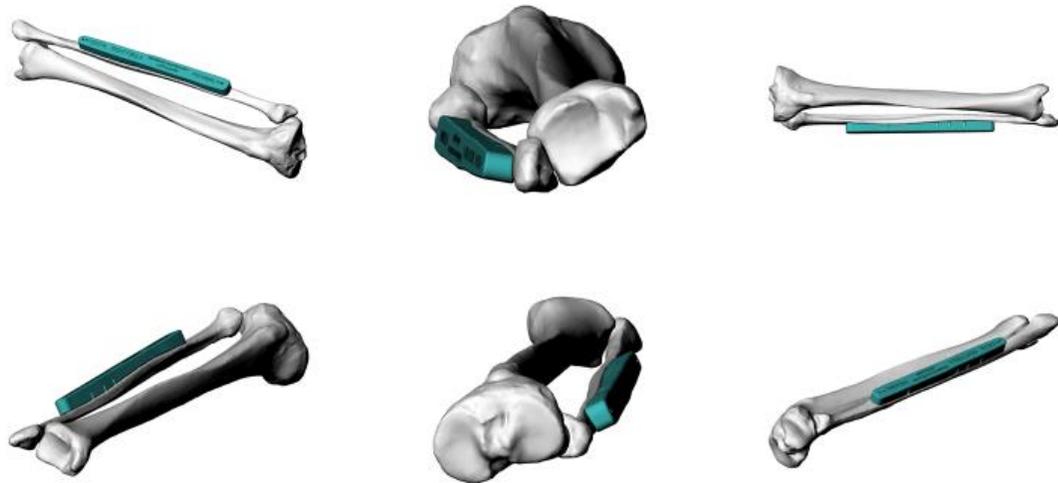
3D planning of lower jaw reconstruction



Virtual and printed model of the jaw with transferred fibular flap  
(compared to the original mandibular shape)

# 3D virtual planning and reconstruction of the lower jaw

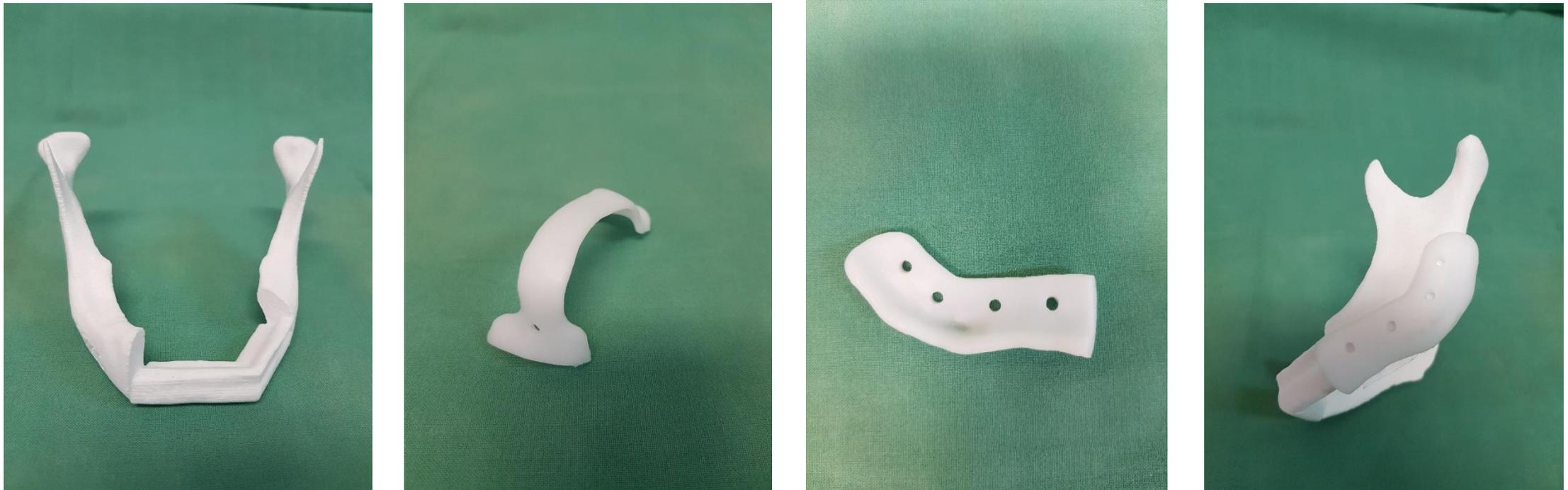
3D planning of reconstruction of the lower jaw



Virtual and printed fibula model with cutting guide

# 3D virtual planning and reconstruction of the lower jaw

3D planning of lower jaw reconstruction



Printed mandible model with cutting guides

# 3D virtual planning and reconstruction of the lower jaw

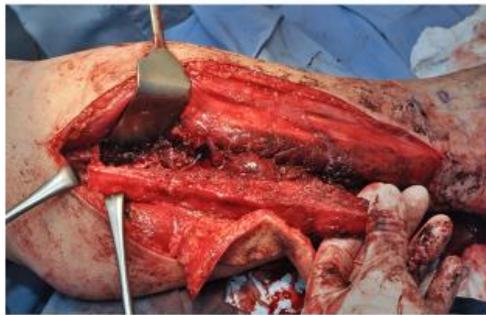
3D planning of lower jaw reconstruction



Preoperative preparation of the osteosynthetic titanium plate

# 3D virtual planning and reconstruction of the lower jaw

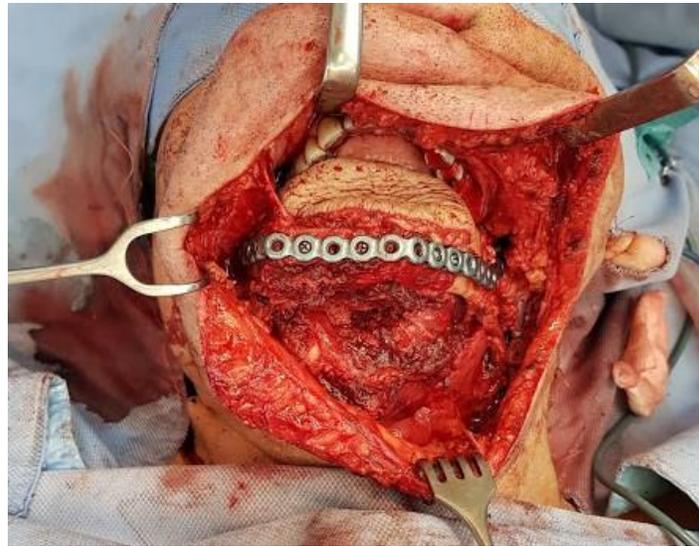
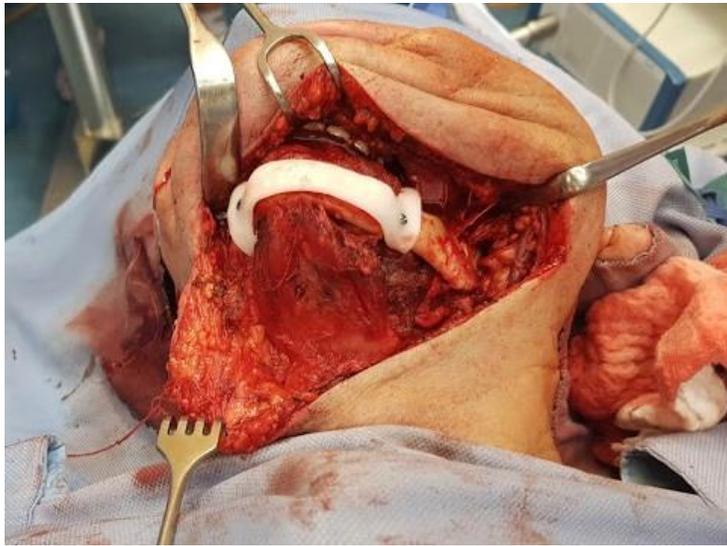
The reconstruction of the lower jaw – flap harvesting



Harvesting of fibula flap, application of cutting guides on fibula and positioning of the flap into the reconstruction plate

# 3D virtual planning and reconstruction of the lower jaw

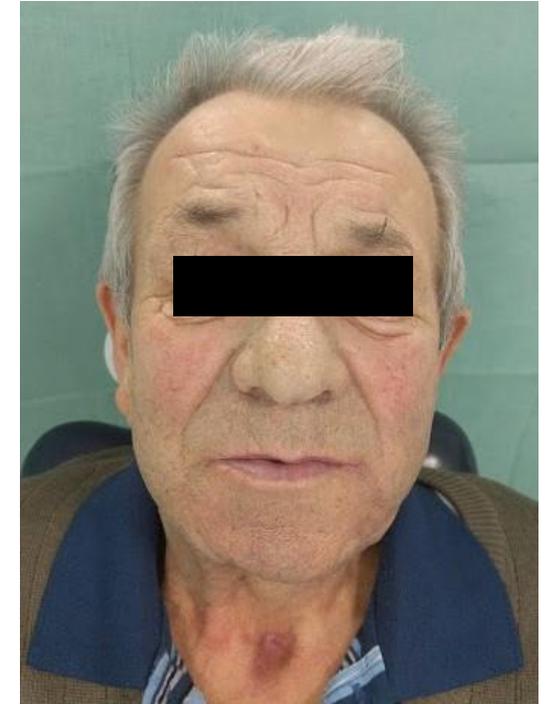
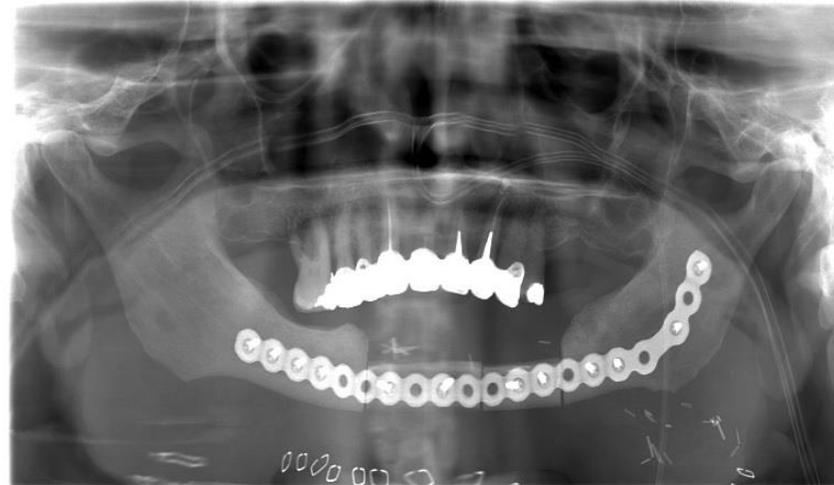
Perioperation phase of lower jaw reconstruction



Tumor resection, flap positioning and final reconstruction of soft tissues of the oral cavity

# 3D virtual planning and reconstruction of the lower jaw

Postoperative situation of the reconstruction of the lower jaw



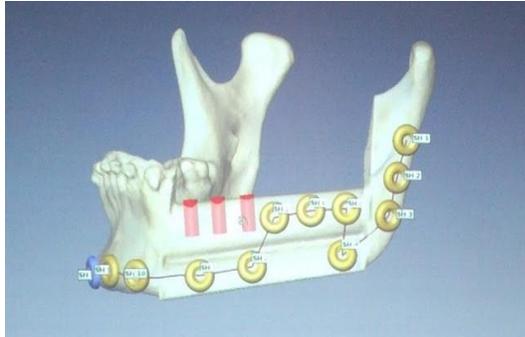
Postoperative soft tissues healing situation after six months, the situation on the X-ray, the resulting outcome of the patient

# 3D virtual planning and reconstruction of the lower jaw

Economy of 3D planning reconstruction of the lower jaw

	<p><b>150.000,- Kč</b></p> <ul style="list-style-type: none"><li>• planning</li><li>• cutting guides</li><li>• reconstructive printed individual splint<ul style="list-style-type: none"><li>• is not in the Czech Republic</li></ul></li></ul>
 <p>COMPANIES OF <i>Johnson &amp; Johnson</i></p>	<p><b>100.000,- Kč</b></p> <ul style="list-style-type: none"><li>• planning</li><li>• cutting guides</li><li>• reconstructive printed individual splint</li></ul>
<p><b>Česká cesta</b></p> 	<p><b>50.000,- Kč</b></p> <ul style="list-style-type: none"><li>• planning</li><li>• cutting guides</li><li>• reconstruction plate Synthes + ZP</li></ul>

# 3D virtual planning and reconstruction of the lower jaw



Biological accuracy

Do we need it?



Custom printed osteosynthetic plates

**vs.**

Conventional osteosynthetic plates



Is the pursuit of absolute precision in the planning of reconstruction operations the right way?



# Abbreviations used

- EC – ethylcellulose
- PEO – polyethylen oxid
- NaCMC – sodium carboxymethylcellulose
- VAS – visual analog pain scale
- IS – immune system
- NO – nitrous oxide
- MZ – monozygotic twins
- DZ – dizygotic twins
- GIT – gastrointestinal tract
- OSCC – squamous cell carcinoma of the oral cavity
- CR – Czech republic
- G1 – well differentiated cancer

# Modern methods in the study of the development and maintenance of the vitality of the tooth

**Mgr. Jan Křivánek, Ph.D.**

Department of Embryology and Histology  
Faculty of Medicine, Masaryk University, Brno

# Introduction of the researcher and his team

Jan Křivánek, Department of Histology and Embryology, LF, MU

- Our research group is primarily concerned with the study of **tooth development**, its **regeneration**, **reparative processes**, **physiology**, and the study of **functional microstructure**.
- We study the processes that lead to the development of complex organ systems from initial **stem cells** to **fully differentiated functional systems**.
- The vast majority of our research takes place **in vivo**. As a model system, we use a number of **various genetically modified mouse** strains and the latest methods of genetic labelling, visualization methods or **transcriptomics** at the unicellular level (scRNA-seq).
- We combine **some results obtained from the research of developmental and regenerative processes** in model systems with the knowledge of human medicine and thus try to reveal the potential of human regenerative medicine.

# Modern methods in the study of the development and maintenance of the vitality of the tooth

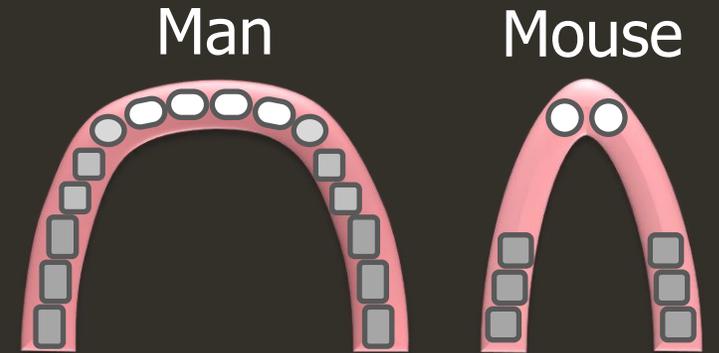
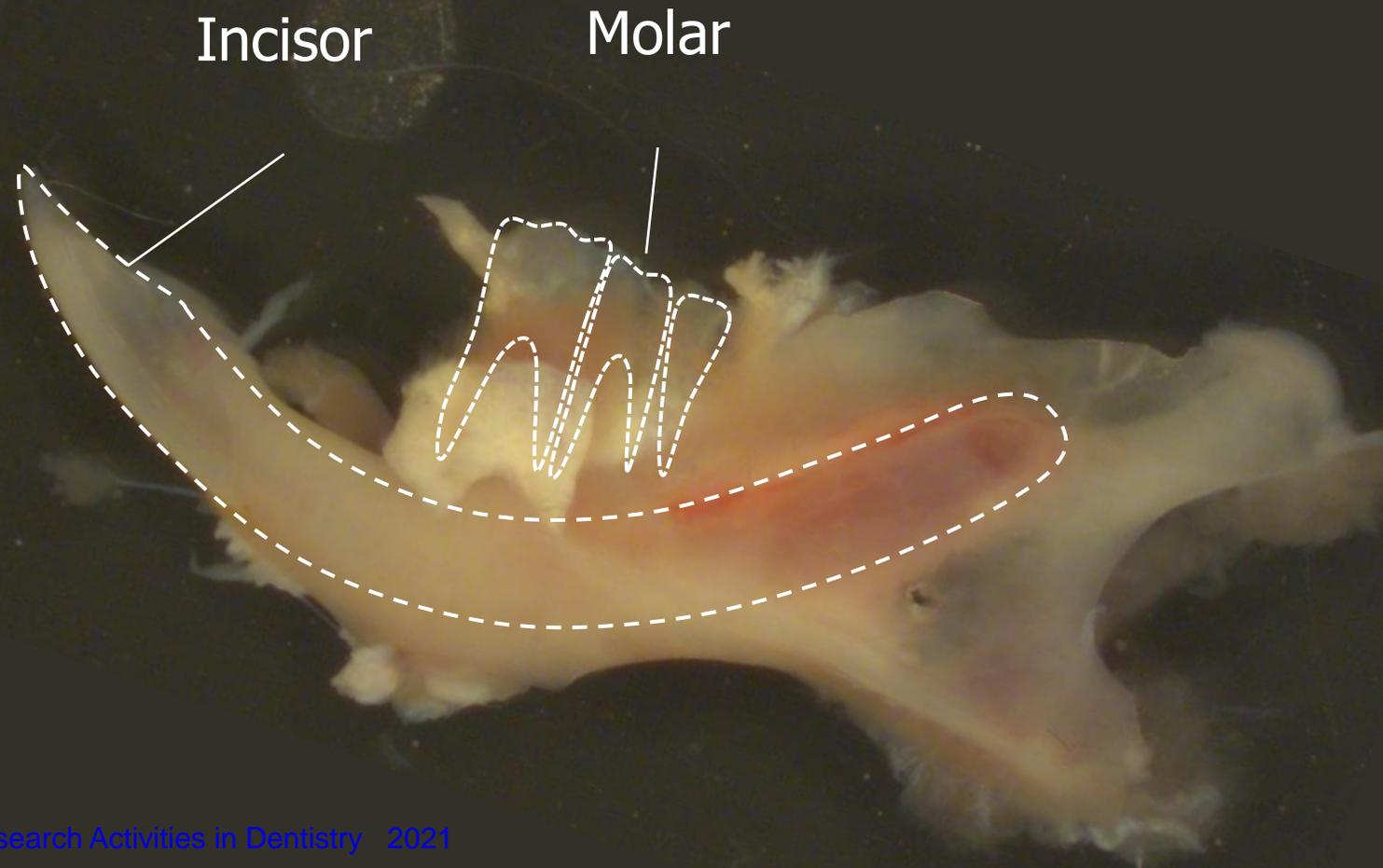
## Content of the lecture

- Tooth = living organ
- Continuously growing teeth as a model system for studying development – why a mouse?
- Possibilities of genetic mapping of in vivo development Single-cell RNA-seq (Single-cell transcriptomics)
- Modern 3D imaging methods (lightsheet and confocal microscopy, live-imaging,  $\mu$ CT, FIB-SEM)

# Tooth = living organ

- **Primary function of teeth:** Food intake and processing
- **Secondary functions of teeth:** Speech articulation, nonverbal communication, sensory properties
- **In an adult tooth, only enamel** (avascular, no nerves, no cells) is inanimate, the rest of the tooth is alive, innervated, vascularly supplied and metabolically active tissue
- **The tooth reacts to stimuli from the surrounding area** – tertiary dentin formation, inflammation, activation of stem cells, changes in anchoring to the dental bed (principle of orthodontics)

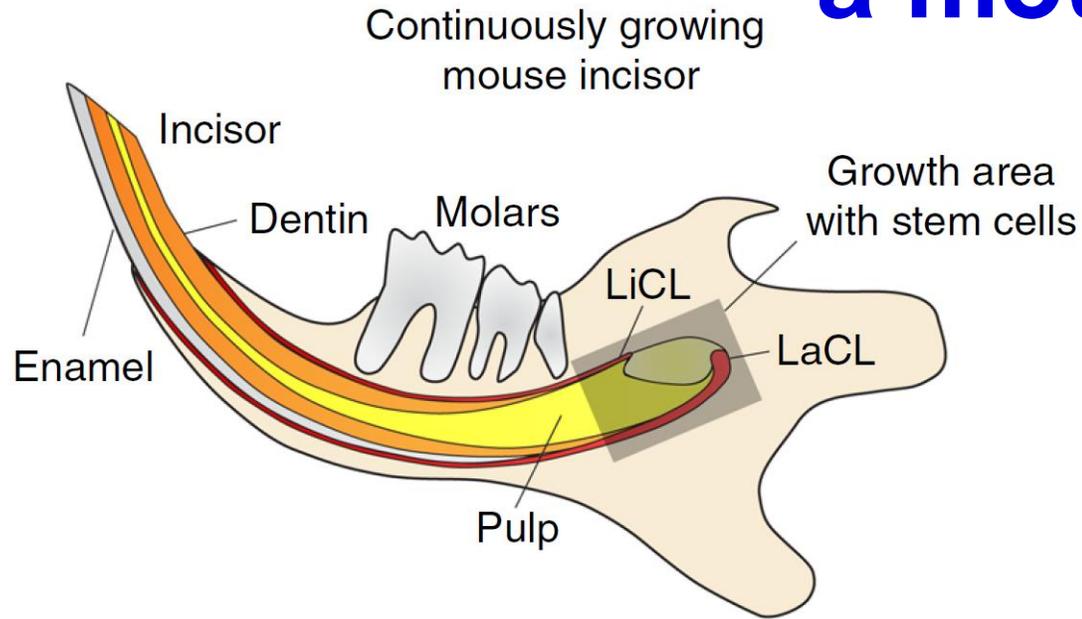
# Continuously growing incisors – why a mouse?



2-1-0-2  
2-1-2-3

1-0-0-3

# Continuously growing incisors – why a mouse?

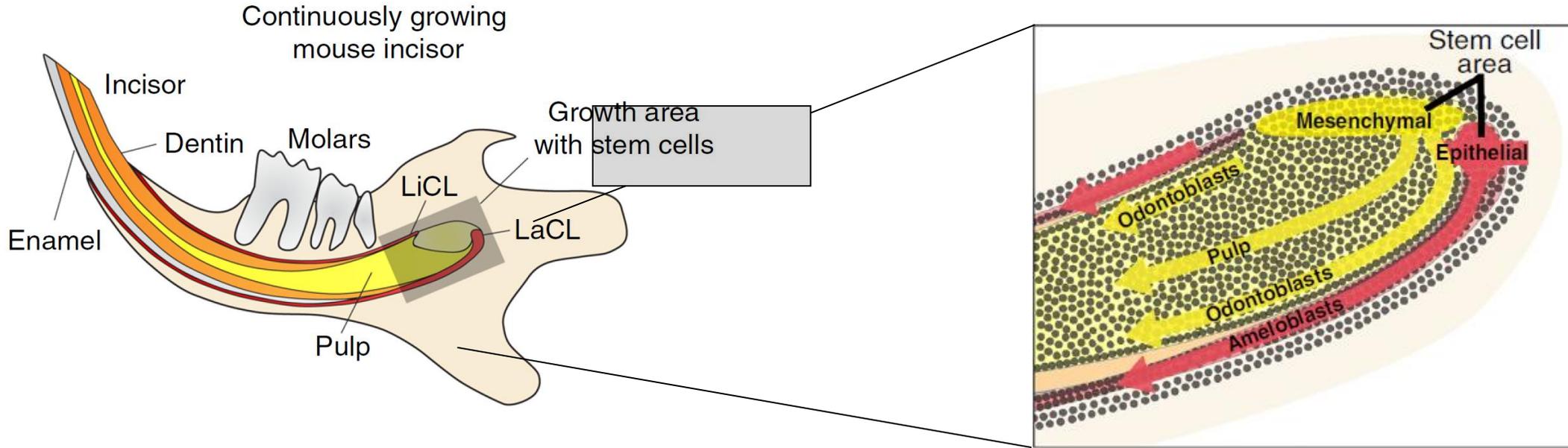


- Characteristics of mouse dentition
- Dental formula 1-0-0-3
- Monophyodont, heterodontous dentition
- Hypselodont incisors
- Brachyodont molars



μCT mouse head scan  
with enamel highlighted

# Continuously growing incisors – why a mouse?



Continuously growing complex organ - the time of complete tooth restoration is about 4 weeks  
Precisely controlled growth and its control - after pinching the end of the tooth, growth accelerates

Continuously active dual-type stem cell niche (mesenchymal and epithelial)

Possibility to study epithelio-mesenchymal interactions and differentiation processes

Model system for the study of amelogenesis and dentinogenesis and general odontogenesis

# Why a mouse?

- **The mouse is a model organism of mammals**
- Relatively easy care and handling
- Biological resemblance to humans
- Short generation time, short pregnancy time
- Higher number of offspring in litter (5-15)
- Inbred strains available
- Genome sequenced and studied in detail
- Tens of thousands of genetic modifications available



>11500 kmenů geneticky  
definovaných myších kmenů

415 Research Activities in Dentistry 2021  
(1. 10. 2020)



6440 ofenotypovaných mutací  
různých genů

(1. 10. 2020)



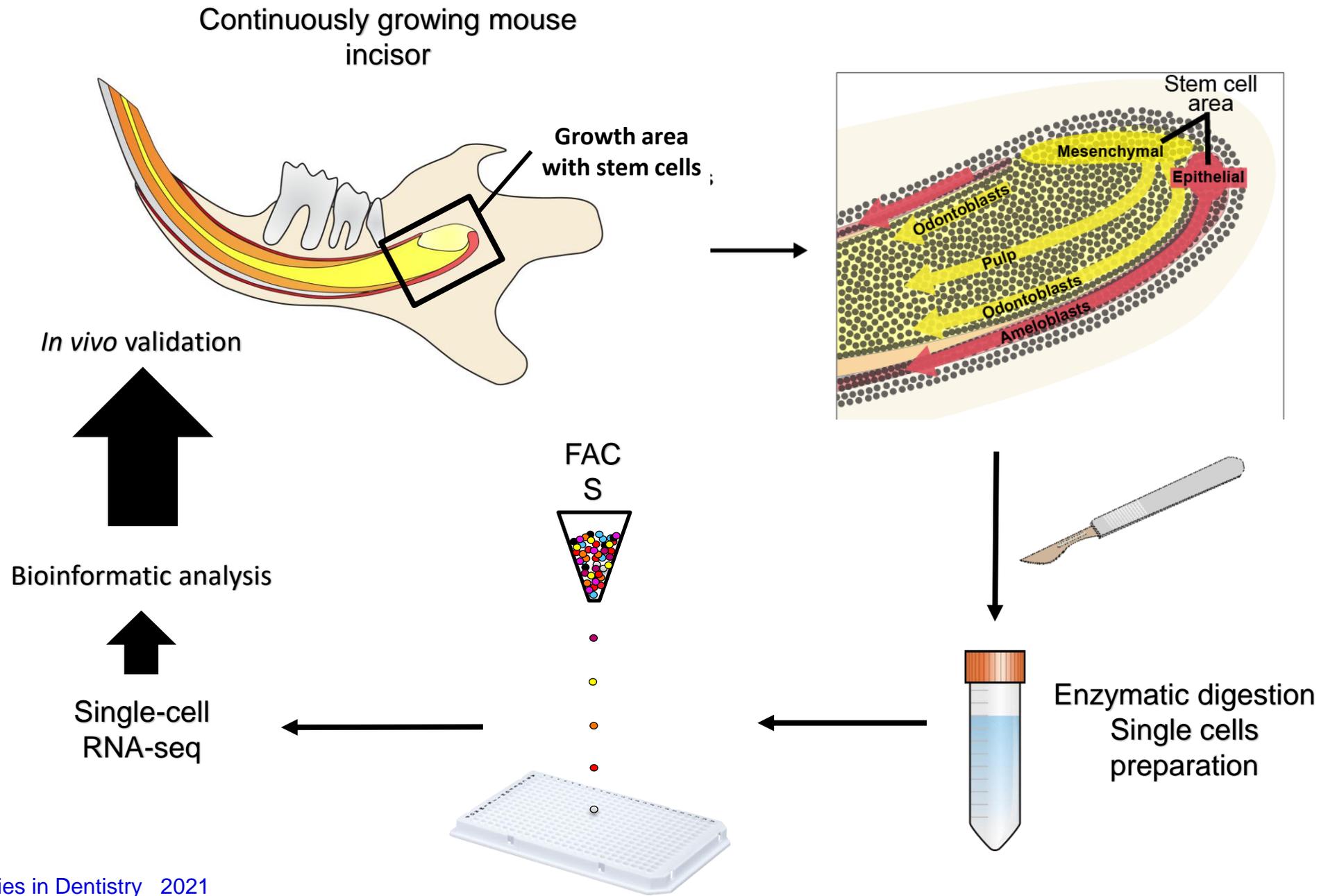
Expresní databáze během vývoje i v  
dospělosti

a další...

MUNI  
MED

# Single-cell RNA-seq

Analysis of gene expression at the level of individual cells



# Why is scRNA-seq such a revolutionary method?

Northern blot

Tens of thousands of cells needed to analyze expression of 1 gene

qRT-PCR

Thousands of cells needed to analyze expression of 1 gene

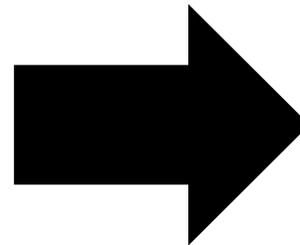
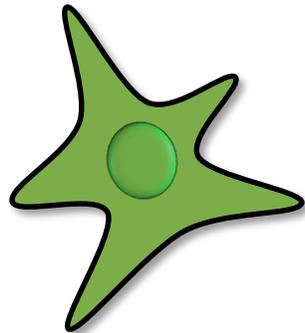
Chip array

Thousands of cells needed to analyze the expression of tens to hundreds of genes

Single cell RNA-seq

Analysis of the expression of thousands of genes from each individual cell

1 Cell  
(each cell)



**"COMPLETE"**  
transcriptome

**Coding genes**

Transcription factors

Ligands

Receptors

Structural genes

...

**miRNA's**

**Spliced variants**

**RIK's**

...

# What type of information do we get?

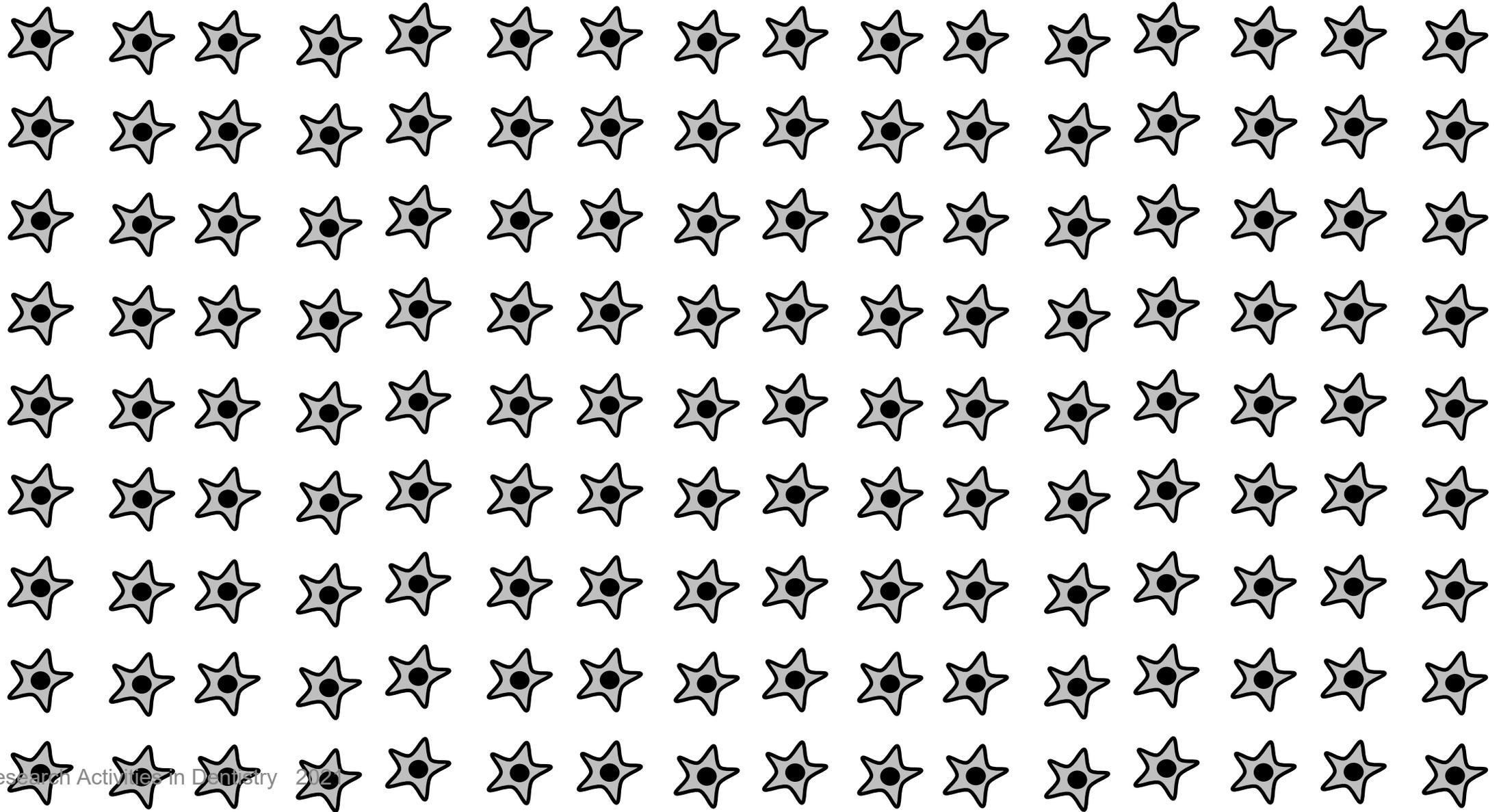
- Qualitative information on gene expression
- Quantitative information on gene expression



"Hardcore bioinformatics analysis"

- Clustering of cells according to similarities based on their gene expression
- Defining major and minor cell populations
- Identification of unknown cell populations
- Detection of expression of new genes in known or unknown populations
- Determination of the function of unknown cell populations; Mapping of the "Gene Regulatory Network" → monitoring of development paths
- Creating an interaction scheme - mutual interaction of various cell types (ligands and receptors)

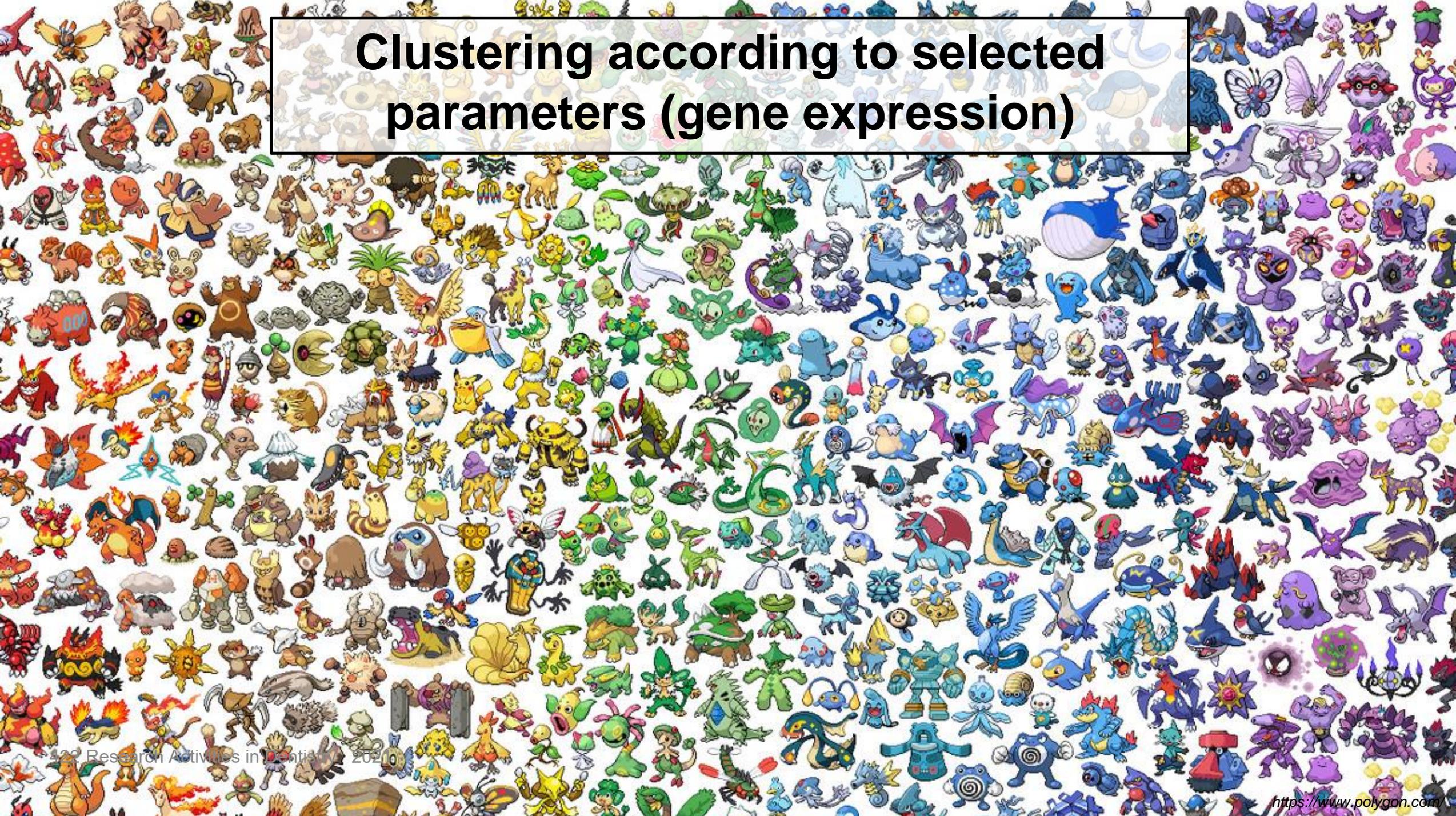
# Isolated cells



# Analyzed cells

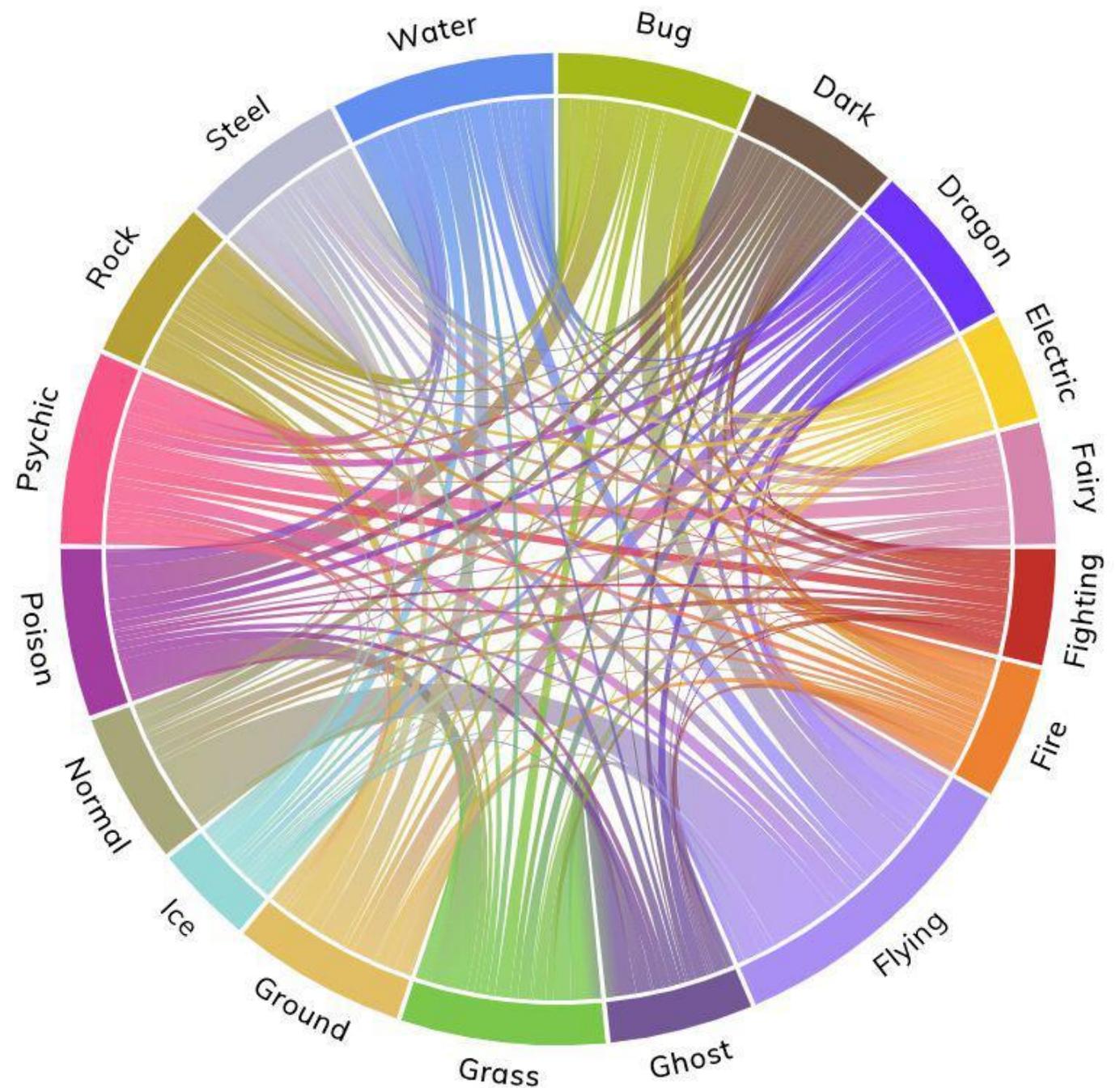


# Clustering according to selected parameters (gene expression)



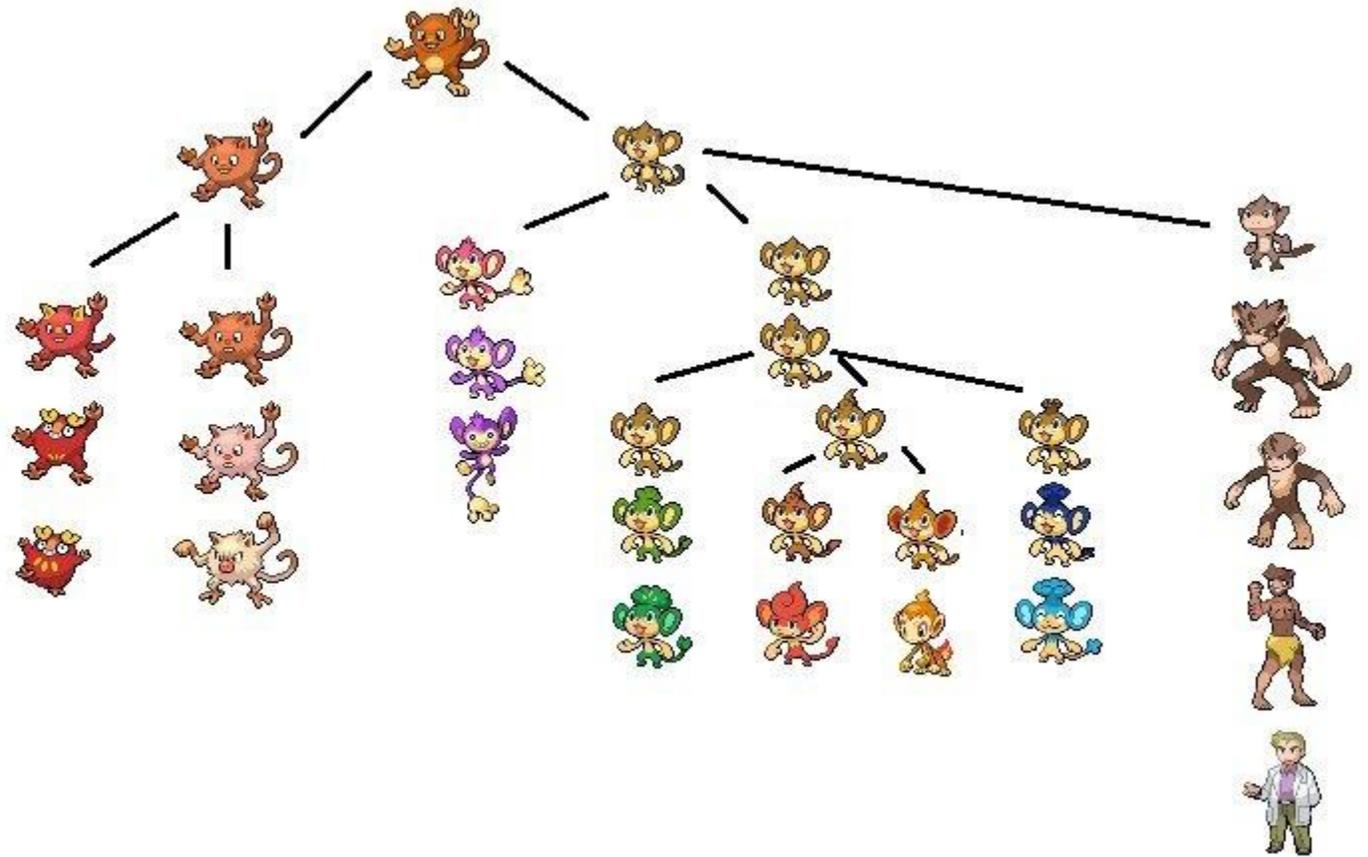
# Features and interactions

By analyzing the properties (gene expression values) of individual cells, we can predict how these cells will mutually interact (expression of different combinations of ligands and receptors) and how they are prepared for these interactions (expression of effector genes of different signaling pathways).



# Development

By analyzing the similarities in the gene expression of individual cells, we are able to predict not only which cells are more similar or different, but also to **determine which cell is developmentally younger (more "stem") or developmentally differentiated ("adult").**



# Creation of a "Dental Cell Type Atlas"

Complex organ  
in the living  
organism



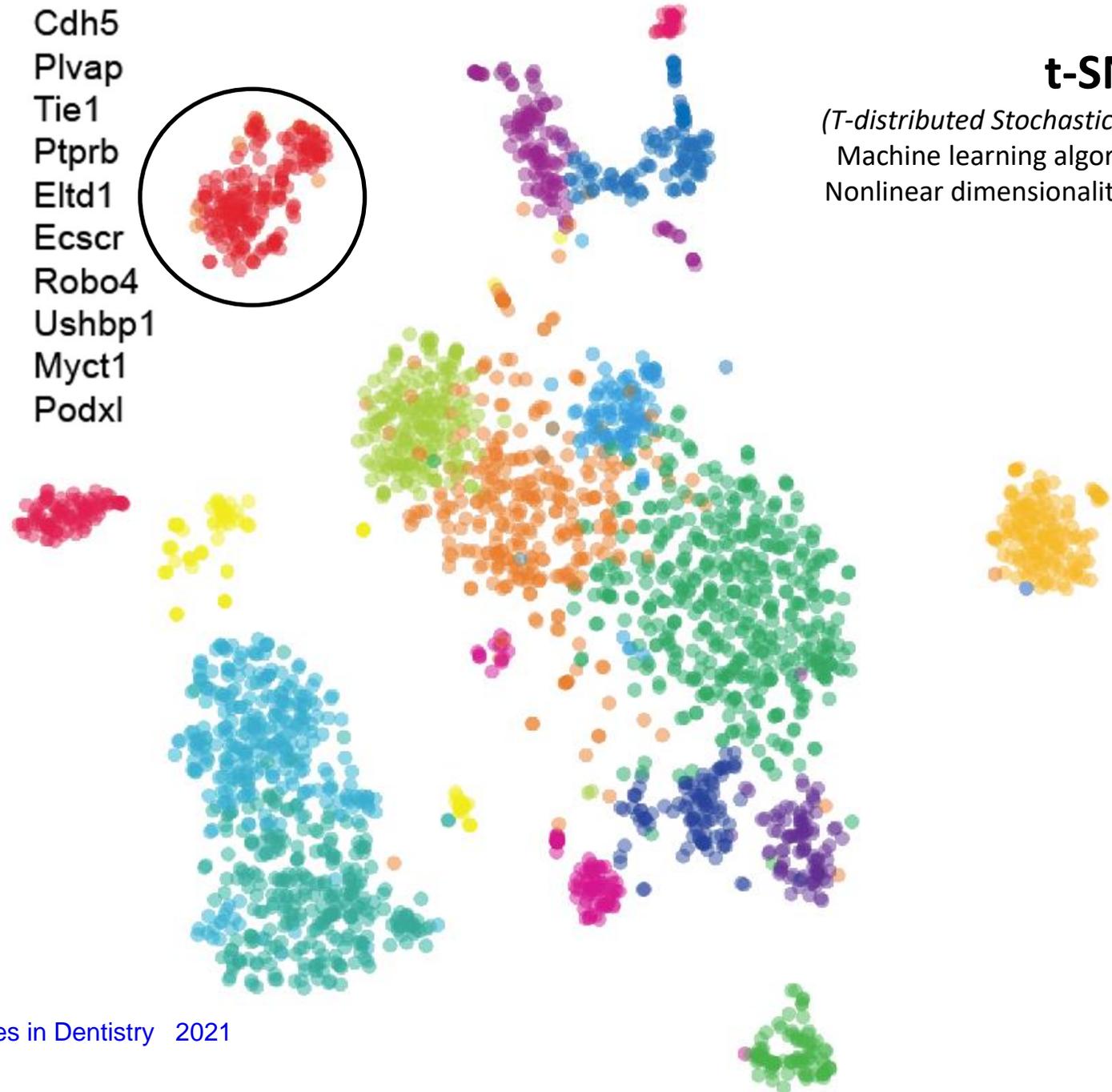
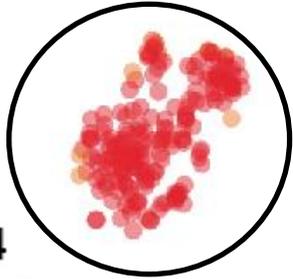
scRNA-seq



Analysis



Cdh5  
Plvap  
Tie1  
Ptpnb  
Eltid1  
Ecscr  
Robo4  
Ushbp1  
Myct1  
Podxl

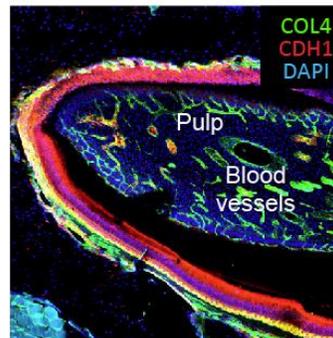


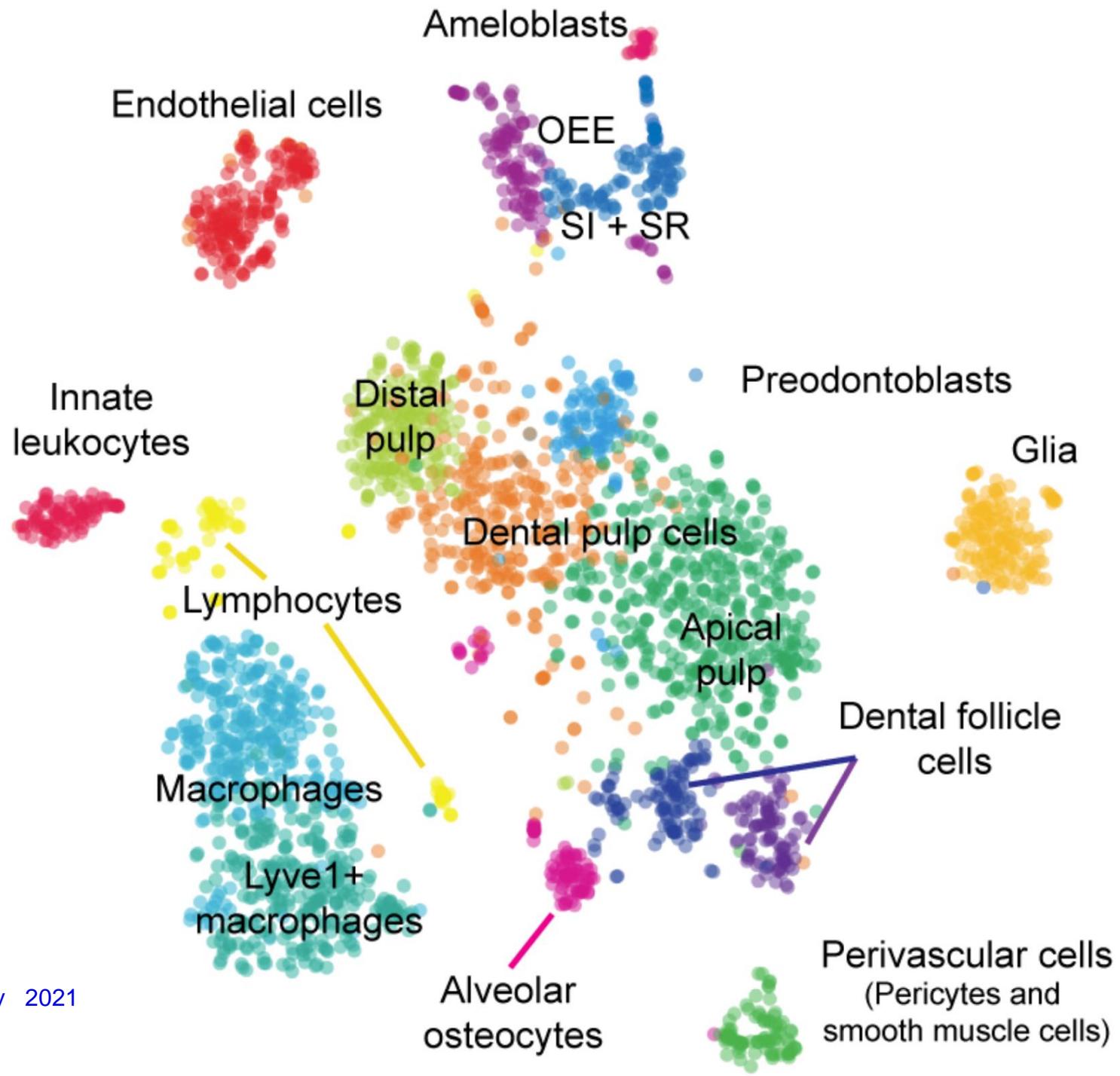
## t-SNE

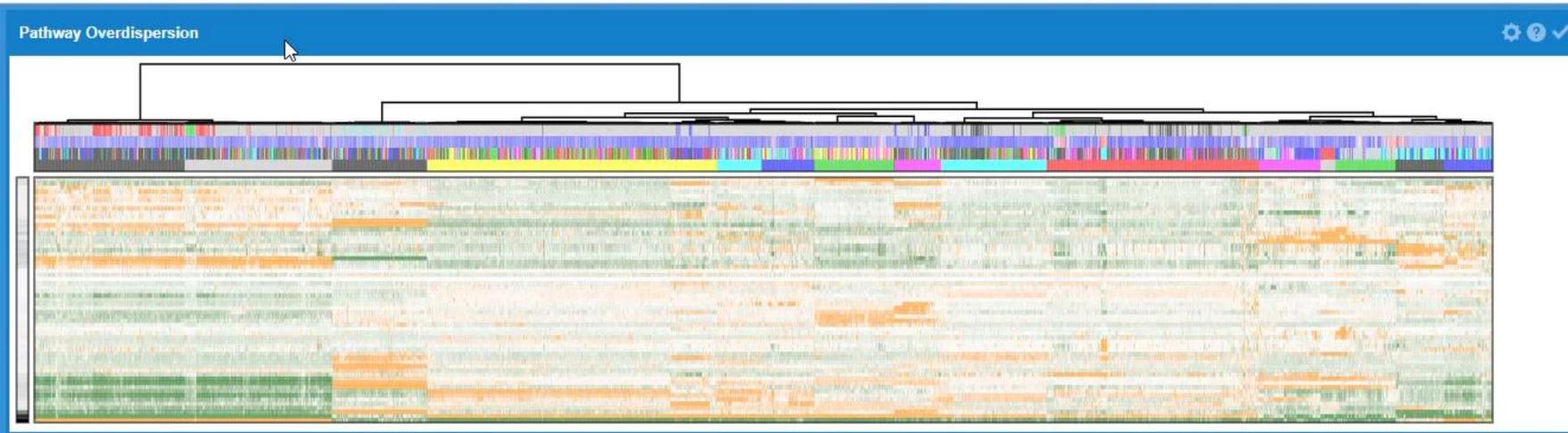
*(T-distributed Stochastic Neighbor Embedding)*  
Machine learning algorithm for visualization  
Nonlinear dimensionality reduction technique

### Endothelial cells

Cdh5  
Plvap  
Tie1  
Ptpnb  
Eltid1  
Ecsr  
Robo4  
Ushbp1  
Myct1  
Podxl







### Expression Details

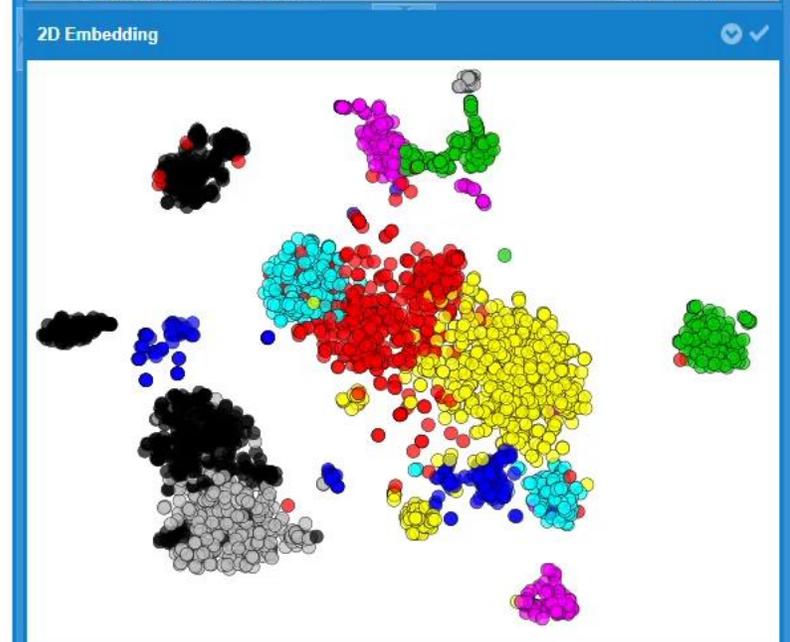


### Info

Pathways Genes

Page 1 of 29 filter by pathway name...

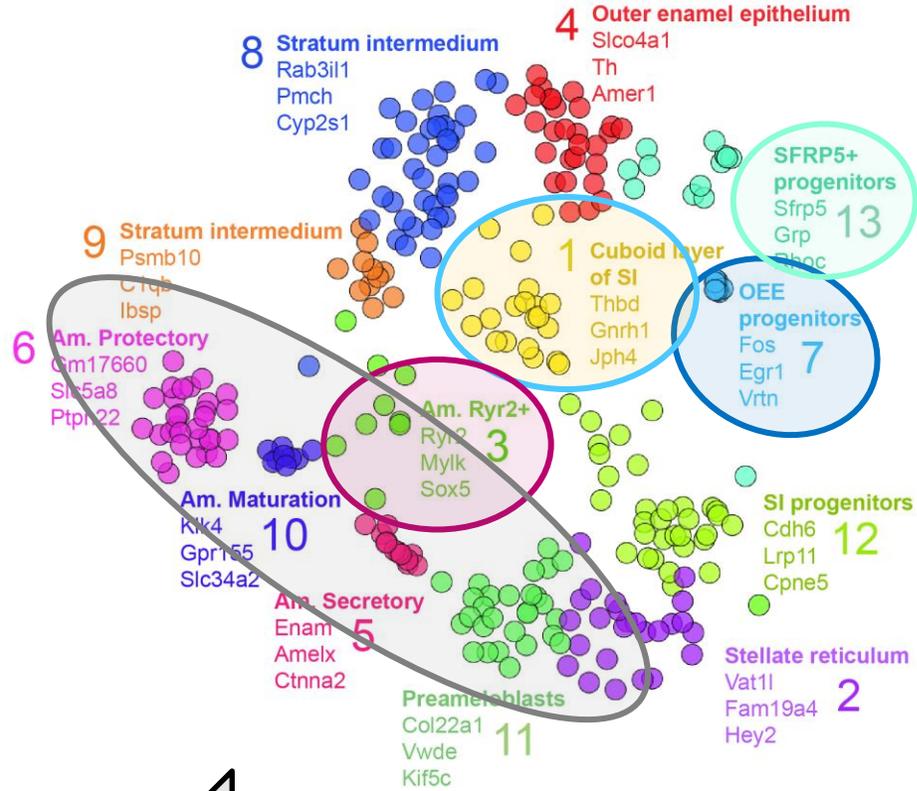
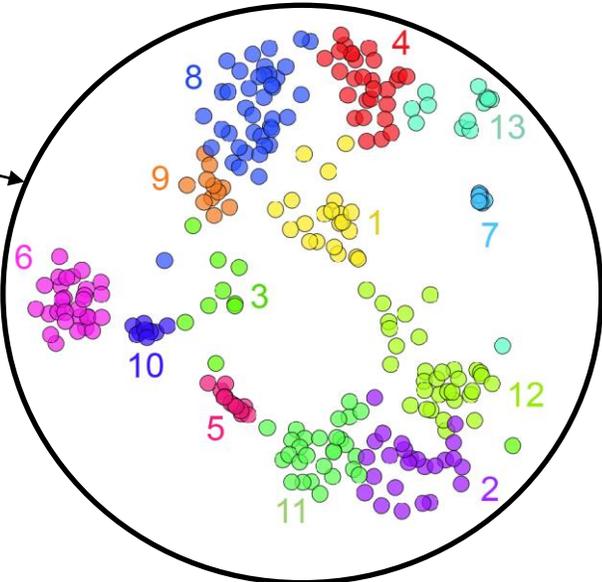
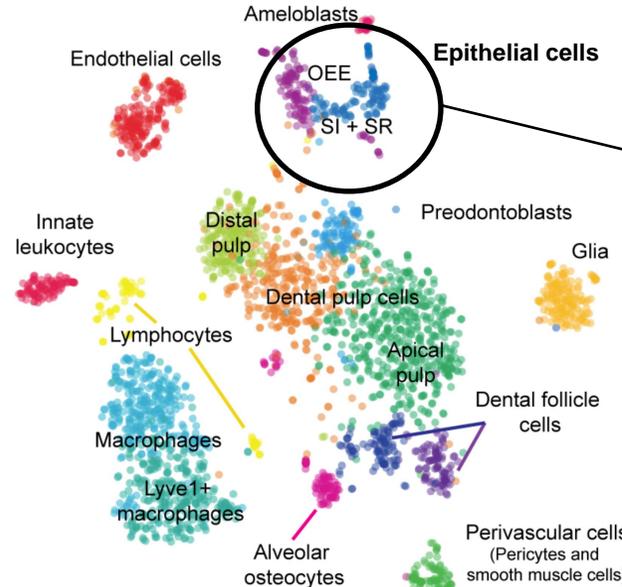
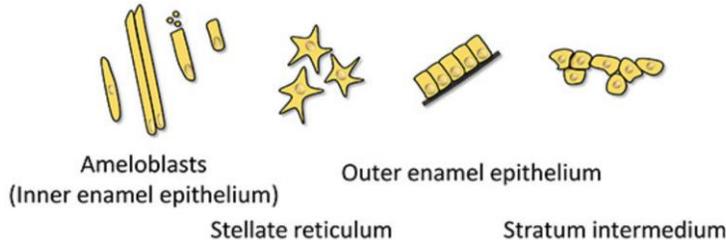
Pathway	cZ	score
<input type="checkbox"/> GO:0042613 MHC class II protein complex	26.77	8.37
<input type="checkbox"/> GO:0048020 CCR chemokine receptor binding	21.4	6.19
<input type="checkbox"/> GO:0048247 lymphocyte chemotaxis	23.03	6.15
<input type="checkbox"/> GO:0008009 chemokine activity	25.41	6.13
<input type="checkbox"/> GO:0070098 chemokine-mediated signaling pathway	29.06	5.92
<input type="checkbox"/> GO:0019882 antigen processing and presentation	26.68	5.83
<input type="checkbox"/> GO:0002548 monocyte chemotaxis	22.69	5.67
<input type="checkbox"/> GO:0071346 cellular response to interferon-gamma	28.03	5.53
<input type="checkbox"/> GO:0006935 chemotaxis	34.36	5.53
<input type="checkbox"/> GO:0030593 neutrophil chemotaxis	27.1	5.45
<input type="checkbox"/> GO:0030595 leukocyte chemotaxis	17.32	5.24
<input type="checkbox"/> GO:0006955 immune response	38.32	5.04



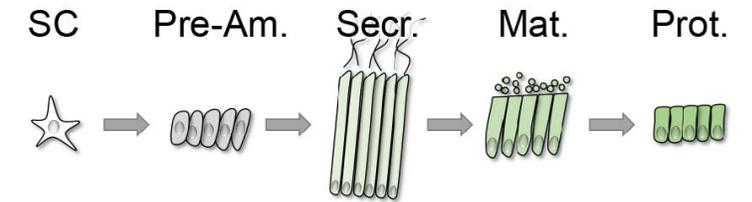
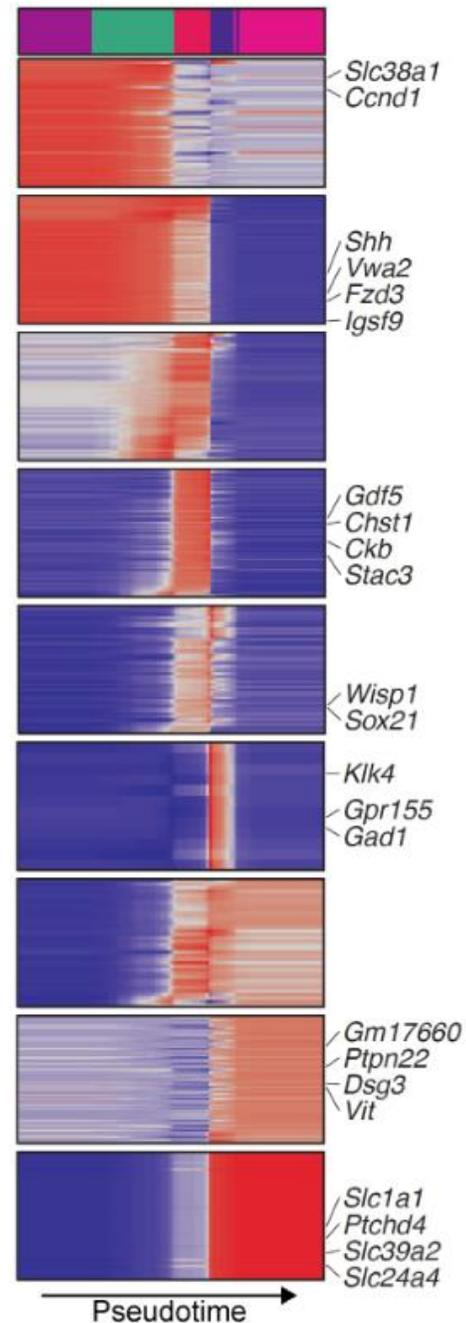
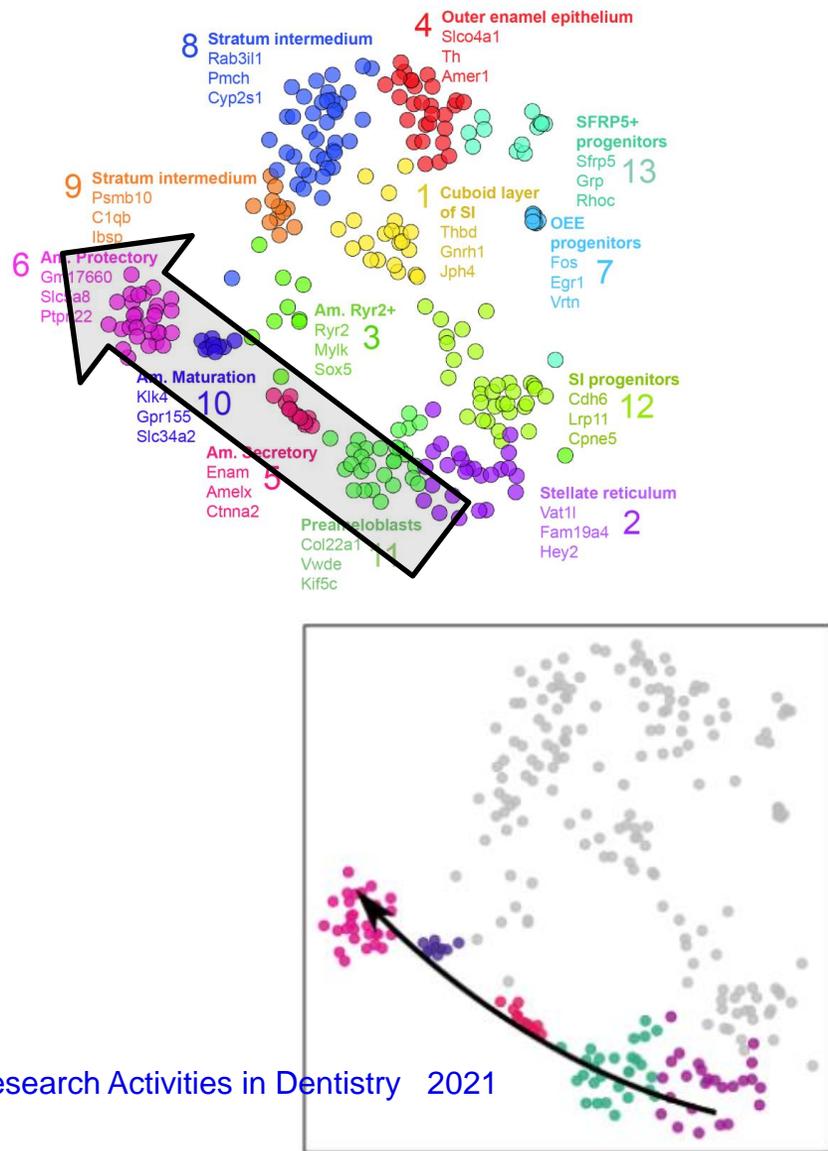
# Detailed analysis of dental EPITHELIUM



## Dental cell types of epithelial origin



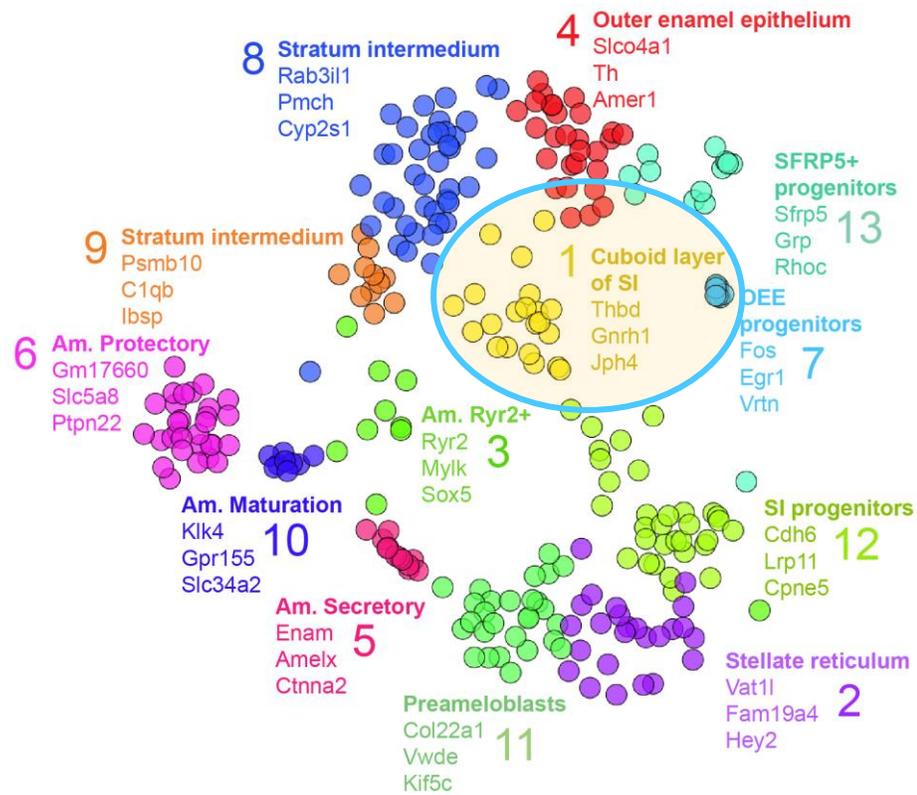
# Differentiation trajectories of ameloblasts



Transition from preameloblasts into all ameloblast stages mapped

# Cuboidal layer

newly described cell type in the tooth



Oxygen and ion transportation

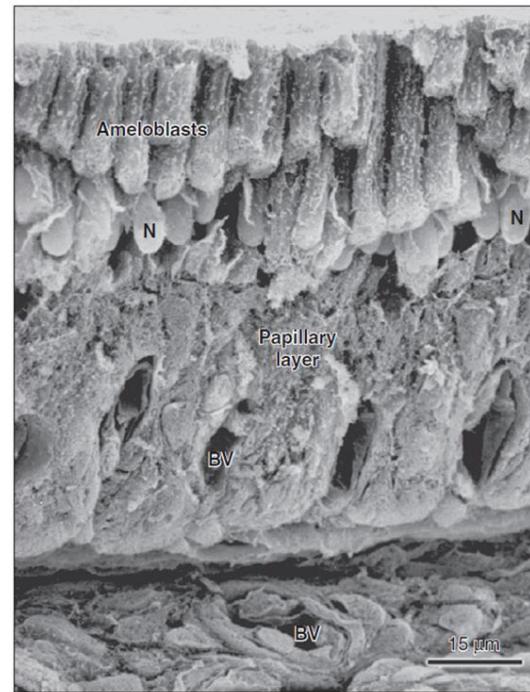
Backbone - junctional complexes

Supportive role in ameloblasts differentiation

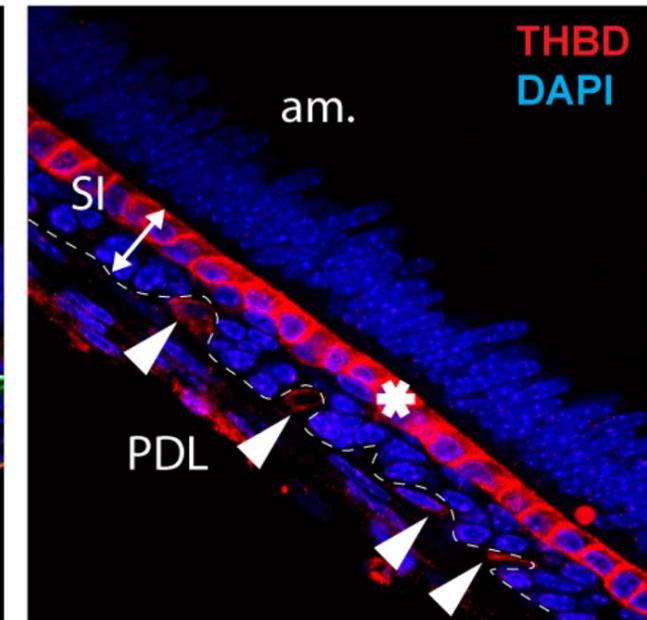
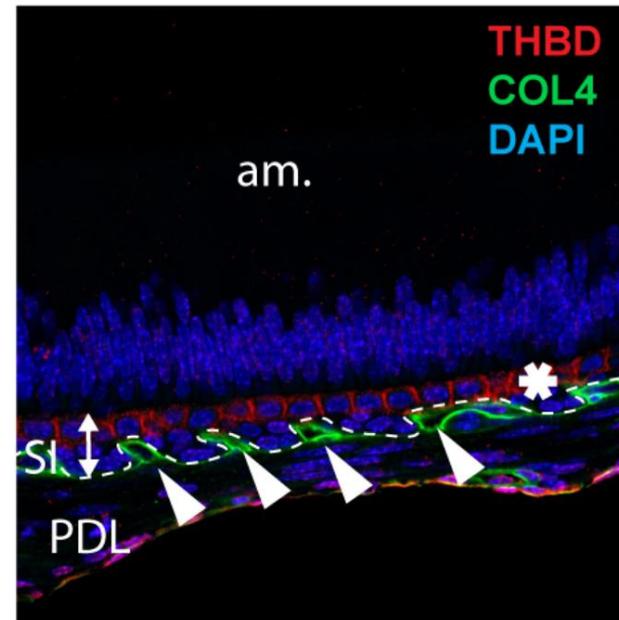
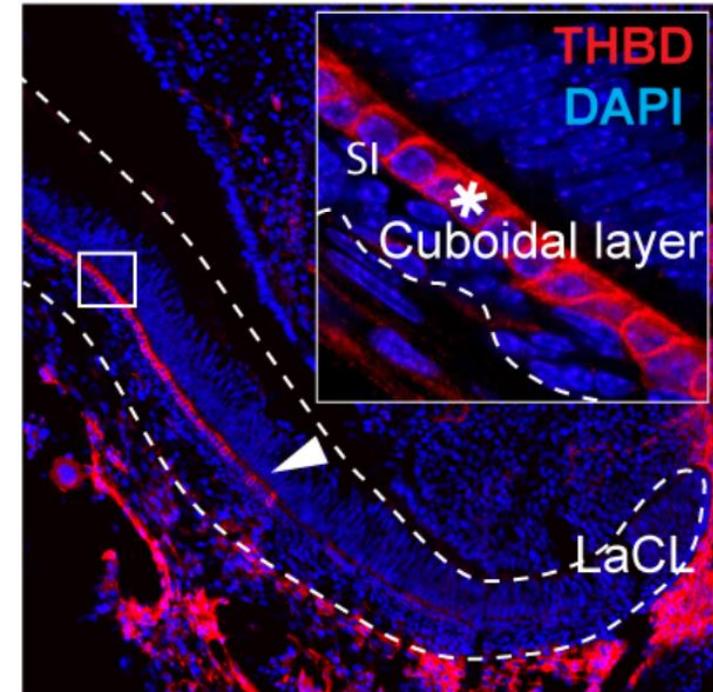
Cygb, Nphs

Kirrel2, Jph4

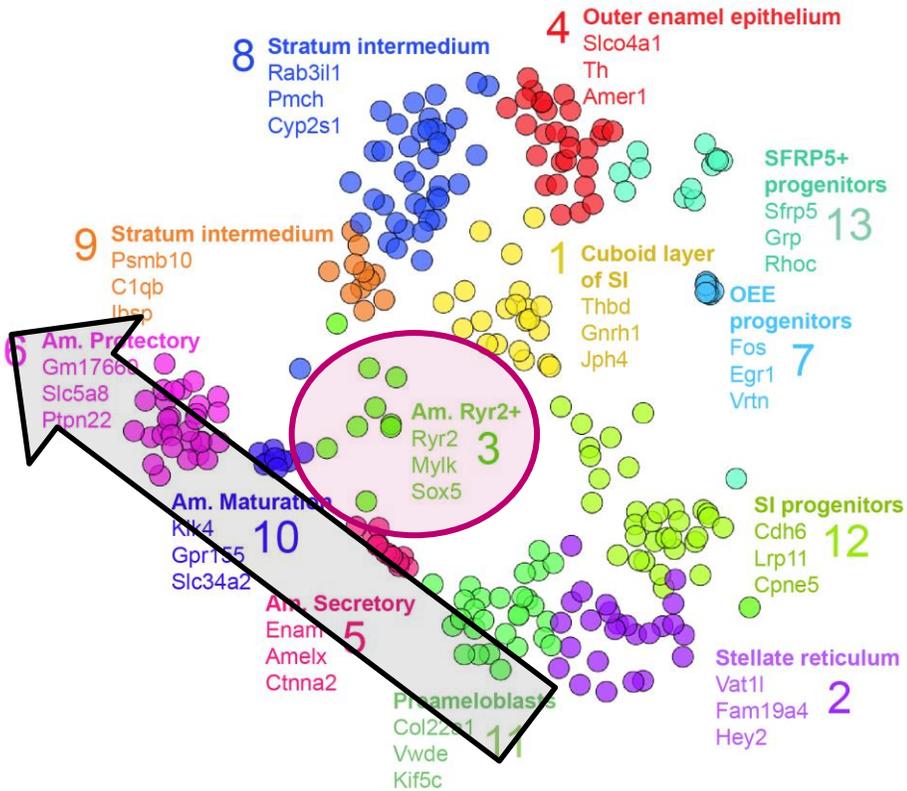
Gnrh1, Paqr5



<https://pocketdentistry.com/7-enamel-composition-formation-and-structure/>



# RYR2+ ameloblasts

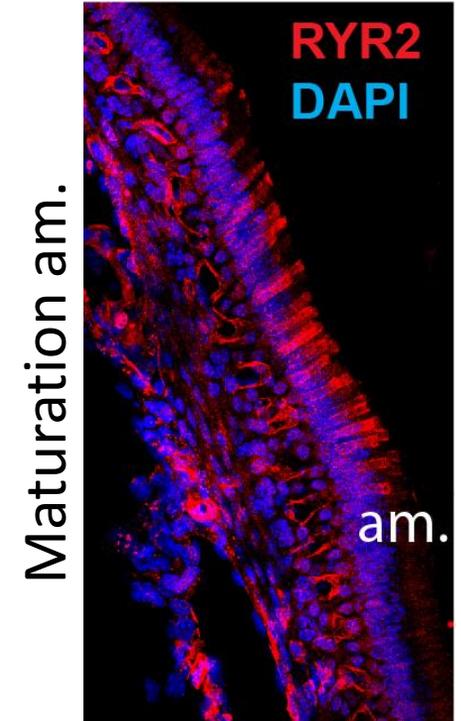
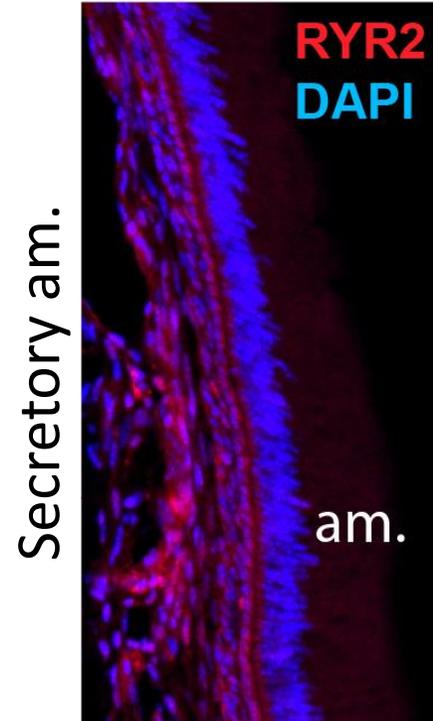
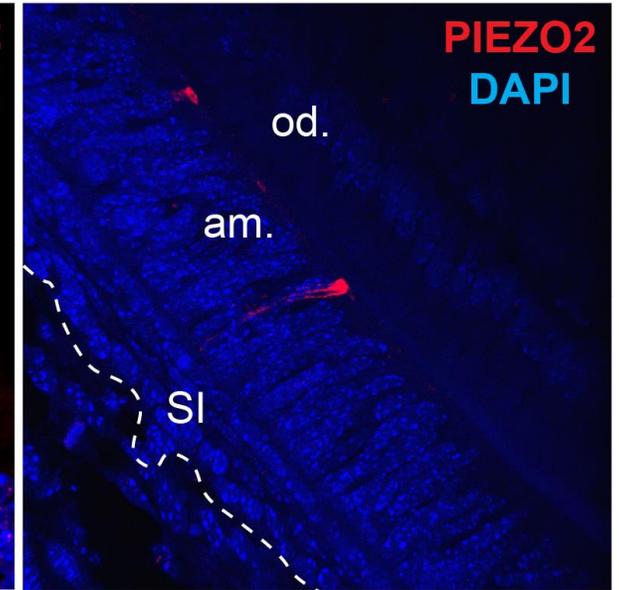
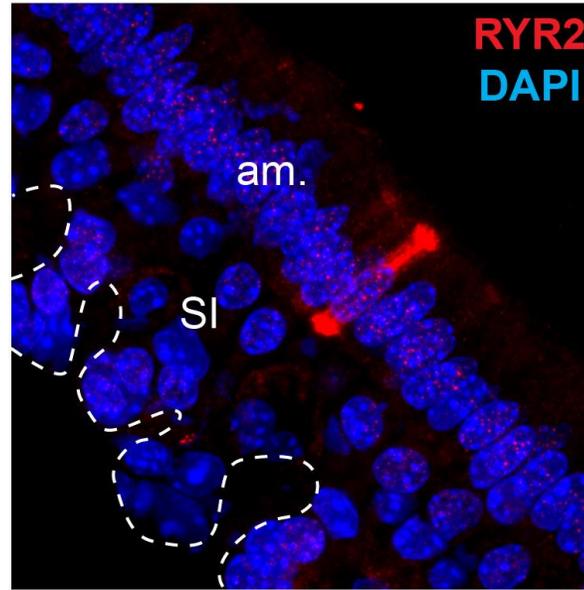


Cation channels  
Trpm6

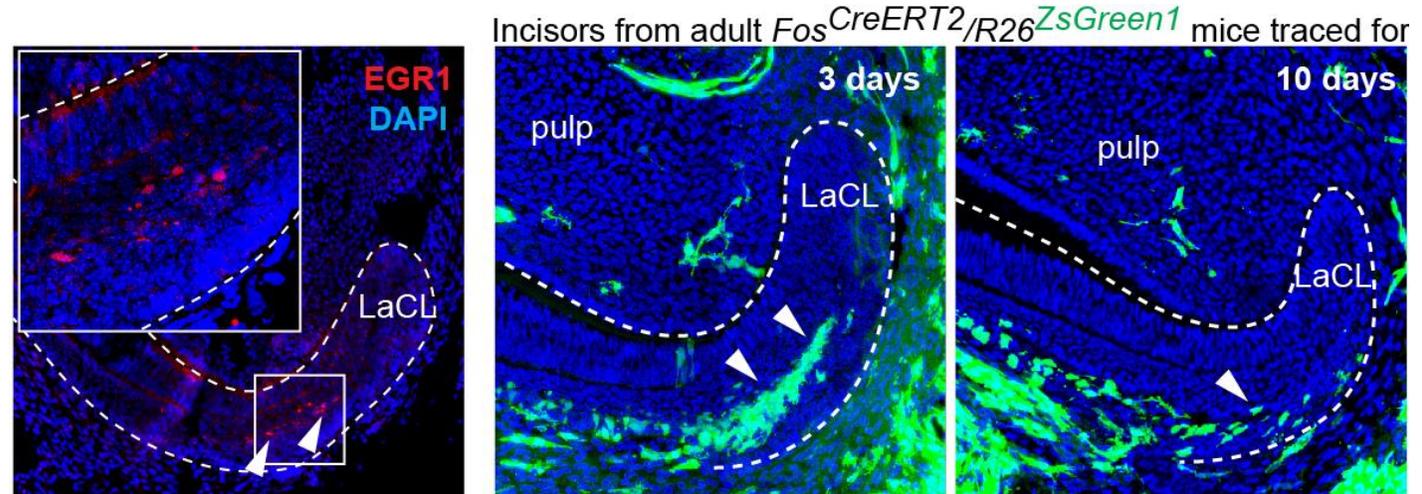
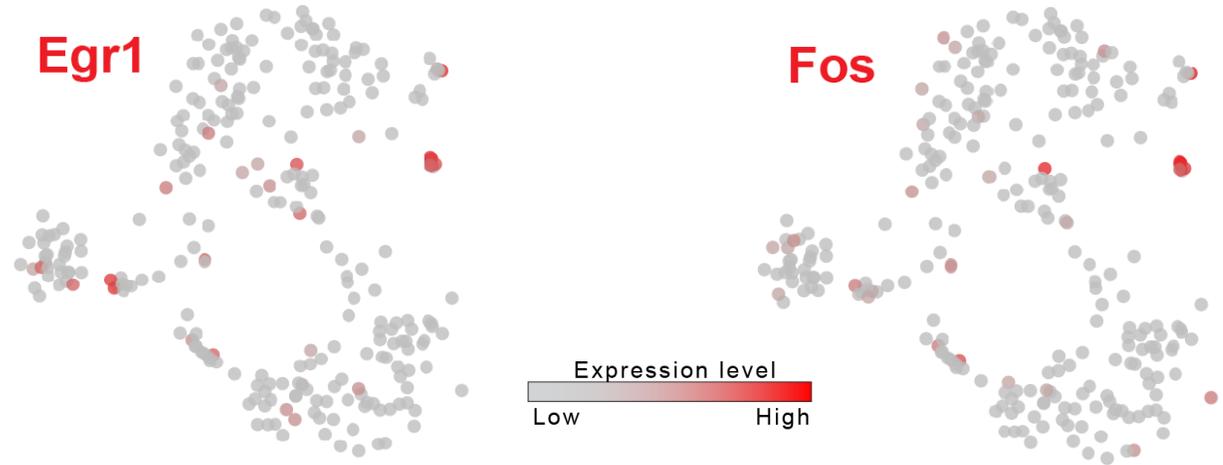
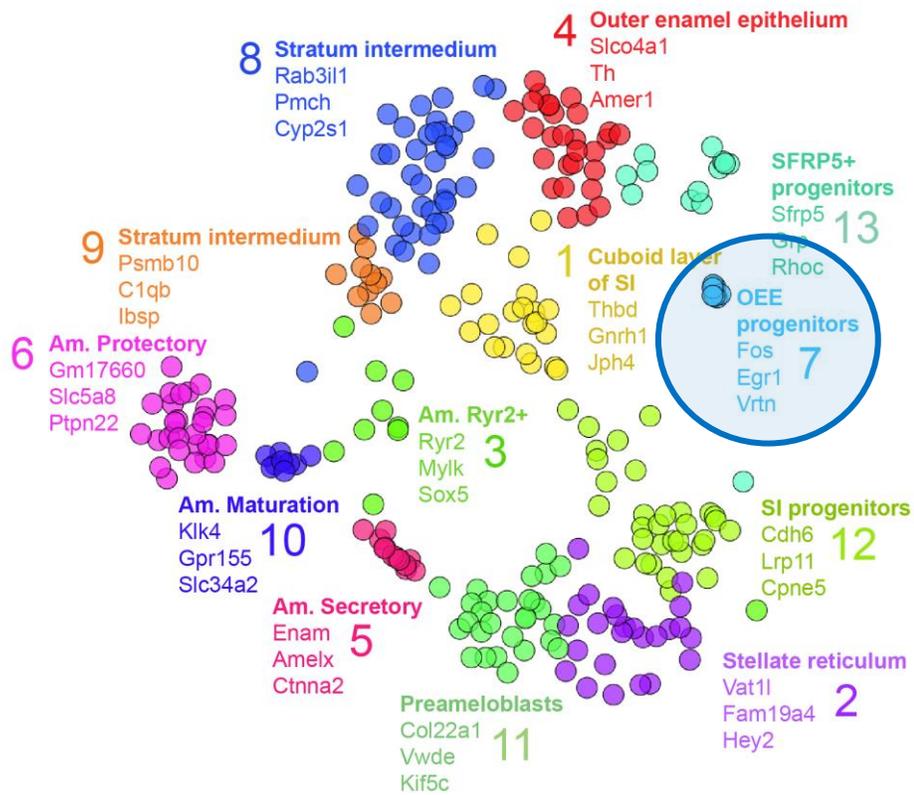
Piezo2, Trpm2, Trpm3,

Calcium-dependent genes

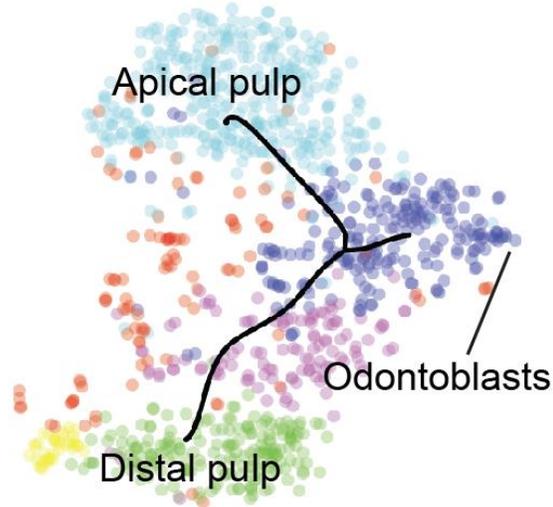
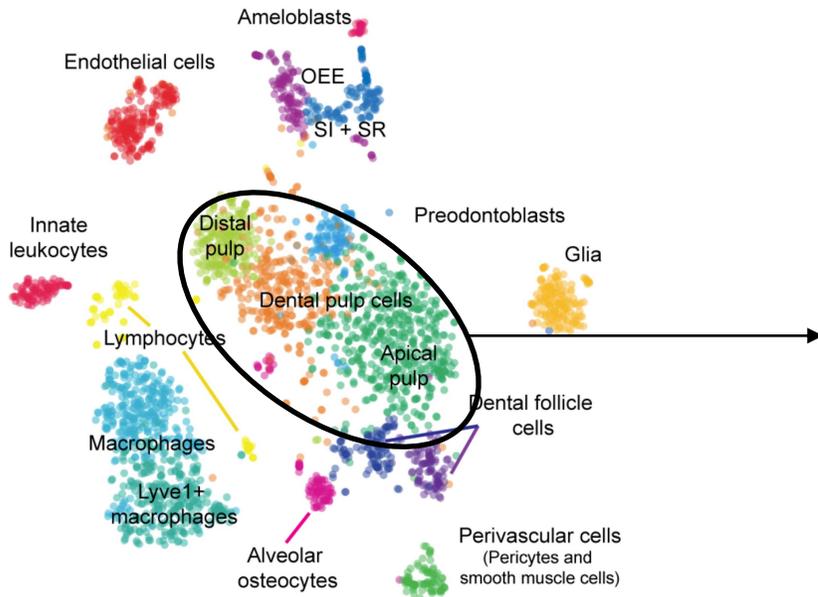
Itpr1, Ryr1, Ryr2



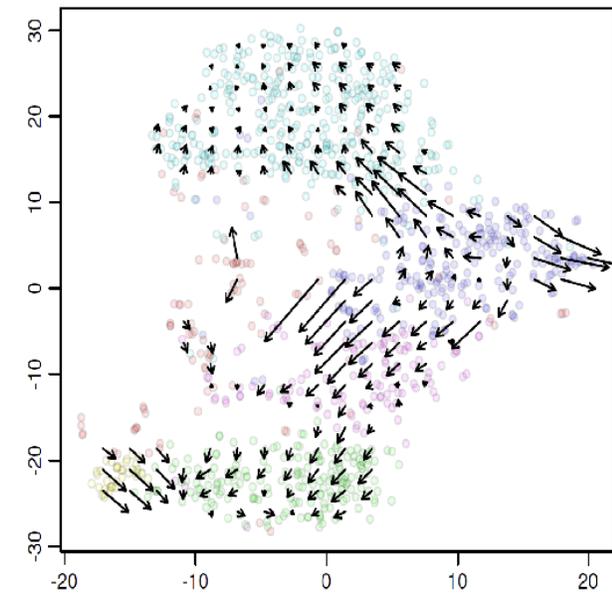
# OEE progenitors



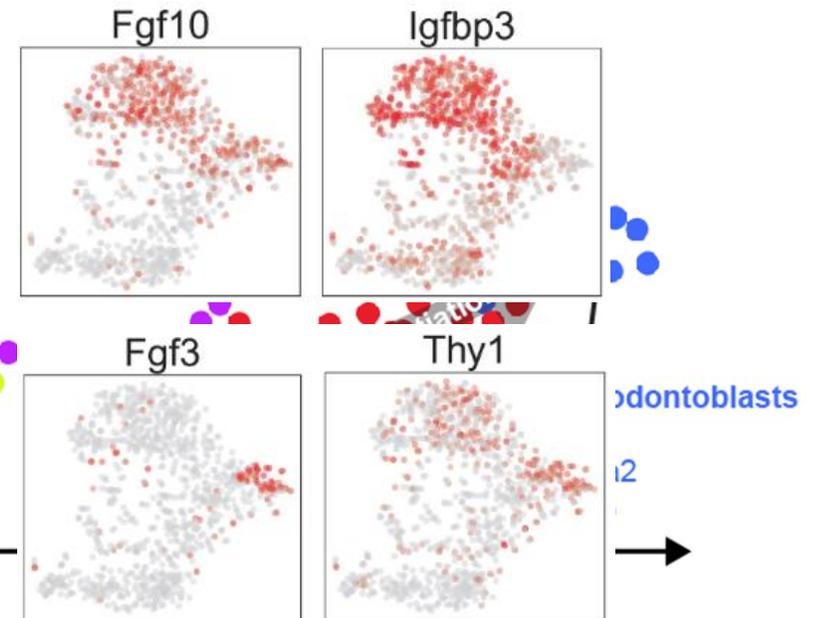
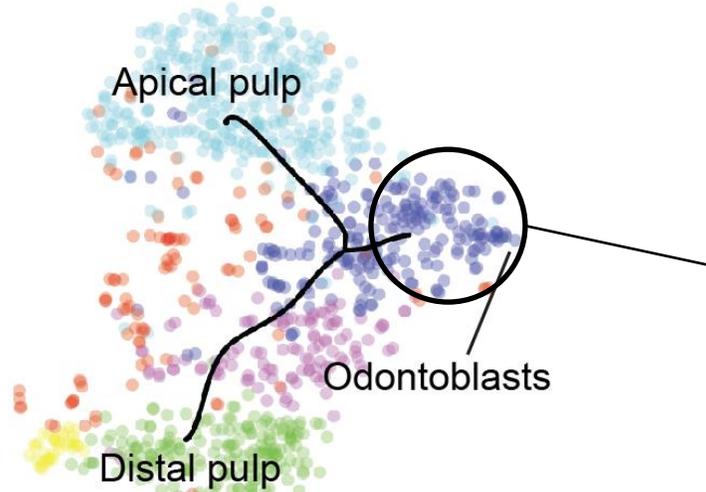
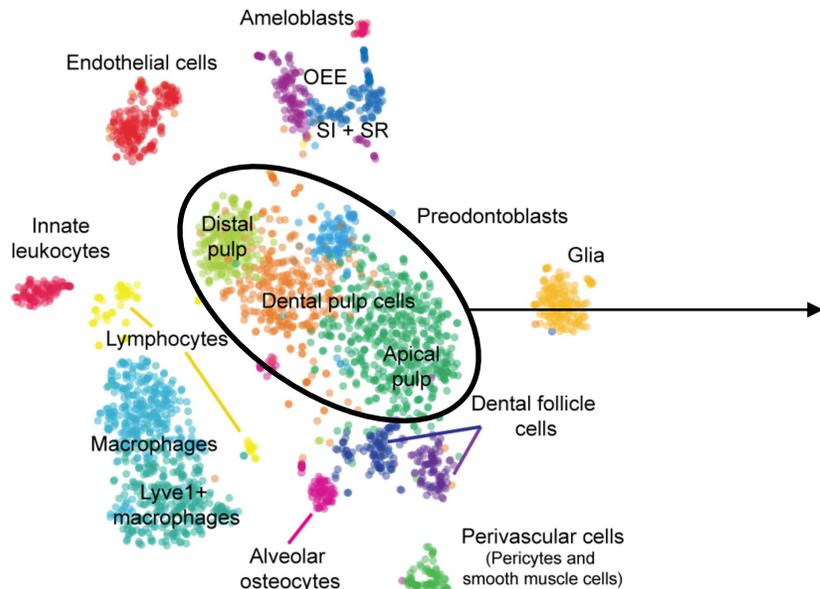
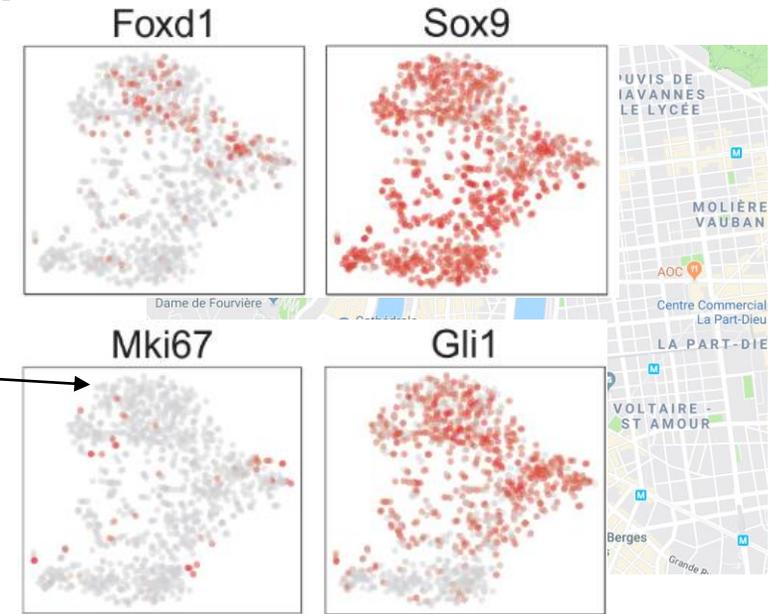
# Detailed analysis of the dental PULP



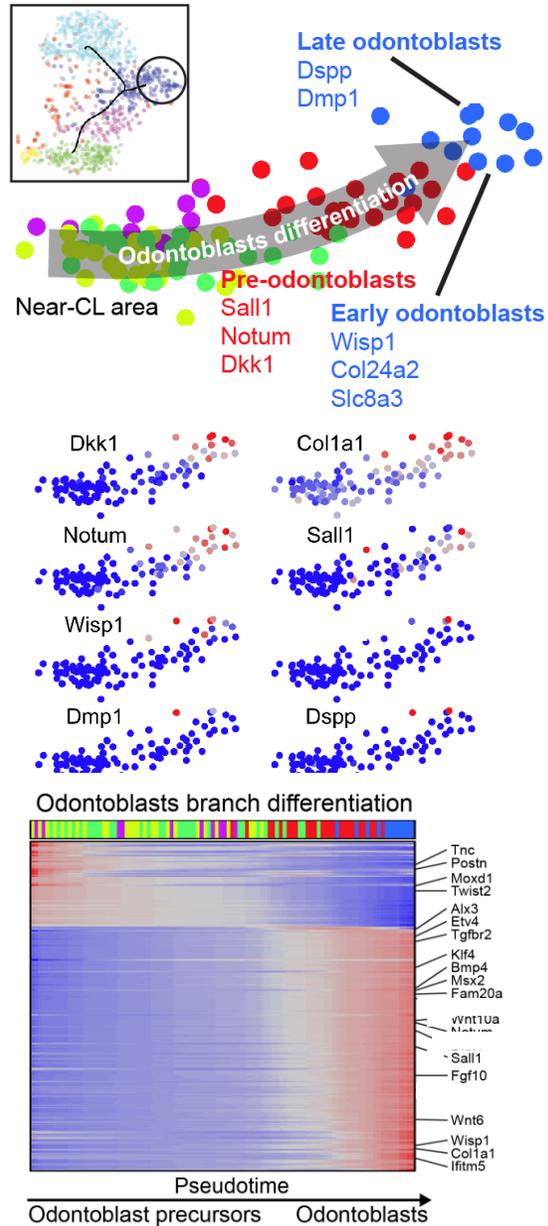
## RNA-velocity analysis



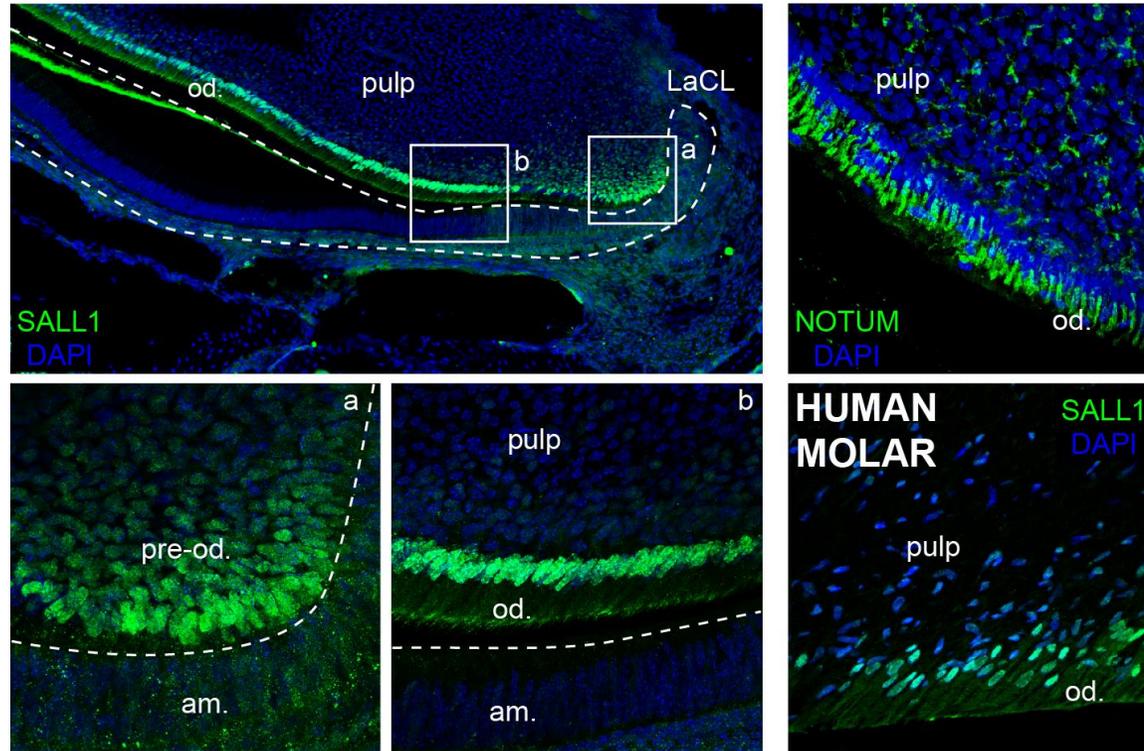
# Detailed analysis of the dental PULP



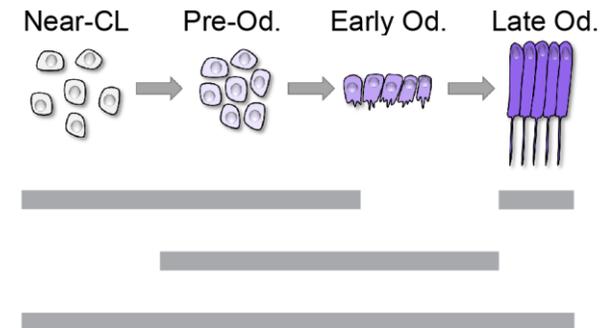
# Odontoblast branch analysis



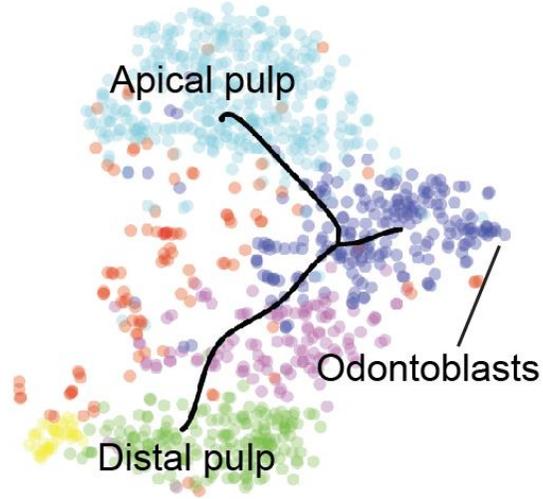
# Validation of identified odontoblast branch



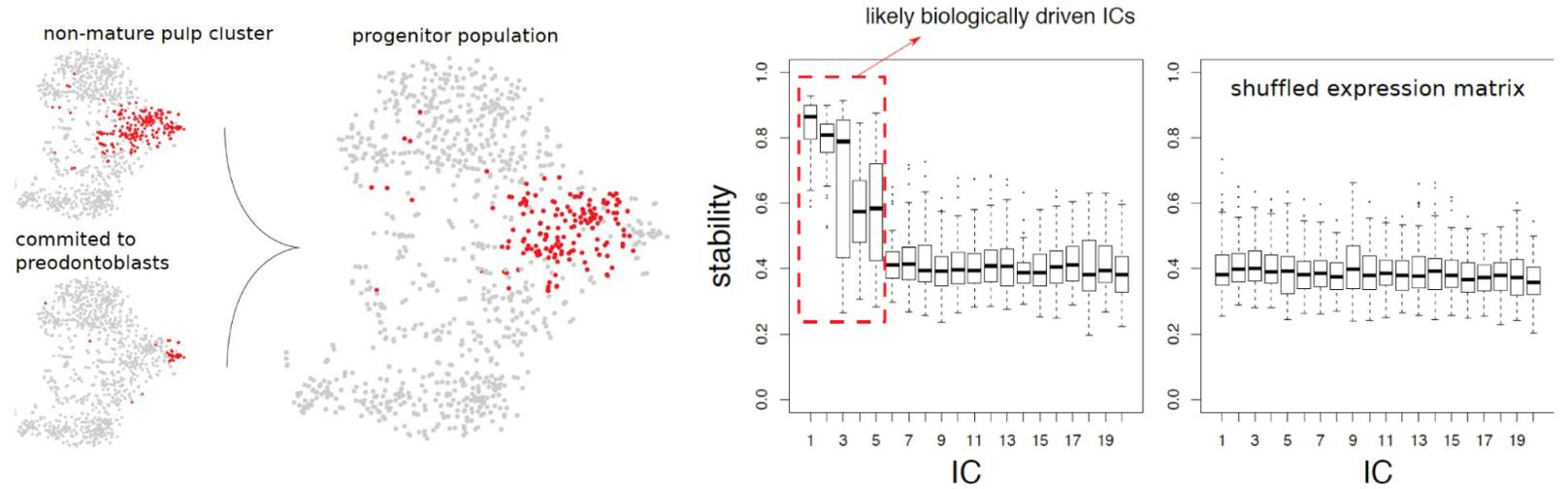
Building the map leading into **ODONTOBLAST** specification



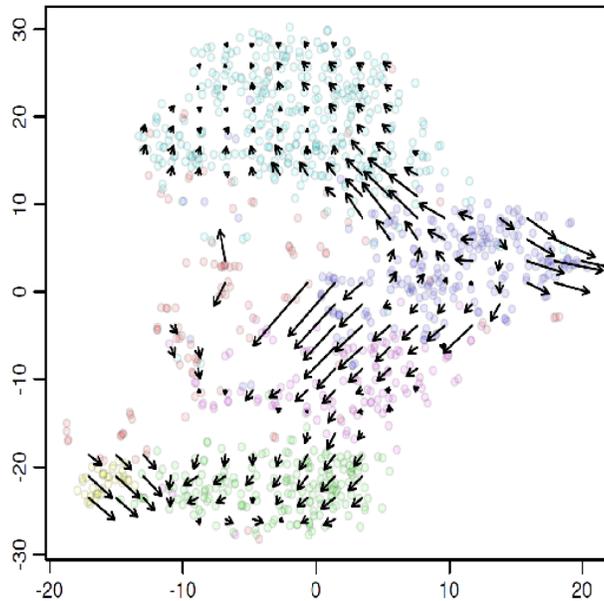
# Analysis of the developmental dynamics of the dental pulp



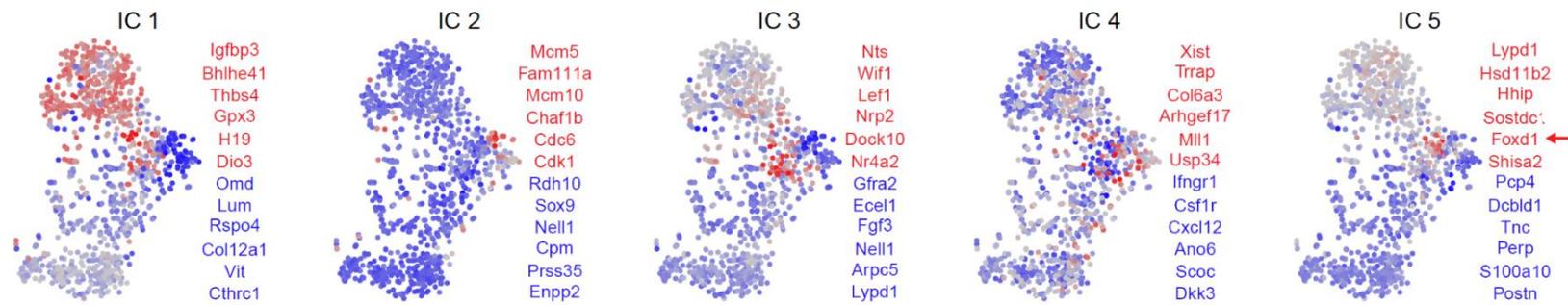
## Non-mature population selection



## RNA-velocity analysis

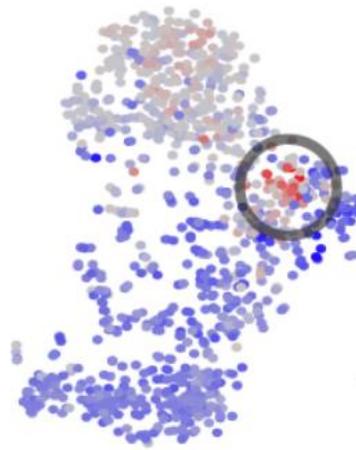


## Individual components analysis

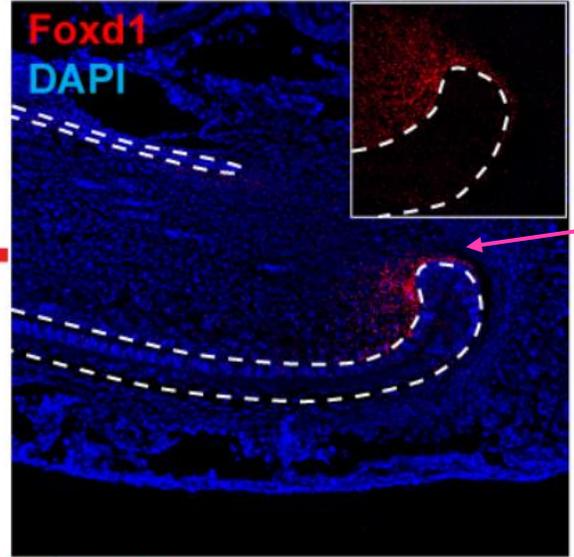


## Identification of FoxD1<sup>+</sup> stem cells

IC5



- Lypd1
- Hsd11b2
- Hhip
- Sostdc1
- Foxd1
- Shisa2
- Pcp4
- Dcbld1
- Tnc
- Perp
- S100a10
- Postn



Newly discovered population of mesenchymal cells in close proximity to the labial cervical tinge

**How to determine the function of newly described Foxd1+ cells in a continuously growing mouse incisor?**

# *In vivo* development monitoring



- **Direct observation**
- Simplicity, accuracy
- The method can only be used in transparent organisms – often used in invertebrates, fish or amphibians.

Classical model organisms: *D. rerio* or *C. elegans*

- **Use of cell-based dyes or extracellular matrix (e.g. Dil, Calcein)**
  - Relatively simple application
  - Non-specificity, need for precise handling, short-term marking (clearing, instability)

## **Marking with thymidine analogues (BrdU, EdU)**

- Monitor the activity of dividing cells
- The exact method can be used universally regardless of the model organism or the duration of application
- (limited to cells that currently synthesize DNA)

# *In vivo* development monitoring

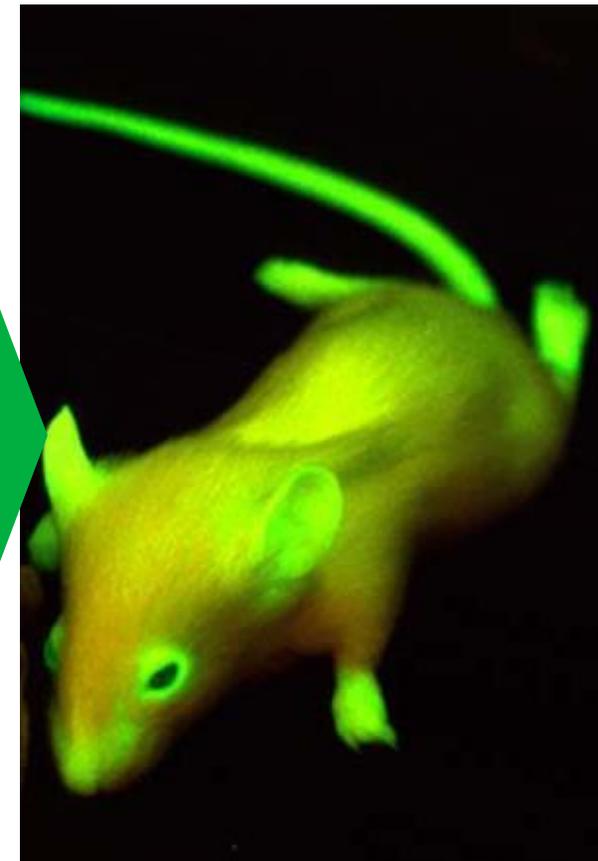
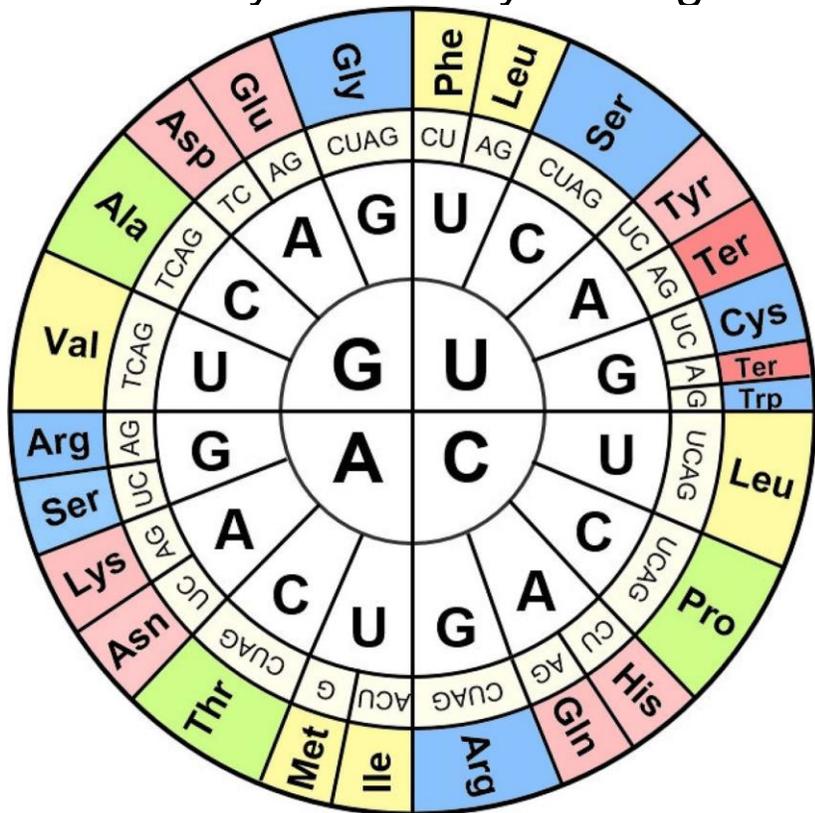
- **Genetic methods**
- Precise targeting, high specificity, very wide application possibilities, diversity, availability of many already prepared systems, variable use
- Disadvantages: Demanding and long-term preparation of new constructs
- 
- Various methods count among the genetic methods. Among the most widely used are:
- Cre/CreERT2
- Floxed
- TetON/TetOFF
- Cell barcoding

# Lineage tracing!

**Method allowing performing of controlled genetic changes in specific cells**

# Where did GFP come from??

- Genetic code is universal across species
- Possibility to form hybrid organisms – a basic prerequisite for genetic engineering

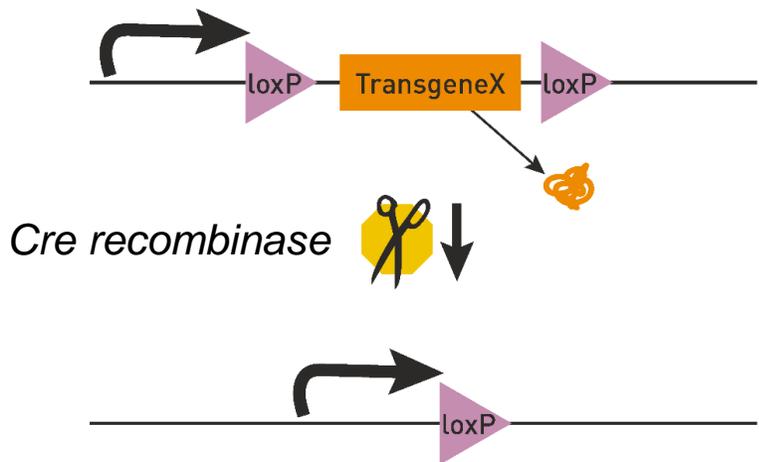


1



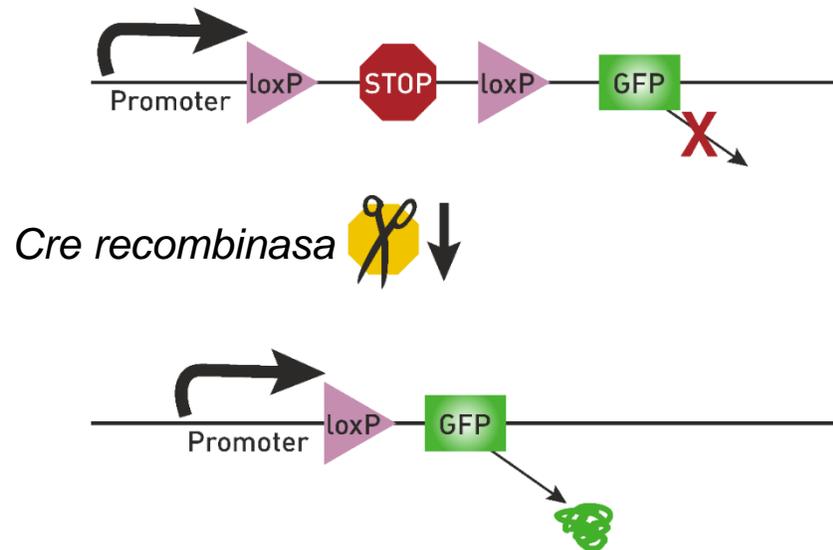
2

Cut out the (trans)gene bounded by LoxP in places



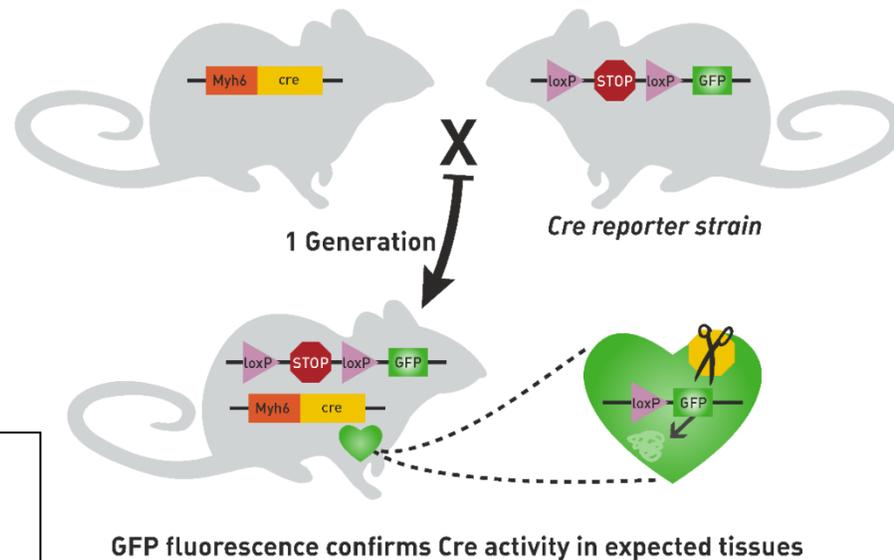
3

Cut out STOP sequences bounded by LoxP locations



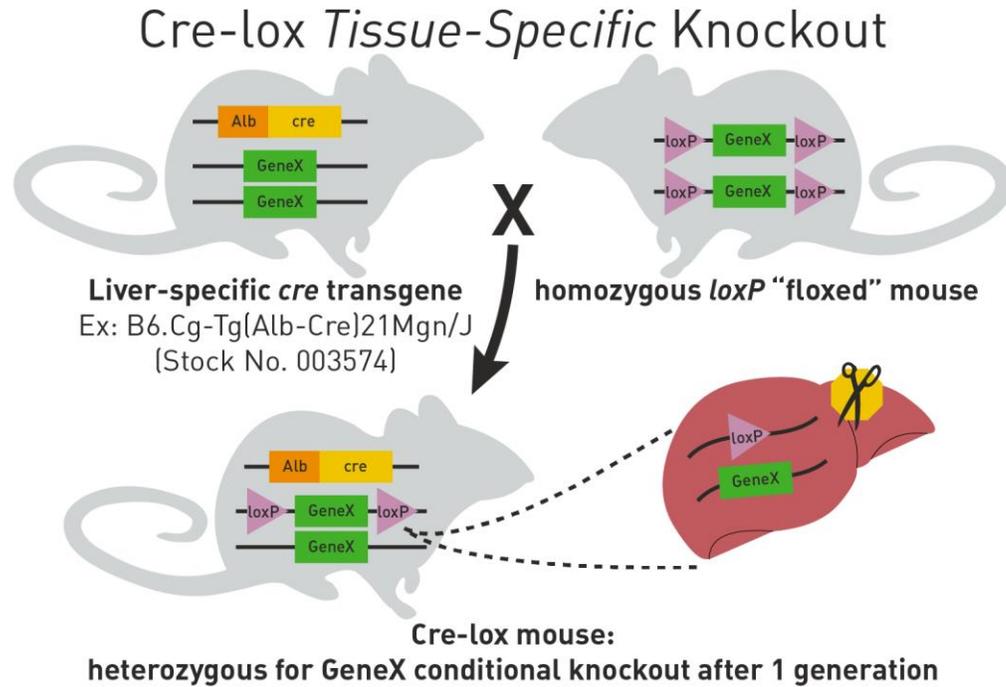
4

Tissue-specific expression of GFP

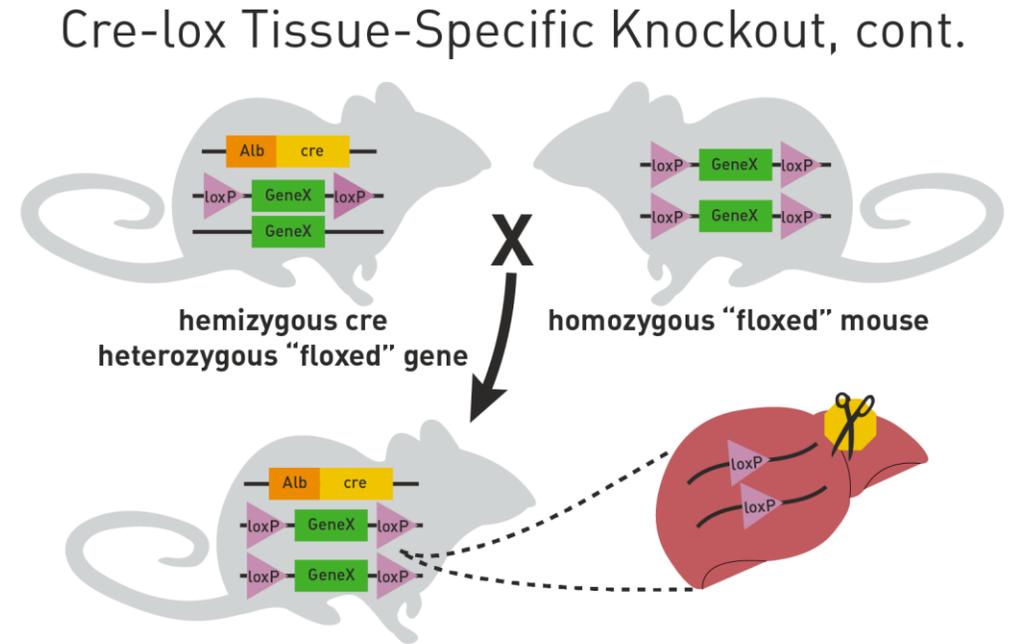


Blog Post | September 23, 2011

## Knockout in a heterozygous form



## Knockout in a homozygous form

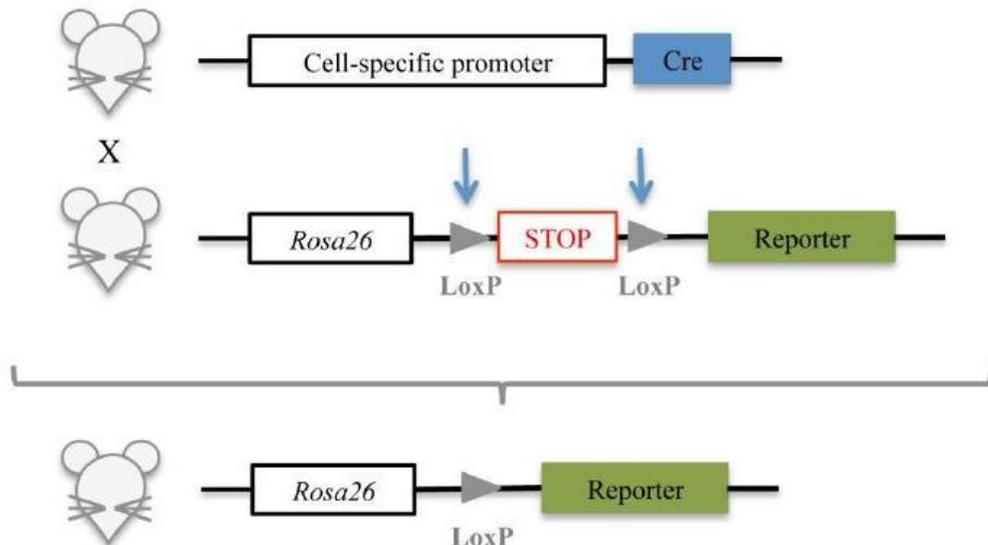


- Other transgenic organisms are obtained in the same way
- Mendelian inheritance

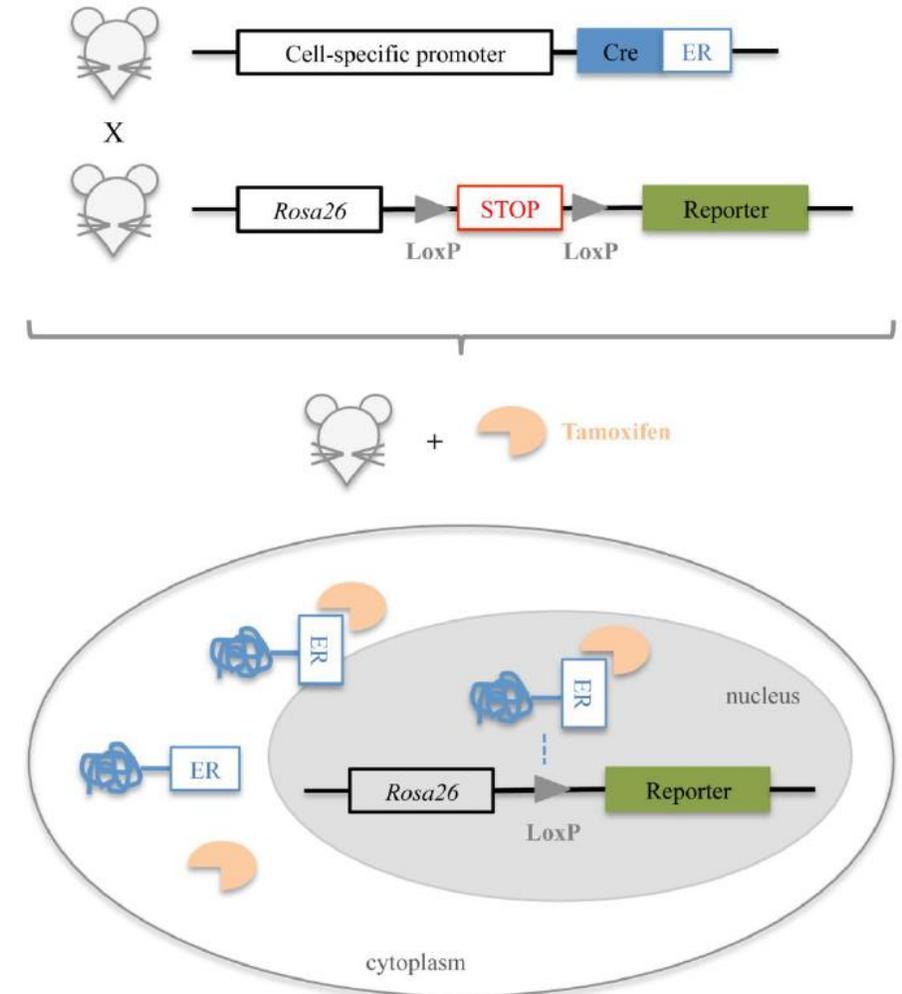
# Constitutional vs. Inducible System

In the constitutional system, stable genetic changes occur without the possibility of influencing them  
In an inducible system, we can initiate genetic change - time

## Constitutional



## Inducible

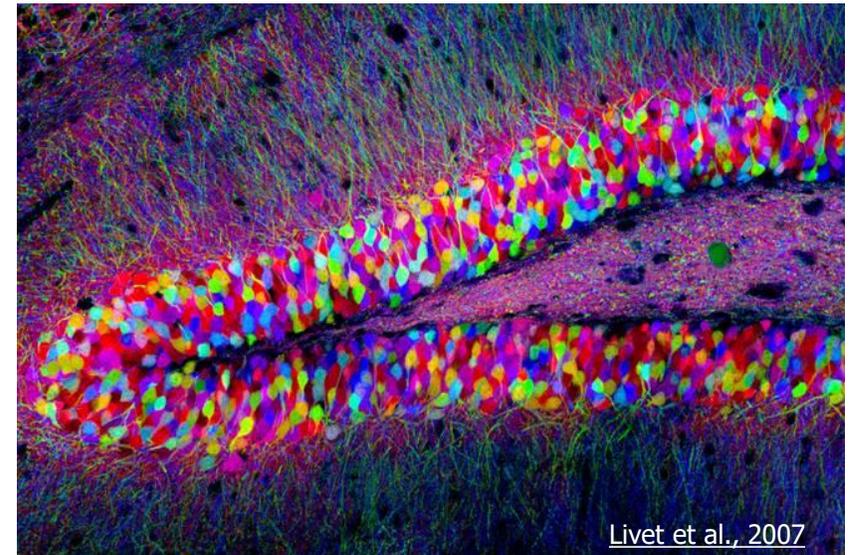
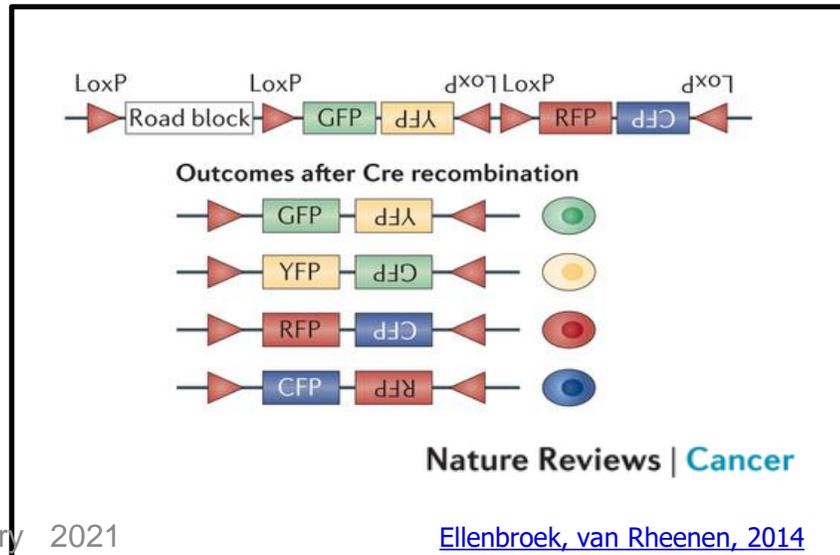


# Multi-color systems

- The transgene contains multiple genes encoding different fluorescent proteins
- These fluorescent proteins are randomly expressed
- Possibility of clonal genetic tracing

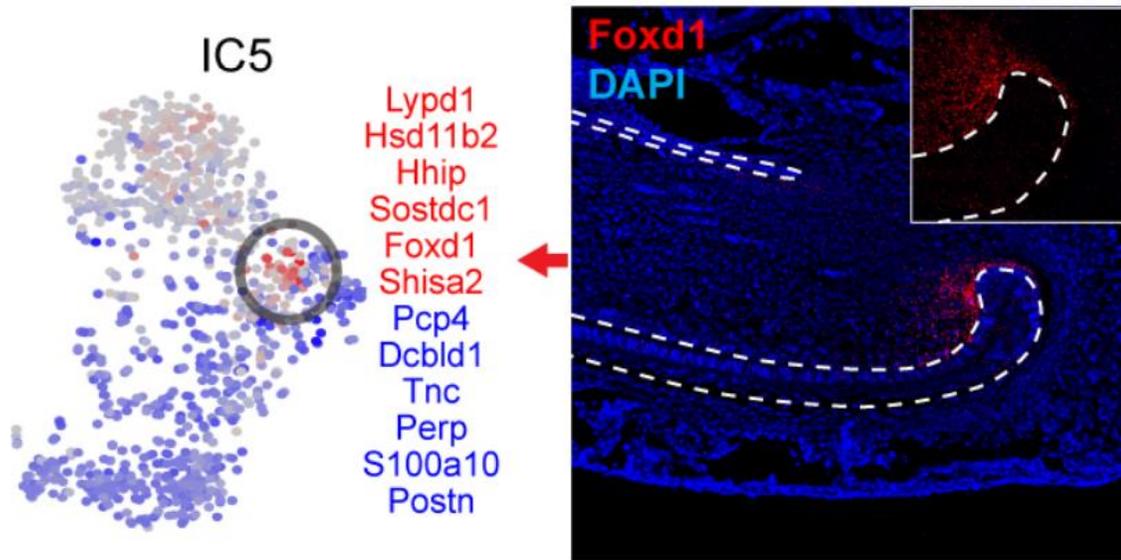


## Confetti (Brainbow 2.1)



# Practical use

Identification of FoxD1<sup>+</sup> stem cells



Use of *Foxd1*<sup>CreERT2</sup> mouse strain to map Foxd1<sup>+</sup> cells *in vivo*

Identification of a new type of dental mesenchymal stem cells!

# Modern 3D/4D imaging methods

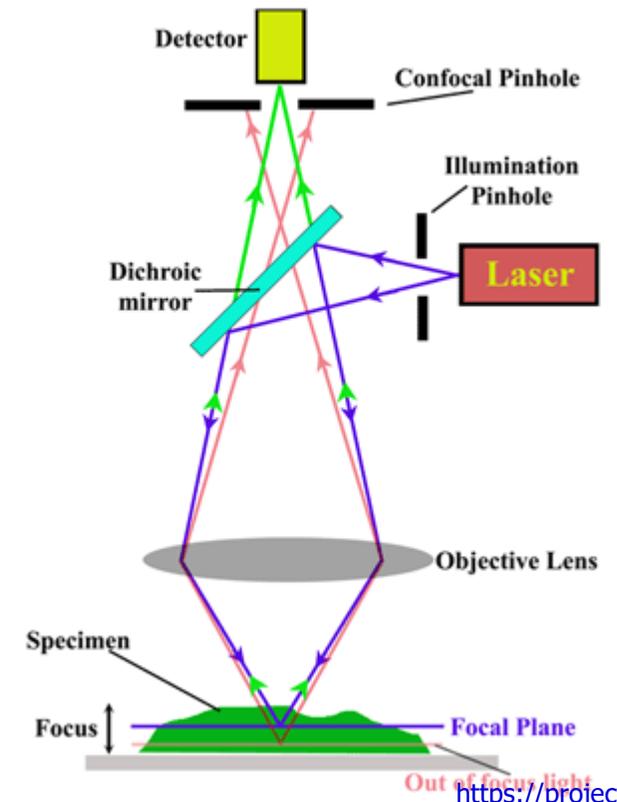
## Fluorescence-based display

- Confocal microscopy, Lightsheet microscopy, Live-imaging (time-lapse)
- Display using 3D electron microscopy
- FIB-SEM (Focused Ion Beam Scanning Electron Microscopy)
  - SEM + sectioning
  - TEM + tilt series
- Methods of computed tomography (CT)
  - microCT
  - nanoCT

# 3D/4D fluorescence-based display

## Confocal microscopy

- Use of lasers for excitation of fluorophores
- Detection of reflected light of a defined wavelength after passing through a pinhole - detection of light from only one "focused" plane
- Increasing the resolution of classical fluorescence microscopy
- Possibility to combine individual images into a 3D image
- Combination of different colors / fluorophores
- The limit of resolution depends on the wavelength of light itself (maximum resolution is half the wavelength)

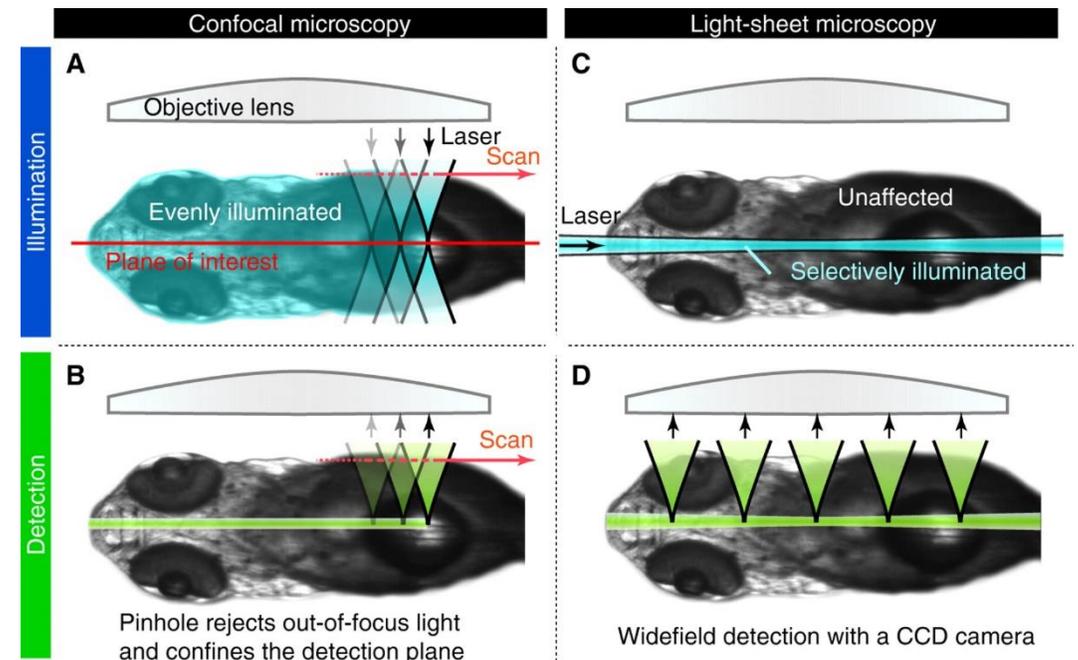


# 3D/4D fluorescence-based display

## ▪ Lightsheet microscopy

- Same principles as for confocal microscopy
- The excitation laser (s) illuminate the sample from the side at an angle of  $90^\circ$
- Possibility to use two lasers - increased speed (reduced phototoxicity)
- Possibility to rotate the sample during scanning

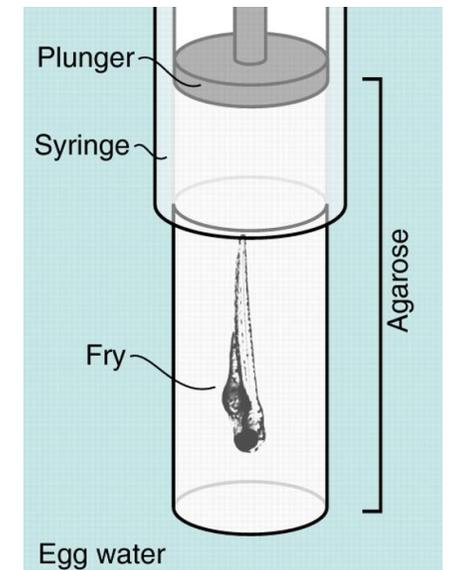
Both confocal and Lightsheet microscopy enable time-lapse scanning - a **necessity** for monitoring developments over time.



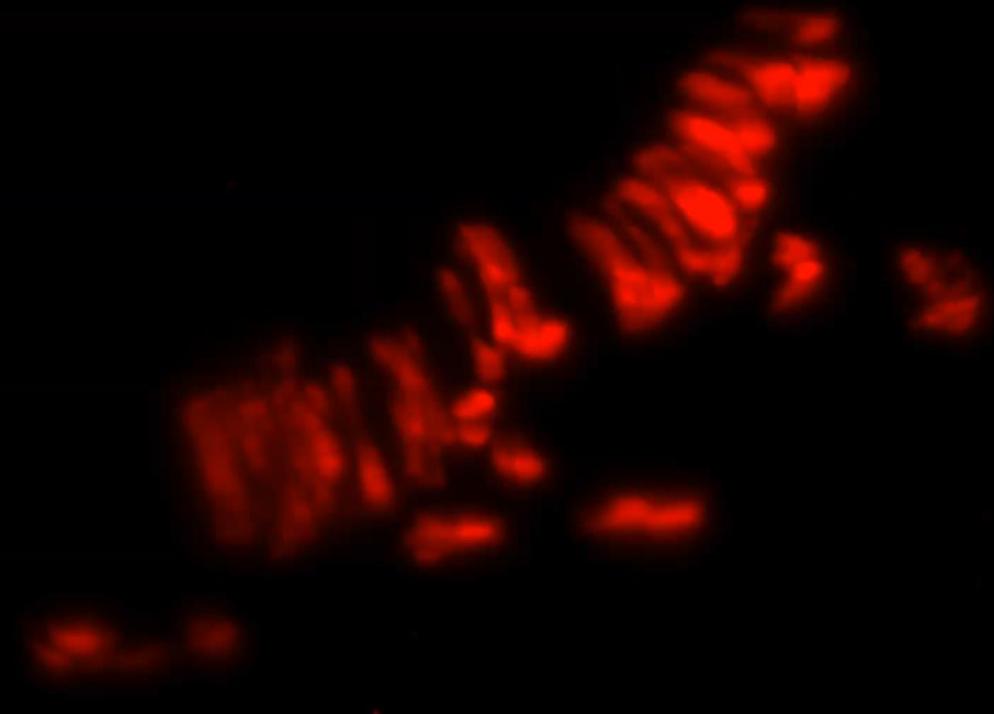
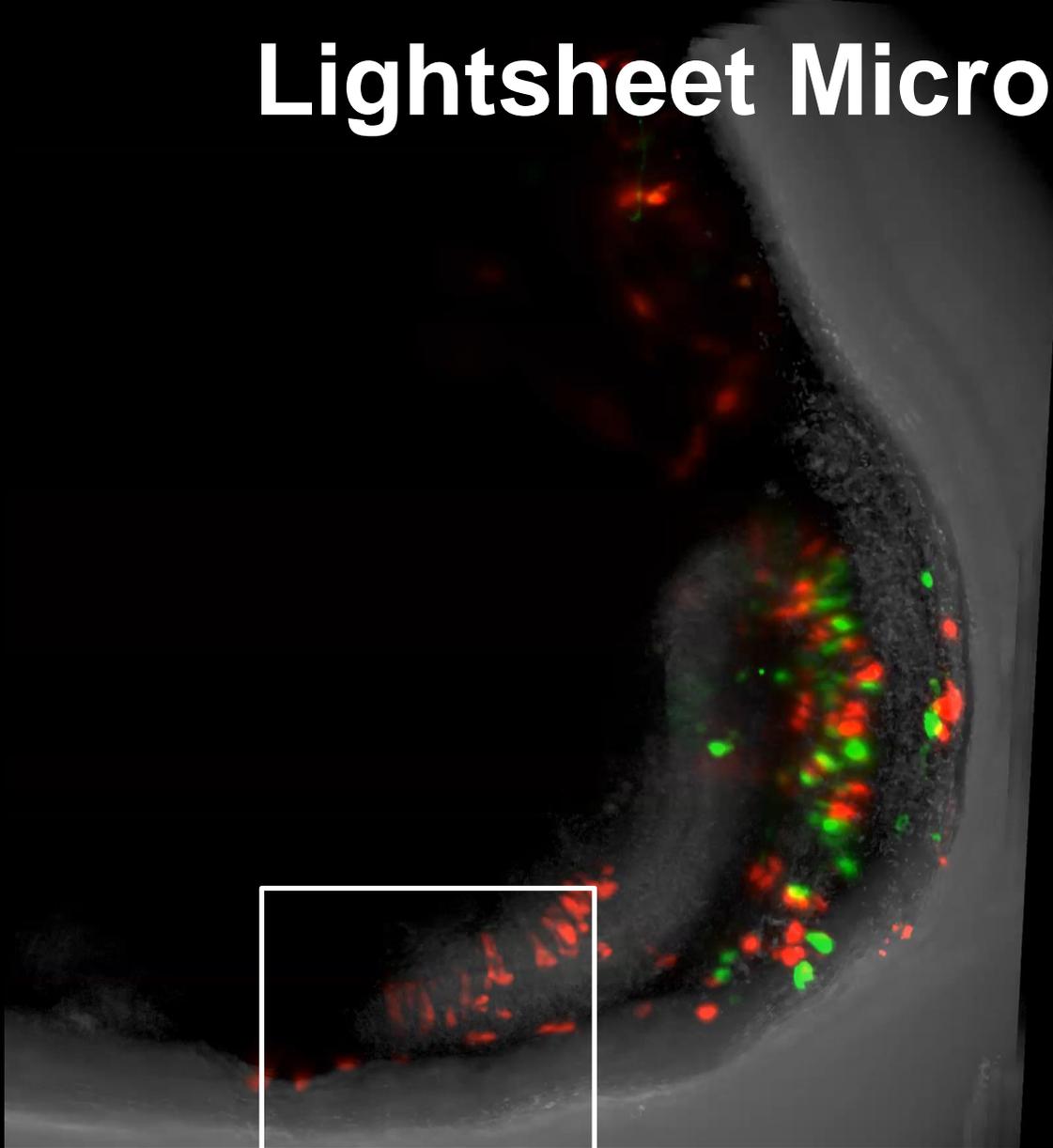
# 3D/4D fluorescence-based display

## Examples of the use of Lightsheet microscope:

- Calcium release in brain: <https://youtu.be/lppAwkek6DI>
- Zebrafish development: <https://youtu.be/-WaseO2Vw5Q>
- Zebrafish development: <https://youtu.be/yk7TWOtrphM>
- Beating heart: <https://youtu.be/bQ4GWJ7F7eU>
- Adult mouse brain: <https://youtu.be/-QJIBQkDH00>

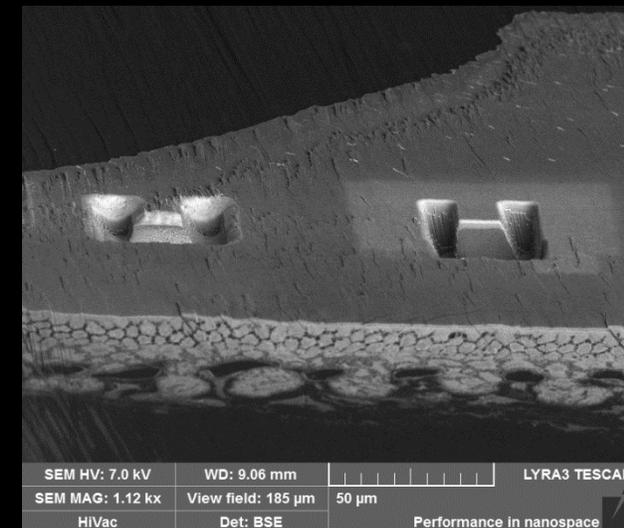
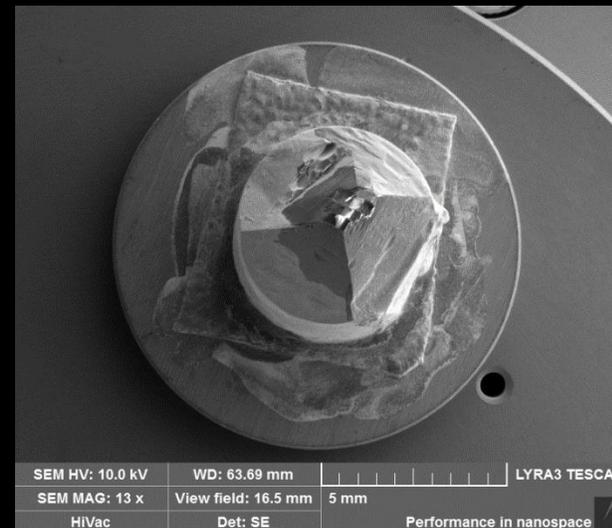


# Lightsheet Microscopy (live imaging)

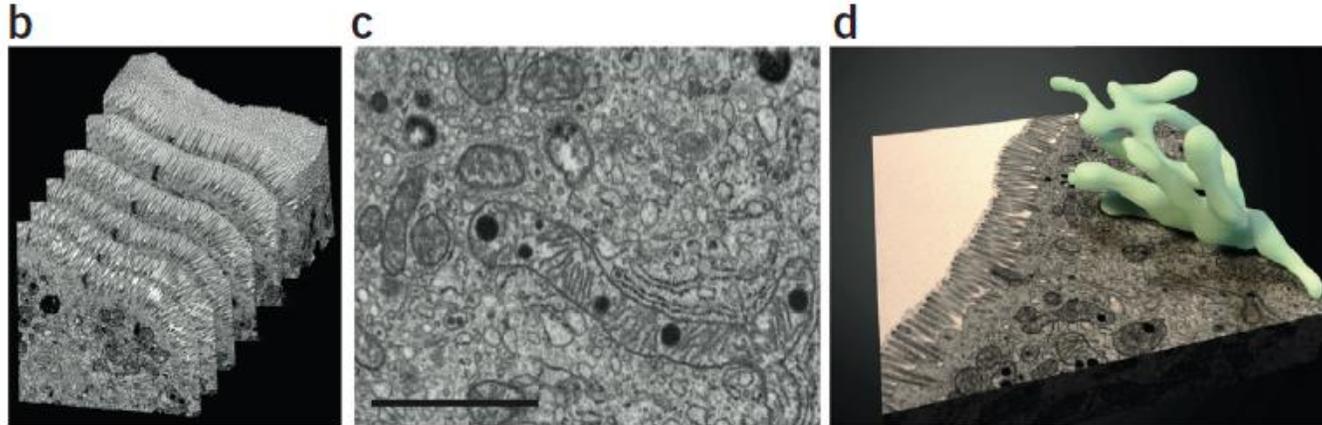
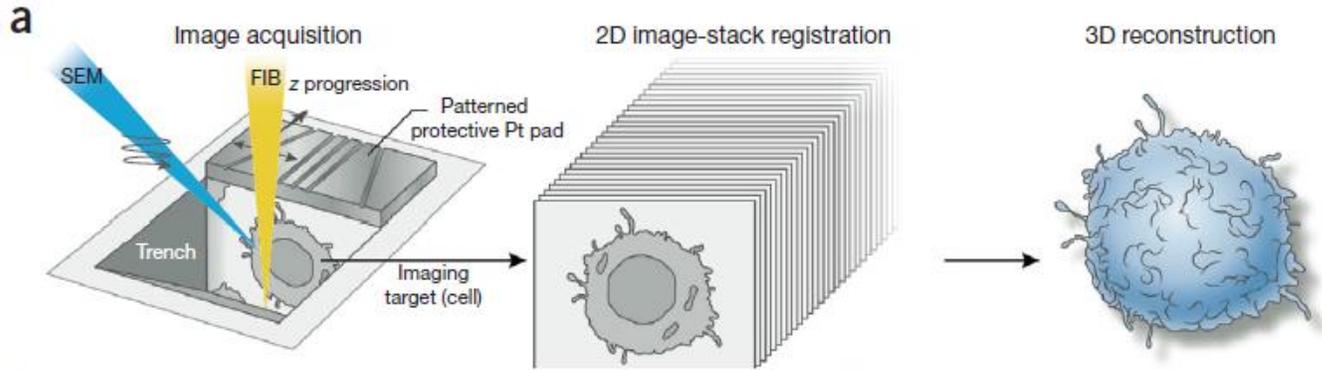


# 3D electron microscopy

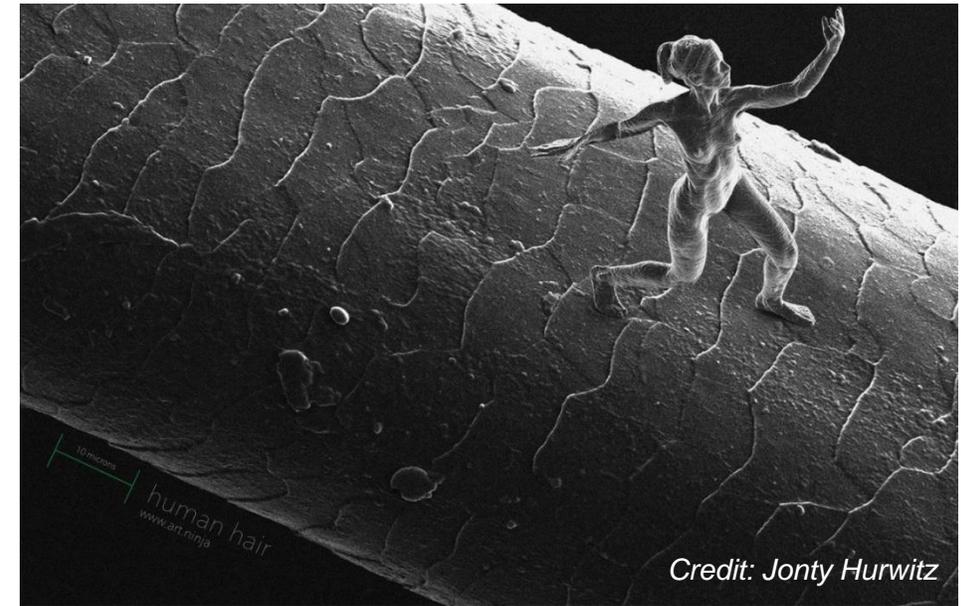
- **FIB-SEM** (Focused Ion Beam Scanning Electron Microscopy)
  - Use of focused ion (Gallium, Xenon) beam for precise cutting of thin slices of the sample in combination with scanning electron microscopy
  - It enables high resolution at the SEM level, including subsequent 3D reconstruction
  - Demanding sample preparation, long scanning time, high cost, technically demanding process
  - The sample is completely destroyed during scanning, tracking objects over time is impossible



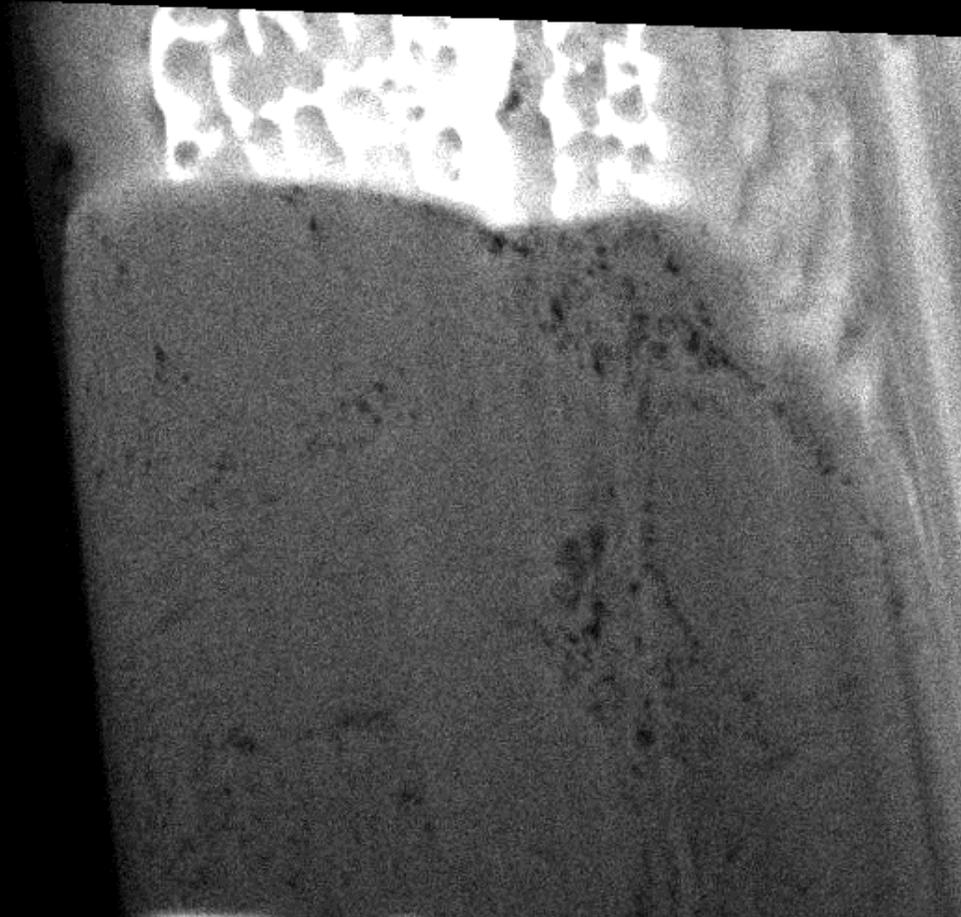
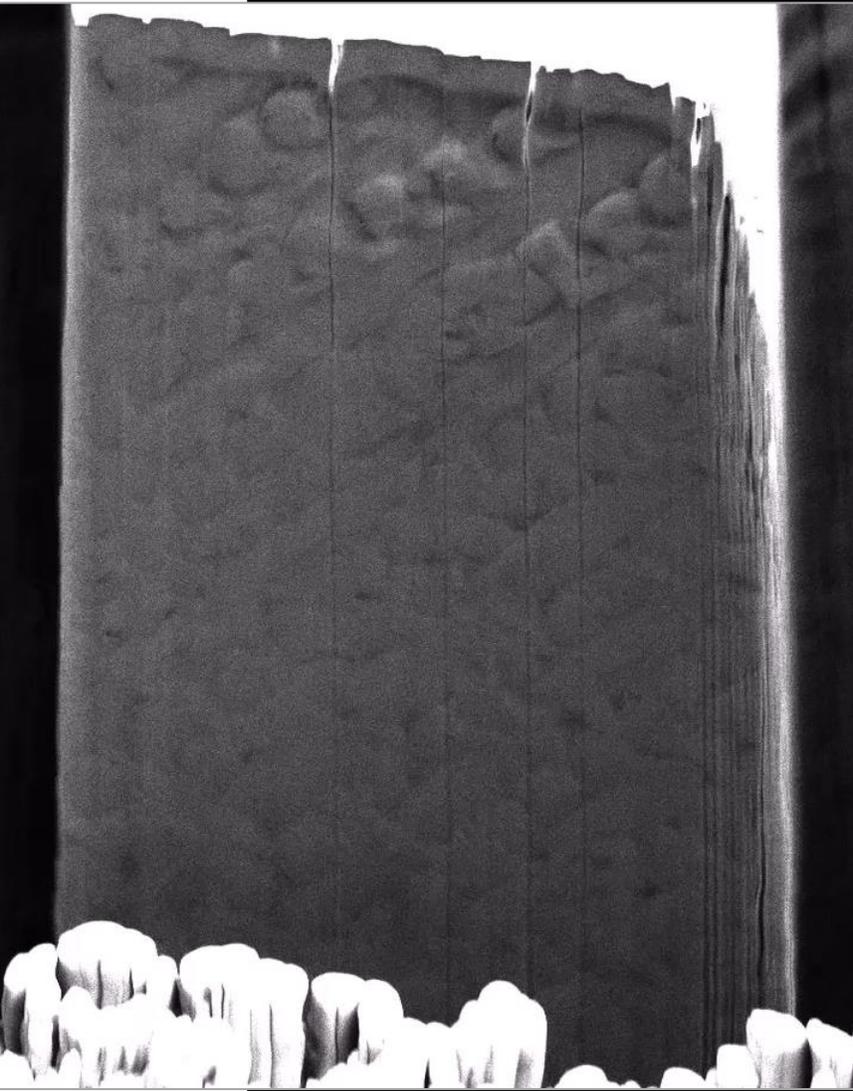
# FIB-SEM



[Narayan et Subramaniam, 2015](#)



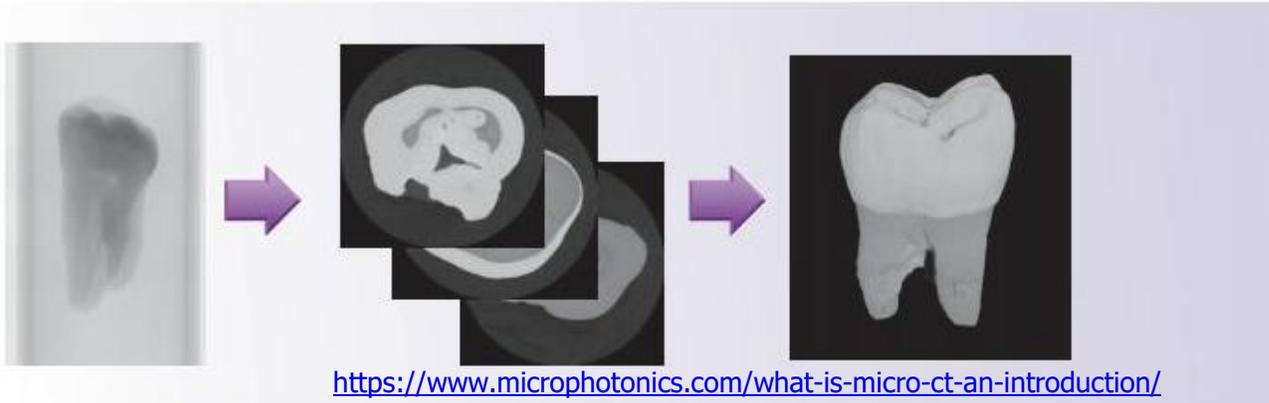
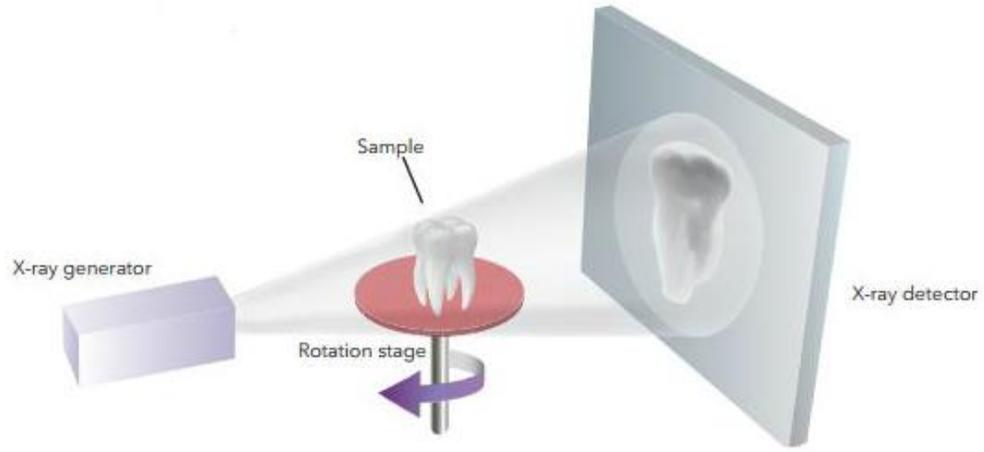
# FIB-SEM



# Methods of computed tomography (CT)

- Use of computed tomography technique with adaptation to small samples (microCT / nanoCT)
- X-rays in combination with sample rotation
- Displaying 3D sample structure
- A routinely used technique for hard tissue imaging
- Various contrast techniques must be used when soft tissue imaging is required
- Inability to track objects over time, samples are fixed

# $\mu$ CT



# Abbreviations used

- FACS - Fluorescence-activated cell sorting, Fluorescenčně-řízené třídění buněk
- LaCL - Labial Cervical Loop, Labiální cervikální klička
- LiCL - Lingual Cervical Loop, Linguální cervikální klička
- scRNA-seq - single-cell RNA-sequencing, sekvenování mRNA na úrovni jednotlivých buněk
- tSNE - T-distributed Stochastic Neighbor Embedding
- OEE - Outer Enamel Epithelium, vnější sklovinný epitel
- (BrdU, EdU) - Bromodeoxyuridine, 5-ethynyl-2'-deoxyuridine
- GFP - Green Fluorescent Protein, Zelený Fluorescenční protein
- FIB-SEM - Focused Ion Beam – Scanning Electron Microscopy
- TEM - Transmisní Elektronová Mikroskopie
- CT - Computed Tomography ( $\mu$ CT, micro computed tomography)
- Pokemon - Poketto Monsutá – kapesní příšerky

# Odonogenesis - use of alternative model organisms

**doc. RNDr. Marcela Buchtová, Ph.D.**

Institute of Experimental Biology

Faculty of Science, Masaryk University Brno

# Laboratory of Molecular Morphogenesis

Marcela Buchtová (IAPG CAS/Section of Animal Physiology and Immunology, MU)

- Development of craniofacial structures and causes of related malformations
- Comparative odontogenesis
- The role of stem cells in the development of teeth
- Pathogenesis of squamous cell carcinoma, odontogenic tumors and cysts in the oral cavity

# Odontogenesis

## Content

- Comparative odontogenesis (traditional vs. non-traditional model organisms, their advantages and disadvantages)
- Morphogenesis and regulation of the development of replacement generations of teeth
- Causes of reduction of the development of surrogate generations in some model organisms with emphasis on cellular and molecular processes

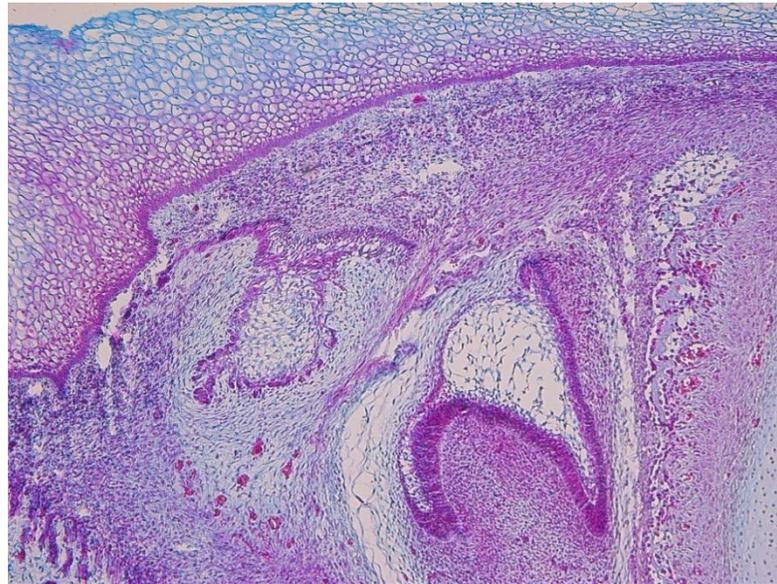
# Number of generations of teeth

- Monophyodont dentition
- Diphyodont dentition
- Polyphyodont dentition

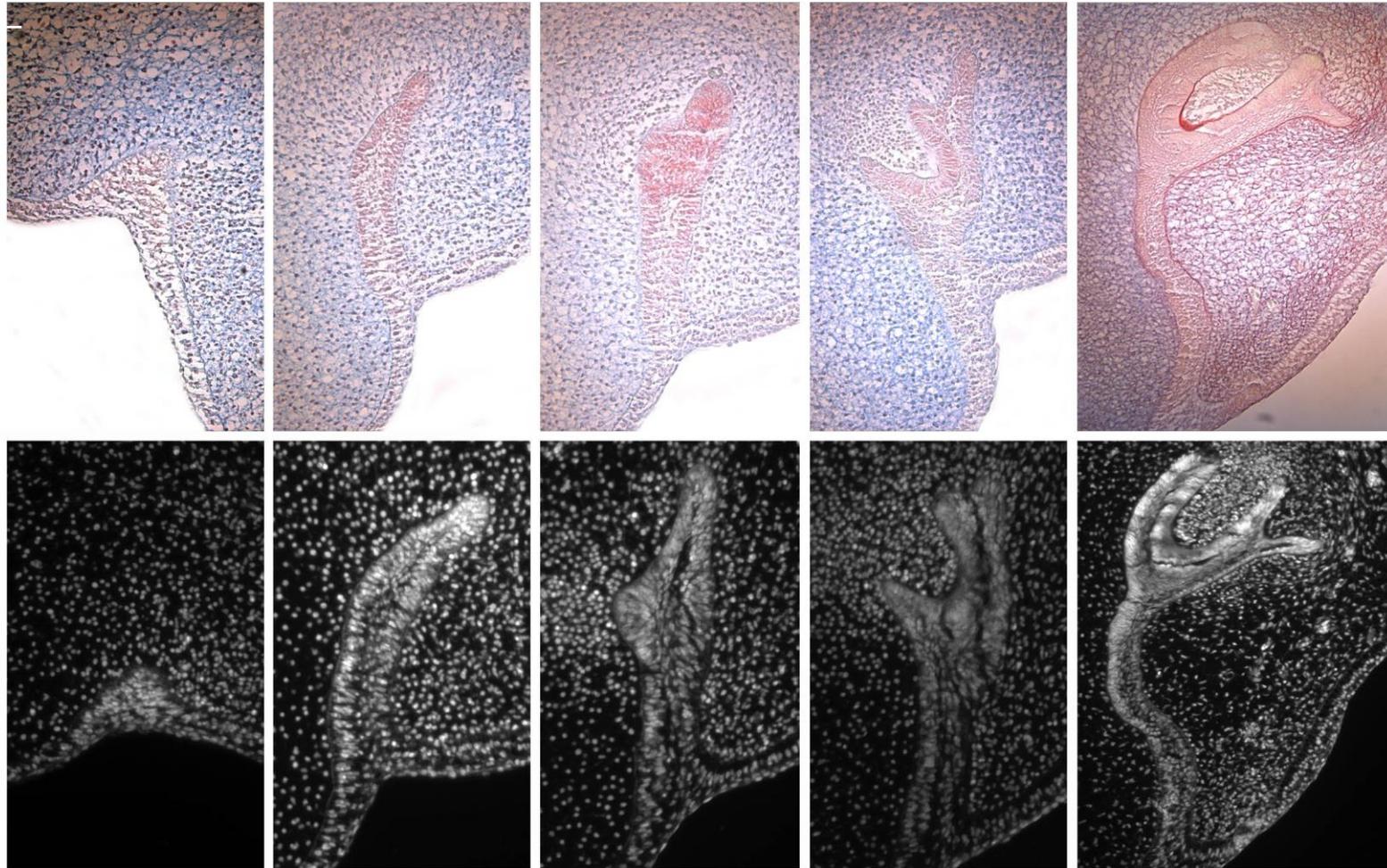


# What is the basis for the formation of replacement generations of teeth?

- dental lamina - species-specific differences in size, duration

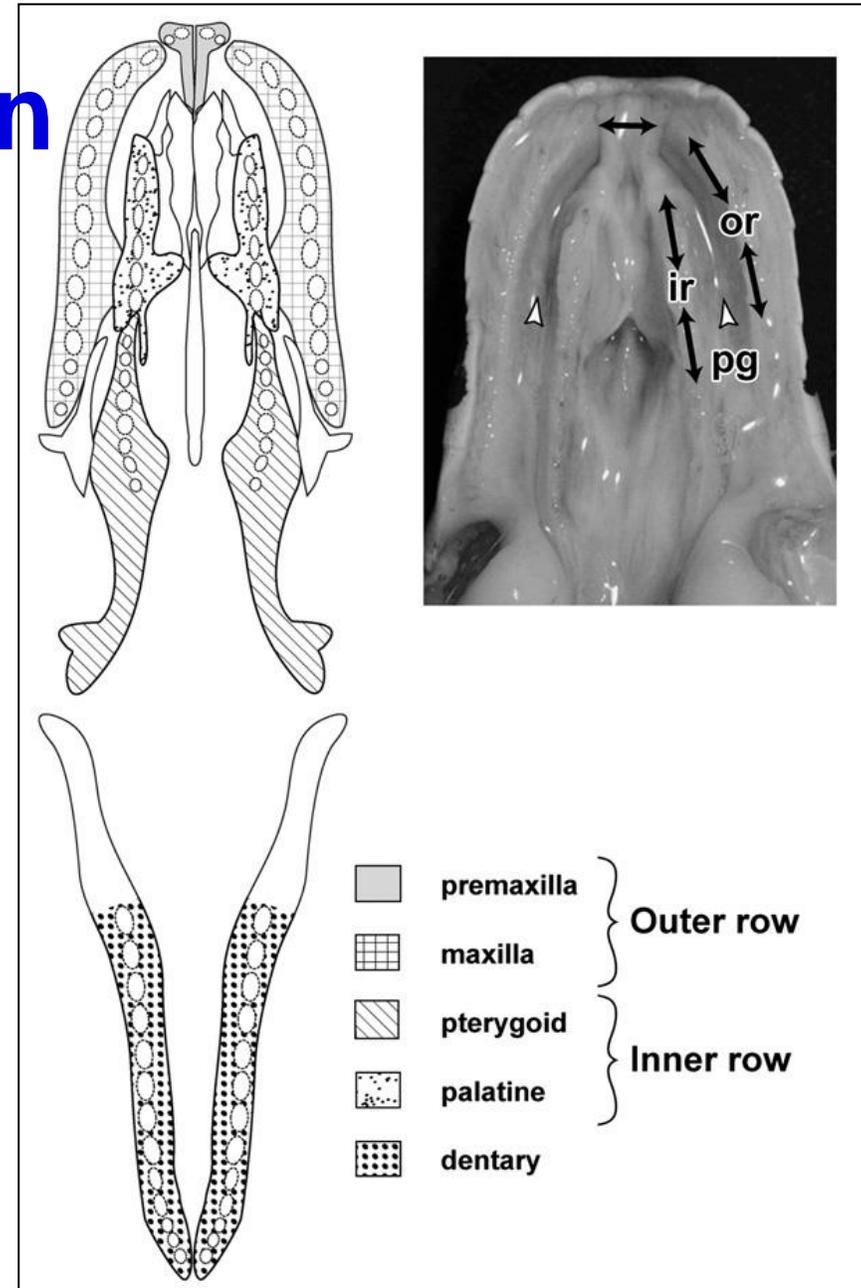
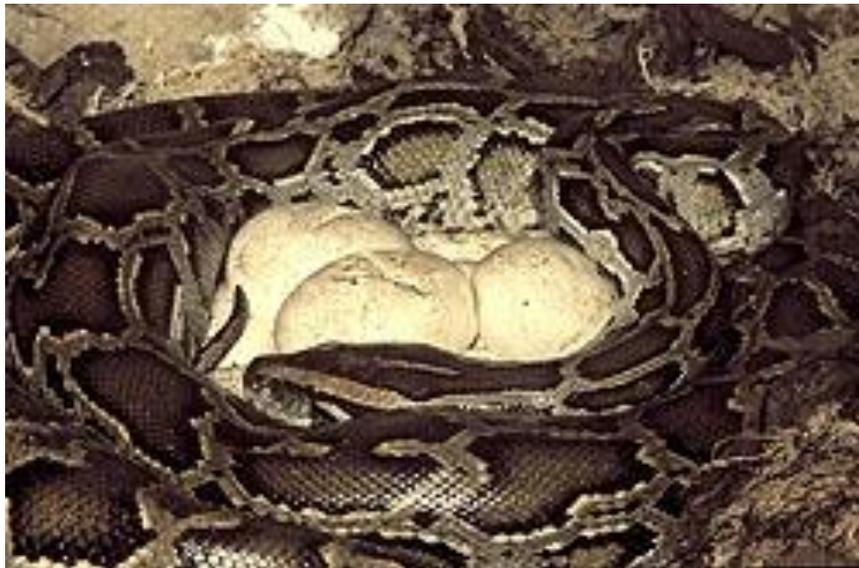


# Dental lamina is formed of thickened epithelium

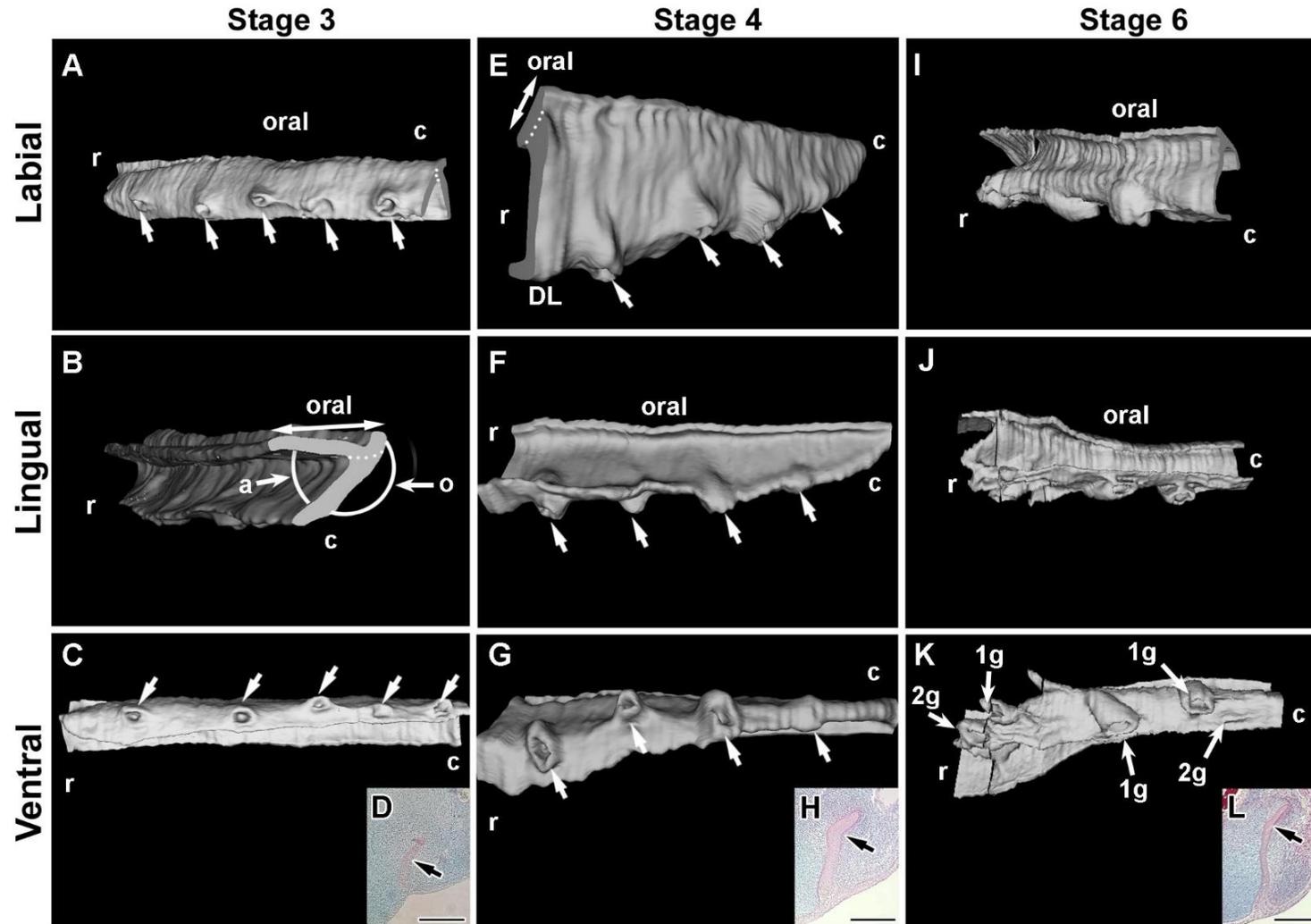


# Polyphyodontic dentition

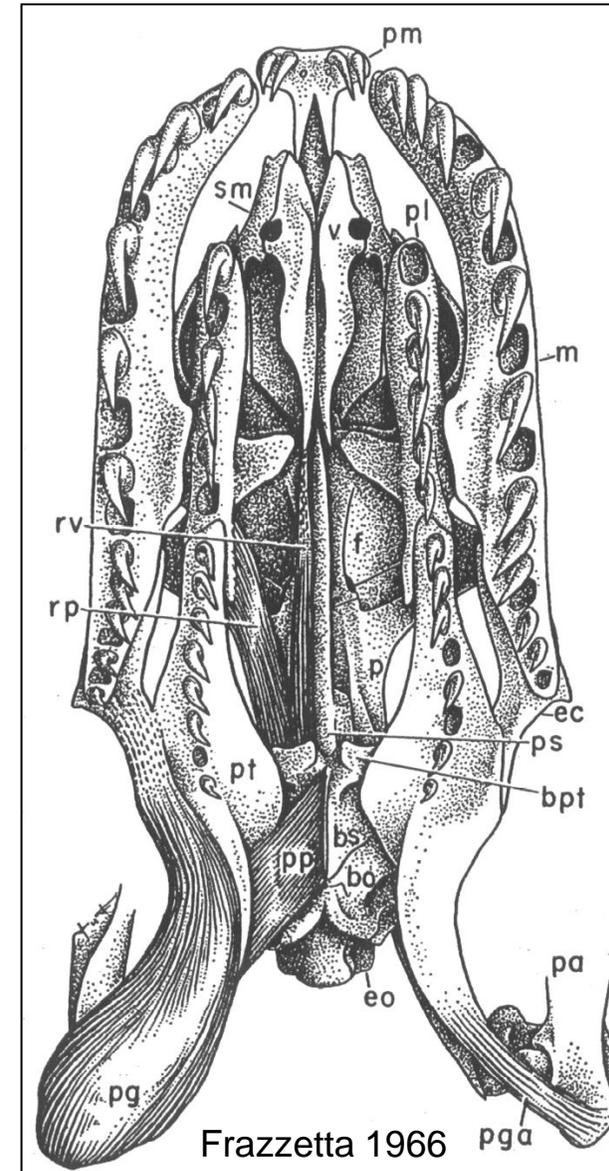
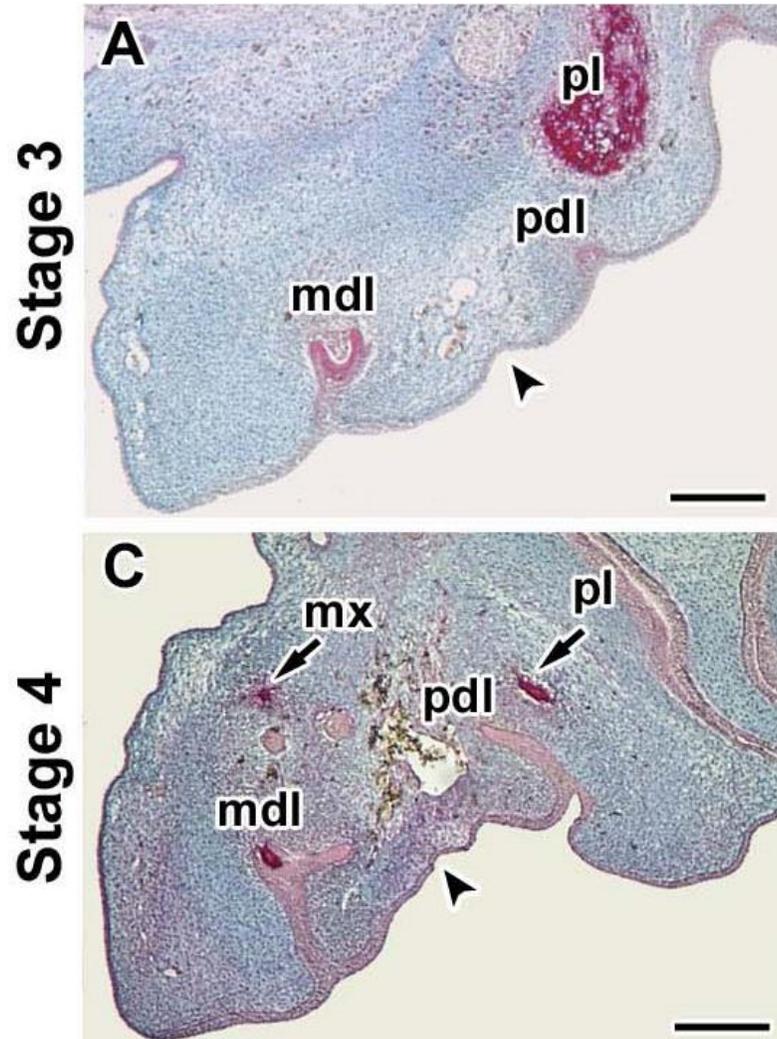
– Homodont dentition



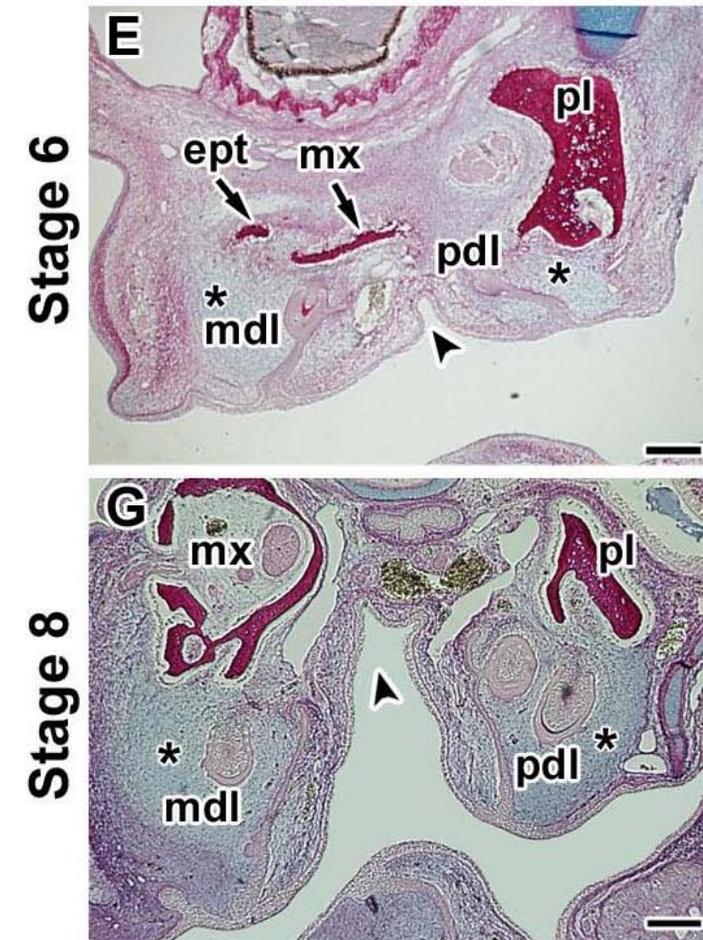
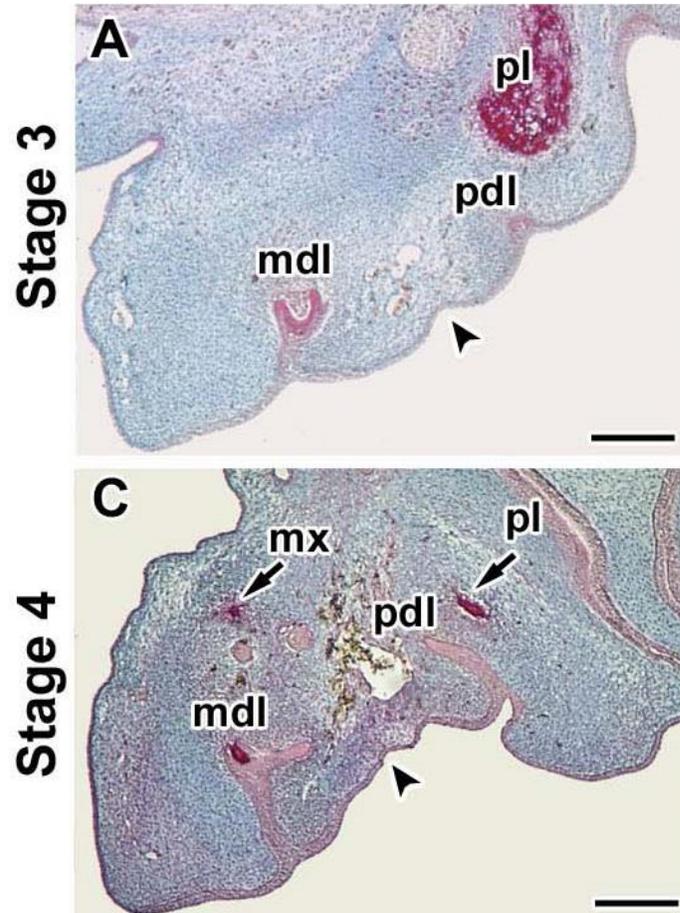
# Dental lamina – continuous structure along the jaw



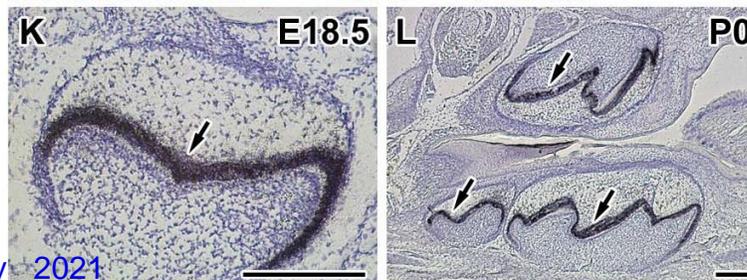
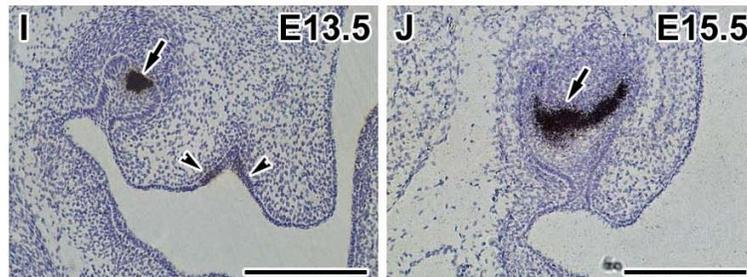
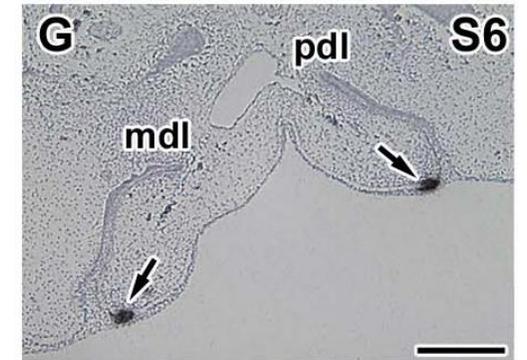
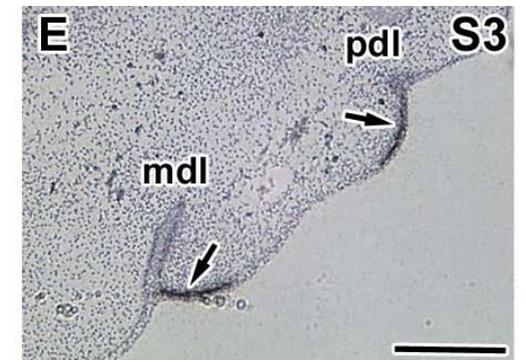
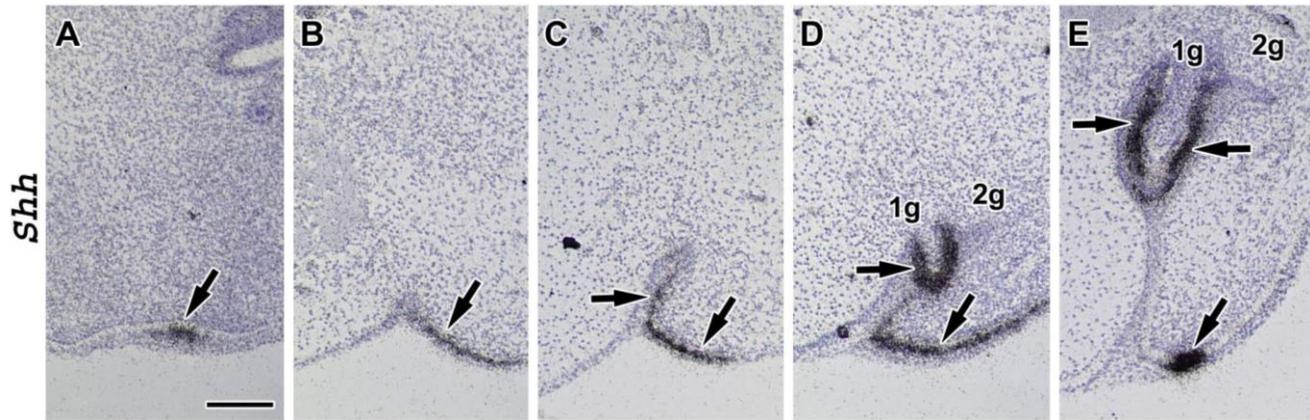
# External vs. internal dental line



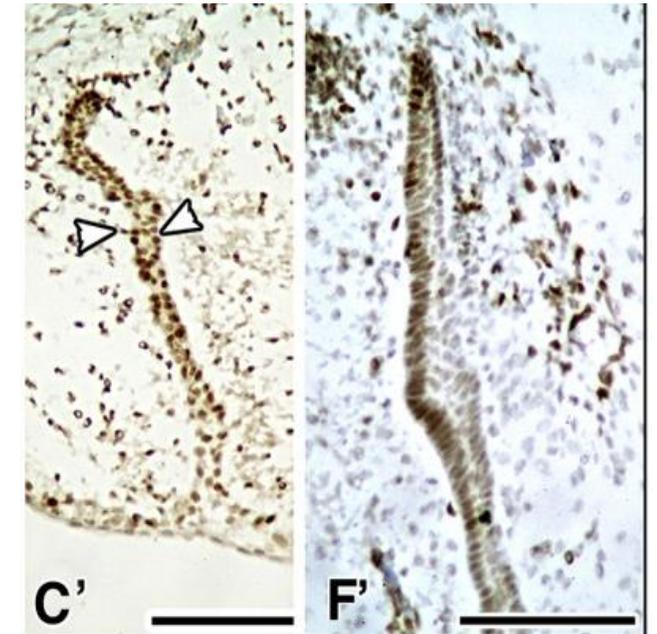
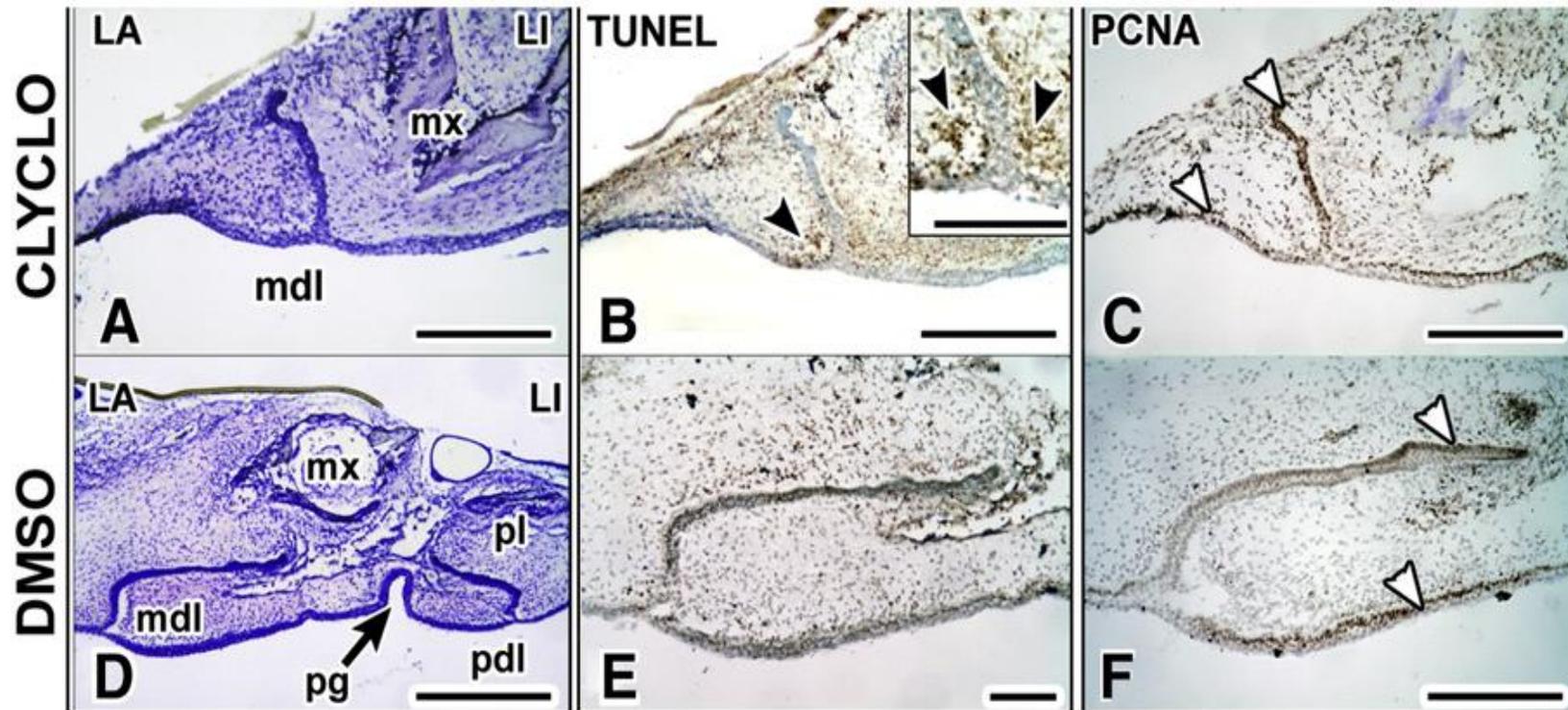
# Mirrored inverted dental lamina in the upper jaw



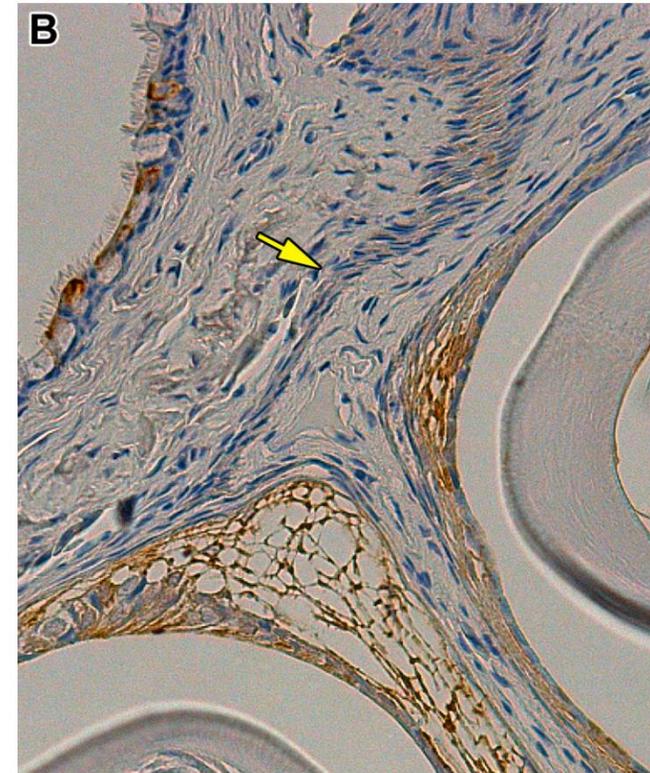
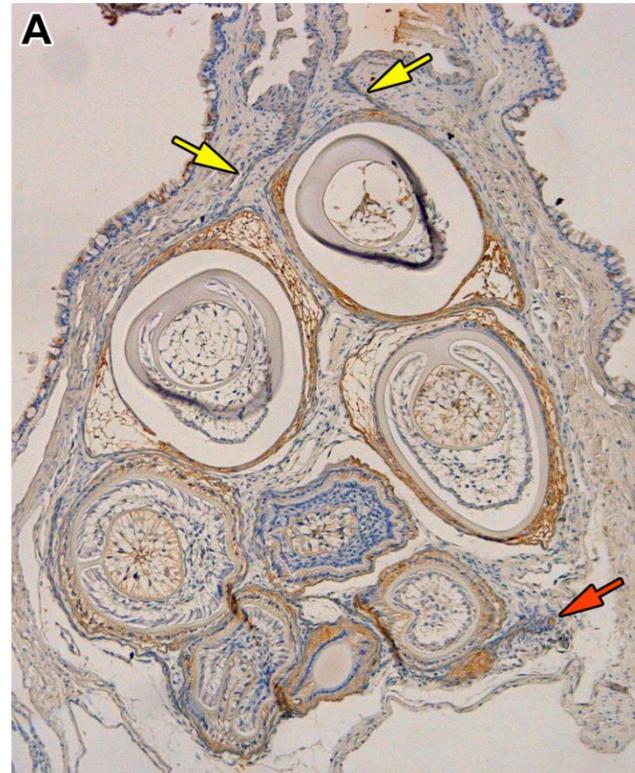
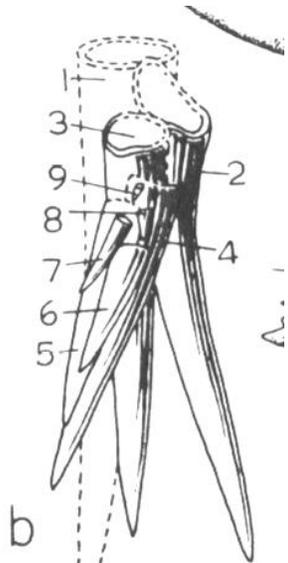
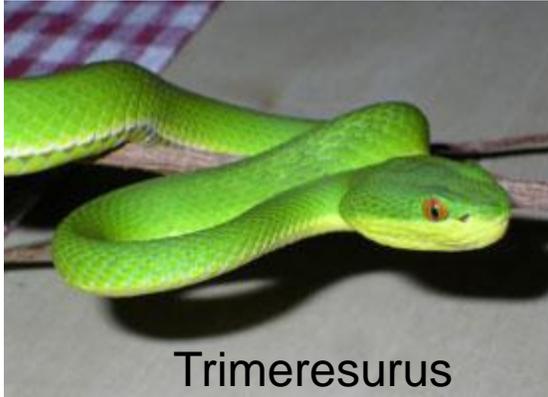
# Shh expression in the dental lamina



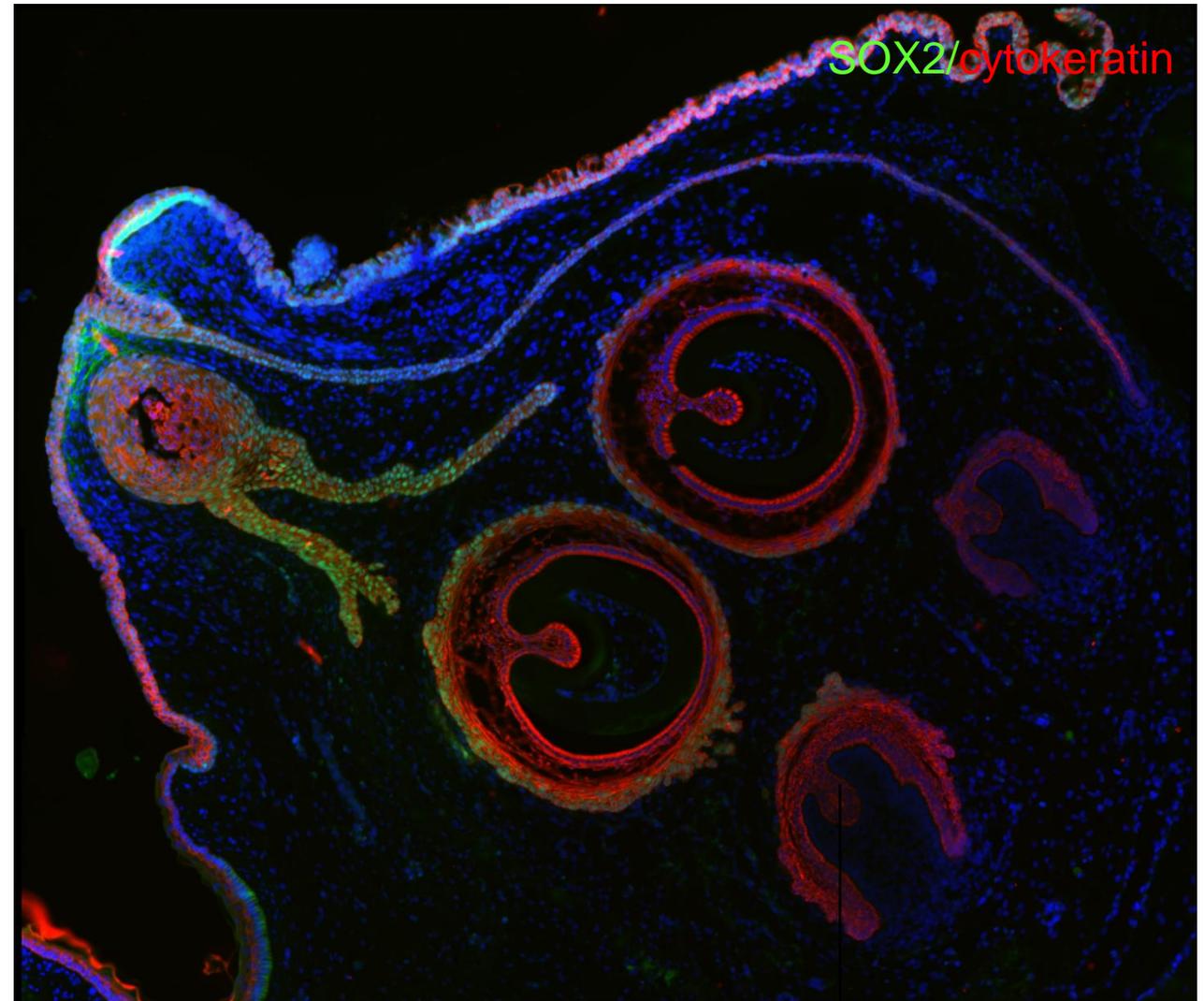
# SHH regulates the asymmetric growth of the dental lamina



# Do poison teeth develop from the dental lamina?



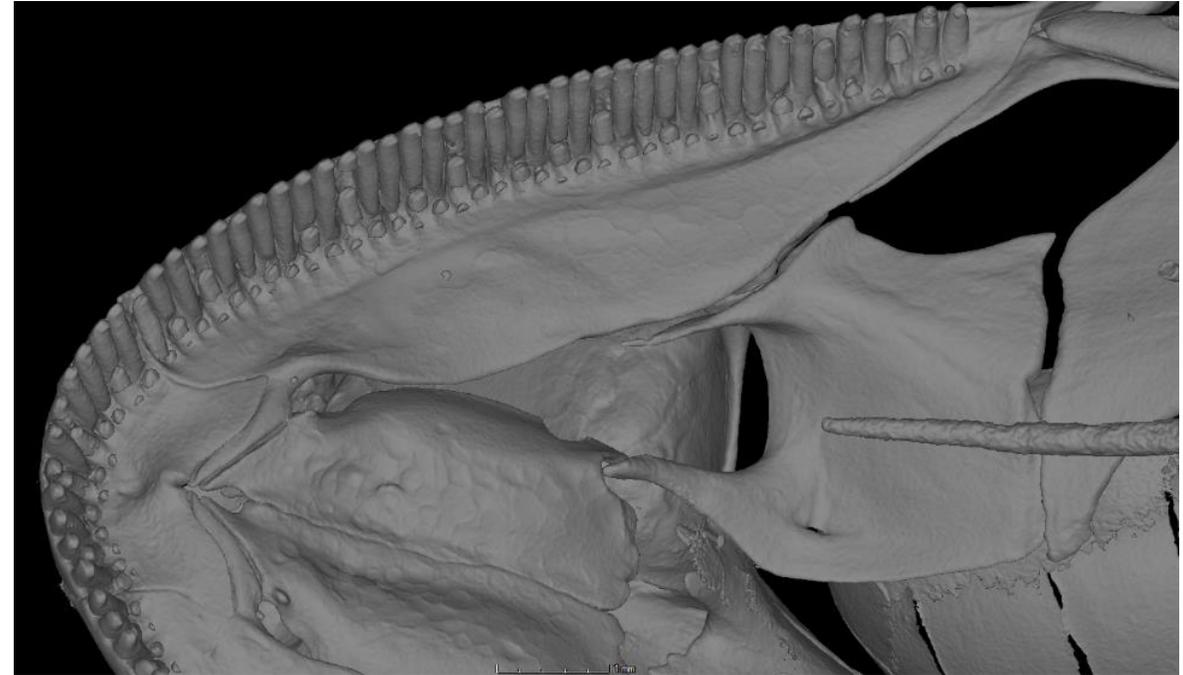
# Dental lamina of Cobra



# Advantages of using reptiles for the study of odontogenesis

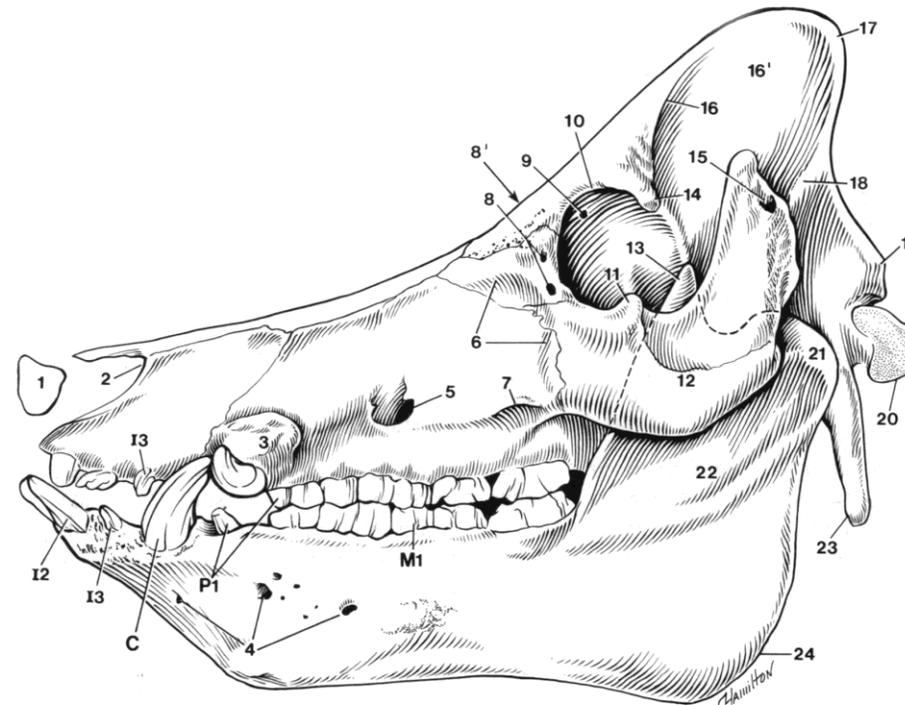
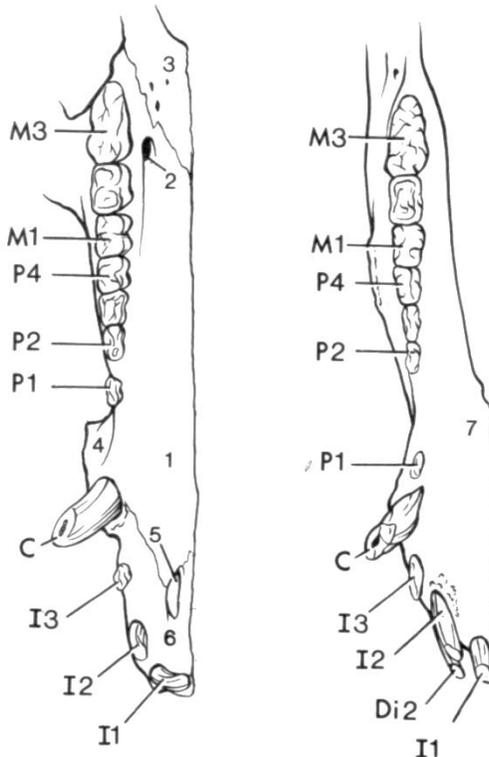
Research into polyphyodont dentics may answer:

- How is a replacement dental lamina initiated?
- How is the dental lamina maintained?
- How are the spacings between the tooth germs observed?
- How are stem cells regulated in the dental bar?

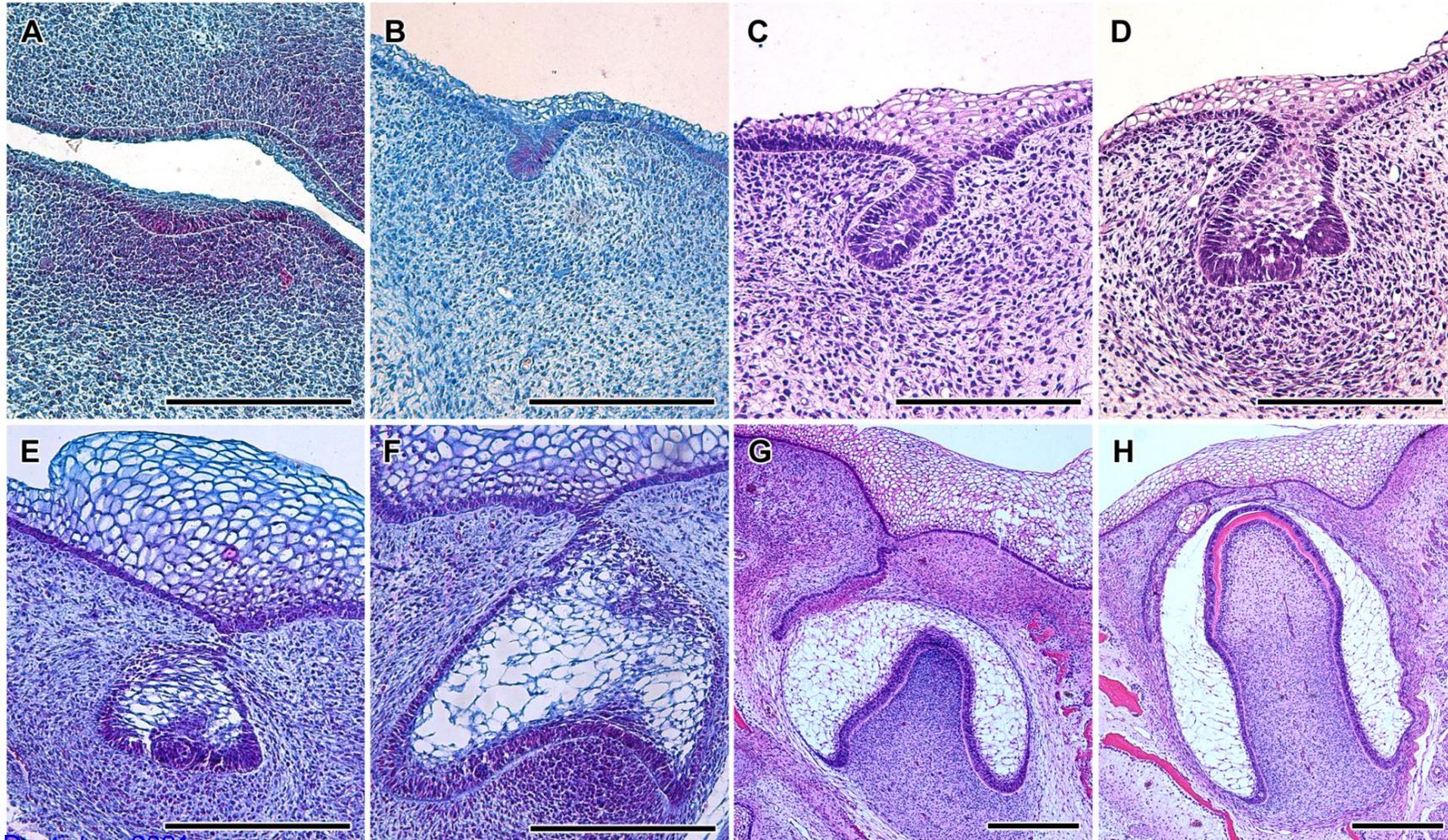


# Diphyodont dentition

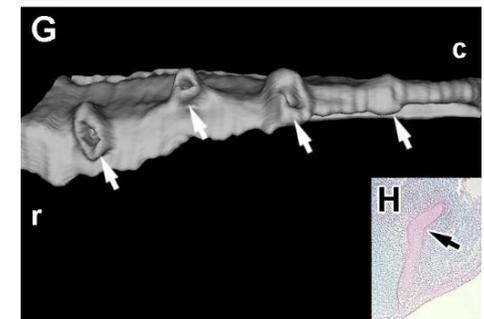
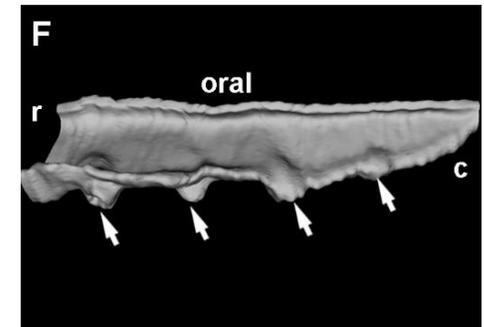
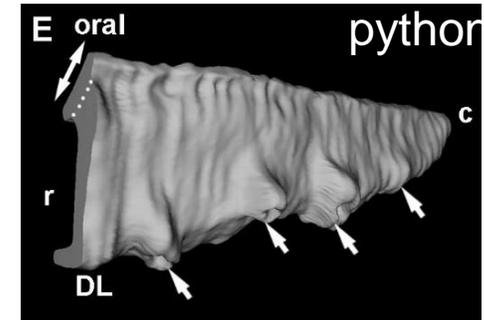
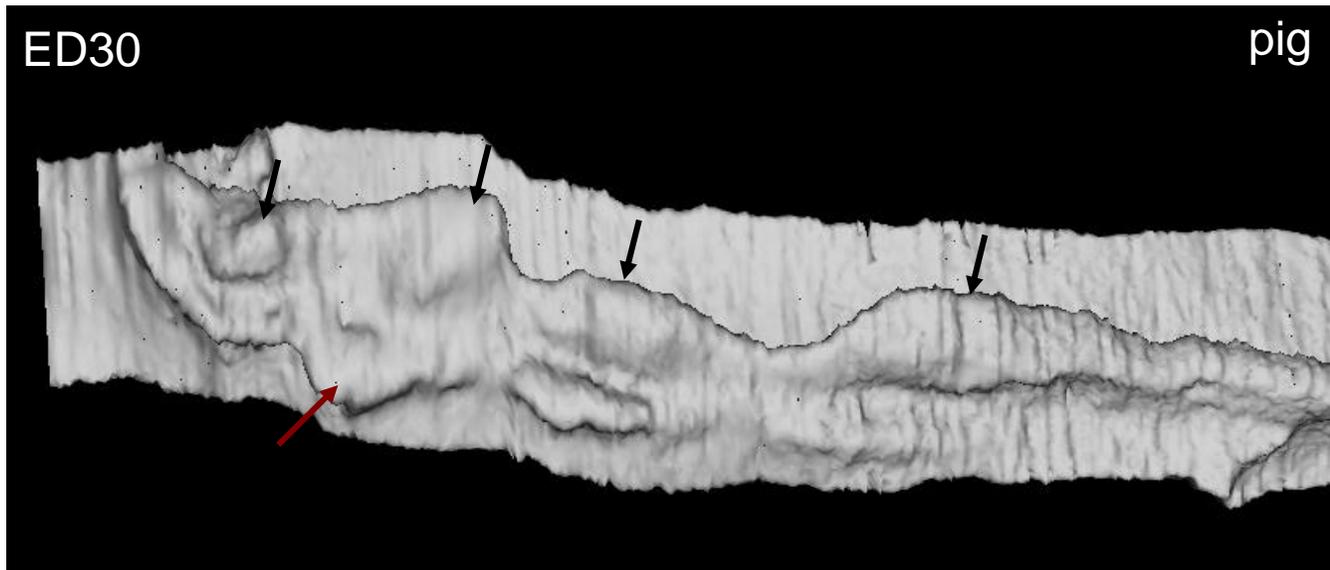
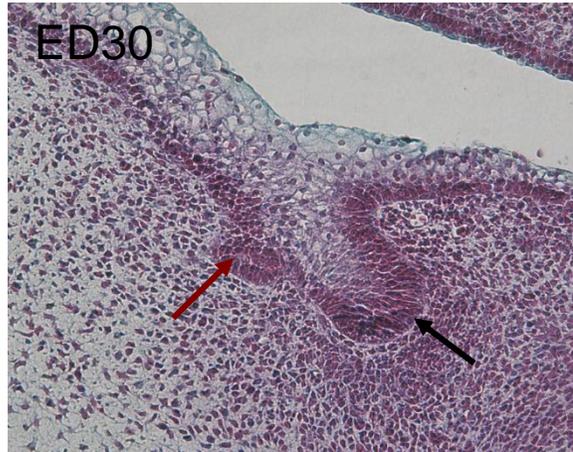
First generation -  $i3/3 c1/1 p1/1 m3/3 = 32$   
Second generation -  $I3/3 C1/1 P4/4 M3/3 = 44$



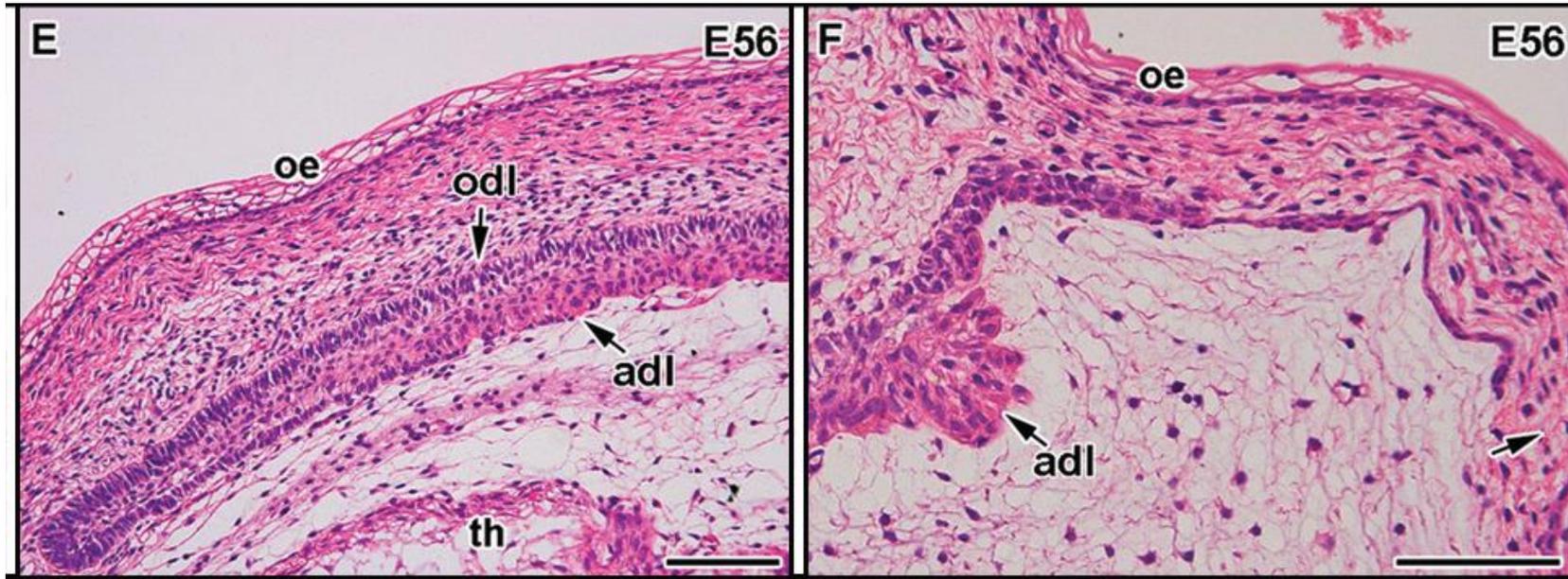
# Initiation of the replacement dental lamina



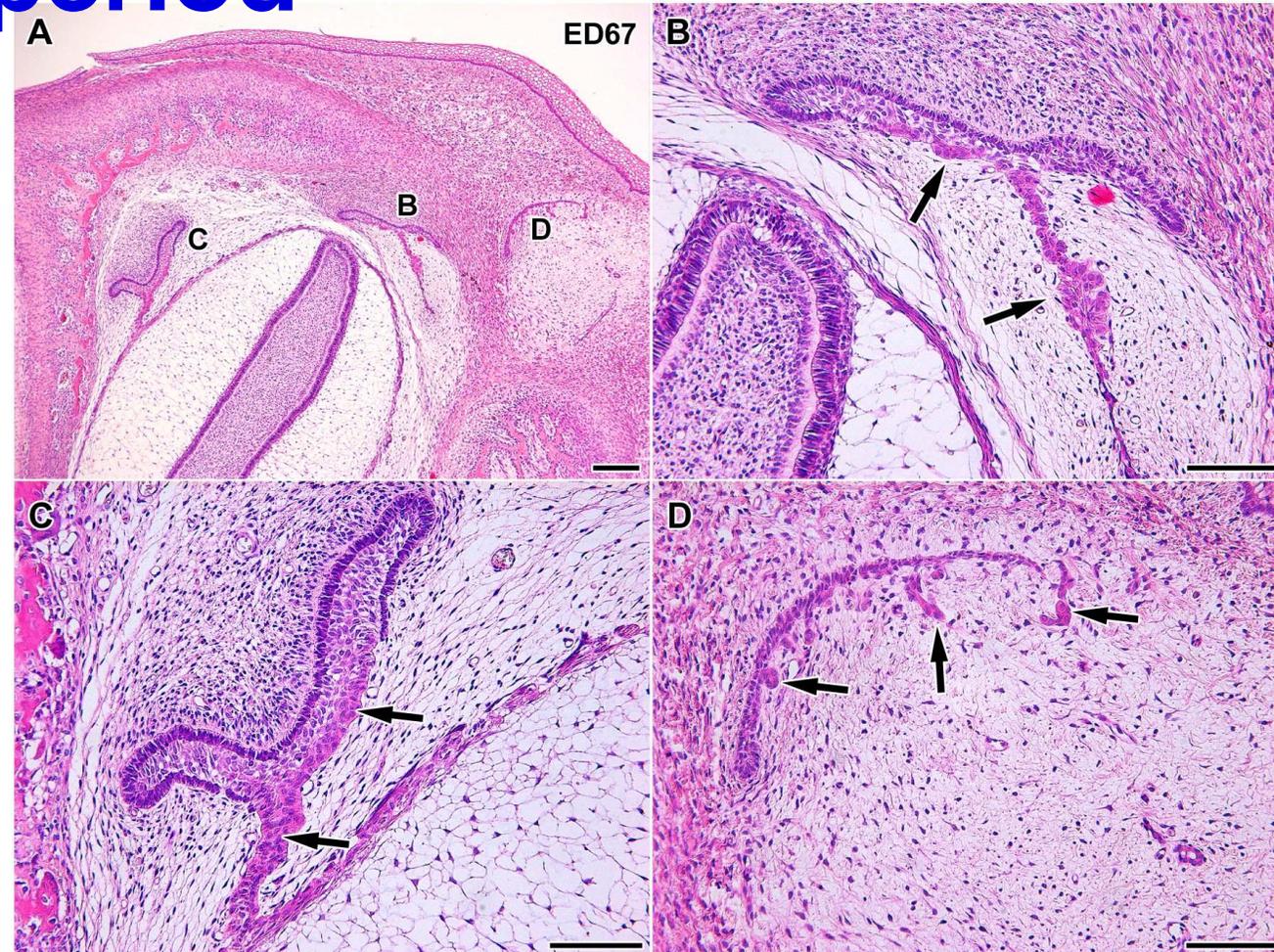
# The interdental lamina is delayed in development



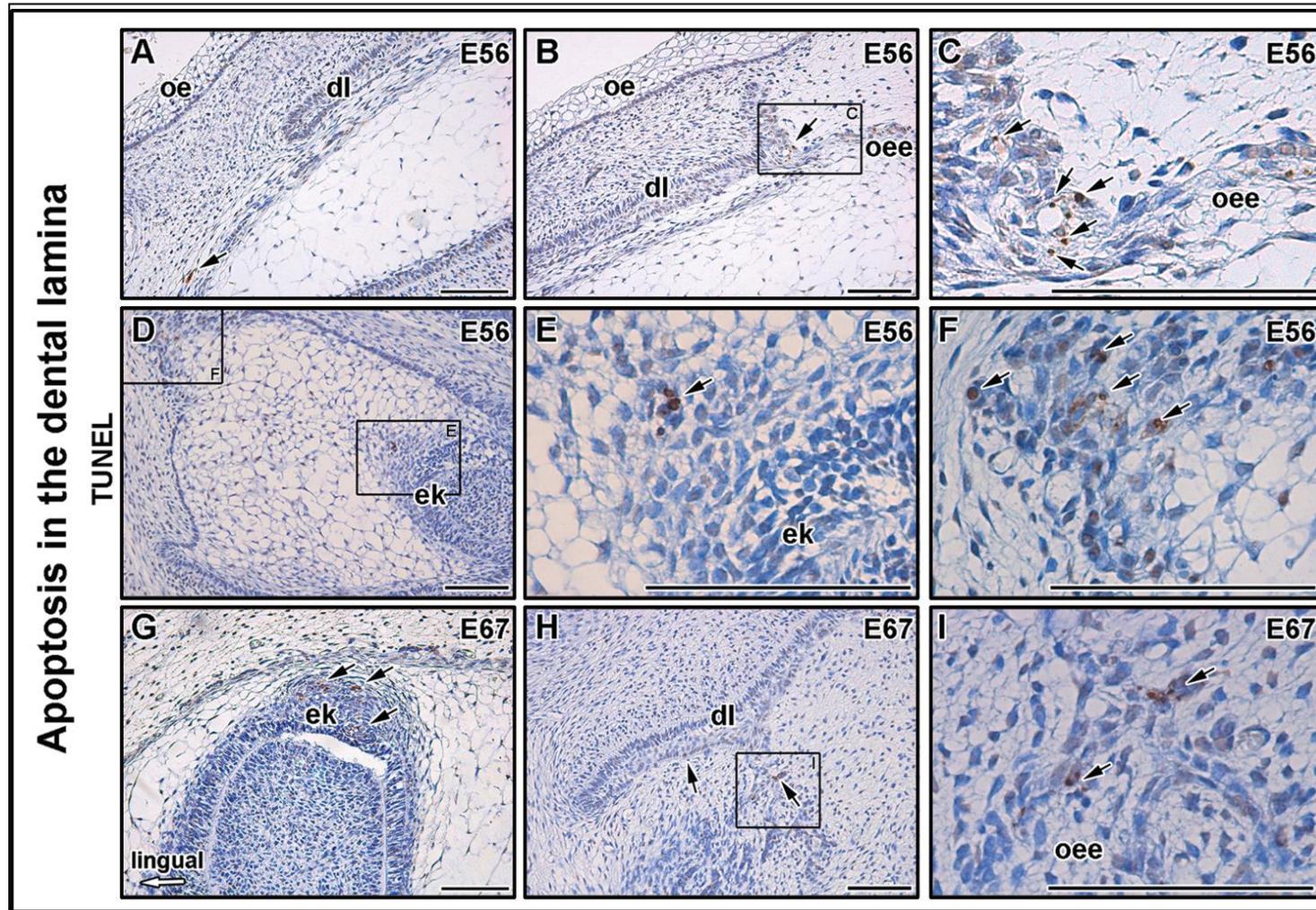
# Early regression of the dental lamina in diphyodont dentition



# Fragmentation of the dental lamina in the embryonic period

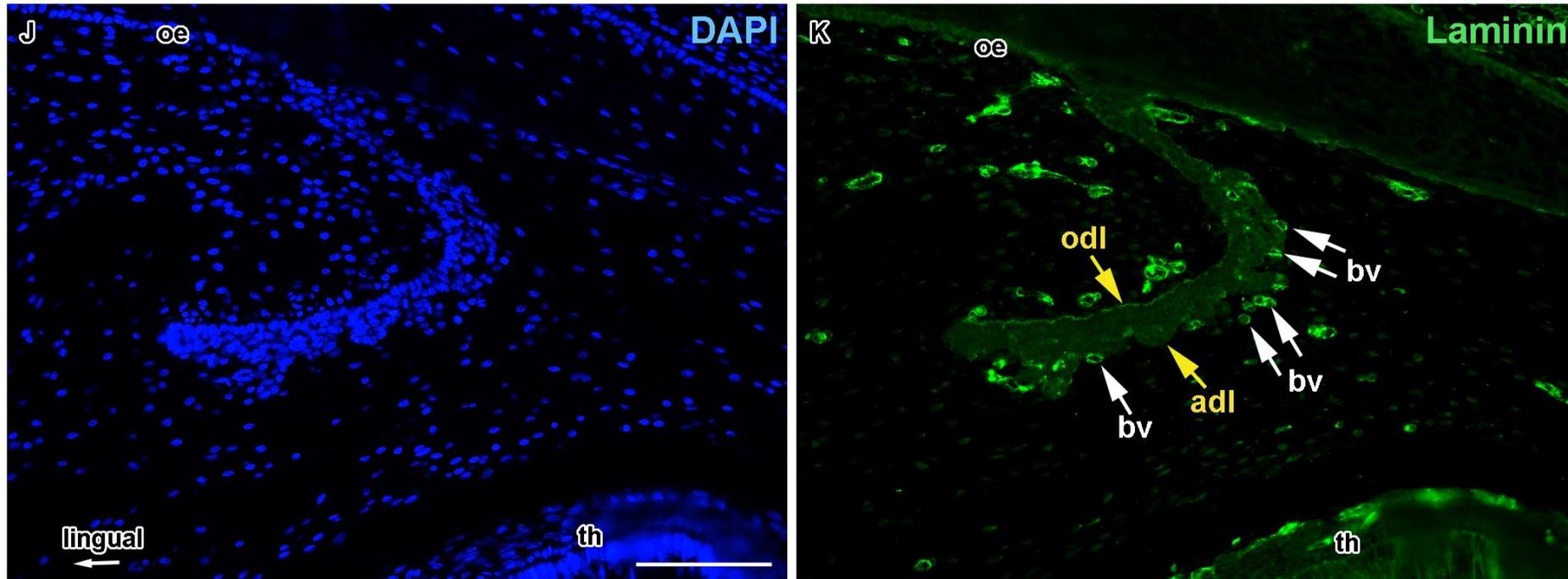


# The role of cell death during fragmentation of the dental lamina



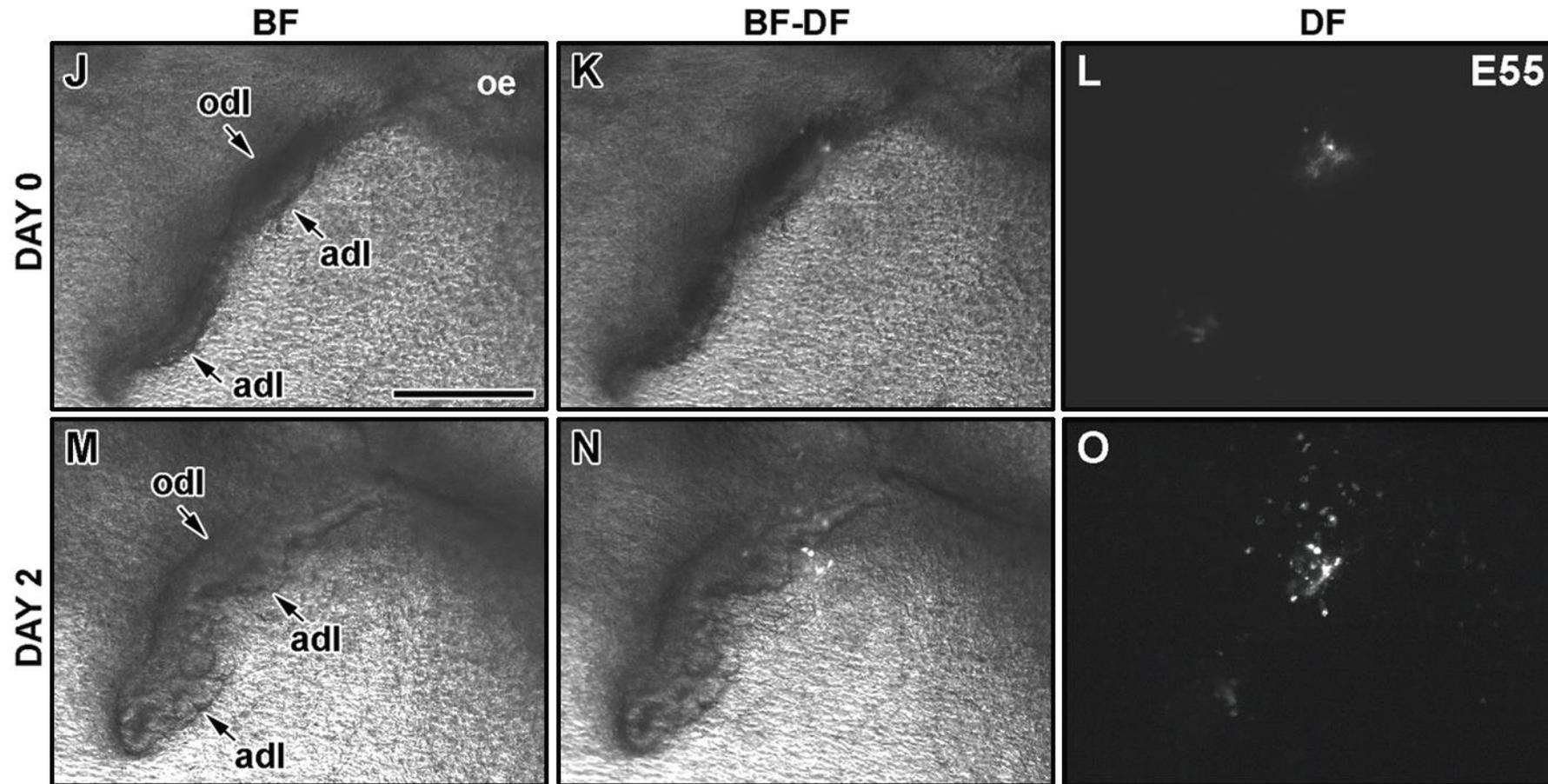
[Buchtova et al. 2012](#)

# Fragmentation of the dental lamina begins with disruption of the basement membrane



[Buchtova et al. 2012](#)

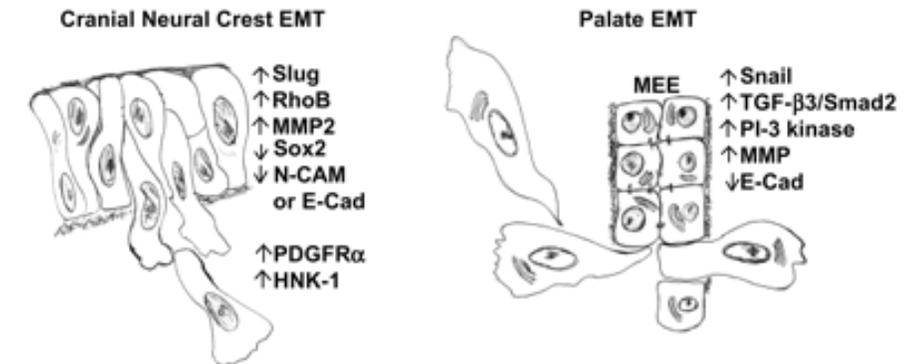
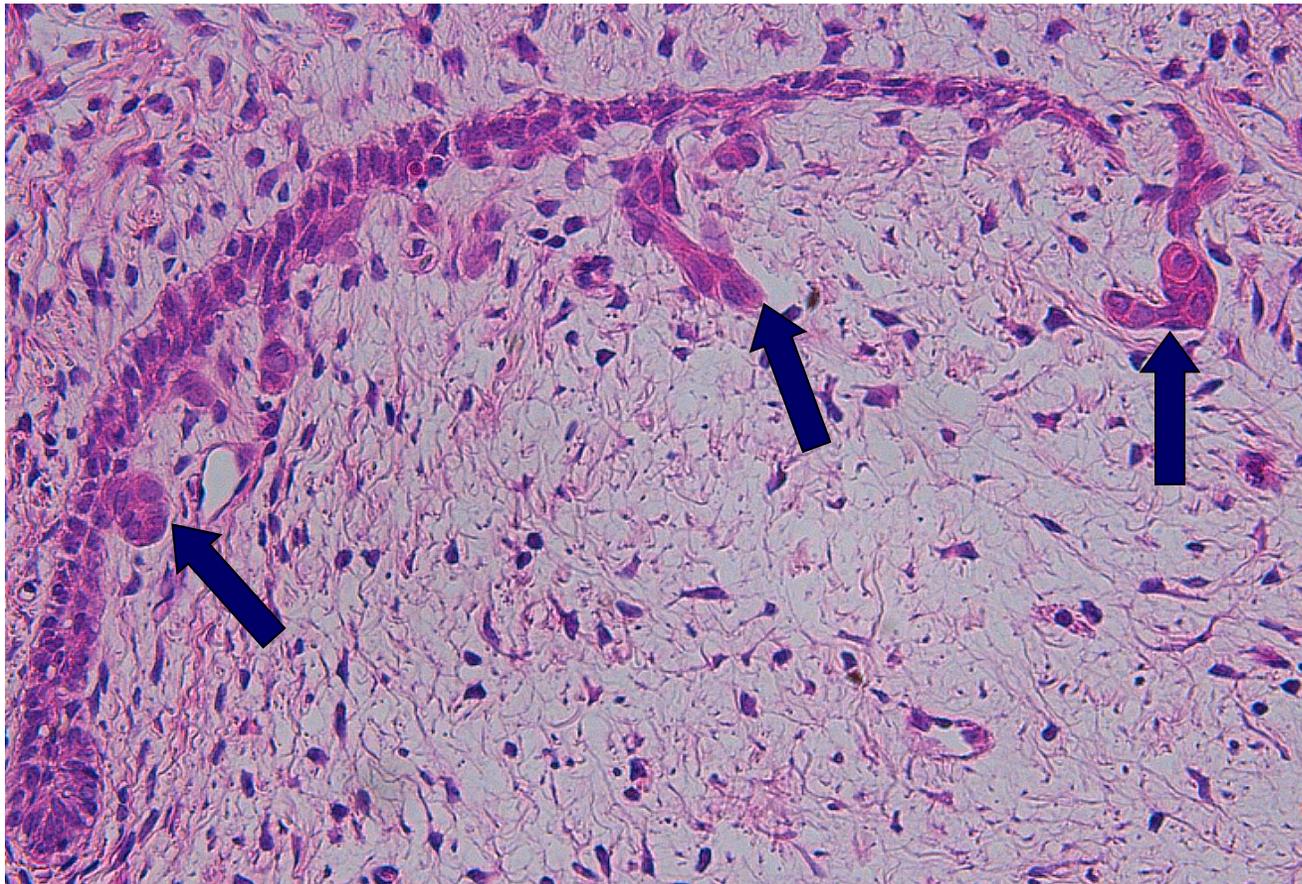
# Migration of dental lamina cells



Dil Marking

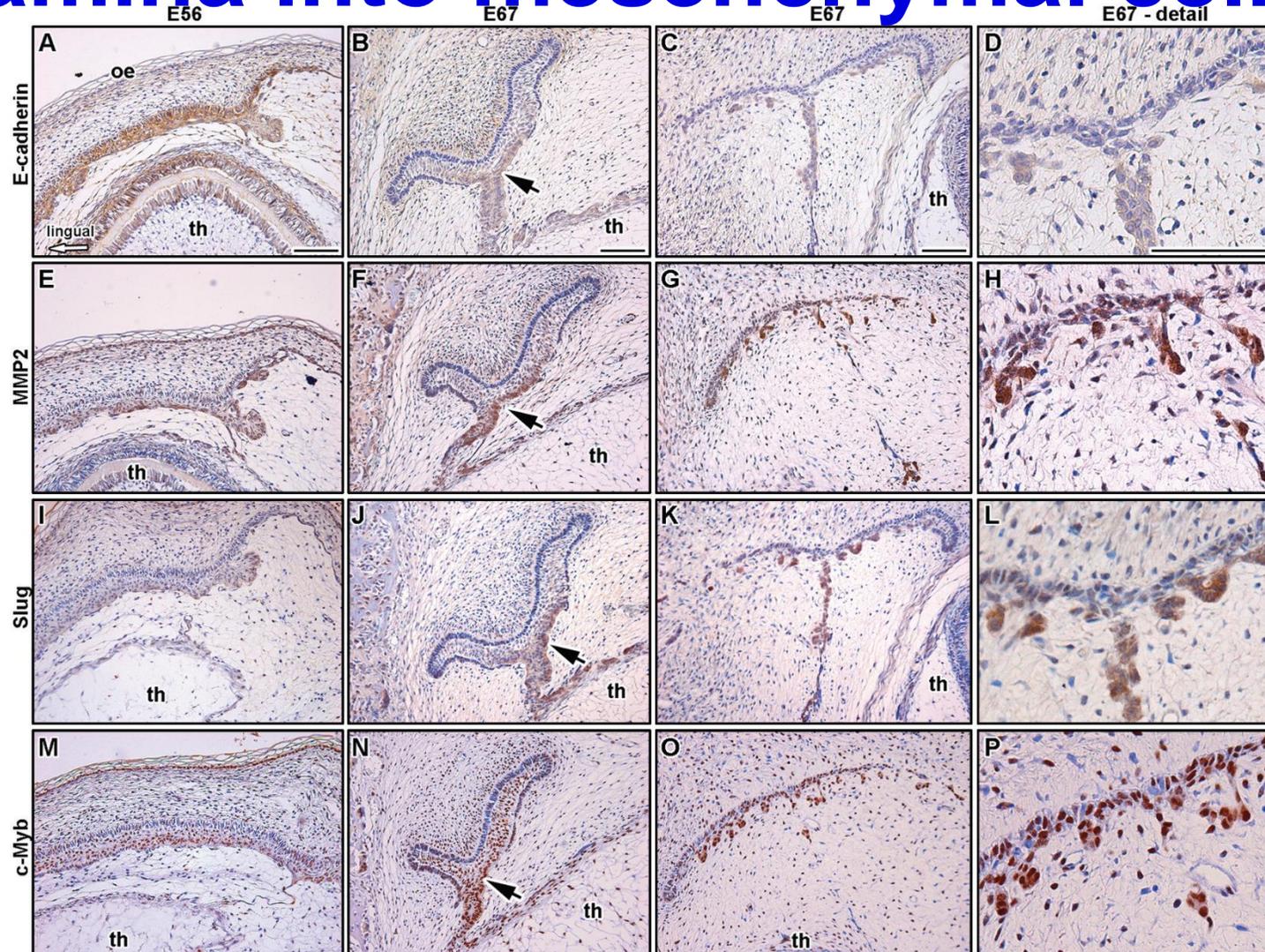
[Buchtova et al. 2012](#)

# Transformation of epithelial cells of the dental lamina into mesenchymal cells



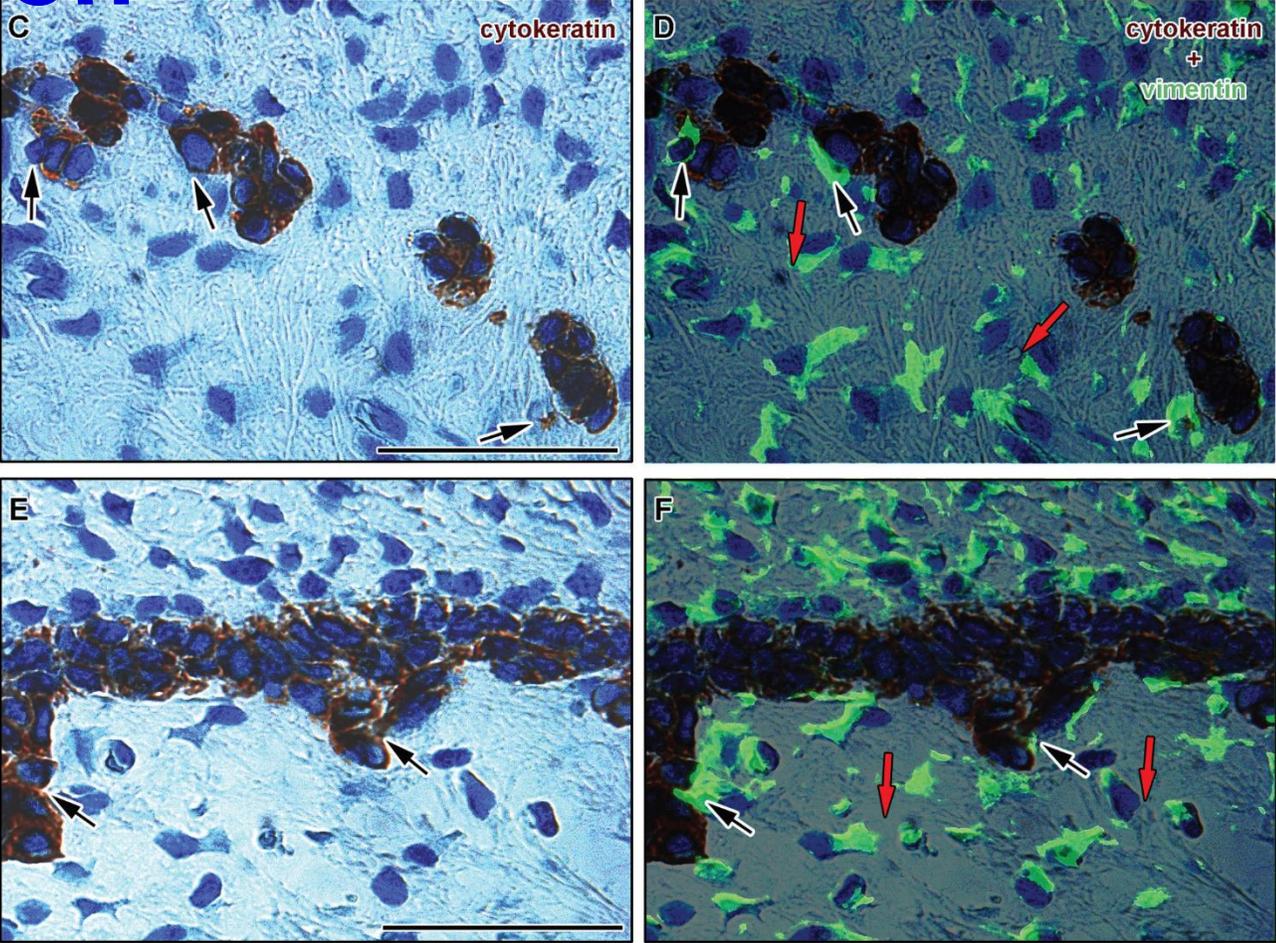
<b>CNC EMT Program</b>	<i>E-cadherin</i> <i>N-CAM</i>	Cell adhesion proteins repressed
	<i>RhoB</i> <i>MMP2</i> <i>PDGFR<math>\alpha</math></i> <i>HNK-1</i>	Matrix degradation and actin reorganization markers induced
<b>Palate EMT Program</b>	<i>E-cadherin</i> <i><math>\alpha</math>-catenin</i> <i><math>\gamma</math>-catenin</i>	Epithelial Markers repressed
	<i>Vimentin</i> <i>Fibronectin</i> <i>MMP</i> <i>Integrin <math>\beta</math>1</i>	Matrix degradation and mesenchymal markers induced.

# Transformation of epithelial cells of the dental lamina into mesenchymal cells



[Buchtova et al. 2012](#)

# Cells located in the direction of migration show an overlap of cytokeratin and vimentin expression



# Why does a human not form a third generation of teeth?

- fragmentation and degradation of the dental lamina
- the dental lamina loses the ability to form replacement dental generations during the prenatal period

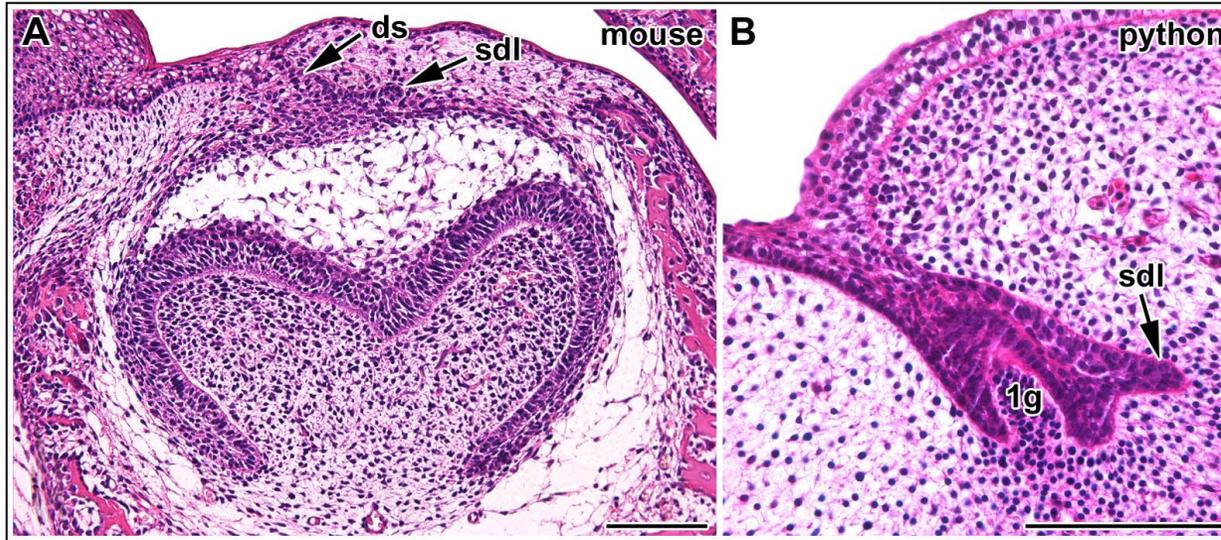


# Is the replacement dental lamina also initiated in monophyodont species?

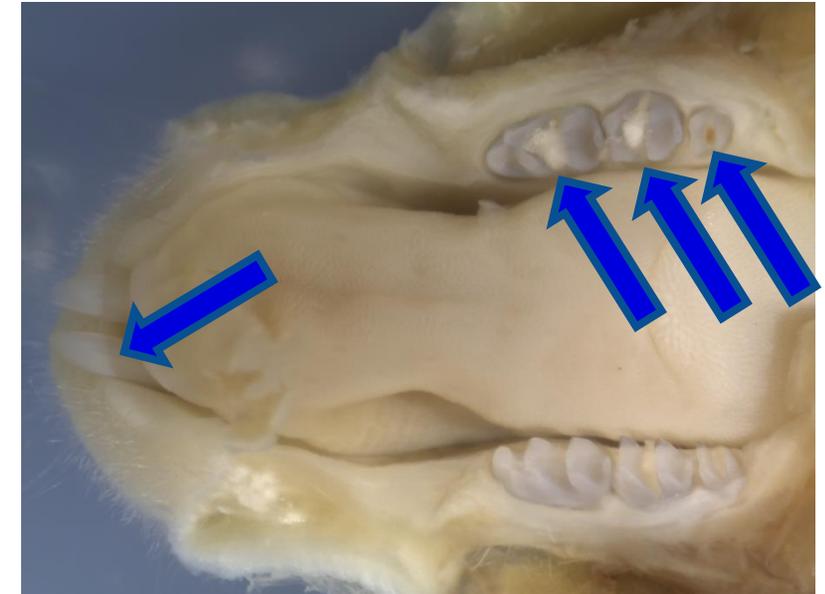


# Why is there no change of teeth in mice?

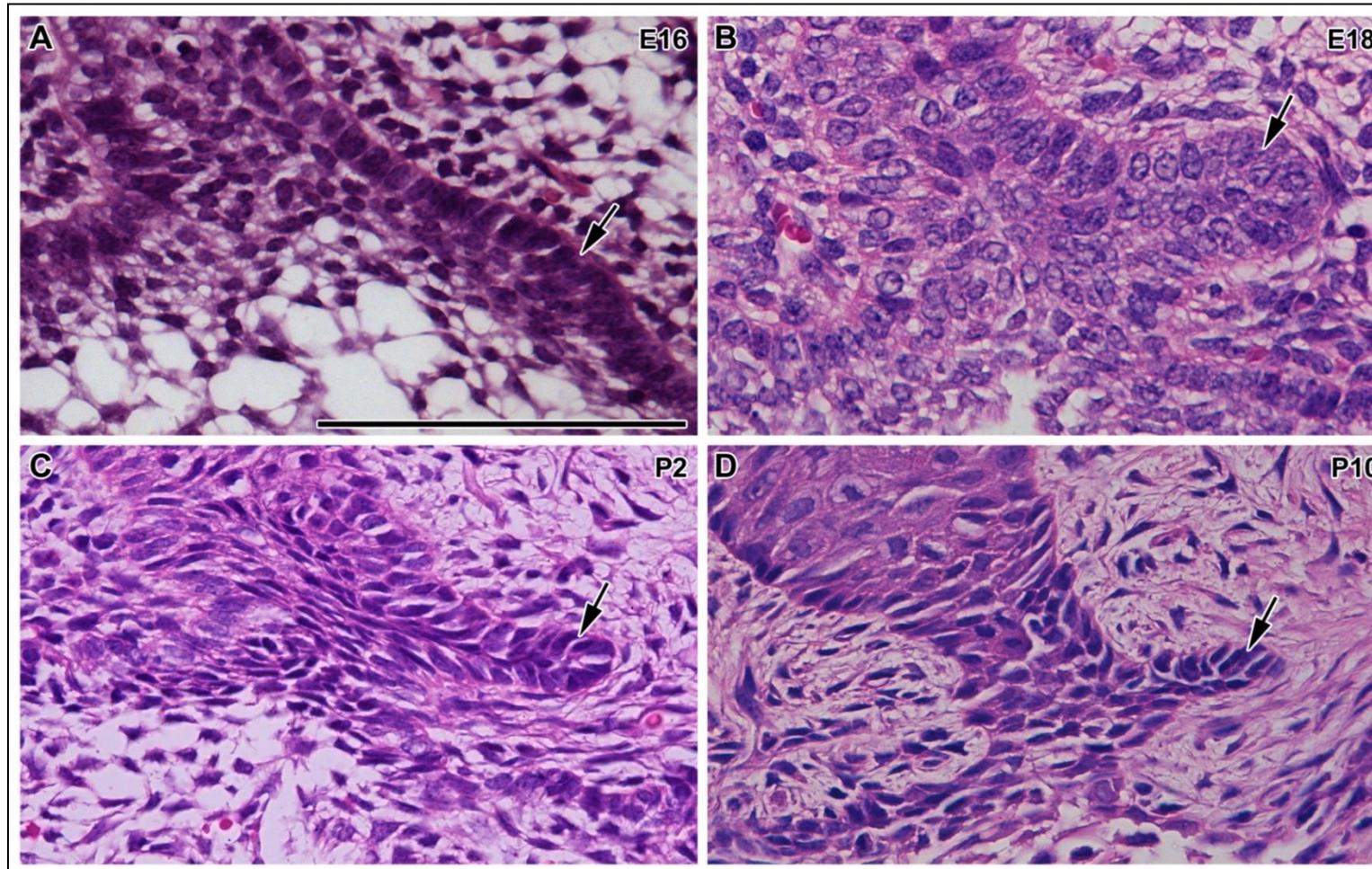
Dental formula: 1-0-0-1  
Monophyodont



replacement dental lamina (sdl)  
dental stem (ds)

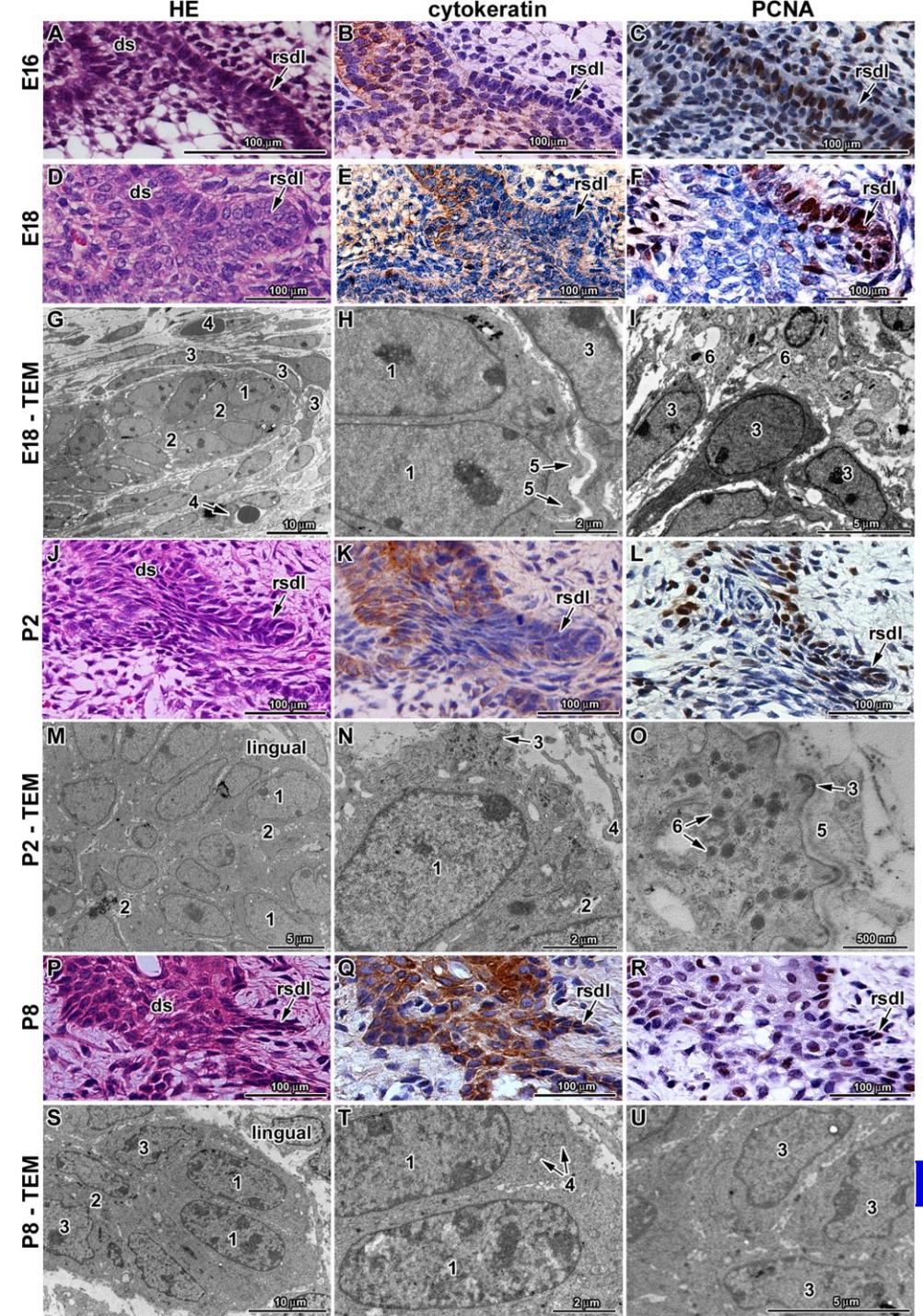


# Replacement dental lamina develops at a late stage of embryonic development



# Degradation of the dental lamina occurs in the mouse during the postnatal stages

- reduced proliferation
- cytokeratin expression is increased
- formation of epithelial folds with numerous lysosomes
- nuclear degradation

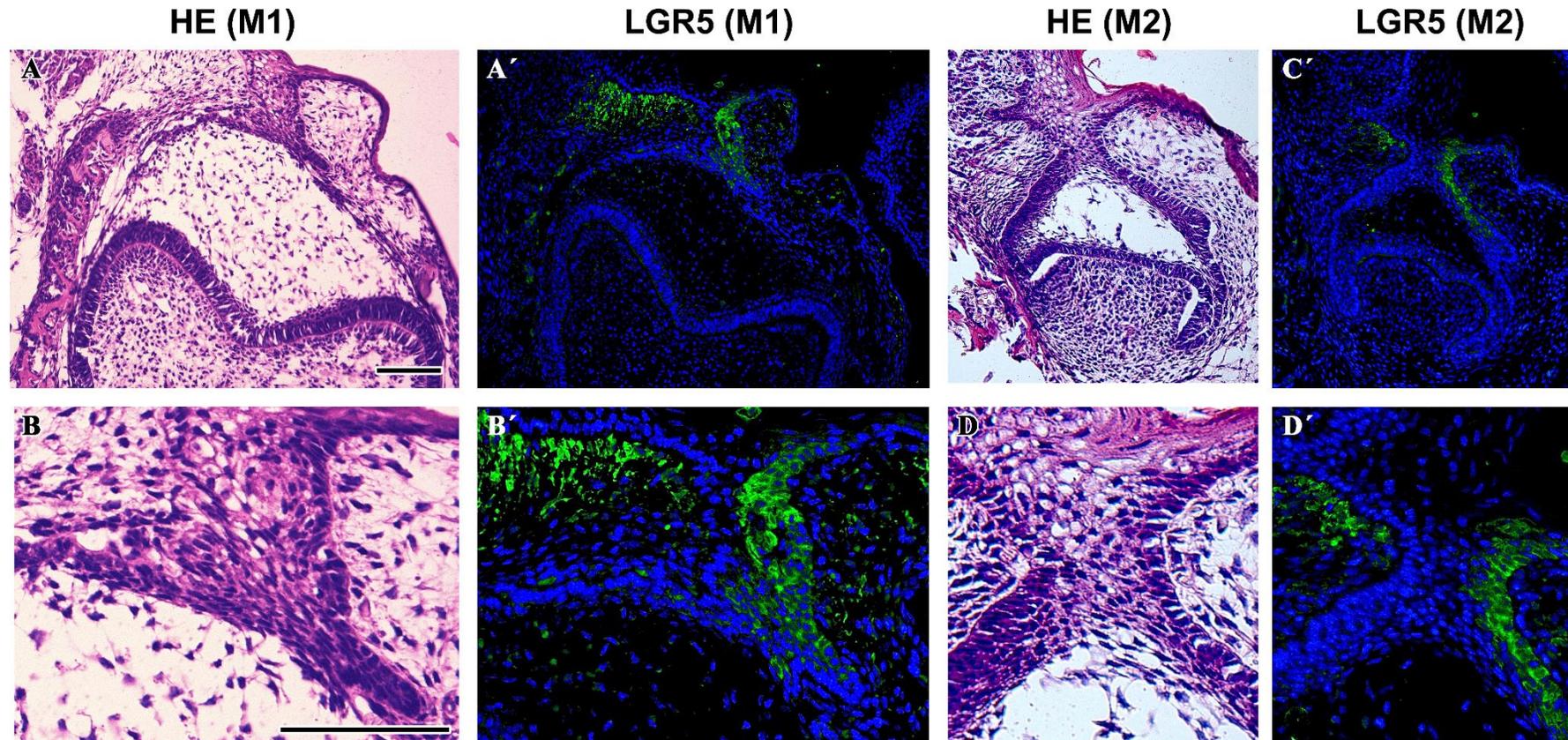


# Are there localized progenitor cells in the rudimentary dental lamina?

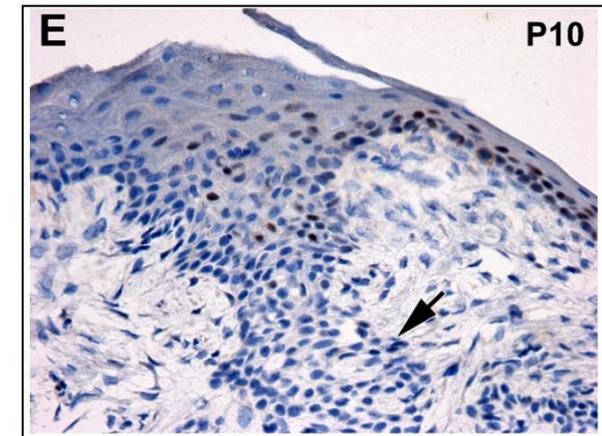
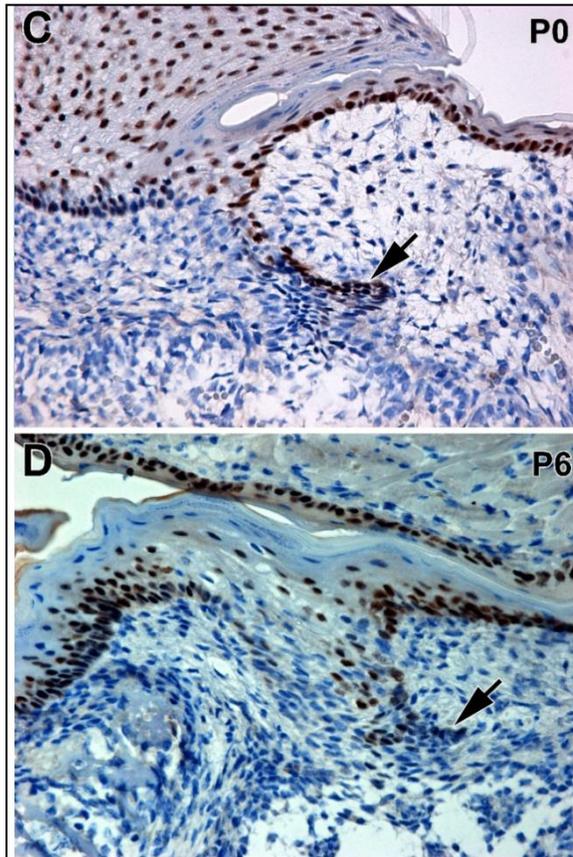
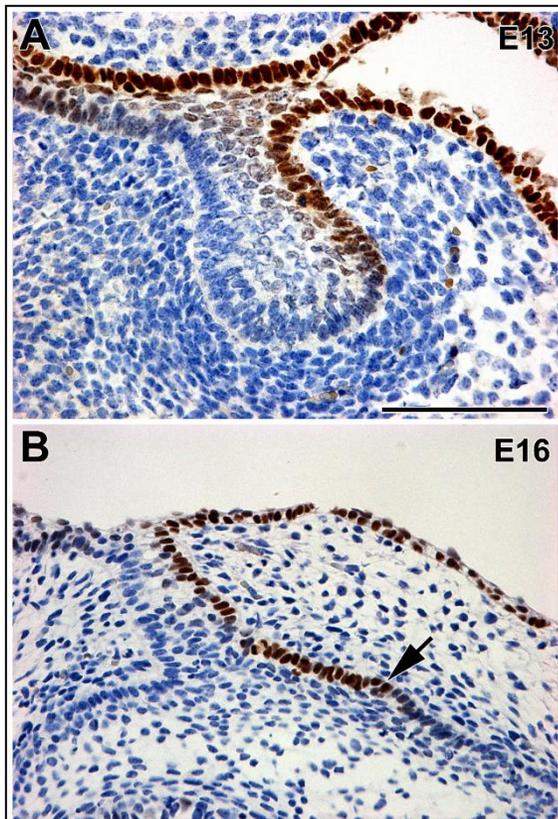
## **Hypothesis:**

Sox2/Lgr5 can play a role in the restriction of replacement dental lamina

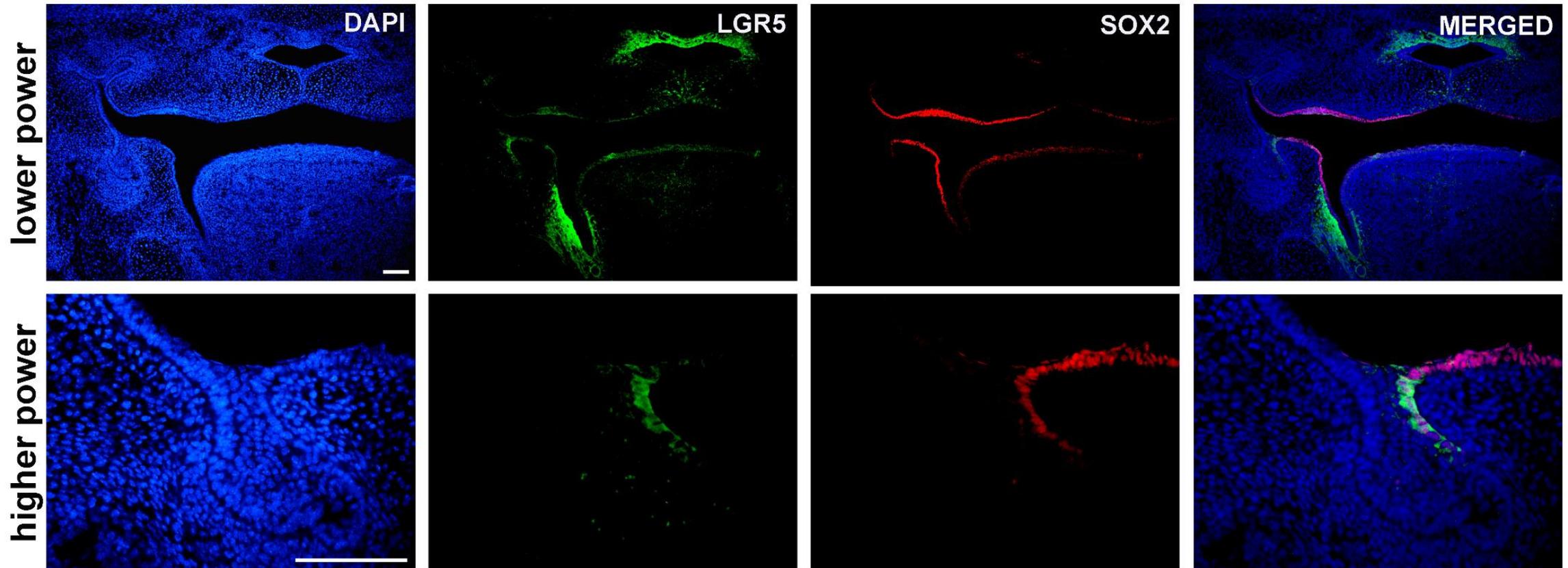
# Where are the progenitor cells localized during odontogenesis?



# Progenitor marker SOX2 is expressed in the dental stem and in the rudimentary dental lamina

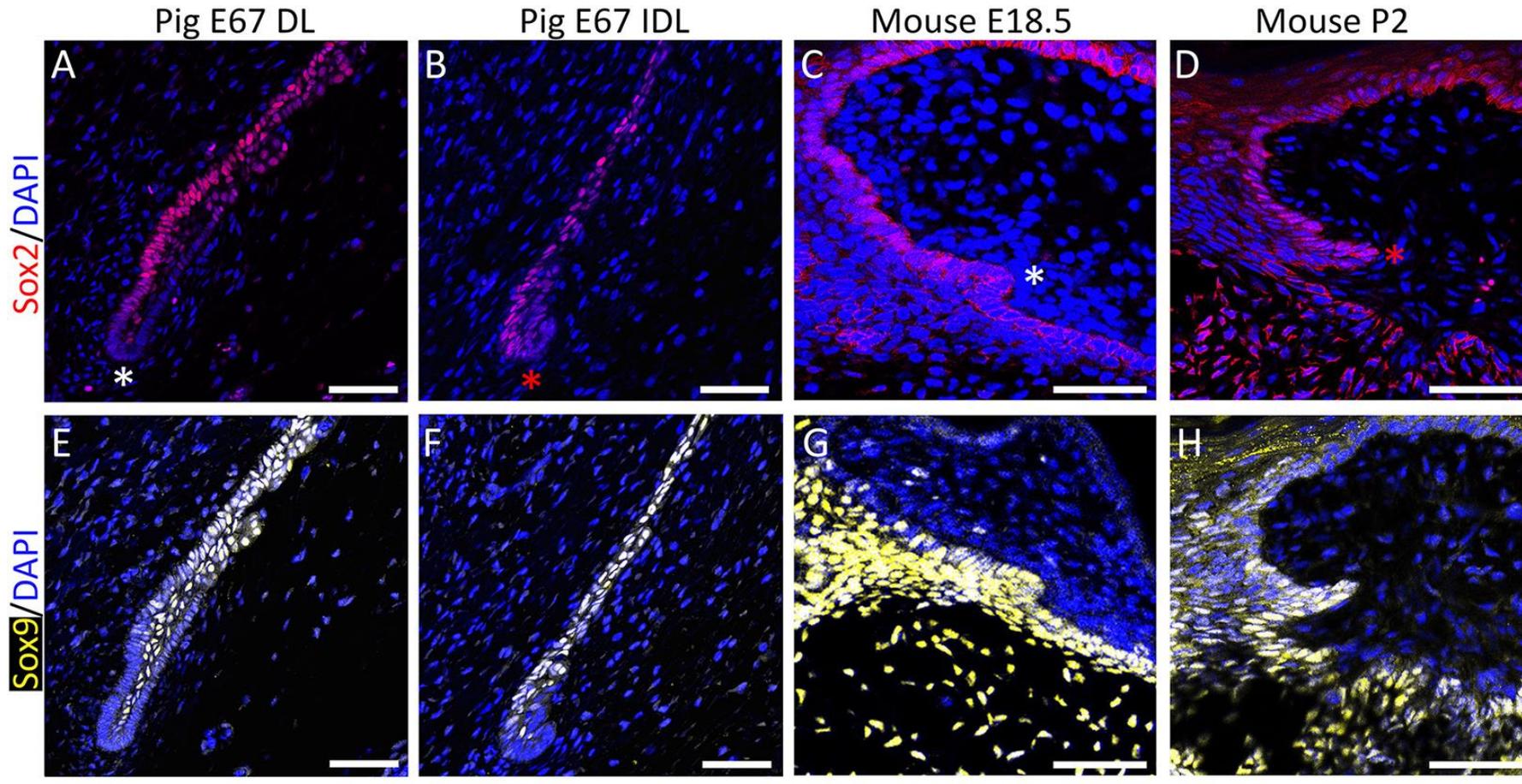


# Do SOX2-positive cells overlap the LGR5-positive domain?



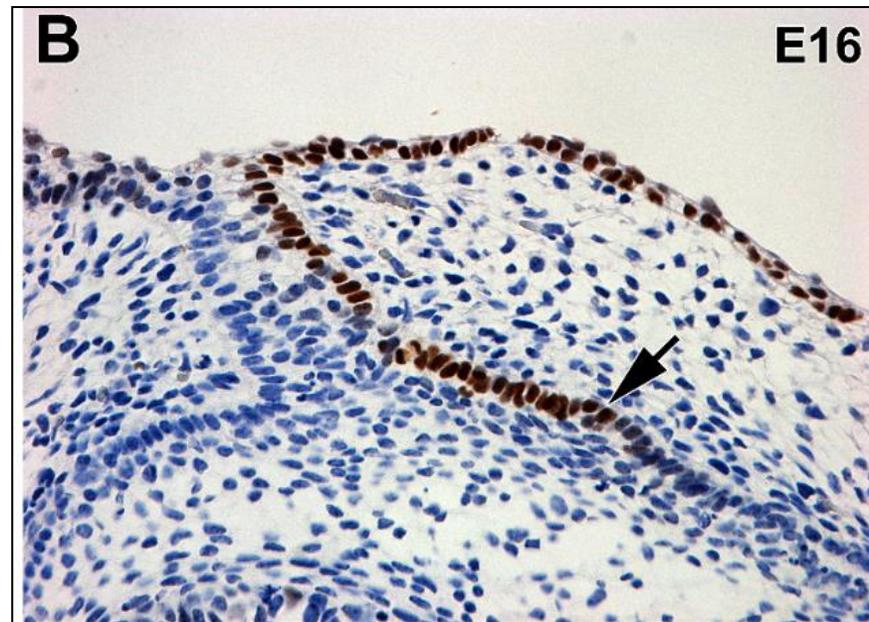
K. Olbertová

# Differences in the signalling of the replacement dental lamina



# Can we initiate the formation of a replacement dental lamina in monophyodont species?

- Sox2 role in inhibition of canonical WNT signal activation



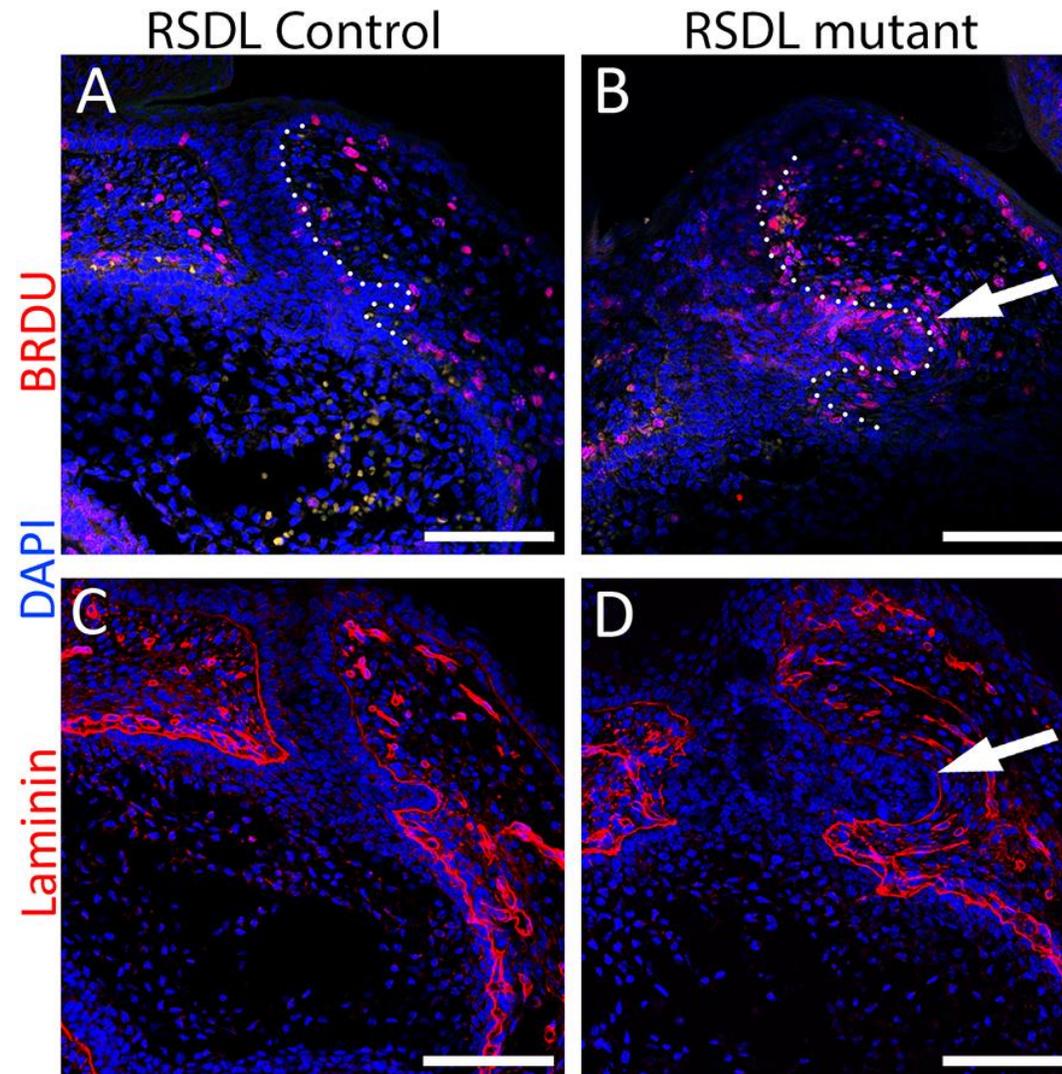
Sox2<sup>CreERT2/+</sup>;Ctnnb1<sup>lox(ex3)</sup>

# Initiation of a replacement dental lamina

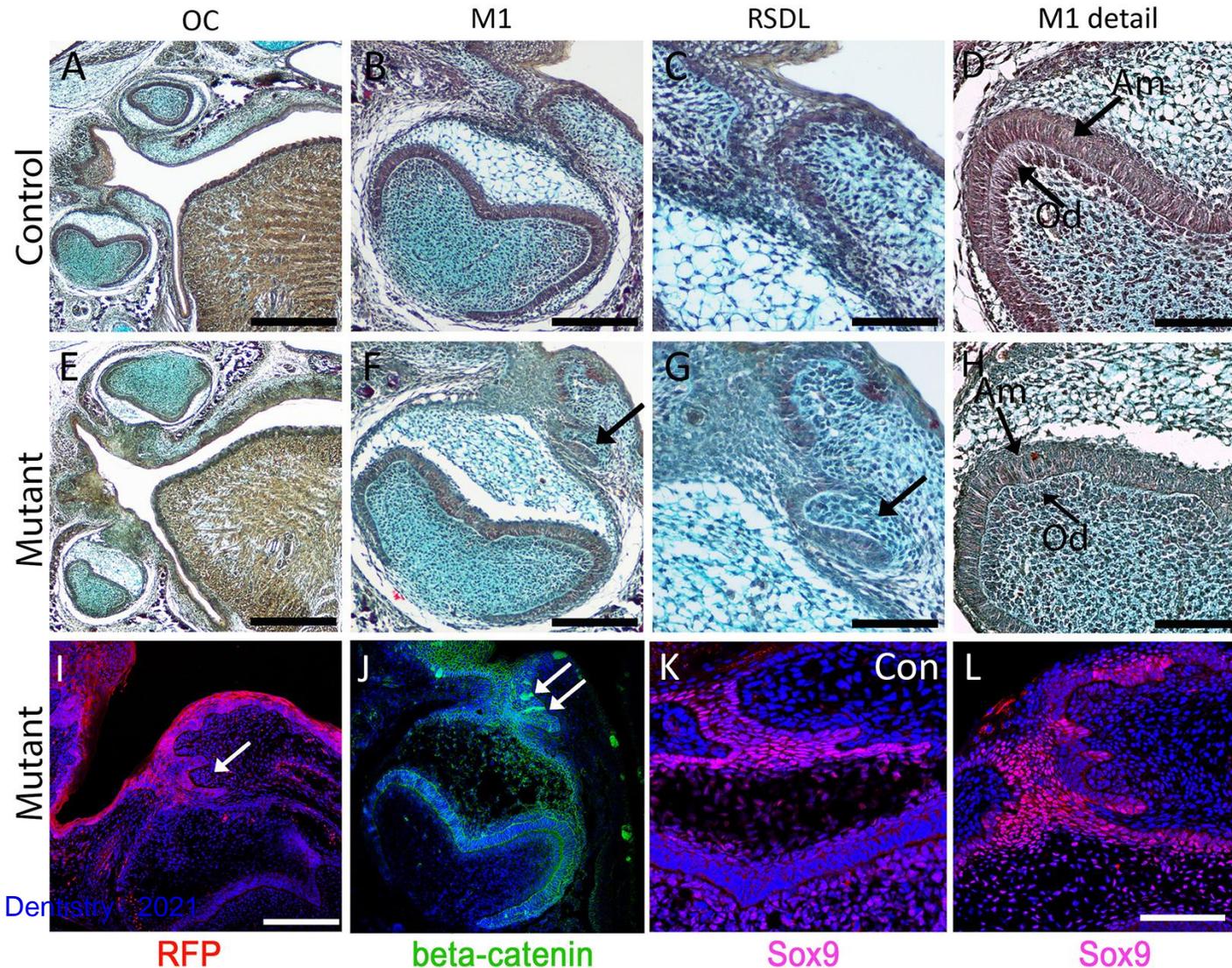
- localized proliferation and vascularization

Sox2<sup>CreERT2/+</sup>;Ctnnb1<sup>lox(ex3)</sup>

E16→E18.5



# Stabilization of Wnt/ $\beta$ -catenin signalling

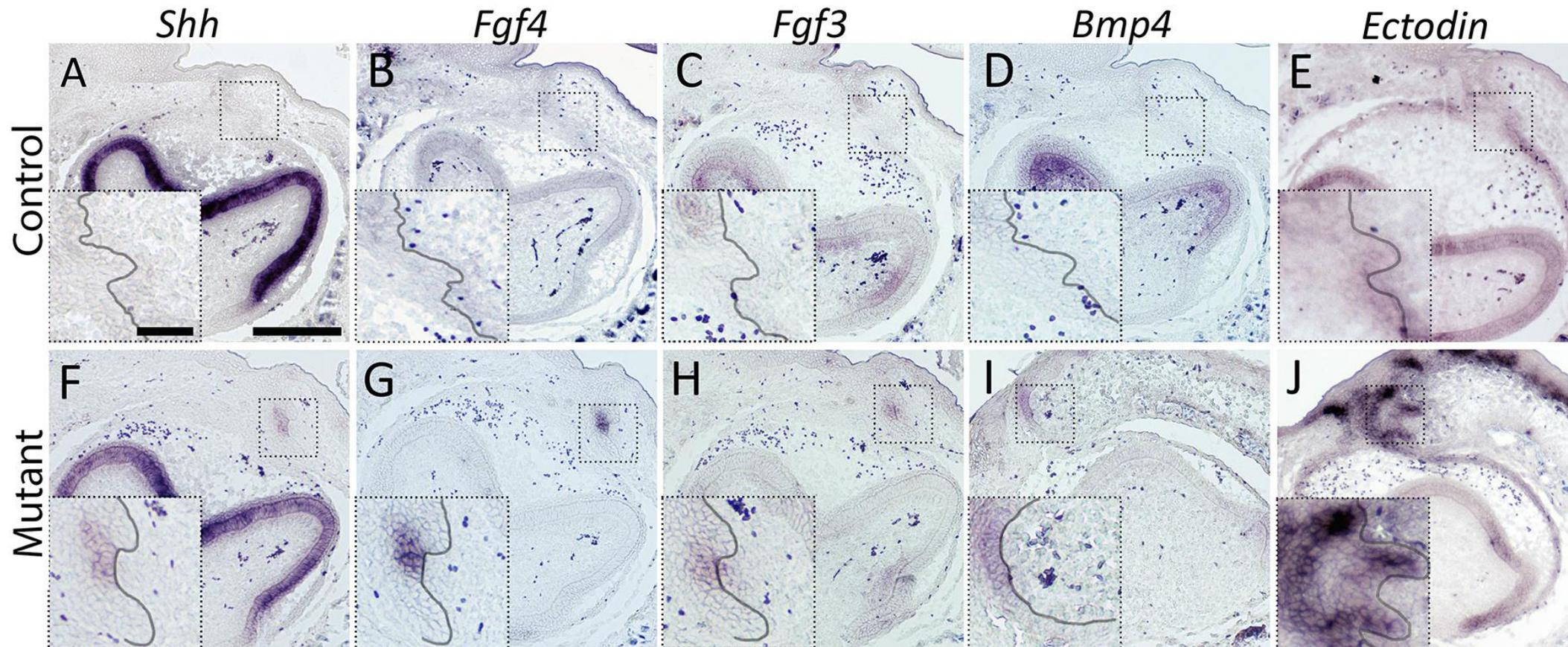


$Sox2^{CreERT2/+}; Ctnnb1^{lox(ex3)}$

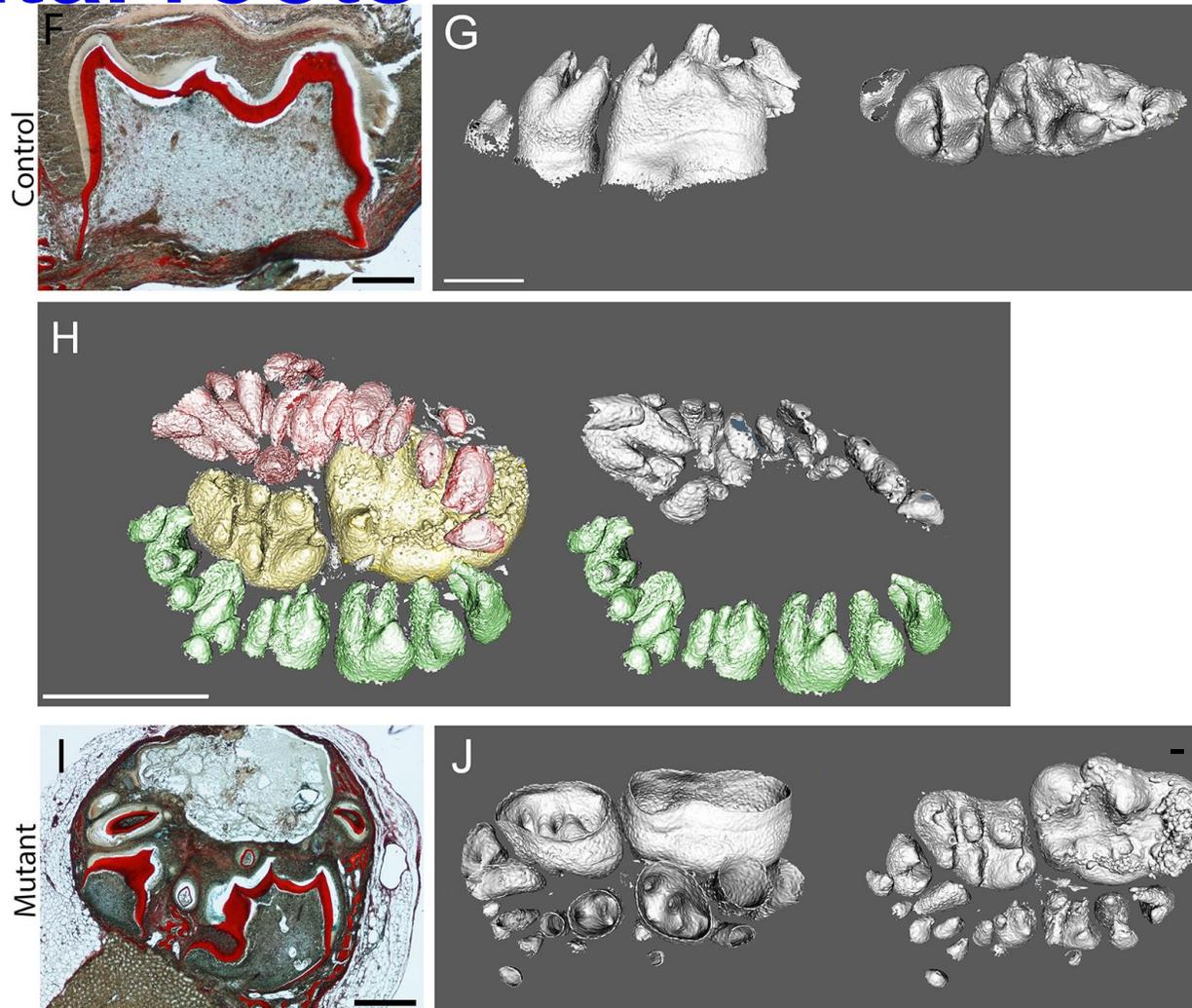
E15.5  $\rightarrow$  E18.5

[Popa et al. 2019](#)

# Expression of odontogenic markers in supernumerary dental bases



# Supernumerary dental bases mineralize and form dental roots

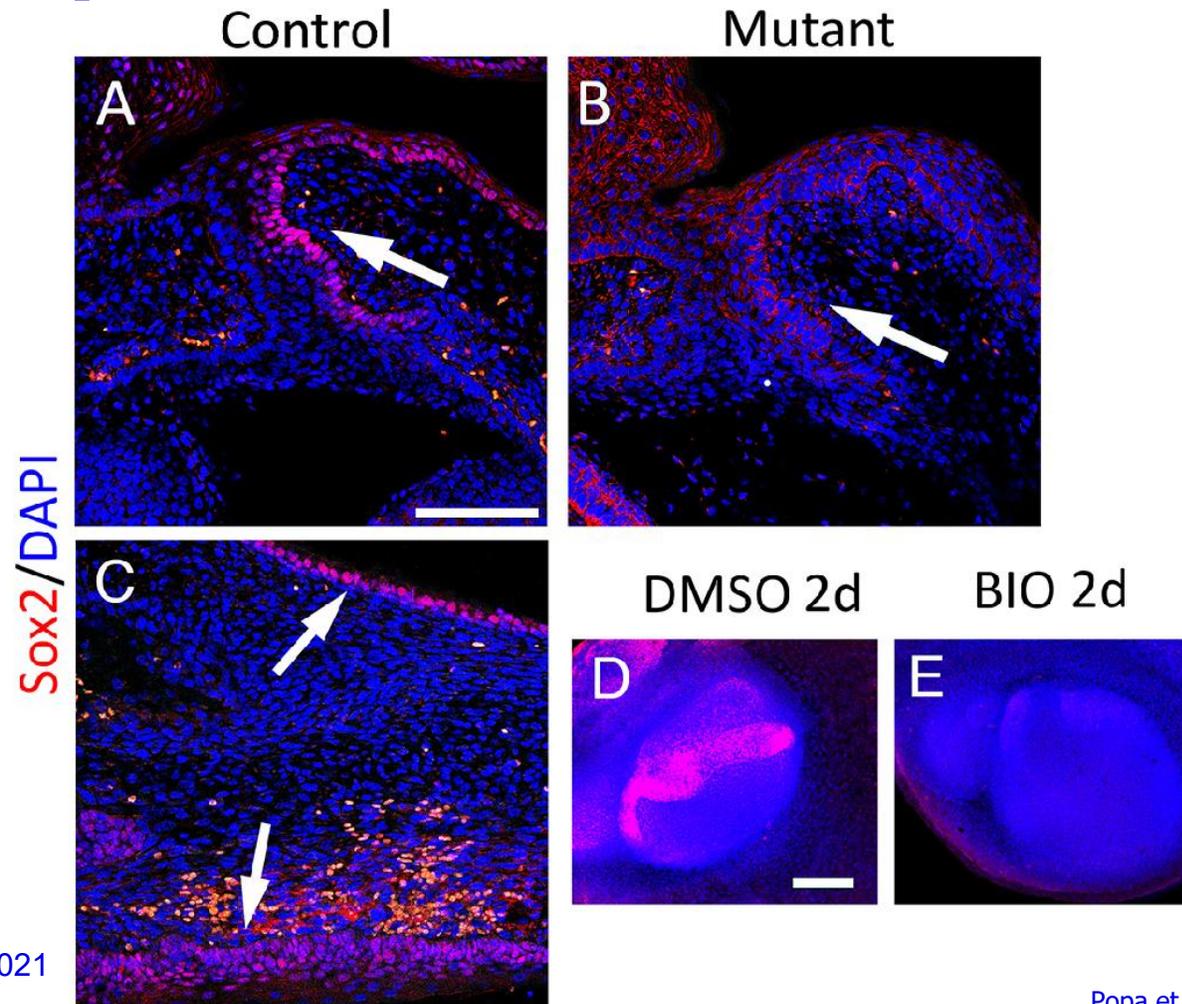


Sox2<sup>CreERT2/+</sup>;Ctnnb1<sup>lox(ex3)</sup>

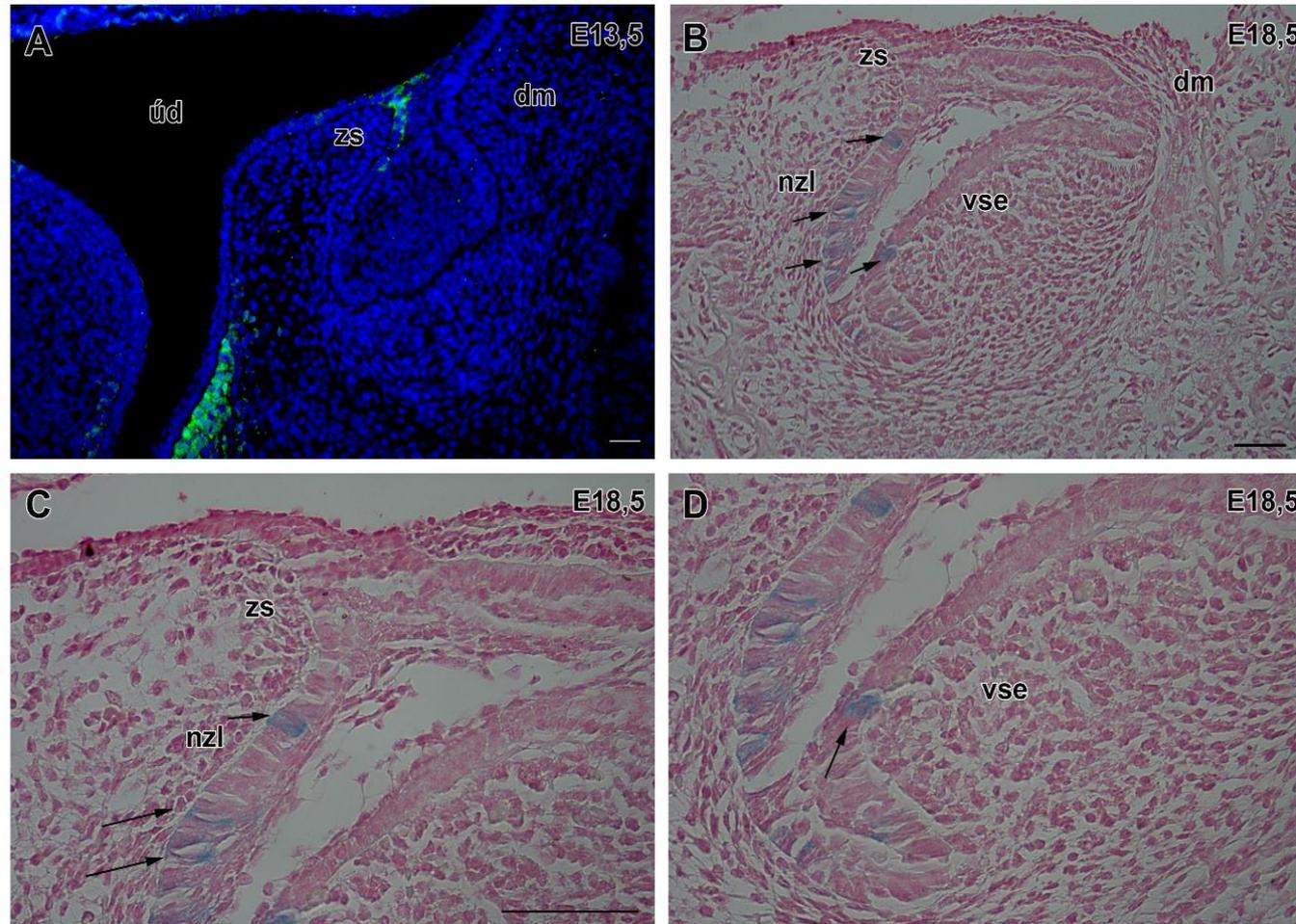
E17.5

- 2 weeks in the kidney capsule

# Wnt/ $\beta$ -catenin activation leads to a decrease in SOX2 expression



# What is the destiny of LGR5-positive cells?



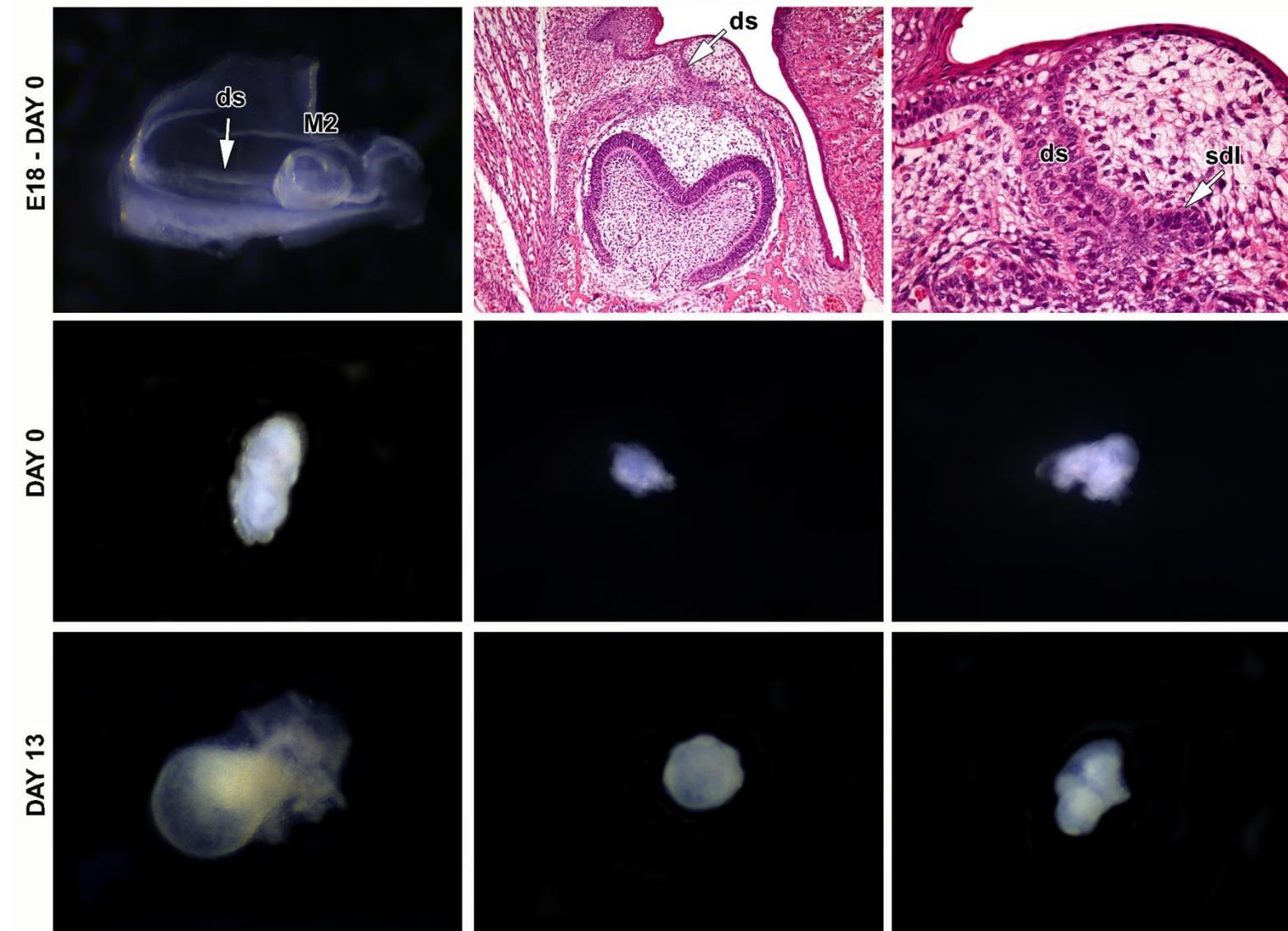
E13.5→E18.5

Lgr5-EGFP-CreERT2 mice  
Rosa26-lacZ reporter mice

K. Olbertová

MUNI  
MED

# Dental organoids



# Summary

- Disruption of the dental lamina occurs in diphyodont species already during the prenatal period
- Epithelio-mesenchymal transformation contributes to the removal of epithelial cells
- We found a new stem cell niche that applied during odontogenesis
- Replacing dental lamina is also initiated in monophyodont species, but undergoes regression changes, including keratinization and stem cell loss

# Summary

- Detailed knowledge of signalling during development is necessary for understanding the differences in the growth of the dental lamina between polyphyodont and monophyodont species
- How is the transition between regression or maintenance of dental lamina regulated?
- What induces dental lamina degradation?

# Summary

- Understanding the developmental processes will help to reveal the causes of dental lamina degradation in connection with some disorders of the development of replacement generations in humans and to understand the evolutionary trends leading to diphyodontia in mammals

# Thanks

## Department of Animal Physiology and Genetics

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Aleš Hampl

Dobromila Klemová

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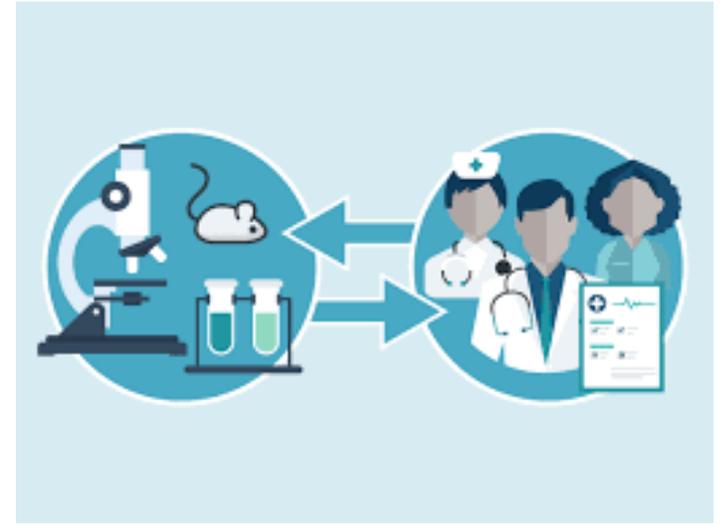
Oldřich Zahradníček

## IMG, Praha

Ladislav Kořínek

Dušan Hrčkulák





# Translational research in life sciences: challenges and possibilities

**MUDr. Serhiy Forostyak, PhD, CSO**

Department of Burns and Plastic Surgery, Brno University Hospital

Faculty of Medicine, Masaryk University Brno

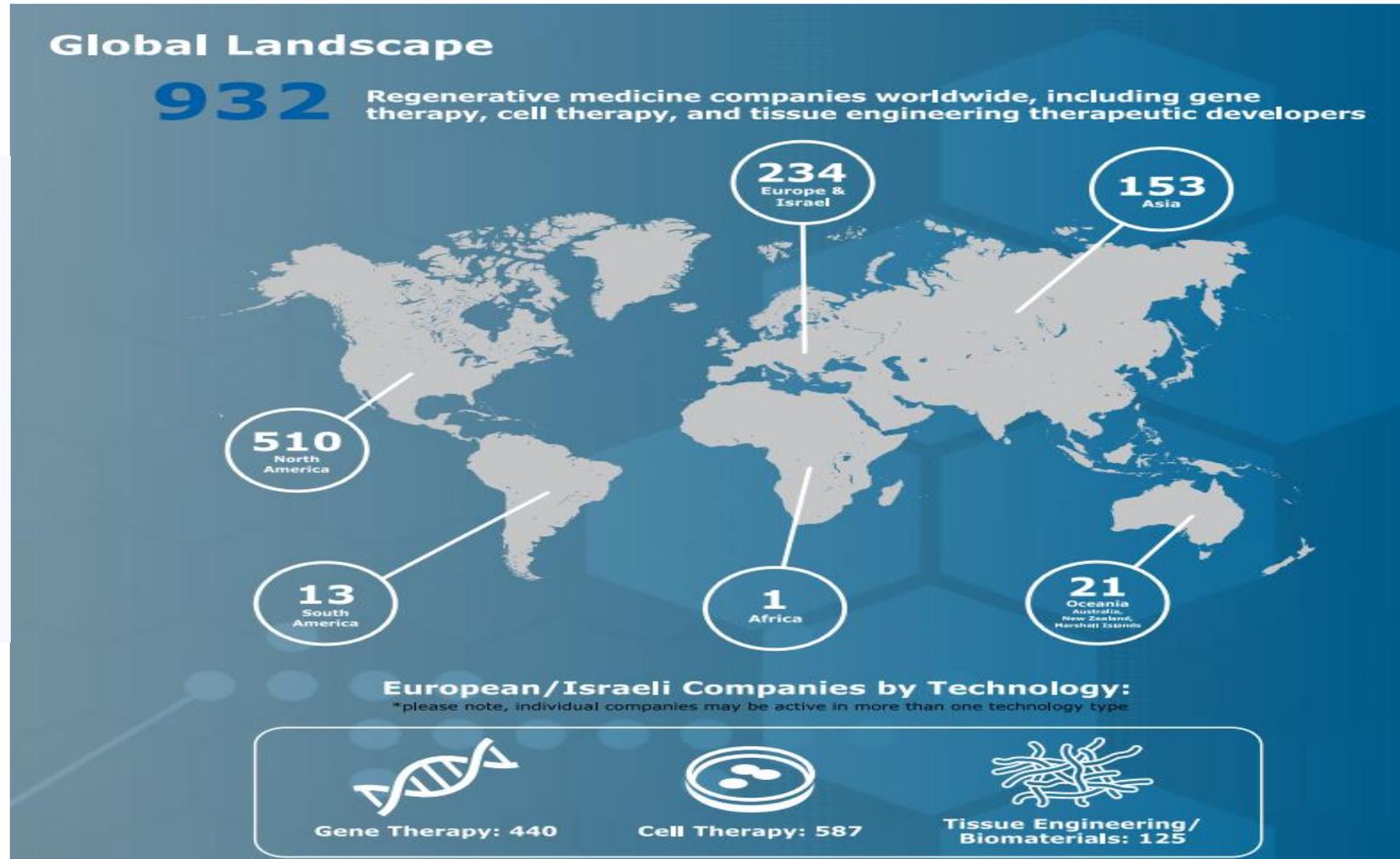
Primecell Bioscience, Ostrava

# Content

- 1. A long way from basic research to the patient: types of regulatory pathways**
- 2. Translational pathways toward clinical application (ATMP, Tissue transplants)**
- 3. Experience of the Czech Biotechnological company Primecell**
- 4. Tissue transplants: bone and bone products**
- 5. Summary**

**1. A long way from basic research  
to the patient:  
types of regulatory pathways**

# Clinical trials worldwide



# Clinical trials worldwide

**1,069**

Clinical Trials Underway  
Worldwide by End of Q2 2019

**Ph. I: 358**  
**Ph. II: 617**  
**Ph. III: 94**

## Number of Clinical Trials Utilizing Specific RM/AT Technology: Q2 2019



### Gene Therapy

**Total: 366**  
Ph. I: 117  
Ph. II: 219  
Ph. III: 30



### Gene-Modified Cell Therapy

**Total: 410**  
Ph. I: 187  
Ph. II: 207  
Ph. III: 16



### Cell Therapy

**Total: 249**  
Ph. I: 49  
Ph. II: 168  
Ph. III: 32



### Tissue Engineering

**Total: 44**  
Ph. I: 5  
Ph. II: 23  
Ph. III: 16

# Clinical trials EU

EU Market: Clinical trials in cell/gene therapy (overview)

Analysis suggests, that a company running 45 clinical trials would become a significant player in the field, attracting big pharma's and investors' attention

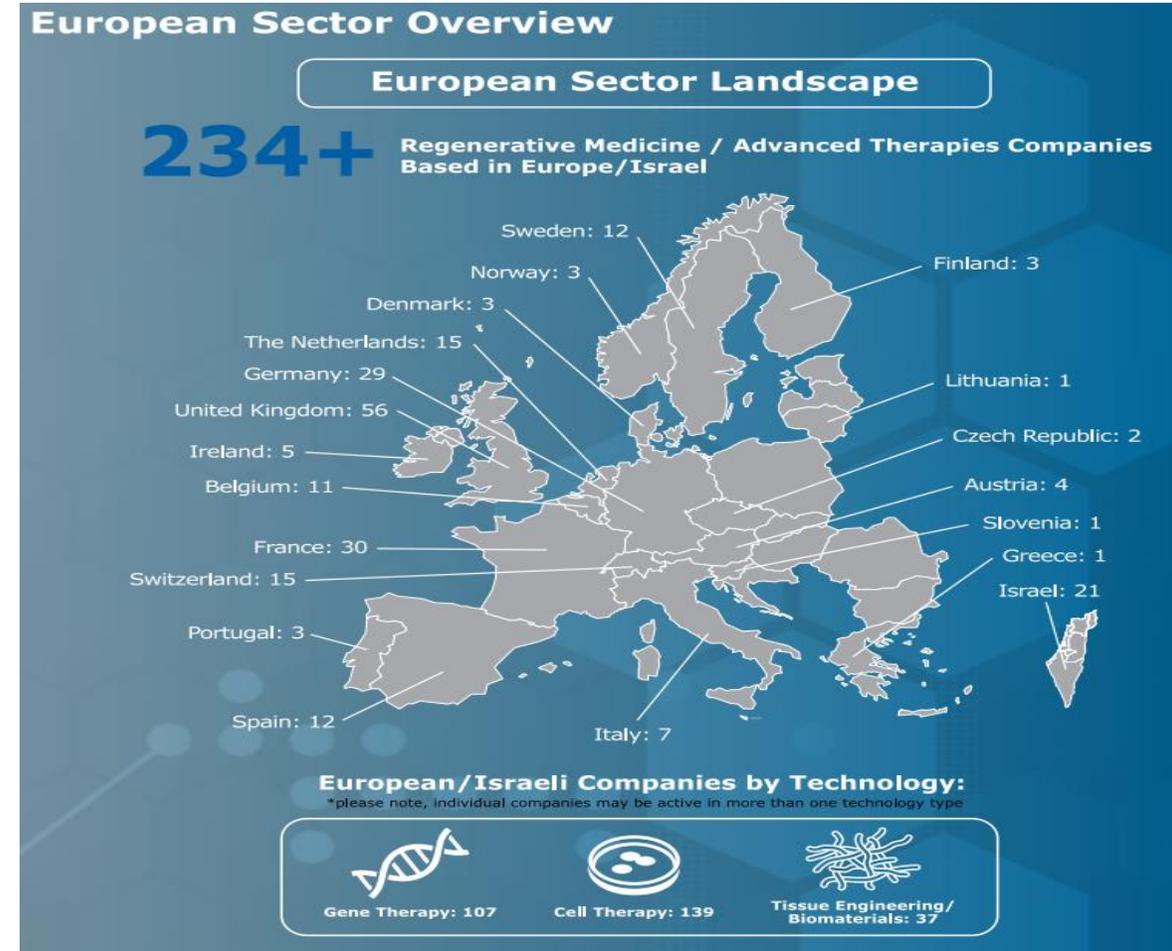
Current Stem Cell Trials (2017)			
Alkermes	6	SanBio	3
Amgen	3	Celgene	60
Amgen	29	StemCells	53
Amgen	30	Genzyme (Sanofi)	60
Amgen	14	Teva	7
Amgen	27	MedImmune	8
Amgen	51	Janssen	35
Amgen	7	Seattle Genetics	7
Amgen	21	Baxter Healthcare	3
Amgen	4	InCyte Corp	2
Eisai	6		

Source: Kelly Scientific

**Ph.I:**  
42

**Ph. II:**  
139

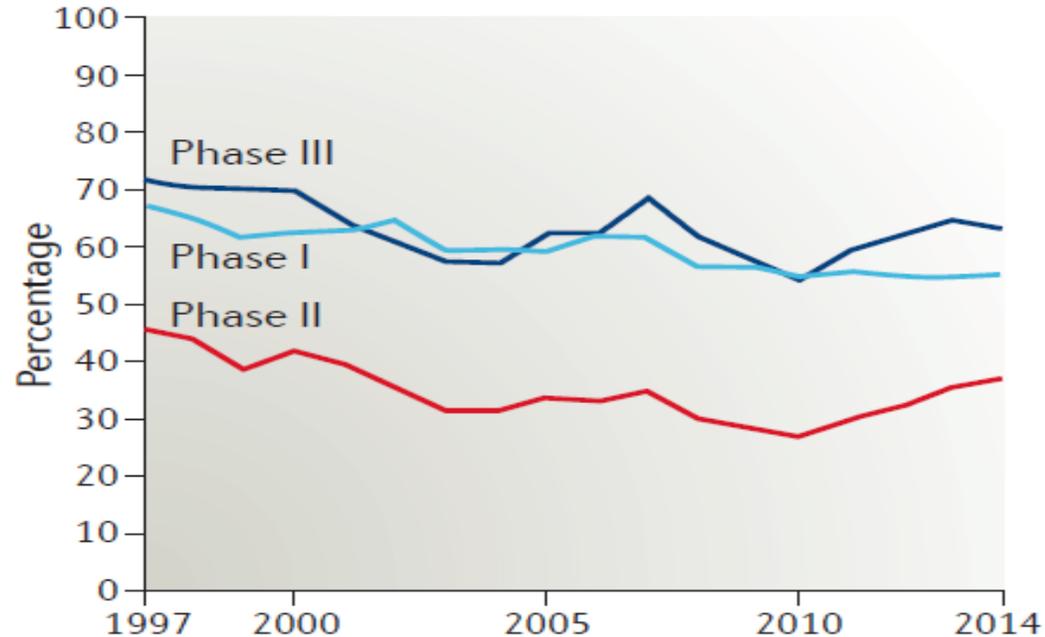
**Ph.III:**  
35



# Clinical trials success rate Worldwide

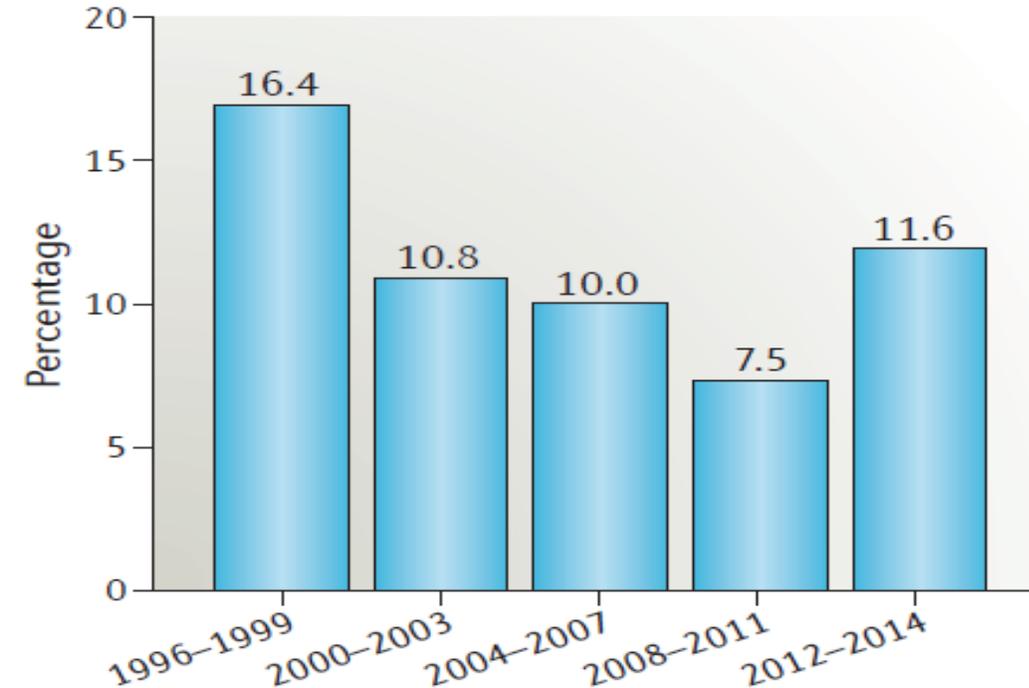
## a Success rates by phase

Percentage likelihood of moving to next phase, 3-year rolling average\*



## b Cumulative success rate Phase I to launch

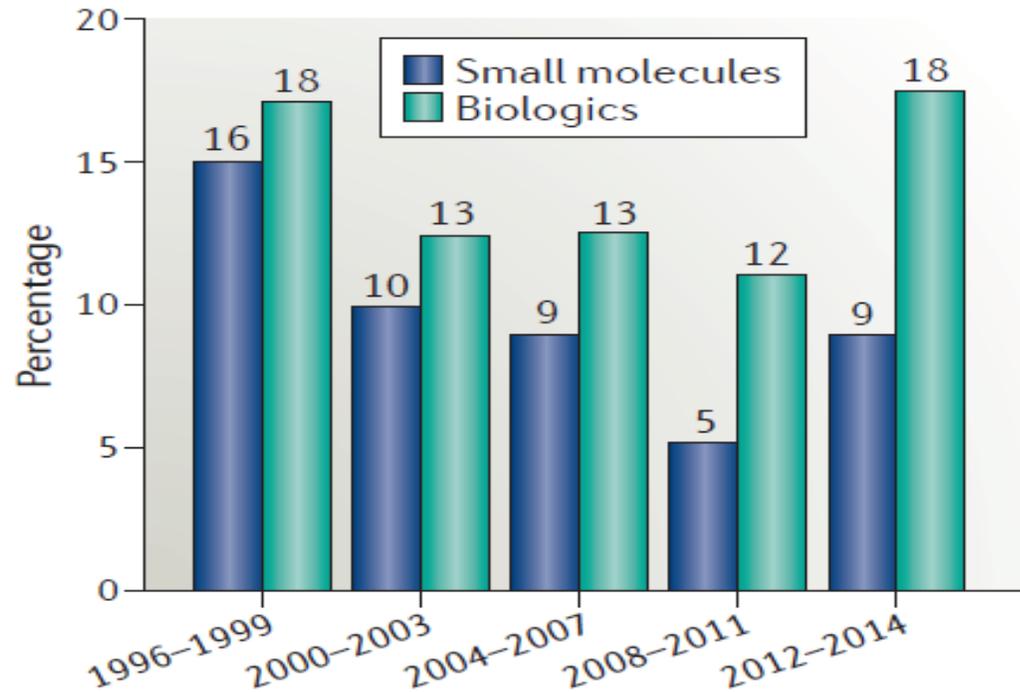
Percentage likelihood of moving from Phase I to launch



# Clinical trials success rate Worldwide

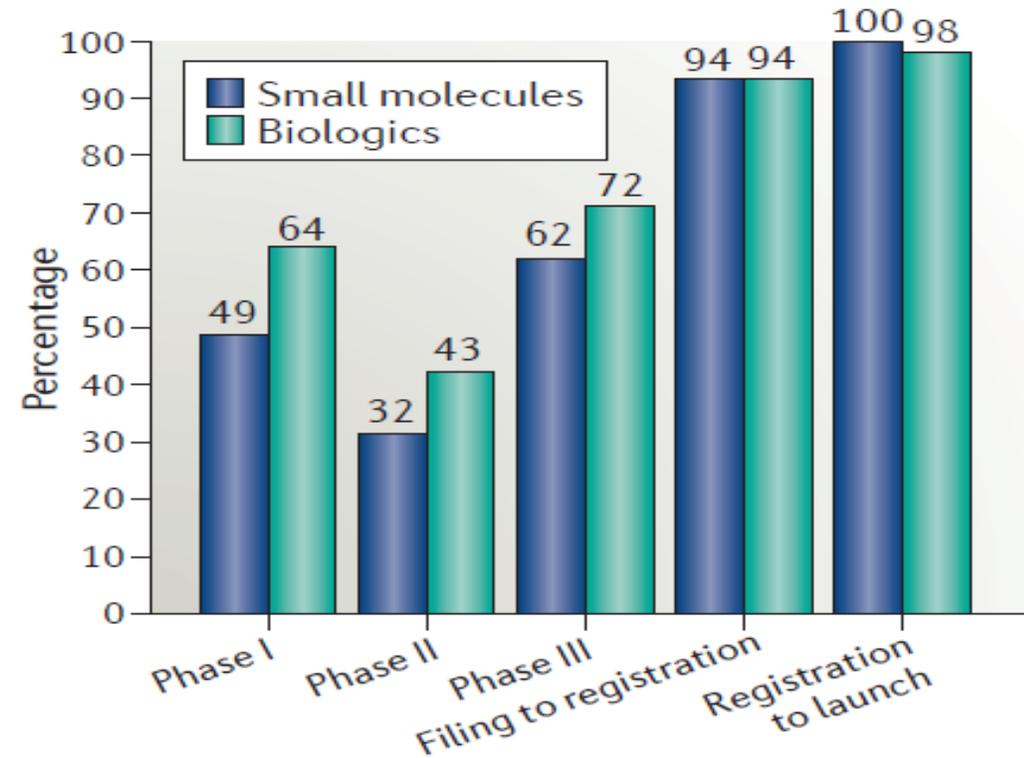
## a Cumulative success rates over time

Percentage likelihood of moving from Phase I to launch



## b Success rate by phase, 2012-2014

Percentage likelihood of moving to next phase



# Clinical trials success rate Worldwide

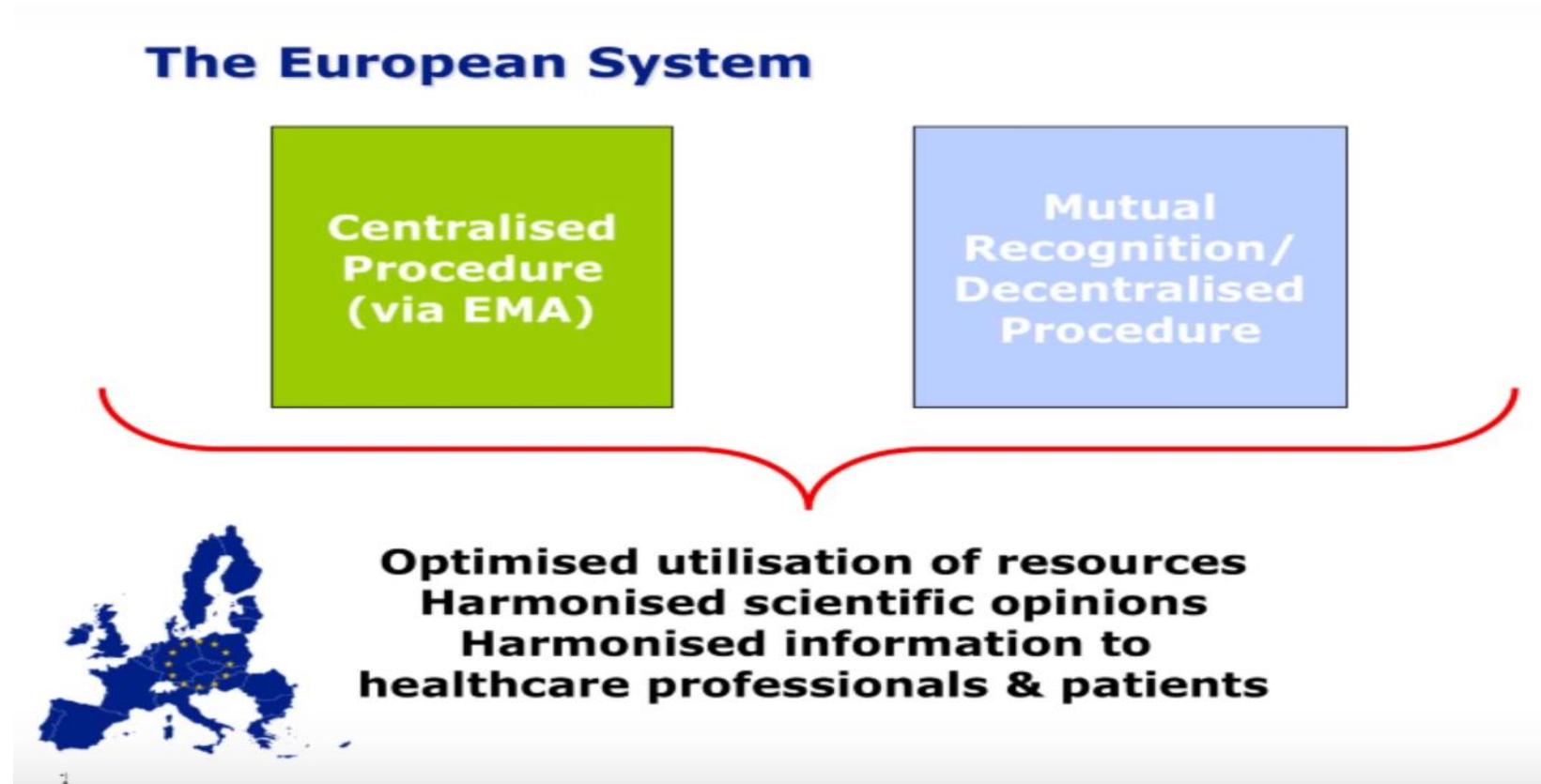
Table S1 | **Number of products and phase transitions included in the calculation**

		1996-1999	2000-2003	2004-2007	2008-2011	2012-2014*	2012-2015*
Number of products included in the calculation**		2603	2965	3776	5144	4808	5558
Number of phase transitions	Phase I	755	909	1119	1893	1351	1835
	Phase II	602	600	758	1116	875	1159
	Phase III	324	275	288	309	296	400
	Filed	240	228	177	202	175	250
	Approved	246	209	160	202	160	245
	Total	2167	2221	2502	3722	2857	3889

# Worldwide way of medicinal agent to the patient, step-by-step



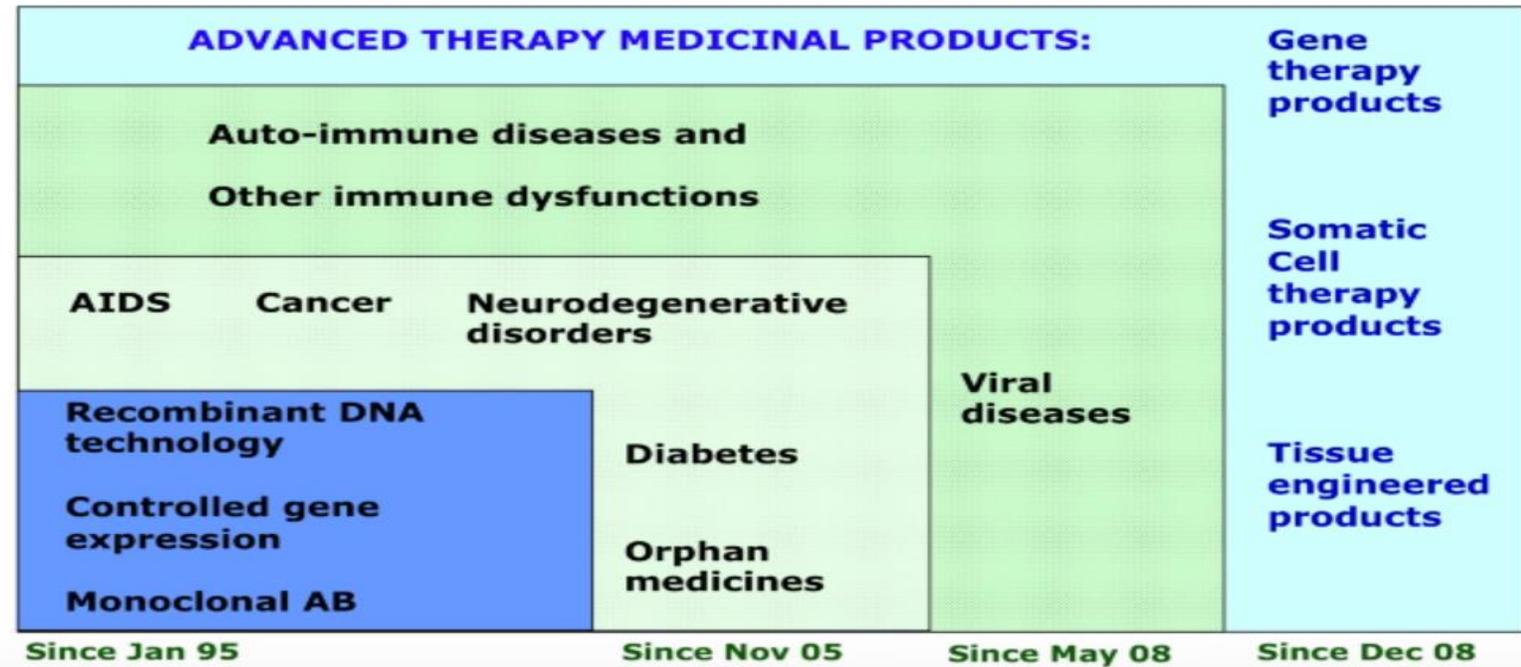
# EU drugs approval procedures



# EU drugs approval procedures



## Eligibility: "Mandatory Scope"



# EU drugs approval procedures



## Eligibility "Optional Scope"



Art 3(3) Generic of a product authorised via EMA

The centralised procedure attracts most innovative medicines. Decentralised and MRP mainly do generics and new indications for existing products

# The evaluation of medicines, step-by-step

1. Initial assessment and list of questions (by day 120)
2. Clock stop 1
3. Further assessment and list of outstanding issues (by day 180)
4. Clock stop 2
5. Further consultations (by day 210)
6. Final discussion and adoption of opinion (67 days)
7. Possible re-examination



# The evaluation of medicines, step-by-step

The assessment of a [marketing authorisation application](#) for a new medicine takes up to 210 ‘active’ days. This active evaluation time is the time spent by EMA experts to evaluate the evidence provided by the applicant in support of a [marketing authorisation application](#).

This time is interrupted by one or two ‘**clock-stops**’ during which the applicant prepares the answers to any questions raised by the [CHMP](#). The maximum duration of a clock-stop depend on how long the applicant thinks it will take to respond, but must be agreed by the [CHMP](#). The first clock-stop usually lasts 3 to 6 months and the second one 1 to 3 months.

Overall, the assessment of a new medicine usually lasts **around a year**.

# EU, types of approval

## Type of Approvals



### Normal:

Comprehensive data

### Exceptional Circumstances:

- Comprehensive data not available and cannot be provided
- Must meet criteria (rarity, medical ethics, state of scientific knowledge)

### Conditional Approval:

- Comprehensive data not available; to be provided after approval
- Must fulfil scope (orphan drugs, emergency threats, serious and life-threatening diseases)  
Approval valid for 1 year, renewable

**2. Translational pathways towards clinical application (ATMP, Tissue transplants)**

**3. Experience of the Czech Biotechnological company Primecell**



PrimeCell BioScience a.s. is a biomedical/biotechnological company focusing on the development and clinical testing of biological medicinal products and technologies

<https://www.primecell.eu/>

# PrimeCell - a subsidiary of a major player in HealthCare in Europe with its own Hospitals Network



Regenerative medicine  
Internal Medicine  
Oncology  
Ophthalmology  
Psychiatry  
Orthopaedics  
Neurology  
Surgery



# PrimeCell focus and practice

## Clinical trials

Phase I/IIB  
(exceptionally  
phase III)

### Key translational directions:

- i. unmodified cells
- ii. genetically-modified cells
- iii. immunotherapy
- iv. gene therapy
- v. devices and medical technologies

### Cooperative research with top institutions:

- Czech Republic (CVUT, VŠCHT, IKEM, Institute of Experimental Medicine AS, Biotechnological Institute AS, FNUSA-ICRC, Masaryk Uni, UOCHB)
- EU/UK/USA (Cambridge Uni, Exeter Uni, MIT, N+S Carolina, D.C., NY, California)
- Israel (Ben Gurion University, Weizmann institut)
- Korea

**Cooperative  
Research**  
ecosystem with academic  
institutions



# PrimeCell focus and practice

Use of amniotic membrane in CR/SK



- Ophthalmology
- Neurosurgery
  
- Chronic wounds
- Skin burns

 Národní centrum tkání a buněk™

 primecell  
Bioscience™

 AMNIODERM®

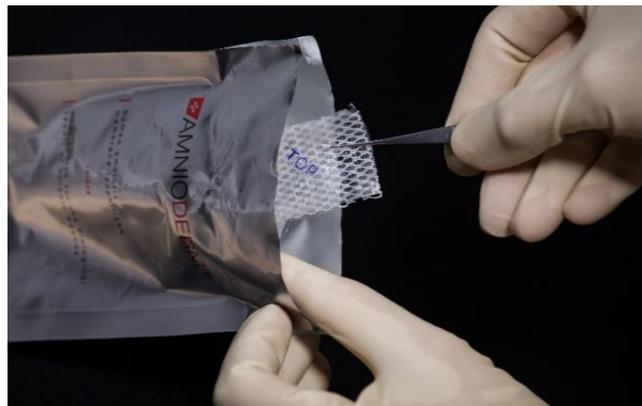
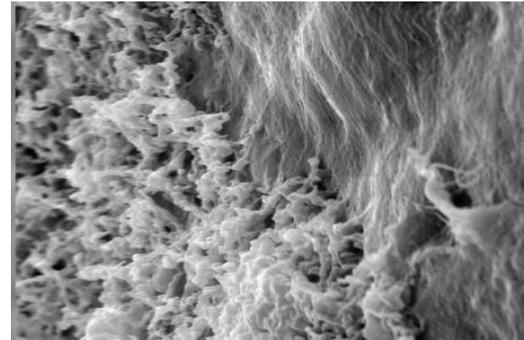
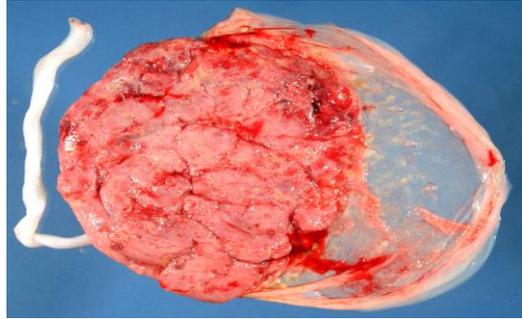
# PrimeCell focus and practice

Perinatal tissues (AM/ACH) contain  $\geq 200$  biologically active molecules

Cytokine	Content (pg/mg)			
	Amnion		Chorion	
	Average	Standard Deviation	Average	Standard Deviation
TIMP-4	5992.97	2414.42	5958.01	665.55
bFGF	4455.74	1382.91	4276.23	1354.65
TGF- $\alpha$	3207.53	728.49	4215.82	343.1
PDGF-AA	2151.35	1382.41	4564.91	1465.36
TIMP-2	227.86	104.84	377.95	91.3
HGF	132.05	13.63	147.79	17.47
PIGF	118.72	27.77	114.63	28.28
PDGF-BB	82.93	60.67	151.47	55.82
EGF	77.08	7.26	5.13	4.05
VEGF	29.74	64.24	186.49	354.15
IL-8	28.36	21.01	84.88	22.13
SDF-1 $\alpha$	26.64	0	26.64	0
TGF- $\beta$ 1	16.64	0	25.77	27.08
TIMP-1	4.49	1.68	18.77	20.54
IL-6	2.96	0.92	9.93	2.13
IL-10	1.27	0.91	1.69	0.61
IL-4	0.86	0.1	0.99	0.51
GCSF	0.69	1.08	0.91	0.46

The amount of each cytokine in each sample was normalized to the dry mass of tissue.

# PrimeCell focus and practice



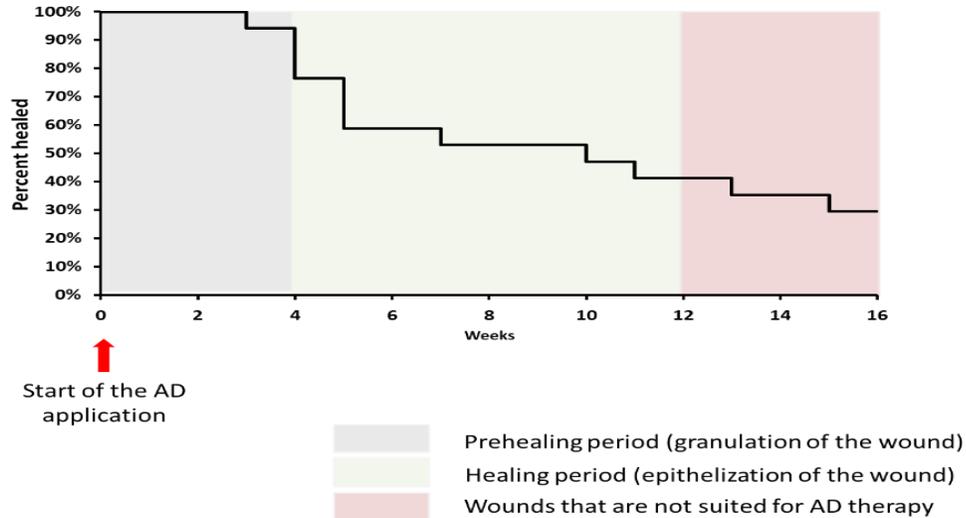
 **AMNIO**DERM®

- Manufacturing using a **patented technology AMNIPUR®** (patent number 307603)
- **GMP conditions**
- **SEC code** (Single European Code)
- **Safety** (complete serological testing:
  - HIV 2
  - HIV 1
  - HBs Ag
  - HBc total Ab
  - HCV Ab
  - HTLV 1,2 Ab
  - *Treponema pallidum* Ab
- **5 Year shelf-life** (Expiration)

# Use of amniotic membrane in CR

## Chronic wounds

Patients healing progression



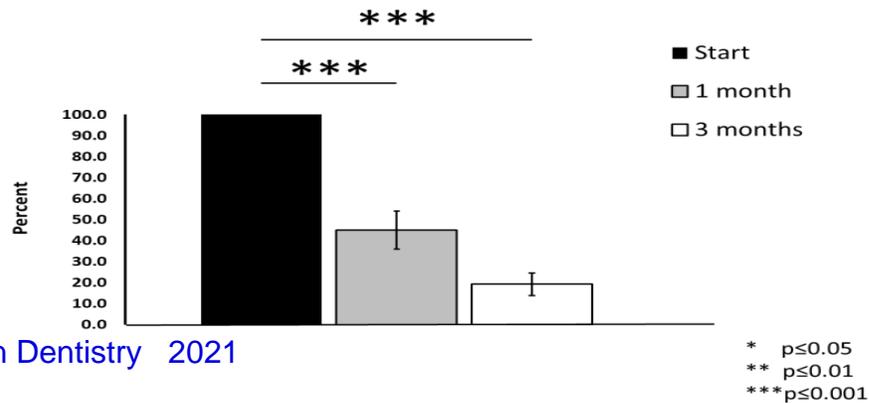
W1, 14 cm<sup>2</sup>



W2, 12 cm<sup>2</sup>



Percent of chronic wounds-size closure



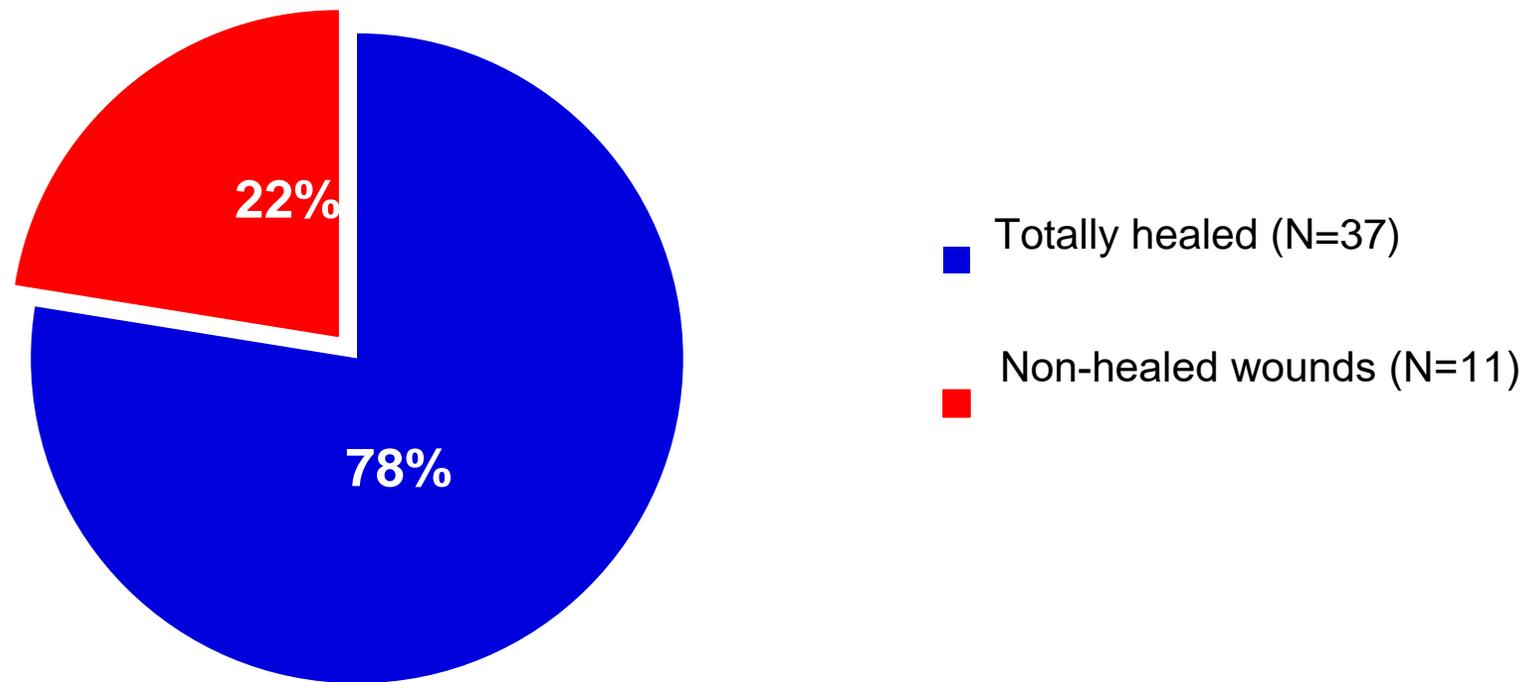
W6, 0 cm<sup>2</sup>



# Use of amniotic membrane in CR

## Chronic wounds

Percent of healed/regenerated chronic wounds after AMNIODERM® application



# Use of amniotic membrane in CR

## Chronic wounds



**Fig. 1** Demonstrates a healing process of burns. A wound bed has been prepared with hydrosurgery (A), followed by immediate application of AmnioDerm<sup>®</sup> (B). On the 5<sup>th</sup> day of AmnioDerm<sup>®</sup> application has been observed robust epitheliation of the wound (C) enabling a full wound closure and total healing at the 7<sup>th</sup> day of therapy (D).

# Use of amniotic membrane in CR

## Chronic wounds



### Amniotic membrane Prevents:

- Cerebrospinal fluid (CSF) leaks
- Formation of pseudomeningoceles
- Postoperative infections
- Dural scarring and intradural adhesions
- Disease transmission

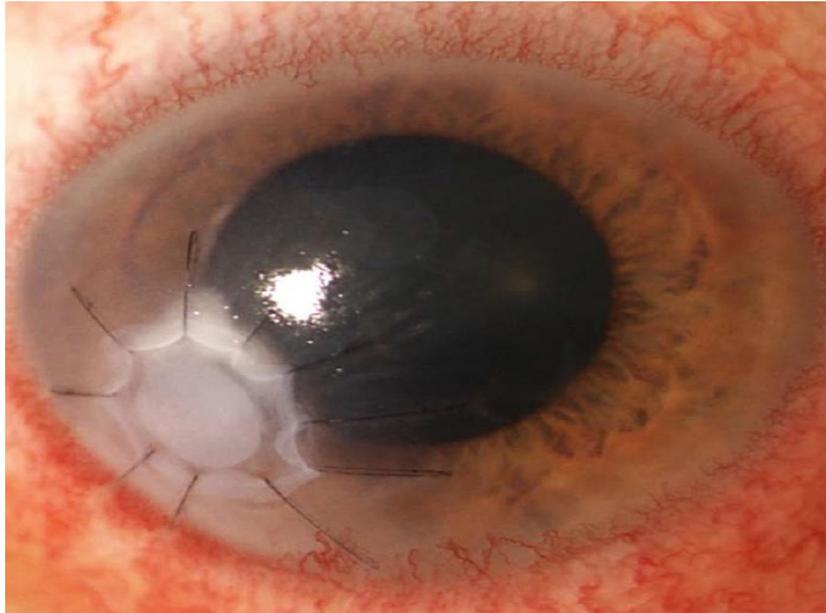
### Inhibits:

- inflammatory response

Male, 29	Defect location :	F-T I. sin.
	Etiology:	Decompression craniotomy + edema
	Dg.:	KCP + fr. scapula

# Use of amniotic membrane in CR

## Chronic wounds



### Indications:

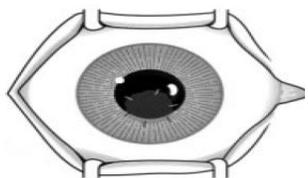
- Mechanical & chemical eye injuries,
- Pterygium
- Corneal erosions and ulcers
- Eye keratopathy
- Keratitis of different origin

### Effects

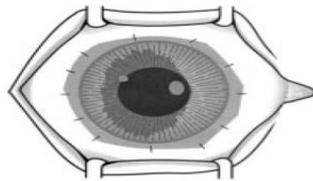
- Promoter of epithelialization
- Inhibitor of fibrosis

### Results:

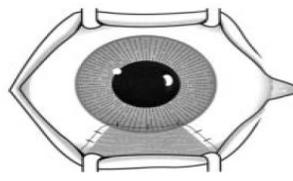
- Facilitates corneal regeneration
- Prevents vascularization of cornea
- Prevents scarring and visual defects



*paracentral corneal epithelial defect*

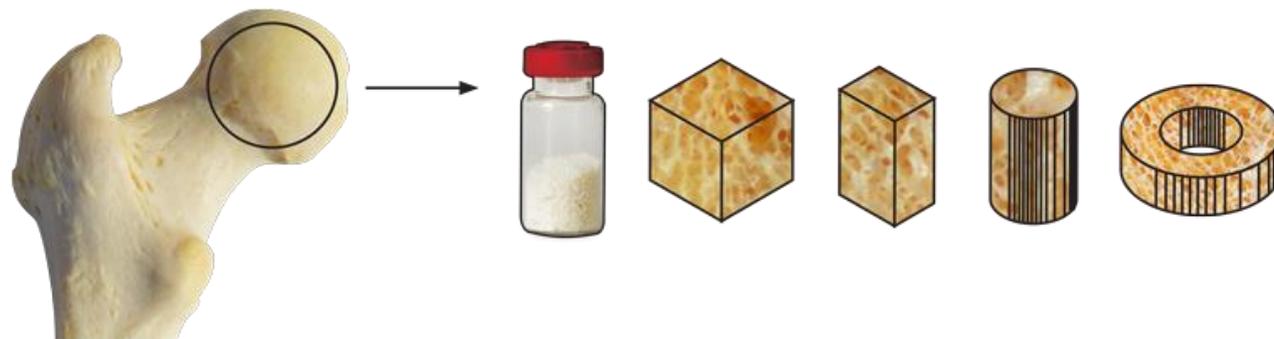


*Whole corneal surface (after peritomy)*

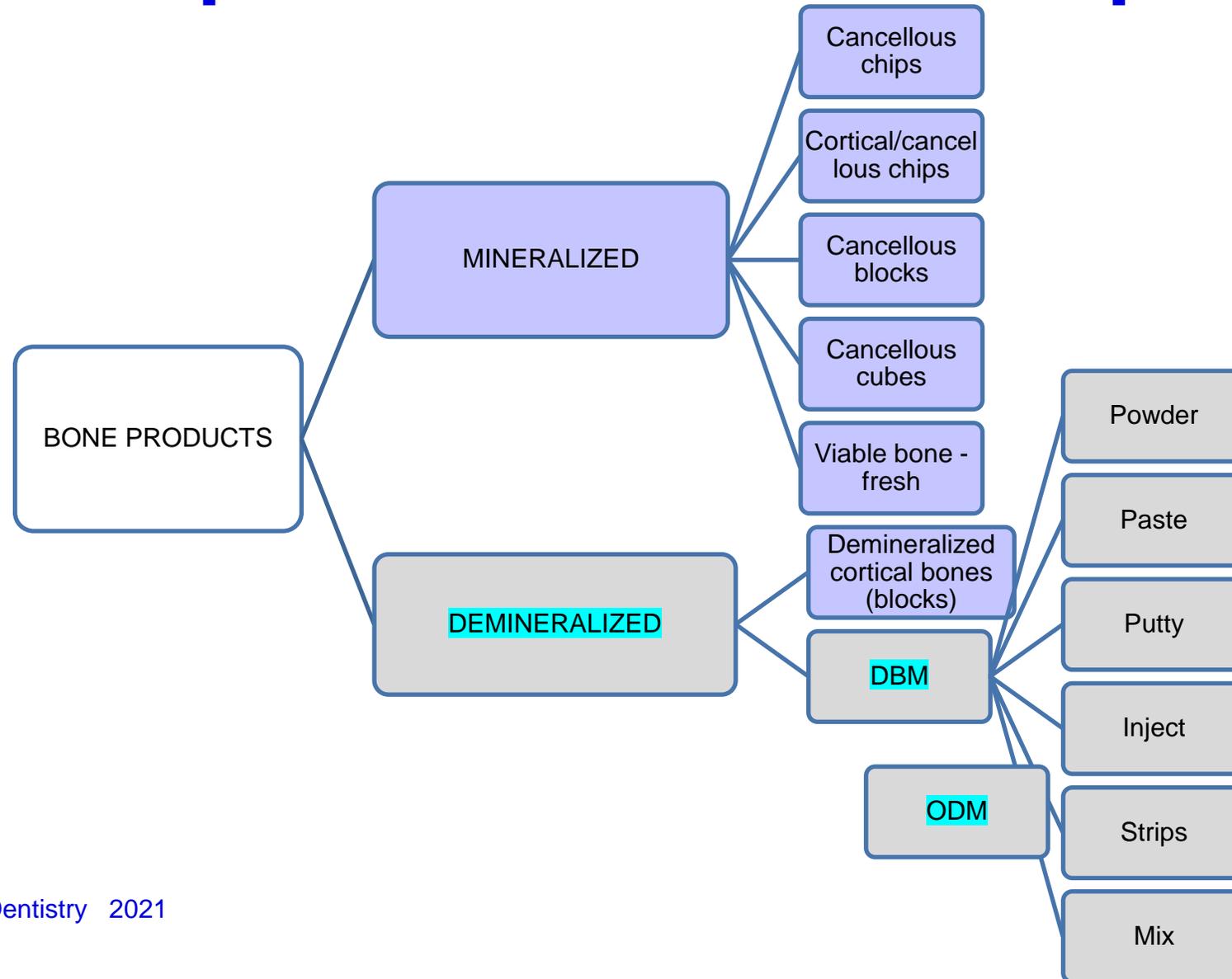
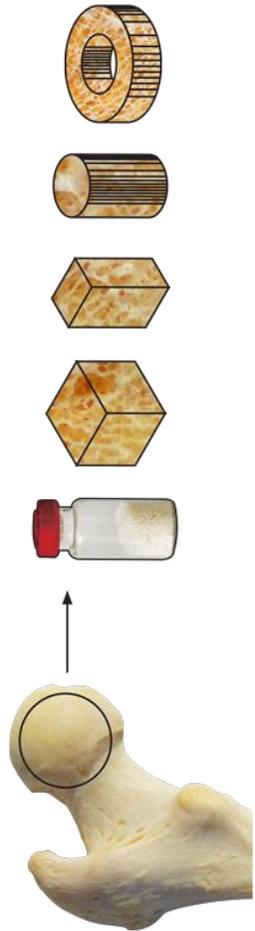


*Conjunctival defect (after excision of pterygium)*

## 4. Tissue transplants: bone and bone products



# Tissue transplants: bone and bone products



# Tissue transplants: bone and bone products

## 1. Development strategy

- LTB
- Product for spinal surgery,
- Product for dental or oro-maxillofacial surgery
- Product for orthopedics / traumatology

## 2. Regulatory strategy & pathway

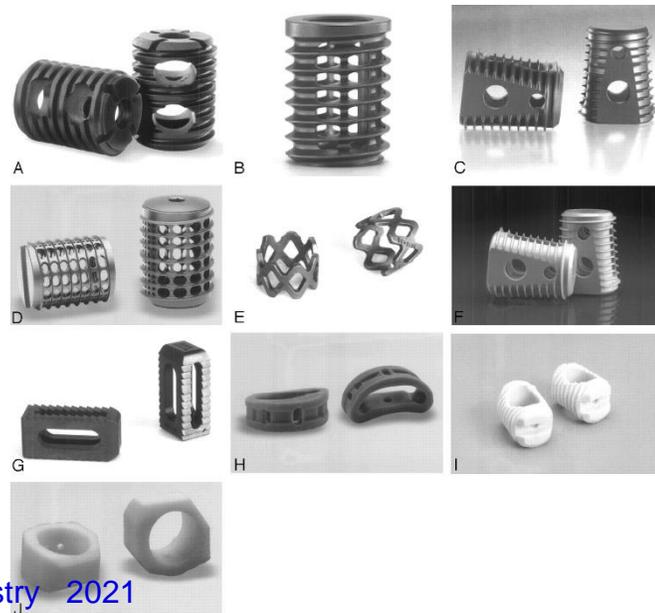
- Act 296/2008 Coll. (LTB)

# Tissue transplants: bone and bone products

- **Allogeneic materials:**

- Allogeneic bone grafts - not all patients agree with the use of bone grafts from the donor.
- Bone substitutes (tricalcium phosphate or hydroxyapatite) do not match their own bone tissue by osteoconduction and osteoinduction, and at the same time do not have osteoproduction.

- **Xenogenic**



Spondylosurgery: **Actifuse, ProOssal, atd.**

Dental implantology: **Straumann Bone ceramic®** – synthetic bone, **Geistlich Bio-Oss®**,

Fusion cages, for augmentation material

# Tissue transplants: bone and bone products

Autologous materials - the bone is the highest quality material. It is obtained most often from the shovel of the hip bone, which often leads to pain at the collection site (donor site pain). The result is the loss of pain of the operated segment, but the creation of a new source of pain in the harvesting area.

Basic functions of a bone graft:

- a) Osteoinduction** – the ability to promote the growth of new bone tissue.
- b) Osteoconduction** – the ability to promote the migration of osteogenic cells to the site of the bone defect or fracture site.
- c) Osteogenesis** – the ability to synthesise a new bone from donor graft cells. Clinically most important of these are the growth factors, especially bone morphogenic protein (BMP)

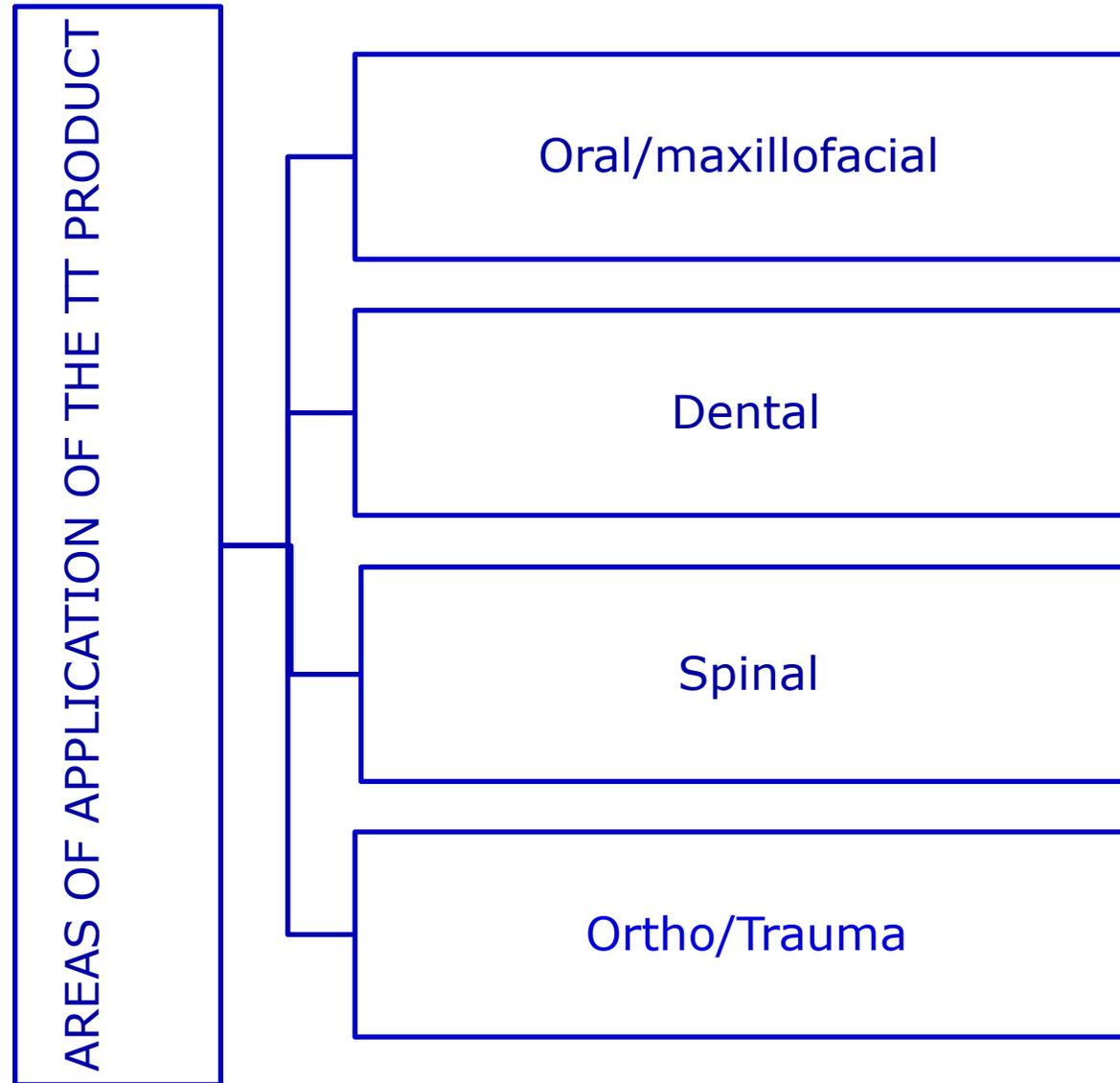
## Bone morphogenetic protein (BMP-2)

- It ranks among beta growth factors, promotes bone and cartilage formation
- Significant in vivo regeneration effect when applied to the bone defect

# Tissue transplants: bone and bone products

Growth Factor	Source	Receptor Class	Function
Transforming growth factor beta (TGF- $\beta$ )	Platelets, bone extracellular matrix, cartilage matrix	Serine threonine sulfate	Pleiotropic growth factor stimulates undifferentiated mesenchymal cell proliferation
Bone morphogenetic protein (BMP)	Osteoprogenitor cells, osteoblasts, bone extracellular matrix	Serine threonine sulfate	Promotes differentiation of mesenchymal cells into chondrocytes and osteoblasts, promotes differentiation of osteoprogenitors into osteoblasts, influences skeletal pattern formation
Fibroblast growth factors (FGF)	Macrophages, mesenchymal cells, chondrocytes, osteoblasts	Tyrosine kinase	Mitogenic for mesenchymal cells, chondrocytes, and osteoblasts
Insulin-like growth factors (IGF)	Bone matrix, osteoblasts, chondrocytes	Tyrosine kinase	Promotes proliferation and differentiation of osteoprogenitor cells
Platelet-derived growth factor (PDGF)	Platelets, osteoblasts	Tyrosine kinase	Mitogen for mesenchymal cells and osteoblasts; macrophage chemotaxis

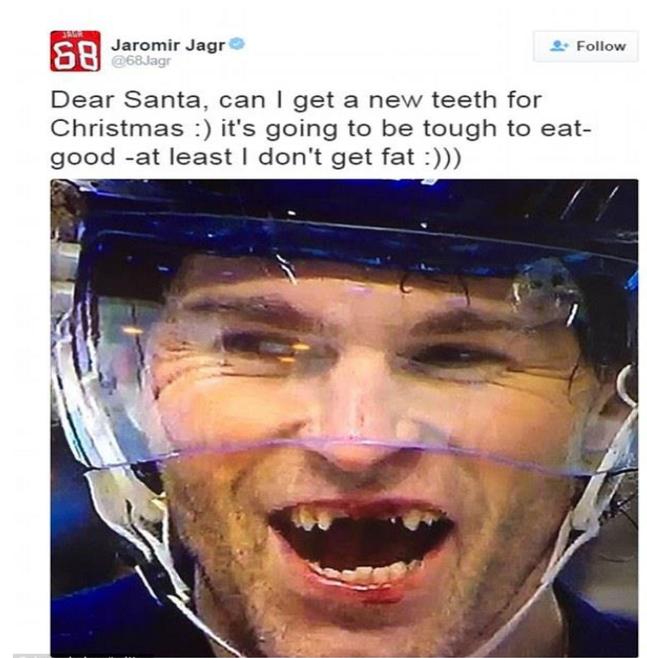
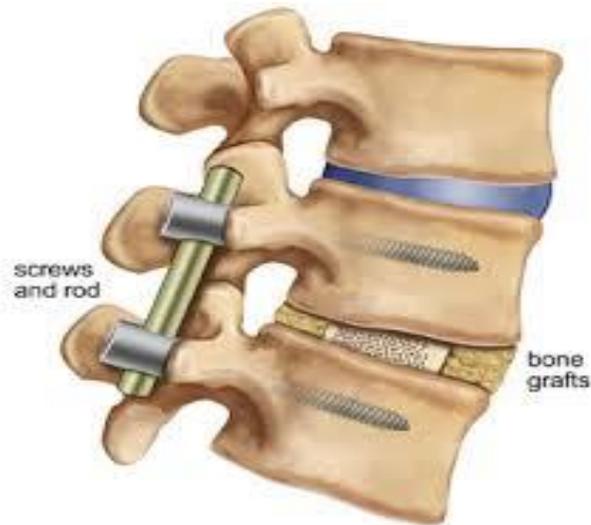
# Tissue transplants: bone and bone products



# Tissue transplantation: bone and bone products

Examples of use:

1. Spinal fusion (connection of two or more vertebrae by a bone graft)
2. Conditions after tooth loss (tooth extraction, periodontitis, trauma, other)
3. Cysts, tumors, etc.



# Tissue transplantation: bone and bone products

## Degenerative changes in the spine (lumbar or thoracic), vertebral fractures, tumors

- The most common: intervertebral disc herniation and narrowing of the spinal canal (stenosis) - both diseases result from these degenerative changes
  - **Disc prolapse** - release of the inner - soft part of the disc into the spinal canal through a crack in the circumferential - firmer part of the disc. In the spinal canal, this loose part irritates or oppresses the nerve. This leads to pain and in some cases to neural dysfunction
  - **Narrowing of the spinal canal** is caused by arching intervertebral discs, enlarged and degeneratively altered intervertebral joints

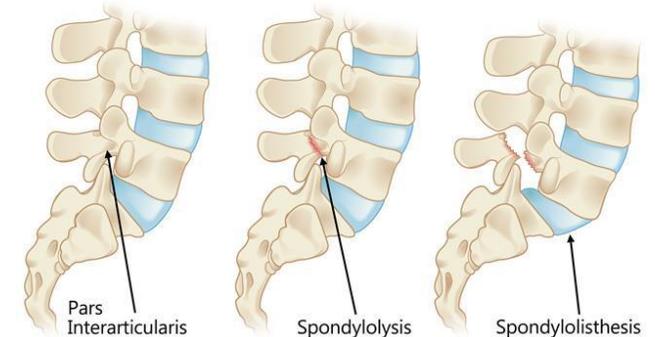


# Tissue transplantation: bone and bone products

**Spondylosurgery** – surgical field dealing with surgical therapy of spinal diseases - injuries, congenital defects and deformities, tumors, post-traumatic deformities, degenerative changes

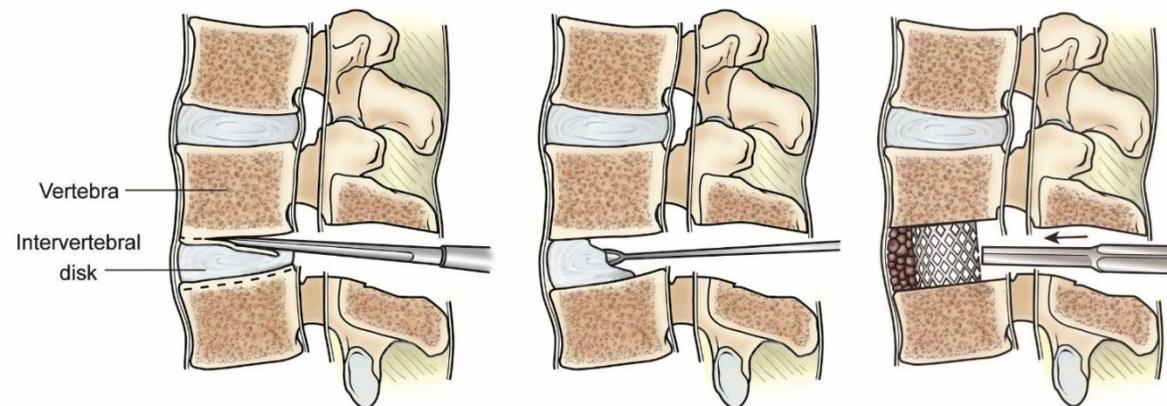
**Degenerative changes in the spine (lumbar or thoracic), vertebral fractures, tumors**

- Degenerative changes (congenital or acquired by a hitherto unknown process) can lead to the so-called instability of a certain section of the spine.
- Neighboring vertebrae move more than normal due to changes in the intervertebral disc and the vertebrae themselves. A situation can occur when one vertebra moves forward relative to the other, creating a kind of "step" or "shift" of the spondylolist.



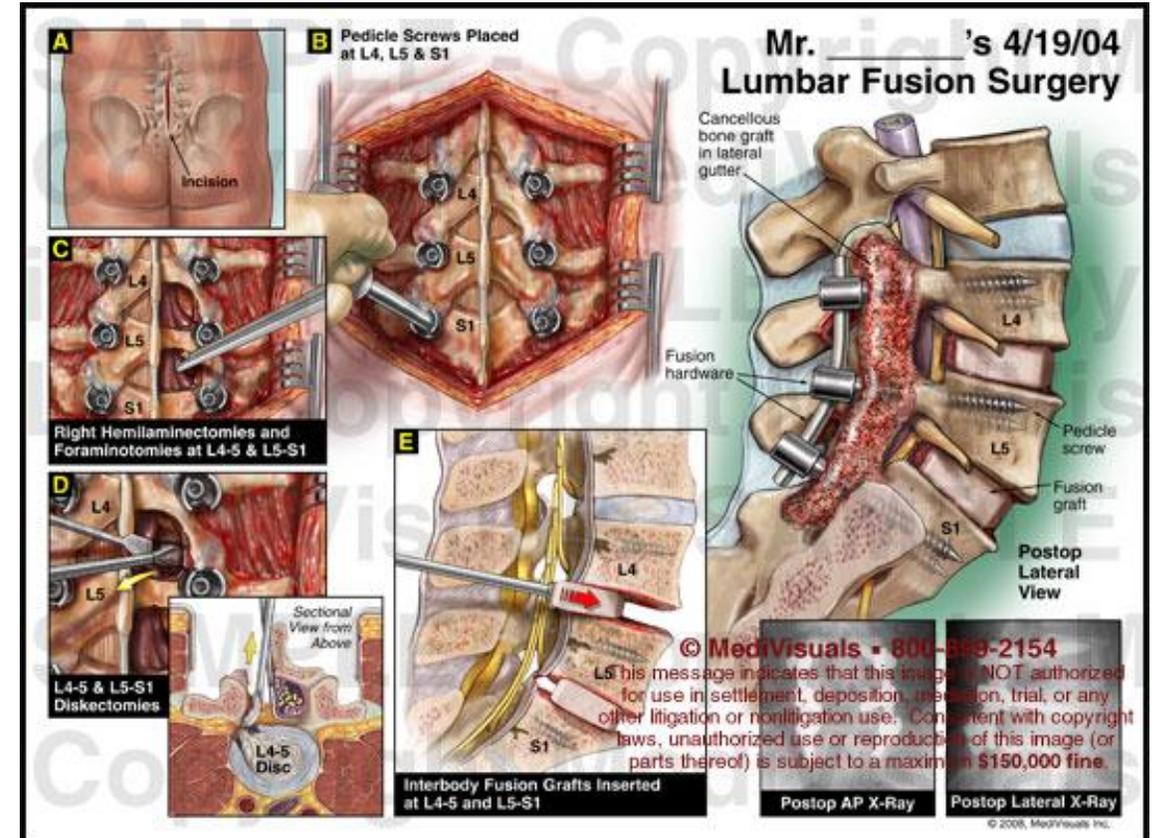
# Tissue transplantation: bone and bone products

- Surgical treatment - where non-surgical treatment fails, the problems persist or worsen despite treatment.
- The essence of every operation is always to remove the oppression of nerves (or spinal cord) while maintaining the stability of the spine. During surgery, various fixators are often used - implants to ensure the stability of the spine, screws, rods or plates.
- As a replacement for the intervertebral disc, special sprouts filled with bone marrow are used, which allow the adjacent vertebrae to coalesce.



# Tissue transplantation: bone and bone products

- The following operating techniques are used:
- PLIF (Posterior Lumbar Interbody Fusion) - through the posterior approach, the surgeon reaches the spine, then relaxes the nerves by removing the vertebral arch, strengthened ligaments and parts of enlarged joints, removes the intervertebral disc and replaces it with the above-mentioned clavicle

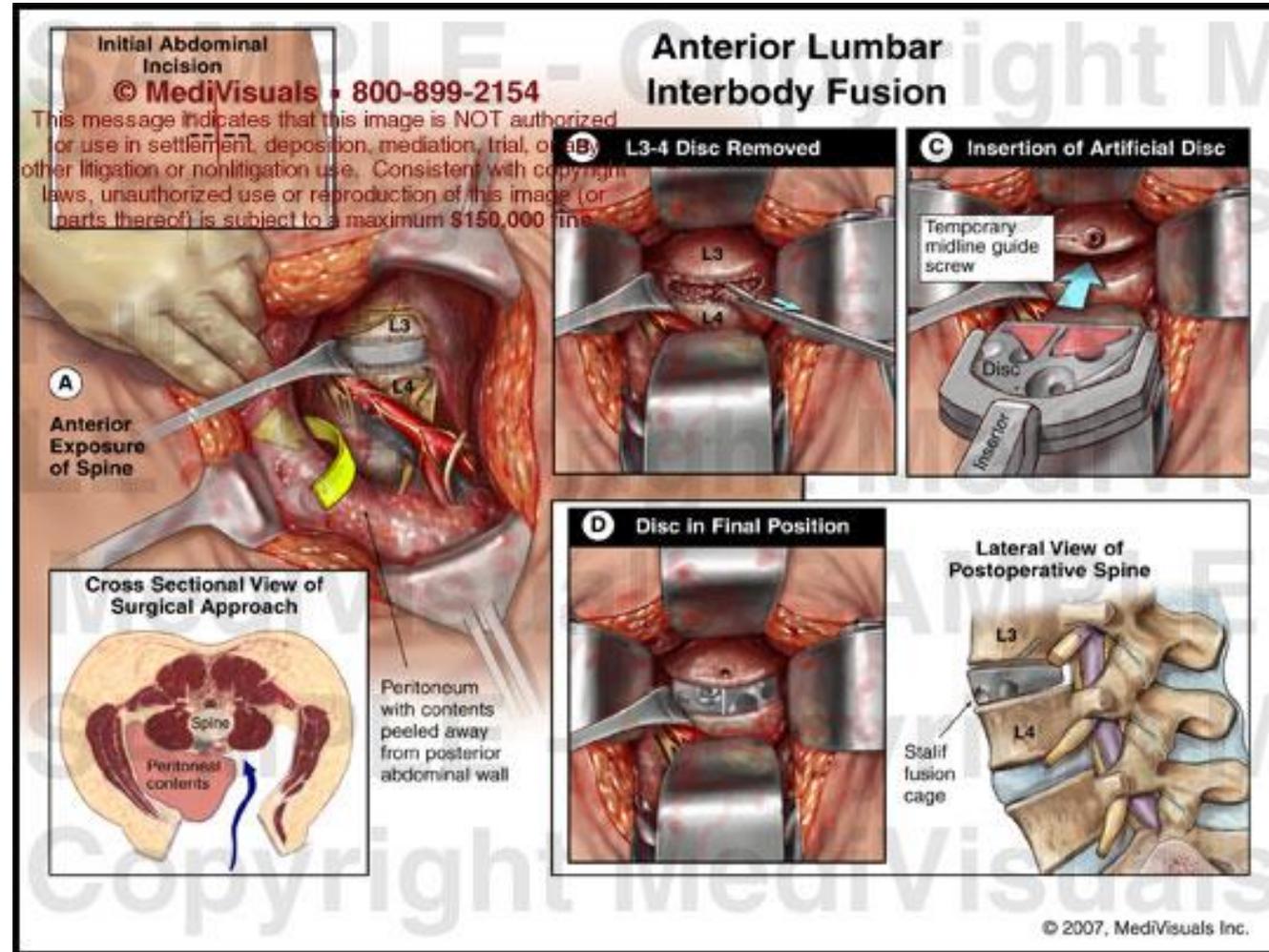


Exhibit# 206253\_02X

# Tissue transplantation: bone and bone products

- TLIF (Transforaminal Lumbar Interbody Fusion) - a similar technique as PLIF. It differs in that it is not necessary to open the spinal canal by removing the vertebral arch.
- The intervertebral disc is removed and the restoration is inserted with a more lateral approach.
- Instrumented and uninstrumented posterolateral disca - the intervertebral disc is not removed and the fusion of the adjacent vertebrae is achieved by means of bone pulp deposited on the transverse protrusions of the vertebra.
- ALIF (Anterior Lumbar Interbody Fusion) - the surgeon reaches the spine through anterior access through the abdominal cavity around the abdominal organs and blood vessels, removes the intervertebral disc and replaces it with a clavicle filled with bone-pulp.

# Tissue transplantation: bone and bone products



Exhibit# 406266-01X

# Tissue transplantation: bone and bone products

## **Implantology:**

Missing teeth

## **Conditions after tooth loss for various causes:**

Periodontitis

Tooth extraction

Trauma

Other

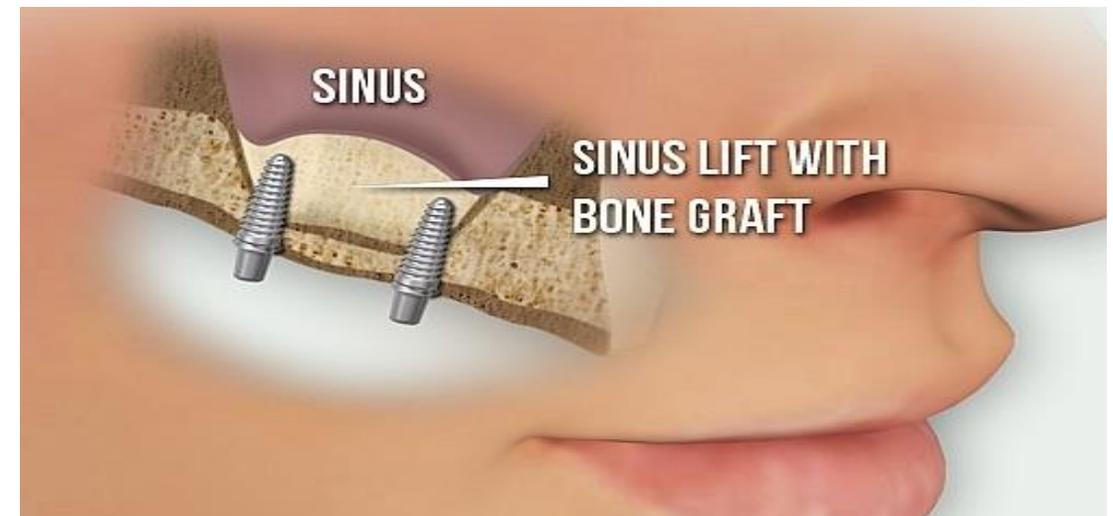
# Tissue transplantation: bone and bone products

**AUGMENTATION** - filling of the own bone in case of a lack of the alveolar bone due to atrophy.

1. **Bone autograft augmentation** - postoperative pain, impaired bone strength and stability, risk of infection
2. **Augmentation with allogeneic material** (synthetic, xenogeneic, allogeneic graft)

## SINUS LIFT

formation of bone in the maxillary cavity, when after lateral access, the lining of the cavity is lifted and the resulting space is subsequently filled with augmentation material



# Tissue transplantation: bone and bone products

Mineral part of the bovine bone - successfully used for 25 years. The implantologist is responsible for the treatment

- The conservatism of the surgeon, who is taught to use current materials
- Long-used materials from renowned brands
- Psychological barriers - tissue from a deceased donor / risk of transmission of infection
- Informed consent in connection with a practically cosmetic procedure

# Tissue transplantation: bone and bone products

**Duration of current standard treatment :**

## **Spondylosurgery - fusion**

The total length of stay in the hospital is 5-7 days, after which the patient is released for home treatment or transferred, for example, to the care at a rehabilitation or neurology department in the place of residence or in the catchment area hospital. The basis is active rehabilitation, individual exercises and appropriate movement, regime measures and often a change in lifestyle, including weight reduction

## **Augmentation in implantology**

it is usually performed by dental clinics and dental surgery clinics - dental implants can be inserted at the same time and allowed to heal for nine months.

# Tissue transplantation: bone and bone products

## Costs of current treatment :

### Spondylosurgery

VZP price list - conventional bone grafts

### Implantology

- Implantation with augmentation is not covered by VZP
- Private payers

# Tissue transplantation: bone and bone products

Verification of safety and efficacy according to ZoLTB:

## **Safety evidence**

- setting up a donor screening system - serological examination,
- 3NAT examination (beyond the requirements of Czech legislation),
- medical documentation of the donor
- proof of personal history, examination of the donor's body, hemodilution
- The assessment of medical fitness is performed by a doctor
- Use of safe and approved materials in processing
- **Demonstration of product efficacy**
  - the product cannot be used in humans before the approval of SÚKL
  - literary sources

# DBM – PUTTY

- The source for production is the powder from the cortical layer of long bones
- Mix of bone powder and glycerol (hyaluronic acid, etc.)
- Ratio 65% DBM, 35% Glycerol (according to NHS)
- Ratio of 31% of DBM by weight, 93% by volume of DBM + hyaluronic acid (according to MTF)
- Promoting the growth of autologous cells that cause osteogenesis
- Hydrated DBM loses its osteogenic effect after approximately 5 weeks
- The average expiration of products with a carrier is 2-3 years, according to the manufacturer



- 1) <https://nhsbtbde.blob.core.windows.net/umbraco-assets-corp/3750/170413-demineralised-bone-matrix-01.pdf>
- 2) <http://mtf.trellist-dev.com/docs/default-source/product/dbx-brochure.pdf>
- 3) [https://www.aesculapimplantsystems.com/assets/base/doc/DOC\\_1248-ProSpace\\_DBM\\_Moldable\\_Putty\\_Paste\\_and\\_Cancellous\\_Chips\\_Data\\_Sheet.pdf](https://www.aesculapimplantsystems.com/assets/base/doc/DOC_1248-ProSpace_DBM_Moldable_Putty_Paste_and_Cancellous_Chips_Data_Sheet.pdf)
- 4) <https://bonegrafttoday.com/product/dbm-paste-1cc/>
- 5) <http://mtf.trellist-dev.com/docs/default-source/product/dbx-brochure.pdf>

# DBM – INJECT

- The source for production is powder from the cortical layer of long bones
- Overfilled glass syringe „DBP Putty with deliver system“ Ratio of 31% by weight of DBM, 93% by volume of DBM + hyaluronic acid (according to MTF)
- Promoting the growth of autologous cells that cause osteogenesis
- Hydrated DBM loses its osteogenic effect after approximately 5 weeks
- The average expiration of products with a carrier is 2-3 years, according to the manufacturer



- 1) <https://nhsbtde.blob.core.windows.net/umbraco-assets-corp/3750/170413-demineralised-bone-matrix-01.pdf>
- 2) <http://mtf.trellist-dev.com/docs/default-source/product/dbx-brochure.pdf>
- 3) <https://bonegrafttoday.com/product/dbm-paste-1cc/>

# DBM – MIX

- The source for production is the pulp from the cortical and parenchymatous parts of long bones
- Mix of bone powder and hyaluronic acid (according to MTF)
- Elimination of the need for a bone graft in combination with DBM
- The proportion of bones is 35%
- Promoting the growth of autologous cells that provide osteogenesis



<http://mtf.trellist-dev.com/docs/default-source/product/dbx-brochure.pdf>

# Summary

- The EU is a common space for translational and clinical research
- Partner projects are more successful towards clinical testing
- The current success rate for phase I clinical trials is 64%; The success rate of phase II clinical trials is 43%
- Nearly 14% of all drugs and 18% of biological products in clinical trials received EMA / FDA approval
- The approval rates of new medicines ranges from 33.4% (vaccines against infectious diseases) to 3.4% (cancer treatment under investigation)
- The success rate in translation of biologically active products was higher than that in small molecules trials
- Translation of know-how for clinical testing in CEE is significantly cheaper, high quality GCP and market access
- Regulatory support and basic research are the keys to the successful implementation of know-how into clinical practice
- Tissue transplantation, biological products and biomaterials differ in regulatory pathways
- Tissue-based materials and products have a wide range of applications, advantages and indications in regenerative medicine
- Proper regulatory classification of the product is a key for product transfer and routine use in patients

# Colloquium

Assoc. Prof. RNDr. Petra Bořilová Linhartová, Ph.D., MBA

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**U N I V E R S I T Y**